SWAMI VIVEKANAND SUBHARTI UNIVERSITY™
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UNIVERSITY'S CONTRIBUTION TOWARDS ACHIEVING

SDG 3: GOOD HEALTH AND WELL-BEING

Introduction

The United Nations' 3rd Sustainable Development Goal (SDG 3) is to ensure healthy lives and promote well-being for all at all ages. The objective is to address the world's most pressing health issues, such as lowering death rates, preventing illness, raising awareness of mental health issues, and enhancing access to treatment. As a multifunctional university, Swami Vivekanand Subharti University has been instrumental in bringing its research, healthcare, outreach, and academic programs in line with SDG 3. The subsequent sections examine SDG 3 and the significant contributions made by Swami Vivekanand Subharti University to its attainment.

University's Commitment towards SDG 3 ensuring Good Health and Well-Being:

SDG 3 is a multifaceted objective that promotes the improvement of physical, mental, and social well-being at all stages of life in addition to healthcare accessibility. Reducing mother and child mortality, tackling non-communicable illnesses, putting an end to infectious disease outbreaks, improving mental health, guaranteeing universal health care, and lowering health hazards like substance abuse and injuries are some of its main goals. Since social stability, economic productivity, and better life prospects are all facilitated by good health, achieving SDG 3 is essential to sustainable development. The objective acknowledges the significance of providing marginalized people with high-quality, reasonably priced healthcare while integrating gender, equity, and human rights.

The complete healthcare education approach offered by Swami Vivekanand Subharti University, which encompasses faculties of medicine, dental sciences, nursing, physiotherapy, AYUSH, pharmacy, and allied health sciences, sets it apart. The College and its programmes are recognized by various affiliated bodies such as National Medical Commission, Dental Council of India, Indian Nursing Council, Ministry of Ayush, Pharmacy Council of India, The Indian Association of Physiotherapist and UGC. For thousands of students and community members, its component institutions and teaching hospitals most notably Netaji Subhash Chandra Bose Subharti Medical College and Chhatrapati Shivaji Subharti Hospital—offer cutting-edge instruction, research, and service platforms. Modern labs, ICT-enabled classrooms, simulation centers, super-specialty services, and approved diagnostic facilities are all part of the University's infrastructure, which is designed to further the goals of SDG 3.

Comprehensive Outreach and Health Camps conducted at the University

The community outreach component of our university for SDG 3 approach is crucial. Numerous public health awareness campaigns and free health camps are held by faculties to raise awareness of preventative healthcare, dental hygiene, mother and child health, rehabilitation, physical therapy, and lifestyle changes. These programs, which frequently collaborate with governmental organizations and non-profits, guarantee that underprivileged groups receive professional health counseling,

examinations, and treatments. The university's direct commitment to healthy communities is further supported by nutrition camps, school health initiatives, drug and alcohol detoxification campaigns, and special events held during World Mental Health Week and International Yoga Day.

University's Contribution to Integrative and Preventive Healthcare for SDG 3:

When it comes to developing integrative medicine, Swami Vivekanand Subhari University is unique. Within the Faculty of AYUSH, the Maharishi Aurobindo Subharti College Hospital of Naturopathy & Yogic Sciences is a renowned pioneer in the teaching of yoga and naturopathy in North India. The college is recognized by Ministry of Ayush and the undergraduate (BNYS) is recognized by University Grant Commission (UGC). The university's focus on lifestyle medicine and overall well-being is shown in its research on integrative therapies for chronic diseases and partnerships with the Ministry of AYUSH. Events for the International Day of Yoga, Naturopathy day, other Naturopathy & yoga camps that are supported demonstrate the University's dedication to mind-body medicine and the larger SDG 3 objectives.

University's Commitment to Nursing Education and Public Health Advancement for SDG 3:

A prime example of the University's influence on nursing education and public health is the Panna Dhai Maa Subharti Nursing College. Its cooperation with NGOs and integration with sizable teaching hospitals guarantee rich experiential learning and assistance to the underprivileged. All the nursing programmes are recognized by Indian Nursing Council. Alumni from the college strengthen capacity in public health leadership, community outreach, and critical care while working around the world. National recognition, faculty development, research output, and practical training all attest to the college's alignment with SDG 3—creating skilled, caring nurses who can improve health outcomes in a variety of ways.

University's Contribution to Oral Health, Safe Drug Use, and Preventive Care for SDG-3:

Leading the way in both therapeutic and preventative dental care is Subharti Dental College and Hospital. Its dedication to addressing oral diseases—a significant public health concern linked to general health and well-being—is evidenced by its specialized clinics, patient care innovations, and outreach awards. Affiliated to Swami Vivekanand Subharti University and recognized by Government of India and Dental Council of India, SDC & H strives to help its students becoming first – rated professionals through clinical problem-based learning who believe in the core values of honesty, integrity, hard work and dedication to the betterment of humankind.

In a same vein, the Kharvel Subharti College of Pharmacy promotes pharmaceutical research, gives students multidisciplinary knowledge, and uses training and outreach to address safe drug use, immunization, and sanitation. It is recognized for its state-of-the-art Central Instrumentation Facility (CIF), CIF is GLP certified facility, spacious PG research laboratories, a library with 8,000+ books, and access to DELNET e-journals. The programmes are recognized by Pharmacy Council of India. The University's practical effect and intellectual leadership are demonstrated by its strong industry relationships and patent-protected products.

University Promoting Nutritional Well-Being and Public Health through Academic Excellence for SDG-3:

The Department of Home Science, the University promote research, community service, and nutrition awareness—all of which are critical to the SDG 3 purpose. Health messages are disseminated to a wider audience through national seminars, skill workshops, public health campaigns, and support for women's empowerment and the wellbeing of children. The University reach and reputation are further enhanced by the department's research output, patents, community activities, and alumni participation.

University's Holistic Contribution towards Achieving Good Health and Well-Being for SDG-3:

The University supports extensive sports facilities and wellness infrastructure, promoting physical fitness and mental well-being through organized activities and accessible amenities. Interdisciplinary events such as International Yoga Day, mental health melas, and holistic wellness programs ensure students and community beneficiaries are exposed to a broad spectrum of health-promoting opportunities.

Through its comprehensive healthcare services, multidisciplinary research, social outreach, and high-quality education, Swami Vivekanand Subharti University successfully represents the values and achievable goals of SDG 3. The university's AYUSH, nursing, dental, pharmacy, social science, and wellness programs, as well as its super-specialty hospitals and cutting-edge research facilities, all contribute to the advancement of health and well-being in local, regional, and international communities. By offering a reproducible example for how universities might promote sustainable health development, the University makes a substantial contribution to the accomplishment of SDG 3.

3.1 Research On Health And Well-Being

University's Commitment to Research, Innovation, and Quality Healthcare Education for SDG-3 in the Year 2024:

Research innovation and academic excellence are highly valued at the University. As seen by various program's adoption of the Choice-Based Credit System and the addition of value-added clinical courses, its faculty members frequently change their curricula in response to changing healthcare demands, legal requirements, and international best practices. In the areas of medicine, physiotherapy, dental sciences, nursing, pharmacy, and AYUSH, faculty and students have produced academic books, presented at national and international conferences, obtained patents and copyrights, and contributed hundreds of research articles. Advanced diagnostic tools, wearable health monitors, protocols for treating rare and chronic illnesses, and studies in community medicine, public health, and nutrition are among the projects.

3.1.1 Good Health and Well-being: Paper Views:

This metric evaluates the percentage of the University's research publications pertaining to SDG 3 that are seen or downloaded from Scopus. Strong research visibility, accessibility, and involvement among the international academic community are indicated by high view and download numbers. In line with the goals of SDG 3: Good Health and Well-Being, these measures demonstrate the University's proactive commitment to the advancement of healthcare, disease prevention, and overall health knowledge.

Table 1: University Publications in Scopus-Indexed Journals Corresponding to SDG 3 – Good Health and Well-Being Keywords

S. No	Name of Faculty/ Department	Title of paper	Name of the author/s	Name of journal	Link of particular paper
1	Faculty of Engineering and Technology	Air quality evaluation of Meerut city, Uttar Pradesh, India: A comparative analysis	Mukesh Ruhela, Rakesh Bhutiani, Rahul Kumar, Faheem Ahamad,	Environment Conservation Journal	https://journal.environcj.in/index.php/ecj/article/view/2882
2	Subharti Dental College	Osteomyelitis and Pathologic Fracture of Mandible in Undiagnosed Osteopetrosis	N.K. Sahoo, Titiksha Jain, Gaurav Pawar, Isha Maheshwari, Athira Balagopal	Journal of Craniofacial Surgery	https://journals.lww.com/jcraniofacialsurgery/abstract/2024/10000/osteomyelitis_and_pathologic_fracture_of_mandible.77.aspx
3	Department of Fashion and Textile Design	Ultraviolet protection of textiles with herbal dyes: A contemporary review	Arpana Kamboj	Sustainable Chemistry and Pharmacy	https://www.sciencedirect.com/science/article/abs/pii/S235255412400264X?via%3Dihub

4	Faculty of Engineering and Technology	Early and accurate prediction of diabetics based on FCBF feature selection and SMOTE	Amit Kishor	International Journal of System Assurance Engineering and Management	https://link.springer.com/article/10.1007/s13198-021-01174-z
5	Subharti Dental College	Oral and Maxillo-facial Fungal Infections in COVID-19 Patients - A Systematic Review	Preeti Sharma, Sangeeta Malik, Vijay Wadhwan,	Indian Journal of Dental Research	https://journals.lww.com/ijdr/fulltext/2024/35040/oral_and_maxillo_facial_fungal_infections_in.21.aspx
6	Subharti Medical College	Cfr Gene-based Detection of Linezolid-Resistant Staphylococcus Aureus in a Tertiary Care Hospital in Western Uttar Pradesh, India	Sangita, Anita Pandey	Medical Journal of Dr D Y Patil Vidyapeeth	https://journals.lww.com/mjdy/fulltext/2024/10001/cfr_gene_based_detection_of_linezolid_resistant.16.aspx
7	Faculty of Pharmacy	Development of Lipid Polymer Hybrid Nanoparticles of Abietic Acid: Optimization, In-Vitro and Preclinical Evaluation	Lubhan Singh	AAPS Pharmscitech	https://link.springer.com/article/10.1208/s12249-024-02860-4
8	Subharti Dental College	Assessment of the Impact of HPV Infection on the Incidence and Prognosis of Oral Cancers	Nagaraju Kamarthi	Journal of Pharmacy and Bioallied Sciences	https://journals.lww.com/jpbs/fulltext/2024/16003/assessment_of_the_impact_of_hpv_infection_on_the.266.aspx
9	Faculty of Pharmacy	Targeting the Wnt/β-catenin cascade in osteosarcoma: The potential of ncRNAs as biomarkers and therapeutics	Sokindra Kumar	Pathology Research and Practice	https://www.sciencedirect.com/science/article/abs/pii/S0344033824002577?via%3Dihub
10	Faculty of Pharmacy	Advances in Alzheimer's disease: A multifaceted review of potential therapies and diagnostic techniques for early detection	Monika Sharma	Neurochemistry International	https://www.sciencedirect.com/science/article/pii/S0197018624000883?via%3Dihub
11	Subharti Medical College	A systematic review and meta-analysis of diagnostic performance of fluorescein-guided sentinel lymph node biopsy in early breast cancer	Anurag Srivastava	Breast Cancer Research and Treatment	https://link.springer.com/article/10.1007/s10549-024-07310-0
12	Faculty of Engineering and Technology	Water quality assessment of Lakhota Lake, Jamnagar, Gujarat, India, with special reference to the water quality index (WQI)	Mukesh Ruhela	Environment Conservation Journal	https://journal.environcj.in/index.php/ecj/article/view/2778

13	Subharti Dental College	Clear cell oral squamous cell carcinoma as a diagnostic conundrum: report of 2 rare cases	Kush Sharma, Anindita Chauhan, Preeti Sharma, Vijay Wadhwan	Oral Surgery Oral Medicine Oral Pathology and Oral Radiology	https://www.oooojournal.net/article/S2212-4403(23)01544-4/fulltext
14	Subharti Dental College	Pathophysiology of oral lesions subsequent to SARS-CoV-2 vaccination: A systematic review	Preeti Sharma, Sangeeta Malik, Vijay Wadhwan, Rishabh Sharma,	Journal of Oral and Maxillofacial Pathology	https://journals.lww.com/jpat/fulltext/2024/28030/pathophysiology_of_oral_lesions_subsequent_to.17.aspx
15	Subharti Dental College	A Quantitative Assessment of Apoptotic Index with Varying Histological Degree of Dysplasia and Squamous Cell Carcinoma of Oral Cavity - A Light Microscopic Study	Chitrapriya Saxena, Vijay Wadhwan, Vijay Kumar, Aparna Singh, Siddharth Anand	Indian Journal of Dental Research	https://journals.lww.com/ijdr/fulltext/2024/35020/a_quantitative_assessment_of_apoptotic_index_with.17.aspx
16	Subharti Medical College	Clinical, epidemiological, and outcome profile of patients during all the three waves of coronavirus disease 2019 pandemic: A retrospective hospital-based study from North India	Surabhi Shukla, Peetam Singh	JMS Journal of Medical Society	https://journals.lww.com/jmso/fulltext/2024/38010/clinical,_epidemiological,_and_outcome_profile_of.8.aspx
17	Faculty of Pharmacy	COVID-19 Variants and Treatment approaches with Bio-active Compounds of Gmelina arborea: Research work based on Docking Studies	Rupesh Kumar Pandey, Manish Kumar Pathak, Lubhan Singh	Research Journal of Pharmacy and Technology	https://rjptonline.org/AbstractView.aspx?PID=2024-17-6-18
18	Subharti Dental College	Malignant Melanoma of the Oral Cavity: An Aggressive and Rare Entity	Preeti Sharma, Vijay Wadhwan, Sonam Tyagi, Rishabh Sharma	Indian Journal of Otolaryngology and Head and Neck Surgery	https://link.springer.com/article/10.1007/s12070-024-04899-y
19	Dept. of Home Science	Analysis of essential hematological parameters and nutrient levels of dengue patients aiming for quick recovery and sustainable immunity	Virender Pal Kaur	Ip International Journal of Medical Microbiology and Tropical Diseases	https://ijmmtd.org/archive/volume/10/issue/1/article/8856#article

20	Faculty of Pharmacy	Traditional Herbal Medications Utilized in the Indian Medical System for the Management of Diabetes: An Updated Review and Clinical Implications	Kunal Arora,	Current Diabetes Reviews	https://www.eurekaselect.com/article/137716
21	Faculty of Pharmacy	Pharmacological Strategies for Enzyme Inhibition in Disease Therapeutics: A Comprehensive Review	Garima Verma	Current Enzyme Inhibition	https://www.eurekaselect.com/article/136744
22	Faculty of Engineering and Technology	Development of an Artificial Neural Network-Based Image Retrieval System for Lung Disease Classification and Identification	Himanshu Agarwal	Engineering Proceedings	https://www.mdpi.com/2673-4591/62/1/2
23	Faculty of Pharmacy	A Comprehensive Review on Molecular Mechanism Involved in Arsenic Trioxide Mediated Cerebral Neurodegenerative and Infectious Diseases	Vaishali Negi, Prabhat Singh, Lubhan Singh, Rupesh Kumar Pandey, Sokindra Kumar	Infectious Disorders Drug Targets	https://www.eurekaselect.com/article/136112
24	Subharti Medical College	Mutational analysis in drug resistant Mycobacterium tuberculosis in Western Uttar Pradesh	Mamta Mishra, Anita Pandey, Priyanka Chaturvedi, Eema Chaudhary, Arjun Singh Bisht	Indian Journal of Tuberculosis,	https://www.sciencedirect.com/science/article/abs/pii/S0019570724000258?via%3Dihub
25	Faculty of Pharmacy	Recent Development and Advancement in Quantum Dots in Pharmaceutical and Biomedical Fields for the Delivery of Drugs	Smita Singh	Current Nanoscience	https://www.eurekaselect.com/article/131858
26	Faculty of Science	Advancement in the synthesis of metal complexes with special emphasis on Schiff base ligands and their important biological aspects	Preeti Singh	Results in Chemistry	https://www.sciencedirect.com/science/article/pii/S2211715623004617?via%3Dihub
27	Faculty of Pharmacy	Phosphodiesterase Inhibitors: A Therapeutic Approach for Arsenic-Induced Neurotoxicity	Sokindra Kumar	Drug Metabolism and Bioanalysis Letters	https://www.eurekaselect.com/article/146198

3.1.2 Clinical Citations :

This metric measures the percentage of the University's research publications pertaining to SDG 3 that are referenced in clinical recommendations. These citations demonstrate how research has a real-world impact on medical practice and policy. In line with SDG 3: Good Health and Well-Being, Subharti University's work is included in clinical references, highlighting its support of evidence-based medicine and its influence on enhancing patient care and health outcomes.

3.1.3 Good Health and Well-being: publications:

The University's impactful and superior research displays a strong commitment to SDG 3: Good Health and Well-Being. The University's publications (3.1.3) cover a wide range of topics, including illness prevention, wellness promotion, and healthcare issues. The practical implementation of research in forming evidence-based medical practices is indicated by citations in clinical guidelines (3.1.2), while high paper views and downloads (3.1.1) show worldwide participation and visibility. When taken as a whole, these metrics demonstrate the University's scholarly distinction, scholarly significance, and quantifiable role in promoting sustainable health and well-being both domestically and internationally.

3.2 Number graduating in health professions:

3.2.1 Proportion of Graduates in Health Professions in the Academic Year 2024:

In the year 2024, **Swami Vivekanand Subharti University** recorded a total of **1,983 graduates** across various disciplines. Out of these, **814 graduates** belonged to health-related professional programmes, including Medicine, Dental Sciences, Nursing, Physiotherapy & Allied Health Sciences, AYUSH, and Pharmacy. This represents **41.05 % of the total graduating batch,** reflecting the University’s strong emphasis on health sciences and its sustained contribution to developing skilled healthcare professionals.

By ensuring that more than one-third of its graduates are trained in health-related fields, the University directly supports the advancement of **Sustainable Development Goal 3 (Good Health and Well-being)**.

These graduates play a vital role in strengthening healthcare delivery systems, community health initiatives, and wellness promotion, thereby contributing to both local and global health priorities.

Table-2: Graduates in Health Professions

Number of Graduates	Number of Graduates in Health Profession	Proportion of Graduates in Health Professions
1983	814	41.05%

3.3. Collaborations and Health Services

3.3.1 Current Collaborations with Health Institutions:

To support high-quality instruction, research, innovation, and industry integration, the University has forged a number of partnerships with reputable domestic and foreign organizations. In order to give faculties and students enhanced academic exposure, internship opportunities, international connections, and cooperative research platforms.

National MOUs aligned with Good Health & Well Being:

In a variety of fields, including medicine, pharmacy, engineering, fine arts, management, hotel management, education, skill development, research, and cultural studies, the university has signed 76 national memorandums of understanding.

The following are some of the main partnerships:

A) **Medical & Health Sciences:** Dr. Bhatia Medical Coaching Institute (Delhi), Transworld Educare Pvt. Ltd. (Pune), Somaya Research and Health Services (Haridwar), and Assam Down Town University (Assam) for academic and clinical enrichment.

B) **Pharmacy & Research:** *Dabur Research Foundation*, *Institute for Industrial Research & Toxicology (Ghaziabad)*, *Biotenic Pharma Pvt. Ltd.*, and *NAR-Briton Health Care Pharmaceuticals Pvt. Ltd.* for research and pharmaceutical innovation.

C) **Engineering & Technology:** *Tata Consultancy Services iON Industry*, *Softpro India Computer Technologies Pvt. Ltd.*, *CETPA Infotech Pvt. Ltd.*, *IDST (New Delhi)*, and *Naukri Campus (Info Edge India Ltd.)* for skill development, research, and placement.

D) **Fine Arts & Design:** *JD Institute of Fashion Technology*, *LISSA School of Design*, *Orane International Pvt. Ltd.*, *Leher School of Design*, and *Framebox 2.0* for creative learning and design innovation.

E) **Hotel Management & Tourism:** Partnerships with *Holiday Inn (New Delhi)*, *Radisson City Center (Jaipur)*, *Resort Rio (Goa)*, *The Lodhi (New Delhi)*, and *The MARS Resorts (Meerut)* for industry training and internships.

F) **Education, Skill & Cultural Development:** Collaborations with *Samagra Shiksha (UP Govt.)*, *Mahatma Gandhi National Council of Rural Education (MHRD, GOI)*, *Ramakrishna Mission (Delhi)*, and *MSME Technology Development Centre (TDC)* to promote inclusive education and value-based learning.

G) **Publishing & E-Learning:** *Lakshmi Publications*, *Vidya Prakashan Mandir Pvt. Ltd.*, *Pragati Prakashan*, and *Reyansh Authortopic Pvt. Ltd.* for academic content digitization and online resource development.

H) **Industry-Academia Linkages:** *PlusX Electric Pvt. Ltd.*, *BluBear Technology Pvt. Ltd.*, *Prabhu Drone Research & Development*, and *Clines Research* for technology transfer and innovation.

I) **Government & Social Development:** MoUs with *Samagra Shiksha (UP Govt.)*, *Mahatma Gandhi National Council of Rural Education (MHRD, GOI)*, and *MSME Technology Development Centre* to promote rural education, entrepreneurship, and vocational training.

Table: 3 National MOUs aligned with Good Health & Well Being signed in the Year 2024:

S. No.	Date of MoUs signed	Name of the Department	Name of the collaboration health institutions	MOU's Weblink
1	01-07-2012	Dept. of Journalism & Mass Communication	Subharti Media Ltd.	https://subharti.org/documents/mou/National/MOU-Subharti%20Media%20Ltd.%20(f).pdf
2	10-07-2024	Faculty of Arts & Social Science-Department of Library & Information Science	INFLIBNET Centre, UGC, Gandhinagar	https://subharti.org/documents/mou/National/2.%20MOU%20with%20Inflibnet.pdf
3	21-09-2018	Faculty of Medicine	Transworld Educare Pvt. Ltd. Pune on behalf of Davao Medical School Foundation, Davao Phillippines	https://subharti.org/documents/mou/National/Transworld%20Educare%20Pvt.%20Ltd..pdf
4	04-02-2019	Subharti College of Hotel Mgt.	Holiday INN, New Delhi	https://subharti.org/documents/mou/National/holiday%20villa%20(f).pdf
5	27-05-2019	Subharti College of Hotel Mgt.	Park Plaza, Udaipur	https://subharti.org/documents/mou/National/Park%20plaza%20(f).pdf
6	30-12-2019	Faculty of Engineering and Technology	Tata Consultancy Service on Industry	https://subharti.org/documents/mou/National/MOU-%20TCS%20iOn%20Industry%20Honor%20Program%20(f).pdf
7	19-08-2020	Faculty of Fine Arts	Advanced Educare Training Private Limited (AET)	https://subharti.org/documents/mou/National/Astitva%20Education%20Trust%20(Interior%20Design-2)%20(f).pdf
8	01-08-2020	Faculty of Fine Arts	Astitva Education Trust, New Delhi (IVS) BFA	https://subharti.org/documents/mou/National/Astitva%20Education%20Trust%20(Interior%20Design-1)%20(f).pdf
9	27-10-2020	Alumni	Coherendz India Private Limited	https://subharti.org/documents/mou/National/Agreement%20Coherendz%20(Alumni).pdf
10	04-02-2020	Subharti College of Hotel Mgt.	Crown Plaza, New Delhi	https://subharti.org/documents/mou/National/Crown%20Plaza%20(f).pdf
11	17-07-2020	Faculty of Pharmacy	Dabur Research Foundation	https://subharti.org/documents/mou/National/MOU-Dabur%20Research%20Foundation%20(f).pdf
12	10-07-2020	Subharti College of Hotel Mgt.	Holiday Villa, Malaysia	https://subharti.org/documents/mou/National/Holidayinn%20(f).pdf

13	07-03-2020	Open for all	Mahatama Gandhi National Council of Rural Education, Department of Higher Education. MHRD, GOI	https://subharti.org/documents/mou/National/MOU-Rural%20Management%20Program.pdf
14	01-08-2020	Faculty of Fine Arts	Ogaan Fashon Institute, Moradabad	https://subharti.org/documents/mou/National/MOU-Ogaan%20Fashion%20(f).pdf
15	03-02-2020	Subharti College of Hotel Mgt.	Radission City Center, Jaipur	https://subharti.org/documents/mou/National/radisson%20jaipur%20(f).pdf
16	10-07-2020	Subharti College of Hotel Mgt.	Resort Rio Goa	https://subharti.org/documents/mou/National/resort%20rio%20(f).pdf
17	26-10-2020	Faculty of Medicine	Visible Body Pvt. Ltd.	https://subharti.org/documents/mou/National/Visible%20Body%20Pvt.%20Ltd.%20(f).pdf
18	06-01-2020	Subharti College of Hotel Mgt.	The Lodhi, New Delhi	https://subharti.org/documents/mou/National/The%20Lodhi%20(f).pdf
19	08-11-2021	Faculty of Medicine, Faculty of Dental Sciences, Faculty of Nursing	Dr. Bhatia Medical Coaching Institute Pvt. Ltd., Delhi	https://subharti.org/documents/mou/National/MOU-Dr.%20Bhatia%20Medical%20Coaching%20Institute%20Pvt.%20Ltd.%20(21.10.2021).pdf
20	21-01-2021	School of Buddhist Studies	International Buddhist confederation, New Delhi	https://subharti.org/documents/mou/National/MOU-International%20Buddhist%20confederation%20(f).pdf
21	02-08-2021	Faculty of Fine Arts	LISSA School of Design	https://subharti.org/documents/mou/National/MOU%20LISAA.pdf
22	09-07-2021	Open for all	MSME Technology Developmen Centre (TDC)	https://subharti.org/documents/mou/National/MOU%20for%20MSME-TDC.pdf
23	27/02/2021	Open for all	Research or Resurgence Foundation Nagpur	https://subharti.org/documents/mou/National/MOU-Research%20for%20Resurgence%20Foundation,%20Nagpur.pdf
24	01-09-2021	Subharti College of Hotel Mgt.	Shri Krishna Education Trust	https://subharti.org/documents/mou/National/Shri%20Krishna%20Education%20Trust%2008.06.2023.pdf
25	22/05/2022	Faculty of Medicine	Assam Down Town University, Assam	https://subharti.org/documents/mou/National/MOU-Assam%20Down%20Town%20University%20(AdtU)%20(f).pdf
26	15-07-2022	Open for all	EBEK Language Laboratories Private Limited ((Pharmacy- 5 years, Education-3 Years, SITE-3 Years, SNC-5 Years, Physiotherapy-5 Years))	https://subharti.org/documents/mou/National/EBEK-Education%20(f).pdf

