

Subharti Medical College

Recognized by Govt. of India, Ministry of Health & Family Welfare, Govt. Letter No. U.12012/69/96-ME(P)

Website: medical.subharti.org, e-mail: medical@subharti.org, Ph.: 0121-3055000 (Extn: 2118), Telefax: 0121-2439127, 2439067 A constituent college of



# SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of GC Act 1956)

### Office of the Nursing Superintendent

No. NS/CSSH/2019/416

DATE: 02.12.2019

#### Office Memo

This is to inform you that PALS training will be conduted on 02.12.2019 & 03.12.2019 from 09:00 am to 05:00 pm in Seminor Room IInd Floor, CSSHospital, nominated staff will attend the same.

(Sanju Solanki)

**Nursing Superintendent** 

MEERU



#### CHHATRAPATI SHIVAJI SUBHARTI HOSPITAL Subharti Medical College





#### SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of GC Act 1956)

#### ACLS TRAINING FOR NURSING / DOCTOR CADRE

**Duration: 16 Hours** 

Day - 1

S.No	Contents	Duration
1	Intoduction of ACLS	30 Minutes
2	Anatony & physiology of heart & lungs	01 Hr.
3	Causes and diagnosis of cardiac arrest	30 Minutes
4	What is a ACLS/CPR	30 Minutes
5	The ACLS Survey to Identifying cause	30 Minutes
6	ACLS Adult Cardiac Arrest Algorithm	01 Hr.
7	Adult Bradycardia Algorithm	01 Hrs.
- 8	Post Cardiac Arrest care Algorithm	01 Hr.
9	Application of AED in ACLS	02 Hrs.

Day - 2

S.No	Contents	Duration
1	Cardiac Arrest in Pregancy in Hospital ACLS Algorithm	01 Hr.
2	Effective ventilation using Barrier device	30 Minutes
3	Rol of rescuer during ACLS procedure	30 Minutes
4	Revision of class	02 Hr.
5	Practical on mannequin	02 Hr.
6	Test : MCQ based and practical on mannequin	01 Hr.
7	Remedial classes	01 Hr.

# Class Attendance Sheet

A class will beheld on Date 2 Dec 19 in Council hall Medical Callege.	the under mentioned staff will attend:
Topic:- PALS	

Speaker - Mr Rashad

Sr.No	Name	Ward's	Signature	Feedback of the class
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## Class Attendance Sheet

A class will beheld on Date	3 Dec 19	time from 09 am - 59	m
in Council hall Medic	el College. the und	er mentioned staff will attend:-	
Topic:- PALS	0		
Speaker:- Mr Rosh	ad		

Sr.No	Name	Ward's	Signature	Feedback of the class
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Students during value Added course Session



# Certificate of Completion

Proudly presented to



### Anjali

on successful completion of Value-added Course entitled

"Paediatrics Advanced Life Support" (PALS)

02/12/2019 - 03/12/2019

Dr. A. K. Srivastava

Principal Subharti Medical College Dr. P. K. Gupta

Head of Department Department of Paediatrics



# Certificate of Completion

Proudly presented to



### Chendi Kumari

on successful completion of Value-added Course entitled

"Paediatrics Advanced Life Support" (PALS)

02/12/2019 - 03/12/2019

Dr. A. K. Srivastava

Principal Subharti Medical College Dr. P. K. Gupta

Head of Department Department of Paediatrics



# Certificate of Completion

Proudly presented to



#### Neha Puri

on successful completion of Value-added Course entitled

"Paediatrics Advanced Life Support" (PALS)

02/12/2019 - 03/12/2019

Dr. A. K. Srivastava

Principal Subharti Medical College Dr. P. K. Gupta

Head of Department Department of Paediatrics



Subhartipuram NH-58, Delhi –Haridwar Bypass Road, Meerut.(U.P)





3/12/2019

### Feedback Form

Course- PALS
Name of the instructor- MY, Rushad

Administration	and	facilities
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- The overall feedback provided was adequate.
- The manikins were clean and in good condition.

Stongly	Disagree	Seutral	Agree	Stongly disagree
Stongly	Disagree	Seutral	Agree	
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#### **Course Instruction**

- The faculty were well prepared
- The faculty clear all my doubts
- The faculty communicated in a clear and confident manner.

*	Why did	you	take	this	course?
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Which part of the course did you find the most helpful?

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Which part of the course did you find the least helpful?

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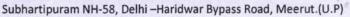
Any suggestion to improve the course

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Any other comments or suggestion

This is very good training of faculty was









**Test Paper** Name of Candidate: 1. What is the expanded form of CPR? a. Cardio pulmonary response b. Cardio pulmonary recruitment c. Cardio pleural resuscitation d. Cardio pulmonary resuscitation 2. For how long you will continue giving CPR to a cardiac arrest victim? a. 5 cycles of chest compressions & breaths b. 5 minutes Till medical help arrives d. None of the above 3. You are in the OPD area a person suddenly collapses on the ground What is the emergency response Code no you will activate? a Code blue b. Code red c. Code orange d. Code yellow 4. In your opinion CPRshould be given by: a. Only by Doctors b. By Nurses c. By both d. By any person trained to do CPR 5. To start CPR we require the following equipment a. Oxygen b. Masks Ambulance None of the above When Giving CPR how much time each breath take 6. a. 1 seconds b. 2 seconds e. 3 seconds d. 5 seconds 7. What is rate of chest compression in case of adult victim a. 100 to 120 /minute b. 200/minute c. at least 100/minute d. 75/minute

8. What is compression and breath ration in case of 1 rescuer CPR in child

a. 30:2 b. 15:2 c. 20:2 d. 60:2



Subhartipuram NH-58, Delhi –Haridwar Bypass Road, Meerut.(U.P)





9. When to call for help

After checking response

- b. After checking pulse
- c. After 30 chest compression
- d. After checking breath
- 10. What is depth of chest w while performing CPR in adult

a. At least 5 cm

- b. 4 cm
- c. 3 cm
- d. 8 cm



STEPS OF BLS

1. Safe for you enter X

2. There for response

3. call for help

4. chest compression

5. give two breaths

6. continue thest compression & breaths (30:2) x

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