

**VAC Name: Maternal and Child Nutrition  
(VAC-HSC-14)**



**SHAHEED BABA DEEP SINGH**

**Department of Home Science**

**FACULTY OF ARTS & SOCIAL SCIENCES**

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**SWAMI VIVEKANAND SUBHARTI UNIVERSITY**

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Ref. No. /Notice/HSC/2017-18/26

02 /01/2018

**NOTICE**

Value Added Courses are being organized by Department of Home Science from 15/01/2018. Interested students are requested to contact Dr. Nishma and Ms. Shalu Nehra for the registration.

S.No.	Name of Course	Programe Coordinator	Date
1	Child and women Rights	Dr. Nishma Singh	15/Jan /2018
2	Maternal and Child Nutrition	Dr. Nishma Singh	02/April/2018
3	Basics of child Psychology	Dr. Nishma Singh	03/ Oct/2018
4	Human Psychology	Dr. Nishma Singh	04/Dec/2018
5	Mental Health and Hygiene	Ms. Shalu Nehra	1/August/2019

All the above courses are free and a Certificate shall be provided at the end of the session.

Dr. Jyoti Gaur

(Head Department of Home Science)

DEPARTMENT OF HOME SCIENCE  
S. V. Subharti University, Meerut

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## Department of Home Science

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### Syllabus

#### Value Added Course

#### Maternal and Child Nutrition

Effect of nutritional status of mother on quantity and quality of breast milk; recent guidelines in infant feeding and complementary feeding.

Feeding of premature babies; HIV and breast feeding; drug abuse and breast feeding.

Nutritional problems and requirements of preschool and school going children; growth and development of children; growth monitoring using growth charts.

Strategies to improve maternal and child health in India ; role of BPNI in promotion of breast feeding in India; importance of world breast feeding week.

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S. V. Subharti University, Meerut

## REPORT

### VALUE ADDED COURSE ON “MATERNAL AND CHILD NUTRITION”

PROGRAMME NAME: “MATERNAL AND CHILD NUTRITION”

DATE OF VAC: 2.04.2018 to 5.05.2018

VENUE: Department of Home Science

TIME: 3:00-4:00(on alternative days)

DURATION OF THE COURSE - 30 hours

NAME OF THE FACULTY- Dr. Nishma Singh

Shaheed Baba Deep Singh, Department of Home Science of SVSU, Meerut held a **value added course** on maternal and newborn health quality of care from 2.04.2018 to 5.05.2018. The course was attended by 47 participants from different stream. The course aimed to strengthen maternal health and quality of health care through updating students on the recent framework, standards and guidelines to adopt and implement an integrated minimum basic package of interventions aimed at delivering a better quality of maternal and newborn health, before, during and after childbirth.

#### **The specific objectives of this Value Added Course were:**

- To train students about the maternal and newborn health.
- To train students on childbirth clinical guidelines, standards of care, effective interventions, and measures of quality of maternal and newborn health care; and
- To develop the skills of students in utilizing quality of care self-assessment tools in order to improve the quality of service delivery.

The course was conducted by Dr. Nishma Singh, Assistant Professor Department of Home Science. She highlighted the crucial role of quality of care in improving maternal and newborn health along the continuum of care and the need to address the quality of maternal and newborn health services in line. She noted that special attention should be given to areas with a high burden of maternal and child mortality and rural areas in crisis situations. She also stressed the critical role of child and maternal health during the childbirth period for saving the maximum number of maternal and newborn lives and preventing stillbirths.

Participants identified the main challenges to improving maternal and newborn health-

- lack of supportive regulations;
- poor health facility services and referral systems;
- shortage of maternal and newborn care providers and lack of capacity;
- lack of maternal and newborn health policies and strategies, and absence of interaction/collaboration between management departments of maternal and newborn health and quality improvement;

- prioritization of universal health coverage with non-inclusion of the quality-of-care improvement component;
- existence of some cultural barriers, leading to the low status of women in local communities.
- building face-to-face communication and knowledge-sharing;
- social media sharing information produced through hospital websites;

Strategic objective-

- Effect of nutritional status of mother on quantity and quality of breast milk.
- Feeding of premature babies.
- Nutritional Problems And Requirements.
- Strategies to improve maternal and child Health in India.
- Develop, strengthen and sustain institutions.