27	07-07-2022	Banking and financial	Gajju Technologies Private Limited, Mumbai	https://subharti.org/documents/mou/National/Gajju%20Technologies%20Private%20Limited%20(f).pdf
28	21-05-2022	Faculty of Engineering and Technology	Institute of Defence Scientists and Technologists (IDST), New Delhi	https://subharti.org/documents/mou/National/Institute%20of%20Defence%20Scientists%20and%20Technologists%20(IDST),%20New%20Delhi%20(F).pdf
29	01-04-2022	Faculty of Fine Arts	J.D. Institute of Fashion Technology	https://subharti.org/documents/mou/National/MOU-JD%20Institute%20of%20Fashion%20Technology%2026042022.pdf
30	09-03-2022	Faculty of Education	Lakshmibai National Institute of Physical Education, Gwalior	https://subharti.org/documents/mou/National/Lakshmibai%20National%20Institute%20of%20Physical%20Education,%20Gwalior%20(LNIPE)%20f.pdf
31	01-08-2022	Faculty of Fine Arts	Orane International Pvt. Ltd. Chandigarh	https://subharti.org/documents/mou/National/MOU-Orane%20International%20Pvt.%20Ltd.%20Chandigarh.pdf
32	05-12-2022	Training & Placement	Prabhu Drone Research & Development Aharada Education, Meerut	https://subharti.org/documents/mou/National/Prabhu%20Drone%20Research%20&%20Development%20Aharada%20Education%20(f).pdf
33	14-10-2022	Training & Development	SETU, New Delhi	https://subharti.org/documents/mou/National/MOU-SETU%20(F).pdf
34	01-01-2022	Bio-Medical Waste	Synergy Waste Management, New Delhi	https://subharti.org/documents/mou/National/MOU-Synergy%20(f).pdf
35	27-04-2022	Faculty of Fine Arts	The Design Institute of India (TDII), New Delhi	https://subharti.org/documents/mou/National/MOU-The%20Design%20Institute%20of%20India%20(TDI)%20(f).pdf
36	25-03-2022	Faculty of Management and Commerce	Times Edutech and Events Limited	https://subharti.org/documents/mou/National/MOU-Times%20Edutech%20and%20events%20limited%20(f).pdf
37	04-10-2022	Research Cell	Usha Martin University, Jharkhand	https://subharti.org/documents/mou/National/MOU%20between%20UMU%20and%20SVSU%20for%20Academic%20&%20Research%20Collaboration.pdf
38	05-12-2023	School of Buddhist Studies	Antarrashtriya Baudh Shodh Sansthan, Lucknow	https://subharti.org/documents/mou/National/MOU-%20Antarrashtriya%20Baudh%20Shodh%20Sansthan.pdf
39	10-10-2023	Training & Research	Center for Public Health Kinetics (CPHK), New Delhi	https://subharti.org/documents/mou/National/MOU-CPHK,%20New%20Delhi%20(Center%20for%20Public%20Health%20Kinetics).pdf

40	03-11-2023	Admission Cell	Edudite Consultancy Pvt. Ltd., NOIDA	https://subharti.org/documents/mou/National/Edudite%20Consultancy-reg..pdf
41	23-02-2023	Training and Placement Cell	Employment Express Verband LLP, Mumbai	https://subharti.org/documents/mou/National/MOU-Employment%20Express%20Verband%20LLP%20(f).pdf
42	24-04-2023	Internships for all	HR Success Talk Pvt. Ltd., Faridabad, Haryana	https://subharti.org/documents/mou/National/MOU-%20HR%20Success%20Talk%20Private%20Ltd..pdf
43	21-03-2023	Open for all.	Lakshmi Publication Pvt. Ltd., New Delhi	https://subharti.org/documents/mou/National/MOU-Lakshmi%20Publication%20Pvt.%20Ltd.,%20New%20Delhi.pdf
44	11-01-2023	Admission, Marketing	Medhaj-A Research and Education Private Ltd., New Delhi	https://subharti.org/documents/mou/National/MOU%20with%20Medhaj-IKS%20-%20signed.pdf
45	15-06-2023	Collaborative Research Projects	MIET, Meerut	https://subharti.org/documents/mou/National/MOU-MIET.pdf
46	15-02-2023	Open for all	Panacea College of Fashion Design, Amroha	https://subharti.org/documents/mou/National/MOU-Panacea%20College%20of%20Fashion%20Design.pdf
47	21-03-2023	Open for all	Pragati Prakashan, Meerut	https://subharti.org/documents/mou/National/MOU-Pragati%20Prakashan-DDE.pdf
48	24-03-2023	Open for all	Reyansh Authortopic Pvt. Ltd, New Delhi	https://subharti.org/documents/mou/National/MOU-Reyansh%20Authortopic%20Pvt.%20Ltd.%20(DDE).pdf
49	05-10-2023	Open for all	The Complete Cyber Security, Meerut	https://subharti.org/documents/mou/National/MOU-The%20complete%20cyber%20security%20course.pdf
50	08-05-2024	Training & Development	CETPA Infotech Pvt. Ltd., NOIDA	https://subharti.org/documents/mou/National/MOU-%20CETPA%20Infotech%20Pvt.%20Ltd..pdf
51	07-05-2024	Open for all	Five Lotus Indo-German Nature Cure Centre Raipur, Chhattisgarh	https://subharti.org/documents/mou/National/MOU-Five%20Lotus%20Indo-German%20Nature%20Cure%20Centre%20Raipur,%20Chhattisgarh-reg..pdf
52	09-02-2024	Open for all	FreHindi Education Pvt. Ltd., New Delhi	https://subharti.org/documents/mou/National/MOU-Frehindi%20Education%20Pvt.%20Ltd.%20(French).pdf
53	16-05-2024	Open for all	Indo Korea Business Culture Center (IKBCC), Haryana	https://subharti.org/documents/mou/National/MOU-Indo%20Korea%20Business%20Culture%20Center%20(IKBCC).pdf

54	05-07-2024	Open for all	NPrep Edtech Private Limited, Chhatisgarh	https://subharti.org/documents/mou/National/MOU-NPrep%20Edtech%20Private%20Limited.pdf
55	04-07-2024	Open for all	Ramakrishna Mission, Delhi	https://subharti.org/documents/mou/National/MOU-Ramakrishna%20Mission%20Delhi-reg..pdf
56	11-03-2024	Open for all	Shaheed Mangal Pandey Government Girls, PG College, Madhavpuram, Meerut	https://subharti.org/documents/mou/National/MOU-Shaheed%20Mangal%20Pandey%20Government%20Girls%20(PG)%20College.pdf
57	15-01-2024	Faculty of Medicine	Somaya Research and Health Services (LLP-SRHS), Haridwar	https://subharti.org/documents/mou/National/MOU-Somaya%20Research%20and%20Health%20Services%20(LLP-SRHS).pdf
58	15-10-2024	Faculty of Pharmacy	NAR-Briton Health Care Pharmaceuiticals Pvt. Ltd., New Delhi	https://subharti.org/documents/mou/National/Nar-Briton%20Health%20Care%20Pharmaceuticals-reg..pdf
59	26-10-2024	Faculty of Pharmacy	Institute for Industrial Research & Toxicology, Ghaziabad	https://subharti.org/documents/mou/National/Institute%20for%20Industrial%20Research%20&%20Toxicology,%20Ghaziabad.pdf
60	10-12-2024	Faculty of Pharmacy	Biotenic Pharma Pvt. Ltd., Greater Noida (UP)	https://subharti.org/documents/mou/National/MOU-Biotenic%20Pharma%20Pvt.%20Ltd..pdf
61	07-02-2025	Subharti College of Hotel Management	The MARS Resorts, Subhartipuram, SVSU, Meerut	https://subharti.org/documents/mou/National/MOU-The%20Mars%20Resorts-reg..pdf
62	24-03-2025	Faculty of Fine Arts	Leher School of Design (PJVS Edu Ventures India, Pvt. Ltd.), New Delhi	https://subharti.org/documents/mou/National/MOU-Leher%20School%20of%20Design,%20New%20Delhi.pdf
63	22-05-2025	Open for all	PlusX Electric Private Limited, Gurugram, Haryana	https://subharti.org/documents/mou/National/63.%20PlusX%20Electric%20Private%20Ltd.%20India.pdf
64	23-02-2024	Distance Education	Vidya Prakashn Mindir Pvt. Ltd.	https://subharti.org/documents/mou/National/64.%20Vidya%20Prakashan%20Mandir.pdf
65	27-09-2019	Placement Cell	Schoolguru Eduserve Pvt.Ltd., Mumbai	https://subharti.org/documents/mou/National/65.%20Schoolguru%20Eduserve%20Private%20Ltd..pdf
66	20-02-2024	Faculty of Education	Samagra Shiksha, UP Govt.	https://subharti.org/documents/mou/National/66.%20Samagra%20Siksha%20UP.pdf
67	07-03-2020	Open for all	Rural Management Program, Basheerbagh, Hyderabad	https://subharti.org/documents/mou/National/67.%20Rural%20Management%20Program%20Hyderabad.pdf

68	01-08-2021	Faculty of Fine Arts	M/S Edu Brain Foundation	https://subharti.org/documents/mou/National/68.%20Edu%20Brain%20Academy%20New%20Delhi.pdf
69	08-12-2014	Branch Manager	Oriental Bank of Commerce	https://subharti.org/documents/mou/National/69.%20Oriental%20Bank%20of%20Commerce.pdf
70	01-08-2022	Faculty of Fine Arts	Frame Boxx 2.0	https://subharti.org/documents/mou/National/70.%20Frameboxx%202.0.pdf
71	10-02-2021	Open for all	Digdarshak Infotech Pvt. Ltd	https://subharti.org/documents/mou/National/71.%20Digdarshak%20Infotech%20Pvt.%20Ltd.%20Meerut.pdf
72	13-07-2021	Open for all	Collegedunia Web Pvt. Ltd. Delhi	https://subharti.org/documents/mou/National/72.%20Collegeduniya%20Web%20Pvt.%20Ltd..pdf
73	07-08-2023	Research & Development Cell	Clins Research	https://subharti.org/documents/mou/National/73.%20Clins%20Research.pdf
74	06-06-2025	Skill Development, R&D Services	Softpro India Computer Technologies Pvt. Ltd., Lucknow	https://subharti.org/documents/mou/National/MOU-Softpro%20India%20Computer%20Technologies%20Pvt.%20Ltd.%20Lucknow-reg..pdf
75	10-06-2025	Placement Cell	Naukri Campus (Info Edge India Ltd), Delhi	https://subharti.org/documents/mou/National/75.%20MOU-Naukri%20Campus-reg..pdf
76	16-07-2025	Open for all	BluBear Technology Private Limited, Delhi	https://subharti.org/documents/mou/National/76.%20Blue%20Bear%20Technology.pdf

University's International Collaborations in Support of SDG 3:

To improve academic, research, and cultural involvement, the institution actively encourages international collaboration in line with Sustainable Development Goal 3: Good Health and Well-Being. The university has signed 22 international memorandums of understanding with globally recognized institutions and organizations to promote staff-student engagement, collaborative research, academic networking, and cultural exchange programs.

Key partnerships include:

Asia:

1. *Teaching University Geomedi LLC (Georgia)* and *Davao Medical School Foundation (Philippines)* for Medical Education.

2. *Daegu Hanny University* and *SEOUL Korean Medicine Association (South Korea)* for joint research and academic collaboration.

3. *HO CHI MINH University of Economics and Finance (Vietnam)*, *Tien Giang University (Vietnam)*, and *National Changhua University of Education (Taiwan)* for exchange programs.

4. *LSi Business School (Cambodia)* for faculty development.

Europe:

1. *Nante University (France)* and *National Research University – Higher School of Economics (Russia)* for international cooperation and research.

2. *Tashkent Institute of Textile and Light Industry (Uzbekistan)* and *Institute of Genetics and Plant Experimental Biology (Uzbekistan)* for textile and biotechnology research.

Australia & New Zealand:

1. Dhammachai International Research Institute and *Global Consulting Services (Australia)* for Buddhist studies and institutional rankings.

United States & Africa:

1. Coursera*(USA)* for online global learning integration.

2. *Global Link Africa (Nigeria)* for international student exchange and collaboration.

Table: 4 University's International Collaborations in Support of SDG 3 signed in the Year 2024:

S. No.	Date of MoUs signed	Name of the collaboration health institutions	Name of the Department	MoU's weblink
1	30-05-2016	Dhammachai International Research Institute, Australia New Zealand	Open for all	https://subharti.org/documents/mou/International/Dhammachai%20International%20Research%20Institute%20(f).pdf
2	10-03-2018	Dong Bang Buddhist University, South Korea	Education & Research	https://subharti.org/documents/mou/International/Dong%20Bang%20Buddhist%20University,%20South%20Korea%20(f).pdf
3	26-07-2021	Synergy University, Moscow, Russia	Management and Hotel Management	https://subharti.org/documents/mou/International/Synergy%20University,%20Moscow,%20Russia%20(f).pdf
4	23-08-2021	Teaching University Geomedi LLC Georgia	Faculty of Medicine	https://subharti.org/documents/mou/International/MoU_s%20Between%20Teaching%20University%20Geomedi%20LLC%20And%20SVSU%20Meerut.pdf
5	08-10-2022	Daegu Hanny University, South Korea	Open for all	https://subharti.org/documents/mou/International/MOU-Daegu%20Haany%20University-South%20Korea%20(F).pdf
6	23-05-2022	Gyeongsangbuk-do Korean Medicine Association, South Korea	School of Buddhist Studies	https://subharti.org/documents/mou/International/MOU-Gyeongsangbuk-do%20Korean%20Medicine%20Association,%20South%20Korea.pdf
7	20-07-2022	Nante University, France	Open for all	https://subharti.org/documents/mou/International/MOU-%20Nantes-France.pdf

8	16-03-2022	National Changhua University of Education, Taiwan	Open for all	https://subharti.org/documents/mou/International/MOU-National%20Research%20University%20Higher%20School%20of%20Economics,%20Russia%20(f).pdf
9	19-11-2022	National Research University, Higher School of Economics, Russia	Open for all	https://subharti.org/documents/mou/International/MOU-National%20Research%20University%20Higher%20School%20of%20Economics,%20Russia%20(f).pdf
10	08-06-2022	NECI Uzbekistan Study Abroad	IS&GR Cell	https://subharti.org/documents/mou/International/NECI%20Uzbekiston%20Study%20Abroad%20(f).pdf
11	09-12-2022	Tashkent Institute of Textile and Light Industry, Uzbekistan	Research Cell	https://subharti.org/documents/mou/International/MOU-Tashkent%20Institute%20of%20Textile%20and%20Light%20Industry-Uzbekistan.pdf
12	23-05-2022	Yeongdeok Culture and Tourism Foundation, South Korea	Faculty of Ayush	https://subharti.org/documents/mou/International/MOU-%20Yeongdeok%20Culture%20and%20Tourism%20Foundation-South%20Korea.pdf
13	30-11-2023	Coursera Partnership, United States	Open for all	https://subharti.org/documents/mou/International/13.%20Coursera%20partnership.pdf
14	16-11-2023	Global Consulting Services, Australia	Open for all	https://subharti.org/documents/mou/International/Subharti%20-%20Global%20Consulting%20Services.pdf
15	20-05-2023	Institute of Genetics and Plant Experimental Biology (Uzbekistan)	Open for all	https://subharti.org/documents/mou/International/MOU-Institute%20of%20Genetics%20and%20Plant%20Experimental%20Biology%20(Uzbekistan)-F.pdf
16	24-05-2023	SEOUL Korean Medicine Association, South Korea	Faculty of Ayush	https://subharti.org/documents/mou/International/MOU-SEOUL%20Korean%20Medicine%20Association.pdf
17	24-04-2024	HO CHI MINH University of Economic and Finance, Vietnam	Students, Faculty Exchange	https://subharti.org/documents/mou/International/MOU-HO%20CHI%20MINH%20University%20of%20Banking%20Vietanam.pdf
18	02-04-2024	LSi Business School, Phnom Penh, Cambodia	Faculty exchange	https://subharti.org/documents/mou/International/MOU-LSi%20Business%20School,%20Phnom%20Penh,%20Cambodia.pdf
19	24-04-2024	Tien Giang University, The Socialist Republic of Vietanam	Open for all	https://subharti.org/documents/mou/International/MOU-%20Tien%20Giang%20University,%20The%20Socialist%20Repblic%20of%20Vietanam.pdf

20	31-01-2024	University of Social Sciences and Humanities-Vietnam	IS&GR Cell	https://subharti.org/documents/mou/International/MOU-%20University%20of%20Social%20Sciences%20and%20Humanities,%20Vietnam.pdf
21	22-08-2018	Maitreya Culture and Education Foundation Ltd., Hong Kong	Library Sciences	https://subharti.org/documents/mou/International/21.%20Maitreya%20Culture%20and%20Education%20Foundation%20Ltd.%20Hongkong.pdf
22	17-10-2023	Global Link Africa, Abuja, Nigeria	IS&GR Cell	https://subharti.org/documents/mou/International/Subharti%20-%20Global%20Consulting%20Services.pdf

Swami Vivekanand Subharti University's Innovation Initiatives in alignment with SDG 3: Good Health and Well-being.

The university is actively participating in cooperative efforts and creative research projects that support health, wellness, and capacity-building both inside and outside of the academic community, Subharti University has shown a strong commitment to Sustainable Development Goal 3 (SDG 3: Good Health and Well-Being).

The university is actively in line with SDG 3, striving to guarantee healthy lives and advance well-being for everyone at all ages, by strengthening educational links and emphasizing health-focused research and innovation. Its continuous efforts establish it as a significant contributor to sustainable development and the advancement of global health.

Several patents and innovations from Swami Vivekanand Subharti University highlight its pivotal contribution to healthcare advancement are as followed:

Table: 5 List of University's copywrite and patent in alignment with SDG 3: Good Health and Well-being is as below:

S. No.	Name of the Innovator /Designer	Patent Number	Title of the patent	Date of Award
1	Dr.Munish Reddy	201811022223	A portable compact x-ray box for measuring finger bone anatomy of human	11/01/2024
2	Dr. Nitin chauhan, Dr Krishna Murty	202011022855	Respiratory face mask for healthcare professionals	21-02-2024
3	Dr. Ashwani Kumar, Dr. Anju Rani, Dr. Permod Kumar, Dr. Adesh Kumar	202311057960 A	A novel method for the removal of basic fuchsin dye prepared from fungal biomass	29/09/2023
4	Urvashi Sharma, Virender Pal Kaur	202341049726 A	Herbal composition for the prevention and treatment of PCOD	02/09/2023
5	Mr. Saral Kumar	405327-001	Dissolution apparatus	21/01/2024

6	Dr. Anuj Yadav , Dr. Amit Kumar, Dr. Gambhir Singh	202411003236 A	Chemical and thermal changes during preparation of vermi compost from different agri waste using eisenia foetida	02/09/2024
7	Dr. Shalya Raj, Dr. Mukul Kumar, Dr. Anirudh Srivsatava	202311075123 A	Formulation for improved binding of a dye	24-11-23
8	Dr. Rubi	202311071173 A	A digital transformation using ICT and machine learning	24/11/2023
9	Dr. Vinita Mittal, Dr. Shreya Panwar, Shivani Gupta, Umang Verma, Upkar Tyagi, Sunil Dutt Sharma, Ashish Pant	202311053831 A	An IOT-enhanced automated chatbot for personalized financial services	08/09/2023
10	Dr.Sanjeev Kumar	202341048309 A	Controlling an autonomous vehicle arrangement using artificial intelligence	01/09/2023
11	Dr.Lubhan Singh, Dr.Rupesh Kumar Pandey	202341032341 A	A nanoparticle-based drug delivery system for targeted treatment of cancer	18/08/2023
12	Mr. Sandeep Kumar, Mr. Rahul Kumar	202311047316 A	Artificial intelligence based plastic waste management system	11/08/2023
13	Prof. (Dr.) Shalya Raj, Dr. Nisha Rana	202311049617 A	Aquarium with drainage system for reducing wasting of water	11/08/2023
14	Dr.Kunal Arora	202311046988 A	Controlled release of docetaxel nanoparticles for cancer therapy	04/08/2023
15	Dr. Manish Pathak	202311033411 A	A novel polyherbal film for the treatment of hypertension	28/07/2023
16	Mr. Abhishek Tiwari, Mr. Mayankeshwar Singh, Ms. Ritu Sharma, Dr Mukesh Ruhela	202311044924 A	Development of zero carbon emission geopolymer concrete in the labs	28/07/2023
17	Dr. Anupriya Srivastava	358329-001	Orthodontc Bracket Positioning Mouth Mirior	21/02/2024
18	Dr. Soundarya Singh, Dr. Mayur Kaushik, Dr. Mrinalini Agarwal	202311064653 A	BP Handle with Adjustable Illuminating System	13/10/2023
19	Dr. Vivek Rana, Dr. Nikhil Srivastava, Dr. Noopur Kaushik	L1-135574/2023	Subharti Pedo Giphy Pain Scale	07/11/2023
20	Dr. Akash Raj Sharma, Dr. Roma Goswami, Dr. Utkarsh Gupta, Dr. Shubham Metha, Dr. Deepak Nair, Dr. M Shalini, Dr. Anshul Trivedi, Dr. Yash Singh	202411031307 A	An Adaptive Dental Implant Stent	10/05/2024
21	Dr. Devansh Bhatnagar, Dr Achintya Sharma, Dr Sakshi Varshney, Dr. Shivam Gupta	202311049619 A	Multi-purpose Dental Wrist Band	11/08/2023
22	Dr. Vishwas MIshra	404211-001	Device for language Translation (Design Patent)	10/01/2024
23	Dr. Akash Raj Sharma, Dr Tushar Pruthi, Dr Varnit Jain	202311059809 A	Multipurpose Consultation Bag	06/10/2023

