

VALUE ADDED COURSE
Cooking for Survival
(Edu/v-25)
(Session 2021-22)



- ✚ 16 hours course.
- ✚ Course offered for, B.El.Ed Students.
- ✚ Last date of registration:
23 September, 2021
- ✚ Two periods per week.
- ✚ Classes will be start from 24
September, 2021
- ✚ Days for Classes –Friday and
Saturday(subject to change under
special circumstances)

Offered by
Department of Education
Swami Vivekanand Subharti University, Meerut

SYLLABUS
VALUE ADDED COURSE
Cooking for Survival (Edu/v-25)
(Session 2021-22)

Course Title	Cooking for Survival	Course Code	Edu /v-25
Course Objectives	To enable student-teacher to 1. Understand the concept& process of cooking. 2. Learn managerial skills of cooking. 3. Utilization of minimum resources for cooking. 4. Presence of mind at the time of difficulties.		
Unit – 1:	Introduction of the Concept		
	i. Aims and objectives of cooking food ii. Importance of cooking food, with reference to the catering industry. iii. Scope of cooking		
Unit – 2:	Principles of Resources Management for Cooking		
	i. Availability of the Resources ii. Money & Time Management iii. Energy Management iv. Sustainable Development of Food Resources		
Unit-3:	Food for Survivals Easy to Prepare		
	i. Preparation of recipes without Fire ii. Preparation of recipes with Fire		


 Registrar
 Swami Vivekanand
 Subharti University
 MEERUT

VALUE ADDED COURSE
(Student Registration form)
Cooking for Survival
Edu. /v-25
(Session 2021-2022)

- Name of the Student.....
- Father's name.....
- Name of Programme.....
- Session.....
- Semester.....
- Roll No.....

Signature of the Student


Registrar
Swami Vivekanand
Subharti University
MEERUT

**Value Added Course on “Cooking for Survival”
List of Participants**

Sl. No.	Student's Name	Programme
1	Mohd. ShagafAlam	B.El.Ed.
2	KirtiAgarwal	B.El.Ed.
3	ShrutiKaushik	B.El.Ed.
4	Aarushi	B.El.Ed.
5	Sujata Singh	B.El.Ed.
6	PallaviPoonia	B.El.Ed.
7	Prachi Chopra	B.El.Ed.
8	SapnaYadav	B.El.Ed.
9	PradeepYadav	B.El.Ed.
10	Khushi	B.El.Ed.
11	Vijay Pegwal	B.El.Ed.
12	Jyoti	B.El.Ed.
13	Shrahti Sharma	B.El.Ed.
14	SakshiSaini	B.El.Ed.
15	Kanak	B.El.Ed.


Registrar
Swami Vivekanand
Subharti University
MEERUT



Head