**Dr. Nishma Singh taking lecture during Value Added course**

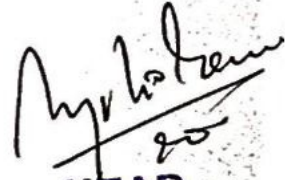
*Nishma Singh*  
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**S. V. Subharti University, Meerut**

## Value Added Course on Maternal and Child Nutrition Attendance Sheet

### Value Added Course - Maternal and child Nutrition

Nishu
Priyanshi Chauhan
Pawan Kumar
Muhammad Firoz
Yusuf Ali
Nikita Iris Samuel
Anjali Chaurshia
Aviral Malik
Sanya
Vikas Kumar Varun
Anjali Chaudhary
Vanlalawmpuii
Harman Deep Kaur
Prachi Malik
Deepika Singh
Nitin Malik
Shiva Tyagi
Maya
Shweta Rajwanshi
Saniya Khan
Priya Tyagi
Prachi Gupta
Rose Chaudhary
Riya Chaudhary
Vinci
Aanchal
Shakshi Choudhary
Bharti Saini
Aamir Suhail
Sonam Prajapati
Karishma Verma
Saurabh Singh
Rajat
Ashish Aggarwal
Shruti Goel
Suraj Kumar
Kiran
Sakshi Arora
Akansha
Ruchi Barthwal
Neha Singh
Krishan Kumar
Dilip Kumar Patel
Shalini Verma
Ramendranath Sarkar
Shefali Goel
Abhinav Dhiman

  
Registrar  
Swami Vivekanand  
Subharti University  
MEERUT

  
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DEPARTMENT OF HOME SCIENCE  
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Department of Home Science  
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## Certificate of Completion

THIS ACKNOWLEDGES THAT

**Muhammad Firoz**

has successfully completed  
30 hours value added on  
**'Maternal and Child Nutrition'**  
(April 2- May 7, 2018)

**Dr. Jyoti Gaur**  
Head, Department of Home Science

**Dr. Nishma Singh**  
Program Coordinator

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## Certificate of Completion

THIS ACKNOWLEDGES THAT

**Priyanshi Chauhan**

has successfully completed  
30 hours value added on  
**'Maternal and Child Nutrition'**  
(April 2- May 7, 2018)

**Dr. Jyoti Gaur**  
Head, Department of Home Science

**Dr. Nishma Singh**  
Program Coordinator

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## Certificate of Completion

THIS ACKNOWLEDGES THAT

**Nishu**

has successfully completed  
 30 hours value added on  
**'Maternal and Child Nutrition'**  
 (April 2- May 7, 2018)

Dr. Jyoti Gaur  
 Head, Department of Home Science

HEAD  
 DEPARTMENT OF HOME SCIENCE  
 S. V. Subharti University, Meerut

Dr. Nishma Singh  
 Program Coordinator



Department of Home Science  
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 Subhartipuram, NH-58, Delhi Haridwar Meerut Bypass Road, Meerut-250005

## Certificate of Completion

THIS ACKNOWLEDGES THAT

**Yusuf Ali**

has successfully completed  
 30 hours value added on  
**'Maternal and Child Nutrition'**  
 (April 2- May 7, 2018)

Registrar  
 Swami Vivekanand  
 Subharti University  
 MEERUT

Dr. Jyoti Gaur  
 Head, Department of Home Science

HEAD  
 DEPARTMENT OF HOME SCIENCE  
 S. V. Subharti University, Meerut

Dr. Nishma Singh  
 Program Coordinator