24	Dr Prajesh Dubey, Dr Preeti Mishra	202311073592 A	Bone Holding Cum Retractor	24/11/2023
25	Dr. Anupriya Srivastava, Dr. Sanchit Pradhan, Dr. Pradeep Raghav	399858-001	Self-locking orthodontic wire tucker	13/11/2023
26	S.Balamurugan, Dr. Arjun Singh Rai ,Dr. Harjot Kaur Mavi, Dr. Yashika Bali, Dr. Hitesh Gupta, Dr. Sonia Shitole, Dr. Bhagyashree Gurunath Kalsekar, Dr. Nishita Shivaji Bhosale, Dr. Komal, Dr. Rajinder Kumar Bansal, Dr. Jasmine Marwaha, Dr. Neetu Jindal, Dr. B. Hemasathya, Dr. Sriram S, Dr. Ohm Nijandhan. K, Dr. Sudhakar Venkatachalapathy, Dr. R. Sujith, Dr. Sowmiya. T, Rakesh Kumar	202441001494 A	Designing Inlays to Incorporate Pits and Fissures in Tooth Using Supervised Machine Learning	09/02/2024
27	Dr. Pooja Gupta	402887-001	Oil colour palette with dipper	22/12/2023
28	Dr Sweta Bhardwaj	396609-001	Device for electricity generation from waste water treatment	24/11/2023
29	Dr. Vishwas MIshra	396610-001	Device to diagnose brain activity problem	04/01/2024
30	Dr Mukul Kumar	390671-001	Supported chair with neck and waist	06/10/2023
31	Dr. (Prof.) Lubhan Singh Professor	390264-001	Artificial intelligence based non invasive hemoglobin and glucose measuring analyzer	29/09/2023
32	Er. Krishna Kumar Sharma, Dr. Krishnamurty, Dr. Ravish Kumar Srivastava, Er. Sachin Kumar	376284-001	Hot air unit	24/11/2023
33	Dr Vikrant Verma	390795-001	Blood pressure lowering device	05/01/2024
34	Dr Vikrant Verma	390792-001	Blood pressure lowering instrument	12/01/2024
35	Mr. Prashant Kumar, Mr. Deepak Singh Aswal	389094-001	Device to detect lung cancer	09/02/2024
36	Dr. Garima Verma	391461-001	Tablet hardness testing apparatus	03/05/2024
37	Tarmeen Ali	408185-001	Automatic Tablet Dispensing Machine	03/05/2024
38	Dr. Manish Kumar Pathak	411499-001	Advanced Sterilization Device for Medical and Pharmaceutical Apparatus	03/05/2024
39	Miss. Swasti Arora	412656-001	Smart and Portable Multichambered Device for Phytochemical Analysis	24/05/2024
40	Mr. Akash Kumar,Prof.dr. Pankaj kishor Mishra,Dr. Umesh Kumar	11067/2023-CO/L	Comparative study of hemocue with cyanme-themoglobin methods for	12/07/2023

			estimation of hemoglobin	

41	Mr.Sobit,Dr. Anshu Kumar Singh,Dr. Pankaj Kishore Mishra, Dr. Umesh kumar	11776/2023-CO/L	Standerd oprating Procedure (SOP) for MicrobiologyLaboratory	05/09/2023
42	Dr. Pankaj Kishore Mishra, Dr.Meenakshi Mishra,Dr. Umesh Kumar	11074/2023-CO/L	A review study about the effect of protein on energy and malnutrition on children under five year of age	14/09/2023
43	Dr. Anshu Kumar singh ,Dr. Pankaj Kishore Mishra, Dr. Umesh Kumar	12158/2023-CO/L	Efficacy of some Commonly Used antimicribial agents against Pathogenic Bacteria	15/09/2023
44	Dr. Pankaj Kishore Mishra, Dr.Meenakshi Mishra,Dr. Umesh Kumar	18255/2023-CO/L	Protein-Peptide Interaction of antimicrobial peptides isolated from immunized hemolymph of zygogramma Bicolorata	03/10/2023
45	Mr. Akash Kumar, Prof.Dr. Pankaj Kishor Mishra, Dr. Umesh Kumar	11076/2023-CO/L	In case of anemia with microcytic hypochromic blood picture ,to study the clinical implication s of RDW and its clinico Haematological Spectrum	29/11/2023
46	Mr. Shiv Kailash Yadav, Dr.umesh Kumar, Dr. Pankaj Kishore Mishra	27386/2023-CO/L	Role of Mri in Measurement of third ventricle diameter	08/12/2023
47	Ms. Akanksha singh, dr. Umesh Kumar , Dr. Pankaj Kishore Mishra	26845/2023-CO/L	Coparision of Pulmonary artery diameter in smokers and non smokers by multislice CT Scan	08/12/2023
48	Ms. Shmriti , Dr. Umesh Kumar, Dr. Pankaj Kishore Mishra	27392/2023-CO/L	Role of Mri in measurement of Forth ventricle diameter	12/12/2023
49	Ms. Akanksha singh, dr. Umesh Kumar , Dr. Pankaj Kishore Mishra	26849/2023-CO/L	Role of CT in Evaluation of Hepatomegaly	12/12/2023
50	Mr. Pushpendra Kumar, Dr. Umesh Kumar, Dr. Pankaj Kishor Mishra	26846/2023-CO/L	A study of awareness of radiation protection and radiation dose level of radiology procedures among radiationpersonnelin academic institute	11/12/2023
51	Mr. Ankit Kumar ,Mr. Pushpendra Kumar, Ms.Shmriti, Ms. Akanksha, Dr. Pankaj Kishore Mishra, Dr. Umesh Kumar	11648/2023-CO/L	Standard operating Procedure(SOP) for radioimaging technology laboratory	19/01/2024
52	Mr. Ankit Kumar , Dr. Pankaj Kishore Mishra ,Dr. Umesh Kumar	26853/2023-CO/L	Role of MRI in Measurement of Corpuscallosum	25/01/2024
53	Prof. (Dr.) Jasmine Anandabai, Dr. Shikha Singh, Dr. Gaurav Pratap Tyagi, Dr. Bhagyashree Panda	25631/2023-CO/L	Physiotherapy Rehabilitation Protocol For Multiple System Atrophy	08/02/2024
54	Prof. (Dr.) Jasmine Anandabai, Dr. Bhagyashree Panda	5187/2024-CO/L	Treatment Protocol for TMJ Dysfunction	04/04/2024
55	Prof. (Dr.) Jasmine Anandabai, Dr. Shikha Singh, Dr. Bhagyashree Panda	29651/2023-CO/L	Ergonomic Questionnaire For Young Non Office Workers	02/01/2024

56	Prof. (Dr.) Jasmine Anandabai, Dr. Shikha Singh, Dr. Gaurav Pratap Tyagi, Dr. Yukta Rastogi, Dr. Bhagyashree Panda	366/2024-CO/L	Rehabilitation protocol to improve balance and gait in traumatic brain injury patients	20/03/2024
57	Prof. (Dr.) Jasmine Anandabai, Dr. Shikha Singh, Dr. Bhagyashree Panda	29205/2023-CO/L	Plica syndrome treatment protocol for recreational athlete	13/03/2024
58	Dr. Yukta Rastogi, Dr. Bhagyashree Panda	762/2024-CO/L	Therapeutic rehabilitation of ataxia telangiectasia	27/02/2024
59	Dr. Bhagyashree Panda	25624/2023-CO/L	Exercise Protocol To Reduce Pain Of Plantar Fasciitis Patient	04/01/2024
60	Dr. Gunjan Sharma	21824/2022-CO/L	Concept: Improving the learning outcomes and decreasing the learning gap-CROSS TALK MODEL	30/08/2023
61	Dr. Vishwas MIshra	857/2024-CO/L	Unmanned aerial vehicle (UAV) assembly for monitoring agricultural waste by image processing system	13/02/2024
62	Prof. (Dr.) Jasmine Anandabai, Dr. Danish Nouman, Dr. Uzma Khan, Dr. Bhagyashree Panda	12033/2024-CO/L	Treatment protocol on post operative legg cave perthes disease in children (age group 5-14 year)	24/06/2024
63	Dr. Kritanjali Singh	L-147605/2024	Thalassemia patients: An overall analysis paradigm	08/05/2024
64	Dr. Shalya Raj, Dr Mukul Kumar	L-142044/2024	Organizational leadership: Challenges and coping mechanisms in hiring and recruiting	25/01/2024
65	Dr Vikrant Verma	390793-001	Combined infrared and U.V. visible spectrophotometer	16/02/2024
66	Dr. Anurag Rawat, Dr. Ganewsh Narayan Sharma, Dr. Lenkalapally Matsyagiri, Mr. Vinay Sagar Verma, Miss. Gitanjali Kashyap, Mr. Mohit Kumar Sahu, Dr. Bijander Kumar, Dr. Anu Sharma, Dr. Manjulika Tyagi, Dr. Shailesh Jain	6308141	Device to Monitor Lipid Profile and Blood Glucose	13/09/2023
67	Dr. Natarajan Kannan, Dr. puneet Ahuja, Dr. Stephen Arokia Raj, Dr. Balaji Manohar, Dr. Bhuvaneshwari, Dr. Neeraj Grover, Dr. Saloni Verma, Dr. Rakesh Kumar Mishra, Dr. Vijay Wadhwan	408443-001	Oral Health Monitoring Wearable device with saliva analysis	30/05/2024
68	Dr. Rakhi Kumari	L- 127574/2023	Definition of Glass Ceiling	03/07/2023
69	Dr. Bhuvnesh Sharma & Dr. Reeba Devi	2023110589A	Incense Product and Method of Preparation - For Body, Mind and Heart	06-10- 2023

70	Mrs Ambli V, Blessy Mathew, Ms. Lincy Abraham	202411031619	Assessing the impact of a nursing teacher's mental stress levels on teaching practices and student outcomes	10/05/2024
71	Mrs. Saroj Rani	202441037215	An integrated smart wearable device enhanced with artificial intelligence incorporating massage therapy, fetal heart monitoring, posture detection and sleep aid feature for enhanced maternal health and well-being during pregnancy.	10/05/2024
72	Mrs Khushboo Rani	410997-001	Stress responsive ambient lighting device	19/03/2024
73	Dr Lubhan Singh	6294371	Advanced Intranasal Drug Delivery Device	13/07/2023
74	Dr Lubhan Singh, Dr Ganesh P Mishra, Dr. Rupesh Kumar Pandey, Ms. Priyadarshini Soni, Ms Akansha Singh	396001-001	Artificial Intelligence Based Device for Finger Plethysmograph	13/11/2023
75	Dr Lubhan Singh	6326094	AI based Lung Cancer Testing	23/11/2023
76	Dr. Charu Saxena	6294265	Digital viscometer	07/12/2023
77	Dr. Charu Saxena	400596-001	Digital clot blood coagulometer with printing technology	20/02/2024
78	Dr Garima Verma	388821-001	A Novel Instrument of Reaction Progress tool with thermostatic heating mantle for laboratory purpose	09/12/2023
79	Ms. Sumita Singh	6303816	Non-invasive Device Used for Monitoring Blood Glucose Levels in Diabetic	25/08/2023
80	Ms. Sumita Singh	202341064161	Formulation development and characterization of nano-suspension containing Gingo biloba L. extract for the management of Alzheimer disease	25/09/2023
81	Dr. Kunal Arora	202312358	Laboratory Vacuum Evaporator	17/10/2023
82	Dr. Kunal Arora, Ms.Sumita Singh, Ms.Swasti Arora	L-151670/2024	Nanotechnology Containing Antifungal Agent for Topical Infections	7/23/2024
83	Dr. Neetu Yadav	425544-001	IOT - based device for food nutrition quantity cheking	01/08/2024
84	Dr. Vishwas Mishra	1213676	Wearable Device for health monitoring with predictive analytics capabilities.	05-Jun-24

Subharti University's Collaborative Project Funding for SDG 3: Good Health and Well-being:

The University has actively sought partnerships with domestic and foreign organizations to fund projects that directly support Sustainable Development Goal 3 (SDG 3: Good Health and Well-Being).

The Ministry of Health and Family Welfare (Government of India), the Indian Council of Medical Research (ICMR), and numerous private and international partners have all successfully provided funds for the university. These collaborations span a wide spectrum of medical specialties, such as general surgery, pediatrics, cardiology, medicine, and physical therapy.

Key SDG 3 Project Examples

- **Multicenter Neonatal sepsis prevention project** with ICMR, supporting large-scale research to improve outcomes for low birth weight infants.
- **Internationally funded clinical trials** on heart failure management, antibiotic efficacy, kidney disease treatments, and innovative diabetes therapies, conducted in partnership with research organizations from both government and private sectors.
- **Projects addressing women's health, rehabilitation, and chronic disease management** in collaboration with national consortiums and industry partners.
- **Innovations in physiotherapy, yoga, and naturopathy** supported by private trusts and research foundations, advancing holistic approaches to well-being.

Impact and Alignment with SDG 3

- These collaborative projects bring significant financial resources and expertise to the university, resulting in impactful research, technology development, and improved health outcomes.
- Faculty and student researchers benefit from exposure to international standards and advanced methodologies, strengthening the university's contribution to SDG 3.
- Such efforts ensure University's role in fostering multidisciplinary partnerships, promoting good health, and advancing sustainable development through innovation and joint project funding.

Table: 6 Below is the comprehensive table listing all the national and international collaborative projects funded at Subharti University, reflecting the institution's commitment to advancing Good Health and Well-being through partnerships and research excellence:

S. No.	Name of the Project	Name of the Principal Investigator	Name of the Funding Agency	Type (Government/Non-Government etc.)	Department of Principal Investigator	Year of Award	Funds provided (INR in Lakhs)	Duration of the Project
1	Phase III, Multicenter, Randomized, Double-Blind, Placebo-Controlled Study to Evaluate Efficacy of Probiotic Supplementation for Prevention of Neonatal Sepsis in 0-2 Months old Low Birth Weight Infants in India	Dr. Sunil Sazawal	Indian Council of Medical Research, Ministry of Health and Family Welfare, Government of India.	Government	Department of Pediatrics, Faculty of Medicine	2020-2024	94.84	3 Year
2	A Phase III, Randomized, Double Blind, Active Controlled, Prospective,Parallel Group, Comparative Multicentric Clinical Study to Evaluate the Efficacy, Safety and Tolerability of Fixed Dose Combination of Dapagliflozin plus Metoprolol Succinate Extended Release Tablets Versus Metoprolol Succinate Extended Release Tablets in Patients with Heart Failure with Reduced Ejection Fraction (HFrEF) (Version 02 & Dated Aug 04, 2023).	Dr. Deepak Mamchand Basia	Clins Research	Non-Government	Cardiology	2023	0.59	1 Year
3	A Phase III, Prospective, Randomized, Double Blind, Double Dummy, Active Controlled, Comparative,Parallel Group, Multicenter Clinical Study to Evaluate the Efficacy, Safety and Tolerability of Tedizolid Tablets 200 mg Versus Linezolid Tablets 600 mg in Adult Patients for the Treatment of Acute Bacterial Skin and Skin Structure Infections (ABSSSI). (Version 00 and dated apr 20, 2023)	Dr. Shashank Mishra/ Dr. Rajeev Ranjan Sharma	Clins Research	Non-Government	General Surgery/ Pharmacology	2023	0.59	1 Year

4	A Phase III, Randomized, Double Blind, Active-Controlled, Prospective, Comparative, Parallel Group Multicentric Clinical Study to Evaluate the Efficacy, Safety and Tolerability of Fixed Dose Combnation of Dapagliflozin plus Telmisartan Tablets Versus Concomitant Adminstration of Dapagliglozin Tablets and Telmisartan Tablets in Patients with Chronic Kidney Disease (CT/2023/67, Version no. 00 and Dated Oct 18, 2023)	Dr. Saurabh Singhal	Clins Research	Non-Governme nt	Medicine	2024	0.59	1 Year
5	A Phase III, Prospective, Randomized, Double Blind, Double Dummy, Active Controlled, Comparative,Parallel Group, Multicenter Clinical Study to Evaluate the Efficacy, Safety and Tolerability of Tedizolid Tablets 200 mg Versus Linezolid Tablets 600 mg in Adult Patients for the Treatment of Acute Bacterial Skin and Skin Structure Infections (ABSSSI). (Version 00 and dated Dec 08, 2022)	Dr. Shashank Mishra	Clins Research	Non-Governme nt	General Surgery	2024	0.59	1 Year
6	A Multicentric, Prospective, Active Controlled, Parallel Group, Randomized,Double Blind, Comparative, Phase III Clinical Study to Evaluate the Efficacy, Safety and Tolerability of Fixed Dos Combination of Linagliptin, Glimepiride and Metformin Hydrochloride Sustained Release Tablets in Patients with Type 2 Diabetes Mellitus (CT/2023/20, Version No. : 01 and Dated May 12, 2023)	Dr. Sumit Kant Jha	Clins Research	Non-Governme nt	Medicine	2024	0.59	1 Year
7	An Open label, Single arm, multicenter, Prospective study to evaluate safety and effectiveness of Akynzeo I.V [Fosnetupitant 235 mg and Palenosetron 25 mg concentrate for solution for infusion], in the Prevention of chemotherapy induced nansea and vomiting (CINV), in Indian Patients (STOP-CINV study).	Dr Arun Kumar Verma	Cliniexpe rts Research Services Pvt Ltd	Non-Governme nt	Radiation Oncology	2023	2.242	1 Year

8	A real-world prospective study to evaluate the geographical distribution of prevalence sensitization rate, and utilization of prophylactic treatment of Rh negative women in India (Version 1.0 30/11/2021).	Dr Smriti Gupta	Innvocept Global Solution Pvt Ltd	Non-Governme nt	Gynaecology	2023	0.295	1 Year
9	A Comparative Study of Breathing into Conditions and Haemodynamic Differences Between Laryngeal In Surgical Surgery With generic drugs Anaesthesia	Dr. Salony Agarwal	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.089	1 Year
10	Biomarkers predict the vascular outcomes after chimeric antigen receptor T-cell therapy.	Dr. T. R. Sirohi	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.085	1 Year
11	A comparison of the APACHE II assessment with the Hannover Peritonitis Index to evaluate the prognosis of perforation peritonitis	Dr. Y.P Monga	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.085	1 Year
12	A randomised clinical trial to compare the Proseal Laryngeal Mask Airway against the Baska Mask in elective surgery under general anaesthesia.	Dr. Deepak Sharma	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.087	1 Year
13	A retrospective cohort study discovered a link between patients with lower limb cardiovascular disease's thrombin level and length of stay.	Dr. M. Bhatnagar	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.089	1 Year
14	An observational study on the preoperative assessment of female genital tuberculosis in infertility.	Dr. Poonam Mani	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.086	1 Year
15	Prevalence of chronic hepatitis B virus infection in Meerut	Dr. Harshita Khetan	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.081	1 Year
16	Management of distal hypospadias: new insights and a stepwise management algorithm	Dr. Himanshu Chaudhary	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.08	1 Year
17	The effect of preventive intracameral moxifloxacin on post-cataract surgery endophthalmitis: results from a tertiary eye care centre in rural India.	Dr. Juhi Garg	Vikramsh ila Shodh Sansthan	Non-Governme nt	Faculty of Medicine	2023	0.085	1 Year

18	Examining the effects of two different doses of intravenous nalbuphine as a premedication to minimise the haemodynamic responses to laryngoscopy and endotracheal intubation	Dr. Kopal Gupta	Vikramshila Shodh Sansthan	Non-Government	Faculty of Medicine	2023	0.084	1 Year
19	A clinicopathological examination of chronic feet, focussing on the role of vortex-assisted closure in diabetic foot management.	Dr. Mallika Rai Sinha	Vikramshila Shodh Sansthan	Non-Government	Faculty of Medicine	2023	0.084	1 Year
20	Adverse medication response alterations to the cornea following long-term usage of a timolol-brimonidine combination	Dr. Mansi Chandna	Vikramshila Shodh Sansthan	Non-Government	Faculty of Medicine	2023	0.085	1 Year
21	Radiological investigations are used to diagnose pancreatitis and are compared to clinical and biochemical parameters.	Dr. Medha Goel	Vikramshila Shodh Sansthan	Non-Government	Faculty of Medicine	2023	0.085	1 Year
22	The impact of regular smartphone usage on children's higher posture and lung function	Prof. (Dr) Jasmine Anandabai	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.081	1 Year
23	Identify and assess neuromuscular coordination in patients with and without persistent ankle instability.	Dr. Amit Kumar Goel	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.08	1 Year
24	The impact of Tai Chi Yunshou training on stroke patients' balance and motor functions: a thorough experimental and meta-analysis of randomised controlled trials	Dr. Raj Kumar Sharma	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
25	The effect of 10-week equipment-based pilates and diaphragmatic breathing exercise on heart rate variability and pulmonary function in young adults.	Dr. Danish Nouman	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
26	To compare the efficiency of Pranayama with diaphragmatic breathing on persons with disordered breathing.	Dr. Surandar Kumar	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
27	Psychological stress is prevalent among university researchers.	Dr. Kayinat Hassan	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.087	1 Year
28	To compare patient-centered versus therapist-oriented treatment in healthcare practices in the Physiotherapy clinical environment in Meerut.	Dr. Uzma Khan	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.089	1 Year

29	The Influence of Yoga Yoga postures on equilibrium and Synchronisation in Elderly	Dr. Shikha Singh	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
30	To investigate the incidence of upper back (thoracic) discomfort in school-aged kids carrying bags on both shoulders	Dr. Kapil Rastogi	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
31	The efficacy of theraband education regarding cartilage arthritis regeneration of the knee	Dr. Avnika Singh	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.087	1 Year
32	Effectiveness of physical activity on haemodynamic efficiency after bypass grafting of the coronary artery	Dr. Uzma Khan	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.089	1 Year
33	The impact of physical therapy on plantar fasciitis	Dr. Apoorva	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.086	1 Year
34	The concept of effectiveness of release point treatment among individuals with cervicogenic migraine.	Dr. Aishwarya Rai	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.081	1 Year
35	Efficacy of gluteal conditioning activities in relieving low back discomfort in individuals who are otherwise fit	Dr. Ritika Mani	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.08	1 Year
36	Effect of perception of position exercises in the posterior cruciate ligament regeneration.	Dr. . Ritika Mani	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
37	Stretching-oriented fitness regimen improves discomfort in the area known as carpal tunnel syndrome.	Dr. Noudiyal Kiran Sunil	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.084	1 Year
38	Efficacy of kinesiotaping in reducing pain, lumbar extension range of motion, and impairment in individuals with persistent nonspecific low back pain	Dr. Gaurav Pratap Tyagi	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.084	1 Year
39	Effectiveness of conditioning and stretching exercises (Janda's Approach) in school-aged children with lower crossed syndrome.	Dr. Pooja Chaudhary	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
40	The impact of cardiac rehabilitation, including nordic walking in patients with chronic coronary syndromes following percutaneous coronary procedures in elective mode	Dr. Sumit Sagar	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year

41	Compare the efficacy of TENS (Transcutaneous Electrical Nerve Stimulation) with IFT (Interferrentia Therapy) in treating persistent neck pain.	Dr. Shikha Singh	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.081	1 Year
42	Evaluating health-related quality of life in individuals with chronic obstructive pulmonary disease	Dr. Danish Nouman	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.08	1 Year
43	Compared to the general population, individuals with mental problems integrate into their communities.	Dr. Danish Nouman	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
44	Barriers and facilitators for diagnosing depression in elderly persons:	Dr. Amit Kumar Goel	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
45	Deep breathing through the diaphragm works for improving ventilation in persons with mental health issues.	Dr. Kayinat Hassan	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
46	A randomised feasibility trial of isometric thumb extension exercise as part of a multimodal strategy for de Quervain's syndrome.	Dr.Shikha Singh	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.087	1 Year
47	Task-oriented rehabilitation training's efficacy for individuals with cerebrovascular accidents and strokes	Dr. Uzma Khan	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.089	1 Year
48	The efficacy of hydrotherapy or water treatment for children with cerebral palsy	Dr. Uzma Khan	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
49	To assess the value of qualitative research in enhancing paediatric physical therapy rehabilitation	Dr. Amit kumar Goel	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
50	To assess the value of qualitative research in enhancing cardiopulmonary physical therapy rehabilitation	Dr. Surendar Kumar	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.087	1 Year
51	To assess the value of qualitative research in enhancing neurological physiotherapy rehabilitation	Dr. Ritika Mani	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.089	1 Year
52	To assess the value of qualitative research in enhancing musculoskeletal physical therapy rehabilitation	Dr. Noudiyal Kiran Sunil	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.086	1 Year
53	To ascertain how physical therapy and diet relate to athletes	Dr. Kayinat Hassan	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.081	1 Year
54	Investigating the value of hypothermia for athletes' acute soft tissue injuries.	Dr.Shikha Singh	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.08	1 Year

55	Isometric exercise's effectiveness in reducing pain and strengthening muscles in people with Complicated Area Pain Syndrome	Dr. Danish Nouman	Vikramshila Shodh Sansthan	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
56	Impact of Alcohol on Surface Smoothness and Matter Nanohardness of Trendy Mass Fill Composite Materials	Dr. Vineeta Nikhil	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.084	1 Year
57	An in vitro investigation evaluating the resin-composite material's adhesion strength to porcelain bonded using various adhesive techniques	Dr. Sachin Gupta	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.084	1 Year
58	Comparative Analysis Of Skeletal And Dental Changes Using Power Scope And Advanced Synergistic Molar To Molar Class Ii (Momc) In Class Ii Malocclusion	Dr. Ashutosh And Dr. Pradeep	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.085	1 Year
59	Preservative Effect on the Strength of the Epoxy Enamel to Dentin Bond	Dr. Yashika Bali	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.085	1 Year
60	An in vitro investigation looked at how different adhesive methods affected the self-adhering composite dentin's capacity to bond over time.	Dr. Roopse	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.081	1 Year
61	Apex Finder Reliability of Current Technology in Comparative Analysis of Several Healthcare Case Studies	Dr. Shikha Jaiswal	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.08	1 Year
62	An in vitro investigation of the effects of 2-Methoxy-4-(prop-2-en-1-yl)phenol on the maximum sealed capacity and binding integrity of different composite materials	Dr. Rudhra Koul	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.085	1 Year
63	Comparing the Way in Which Fractures Develop in Dental Cavities Prepared with Laser and Ultrasound	Dr. Shravan S Rathi	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.085	1 Year
64	Clinical studies examining the efficacy of biologic mesh material vs coronally advanced flaps in treating certain problems related to gingival recession	Dr. Nitin tomar	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.085	1 Year
65	Assessment of the effectiveness of two fixed functional appliances in treating Class II Misalignment	Dr. Pankaj Wadhwa	Vikramshila Shodh Sansthan	Non-Government	Faculty of Dental	2023	0.087	1 Year

66	The sleep patterns of medical students in an academic acute care hospital: a comparative investigation	Dr. Braj Bhushan Kumar	Buddhist Education Mission	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.089	1 Year
67	Determine the prevalence of obesity and related risk factors among Swami Vivekanand Subharti University students by cross-sectional study.	Dr. Sumanlata Dewangan	Buddhist Education Mission	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.085	1 Year
68	The potential therapeutic benefit of cold hip baths for individuals with endocrine problems was investigated in a prospective randomised controlled experiment.	Dr. Tazmani Sultana	Buddhist Education Mission	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.085	1 Year
69	Prospective Study of Naturopathy and Yoga in the Treatment of Lung Breathing Disorders	Dr.Laurembam Jeensehwori Chanu	Buddhist Education Mission	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.087	1 Year
70	Problems with blood loss and the impact of carrot-beet juice on haemoglobin levels in teenagers and adults	Dr. Garima Malani	Buddhist Education Mission	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.089	1 Year
71	Vamana Dhauti and Shavasana Together: A Pre-Post Pilot Study on Their Combined Therapeutic Effect on Alcohol Dependency Patients' Withdrawal Symptoms	Dr. Navneet Vats	Buddhist Education Mission	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.086	1 Year
72	Hip Bath's Beneficial Effects on Primary Menstrual Cramps: An Organised Pre-Post Investigation	Dr. Priya Devi	Buddhist Education Mission	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.081	1 Year
73	Examining the Frequency of Bowel Movements in Constipation Patients After Using Cold Compression for a Month: A Pre-Post Interventional Study	Dr. Jyoti Madhur	Buddhist Education Mission	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.08	1 Year
74	The development and validation of UV absorbance A method for determining how much nicotinic acid is used in pharmaceuticals	Dr. Manish K. Pathak	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
75	Ketoconazole Estimation Using the HPLC Method: Development and Validation	Dr.Vikrant Verma	Younker Scientific And Social Science Research Foundation	Non-Government	Faculty of Pharmacy	2023	0.084	1 Year
76	The Antimicrobial Properties of Bhuiavla Plant Extract Against Sensitive Pathogenic Bacterial Strains	Mr. Gaurav Updhyay	Gyan-Vighyan Sansathan	Non-Government	Faculty of Pharmacy	2023	0.084	1 Year

