



SWAMI VIVEKANAND
SUBHARTI
UNIVERSITY
UGC Approved Meerut



Where Education is a Passion ...

KHARVEL SUBHARTI COLLEGE OF PHARMACY

VALUE ADDED COURSE ON **'Health, Hygiene and Safety'**



Department of Pharmacology

Duration: 16 Hrs

Eligibility: B.Pharm Students

Registration Fee- Nil

Through on line mode

30/10/2021 to 01/01/2022

Dr. Rupesh Kumar Pandey

(Course Coordinator)

SYLLABUS
Value Added Course
(VAC-KSCP-10)
HEALTH, HYGIENE AND SAFETY

OBJECTIVES:

- To understand the concept of health.
- To establish the knowledge of Nutrition and health in daily life.
- To understand the emergency treatment of various disease.
- To understand the correlation of environment and health.
- To use best hygiene practices in daily life.
- To understand safety parameters.

COURSE LEARNING OUTCOMES: of the course Health, Hygiene and Safety are following: Learner can

- Able to explain and adopt healthy practices.
- Explore the knowledge of Nutrition and health in daily life.
- Use first aids in emergency situations.
- Educate to others regarding environment and health.
- Perform good hygiene practices in society.
- Take safety measures in diseases and health hazards.

Unit I

Concept of health: (4hrs)

Definition of Physical Health, Mental Health, Social Health, Spiritual Health Determinants of Health, Indicators of Health, Concept of Disease, Natural History of Diseases, The Disease Agents, Concept of Prevention of Diseases.

Unit II

Nutrition and health: (2hrs)

Classification of Foods, Requirements and Diseases Induced Due To Deficiency Of Proteins, Vitamins And Minerals-Treatment And Prevention.

Unit III

First aid: (2hrs)

Emergency Treatment in: Shock, Snake-Bite, Burns, Poisoning, Heart Disease, Fractures and Resuscitation Methods, Elements of Minor Surgery and Dressings.

Unit IV

Environment and health: (2hrs)

Pollution: Water, Air, Noise, Light-Solid Waste Disposal, Health and Control-Medical Entomology.

Unit V

Hygiene (3 hrs)

Introduction to Personal Hygiene, Oral Health, Eyes, Ear, Foot & Nail , Skin Care, Personal Hygiene During Pandemics and infections.

Unit VI

Safety (3 hrs)

Quality & Safety Management System, Health Hazards, types of health hazards: Chemical, Biological, Physical, Ergonomics or Repetitive Strain Injuries, Psychological, Preventive methods, Man, Materials and PPEs, Risk management.


Registrar
Swam Vivekanand
Subharti University
MEERUT



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College established in 2009 & Approved by Pharmacy Council of India
Website: pharmacy.subharti.org, e-mail: pharmacy@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2710,2703), Telefax: 0121-3058030, 2439067
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**Report
On
Value added course (VAC-KSCP-10)
“Health Hygiene and safety”**


Value added course on “Health Hygiene and safety” was conducted between 30/10/2021 to 01/01/2022 by Kharvel Subharti College of Pharmacy. The course was coordinated by Dr. Rupesh Kumar Pandey, Associate Professor, Swami Vivekanand Subharti University, Meerut.

Purpose and Objectives: the viral diseases are increasing day by day and health hygiene is crucial parameter in them. The primary objective of this value added course was to give proper knowledge of health hygiene practices which they can use on daily life and can spread the same knowledge in society.

After the completion of the course Dr. Sokinder kumar, Professor & Principal, Kharvel College of pharmacy appreciated the all faculty members for their knowledge full session.

