



Department of Physical Education

Recognized by National Council for Teacher Education

Website: subharti@subharti.org, e-mail: physicaledu@subharti.org Ph.: 0121-3055000 / 52 (Extn: 2828,2823), Telefax: 0121-3058030, 2439067

A constituent college of

SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)



Office of the Head

Date: 08-09-2016

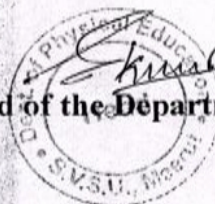
Notice

All the students are informed that value added course of *Human Value* is scheduled on dated 13th September to 15 October, 2016 interested students are advised to contact Dr. Aruna Sirohi for registration and browser collection.

Highlight of the Course

1. Human Society & Value System
2. Understanding harmony is the human being-harmony in myself
3. Understanding harmony is the family and society
4. Understanding harmony is the Nature and Existence

(Head of the Department)




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VALUE ADDED COURSE



ON

HUMAN VALUE

Venue: Seminar Hall , Ground floor, Department of Physical Education

Schedule- 13 Sept,2016 to 15 Oct, 2016

Timing- 2:30 PM to 4:30 PM

Registration fee: 100 Rs.



Course contents:

1. Introduction
2. Human society & Value System
3. Understanding harmony is the family & society

RESOURCE PERSON:

Prof. B.C. Dubey

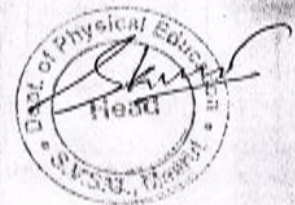
Mr. Jairaj Singh Jado

Dr. Sandeep Kumar

Dr. Aruna Sirohi

Subhartipuram, NH-58, Delhi Haridwar Bypass Road, Meerut-250005, UttarPradesh,

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HUMAN VALUE

Unit -I - Introduction:-

- Understanding the need, basic guidelines, content and process for Value Education.
- Self Exploration – what is it – Its content and process, Natural acceptance' and Experiential Validation- as the Mechanism for self exploration.
- Continuous Happiness and prosperity – A look at basic human aspiration.
- Right understanding Relationship and Physical Facilities the basic requirements for fulfillment of aspirations of every human being with their correct priority.

Unit -II - Process for Value Education

- Understanding human being as a co-existence of the sentient 'I' and the material 'Body'
- Understanding the needs of Self ('I') and 'Body' – Sukh and Suvidha.
- Understanding the Body as an instrument of 'I' (being the doer, seer and enjoyer)
- Understanding the characteristics and activities of 'I' and harmony in 'I'
- Method to fulfill human aspirations, understanding and living in harmony at various levels.

Unit -III - Harmony in my self

- Understanding the meaning of Vishwas,
- Correct appraisal of Physical need.
- Meaning of prosperity in detail

Unit -IV - Understanding Harmony in family society

- Understanding harmony in the family. The basic unit of human interaction
- Understanding Values of human relationship
- Trust and Respect as the foundational Values of relationship



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MAJOR DHYANCHAND DEPARTMENT OF PHYSICAL EDUCATION SWAMI VIVEKANAND SUBHARTI UNIVERSITY, MEERUT REPORT ON VALUE ADDED COURSE

A value added course on "**Human Value**" was conducted in Major Dhyanchand Physical Education of Swami Vivekanand Subharti University (SVSU) for UG and PG students. Course was started from 13th Sep to 15th Oct 2016. On 13 Sep the opening ceremony in the presence of the Dean Sir, Dr. B.C. Dubey Department of Education with Dr. Sandeep Kumar Head of the Department Physical Education. 86 students registered in this course. The main Resource Persons were Dr. Aruna Sirohi and Mr. Jairaj Singh Jadon and addressed by Mrs. Manju Adhikari. The main objective of this course was to aware the students about human values. This course chosen after analyzing work profiles and Human Values. Enormous response of students closing 15 Oct 2016 in the presence of Head of the Department of Physical Education.

2016-17

Students Completed VAC on Value added Course on Human Value 13rd September to 15th October, 2016

SN	Name of Student	Class
1	AKANKSHA RAJA PARIHAR	BPES 1st Year
2	AKASH GOSWAMI	BPES 1st Year
3	AKSHAY SAXENA	BPES 1st Year
4	AMIT	BPES 1st Year
5	ANKIT SINGH	BPES 1st Year
6	ANKUR KUMAR PATHAK	BPES 1st Year
7	ANKUR PANWAR	BPES 1st Year
8	ANKUR SINGH PAWAR	BPES 1st Year
9	ARUN GUJJAR	BPES 1st Year
10	AVIRAL BAJPAI	BPES 1st Year
11	BHARTI	BPES 1st Year
12	DEEPTI SINGH	BPES 1st Year
13	DHANESH RAJA	BPES 1st Year
14	DHEERAJ CHAUDHARY	BPES 1st Year
15	DIGVIJAY NAGAR	BPES 1st Year
16	DIVAKAR SHARMA	BPES 1st Year
17	GAURAV DHAMA	BPES 1st Year
18	GAURAV SIROHI	BPES 1st Year
19	HARSH DEEP POONIA	BPES 1st Year
20	HIMANSHU	BPES 1st Year
21	JYOTI	BPES 1st Year
22	KAJAL YADAV	BPES 1st Year
23	LALIT	BPES 1st Year
24	LUCKY MUNDAR	BPES 1st Year
25	MANISHA	BPES 1st Year
26	MINAKSHI TOMAR	BPES 1st Year
27	MOHAMMAD.BILAL ABASI	BPES 1st Year
28	MOHIT KUMAR	BPES 1st Year
29	MONU RAWAT	BPES 1st Year
30	PRADEEP KUMAR	BPES 1st Year
31	PRAGYA SHARMA	BPES 1st Year
32	PRATEEK CHAUDHARY	BPES 1st Year
33	PRINCE	BPES 1st Year
34	RAHUL BISHT	BPES 1st Year