77	Design, development, and assessment of nanoemulsions using a polymer-drug combination	Dr. Prasanjit Paul	Gyan-Vighyan Sansathan	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
78	Development and evaluation of the stability of a crearm formulation containing the Bicyclic monoterpenoid	Dr. Lubhan Singh	Gyan-Vighyan Sansathan	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
79	The development and assessment of ciprofloxacin solid dispersion tablets derived from polyethylene glycol and tween-80	Ms. Anchal Tyagi	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.081	1 Year
80	Increased Oral Bioavailability of Silver Nanoparticles Loaded with Rivaroxaban	Mr. Sahil Siddiqui	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.08	1 Year
81	Synthesis of new quinolone-surfactant prodrugs efficiently in one pot: potential antibacterial and anticancer agents	Dr. Manish K. Pathak	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
82	Anticancer medication formulations with enhanced and assessed disintegration rates that contain nanoparticles	Mr. Pradeep Kumar	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
83	Nanoemulsion biofabrication Utilising fruit peel extract from Citrus aurantifolia when taking ibuprofen	Ms. Anjali	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
84	Formulation and Assessment of Ionic Liquid-Paracetamol Drug Microspheres	Mr. Yogesh Kumar	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.087	1 Year
85	Improve Aceclofenac's Solubility Using Spectrophotometric Method and Bio-Polymers	Mr. Yatendra Kumar	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.089	1 Year
86	Increase the oral medication's capacity to dissolve the components. Hydrochloropride with rabeprazole sodium	Ms. Swati Sagar	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
87	Creating and evaluating a seraconazole nano-emulsion for fungal infections	Ms. Anjali	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year

88	New dioctyl sulfosuccinate sodium-piperazine derivatives: design, production, and biological assessment as antibacterial agents	Ms. Nandini Sharma	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.087	1 Year
89	Production of Retha-Neam herbal lotions to treat microbial problems	Dr. Ganesh Prasad Mishra	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.089	1 Year
90	In vitro pharmacoequivalence study of an oral film-coated tablet containing diclofenac sodium and paracetamol in relation to widely available generics	Dr. Kunal Arora	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.086	1 Year
91	Thermodynamic and spectrophotometric analysis to enhance the encapsulation of tinidazole and ofloxacin in aqueous medium	Dr. Manish Kumar Pathak	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.081	1 Year
92	Increasing the solubility of fluconazole in an aqueous media by using polyelectrolyte sodium carboxymethyl cellulose	Dr. Ganesh P Mishra	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.08	1 Year
93	Cholecalciferol's effect on rats' depressive behaviours when they exhibit chronic, somewhat uncertain stress	Ms. Priyadarshini Soni	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
94	HPLC-Based Analytical Method Validation Protocol for Warfarin and Finasteride Capsule Assay Determination	Dr. Prabhat Singh	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.084	1 Year
95	Validation of the moxifloxacin-based nanoemulsion dissolution analytical technique using a UV Spectrophotometer	Mr. Vipin Kumar	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.084	1 Year
96	Novel 4-hydroxybenzoic acid's and Coriandrum tordylium extract's reaction to bacteria that cause periodontitis	Ms. Anchal Tyagi	Indraprastha Institute Of Pharmacy	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
97	Tamsulosin Hydrochloride encapsulation investigation using a combination of surfactant and steroids in an aqueous solution	Ms. Neeru Singh	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year

98	Terminalia bellirica Formulation with Stevia: Pharmaceutico-Analytical Assessment and Possible Advantages	Dr. Rupesh Kumar Pandey	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.081	1 Year
99	Combination of omeprazole, mefenamic acid, and drotaverine in an aqueous medium	Ms. Akansh singh	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.08	1 Year
100	Rats' Interaction between Vitamin D Supplements and Bovine Albumin Acid: An In Vivo Investigation	Mr. Nishant Gaurav	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
101	Enhancement of metronidazole solubility in the combination micellar medium Through HPLC	Dr. Vikrant Verma	Nar-Briton Health Care Pharmaceuticals Hrt. Ltd.	Non-Government	Faculty of Pharmacy	2023	0.085	1 Year
102	Children hospitalised in Northern India with multi-system inflammatory syndrome: clinical features and prognostic markers	Dr. Pradeep Kumar Gupta , Dr. Ranjeeta Dadoria	Younker Buddhist Society And Research Foundation	Non-Government	Faculty Of Medicine	2023	0.09	1 Year
103	Plant Secondary Metabolites and Phytohormones in Drought Tolerance	Dr. Vikas Belwal	Younker Buddhist Society And Research Foundation	Non-Government	Faculty of Science	2023	0.082	1 Year
104	Cosmetics based on lipid nanoparticles that may be used to treat skin conditions	Ms. Bhavya Agarwal	Younker Buddhist Society And Research Foundation	Non-Government	Faculty of Pharmacy	2023	0.086	1 Year
105	An unusual neoplasm in an unusual location: a single fibrous tumour in the palatine tonsil with unusual histopathological characteristics	Dr. Aarti Tyagi	Younker Buddhist Society And Research Foundation	Non-Government	Faculty of Medicine	2023	0.09	1 Year
106	A randomised clinical experiment in hypertension patients examined the effects of Nadishodhana and Bhramari Pranayama on blood pressure, auditory response time, and heart rate variability.	Dr. Sunil Singh Yadav	Younker Buddhist Society And Research Foundation	Non-Government	Faculty of Naturopathy & Yogic Sciences	2023	0.089	1 Year
107	Creating and executing a program to help students in the health professions quit smoking	Dr. Swati Gupta	Younker Buddhist Society And Research Foundation	Non-Government	Faculty of Dental	2023	0.079	1 Year
108	A comparative study of the extracanally and intracranially elevated sodium hypochlorite and dentinal sealer absorption in vitro.	Dr. Kritika Ahuja	Younker Buddhist Society And Research Foundation	Non-Government	Faculty of Dental	2023	0.085	1 Year

109	Reliability of the manufacturing process and random misplacement represent a viable industrial strategy to address the contradiction and deficit.	Dr. Neha Saxena	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.086	1 Year
110	In silico gene sequence analysis techniques are employed by helminthoinformatics to validate the taxonomy of parasitic helminths.	Dr. Dheer Pal Singh	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.088	1 Year
111	GIS-based spatial-temporal geographic distribution of heavy metals in water to be consumed: environmentally friendly and epidemiological modelling	Dr. Faheem Ahama d	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.081	1 Year
112	CuO's impact on the fundamental, mechanical, electronic, and and physical characteristics of lithium borosilicate crystals	Dr. Abida	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.075	1 Year
113	Impact of instrument needle shapes on movement and frequency variation throughout frictional stirring during the welding of Al-Li alloy plates	Er. Sachin Kumar and Dr. Sanjeev Kumar	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Engineering	2023	0.085	1 Year
114	Finding a Few New Racetams That May Be Anti-Convulsant Agents: ADMET Study, Molecular Docking, and Virtual Screening	Mr. Prashant Kumar	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Pharmacy	2023	0.088	1 Year
115	Small ruminants' strategies for adapting to heat stress in the environment	Dr. Devendra Kumar	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.089	1 Year
116	Docking and PASS-Aided Assessment of Benzimidazoles Supplanted with Furaldehyde as Anthelmintic Agents	Mr. Aadesh Kumar	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Pharmacy	2023	0.078	1 Year
117	The impact of two infection waves over the whole year of the COVID-19 pandemic on the management of patients with ischaemic stroke in Uttar Pradesh	Dr. Jaideep Singh	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Medicine	2023	0.081	1 Year

118	A research using an autopsy sample using craniometric analysis to estimate height in the Nepalese people	Dr. Abhishek Sangal	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Medicine	2023	0.083	1 Year
119	The frequency and severity of temporomandibular joint disorders in those with partial vs complete dentition	Dr. Shivi Khattri	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Dental	2023	0.085	1 Year
120	A comprehensive analysis to compare and assess the differences in bone density and the spherical straight-forward, and profundity variations of computer-placed implants	Dr. Shipra Aggarwal	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Dental	2023	0.09	1 Year
121	In-vivo study: Comparing the physiological, arbitrary, and patient-reported results of angular screw hole foundations and single-unit implanted replacements with multiple-unit abutments kept	Dr. Niyati Varshney	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Dental	2023	0.089	1 Year
122	Essential Oils from Zanthoxylum piperitum and Anethum graveolens L. Seeds: Chemical Compositions and Their Antifungal Properties against Aspergillus flavus	Mr. Dharmender Singh	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Pharmacy	2023	0.079	1 Year
123	The Marburg Virus Disease Threat in India: Consequences for Uttar Pradesh's Public Health Control	Mukesh Kumar	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Pharmacy	2023	0.083	1 Year
124	Molecular characterisation and redescription of Ficophagus religiosus in India	Dr. Razia Sultana	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.09	1 Year
125	Comparative analysis of nickel titanium wires and transparent aligners for the treatment of mandibular incisor crowding	Dr. W. Ashutosh	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Medicine	2023	0.088	1 Year
126	Assessment of the Antimicrobial Performance of Various Oral Microorganisms Isolated from Patients with Early Childhood Caries Using Commercial Toothpastes	Dr. Tanvi Jindal	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Dental	2023	0.085	1 Year

127	Medication Delivery Methods for Lung Conditions Using Different Natural Polymers	Dr. Kulsoom Hamid	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Pharmacy	2023	0.086	1 Year
128	Internet of Things-Based Automobile Surveillance and Accident Prevention System	Dr. Shashiraj Teotia	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.084	1 Year
129	Presenting in a nonendemic area, epiglottic histoplasmosis might resemble the symptoms of laryngeal cancer.	Dr. Sanjay Kumar	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Medicine	2023	0.083	1 Year
130	Comparing changes in gingival sulcus with clinical parameters	Dr. Khurshid A. Mattoo	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Dental	2023	0.082	1 Year
131	Liquid and ethanolic extract of Sida rhombifolia L. Root's in vivo anti-inflammatory properties	Ms. Dimple Singh Tomar	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Pharmacy	2023	0.079	1 Year
132	Using enzyme technology to turn wasted fruit juice into value-added products	Dr. Saurabh Singh Yadav	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.089	1 Year
133	Lead-free halide double perovskite-based photovoltaic devices: performance study for solar cell design	Dr. Renu Mavi	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Science	2023	0.086	1 Year
134	Utilising Computerised Digital Methods and Contemporary Dental Materials for Restoration: A Teen Patient's Caries-Damaged Smile	Dr. Tushar Pruthi	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Dental	2023	0.084	1 Year
135	Unilateral Maxillary Molar Distalization in Noncompliance: A Three-Dimensional Tooth Movement Examination	Dr. Shalu Jain	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Dental	2023	0.086	1 Year
136	Uncovering non-pharmacological methods for managing autism spectrum disorder: A spectrum of options	Dr. Sokindra Kumar	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Pharmacy	2023	0.089	1 Year
137	Anatomic location and age-based clinical and histopathologic analysis of confluent and reticulated papillomatosis	Dr. Divyanshu Srivastava	Younker Buddhist Society And Research Foundation	Non-Governme nt	Faculty of Medicine	2023	0.079	1 Year

138	An investigation into the clinicopathology of ossifying fibromas and a contrast across radial and central ossifying fibromas	Dr. Noopur Kaushik	Buddhist Education Mission	Non-Governme nt	Faculty of Dental	2023	0.087	1 Year
139	Examining the Causes of the General Population's Reluctance to Receive the COVID-19 Vaccination in Uttar Pradesh (A Cross-Sectional Study)	Dr. Nitesh Kumar	Buddhist Education Mission	Non-Governme nt	Faculty of Medicine	2023	0.081	1 Year
140	Examining the Premature Ocular Degenerative disease in North Indian Rural and Semi-Urban Population: Frequency, Contributing Factors, and Result	Dr. Kamal Parihar	Buddhist Education Mission	Non-Governme nt	Faculty of Medicine	2023	0.08	1 Year
141	Evaluation of research on COVID-19 and oral manifestations: a meta-analysis	Dr. Preeti Sharma	Buddhist Education Mission	Non-Governme nt	Faculty of Dental	2023	0.079	1 Year
142	Nursing Staff at Subharti Hospitals in Meerut: Experience, Requirements for Disaster Preparedness Training, and Associated Elements	Ms Infant Rani Augustin	Buddhist Education Mission	Non-Governme nt	Faculty of Nursing	2023	0.07	1 Year
143	Examining the Indian desert regions' air quality following the COVID-19 shutdown	Dr. Mukesh Ruhela	Buddhist Education Mission	Non-Governme nt	Faculty of Engineering	2023	0.07	1 Year
144	Evaluating the effectiveness of a course on infection prevention techniques, specifically as it relates to Covid-19, for medical personnel	Dr. Priyanka Chaturvedi	Buddhist Education Mission	Non-Governme nt	Faculty of Medicine	2023	0.084	1 Year
145	Oral lesions in paediatric patients: COVID-19 Vaccination and SARS-CoV-2 Infection	Dr. khushboo Bhalla	Buddhist Education Mission	Non-Governme nt	Faculty of Dental	2023	0.086	1 Year
146	Malocclusion and Associated Risk Factors in Patients with Temporomandibular Disorders: A Comparative Analysis	Dr. Anshul Trivedi	Buddhist Education Mission	Non-Governme nt	Faculty of Dental	2023	0.082	1 Year
147	An in vitro research examining the antimicrobial effectiveness of a novel tri-antibiotic combination against resistant endodontic infections	Dr. Anjali Dhull	Buddhist Education Mission	Non-Governme nt	Faculty of Dental	2023	0.085	1 Year

148	A randomised controlled experiment comparing retrograde intrarenal surgery with micropercutaneous nephrolithotomy (microperc) for the treatment of minor renal calculi	Dr. Vipin kumar	Buddhist Education Mission	Non-Government	Faculty of Medicine	2023	0.088	1 Year
149	A Clinical Reassessment of an Untested Method for Retrognathic Mandible Post-Gap Arthroplasty	Dr. Vishal Bansal	Buddhist Education Mission	Non-Government	Faculty of Dental	2023	0.088	1 Year
150	Examine oral health promotion for a school that promotes health.	Dr. Shivi Khattri	Buddhist Education Mission	Non-Government	Faculty of Dental	2023	0.083	1 Year
151	Lifestyle medicine: The significance of taking into account every potential cause of illness	Dr. Rahul Bansal	Buddhist Education Mission	Non-Government	Faculty of Medicine	2023	0.078	1 Year
152	An Examination of Bank Officers in Uttar Pradesh Regarding the Effects of Organisational Stress on Staff Morale	Dr. Alka Singh	Buddhist Education Mission	Non-Government	Faculty of Medicine	2023	0.078	1 Year
153	A randomised controlled study examined the impact of a shoulder movement intervention on persons with diabetes's joint mobility, discomfort, and impairment.	Dr. Amit Kumar Goel	Buddhist Education Mission	Non-Government	Faculty of Physiotherapy	2023	0.075	1 Year
154	Patients with persistent ankle instability benefit from balance training in terms of function and postural control.	Dr. Raj Kumar Sharma	Buddhist Education Mission	Non-Government	Faculty of Physiotherapy	2023	0.075	1 Year
155	Information and Communication Technology Assessments and Applications in the Treatment of Autism Spectrum Disorder	Dr. Danish Nouman	Buddhist Education Mission	Non-Government	Faculty of Physiotherapy	2023	0.085	1 Year
156	The impact of manual pressure release on upper trapezius muscle myofascial trigger points	Dr. Surandar Kumar	Buddhist Education Mission	Non-Government	Faculty of Physiotherapy	2023	0.088	1 Year
157	A case series on the therapy of myofascial trigger points using ultrasound-guided dry needling for piriformis syndrome	Dr. Kayinat Hassan	Buddhist Education Mission	Non-Government	Faculty of Physiotherapy	2023	0.086	1 Year
158	The comparative efficacy of dry needling and Kinesiotape in treating individuals with trapezius muscular myofascial pain syndrome	Dr. Uzma Khan	Gyan-Vighyan Sansathan	Non-Government	Faculty of Physiotherapy	2023	0.081	1 Year

159	Impact of scapular posterior tilting exercise on scapular muscle activity in individuals with rounded shoulders in both men and women	Dr. Shikha Singh	Gyan-Vighyan Sansathan	Non-Governme nt	Faculty of Physiothera py	2023	0.08	1 Year
160	Impact of two proprioceptive training regimens on functional, balance, and ankle sprain patients' range of motion, pain, and other factors	Dr. Kapil Rastogi	Gyan-Vighyan Sansathan	Non-Governme nt	Faculty of Physiothera py	2023	0.085	1 Year
161	The differences in the care of individuals with persistent myofascial neck pain between dry needling, manual therapy and Kinesio Taping®	Dr. Apoorva	Gyan-Vighyan Sansathan	Non-Governme nt	Faculty of Physiothera py	2023	0.084	1 Year
162	Impact of traditional physical therapy on Upper Cross Syndrome: comparison with and without muscle energy approaches	Dr. Gaurav Pratap Tyagi	Gyan-Vighyan Sansathan	Non-Governme nt	Faculty of Physiothera py	2023	0.084	1 Year
163	Relationships between teenage usage of digital devices, physical exercise, and psychological state and neck/shoulder and low back discomfort	Dr. Pooja Chaudhary	Gyan-Vighyan Sansathan	Non-Governme nt	Faculty of Physiothera py	2023	0.085	1 Year
164	Characterisation of biosurfactant-producing bacteria isolated from a maritime environment and their improved degrading potentials	Dr. Permod Kumar	KS Associate	Non-Governme nt	Keral verma college of science	2023	0.087	1 Year
165	An assessment of the antibacterial and antioxidant capabilities of olive fruit extract-based phyto-functionalized silver nanoparticles	Dr. Ankita Agarwal	Jyoti Punj Mahila Avam Gram Vikas Sanstan	Non-Governme nt	Keral verma college of science	2023	0.086	1 Year
166	Enhancing the solubility of 2-methoxy naphthalene and its derivatives with the use of stevia extract	Dr. Ankita Agarwal	Jyoti Punj Mahila Avam Gram Vikas Sanstan	Non-Governme nt	Keral verma college of science	2023	0.08	1 Year
167	Analysing four Indian fern species' potential for usage as dietary supplements in terms of their anti-inflammatory and antioxidant properties	Dr. Anju Rani	Jyoti Punj Mahila Avam Gram Vikas Sanstan	Non-Governme nt	Keral verma college of science	2023	0.085	1 Year
168	Nanofungicides from Bio-Nanoparticles to Fight Phytopathogens	Dr. Anju Rani	Krishna Inovation	Non-Governme nt	Keral verma college of science	2023	0.089	1 Year

169	Leucobryum aduncum and Campylopus schmidii species extract possesses antioxidant and antibacterial properties.	Dr. Anju Rani	KS Associate	Non-Government	Keral verma college of science	2023	0.08	1 Year
170	Effect of Smart Phone Usage Time on Scapular Position and Respiratory Function: A Cross-sectional Study	Dr. Kapil Rastogi	Younker Scientific And Social Science Research Foundation	Non-Government	Faculty of Physiotherapy	2023	0.088	1 Year
171	Potential applications of microorganism technology in Subharti Medical College, Meerut, for the treatment of waste	Dr. Anita Pandey	Himalayan Baudh Darshan Shodh Sansthan	Non-Government	Faculty of Medicine	2023	0.089	1 Year
172	Multimodal Internet of Things framework for firmware updates, trust monitoring, and secure lightweight communication	Dr. Amit Kishor	Himalayan Baudh Darshan Shodh Sansthan	Non-Government	Faculty of Engineering	2023	0.085	1 Year
173	To evaluate efficacy of botox type A and i-prf in facial wrinkles for facial rejuvination.	Faculty: Dr. Apoorva Mowar. Student: Himani Vaswani	DCM Shriram industries limited	Non-Government	Department of Oral and Maxillofacial surgery	2023 - 2024	3.64	1 Year
174	Clinical study of ultrasound guided erector spinae plane block versus transversus abdominis plane block for post operative analgesia in patients undergoing laparoscopic cholecystectomy	Dr. Bhawana Rastogi	Entice Way	Non-Government	Anaesthesia	2023	2.41	1 Year
175	Correlation of cytology and cell block prep of endometrial aspirate with endometrial biopsy	Dr. Anjali Khare	Entice Way	Non-Government	Pathology	2023	1.99	1 Year
176	Role of AR and PDL1 in cases of malignant tumors of breast with clinico histopathological coorelation	Dr. Rani Bansal	Entice Way	Non-Government	Pathology	2023	2.32	1 Year
177	Expression of P63, BRCA1 corelation in grades prostatic lesions	Dr. Sanghita Sharma	Entice Way	Non-Government	Pathology	2023	0.63	1 Year
178	Intraoperative squash cytology and clinico ihc corelation of cns tumore and tumor like lesions	Dr. Rani Bansal	Entice Way	Non-Government	Pathology	2023	2.19	1 Year
179	Comparative clinical study of dexmedetomidine vs clonidine for hemodynamic stability during laproscopic surgeries in general anaesthesia	Dr. Salony Agarwal	Entice Way	Non-Government	Anaesthesia	2023	1.87	1 Year

180	Dexmed vs midazolam in inflamatory biomarkers in patients of sepsis	Dr. Bhawana Rastogi	Entice Way	Non-Governme nt	Anaesthesia	2023	2.80	1 Year
181	Ketamine vs hylase with bupivacaine in usg guided brachial plexus block	Dr. Brig. H. S. Minhas	Entice Way	Non-Governme nt	Anaesthesia	2023	2.39	1 Year
182	Difference in airway dynamics between baska mask and proseal in patientss in ga	Dr. Manoranjan Kumar Bansal	Entice Way	Non-Governme nt	Anaesthesia	2023	2.59	1 Year
183	Bupivacaine with fentanyl vs ropivacaine with fenta for ortho lower limb surgeries	Dr. Salony Agarwal	Entice Way	Non-Governme nt	Anaesthesia	2023	2.34	1 Year
184	Preoperative nebulisation with ketamine vs magnesium on incidence of post operative sore throat	Dr. Bhawana Rastogi	Entice Way	Non-Governme nt	Anaesthesia	2023	2.00	1 Year
185	Buivacaine and levobupivacaine for abdominal hysterectomy under spinal anesthesia	Dr. Salony Agarwal	Entice Way	Non-Governme nt	Anaesthesia	2023	2.15	1 Year
186	Effect of dexmed vs dexa on post operative nausea in patients undergoing lap surgery in ga	Dr. Brig. H. S. Minhas	Entice Way	Non-Governme nt	Anaesthesia	2023	2.45	1 Year
187	Video laryngoscope guided insertion of i-gel vs conventional digital insertion	Dr. Manoranjan Kumar Bansal	Entice Way	Non-Governme nt	Anaesthesia	2023	2.42	1 Year
188	Impact of severity of disease, quality of life in patients with psoriasis	Dr. Arvind Krishna	Entice Way	Non-Governme nt	Dermatology , Vene Reology and Leprosy	2023	2.34	1 Year
189	Comparative study to determine the role of prp in androgenetic alopecia	Dr. Arvind Krishna	Entice Way	Non-Governme nt	Dermatology , Vene Reology and Leprosy	2023	2.70	1 Year
190	Comparative study of diagnostic value of ct pns and diagnostic nasal endoscopy in patients of chronic rhino sinusitis	Dr. Sanjay Kumar	Entice Way	Non-Governme nt	ENT	2023	1.23	1 Year
191	Comparative study to determine the role of oral, intratympanic steroid and combined oral and intratympanic steroid therapy in sudden hearing loss	Dr. Sanjay Kumar	Entice Way	Non-Governme nt	ENT	2023	1.15	1 Year
192	Serum il6 levels in patients with alcoholic liver disease and its corelation with child pugh score	Dr. Sumit Kant Jha	Entice Way	Non-Governme nt	General Medicine	2023	2.23	1 Year

193	Correlation of Vit D def with subclinical cardiovascular disease in chronic kidney disease patients not undergoing dialysis	Dr. T. R. Sirohi	Entice Way	Non-Governme nt	General Medicine	2023	2.70	1 Year
194	A clinical study to evaluate the role of multiplex PCR in diagnosis of meningitis.	Dr. P. K. Gupta	Entice Way	Non-Governme nt	General Medicine	2023	2.70	1 Year
195	Study of evaluation of thyroid function test in patients with CLD	Dr. Amit Kumar	Entice Way	Non-Governme nt	General Medicine	2023	2.37	1 Year
196	Study of clinical profile and etiological factors in ischemic stroke patients with special emphasis on lipid profile and carotid artery plaques as evaluated by doppler US	Dr. Nishant Wedhera	Entice Way	Non-Governme nt	General Medicine	2023	2.29	1 Year
197	Assessment by colonoscopy and colonoscopic guided biopsy, histopathology and tb pcr in diagnosis of intestinal tuberculosis	Dr. Saurabh Singhal	Entice Way	Non-Governme nt	General Medicine	2023	2.36	1 Year
198	Correlation of serum ferritin with child pugh and meld score in cld patients	Dr. P. K. Gupta	Entice Way	Non-Governme nt	General Medicine	2023	2.46	1 Year
199	Evaluate ct calcium score in post covid19 patients and assessing cardiovascular morbidity	Dr. Saurabh Singhal	Entice Way	Non-Governme nt	General Medicine	2023	2.34	1 Year
200	A clinical study to evaluate prevalence of serum sodium and serum potassium imbalance in cases of acute coronary syndrome and it's correlation with hospital stay and clinical outcomes	Dr. Nishant Wedhera	Entice Way	Non-Governme nt	General Medicine	2023	2.40	1 Year
201	Study to evaluate Calcium, phosphate and Vitamin d levels in pts of Chronic liver disease	Dr. Sumit Kant Jha	Entice Way	Non-Governme nt	General Medicine	2023	2.06	1 Year
202	Study of effect of holistic approach on 14 day glucose control and insulin resistance in diabetic patients	Dr. Saurabh Singhal	Entice Way	Non-Governme nt	General Medicine	2023	1.89	1 Year
203	Evaluate the role of xanthinol nicotinate in chronic lower limb ischemia with the help of SPECT based angiosome scan, doppler, ABPI and clinical scoring	Dr. Sandeep Kansal	Entice Way	Non-Governme nt	General Surgery	2023	2.29	1 Year

