

**CHHATRAPATI SHIVAJI SUBHARTI HOSPITAL
Subharti Medical College**



Recognized by Govt. of India, Ministry of Health & Family Welfare, Govt. Letter No. U.12012/69/96-ME(P)
Website: medical.subharti.org, e-mail: medical@subharti.org, Ph.: 0121-3055000 (Extn: 2118), Telefax: 0121-2439127, 2439067
A constituent college of



SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of GC Act 1956)

Office of the Nursing Superintendent

No. NS/CSSH/2019/ 616

DATE : 18.10.2019

Office Memo

This is to inform you that BLS training will be conducted on 22.10.2019 & 23.10.2019 from 09:00 am to 05:00 pm in Medical Council Hall in Medical College, nominated staff will attend the same.

Students can register by 21.10.2019 till 05:00 pm

Sanju Solanki
18/10/2019
(Sanju Solanki)

Nursing Superintendent

Sanju Solanki
Registrar
Swami Vivekanand
Subharti University
MEERUT



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BLS TRAINING

Duration: 16 Hours

Day - 1

S.No	Contents	Duration
1	Basic Anatomy and Physiology of Heart and Lungs	01 Hr.
2	Causes and Diagnosis of cardiac Arrest	30 Minutes
3	What is CPR / BLS	30 Minutes
4	Chain of survival in Adult and Children	01 Hr.
5	BLS algorithm in Adult	01 Hr.
6	AED and its application in BLS	01 Hr.
7	BLS algorithm in Adult and Children	02 Hrs.
8	Effective Ventilation using Barrier devices	01 Hr.

Day - 2

S.No	Contents	Duration
1	Choking (Upper airway obstruction) in Adult and Children and Management	01 Hr.
2	Opioid induced Cardiorespiratory arrest, diagnosis and management	01 Hr.
3	Importance of team in multi rescuer Resuscitation	01 Hr.
4	Revision classes and Practice on Mannequin	02 Hr.
5	Test: MCQ based and Practicals on Mannequin	02 Hr.
6	Remedial Classes	01 Hr.

Swami Vivekanand
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BLS REPORT

Subharti Medical College organizes BLS training every month for the students who ever is willing to attend this value-added course. 16 hours training is given over a period of 2 days from 9 am to 5 pm.

Venue of training is Medical Council Hall, SMC/ CSSH.

The participants to gain knowledge and hands on training regarding various aspects of Basic Life Support. After the completion of the course, a post test is taken and whoever obtains a passing mark is provided with a certificate.


Registrar
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Subharti University
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Students attending BLS Lecture





Students attending BLS Classes at Subharti Medical College





CHHATRAPATI SHIVAJI SUBHARTI HOSPITAL
Subhartipuram NH-58, Delhi –Haridwar Bypass Road, Meerut.(U.P)



Test Paper

Name of Candidate: Kena Kana

Date: 08/08/19.

1. What is the expanded form of CPR?
 - a. Cardio pulmonary response
 - b. Cardio pulmonary recruitment
 - c. Cardio pleural resuscitation
 - d. Cardio pulmonary resuscitation (1)
2. For how long you will continue giving CPR to a cardiac arrest victim?
 - a. 5 cycles of chest compressions & breaths
 - b. 5 minutes
 - c. Till medical help arrives X
 - d. None of the above
3. You are in the OPD area a person suddenly collapses on the ground What is the emergency response Code no you will activate?
 - a. Code blue (1)
 - b. Code red
 - c. Code orange
 - d. Code yellow
4. In your opinion CPR should be given by:
 - a. Only by Doctors
 - b. By Nurses (1)
 - c. By both
 - d. By any person trained to do CPR
5. To start CPR we require the following equipment
 - a. Oxygen
 - b. Masks
 - c. Ambulance (1)
 - d. None of the above
6. When Giving CPR how much time each breath take
 - a. 1 seconds
 - b. 2 seconds (1)
 - c. 3 seconds
 - d. 5 seconds
7. What is rate of chest compression in case of adult victim
 - a. 100 to 120 /minute (1)
 - b. 200/minute
 - c. at least 100/minute
 - d. 75/minute
8. What is compression and breath ration in case of 1 rescuer CPR in child
 - a. 30:2
 - b. 15:2 (1)
 - c. 20:2
 - d. 60:2