Time table for the course 2021-2022

Date	Day	Time
30/10/2021	Saturday	02.00 pm 04.00 pm
06/11/2021	Saturday	02.00 pm 04.00 pm
20/11/2021	Saturday	02.00 pm 04.00 pm
27/11/2021	Saturday	02.00 pm 04.00 pm
04/12/2021	Saturday	02.00 pm 04.00 pm
11/12/2021	Saturday	02.00 pm 04.00 pm
18/12/2021	Saturday	02.00 pm 04.00 pm
01/01/2022	Saturday	02.00 pm 04.00 pm


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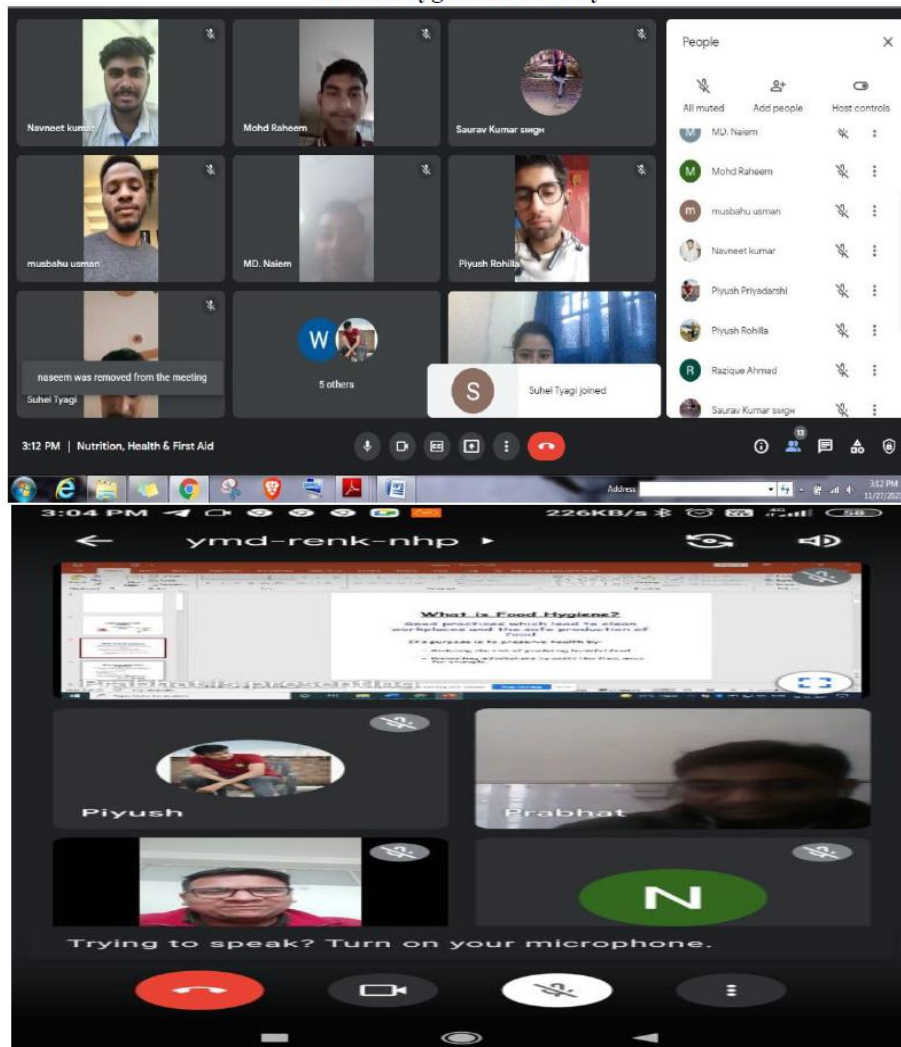
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Value added course (VAC-KSCP-10) "Health Hygiene and safety"



Ms. Swati Wadhwan and Mr. Prabhat singh delivering the E-Lecture in value added course "Health Hygiene and Safety"



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List of students Completed VAC-KSCP-10 on 'Health Hygiene and Safety'