204	IS SPECT scan better than USG colour doppler scan in evaluation of PVD in diabetic foot patients with ABPI <0.5	Dr. Sandeep Kansal	Entice Way	Non-Governme nt	General Surgery	2023	2.24	1 Year
205	Role of CRP procalcitonin and NL ratio as predictor os severity and prognosis of gall stone pancreatitis	Dr. Shashank Mishra	Entice Way	Non-Governme nt	General Surgery	2023	2.87	1 Year
206	What is the microbiological distribution and their sensitivity profile according to anatomical site of perforation in patients of perforation peritonitis	Dr. Sanjay Panday	Entice Way	Non-Governme nt	General Surgery	2023	2.81	1 Year
207	To compare outcome of mesh fixation marerial (Tacks/sutures/glue) in inguinal hernia laparoscopic repair (TAPP)	Dr. Shashank Mishra	Entice Way	Non-Governme nt	General Surgery	2023	2.06	1 Year
208	Evaluation of presepsin and C-Reactice proteins levels as a risk factor for developing surgical side infection in grade-III and IV class wounds following elective surgeries.	Dr. M. K. Maheshwari	Entice Way	Non-Governme nt	General Surgery	2023	1.60	1 Year
209	Evaluation of Types of urinary stone by conventional radiological and biochemical method and biochemical stone analysis in a tertiary care centre.	Dr. Sanjay Panday	Entice Way	Non-Governme nt	General Surgery	2023	2.48	1 Year
210	Expression of IHC markers in placenta of anemic women	Dr. Smriti Gupta	Entice Way	Non-Governme nt	Obstetrics & Gynaecology	2023	2.58	1 Year
211	Comparative study of analgesic efficacy of IV paracetamol and IV tramadol in active labour in tertiary care.	Dr. Smriti Gupta	Entice Way	Non-Governme nt	Obstetrics & Gynaecology	2023	1.81	1 Year
212	Prevalence of HPV in low and high risk Pap smear	Dr. Smriti Gupta	Entice Way	Non-Governme nt	Obstetrics & Gynaecology	2023	2.62	1 Year
213	serum copper levels and uterine doppler to predict mentrual disturbance in IUCD users	Dr. Smriti Gupta	Entice Way	Non-Governme nt	Obstetrics & Gynaecology	2023	2.64	1 Year
214	To study the effect of calcium dobesilate in diabetic retinopathy.	Dr. Farhat Abrar	Entice Way	Non-Governme nt	Ophthalmolo gy	2023	2.31	1 Year

215	Evaluate spectrum of dry eye disease and effect on central corneal thickness in post menopausal females	Dr. Sanjiv Kumar	Entice Way	Non-Government	Ophthalmology	2023	1.89	1 Year
216	Effect of screen time on dry eye disease indicators and corneal endothelial count and morphology of mebobian glands	Dr. Sanjiv Kumar	Entice Way	Non-Government	Ophthalmology	2023	2.00	1 Year
217	To evaluate the efficacy and safety of 1% pilocarpine eyedrops in the treatment of presbyopia	Dr. Charu Jain	Entice Way	Non-Government	Ophthalmology	2023	2.50	1 Year
218	Evaluate peripaillary retinal nerve fibre layer in diabetes mellitus and normal individuals	Dr. Farhat Abrar	Entice Way	Non-Government	Ophthalmology	2023	2.40	1 Year
219	Outcome of ilizarov technique in handling complicated diaphyseal practures of tibia	Dr. Kamal Swarn	Entice Way	Non-Government	Orthopaedics	2023	2.32	1 Year
220	Functional and radiological outcomes of anterior decompression of thoracic and lumbar spine tuberculosis and fusion by bone graft and age and stabalisation by pedicle screw by posterior approach	Dr. Parwej Ahmed	Entice Way	Non-Government	Orthopaedics	2023	2.61	1 Year
221	Compare functional outcomes of proximal humerous fracture with philos and tension band technique	Dr. Gaurav Menwal	Entice Way	Non-Government	Orthopaedics	2023	2.21	1 Year
222	Role of teriparatide in functional and radiological outcome in patients with IT fracture treated with PFN	Dr. Kamal Swarn	Entice Way	Non-Government	Orthopaedics	2023	2.54	1 Year
223	Comparision of 2 prognostic scores PRISM3 and SNAPPE 2 in NICU	Dr. Ajay Punj	Entice Way	Non-Government	Pediatrics	2023	2.58	1 Year
224	Effect of phototherapy on serum levels of calcium, Mg, P and vit D in infants with hyperbilirubinemia	Dr. Ajay Punj	Entice Way	Non-Government	Pediatrics	2023	2.30	1 Year
225	Impact of oropharyngeal administration of mother's colostrum on health outcomes of premature infants	Dr. Ajay Punj	Entice Way	Non-Government	Pediatrics	2023	2.53	1 Year

226	Alteration in biomarkers in alcohol dependent male patients during and after detoxification therapy	Dr. Vivek Kumar	Entice Way	Non-Governme nt	Psychiatry	2023	2.54	1 Year
227	Role of duration of treatment with antipsycotics in metabolic syndrome in patients suffering from schizophrenia	Dr. Vivek Kumar	Entice Way	Non-Governme nt	Psychiatry	2023	2.48	1 Year
228	Changes in hippocampal volume in depressive disorder: a case control study	Dr. Vivek Kumar	Entice Way	Non-Governme nt	Psychiatry	2023	2.10	1 Year
229	Ostearthritis of knee: comparision of MR imaging findings with sonographic and conventional radiographic assessment for cartilage damage	Dr. Mahesh Kumar Mittal	Entice Way	Non-Governme nt	Radio-Diagnosis	2023	2.47	1 Year
230	Coparisionof efficacy of MRI with USG in shoulder pain	Dr. Mukta Mittal	Entice Way	Non-Governme nt	Radio-Diagnosis	2023	2.47	1 Year
231	Ultrasonography assessment of obesity to predict risk of gestational DM	Dr. Mahesh Kumar Mittal	Entice Way	Non-Governme nt	Radio-Diagnosis	2023	2.34	1 Year
232	Reliability of transcerebellar diameter and kidney length in estimating gestational age as compared with other standard biometric parameters	Dr. Mukta Mittal	Entice Way	Non-Governme nt	Radio-Diagnosis	2023	2.78	1 Year
233	Study of HRS usg of peripheral nerves in diabetic neuropathy and its corelation with nerve conduction study.	Dr. Mahesh Kumar Mittal	Entice Way	Non-Governme nt	Radio-Diagnosis	2023	2.65	1 Year
234	Whole genome sequencing of endometrial tissue biopsy to detect drug resistance in cases of genital TB in females	Dr. Eema Choudhary	Entice Way	Non-Governme nt	Respiratory Medicine	2023	2.00	1 Year
235	To study occurence of HAP and VAP in patients with and without ET tube fixator in patients of tertiary care centre	Dr. Eema Choudhary	Entice Way	Non-Governme nt	Respiratory Medicine	2023	2.69	1 Year
236	TTF1, napsinA, p40 for NSC lung cancer	Dr. Rani Bansal	Entice Way	Non-Governme nt	PATHOLOGY	2023	0.89	1 Year
237	p53, ki67, topoisomerase 2 alpha in CA breast	Dr. Sanghita Sharma	Entice Way	Non-Governme nt	PATHOLOGY	2023	0.94	1 Year
238	p16, CD56 and Desmin Immunohistochemistry in head and neck squamous cell CA	Dr. Anjali Khare	Entice Way	Non-Governme nt	PATHOLOGY	2023	0.93	1 Year

239	CD56 and Ki67 in breast diseases	Dr. Shubhangi Sharma	Entice Way	Non-Governme nt	PATHOLOGY	2023	0.82	1 Year
240	PSMA & glyoxalase 1 in prostate diseases	Dr. Davandra Swarup	Entice Way	Non-Governme nt	PATHOLOGY	2023	0.99	1 Year
241	Suggamdex vs neo+glyco in reversing NMblock after vecuronium	Dr. Salony Agarwal	Entice Way	Non-Governme nt	Anaesthesia	2023	1.00	1 Year
242	Study on correlation of red cell distribution width for prediction of mortality in sepsis patients	Dr. Manoranjan Kumar Bansal	Entice Way	Non-Governme nt	Anaesthesia	2023	1.05	1 Year
243	Sevo vs des in GA	Dr. Salony Agarwal	Entice Way	Non-Governme nt	Anaesthesia	2023	1.17	1 Year
244	Intranasal dexmed vs intranasal midaz for sedation in pediatric patient	Dr. Salony Agarwal	Entice Way	Non-Governme nt	Anaesthesia	2023	1.17	1 Year
245	PEEP effect on IOP in laparoscopy patients	Dr. Bhawana Rastogi	Entice Way	Non-Governme nt	Anaesthesia	2023	1.04	1 Year
246	Study of USG guided quadratus lumborum block vs transversus abdominis plane block for postop analgesia in pts undergoing total abdominal hysterectomy	Dr. Bhawana Rastogi	Entice Way	Non-Governme nt	Anaesthesia	2023	1.07	1 Year
247	4mg vs 8mg dexa with bupivacaine in USG guided brachial plexus block	Dr. Manoranjan Kumar Bansal	Entice Way	Non-Governme nt	Anaesthesia	2023	0.75	1 Year
248	Study of efficacy of sphenopalatine ganglion block for management of post-dural puncture headache in pts undergoing surgeries in spinal anesthesia	Dr. Brig. H. S. Minhas	Entice Way	Non-Governme nt	Anaesthesia	2023	1.04	1 Year
249	Study of perfusion index as predictor of hypotension following spinal anesthesia in infr-umblical surgery	Dr. Brig. H. S. Minhas	Entice Way	Non-Governme nt	Anaesthesia	2023	1.10	1 Year
250	IJV and IVC on hypotension in GA	Dr. Bhawana Rastogi	Entice Way	Non-Governme nt	Anaesthesia	2023	1.06	1 Year
251	Fractional CO2 vs microneedling + PRP for acne scars	Dr. Arvind Krishna	Entice Way	Non-Governme nt	Dermatology , Vene Reology and Leprosy	2023	0.96	1 Year
252	Intradermal traneximic acid and glycolic acid peel in melasma	Dr. Arvind Krishna	Entice Way	Non-Governme nt	Dermatology , Vene Reology and Leprosy	2023	0.96	1 Year
253	Microneedling with tofacitinib and methotrexate in cases of alopecia areata	Dr. Arvind Krishna	Entice Way	Non-Governme nt	Dermatology , Vene Reology and Leprosy	2023	0.89	1 Year
254	Microdebrider vs conventionall fess in chronic rhinosinusitis	Dr. Sanjay Kumar	Entice Way	Non-Governme nt	ENT	2023	1.02	1 Year

255	Coblator tonsillectomy vs cold steel tonsillectomy	Dr. Sanjay Kumar	Entice Way	Non-Governme nt	ENT	2023	1.02	1 Year
256	Galectin 3 vs nt-probnp in chronic heart failure	Dr. Saurabh Singhal	Entice Way	Non-Governme nt	General Medicine	2023	1.08	1 Year
257	Penumbra guided mechanical thrombectomy in ischemic stroke patients	Dr. Saurabh Singhal	Entice Way	Non-Governme nt	General Medicine	2023	0.86	1 Year
258	Coorelation of body visceral fat estimation with serum lipid profile and fasting blood sugar levels in adults	Dr. T. R. Sirohi	Entice Way	Non-Governme nt	General Medicine	2023	1.15	1 Year
259	Proenkephalin vs pro bnp as a prognostic marker in mi patients	Dr. Sumit Kant Jha	Entice Way	Non-Governme nt	General Medicine	2023	1.21	1 Year
260	S. Fgf23 in ckd as a predictor for cardio vascular risks	Dr. Amit Kumar	Entice Way	Non-Governme nt	General Medicine	2023	1.17	1 Year
261	Probnp as copd prognosticator	Dr. Saurabh Singhal	Entice Way	Non-Governme nt	General Medicine	2023	1.13	1 Year
262	Urine lfab as a early predictor of diabetic nephropathy	Dr. Sumit Kant Jha	Entice Way	Non-Governme nt	General Medicine	2023	1.23	1 Year
263	MRI fat quantification in USG proven fatty liver patient	Dr. P. K. Gupta	Entice Way	Non-Governme nt	General Medicine	2023	1.08	1 Year
264	Upper GI endoscopy and Ph monitoring in upper GI symptoms	Dr. Saurabh Singhal	Entice Way	Non-Governme nt	General Medicine	2023	1.04	1 Year
265	MRI quatification of iron load of liver in CLD vs non CLD	Dr. P. K. Gupta	Entice Way	Non-Governme nt	General Medicine	2023	1.13	1 Year
266	Comparison of NGS assisted pathogenic detection in ICH	Dr. Sumit Kant Jha	Entice Way	Non-Governme nt	General Medicine	2023	0.50	1 Year
267	IL-6 and E-selectin levels in hypertension of pregnancy	Dr. Mamta Tyagi	Entice Way	Non-Governme nt	Obstetrics & Gynaecology	2023	0.91	1 Year
268	OCP +- metformin on severity of PCOS	Dr. Smriti Gupta	Entice Way	Non-Governme nt	Obstetrics & Gynaecology	2023	0.90	1 Year
269	VEGF and S.MDA levels in hypertension of pregnancy	Dr. Mamta Tyagi	Entice Way	Non-Governme nt	Obstetrics & Gynaecology	2023	0.84	1 Year
270	Role of rapid molecular test to detect chlymadia trachomatis and N. gonorrhea in diagnosing subclinical PID	Dr. Smriti Gupta	Entice Way	Non-Governme nt	Obstetrics & Gynaecology	2023	0.91	1 Year
271	Allergic panel in allergic conjunctivitis	Dr. Sanjiv Kumar	Entice Way	Non-Governme nt	Ophthalmolo gy	2023	0.97	1 Year
272	Micro profile of corneal ulcer	Dr. Sanjiv Kumar	Entice Way	Non-Governme nt	Ophthalmolo gy	2023	0.97	1 Year
273	Endothelial cell count and central corneal thickness in phaco in diabetic and non-diabetic	Dr. V. K. Malik	Entice Way	Non-Governme nt	Ophthalmolo gy	2023	0.80	1 Year

274	Changes in macular thickness uncomplicated sics and phacoemulsification using oct	Dr. V. K. Malik	Entice Way	Non-Government	Ophthalmology	2023	0.98	1 Year
275	To evaluate role of oct in systemic hypertension and coronary artery disease	Dr. Farhat Abrar	Entice Way	Non-Government	Ophthalmology	2023	1.00	1 Year
276	Changes in layers of retina in patients of glaucoma using oct	Dr. Charu Jain	Entice Way	Non-Government	Ophthalmology	2023	0.99	1 Year
277	Comparative of clinical and radiological outcome of fixation of femoral neck fracture	Dr. Kamal Swarn	Entice Way	Non-Government	Orthopaedics	2023	1.04	1 Year
278	CT evaluation of acetabular cup in total hip replacement vs Total	Dr. Parwej Ahmed	Entice Way	Non-Government	Orthopaedics	2023	1.03	1 Year
279	Clavicle fixation, anterio inferior vs superior plating	Dr. Parwej Ahmed	Entice Way	Non-Government	Orthopaedics	2023	0.66	1 Year
280	Causative organism of acute diarrhoea in children below 5 yrs	Dr. Ajay Punj	Entice Way	Non-Government	Pediatrics	2023	0.89	1 Year
281	To Observe The Use Of Near Infrared Spectroscopy In Hemodynamically Compromised Patients To Check Real Time Perfusion Status During Fluid Resuscitation	Dr. Ajay Punj	Entice Way	Non-Government	Pediatrics	2023	0.90	1 Year
282	Multiplex PCR in pediatric meningitis	Dr. Ajay Punj	Entice Way	Non-Government	Pediatrics	2023	0.89	1 Year
283	Association b/w sleep quality and inflammatory marker	Dr. Vivek Kumar	Entice Way	Non-Government	Psychiatry	2023	0.75	1 Year
284	Endoscopic findings in anxiety and depression	Dr. Vivek Kumar	Entice Way	Non-Government	Psychiatry	2023	0.75	1 Year
285	Cardiac functioning in schizophrenia	Dr. Vivek Kumar	Entice Way	Non-Government	Psychiatry	2023	0.76	1 Year
286	Quantification of penumbra volume in stroke patients in DWI vs ASL	Dr. Mahesh Kumar Mittal	Entice Way	Non-Government	Radio-Diagnosis	2023	1.14	1 Year
287	DWI and dynamic MRI in breast lesion	Dr. Mukta Mittal	Entice Way	Non-Government	Radio-Diagnosis	2023	1.08	1 Year
288	MRI knee in early OA (single knee)	Dr. Sachin Agarwal	Entice Way	Non-Government	Radio-Diagnosis	2023	1.16	1 Year
289	Cerebral perfusion MRI in dementia patients	Dr. Mahesh Kumar Mittal	Entice Way	Non-Government	Radio-Diagnosis	2023	1.15	1 Year
290	Pulmonary rehab in COPD	Dr. Mahip Saluja	Entice Way	Non-Government	Respiratory Medicine	2023	1.03	1 Year

291	Outcomes of indacaterol /glycopyrronium / mometasone with indacaterol/glycopyrronium/budesonide therapy inpatients of COPD	Dr. Mahip Saluja	Entice Way	Non-Government	Respiratory Medicine	2023	0.79	1 Year
292	VAP incidence and profile in closed suction vs open suction	Dr. Mahip Saluja	Entice Way	Non-Government	Respiratory Medicine	2023	1.01	1 Year
293	Evaluation of ER,PR, HER 2 NEU and KI-67 Status in Fibrodenoma Patients.	Dr. M. K. Maheshwari	Entice Way	Non-Government	General Surgery	2023	2.34	1 Year
294	To compare outcome of various types of surgical management in patients of hemorrhoids	Dr. Dhanesh Kumar	Entice Way	Non-Government	General Surgery	2023	2.30	1 Year
295	Study of impact of hormonal dysregulation in severity of cld with coorelation of meld na	Dr. Mukti Bhatnagar	Entice Way	Non-Government	General Medicine	2023	0.46	1 Year
296	Dosing methods of bicarbonate in patients of metabolic acidosis	Dr. Krishna Murty	Entice Way	Non-Government	Emergency Medicine	2023	0.47	1 Year
297	Managment of celphos poisoning	Dr. Krishna Murty	Entice Way	Non-Government	Emergency Medicine	2023	0.13	1 Year
298	CBC(210) x4, IRON PROFILE COMPLETE (750), retic (200) x4, vit b12 (1050), GBP (370), KFT(800), LFT (600),	Dr. P. K. Gupta	Entice Way	Non-Government	General Medicine	2023	1.05	1 Year
299	Effect of high dose vitamin c on il6 and tnf in burn patients	Dr. Sandeep Kansal	Entice Way	Non-Government	General Surgery	2023	1.20	1 Year
300	Optic nerve sheath diameter in traumatic head injury and correlation with serial ct evaluation	Dr. Dhanesh Kumar	Entice Way	Non-Government	General Surgery	2023	1.01	1 Year
301	EVLA at different energies in varicose veins	Dr. Sanjay Panday	Entice Way	Non-Government	General Surgery	2023	1.15	1 Year
302	Evaluation of continous vap dressing in chronic wound over intermittent presure in vac	Dr. Sandeep Kansal	Entice Way	Non-Government	General Surgery	2023	1.09	1 Year
303	Comparative study for serum magnesium and phosphate level in patients of type 2 diabetes mellitus with and without foot ulcer.	Dr. M. K. Maheshwari	Entice Way	Non-Government	General Surgery	2023	1.05	1 Year
304	Coorelation of h pylori with post cholecystectomy syndrome	Dr. Sanjay Panday	Entice Way	Non-Government	General Surgery	2023	1.04	1 Year
305	Correlation b/w ihc marker & neuronal dysfunction in anorectal malformation	Dr. Sandeep Kansal	Entice Way	Non-Government	General Surgery	2023	1.23	1 Year

306	Association of h pylori with gall stone disease	Dr. M. K. Maheshwari	Entice Way	Non-Governme nt	General Surgery	2023	1.05	1 Year
307	Micro profile in necrotising soft tissue infection	Dr. Sanjay Panday	Entice Way	Non-Governme nt	General Surgery	2023	0.95	1 Year
308	S. Level mmp 2, 9 in different stages of head & neck cancer	Dr. Shashank Mishra	Entice Way	Non-Governme nt	General Surgery	2023	1.02	1 Year
309	Level of mmp and timp in inguinal, ventral & incisional hernia	Dr. Shashank Mishra	Entice Way	Non-Governme nt	General Surgery	2023	1.04	1 Year
310	Role of nebulization with heparin in traumatic pulmonary contusion	Dr. Dhanesh Kumar	Entice Way	Non-Governme nt	General Surgery	2023	1.08	1 Year
311	Levels of pantraxin 3 in gi perforation as prognostic marker	Dr. Shashank Mishra	Entice Way	Non-Governme nt	General Surgery	2023	0.95	1 Year
312	Comparison of various types of surgical management in fistula in ano	Dr. Dhanesh Kumar	Entice Way	Non-Governme nt	General Surgery	2023	1.08	1 Year
313	ACTH and IL6 in open and lap hernia	Dr. M. K. Maheshwari	Entice Way	Non-Governme nt	General Surgery	2023	1.16	1 Year
314	Comparison of PRP at different conc in OA	Dr. Kamal Swarn	Entice Way	Non-Governme nt	Orthopaedic s	2023	1.03	1 Year
315	Comparison bw functional outcome of ACL hamstrings vs peroneous	Dr. Gaurav Menwal	Entice Way	Non-Governme nt	Orthopaedic s	2023	1.04	1 Year
316	Comparative of MRI, MRI with contrast and TRUS biopsy for diagnosis of Prostate malignancy	Dr. Mukta Mittal	Entice Way	Non-Governme nt	Radio-Diagnosis	2023	1.17	1 Year

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University's Contribution towards Achieving SDG 3: Good Health and Well-Being

3.3.2 HEALTH OUTREACH PROGRAMMES IN ALIGMENT WITH SDG 3 GOOD HEALTH & WELL BEING:

Through a variety of health outreach and extension programs, Swami Vivekanand Subharti University showed its strong dedication to promoting community health and well-being during the academic year 2023–2024. In order to ensure that healthcare information and services reached a variety of societal segments, these initiatives were cooperatively carried out by multiple faculties in collaboration with the government, non-governmental organizations, and community organizations.

Through free health check-up camps, awareness campaigns on preventive healthcare, oral hygiene, maternal and child health, rehabilitation, physiotherapy support, traditional medicine, and responsible drug use, the Faculty of Medicine, Dental Sciences, Nursing, Physiotherapy & Allied Health Sciences, AYUSH, and Pharmacy directly served the community. These initiatives raised long-term knowledge of healthy living habits in addition to offering prompt assistance and direction.

Through scientific demonstrations, teacher training, and wellness efforts centered around sports and yoga, the faculty of AYUSH, Faculty of Science, Education, and Physical Education made a substantial contribution to raising awareness about nutrition, environmental health, hygiene, school health programs, and fitness.

In order to increase the inclusivity and impact of health messages, the Faculty of Fine Arts and Arts & Social Sciences (Departments of Journalism & Mass Communication, Home Science, and Languages) engaged the community through art, street plays, posters, radio programs, documentaries, nutrition workshops, and multilingual campaigns.

Thousands of individuals benefited directly from Swami Vivekanand Subharti University's comprehensive community outreach, which was made possible by its multi-faculty and interdisciplinary approach.

These group initiatives demonstrate the University's consistent support for reaching Sustainable Development Goal 3 (Good Health and Well-Being) of the UN.

