

## Panna Dhai Maa Subharti Nursing College

Recognized by Govt. of India, Indian Nursing Council, INC Letter No. 18-1108/2000-INC Website: rursing-subharti.org, e-mail: nursing@subharti.org, Ph.: 0121-3024229 (Extn: 3506, 3527), Tidefax: 0121-2439067 A constituent college of



#### SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Office of the principal

Ref. No.SVSU/SNC/2021/VA-16.

#### NOTICE

Dear Students,

This is to inform you that the a value added course will be conducted in Panna Dhai Maa Subharti Nursing college as an online mode from 20/09/2021 to 28/09/2021, (2-4pm daily)

Topic: "Psycho social issues and management of mental health during covid"

Total hours: 16 hrs.

Interested students can register for the program. Mr. Arun R (Asso. Professor) will be the incharge for organizing the same.

PRINCIPAL
Panna Dhai Maa
Subharti Nursing College
MEERUT

\*Note: Due date of registration is 18/09/2021

# **Course Contents**

#### VALUE ADDED COURSE

#### ON

# "PSYCHO SOCIAL ISSUES AND MANAGEMENT OF MENTAL HEALTH DURING COVID-19"

S. No.	Content	Hours
1	To teach the students on Covid-19 Pathophysiology, sign & symptoms, diagnosis	4hours
2	To know the effect of Covid-19 on physical, physiological, mental, social and spiritual health.	4 hours
3	To Demonstrate the Psycho-social Issues during COVID-19 among vulnerable, mentally ill patient population.	4 hours
4	To Gain the Knowledge on Mental health during COVID-19 & Samp; Role of nurse.	4 hours
	Total	16 Hours



### Report

of

# Value Added Course on "Psycho social issues and management of Mental Health during Covid-19"

**Theme** : "Psycho social issues and management of Mental health during covid"

Date :20/09/2021to 28/09/2021

Venue : Online mode, Panna Dhai Maa Subharti Nursing College Subharti University,

Meerut.

Navigation :Department of Nursing Psychiatric Nursing, Panna Dhai Maa Subharti Nursing

College.

Beneficiaries: PBBSC (N) 2nd year, B.Sc. (N) IIIrd Years,

#### **OBJECTIVES:**

1. To teach the students on Covid-19 Patho-physiology, Sign & symptoms, Diagnosis.

- 2. To Know the Effect of COVID 19 on physical, physiological, mental, social and spiritual health.
- 3. To Demonstrate the Psycho-social Issues during COVID-19 among vulnerable, mentally ill patient population.
- 4. To Gain the Knowledge on Mental health during COVID-19 & Role of nurse.

The value added course has conducted in Panna Dhai Maa Subharti Nursing College from 20/09/2021 to 28/09/2021 with the topic of "Psycho social issues and management of mental health in Nursing".

Online pretest was conducted before the start of the class. In pretest 30% were good knowledge, 70% poor knowledge regarding "Psycho social issues and management of mental health in nursing he value added course introduced by **Mr. Arun. R, Assoc. Prof.** & Incharge of department of Mental Health Nursing, he explained the topic and importance of value added course.

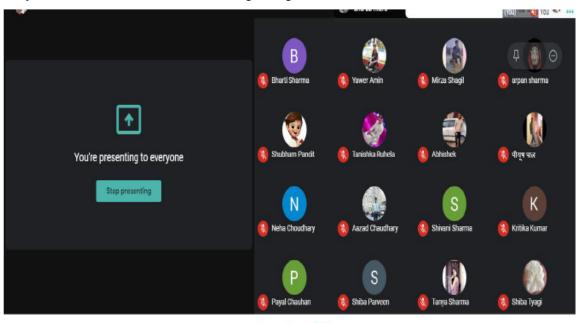
The topics were taught on on Covid-19 Patho-physiology, Sign & symptoms, Diagnosis, Effect of COVID-19 on physical, physiological, mental, social and spiritual health. During this event there was active learning by all the students.

Teachers discussed regarding Psycho-social Issues during COVID 19 among vulnerable, mentally ill patient population. On the last day the session was focused on the Knowledge on Mental health during COVID-19 & Role of nurse How to Formulate the Nursing Process and Application.

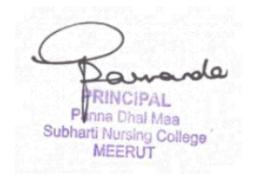
In this occasion Mr. Arun, Assoc. Prof. made good group discussion with our students and also they given knowledge regarding material management of hospital.

Total 65 students were attended the value added course and post test was conducted through online (Google class room). Totally 83% were excellent knowledge, 17% Good knowledge regarding Psycho social issues and management of Mental health during covid.

Finally e-certificate has distributed to all participants.



