



SWAMI VIVEKANAND SUBHARTI UNIVERSITY

SHAHEED BABA DEEP SINGH COLLEGE

DEPARTMENT OF HOME SCIENCE

UNDERSTANDING DISABILITIES

VAC-HSC-23



OBJECTIVE: This course is aimed to create a sense of understanding among students about disabilities and how to create a disability friendly environment.

PROGRAMME OVERVIEW: This is a valued added course of 16 hours and is an approach of the Department of Home Science to generate sensitization towards disabilities and disabled people through developing awareness and positive thoughts towards this. The course will be facilitated by experienced faculty member.

ELIGIBILITY: Students who are XII pass can apply.

CONTACT PERSON: Dr Shalu Nehra



Overview of syllabus: Understanding disabilities 16 hours
VAC-HSC-23

- **UNIT 1. Definitions of disability, human rights, access, care, support and contribution**
 - The concepts and knowledge of disability, human rights, access, care, support and contribution

- **UNIT 2. Recognizing and identifying different types of disabilities**
 - Learning disabilities
 - Intellectual disabilities
 - Physical disabilities
 - Sensory disabilities
 - Mental impairments

- **UNIT 3. Discrimination and barriers to access in the lives of persons with disabilities**
 - Poverty
 - Accepting people who are different
 - Accepting and integrating persons with disabilities in the community
 - Social deprivation

- **UNIT 4. Care and support for persons with disabilities**
 - Support systems for persons with disabilities
 - Respecting the dignity of persons with disabilities

- **Unit 5. Advocacy and activism for change**
 - The role of non-governmental organizations (NGOs)
 - The role of the media


Registrar
Swami Vivekanand
Subharti University
MEERUT

VAC-HSC-23

Understanding Disabilities (2020-2021)

Sr. No.	Student Name	Signature
1	Janvi Malik	Janvi
2	Sony Kumari	Sony Kumari
3	Ishika Mittal	Ishika
4	Priyanka Rajput	Priyanka
5	Arjun Ruhela	Arjun
6	Pratibha	Pratibha
7	Meenu	Meenu
8	Sadaf Khan	Sadaf
9	Rohan Narayan	Rohan
10	Ashutosh Prasad Kaushik	Ashutosh
11	Arvind Kumar	Arvind
12	Shivani	Shivani
13	Kanika Malik	Kanika
14	Sheetal	Sheetal
15	Palak Arora	Palak
16	Prabhuti Shukla	Prabhuti Shukla
17	Swati Sherwal	Swati
18	Ankur Kumar	Ankur
19	Anjali Upadhyay	Anjali
20	Shiva	Shiva
21	Shiwani Shahi	Shiwani
22	Ritika	Ritika
23	Vasundhara Siwach	Vasundhara
24	Nishi Bamal	Nishi Bamal
25	Ishika Talukdar	Ishika

Registrar
Swami Vivekanand
Subharti University
MEERUT

DEPARTMENT OF HOME SCIENCE
S. V. Subharti University, Meerut

REPORT ON VALUE ADDED COURSE CONDUCTION-

UNDERSTANDING DISABILITIES (2020-21)

Dr Shalu Nehra started a value added course on Understanding disabilities from 20th April 2021 in the department of Home Science. The course lasted for about 16 hours duration.

She taught that there are more than one billion people with physical and mental disabilities in the world who overcome challenges every day. One of the biggest challenges is encountering other people, and interact with them. As a society, we are all different and must recognize the importance of acceptance. An individual's disability can play a major role in his/her life: whether it's positive or negative. But overcoming the challenges and developing confidence is admirable on their part and vital from a social standpoint. . As a society, it is our duty to allow people with disabilities to experience a life they deserve. We are all different but very much alike at the same time. The importance of disability awareness has been given prominence over the recent decades, making it easier for people with disabilities and the society to develop empathy for one another. Disability awareness helps in bringing down the stereotypical mindset of the society, hence providing vast opportunities for everyone to get involved in creating a positive, inclusive society for all.

1. 2.21 % of the population - 26 million – India 30,000 in Puducherry
2. 15 % of the World Population has atleast one disability
3. Only 8.5% - complete graduation
4. 57% are illiterate
5. By 2022 10 million differently-abled will be unemployed
6. 5 – 7 % loss in GDP Furthermore, disability awareness implies educating the society regarding disability and how each person as an as an individual can bring about the necessary changes.

Learning acceptance is fundamental of focus of disability awareness which and can take place anywhere such as at home, school, workplace, health institutes. However, people are often discrimination towards people with disabilities which can lead to the undesirable outcomes for communities as a whole. Therefore, for a better future, we must try to minimize the discriminating culture and promote disability awareness through platforms for each and every individual, so that the foundations of empathy originates and helps in breaking social barriers. Finally, disability awareness starts from home where the positive attitudes, values and customs are reinforced on a regular basis. Home is dear to everyone, a place of comfort and understanding towards every aspect of life. Teaching children about disability will help in breaking social barriers and allow a better and more wholesome approach to inclusion of people with disabilities.

She also made students aware about various types of disabilities and how to help, motivate and generate sensitization towards them. She also pointed out and taught about reason for deteriorative state of such especially able people and how government and people is helping or can help them.



(Faculty describing various types of disabilities during VAC)



DEPARTMENT OF HOME SCIENCE
SWAMI VIVEKANAND SUBHARTI
UNIVERSITY



Subhartipuram, NH-58, Delhi Haridwar Meerut Bypass Road, Meerut-250005

CERTIFICATE OF COMPLETION

This is to certify that

Nishi

has successfully completed
16 hours Value added course on
“ UNDERSTANDING DISABILITIES ”
(APRIL 20 – MAY 7 , 2021)

Dr Jyoti Gaur
Head , Department of Home Science

Dr Shalu Nehra
Program Coordinator



DEPARTMENT OF HOME SCIENCE
SWAMI VIVEKANAND SUBHARTI
UNIVERSITY



Subhartipuram, NH-58, Delhi Haridwar Meerut Bypass Road, Meerut-250005

CERTIFICATE OF COMPLETION

This is to certify that

Sadaf Khan

has successfully completed
16 hours Value added course on
“ UNDERSTANDING DISABILITIES ”
(APRIL 20 – MAY 7 , 2021)

Dr Jyoti Gaur
Head , Department of Home Science

Dr Shalu Nehra
Program Coordinator