Table-1 Health outreach programmes and projects in the local community (which can include student volunteering programmes) to improve or promote health and well-being including hygiene, nutrition, family planning, sports, exercise, aging well, and other health and well-being related topics:

S.No	Faculty/Department	Year	Name of the activity	Organizing unit/ agency/ collaborating agency	Number of students participated in such activities	Number of Teachers/ Doctors participated in such activities	No. of Beneficiaries (Community People)
1	Faculty of Pharmacy	2023-2024	Outreach activity: To aware the people about Overdose the Drug	Pharma Scientific Club of Kharvel Subharti College of Pharmacy	15	2	150
2	Faculty of Pharmacy	2023-2024	Outreach activity: To aware the people about Misuse of Antibiotics	Pharma Scientific Club of Kharvel Subharti College of Pharmacy	15	2	200
3	Faculty of Pharmacy	2023-2024	Outreach activity: To aware the people about World Health Day	Pharma Scientific Club of Kharvel Subharti College of Pharmacy	15	2	160
4	Faculty of Pharmacy	2023-2024	Awareness camp on safe use of medicines at Pradhanmantri Jan Aushadhi Kendra, Vedvyas Puri, Meerut	Pharma Care Club of Kharvel Subharti College of Pharmacy	14	3	248
5	Faculty of Pharmacy	2023-2024	National Pharmacovigilance Week	Department of Pharmacology, Kharvel Subharti College of Pharmacy	121	20	141
6	Faculty of Pharmacy	2023-2024	A relaxing session with workshop on unique and universal method of meditation	Department of Pharmaceutics, Kharvel Subharti College of Pharmacy	56	20	76

7	Faculty of Pharmacy	2023-2024	Yoga Practice on ' International Day of Yoga ' on the theme : "Yoga for Self and Society	Faculty of Pharmacy, Kharvel Subharti College of Pharmacy	40	21	75
8	Faculty of Pharmacy	2023-2024	Vaccination Day	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	15	2	16
9	Faculty of Pharmacy	2023-2024	Generate Awareness About Sanitization And Its Linkage With Public Health	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	13	2	15
10	Faculty of Pharmacy	2023-2024	Role of Environment for Good Health	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	40	4	40
11	Faculty of Pharmacy	2023-2024	Swachhata Pakhwada	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	20	5	25
12	Faculty of Education	2023-2024	Learn with Fun: Nukkad Natak & Sports	Sardar Patel Municipal Inter College, Sharda Road, Meerut.	110	8	126
13	Faculty of Education	2023-2024	Swachhata Hi Seva Campaign (Swachhata Abhiyan)	Department of Education, FOE, SVSU, Meerut	22	5	22
14	Faculty of Education	2023-2024	Hiking trip to Vrindavan under Scout & Guide Camp	Department of Education , FOE, SVSU, Meerut	22	7	32
15	Faculty of Education	2023-2024	Role of Positive Mental Health and Wellness in Career Formation	Dr.Rahul Bansal, Chairman, Wellness Center & Dr. Seema Sharma, Sr. Consultant (Clinical Psychology)	90	13	103
16	Faculty of Education, Department of Physical Education	2023-2024	Leadership Adventure Camp at Panchmari	Bharat Scout Guide	92	6	98
17	Faculty of Education, Department of Physical Education	2023-2024	Industrial Visit of Sports Equipments	R.S. Traders, Rohta Road, Meerut	53	4	58

18	Faculty of Education, Department of Physical Education	2023-2024	Industrial Visit of Sports Equipments	Taliyan sportswear Traders, Kankankhera, Meerut	51	3	56
19	Faculty of Education, Department of Physical Education	2023-2024	Educational Visit	Pragati Maidan, New Delhi	30	4	35
20	Faculty of Education, Department of Physical Education	2023-2024	Research Development See The Sports Exhibition	Physical Education foundation of India	30	4	34
21	Faculty of Education, Department of Physical Education	2023-2024	Role of Yogic Sciences to Prevent the Stress, Anxiety and Depression	Department of Physical Education , Faculty of Education, Swami Vivekanand Subharti University, Meerut	54	6	60
22	Faculty of Education, Department of Physical Education	2023-2024	Pink Marathon Cancer “Awareness Week: Breast Cancer”	Department of Physical Education Faculty of Education, Swami Vivekanand Subharti University, Meerut & Engineering College Swami Vivekanand Subharti University, Meerut	256	3	277
23	Faculty of Education, Department of Physical Education	2023-2024	Marathon Cancer Awareness	Department of Physical Education Faculty of Education, Swami Vivekanand Subharti University, Meerut & Engineering College Swami Vivekanand Subharti University, Meerut	101	26	127
24	Faculty of Education, Department of Physical Education	2023-2024	Psychological Impact using the Substance on Athletes Mental Health and Performance	Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University, Meerut	24	10	34

25	Faculty of Education, Department of Physical Education	2023-2024	Guest Lecture on Understanding and Managing Stress in College	Department of Physical Education, Faculty of Education, Swami Vivekanand Subharti University, Meerut	30	10	40
26	Faculty of Arts & Social Science-Department of Journalism & Mass Communication	2023-2024	Sharman for Swachh Bharat	Ministry of Housing & Urban Affairs, Govt. Of India	71	18	200
27	Faculty of Arts & Social Science-Department of Journalism & Mass Communication	2023-2024	Nukkad Natak on "Breaking the Silence on Breast Cancer"	Department of Journalism & Mass Communication	25	6	32
28	Faculty of Arts & Social Science-Department of Journalism & Mass Communication	2023-2024	Mental Health and Life Style Post Covid-19	Department of Journalism & Mass Communication	117	27	146
29	Faculty of Arts & Social Science-Department of Journalism & Mass Communication	2023-2024	Fit India Swachhata Run 4.0	Ministry of Youth Affairs & Sports, Govt. of India	129	30	159
30	Faculty of Arts & Social Science-Department of Languages	2023-2024	Hygiene Awareness Program	Uccha prathmik vidyalaya, Rohta, Meerut	45	4	45
31	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Gohra Village, Meerut	44	2	93
32	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Sai International School Meerut	55	3	134

33	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Madan Mohan Vidya Mandir, Meerut	45	3	80
34	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and RAF (RAPO)	48	2	51
35	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and City Pride Public School Meerut	30	2	136
36	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jatpura Village Camp	40	2	60
37	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Kushth Ashram Meerut	53	3	66
38	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and 44 PAC Meerut	55	2	57
39	Faculty of Dental Sciences	2023-2024	Sensitization Lecture on “Positive Mental Health”	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut, Dept. of Oral Medicine and Radiology	100	7	100
40	Faculty of Dental Sciences	2023-2024	Awareness camp on “Tobacco and its Ill-effects” & “Tooth brushing techniques	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut, Dept. of Oral Medicine and Radiology and Dept. of Public Health Dentistry	74	4	78

41	Faculty of Dental Sciences	2023-2024	Prosthodontic Day Celebration	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut, Dept. of Prosthodontics and Crown & Brown	52	4	52
42	Faculty of Dental Sciences	2023-2024	National Oral Pathologists Day 2024	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut, Department of Oral and Maxillofacial Pathology	43	7	110
43	Faculty of Dental Sciences	2023-2024	Workshop on "Tobacco Deaddiction Therapies"	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut, Dept. of Oral Medicine and Radiology	149	4	153
44	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and NCC Camp	83	4	121
45	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Sterling Sports Industry Partapur (PALS OMR)	94	4	98
46	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Sikri Kalan Camp	76	3	79
47	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut & Sardhana Camp Meerut	83	4	89
48	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and RAF (RAPO)	94	5	99

49	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Panchli Village Camp Meerut (PALS PERIO)	55	3	102
50	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Millennium Public School Meerut	75	3	255
51	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Bichola Village Camp Mawana	63	3	110
52	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and lal Dayal Public School Khatauli	56	3	64
53	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Inchauli Village Meerut	64	3	75
54	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Avenue Public School Meerut	70	4	98
55	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Mainaputthi Village Camp PALS OP	100	5	130

56	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Islam E Madersa Pawati	52	2	54
57	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Police Line Meerut	54	2	58
58	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Gohra Village Meerut	49	2	63
59	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Arnawali Village Meerut	66	3	72
60	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Somdat Vihar Meerut	55	2	83
61	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and SBA Public School Kila Parikshitgarh , Meerut	52	2	62
62	Faculty of Dental Sciences	2023-2024	Oral Health Awareness & Treatment Activity	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Khiwai Camp, Meerut	74	4	82
63	Faculty of Dental Sciences	2023-2024	Oral Health Awareness	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Malyana Camp, Meerut	94	5	99

64	Faculty of Dental Sciences	2023-2024	Wellness & Positive Mental Health	Faculty of Dental Sciences, Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU	86	3	89
65	Faculty of Dental Sciences	2023-2024	Sensitization programme on “Wellness & Spirituality”	Faculty of Dental Sciences, Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU	91	33	124
66	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Faridnagar Village Camp Meerut	82	3	103
67	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, and Gagol Village Camp Meerut	54	2	127
68	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Faridnagar Camp Meerut	64	3	82
69	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jhitkari Camp Meerut	83	4	111
70	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and MIET Kids School Meerut	55	2	110
71	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Rori Village Camp Meerut	63	3	82

72	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Ishaknagar Bhojpur Camp Meerut	54	3	62
73	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and S G World School Sardhana, Meerut	44	2	407
74	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Khiwai Camp Meerut	82	3	89
75	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	70	3	123
76	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Saraswati Gyan mandir School Daurala Meerut	80	4	112
77	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	44	3	83
78	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	85	4	89
79	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Khiwai Camp	94	5	106

80	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Amar Jyoti Higher Secondary School, Bhalsona	44	2	48
81	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	73	4	88
82	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Lawar Camp	56	3	100
83	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Primary School, Govindpur Kharkhoda	45	3	162
84	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Gyan Anant Vidvalaya Atrouli , Modinagar	74	4	575
85	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	94	5	133
86	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Idrishpur Bhola Road Meerut	75	4	130
87	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Khiwai Village PALS ENDO	84	3	163

88	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and School Dungravali	55	2	205
89	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Malyana Village	54	3	57
90	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and NKBR Academy , Phaphunda	47	3	160
91	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Swami Vivekand Public School Satwai PALS PERIO	34	2	110
92	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and JS Academy Meerut PALS PHD	50	2	112
93	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Fajalpur Meerut	40	2	52
94	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Machra Village Meerut	48	2	80
95	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Chudeyala Village Meerut	62	3	105

96	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Khedi Manhharan Meerut	43	3	65
97	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	50	3	105
98	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	52	3	56
99	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Malyana Camp (PALS PEDO)	55	2	71
100	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Madan Mohan Vidya Mandir Meerut (PALS PEDO)	82	4	346
101	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jani Village Camp	22	2	44
102	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Vani Public School (PALS PEDO)	66	4	70
103	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Salawa Camp	50	3	55

104	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Budhana	35	2	53
105	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jainpur Village Meerut	46	3	52
106	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Sardhana Meerut	66	6	106
107	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Muradnagar Camp Meerut	28	3	51
108	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Satwai camp Meerut	45	2	69
109	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Satwai camp Meerut	36	2	66
110	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Daurala Camp Meerut	62	3	85
111	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and St Xaviers School Camp Meerut	48	2	338

112	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and St Xaviers School Camp Meerut	55	2	384
113	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and JP Academy Meerut	70	3	253
114	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and TRS College pilkhuwa Meerut	84	4	415
115	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Mavi Kalan, Meerut	46	2	92
116	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	36	2	79
117	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Ghat Village, Meerut	44	2	56
118	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	46	2	50
119	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp Meerut	63	3	72

120	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and CRK Inter College Aurangabad Meerut	67	3	172
121	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	39	2	81
122	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and MIT College, Meerut	60	3	134
123	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Puttha Village, Meerut	40	2	54
124	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Roop Singh Public School Meerut	100	5	254
125	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	73	3	143
126	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Alipur Village, Meerut	44	2	46
127	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	35	2	70

128	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Nek Village, Meerut	45	3	90
129	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Sardhana Camp, Meerut	44	2	92
130	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	36	2	52
131	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	40	3	56
132	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Bhartiya Jain Hospital, Meerut	36	2	41
133	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	54	3	62
134	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	44	2	82
135	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, and Prem Nivas Camp, Meerut	55	2	69
136	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	44	2	46

137	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and S.B.A Public School	50	2	77
138	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	50	2	64
139	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, and DPS Public School, Meerut	35	2	83
140	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	45	2	88
141	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	35	2	72
142	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, and Sophia Girls School, Meerut	94	4	224
143	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Vaani School & Research, Meerut	75	4	114
144	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Meerut International School, Meerut	74	4	139
145	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and PTM Public School	85	4	159

146	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	46	2	48
147	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Sarita Public School	50	2	205
148	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	52	3	109
149	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	44	2	46
150	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and NCC Camp N.A.S College, Meerut	45	2	123
151	Faculty of Dental Sciences	2023-2024	Oral Screening	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Shri Ram Public School, Meerut	25	2	49
152	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	35	2	69
153	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, and Budh Mela Camp, Meerut	45	3	48
154	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	42	3	76

155	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Budh Mela Camp, Meerut	52	3	57
156	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Budh Mela Camp, Meerut	45	2	47
157	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Budh Mela Camp, Meerut	62	3	65
158	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Budh Mela Camp, Meerut	52	3	55
159	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Budh Mela Camp, Meerut	51	3	54
160	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Mawana. Meerut	25	2	61
161	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Budh Mela Camp. Meerut	27	2	29
162	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	25	2	52

163	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Sisola Camp, Meerut	20	2	41
164	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	40	2	42
165	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	42	2	44
166	Faculty of Dental Sciences	2023-2024	Oral Screening and Treatment Camp	Faculty of Dental Sciences, Swami Vivekanand Subharti University, Meerut and Jail Camp, Meerut	24	2	50
167	Faculty of Nursing	2023-2024	Swachhata hi Seva	National Service Scheme	15	1	95
168	Faculty of Nursing	2023-2024	Mental Health Mela	Pyarelal Sharma hospital	20	2	200
169	Faculty of Nursing	2023-2024	World AIDS day	Community Health Centre Rohta	30	1	75
170	Faculty of Nursing	2023-2024	World Cancer day	Rajkiya Inter College	30	2	50
171	Faculty of Nursing	2023-2024	Zumba Session	Panna Dhai Maa Subharti Nursing College	20	20	20
172	Faculty of Nursing	2023-2024	NSS Camp	National Service Scheme	20	1	300
173	Faculty of Nursing	2023-2024	Safe Motherhood Day	Society of Midwives of India UP Chapter	20	2	50
174	Faculty of Nursing	2023-2024	Hand Washing Day	Panna Dhai Maa Subharti Nursing College	20	3	20
175	Faculty of Nursing	2023-2024	School Health Camp	Prithavi Singh Subharti High School	30	3	150
176	Faculty of Nursing	2023-2024	Role Play on World No Tobacco Day	Baleni Village	30	2	110

177	Faculty of Nursing	2023-2024	International Yoga Day	Subharti Naturopathy and Yogic Sciences College	100	15	100
178	Faculty of Nursing	2023-2024	Nutritional Camp	Baleni Village	20	2	75
179	Faculty of Nursing	2023-2024	Biodiversity Day	CHC Rohta	50	2	70
180	Faculty of Nursing	2023-2024	World Schizophrenia Day	Panna Dhai Maa Subharti Nursing College	30	3	150
181	Faculty of Nursing	2023-2024	World no Tobacco Day	Pyarelal Sharma Hospital	15	2	90
182	Faculty of Nursing	2023-2024	Role Play on Deaddiction	Chhatrapati Shivaji Subharti Hospital	20	3	50
183	Faculty of Nursing	2023-2024	World Heart Day	Panna Dhai Maa Subharti Nursing College	30	3	50
184	Faculty of Nursing	2023-2024	Breast Cancer Awareness	Chhatrapati Shivaji Subharti Hospital	40	3	50
185	Faculty of Nursing	2023-2024	Women's day	Chhatrapati Shivaji Subharti Hospital	30	4	30
186	Faculty of Nursing	2023-2024	Role play on Women's Day	PDMSNC	30	2	50
187	Faculty of Nursing	2023-2024	World Hypertention Day	Panna Dhai Maa Subharti Nursing College	40	3	50
188	Faculty of Nursing	2023-2024	World Population Day	Nursing Scholar Society Lavender chapter	100	4	52
189	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Physiotherapy Camp in Multanagar	Jyoti Rao Phule Subharti College of physiotherapy	6	2	38

190	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Physiotherapy Camp on Musculoskeletal, Janipur	Chhatrapati Shivaji Subharti Hospital	2	1	33
191	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Physiotherapy Camp in Sara	Chhatrapati Shivaji Subharti Hospital	11	1	19
192	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Health Checkup Camp in Govindpuri	Chhatrapati Shivaji Subharti Hospital	12	2	28
193	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Physiotherapy Camp in Mawana	Chhatrapati Shivaji Subharti Hospital	22	2	18
194	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Physiotherapy Camp in Kalchhina (Modinagar)	Chhatrapati Shivaji Subharti Hospital	22	2	29
195	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Physiotherapy Camp in Khatoli	Chhatrapati Shivaji Subharti Hospital	22	2	14
196	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Physiotherapy Camp in Ghat	Chhatrapati Shivaji Subharti Hospital	22	2	19
197	Faculty of Physiotherapy & Allied Health Sciences	2023-2024	Awareness on Breast Cancer	Subharti Institute of Cancer Management and Research	52	5	57
198	Faculty of Ayush	2023-2024	World Breastfeeding Week	MASCHNYS, SVSU, Meerut	124	2	124
199	Faculty of Ayush	2023-2024	World Orthodontics Health Day	MASCHNYS, SVSU, Meerut	106	2	106
200	Faculty of Ayush	2023-2024	Guest Lecture on Motivational Talk on Positivity and Spiritual Healing	Nodal officer of Gender Sensitization Cell, MASCHNYS	160	2	160

201	Faculty of Ayush	2023-2024	Workshop on :Natural Herbs for Healthy Living	MASCHNYS, SVSU , Meerut	192	2	192
202	Faculty of Ayush	2023-2024	Naturopathy & Yoga Workshop at Millennium Public School	MASCHNYS, SVSU , Meerut	150	3	150
203	Faculty of Ayush	2023-2024	Asana Competition	MASCHNYS, SVSU , Meerut	20	2	20
204	Faculty of Ayush	2023-2024	One day Yoga Naturopathy Camp	Shaheed Bhagat Singh Subharti Urban Slum Health and Training Centre, Multan Nagar, Meerut	12	4	12
205	Faculty of Ayush	2023-2024	Guest Lecture on ethical & Moral Obligations of a Doctor	MASCHNYS, SVSU , Meerut	54	1	54
206	Faculty of Ayush	2023-2024	International Conference on Naturopathy Day-2023	National Institute of Naturopathy Pune, Patanjali Yogpith	144	10	144
207	Faculty of Ayush	2023-2024	One- Week Yoga & Naturopathy Camp	MASCHNYS, SVSU , Meerut	37	2	37
208	Faculty of Ayush	2023-2024	Workshop on “Pranic Healing"	Life Centre of Pranic Healing	150	5	150
209	Faculty of Ayush	2023-2024	Health Checkup Camp at Sindhawali Meerut	MASCHNYS, SVSU , Meerut	17	2	17
210	Faculty of Ayush	2023-2024	Role of Meditation in Peace & Tranquility of Mind	MASCHNYS, SVSU , Meerut	102	2	102
211	Faculty of Ayush	2023-2024	Health Checkup Camp at Narangpur, Meerut	MASCHNYS, SVSU , Meerut	20	2	20
212	Faculty of Ayush	2023-2024	Recent Trends and Advances in Yoga Therapy	MASCHNYS, SVSU , Meerut	168	6	168
213	Faculty of Ayush	2023-2024	Health Checkup Camp, Muradnagar	MASCHNYS, SVSU , Meerut	12	1	12
214	Faculty of Ayush	2023-2024	Health Checkup Camp at Karauda Sarkan Shamli	MASCHNYS, SVSU , Meerut	31	2	31

215	Faculty of Ayush	2023-2024	Close the Gap" Cancer care Campaign	Swami Vivekanand Subharti University	54	1	54
216	Faculty of Ayush	2023-2024	Health Check-up Camp, Pachpeda, Kile Meerut.	MASCHNYS, SVSU , Meerut	26	2	26
217	Faculty of Ayush	2023-2024	Health Check-up Camp, Daurala Meerut	MASCHNYS, SVSU , Meerut	19	2	19
218	Faculty of Ayush	2023-2024	Public Lecture on World Cancer Day	Swami Vivekanand Subharti University	43	2	43
219	Faculty of Ayush	2023-2024	Health check-up Camp, Bhainsi Khatauli	MASCHNYS, SVSU , Meerut	31	1	31
220	Faculty of Ayush	2023-2024	Mental Health and Suicidal Prevention Strategies	MASCHNYS, SVSU , Meerut	26	1	26
221	Faculty of Ayush	2023-2024	Health check-up Camp, Kudana Shamli.	MASCHNYS, SVSU , Meerut	18	2	18
222	Faculty of Ayush	2023-2024	Health check-up Camp, Lank Shamli	MASCHNYS, SVSU , Meerut	32	1	32
223	Faculty of Ayush	2023-2024	Health check-up Camp, Kanshi Meerut	MASCHNYS, SVSU , Meerut	16	1	16
224	Faculty of Ayush	2023-2024	Health check-up Camp, Shahpur, Shamli	MASCHNYS, SVSU , Meerut	31	1	31
225	Faculty of Ayush	2023-2024	Health check-up Camp , Harra, Meerut	MASCHNYS, SVSU , Meerut	14	1	14
226	Faculty of Ayush	2023-2024	Education Tour to Central Research Institute of Yoga and Naturopathy Dever Khana Jhajjar Haryana	CCRYN, New Delhi	49	2	49
227	Faculty of Ayush	2023-2024	Health check-up Camp, Khiwai.	MASCHNYS, SVSU , Meerut	18	1	18
228	Faculty of Ayush	2023-2024	Health check-up Camp , Dadri	MASCHNYS, SVSU , Meerut	28	2	28
229	Faculty of Ayush	2023-2024	Health check-up Camp, Sardhana	MASCHNYS, SVSU , Meerut	19	1	19
230	Faculty of Ayush	2023-2024	Health check-up Camp, Kurmali Shamli	MASCHNYS, SVSU , Meerut	20	1	20
231	Faculty of Ayush	2023-2024	Health check-up Camp, Baghpat	MASCHNYS, SVSU , Meerut	24	1	24

232	Faculty of Ayush	2023-2024	Health check-up Camp, Chandheri, Shamli	MASCHNYS, SVSU , Meerut	35	1	35
233	Faculty of Ayush	2023-2024	Health check-up Camp, Kulanjan Sardhana Daurala.	MASCHNYS, SVSU , Meerut	22	1	22
234	Faculty of Ayush	2023-2024	Health check-up Camp, Dalampur	MASCHNYS, SVSU , Meerut	20	2	20
235	Faculty of Ayush	2023-2024	Health check-up Camp, Babri, Shamli, Meerut	MASCHNYS, SVSU , Meerut	14	1	14
236	Faculty of Ayush	2023-2024	Health check-up Camp, Ikari Meerut	MASCHNYS, SVSU , Meerut	25	1	25
237	Faculty of Ayush	2023-2024	Health check-up Camp, Jamalpur Daurala Meerut	MASCHNYS, SVSU , Meerut	22	2	22
238	Faculty of Ayush	2023-2024	Health check-up Camp, Daurala Meerut.	MASCHNYS, SVSU , Meerut	27	1	27
239	Faculty of Ayush	2023-2024	Awareness lecture on world immunization week	MASCHNYS, SVSU , Meerut	107	2	107
240	Faculty of Ayush	2023-2024	Yoga for wellness	MASCHNYS, SVSU , Meerut	26	1	26
241	Faculty of Ayush	2023-2024	Physiological parameter monitoring systems, whether wired or wireless, play a crucial role in healthcare and research.	MASCHNYS, SVSU , Meerut	24	9	24
242	Faculty of Ayush	2023-2024	Stress Management with a Holistic Approach	MASCHNYS, SVSU , Meerut	132	1	132
243	Faculty of Ayush	2023-2024	Mental Health and Suicidal Prevention Strategies”	MASCHNYS, SVSU , Meerut	31	9	31
244	Faculty of Ayush	2023-2024	Mass Surya Namaskara	MASCHNYS, SVSU , Meerut	35	2	35
245	Faculty of Ayush	2023-2024	Health check-up Camp, Shyam Enclave Colony, Meerut.	MASCHNYS, SVSU , Meerut	24	2	24

246	Faculty of Ayush	2023-2024	Yoga session for the ANM & GNM students	MASCHNYS, SVSU , Meerut	54	2	54
247	Faculty of Ayush	2023-2024	International Yoga Day Week	MASCHNYS, SVSU , Meerut & Lage & Roy Universal School Daurala Meerut	200	3	200
248	Faculty of Ayush	2023-2024	International Day of Yoga	MASCHNYS, SVSU , Meerut, NSS, NCC, Department of Physical education	50	2	50
249	Faculty of Ayush	2023-2024	The International Day against Drug Abuse and Illicit Trafficking	Department of Psychiatry, CSSH, Meerut	104	3	104
250	Faculty of Ayush	2023-2024	Kavach Self-Defense	Gender Sensitization Committee & Dept of Physical Education	20	1	20
251	Faculty of Ayush	2023-2024	Health Checkup Camp at Sara, Modinagar	MASCHNYS, SVSU , Meerut	22	2	34
252	Faculty of Ayush	2023-2024	Health Checkup Camp at Khiwai, Meerut	MASCHNYS, SVSU , Meerut	32	2	51
253	Faculty of Ayush	2023-2024	Benefits of Yoga and Meditation for Stress Management	Subharti Medical College, SVSU & MASCHNYS, SVSU	160	10	170
254	Faculty of Ayush	2023-2024	Workshop on Hot Stone Massage	MASCHNYS, SVSU , Meerut	154	3	176
255	Faculty of Ayush	2023-2024	Yoga Practical session for students of MBBS	MASCHNYS, SVSU , Meerut	200	4	200
256	Faculty of Ayush	2023-2024	Yoga for wellness in Summer	MASCHNYS, SVSU , Meerut	55	1	56
257	Faculty of Ayush	2023-2024	Prevention of sexual Harassment	MASCHNYS, SVSU , Meerut	65	2	65
258	Faculty of Ayush	2023-2024	Yoga Session on Public Address Meeting on De-Addiction”	Dept. of Psychiatry	57	1	58
259	Faculty of Ayush	2023-2024	Yoga for Positive Promotion Health	MASCHNYS, SVSU, Meerut	56	2	56

260	Faculty of Ayush	2023-2024	Seminar on “Breast Cancer Awareness"	Dep. Of clinical & Radiation Oncology, CSSH & Jyotirao Phule Subharti College of Physiotherapy with “Anandi Sheroes	50	2	52
261	Faculty of Ayush	2023-2024	Seminar on “Breast Cancer Awareness"	Dep. Of clinical & Radiation Oncology, CSSH	62	5	67
262	Faculty of Ayush	2023-2024	Naturopathy & Yoga Health Camp	MASCHNYS, SVSU , Meerut	28	2	30
263	Faculty of Ayush	2023-2024	Health Checkup Camp at Muradnagar, Ghaziabad	MASCHNYS, SVSU , Meerut	25	2	27
264	Faculty of Ayush	2023-2024	Symposium on Integrative Multi-Disciplinary Approach for Holistic health wellness	Holistic health wellness	150	5	155
265	Faculty of Ayush	2023-2024	Hands-on Workshop on Naturopathy & Yoga Therapy	Ayush Longevity & Wellness Institute, Colombo, Sri Lanka)	228	10	238
266	Faculty of Ayush	2023-2024	One Day National Workshop on Mixed Methods Research in Yoga	CCRYN CMBIY Department of Yoga & Naturopathy AIIMS Raipur.	37	1	38
267	Faculty of Ayush	2023-2024	Good Menstrual Health & Hygiene	Subharti Medical College, SVSU	80	4	85
268	Faculty of Fine Arts	2023-2024	Role of Positive Mental Health and Wellness in Career Formation	Nandlal Bose Subharti College of Fine Arts and Fashion Design & Wellness Center	55	5	55
269	Faculty of Science	2023-2024	Cancer Health Check-Up Camp	Department of Chemistry and Subharti Cancer Hospital	40	10	33
270	Faculty of Science	2023-2024	Workshop on Mental Wellness	Faculty of Science	16	31	47
271	Faculty of Arts & Social Science-Department of Home Science	2023-2024	Millets Awareness Campaign at Anganwadi: Empowering Children with Nutritious Grains	Anganwadi , Pipla, Meerut	51	2	53