S.No	Enrollment No.	Name of Students	Programme
1.	2111000000214	AADIL TYAGI	B.Pharm
2.	2111000040705	AASHISH SHARMA	B.Pharm
3.	2111000040899	ABDUL HAQUE	B.Pharm
4.	2111000040883	ABHISHEK	B.Pharm
5.	2111000000058	ADITYA TANWAR	B.Pharm
6.	2111000000218	AFZAL	B.Pharm
7.	2111000000164	AKHILESH KUMAR	B.Pharm
8.	2111000000165	AKSHIT VIKAL	B.Pharm
9.	2111000000238	AMJAD TYAGI	B.Pharm
10.	2111000000227	ANANYA PAL	B.Pharm
11.	2111000000215	ANIT KUMAR	B.Pharm
12.	2111000040905	ANJUL	B.Pharm
13.	2111000040917	ANKIT SHARMA	B.Pharm
14.	2111000000235	GOSWAMI SATYAJIT BHARTI	B.Pharm
15.	2111000040732	GOURAV DHAKA	B.Pharm
16.	2111000040909	HARSH GUPTA	B.Pharm
17.	2111000000226	HARSH VARDHAN	B.Pharm
18.	2111000040701	HIMANSHU	B.Pharm
19.	2111000000225	JATIN CHAUDHARY	B.Pharm
20.	2111000000231	SUHEL TYAGI	B.Pharm
21.	2111000040894	TOSIF	B.Pharm
22.	2111000040702	TUSHAR YADAV	B.Pharm
23.	2111000040755	UDAY CHAUDHARY	B.Pharm
24.	2111000040706	VANSH SHARMA	B.Pharm
25.	2111000040895	VARSHA SHARMA	B.Pharm
26.	2111000000059	VARUN KUMAR	B.Pharm
27.	2011000050488	ANSHIKA GARG	B.Pharm
28.	2011000050467	AYUSH CHOUDHARY	B.Pharm
29.	2011000050507	AYUSH YADAV	B.Pharm
30.	2011000034154	AZHAR PARVEZ	B.Pharm
31.	2011000050506	AKASH TYAGI	B.Pharm
32.	2011000050474	DEEPAK DUHOON	B.Pharm
33.	2011000033831	KUSHAGRA BATHLA	B.Pharm
34.	2011000034144	MAYANK TYAGI	B.Pharm
35.	2011000050510	NAMAN KUMAR	B.Pharm
36.	2011000050465	NITIN KUMAR RAI	B.Pharm



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37.	2011000034147	PRATHAM SINGH	B.Pharm
38.	2011000050498	PRINCE	B.Pharm
39.	2011000050481	RAHUL	B.Pharm
40.	2011000050499	RAHUL KUMAR	B.Pharm
41.	2011000034141	RAMVIR	B.Pharm
42.	2011000050475	RANJEET SARKAR	B.Pharm
43.	1911000000424	ABHINAV KUMAR SINGH	B.Pharm
44.	1911000001714	ABHINAV KASHYAP	B.Pharm
45.	1911000000396	ABHISHEK SHARMA	B.Pharm
46.	1911000000405	ANJALI SHUKLA	B.Pharm
47.	1911000000426	KM BHAWNA SAINI	B.Pharm
48.	1911000001074	ANKIT RANJAN SHUKLA	B.Pharm
49.	1911000001064	ANKUSH DWIVEDI	B.Pharm
50.	1911000002043	ASHISH KUMAR	B.Pharm
51.	1911000000413	ASHU GOEL	B.Pharm
52.	1911000000393	ASHUTOSH KATARIA	B.Pharm
53.	1911000001076	KAIFIA ANSARI	B.Pharm
54.	1911000001709	KESHAV KISHORE	B.Pharm
55.	1911000000428	KESHAW KUMAR PANDEY	B.Pharm
56.	1911000001075	KM VARSHA	B.Pharm
57.	1911000000425	KM APARNA RANI	B.Pharm
58.	1911000000420	MD NAWAZ	B.Pharm
59.	1911000000395	MEHTAB	B.Pharm
60.	1911000000373	MO FARMAN	B.Pharm
61.	1911000000419	MOHAMMED ADNAN	B.Pharm
62.	1911000000406	MOHD ANAS	B.Pharm
63.	1911000000412	MOHD DANISH CHAUHAN	B.Pharm
64.	1911000000408	MOHD LUKMAN	B.Pharm
65.	1911000000376	MOHD SAALIM	B.Pharm
66.	1911000000409	MOHD SUHAIL	B.Pharm
67.	1911000000370	MOHD WAQAR	B.Pharm
68.	1911000000382	MOHD. AALAMGIR	B.Pharm
69.	1911000000375	MOHD. ANAS	B.Pharm
70.	1911000001072	MOHMMAD SHAHDAB	B.Pharm
71.	1911000000421	MORIS MALIK	B.Pharm
72.	1911000000418	MUKUL TYAGI	B.Pharm
73.	1911000000374	MURSLEEN	B.Pharm
74.	1911000001712	ROHIT KUMAR	B.Pharm
75.	1911000000399	MUZIBUR REHMAN	B.Pharm