(An online lecture on "Psycho social issues and management of mental health during covid" was conducted by Panna Dhai Maa Subharti Nursing College Subharti University, Meerut to give the knowledge to the students)



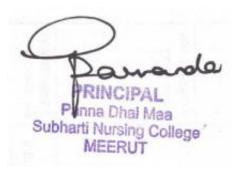
#### Value Added Course on

# PSYCHO SOCIAL ISSUES AND MANAGEMENT OF MENTAL HEALTH DURING COVID 19 (2020-2021)

#### List of Students

Name of students enrolled in the year	Name of students completing the course in the year	
Aajad Ahamad	Aajad Ahamad	
Abhinav Kumar	Abhinav Kumar	
Abhishek	Abhishek	
Aditya Pal	Aditya Pal	
Akshita Malik	Akshita Malik	
Anukriti Sharma	Anukriti Sharma	
Arjun Bhardwaj	Arjun Bhardwaj	
Arpan Sharma	Arpan Sharma	
Ashish Kumar	Ashish Kumar	
Km Bharti	Km Bharti	
Bharti	Bharti	
Km. Chanchal	Km. Chanchal	
Chand Mohammad	Chand Mohammad	
Himani Singh	Himani Singh	
Km Himanshi	Km Himanshi	
Jyoti	Jyoti	
Kirti Bhardwaj	Kirti Bhardwaj	
Km.Komal	Km.Komal	
Krishan Chandra Prajapati	Krishan Chandra Prajapati	
Kritika Kumar	Kritika Kumar	
Km Laxi	Km Laxi	
Loveleen	Loveleen	
Mohd Sakib	Mohd Sakib	
Mohd Shagil	Mohd Shagil	
Monika	Monika	
Nadeem	Nadeem	
Km Neha Chaudhary	Km Neha Chaudhary	
Km Nida	Km Nida	
Parteek Kanojia	Parteek Kanojia	
Payal	Payal	
Payal Chauhan	Payal Chauhan	
Peeyush Kumar Pal	Peeyush Kumar Pal	
Prachi Choudhary	Prachi Choudhary	

Km. Prachi Panwar	Km. Prachi Panwar		
Km Prathavi	Km Prathavi		
Km. Preeti Nagar	Km. Preeti Nagar		
Prince Chaudhary	Prince Chaudhary		
Sachin	Sachin		
Sakib	Sakib		
Sakshi Dhariwal	Sakshi Dhariwal		
Salman	Salman		
Savan	Savan		
Shaily	Shaily		
Km. Shiba Khatoon	Km. Shiba Khatoon		
Km Shivani Vinod	Km Shivani Vinod		
Km Shivani	Km Shivani		
Shubham	Shubham		
Km. Shweta	Km. Shweta		
Swati Phaugat	Swat i Phaugat		
Tanishka Ruhela	Tanishka Ruhela		
Tanishka Saini	Tanishka Saini		
Km Tannu	Km Tannu		
Tanu Tomar	Tanu Tomar		
Tanya	Tanya		
Tanya Smith	Tanya Smith		
Umar Ramzan	Umar Ramzan		
Km Varsha	Km Varsha		
Vinay Upadhayay	Vinay Upadhayay		
Yawer Amin Paddy	Yawer Amin Paddy		
Yuvraj	Yuvraj		
Aditya Sharma	Aditya Sharma		
Km. Boby	Km. Boby		
Km. Kajal Kalra	Km, Kajal Kalra		
Km, Tc Laltanpuii	Km. Tc Laltanpuii		
Km. Shrishti Upadhyay	Km. Shrishti Upadhyay		





## SWAMI VIVEKANAND SUBHARTI UNIVERSITY, MEERUT



#### PANNA DHAI MAA SUBHARTI NURSING COLLEGE

# Certificate of Participation

This is to certify that Ms. /Mr. / Mrs Loveleen of B.Sc Nursing III Year has attended the value added course (VAC/SNC-16)

Psycho social issues and management of mental health during covid 19 organized by Faculty of Nursing, Swami Vivekanand Subharti University during academic session 2020-2021.



#### HEAD OF THE INSTITUTION

उत्तिष्ठत जाग्रत

Faculty of Nursing
Swami Vivekanand Subharti University, Meerut



# SWAMI VIVEKANAND SUBHARTI UNIVERSITY, MEERUT



PANNA DHAI MAA SUBHARTI NURSING COLLEGE

# Certificate of Participation

This is to certify that Ms. /Mr. / Mrs. Umar Ramzan of B.Sc Nursing III Year has attended the value added course (VAC/SNC-16) Psycho social issues and management of mental health during covid 19 organized by Faculty of Nursing, Swami Vivekanand Subharti University during academic session 2020-2021.



#### HEAD OF THE INSTITUTION

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