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9. When to call for help
- a. After checking response
 - b. After checking pulse
 - c. After 30 chest compression
 - d. After checking breath
10. What is depth of chest w while performing CPR in adult
- a. At least 5 cm
 - b. 4 cm
 - c. 3 cm
 - d. 8 cm

STEPS OF BLS

1. Seen Safety ✓
2. check for response ✓
3. call for help ✓
4. Start chest compression ✓
5. Give two breath ✓
6. continue CPR till medical team arrives ✓

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CHHATARPATI SHIVAJI

SUBHARTI HOSPITAL

Subhartipuram NH - 58, Delhi Haridwan By pass road Meerut

TRAINING ATTENDANCE SHEET

Topic:- BLS (Training)

Speaker:- Ashish Khanna Date & Time : 23/10/19 at 9am.

S.No	Participant Name	Dept.	Designation	Sign.
1.	Vipin Kr	OT nd floor	S-N	Vipin
2	Renu Mittal	SICU	S-N	Renu
3	Kajal	OBG-II	S-N	Kajal
4	Mohal Sochib	Amw II	S-N	Sochib
5	Manita Mittal	PVT	J-N.O	Manita
6	Sonika Kumari	PVT	T-N.O	Sonika
7	Shalu	MICU	T-N.O	Shalu
8	Talib	GSW	J-N.O	Talib
9	Mohal Uvesh	M.S.W I	J-N.O	Uvesh
10	Shivani	FW	T-N.O	Shivani
11	Seema devi	M.S.W III	T-N.O	Seema
12	Tyoti Sharma	GMW	T/N/O	Tyoti
13	Nidhi Kana	Med O-PD	T-N.O	Nidhi
14	Shivani	GMW	T-N.O	Shivani
15	Nisha	Cardio OPD	T-N.O	Nisha
16	Meenakshi IV	Ortho OPD	T-N.O	Meenakshi
17	Anuradha	L-R	T-N.O	Anuradha
18	Kajal Panwar	T.B Chest OPD	S/N	Kajal
19	Geety	Psy OPD	S/N	Geety
20	Dimple Chauhan	Flow	S/N	Dimple
21	Levyanke	S. OPD	T/N	Levyanke
22	Sandhya Parjapati	Phy. OPD	T/N	Sandhya
23	Beena	Eye OPD	T/N	Beena
24	Ashish Ahmer	Mow-II	T/N	Ashish
25	Digvijay	M.O.W I	T/N	Digvijay
26	Deepa	Med OPD	T/N	Deepa
27	Rishi	CRW	T/N	Rishi

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Subharti University
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Certificate of Completion



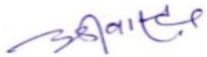
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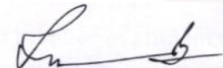
Digvijay

on successful completion of Value-added Course entitled

"Basic Life Support"

22/10/2019 - 23/10/2019


Dr. A. K. Srivastava
Principal
Subharti Medical College


Dr. (Brig.) V.P. Singh
Head of Department
Dept. of Anaesthesia & Critical Care



Certificate of Completion



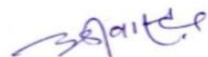
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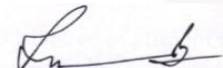
Kajal

on successful completion of Value-added Course entitled

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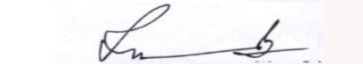
Md. Shoaib

on successful completion of Value-added Course entitled

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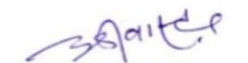
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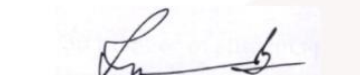
Radhika Singh

on successful completion of Value-added Course entitled

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Dr. A. K. Srivastava
Principal
Subharti Medical College


Dr. (Brig.) V.P. Singh
Head of Department
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