



# MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES



Degree recognized by Department of AYUSH & Approved by UGC  
Website: [naturopathy.subharti.org](http://naturopathy.subharti.org), E-mail: [naturopathy@subharti.org](mailto:naturopathy@subharti.org), Ph: 0121-2439043/52 (Extn: 3553), Telefax: 0121-3058030, Cell: +91-9639010531  
A constituent college of

## SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

### Office of the Principal

Ref. No.: MASCHNY/2019/08/

Dated : 17<sup>th</sup> August 2019

### NOTICE

All the Students are informed that the Value Added Course on "Emergency First Aid" is being conducted from September 2019. The classes are likely to start from 1<sup>st</sup> week of September. The Interested candidates must give the names for registration to Dr. Braj Bhushan.



**PRINCIPAL**  
**MASCHNYS**  
Swami Vivekanand Subharti University  
MEERUT

Dr. Abhay M. Shankaregowda

Principal

Registrar  
Swami Vivekanand  
Subharti University  
MEERUT



**SWAMI VIVEKANAND**  
**SUBHARTI**  
**UNIVERSITY**  
Meerut  
UGC Approved

Where Education is a Passion...



**Value Added Course**

# **EMERGENCY FIRST-AID MANUAL**

**SUBHARTI MEDICAL COLLEGE  
AND ASSOCIATED  
CHHATRAPATI SHIVAJI SUBHARTI HOSPITAL**

First Aid .....	
Cuts .....	
Punctures, Scrapes, Splinters: .....	
Burns .....	
Falls .....	
Swelling and Bruises .....	
Choking .....	
Poisoning .....	
Dog Bite .....	
Electric Shock .....	
Fainting .....	
Tooth Ache .....	
Fits/Seizures .....	
Snake Bite/Insect Bite .....	
Human Bites .....	
Nose Bleed .....	
Heart Attack .....	
Asthma Attack .....	
Eye Injury .....	
Allergic Reactions .....	
Common Illnesses and Health Problems ..	
Road Side First Aid .....	
Bleeding .....	
Skin Infections And Open Sores .....	
Preparation of First Aid Box .....	
Additional Important Information .....	



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Office of the Principal

Date: 16/09/2019

### Report

Date: 02/09/2020 to 12/09/2020

Time: 11:00am to 1:00pm (2 hrs./day)

Total Students: 915



MASCHNYS conducted Value Added Course on "Emergency First Aid" to enhance holistic development of students and to improve their employability skill. The main aim to introduce this course was to improve students' tolerance for ambiguity; improve reflective skills and self-awareness which are particularly relevant to the role of medical professional and person.

#### Course Objectives:

First aid sometimes referred to as EMERGENCY AID is the first skilled assistance given to a victim (sick or injured) on the occurrence of accident or sudden illness in order to preserve life, prevent further injury and relive suffering until qualified medical care is available. All the candidates were given certificates following the completion of the course.

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