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76.	1911000001073	NEERAJ SHARMA	B.Pharm
77.	1911000001070	NEHA KAUSHIK	B.Pharm
78.	1911000000385	NITIN SHARMA	B.Pharm
79.	1911000000372	POOJA	B.Pharm
80.	1911000000411	SAKSHI PATEL	B.Pharm
81.	1911000001065	SARIKA YADAV	B.Pharm
82.	1911000001079	SEJAL	B.Pharm
83.	1811000020104	AZRUDDIN	B.Pharm
84.	1811000020105	BHUPENDRA KUMAR	B.Pharm
85.	1811000020239	CHIRAG TYAGI	B.Pharm
86.	1811000020106	DANISH MALIK	B.Pharm
87.	1811000020197	GAURANG VAISH	B.Pharm
88.	1811000020107	GAURAV PANWAR	B.Pharm
89.	1811000020126	PRINCE DIXIT	B.Pharm
90.	1811000022146	RIDDHIMA	B.Pharm
91.	1711000002633	SABAHAT ALI	B.Pharm
92.	1811000022046	SACHIN JOSHI SEMWAL	B.Pharm
93.	1811000020192	SACHIN KUMAR	B.Pharm
94.	1811000020127	SAHIL TRIKA	B.Pharm
95.	1811000020224	SIMRAN KUSHWAHA	B.Pharm


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Subhartipuram, NH-58, Delhi-Haridwar Bypass Road, Meerut (U.P.) -250005

CERTIFICATE OF PARTICIPATION



This is to certify that Mr. /Ms Riddhima has successfully completed the value Added Course "Health, Hygiene and Safety" conducted by Kharvel Subharti College of Pharmacy between 30/10/2021 to 1/01/2022.

Dr. Rupesh Kumar Pandey
(Course Coordinator)

Prof. (Dr.) Sokindra Kumar
(Principal)



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CERTIFICATE OF PARTICIPATION



This is to certify that Mr. /Ms Prince Dixit has successfully completed the value Added Course "Health, Hygiene and Safety" conducted by Kharvel Subharti College of Pharmacy between 30/10/2021 to 1/01/2022.

Dr. Rupesh Kumar Pandey
(Course Coordinator)

Prof. (Dr.) Sokindra Kumar
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CERTIFICATE OF PARTICIPATION



This is to certify that Mr. /Ms Nitin Kumar Rai has successfully completed the value Added Course "Health, Hygiene and Safety" conducted by Kharvel Subharti College of Pharmacy between 30/10/2021 to 1/01/2022.

Dr. Rupesh Kumar Pandey
(Course Coordinator)

Prof. (Dr.) Sokindra Kumar
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CERTIFICATE OF PARTICIPATION



This is to certify that Mr. /Ms Shalim Chaudhary has successfully completed the value Added Course "Health, Hygiene and Safety" conducted by Kharvel Subharti College of Pharmacy between 30/10/2021 to 1/01/2022.

Dr. Rupesh Kumar Pandey
(Course Coordinator)

Prof. (Dr.) Sokindra Kumar
(Principal)