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35	RAHUL KAJLA	BPES 1st Year
36	RAHUL KUMAR	BPES 1st Year
37	RAJAT NAUTIYAL	BPES 1st Year
38	RAJAT SHARMA	BPES 1st Year
39	ROHIT YADAV	BPES 1st Year
40	SACHIN	BPES 1st Year
41	SAGAR	BPES 1st Year
42	SAKSHAM SRIVASTAV	BPES 1st Year
43	SANDEEP	BPES 1st Year
44	SANJU SAGAR	BPES 1st Year
45	SANTOSH KUMAR	BPES 1st Year
46	SAURABH CHAUHAN	BPES 1st Year
47	ABHAY RAJ VEDWAN	BPED 1 ST Year
48	ABHISHEK KUMAR	BPED 1 ST Year
49	ADITI	BPED 1 ST Year
50	AJAY SINGH	BPED 1 ST Year
51	AKASH KUMAR PATHAK	BPED 1 ST Year
52	AKASH PAYAL	BPED 1 ST Year
53	ALOK KUMAR	BPED 1 ST Year
54	AMIT KUMAR	BPED 1 ST Year
55	AMRESH KUMAR SHARMA	BPED 1 ST Year
56	ANKIT KUMAR	BPED 1 ST Year
57	ANKUR CHOUDHARY	BPED 1 ST Year
58	ANKUSH KUMAR	BPED 1 ST Year
59	ANSHU CHAUDHARY	BPED 1 ST Year
60	ANUBHAV	BPED 1 ST Year
61	ANURADHA	BPED 1 ST Year
62	ANURADHA RANI	BPED 1 ST Year
63	ARCHANA	BPED 1 ST Year
64	ARPIT	BPED 1 ST Year
65	ASHISH CHAUDHARY	BPED 1 ST Year
66	ASHISH TYAGI	BPED 1 ST Year
67	BALJINDER KOUR	BPED 1 ST Year
68	BHARTENDU SINGH CHAUHAN	BPED 1 ST Year
69	CHITRA RANI	BPED 1 ST Year
70	DEEPA	BPED 1 ST Year
71	DEEPAK KUMAR	BPED 1 ST Year
72	DEEPAK KUMAR	BPED 1 ST Year
73	DEEPAK RAGHAV	BPED 1 ST Year
74	DHANJJAI	BPED 1 ST Year
75	DHARAMRAJ SINGH	BPED 1 ST Year
76	DIGAMBAR SINGH	BPED 1 ST Year
77	DIGVIJAY KUMAR GAUTAM	BPED 1 ST Year
78	FIROZ FAROOQI	BPED 1 ST Year
79	GAURAV MALIK	BPED 1 ST Year
80	JAY PRAKASH	BPED 1 ST Year
81	JAYVEER SINGH	BPED 1 ST Year
82	AKASH PAYAL	BPED 1 ST Year
83	ANUBHAV ARORA	MPED 1 ST Year
84	ASHOK KUMAR	MPED 1 ST Year
85	HIMANSHU GAUTAM	MPED 1 ST Year
86	JAGMAHENDER SINGH	MPED 1 ST Year

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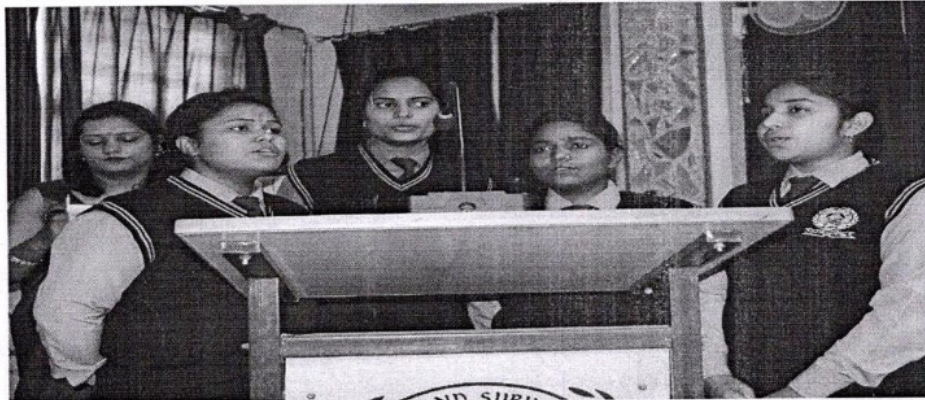
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Photographs of Value added course



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Sample Certificate



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UGC Approved



Certificate of Participation

This is to Certified that Ms./Mr.from Has been participation as Student during the Value added Course on "Human Value" held on 13th September to 15th October, 2016 organized by Department of Physical Education, Swami Vivekanand Subharti University, Meerut, Uttar Pradesh..

Dr. Sandeep Kumar
Head of the Department

Dr. Aruna Sirohi
In-charge Value Added Course


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