272	Faculty of Arts & Social Science-Department of Home Science	2023-2024	Caring connections: visit to old age home	SBDS, Department Of Home Science	40	2	42
273	Faculty of Arts & Social Science-Department of Home Science	2023-2024	Awareness and sensitization visit to village Mehrauli on world breastfeeding week	Ucch Prathmik Vidhyalaya, Mehrauli	7	2	48
274	Faculty of Arts & Social Science-Department of Home Science	2023-2024	Awareness about Anemia through flash cards	SBDS, Department of Home Science	20	1	56
275	Faculty of Arts & Social Science-Department of Home Science	2023-2024	Awareness about Vitamin A deficiency through Flash Cards	SBDS, Department of Home Science	25	1	27
276	Faculty of Arts & Social Science-Department of Home Science	2023-2024	Resilience Building: Overcoming Challenges with a Positive Mindset Counseling Session for Children with Special Needs	PM Shree Vidyalaya, Punjab Lines, Meerut.	9	4	62
277	Faculty of Arts & Social Science-Department of Home Science	2023-2024	Rashtriya Poshan Pakhwada 2024-Millets Cooking and Awareness Program	Department of women & Child Development Gov. of NCT of Delhi	3	2	19
278	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and AVN Inter college shivpuram Block Meerut	36	3	162
279	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Gagol, Meerut; fareed nagar, bhojpur, Ghaziabad	55	3	212

280	Faculty of Medicine	2023-2024	International Breast feeding Week	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	5	3	21
281	Faculty of Medicine	2023-2024	ANC Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	5	3	26
282	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Fareed nagar, bhojpur, Ghaziabad	4	1	225
283	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pr. Nathu Bhawan Pepla Block rohta Meerut	6	3	141
284	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village khindora, pilana, Baghpat	3	1	150

285	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Jhitkari, Sardhana, Meerut	4	1	235
286	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Shiv Mandir Behsuma Block Hastinapur	6	3	171
287	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village rori, Modinagar, Ghaziabad	6	1	70
288	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Khera, Sardhana, Meerut	5	1	350
289	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Ishak nagar, bhojpur, Ghaziabad	3	1	212
290	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Dr. Bhopal Narhara Block Meerut	7	4	182

291	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, and Shiv mandir zahidpur Block Meerut	7	2	141
292	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, and Pu. Pr. Sandeep Bhawan Gangsona Block Mawana Meerut	6	3	131
293	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University and Pu. Pr. Bheem Bhawan Niloha Block Mawana Meerut	7	4	152
294	Faculty of Medicine	2023-2024	Health talk on Eye Donation	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	3	1	200
295	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village bahchola, Meerut	6	1	212
296	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Ghar Kitholi Block Jani Meerut	6	3	131

297	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Ghar Salahpur Block Rohta Meerut	6	3	142
298	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Missionaries of charity, Prem Niwas, Meerut Cantt	3	1	212
299	Faculty of Medicine	2023-2024	Physiotherapy Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	8	2	32
300	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Khiwai, Meerut	4	1	212
301	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Mandir Main johnpur block rohta Meerut	6	3	142
302	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Harra, Meerut	5	1	212

303	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ka gher Simbholi Block Daurala Meerut	7	5	152
304	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pu. Pradhan ka gher Rajpura Block Rajpura Meerut	6	2	131
305	Faculty of Medicine	2023-2024	Cancer Awareness Program	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	5	3	195
306	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and 44 Vahini PAC, Hapur road, Meerut	2	1	212
307	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	3	1	57

308	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan k baithak Rasoolpur Aurangabad Block Rajpura Meerut	7	5	131
309	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Ghar Pepla Block Rohta Meerut	6	3	131
310	Faculty of Medicine	2023-2024	Swachhata Hi Seva program	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	3	7	120
311	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan Ji k ghar phaphunda block Meerut	6	3	172
312	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	3	1	50

313	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Department of Radiology, Faculty of Medicine, Chhattrapati Shivaji Subharti Hospital, Meerut.	5	1	212
314	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Dr. Irfan ali k ghar main lohia nagar block Meerut	6	3	111
315	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Ghar piple khedi block kharkhunda Meerut	6	3	182
316	Faculty of Medicine	2023-2024	Cancer Awareness Program	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	4	5	70
317	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan k Ghar main Bishali Block Kharkhunda Meerut.	6	3	114

318	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Ghar Nagla Jamalpur Block Jani Meerut	6	3	131
319	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Seva bharti & NMO Meerut	3	1	212
320	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Govindpuri, Macchra, Meerut	2	1	212
321	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Dr. Bhimrao Ambedkar Bhawan Rohta rasulpur Rohta Meerut	6	3	152
322	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University and Sachiwalya Gram Panchayat Siwaya Block Daurala Meerut	6	3	131
323	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat ghar kheri, Manihar, Mawana, Meerut	2	1	212

324	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Jawahar Navodye Vidhyalaya Nawab Gharhi Sardhana Meerut	6	3	172
325	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village- Khanjarpur, Modinagar, Ghaziabad	2	1	212
326	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and St Patrick's academy school , Meerut	3	1	212
327	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Victoria Park, Meerut	3	1	212
328	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Machhri, Hapur	1	1	21
329	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	3	1	54

330	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	5	3	21
331	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Kasampur, khola, Muzaffarnagar	3	1	212
332	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan Ji k Ghar Main Kithor Manjara meerut	6	3	181
333	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University and Pradhan Ji k Ghar Main Khajuri Kila Parikhsha Meerut	6	3	152
334	Faculty of Medicine	2023-2024	Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University and Rural Health Training Centre, Khajuri, Meerut	4	3	101
335	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Jan seva kendra Sateri, Khatauli, Muzaffarnagar	2	1	212

336	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan Ji k Ghar Main Sisola Buzurg Kala Jani Meerut	6	3	131
337	Faculty of Medicine	2023-2024	Blood Donation Camp	Department of Pathology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and 70 UP Battalion NCC Building No.71, Circular Road, Meerut	3	1	39
338	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan Ji k Ghar Main Rasana Rohta Meerut	6	3	131
339	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Victoria Park, Meerut	2	1	212
340	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Victoria Park, Meerut	5	1	212
341	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Victoria Park, Meerut	2	1	212

342	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and GramPanchayat Karyalaya Bafar jani Meerut	6	3	172
343	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Niwas esthan Chairman Siwalkha Jani Meerut	6	3	150
344	Faculty of Medicine	2023-2024	World AIDS Day	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University and Rural Health Training Centre, Khajuri, Meerut	3	1	102
345	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Principal, Murti Devi public school, New Multan Ngar, Meerut	3	1	30
346	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Daurala, Meerut	1	1	132
347	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Principal, Murti Devi public school, New Multan Ngar, Meerut	3	1	40

348	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University and Gram Panchayat Sachiwaliya Bhatipura Machhara, Meerut	6	3	182
349	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University and Gram Panchayat Sachiwaliya Amarpur machhara Meerut	6	3	114
350	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, and Gram Panchayat Sachiwaliya Nagli Isha Mawana Meerut	6	3	131
351	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ji k ghar main kalin rohta Meerut	6	3	152
352	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Sachivaliya kurali jani khurd Meerut	6	3	131
353	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Sachivaliya Kurali Jani Khurd Meerut	4	5	172

354	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Modinagar	6	1	212
355	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Mawana, Meerut	4	1	212
356	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pura Mahadev, Baghpat	2	1	212
357	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ji k ghar per arnawali Meerut	6	3	41
358	Faculty of Medicine	2023-2024	Talk on Oral Hygiene	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	3	3	122
359	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Kalchhina, Modinagar	5	1	212

360	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University and Gram Panchayat Karyalaya tehrki Sardhana Meerut	6	3	181
361	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Nayi basti, Meerut	3	1	212
362	Faculty of Medicine	2023-2024	Biomedical Waste Management	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University and Urban Health Training Centre, Multan Nagar, Meerut	3	3	123
363	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Pradhan Niwas Jangethi Rohta Meerut	6	3	152
364	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, and Gram Panchayat Sachiwaliya Dawduwa Rukanpur Meerut	6	3	131
365	Faculty of Medicine	2023-2024	Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	2	3	64

366	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram panchayat Bhawanpur Rajpur Meerut	6	3	131
367	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan Ji k Ghar Main Rukanpur Rajpur Meerut	6	3	131
368	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Dr. Ambedker Public Library Bhola Rohta Meerut	6	3	131
369	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, and Pradhan Ji k Ghar Main Sisola Buzurg Kala Jani Meerut	6	3	131
370	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Central Zone Youth Festival, Swami Vivekanand Subharti University, Meerut	6	1	212

371	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Sachivaliya khedki Muzakkipur Jani Khurd Meerut	6	3	110
372	Faculty of Medicine	2023-2024	Cancer Awareness Program	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	2	2	32
373	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and District Shamli	4	1	212
374	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Khatauli	2	1	212
375	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and GramPanchayat sachiwaliya dungar rohta Meerut	6	3	115
376	Faculty of Medicine	2023-2024	Cancer Awareness Program	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	4	4	120

377	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Modinagar	1	1	212
378	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Khatauli	3	1	212
379	Faculty of Medicine	2023-2024	Cancer Awareness Program	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	3	3	207
380	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Khatauli	2	1	212
381	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Shobhapur, Meerut	1	1	212
382	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and District Shamli	3	1	212

383	Faculty of Medicine	2023-2024	Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	2	8	156
384	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Shahpur Jainpur rohta Meerut	6	3	110
385	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat ghar aazampur Rohta Meerut	6	3	115
386	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Sachiwaliya tikri Jani khurd Meerut	6	3	110
387	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Sachiwaliya Nek jani Khurd Meerut	6	3	115
388	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Sachiwaliya Mawana Khurd Mawana Meerut	6	3	110

389	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Sachiwaliya Pahadpur Mawana Meerut	6	3	115
390	Faculty of Medicine	2023-2024	Health camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	3	1	78
391	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Khatauli	6	1	212
392	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Sardhana, Meerut	5	1	212
393	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat bhawan Mu.Saini Rajpura Meerut	6	3	115
394	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and District Shamli	4	1	212

395	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Khatauli	4	1	212
396	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Baghpat	2	1	212
397	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat sachiwaliya Bhawan pur Rajpura Meerut	6	3	110
398	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Sachiwaliya Syal Rajpura Meerut	6	3	65
399	Faculty of Medicine	2023-2024	World Oral Health Day	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	2	2	212
400	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Pradhan Niwas isthan Jatpura road Meerut Meerut	6	3	110

401	Faculty of Medicine	2023-2024	Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	3	3	97
402	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Sachiwaliya Syal Rajpura Meerut	6	3	115
403	Faculty of Medicine	2023-2024	Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University and Rural Health Training Centre, Khajuri, Meerut	3	3	70
404	Faculty of Medicine	2023-2024	Health Talk	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	4	2	60
405	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Baghpat	4	1	212
406	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan Niwas Isthan Poholi Daurala Meerut	6	3	120

407	Faculty of Medicine	2023-2024	School Health Camp on World Health day	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Principal, Kalavati Inter College, Multan Nagar, Meerut	3	2	60
408	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Sachiwaliya Nagla Shekhu Rajpura Meerut	6	3	120
409	Faculty of Medicine	2023-2024	World Health Day	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	2	2	27
410	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Sachiwaliya gram Panchayat sona parikshitgarh Meerut	6	3	120
411	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Principal, New Era Public School, Meerut	4	1	31

412	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ji k ghar kheda balram pur Meerut	6	3	15
413	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Sachiwaliya chandsara Meerut	6	3	120
414	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Medhpur Gaondi Rajpur Meerut	6	3	110
415	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Kinanagar rajpur Meerut	6	3	120
416	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and St. Patrick's academy school , Meerut	3	1	212
417	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and St. Patrick's academy school , Meerut	5	1	212

418	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, and Gram Panchayat niwas isthan idrishpur Rohta Meerut	6	3	110
419	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Dr. Bhim Rao Ambedkar bhawan Amanulpur jani Meerut	6	3	120
420	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and gram panchayat Gagol Meerut	6	3	110
421	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Principal, New Era Public School, Meerut	4	1	32
422	Faculty of Medicine	2023-2024	Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	4	2	32
423	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut Chajjupur Meerut	6	3	110

424	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Tidhala Jani Meerut	6	3	115
425	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Nagla Samoh Macchera Meerut	6	3	110
426	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan Ji k ghar dhanpura Parikshitgarh Meerut	6	3	115
427	Faculty of Medicine	2023-2024	School Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Principal, New Era Public School, Meerut	4	1	16
428	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ji k ghar per samoli Daurala Meerut	6	3	110
429	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Siwaya Daurala Jani Meerut	6	3	115

430	Faculty of Medicine	2023-2024	Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	4	3	42
431	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Sriram school, lal kurti, Meerut	6	1	212
432	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Ucch Prathmik Vidhyalaya Abdullapur Rajpur Meerut	6	3	162
433	Faculty of Medicine	2023-2024	ANC Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	21	3	42
434	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and gram panchayat Gagol Meerut	6	3	150

435	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Budh Mela, Swami Vivekanand Subharti University, Meerut	4	1	212
436	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram panchayat Sachiwaliya Gaondi Meerut	6	3	141
437	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Budh Mela, Swami Vivekanand Subharti University, Meerut	5	1	212
438	Faculty of Medicine	2023-2024	Blood Donation Camp	Department of Pathology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut	3	1	33
439	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram pradhan ji k ghar, Chiroli Daurala meerut	6	3	182
440	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Sisoli bujurg jaini, Meerut	6	1	212

441	Faculty of Medicine	2023-2024	International Yoga Day	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Urban Health Training Centre, Multan Nagar, Meerut	7	2	25
442	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Khiwai, Meerut	4	1	212
443	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and 108 Bataliyan, RAF Ved Vyas puri, Meerut	4	1	212
444	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Chairman Nagar Panchayat Siwal Khas Jani Meerut	6	3	141
445	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Luwllapur Baksar Machhara Meerut	6	3	131
446	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Bafar, Meerut	2	1	212

447	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Lal dayal public school, Khatauli, Muzaffarnagar	3	1	212
448	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Kheri, kala, Meerut	3	1	212
449	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and GramPanchayat sachiwaliya dungar rohta Meerut	8	4	131
450	Faculty of Medicine	2023-2024	Blood Donation Camp	Department of Pathology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and LIC of India, Saket, Meerut	3	1	53
451	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram panchayat Sachiwaliya Sisola Khurd Jani meerut	6	3	142
452	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ji k ghar per sotka Jani khurd meerut	6	3	121

453	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Jawahar navodiya Vidhayalya Nawab Garhi Sardhana Meerut	6	3	152
454	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Karyaliya Gram Macheri Daurala Meerut	6	3	131
455	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Alipur Sardhana Meerut	6	3	131
456	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ji k ghar per Kastala Shamsher nagar Rajpura meerut	6	3	131
457	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ji k ghar per Incholi Rajpura Meerut	6	3	145
458	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Solana, Meerut	2	1	94

459	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Kushawali, Sardhana, Meerut	5	1	56
460	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Khera Balrampur, Meerut	2	1	39
461	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Jhitkari, Meerut	5	1	26
462	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and C-100,sector-1,shatabdinagar,Meerut	5	1	102
463	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, and Pu. Pr. Tannu Bhawan Badagaon Block mawana Meerut	6	3	121
464	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Pradhan ji k ghar Main Rasulpur Mandi Block rohta Meerut	6	3	90

465	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Kashi ward no- 10, Meerut	4	1	56
466	Faculty of Medicine	2023-2024	Female Health Camp	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Rural Health Training Centre, Khajuri, Meerut	2	2	47
467	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Parshad office Nayi basti, lallapura, Meerut	3	1	43
468	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Saidpur, Husainpur, dhilna, Meerut	6	1	43
469	Faculty of Medicine	2023-2024	World Breast feeding Week	Department of Community Medicine, Faculty of Medicine, Swami Vivekanand Subharti University and Rural Health Training Centre, Khajuri, Meerut	2	2	24
470	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Ghat, Meerut; Village Panchli, Meerut	6	1	21

471	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village-lawar, Meerut	4	1	72
472	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Ghar Dunger Block rohta Meerut	6	3	98
473	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Dharmendra Pradhan Ghar Arnawali Block Rohta Meerut	6	3	142
474	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Chilota Rajpura Meerut	6	3	91
475	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Victoria Park, Meerut	2	1	87
476	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Victoria Park, Meerut	4	1	83

477	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Victoria Park, Meerut	1	1	39
478	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Victoria Park, Meerut	6	1	44
479	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Village Kasampur, khola, Muzaffarnagar	3	1	76
480	Faculty of Medicine	2023-2024	Awareness program on “WORLD AIDS DAY”	Department of Microbiology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut	145	8	153
481	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Ghar Matoor Block Daurala Meerut	6	3	60
482	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Sara, Modinagar, Ghaziabad	2	1	55

483	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Ahmednagar Badla Parikshitgarh Meerut	6	3	59
484	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Govindpuri, Muradnagar, Ghaziabad	4	1	88
485	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Khatauli	4	1	90
486	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Ghat, Meerut	5	1	105
487	Faculty of Medicine	2023-2024	Blood Donation Camp	Department of Pathology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Bharat Institute of Technology, NH-58, By-Pass Road, Partapur, Meerut	3	1	160
488	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Sachiwaliya Bhurbaral Meerut	6	3	56

489	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Baghpat	5	1	41
490	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram panchayat Badrudin Nagar nanu Saroorpur Khurd Meerut	6	3	58
491	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Panchayat Bhawan Karyalaye batajewara Daurala Meerut	6	3	29
492	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Budh Mela, Swami Vivekanand Subharti University, Meerut	5	1	78
493	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Budh Mela, Swami Vivekanand Subharti University, Meerut	6	1	98

494	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Budh Mela, Swami Vivekanand Subharti University, Meerut	5	1	96
495	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Sachiwaliya Gejha Jani khurd Meerut	6	3	66
496	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Budh Mela, Swami Vivekanand Subharti University, Meerut	4	1	103
497	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Budh Mela, Swami Vivekanand Subharti University, Meerut	4	1	118
498	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Budh Mela, Swami Vivekanand Subharti University, Meerut	3	1	99

499	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Jani, Meerut	4	1	97
500	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Aggheda Jani Meerut	6	3	95
501	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Aminagar Sarai, Meerut	2	1	140
502	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Dayampur, Meerut	6	1	101
503	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Sindhawali, Meerut	5	1	203
504	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Khiwai, Meerut	3	1	25
505	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Bhola, Meerut	5	1	74

506	Faculty of Medicine	2023-2024	Medical Health Camp	Department of General Medicine, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Harra, Meerut	6	1	59
507	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Sachiwaliya Bubakpur sarurpur Meerut	6	3	62
508	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Nai Macchara Meerut	6	3	77
509	Faculty of Medicine	2023-2024	Eye Camp	Department of Ophthalmology, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut and Gram Panchayat Sachiwaliya Kalanjari Jani khurd Meerut	6	3	132
510	Faculty of Medicine	2023-2024	Ayushman Bhav	Government of India	25	4	108
511	Faculty of Medicine	2023-2024	Health Camp on Word Hearing Day	Department of ENT, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut	50	9	59
512	Faculty of Medicine	2023-2024	Head and Neck Cancer Day	Subharti Hospital ENT Department	50	7	57
513	Faculty of Medicine	2023-2024	Health Camp on Word Hearing Day	Department of ENT, Faculty of Medicine, Swami Vivekanand Subharti University, Meerut	60	12	72
514	Faculty of Medicine	2023-2024	World voice day	Subharti Hospital ENT Department	50	7	57

Report
Outreach Activity on Awareness of Overdose of the Drug

Title of the Activity	**"To make aware the people about overdose of the drug"**	Level of Program (State/National/International etc.)	--------
Focused Area	Awareness in common people for sensible use of medication	Date of Activity (From-To) (DD/MM/YYYY)	31/08/2023
Activity Organized By	Mr. Mukesh Kumar & Mrs. Dimple Singh Tomar	Day	Thursday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	Time	10 am to 11:30 am
Name and address of Guest Speaker	-------	Venue	Non teaching staff quarter, Swami Vivekanand Subharti University, Meerut
Total Participants	150	Organizing Coordinator(s)	Mr. Mukesh Kumar
Students	15	Report Prepared by	Mr. Mukesh Kumar
Teachers	02		
Non-Teaching Staff	--------		
Others (Specify)	--------		

Objective of the Activity

Pharma Scientific Club has organized an outreach activity on International Overdose Awareness Day on 31/08/2023 to aware people about misuse of drugs in India. Total numbers of students actively participants were 15.

Activity focuses on educating common people about Proper use of medicine. Students educate people about how and when to take medicine and avoid misuse and over of medicines specially Antibiotics.

Description

Pharma Scientific Club has organized an outreach activity on International Overdose Awareness Day on 31/08/2023 to aware people about misuse of drugs in India. Total numbers of students actively participants were 15. This activity focuses on educating common people about health care facility in their nearby area and how they can enhance their health parameter with proper use of medicine so that their lifestyle can be improved.

Activity was coordinated by **Mr. Mukesh Kumar**, Assistant Professor, Faculty of Pharmacy, Swami Vivekanand Subharti University, Meerut and **Mrs. Dimple Singh Tomar**, Assistant Professor, Faculty of Pharmacy, Swami Vivekanand Subharti University, Meerut.

Outcome of the Activity

Students and faculty members learnt about Proper use of medicine. Students educate people about how and when to take medicine and avoid misuse and over of medicines specially Antibiotics.

Students also discuss differences between generic and branded medicine and where they can procure generic medicine.

Analysis of Participant's Feedback

- It helps to know the knowledge of OTC medication.
- Awareness will help in preventing side effect caused by overdose of drug.
- It enhances knowledge about generic and branded drugs and where they can procure them

Pictures of the Activities (Geotagged)



Students explain about proper use of medicine



Students discuss about Janaushadhi Kendra

Report
Outreach Activity on Awareness of Misuse of Antibiotics

Title of the Activity	**"To make aware the people about misuse of antibiotics"**	Level of Program (State/National/International etc.)	--------
Focused Area	To aware people about proper use of antibiotics to prevent antibiotics resistance	Date of Activity (From-To) (DD/MM/YYYY)	18th November 2023
Activity Organized By	Mr. Mukesh Kumar	Day	Saturday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	Time	10 am to 11:30 am
Name and address of Guest Speaker	-------	Venue	Near Gen. Pritam Singh Play Ground, Swami Vivekanand Subharti University, Meerut
Total Participants	200	Organizing Coordinator(s)	Mr. Mukesh Kumar
Students	15	Report Prepared by	Mr. Mukesh Kumar
Teachers	01		
Non-Teaching Staff	--------		
Others (Specify)	--------		

Objective of the Activity

Pharma Scientific Club has organized an outreach activity on **European Antibiotic Awareness Day** on **18 Nov, 2023.** Extension activity focuses on educating common people about Proper use of Antibiotics. Students educate people about Proper use of Antibiotics and how to avoid any mis-happening because of overuse of antibiotics.

This event was coordinated by **Mr. Mukesh Kumar**, Assistant Professor, Faculty of Pharmacy, Swami Vivekanand Subharti University, Meerut.

Description

Pharma Scientific Club has organized an outreach activity on **European Antibiotic Awareness Day** on **18 Nov, 2023** to aware the people about misuse of Antibiotics in India. Total numbers of students actively participants were 15. This Activity focuses on educating common people about Proper use of Antibiotics and how to avoid any miss happening because of overuse of antibiotics.

Students try to explain antibiotic resistance in as simple as language they can use so that common people understand it and try to prevent the same. This event was coordinated by **Mr. Mukesh Kumar**, Assistant Professor, Faculty of Pharmacy, Swami Vivekanand Subharti University, Meerut.

Outcome of the Activity

Students and faculty members learnt about Proper use of Antibiotics. Students educate people about how and when to take Antibiotics and How to avoid Antibiotics resistance

Analysis of Participant's Feedback

- Educate people to take antibiotics only after physician prescription.
- Discuss preventive measure for antibiotics resistance.
- Discuss Over use of antibiotics

Pictures of the Activities (Geotagged)



Students explains about when and how to take antibiotics



Students explain about Antibiotics resistance

Report
Outreach activity on World Health Day

Title of the Activity	**"To make aware the people about world health day"**	Level of Program (State/National/International etc.)	--------
Focused Area	To aware people about importance of health and how to maintain it.	Date of Activity (From-To) (DD/MM/YYYY)	06th April 2024
Activity Organized By	Mr. Mukesh Kumar & Mrs. Dimple Singh Tomar	Day	Saturday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	Time	10 am to 11:30 am
Name and address of Guest Speaker	-------	Venue	Swami Vivekanand Subharti University, Meerut
Total Participants	160	Organizing Coordinator(s)	Mr. Mukesh Kumar
Students	15	Report Prepared by	Mrs. Dimple Singh Tomar
Teachers	02		
Non-Teaching Staff	--------		
Others (Specify)	--------		

Objective of the Activity

Pharma Scientific Club has organized an outreach activity on World Health Day on 06/04/2024 to aware people about importance of healthy mind and body.

Extension activity focuses on to aware people about importance of healthy mind and body. Main concern of this activity is to educate common people about health care facility in their nearby area and how they can enhance their health parameter so that their life can style can be improved.

Description

Pharma Scientific Club has organized an outreach activity on World Health Day on 06/04/2024 to aware people about importance of healthy mind and body. Total numbers of students actively participants were 16. This Activity focuses on educating common people about health care facility in their nearby area and how they can enhance their health parameter so that their life can style can be improved. This activity was coordinated by **Mr. Mukesh Kumar**, Assistant Professor and **Mrs. Dimple Singh Tomar,** Assistant Professor, Faculty of Pharmacy, Swami Vivekanand Subharti University, Meerut.

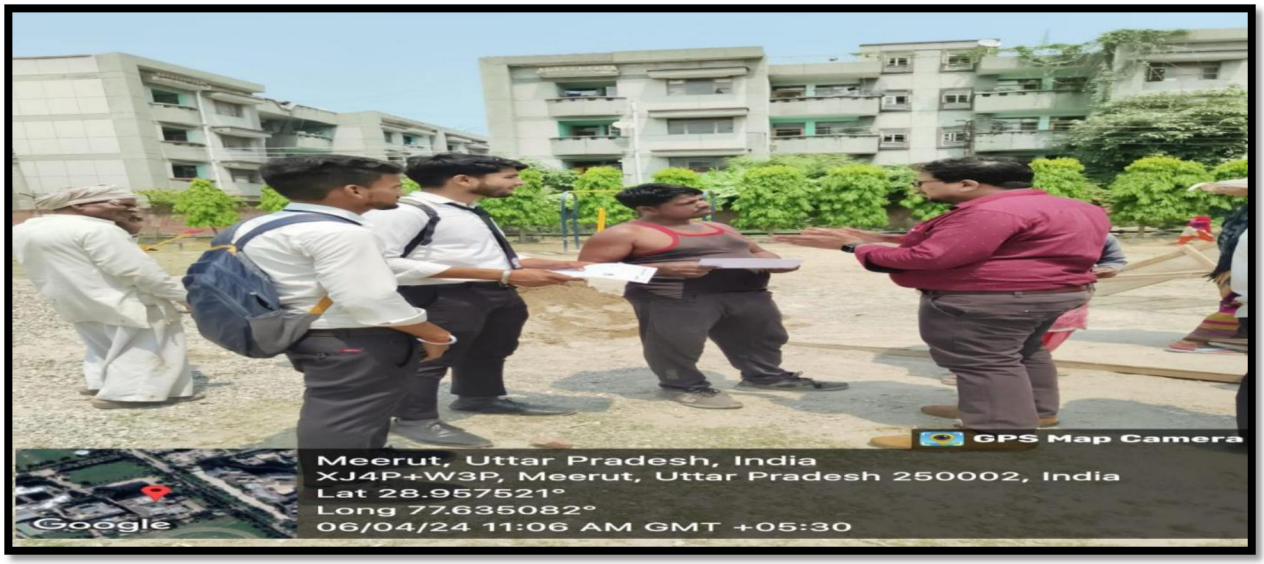
Outcome of the Activity

Students and faculty members learnt about how one can achieve healthy body and mind. In this activity facility and initiative started by government was also discussed and proper use of health care facility and medicine was also mentioned.

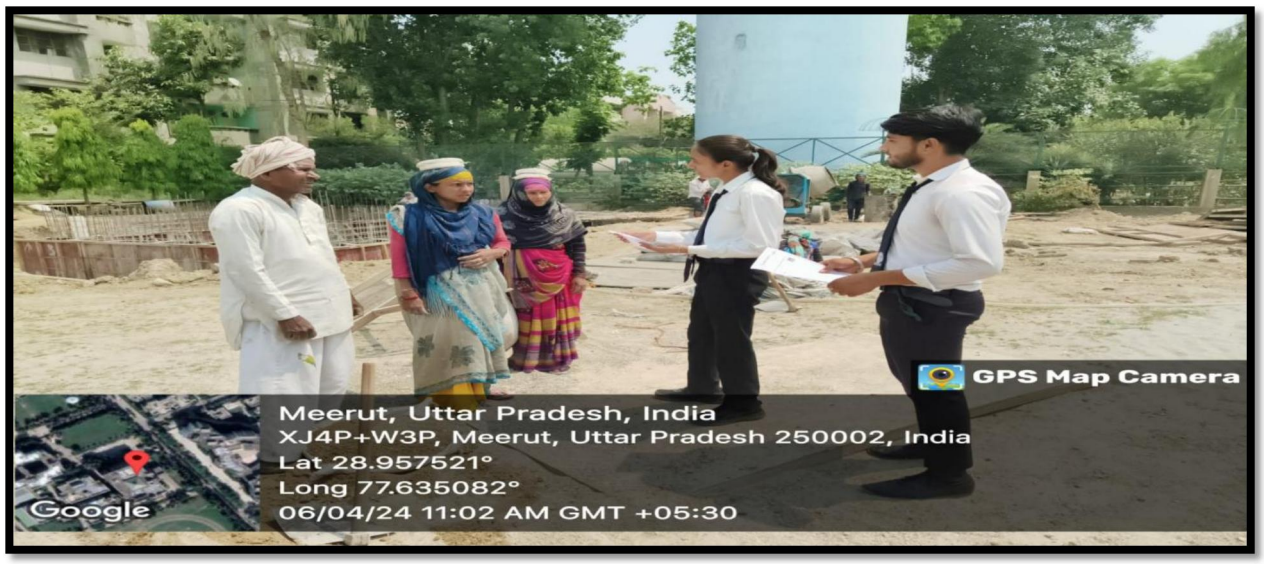
Analysis of Participant's Feedback

- Learned about importance of healthy mind and body.
- Discuss how to follow a healthy life style.
- Discuss proper use of medicine.

Pictures of the Activities (Geotagged)



Students discussing importance of healthy life style



Students discussing availability of health care facilities in nearby area

Report

Awareness Camp on 'Rational Use of Medicines and Betterment of Health' in Pradhanmantri Jan Aushadhi Kendra', Ved Vyaspuri, Meerut

Kharvel Subharti College of Pharmacy in association with the 'Pharma Care Club' organized an awareness camp at 'Pradhanmantri Jan Aushadhi Kendra', Ved Vyaspuri, Meerut 20th June 2024.

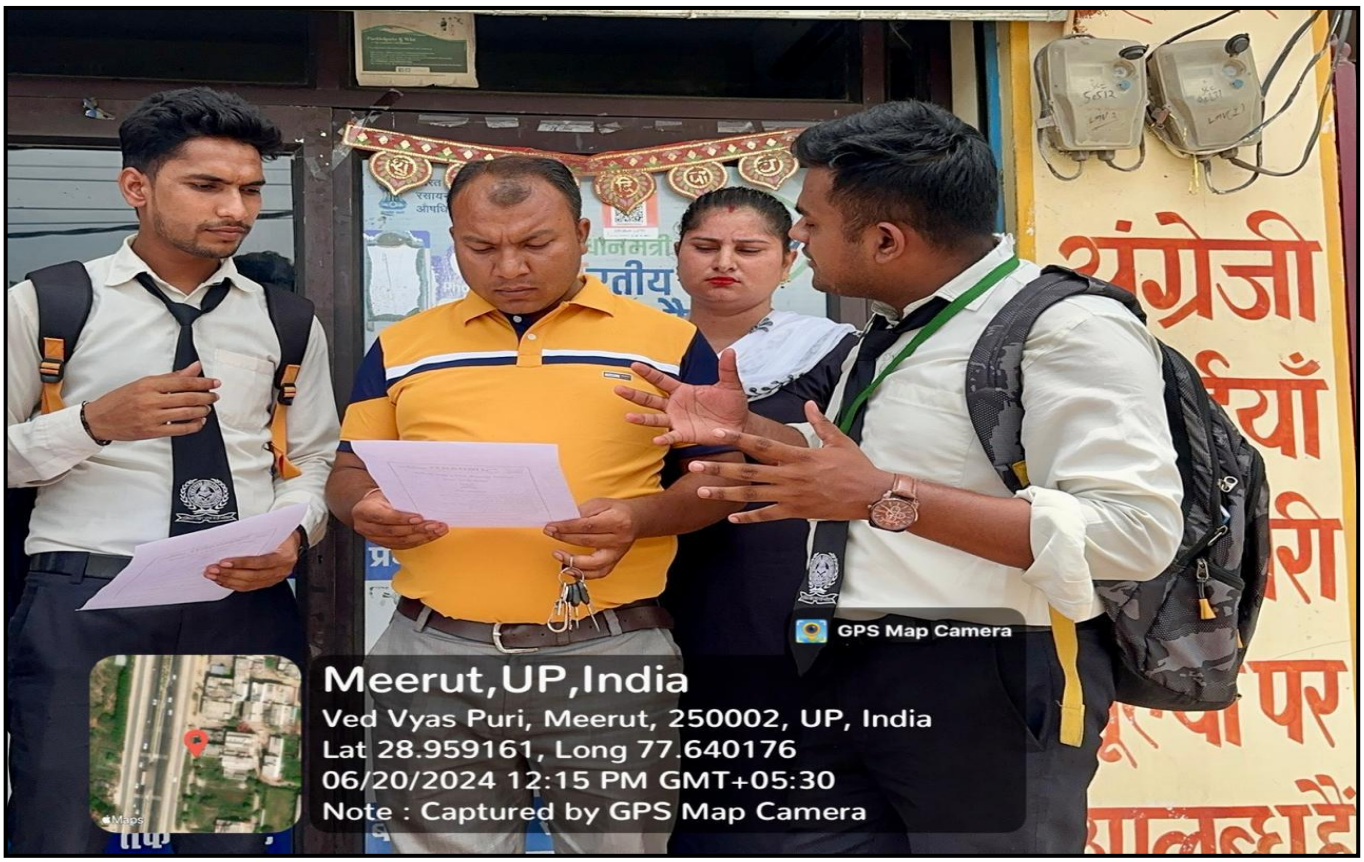
The aim of setting up this awareness camp was to aware the General public and patients regarding the proper use of the medicines so that they could lead a healthy life. The students of Pharma Care Club along with other students of Pharmacy College took a keen interest in spreading awareness to the Public and Patients so that they could understand and gain knowledge regarding medicines and their proper use.

The students were involved in the distribution of Pamphlets in the selected area which were made by them and in the pamphlets, there were instructions written regarding the use of medicines and some other key points which could definitely benefit the residents in their health. These pamphlets were distributed everywhere in the ved vyaspuri including all the shops and houses, all the points in the pamphlets explained in a very simple manner by the students so that this camp could bring a positive output on the health of people and they could get a benefit in using medicines. The public were told to strictly avoid the self medication which is generally seen in almost all areas and the students explained the disadvantages and harm that the public could experience by adopting Self Medication.

The people of the area were told to take full course of medicines which is prescribed by the doctor and must not leave the medicines before the completion of full course of medicines. The persons of vedviyaspuri were also informed by the students to properly use the face mask when going outside from home and the use of sanitizers must also be incorporated regularly so that they could live a healthy life and remain safe from Covid virus. The students told the villagers that they should purchase the medicines carefully and must read all the instructions given on the medicines before administering them. They were also able to learn about the expiry medicines and how they could avoid using the expiry medicines.

The residents of vedviyaspuri were made aware regarding the Pradhan Mantri Jan Aushadi Kendra and how they could get benefit by making use of these centers by purchasing the generic medicines in a much affordable price.

The awareness camp in the vedviyaspuri was a successful event and after this, the public have started adopting new ways of taking medicines. They have started avoiding self medication and whenever they fell unwell, they always take advice from a registered medical practitioner and also started purchasing the medicines from nearby **Pradhanmantri Jan Aushadi Kendra.**The head of the nearby Jan Aushadi Kendra **Mr. Rajendra Kumar Pushpad** has appreciated the **initiative of the Pharma Care Club of Kharvel Subharti College of Pharmacy** in his letter in organizing this camp which is attached below.



Students of pharmacy college are providing the awareness regarding the use of the medicine to the customers visit in the jan aushadhi Kendra



Students of pharmacy college are providing the awareness regarding the use of the medicine to the customers visit in the jan aushadhi Kendra

Report
3rd National Pharmacovigilance Week 17-23rd Sep. 2023

Title of the Activity	3rd National Pharmacovigilance Week 17-23rd Sep 2023 with Theme **"Boosting Public Confidence in Pharmacovigilance"**	Level of Program (State/National/International etc.)	College
Focused Area	Boosting Public Confidence in Pharmacovigilance	Date of Activity (From-To) (DD/MM/YYYY)	18-23rd September 2023
Activity Organized By	Department of Pharmacology	Day	Monday to Saturday
Name of the Associated Faculty/College/Department/Outside Agency	Department of Pharmacology, Faculty of Pharmacy, Kharvel Subharti College of Pharmacy	Time	9:00-04:00 pm
Name and address of Guest Speaker	Mr. Surojit Ghoshal & Mr. Devajyoti Datta Director Instituendi Graduati Pvt, Ltd	Venue	MMM, SITE, SVSU, Meerut (Offline)
Total Participants	141	Organizing Coordinator(s)	Dr. Kulsoom Hamid, Mr. Vishal Kumar Biswkarma, Ms. Neeru Singh,
Students	121	Report Prepared by	Dr. Kulsoom Hamid
Teachers	20		
Non-Teaching Staff	-		
Others (Specify)	Village Public, Patient in Hospital & Health Care Professional Become the Part of Awareness Sessions		

Objective of the Activity:

The primary goal of the 3rd National Pharmacovigilance Week, held from September 17th to 23rd, 2023, was to boost public confidence in pharmacovigilance. The overarching objective was to raise awareness about the importance of monitoring and reporting adverse drug reactions, ultimately fostering a safer and more transparent healthcare environment.

Description:

The 3rd National Pharmacovigilance Week was a comprehensive initiative that brought together various stakeholders, including healthcare professionals, regulatory bodies, pharmaceutical companies, and the general public. The week-long event featured a series of activities, including seminars, workshops, awareness campaigns, and interactive sessions.

Quiz Competition:

An online quiz competition was organized to disseminate the knowledge regarding Pharmacovigilance practice among students.

Public, Patient and Health Care Professional Awareness Program: Public awareness campaigns were conducted at different places like Village and Hospital. The campaigns emphasized the significance of reporting adverse drug reactions, empowering the public to actively participate in ensuring medication safety.

Poster Presentation: Students involve in Poster preparation and presentation regarding Medicine Safety, ADR Reporting, PvPI, etc.

Seminars and Workshops: Renowned experts in pharmacovigilance conducted informative seminars, addressing key issues and emerging trends in drug safety. These sessions aimed to enhance the knowledge and skills of Students and healthcare professionals

Interactive Sessions: Engaging and interactive sessions were organized to facilitate dialogue between healthcare professionals, faculty member and students. These sessions provided a platform for sharing experiences, clarifying doubts, and fostering a collaborative approach to pharmacovigilance.

Outcome of the Activity: The 3rd National Pharmacovigilance Week yielded several positive outcomes:

Increased Public Awareness: The awareness campaigns successfully reached a wide audience, resulting in increased public awareness about the importance of pharmacovigilance and the role of individuals in reporting adverse reactions.

Enhanced Healthcare Professional Competence: Healthcare professionals benefited from the educational seminars, gaining deeper insights into pharmacovigilance practices and improving their ability to identify and report adverse drug reactions.

The 3rd National Pharmacovigilance Week successfully achieved its objective of boosting public confidence in pharmacovigilance, fostering collaboration among stakeholders, and enhancing awareness and reporting rates. The positive outcomes and participant feedback underscore the importance of such initiatives in promoting medication safety and public health.

Analysis of Participant's Feedback:

Participant feedback played a crucial role in evaluating the success of the 3rd National Pharmacovigilance Week. Key themes emerging from the feedback included:

Positive Reception: The majority of participants expressed satisfaction with the quality and relevance of the activities, indicating a positive overall experience.

Increased Confidence: Healthcare professionals and the general public reported feeling more confident in their understanding of pharmacovigilance principles and procedures.

Call for Continued Initiatives: Many participants emphasized the need for ongoing initiatives to sustain and build upon the momentum generated during the National Pharmacovigilance Week.

PICTURES OF PUBLIC AWARENESS PROGRAM UNDER PHARMACOVIGILANCE WEEK CELEBRATION





Report On A relaxing session with workshop on unique and universal method of meditation

Title of the Activity	A relaxing session with workshop on unique and universal method of meditation	Level of Program (State/National/International etc.)	DEPARTMENTAL
Focused Area	Meditation for students and professionals	Date of Activity (From-To) (DD/MM/YYYY)	7 October 2023
Activity Organized By	Department of Pharmaceutics	Day	Saturday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy, Kharvel Subharti College of Pharmacy	Time	11:00AM
Name and address of Guest Speaker	Mr. Pranay Kumar	Venue	Kharvel Subharti College Of Pharmacy
Total Attendees	76	Organizing Coordinator(s)	Dr. Garima Verma
Students	56	Report Prepared by	Mr Deepak Aswal
Teachers	20		
Non-Teaching Staff	-		
Others (Specify)	-		

Objective of the Activity:

To conduct a workshop on unique and universal method of meditation so that student can learn the need of hour for better, efficient, tension free, managed, happy, enjoy full and meaningful life.

Description:

A relaxing session with workshop on meditation was organized with students and Faculty of Pharmacy in which 56 students and 20 faculties were participated. The workshop was very informative and participant also learned to practice the meditation.

Introduction:

Meditation has important role in holistic and complete development of human personality. Meditation is actually the part of yoga(Subtle from of yoga or Mansik yog) which is basically path to achieve self realization which is the ultimate aim of human life. Apart from this, by doing meditation practice, actually an individual can develop beautiful art of living.It can enables individual to live with efficient, tension free, managed and happy life style. India has profound legacy in field of yoga and meditation. As the practice of Yog is not bound by caste, creed, religion etc, it may be practiced by one and all which help to create social harmony and tension free happier family life. It further contributes to enhance skill, efficiency and creativity of practitioners that are very essential for students and professionals.
If students and professionals learn and follow the art of this unique method of concentration & meditation then they can also achieve more efficiency, happiness, ability to handle different problems with positive thoughts, managed and tension free life with human values.

Highlights of the Programme:
1. Introduction about meditation
2. Need of meditation for students and professionals.
3. Development of different Core skill of student and professional life through meditation.
4. Introduction and Methodology of unique and universal method of meditation the "AnandYog" A Divine Science.
5. Demonstration and workshop on AnandYog concentration & Meditation Practice.





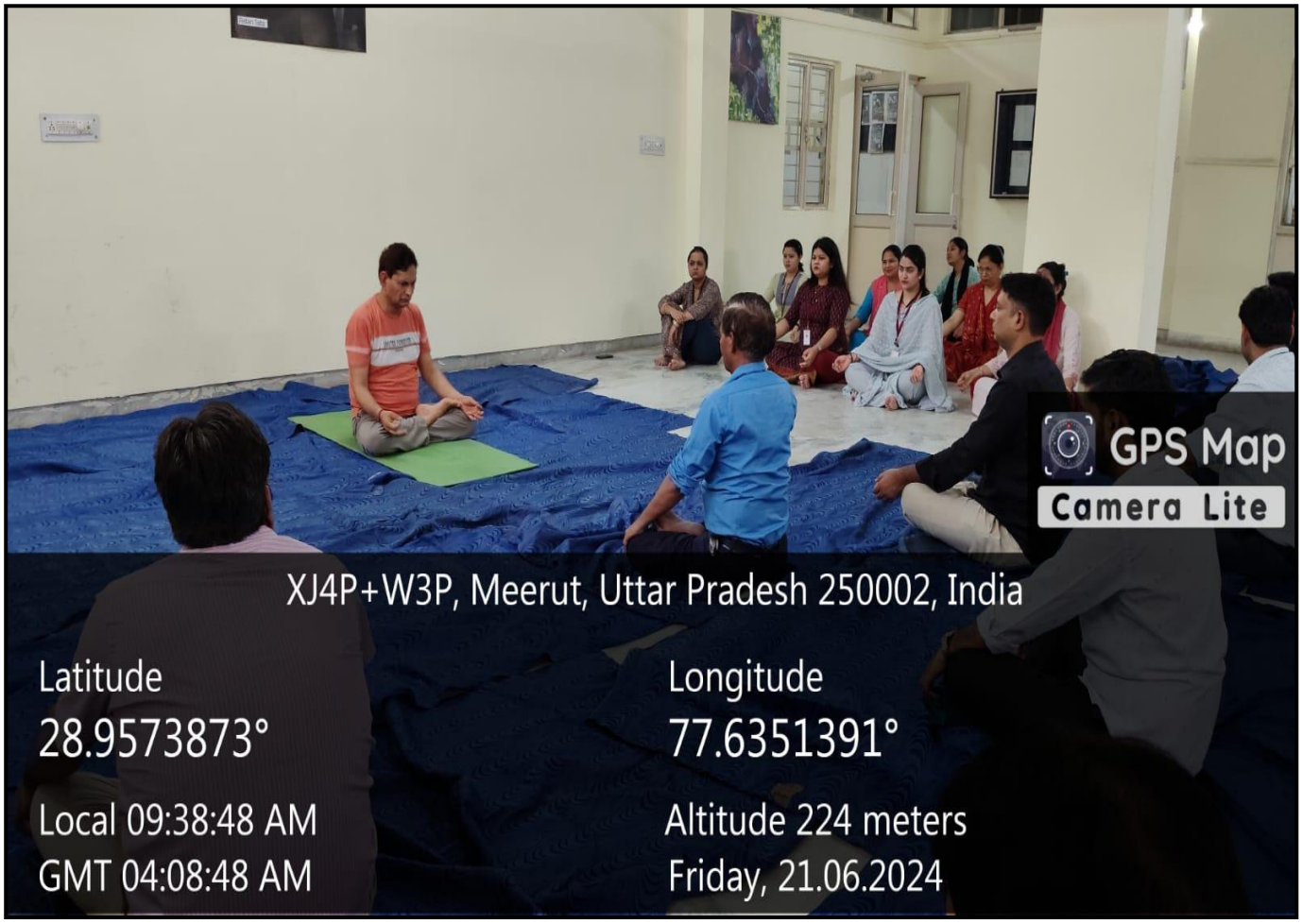
REPORT ON INTERNATIONAL DAY OF YOGA

Title of the Activity	**Yoga Practice on ‘ International Day of Yoga ’ on the theme : “Yoga for Self and Society”**	**Level of Program (State/National/International etc.)**	**Departmental**
Focused Area	Awareness and benefits of yoga on day today life.	Date of Activity (From-To) (DD/MM/YYYY)	21/06/2024
Activity Organized By	Ms. Swati Wadhawan	Day	Friday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy, Kharvel Subharti College of Pharmacy	Time	9:00-10:00 am
Name and address of Guest Speaker	-	Venue	Basement, Faculty of Pharmacy
Total Participants	75	Organizing Coordinator(s)	Dr. Prabhat Singh Ms. Swati Wadhawan
Students	40	Report Prepared by	Ms. Swati Wadhawan
Teachers	21		
Non-Teaching Staff	14		
Others (Specify)	-		

Objective of the Activity: To make this ancient practice popular among the present generation of people who are unaware of its benefits. Adopting this practice is believed to provide significant relief from physical ailments and mental tension which plagues our day to day life. World Yoga Day aims to educate people about the various means of overcoming stress naturally without resorting to any artificial medicine and develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.

Description: An activity was conducted on date 21/06/2024 by the members of “Pharma Cultural and sports club” on the occasion of “International Day of Yoga”, 2024 on the theme of “Yoga for Self and Society”. The activity was organized by Dr. Prabhat Singh and Ms. Swati Wadhawan as Coordinator. Teaching and Non-Teaching members were participated in Yoga Practice conducted by Prof. (Dr.) Sokindra Kumar (Dean & Principal). Prof. (Dr.) Sokindra Kumar taught various asans to the staff of KSCP followed by Suryanamaskar, Tadasan, Katichakrasan etc. All the faculty and staff members learned the benefits of performing yoga and overcoming stress naturally without resorting to any artificial medicine in day today life

PICTURES OF YOGA PRACTICE ON INTERNATIONAL DAY OF YOGA





Report: Outreach activity on Vaccination Day

Title of the Activity	**"Vaccination Day"**	**Level of Program (State/National/International etc.)**	**--------**
Focused Area	To aware people about benefit and importance of vaccination in children and elders.	Date of Activity (From-To) (DD/MM/YYYY)	16th March 2024
Activity Organized By	Mr. Mukesh Kumar	Day	Saturday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	Time	10 am to 11:30 am
Name and address of Guest Speaker	-------	Venue	Chhatrapati Shivaji Subharti Hospital, Swami Vivekanand Subharti University, Meerut
Total Participants	16	Organizing Coordinator(s)	Mr. Mukesh Kumar
Students	15	Report Prepared by	Mr. Mukesh Kumar
Teachers	01		
Non-Teaching Staff	--------		
Others (Specify)	--------		

Objective of the Activity

Pharma Scientific Club has organized a Visit to Chhatrapati Shivaji Subharti Hospital on 16/03/2024 to aware students about hospital procedure and vaccination schedule. activity focuses to enhance student's knowledge about hospital procedure and how vaccination department work and importance of vaccination in common people life.

This event was coordinated by **Mr. Mukesh Kumar**, Assistant Professor, Faculty of Pharmacy, Swami Vivekanand Subharti University, Meerut

Description

Pharma Scientific Club has organized a visit to Chhatrapati Shivaji Subharti Hospital on 16/03/2024 to aware students about hospital procedure and vaccination schedule. Total 15 students were actively participated.

This activity focuses to enhance student's knowledge about hospital procedure and how vaccination department work and importance of vaccination in common people life.

This visit was coordinated by **Mr. Mukesh Kumar**, Assistant Professor, Faculty of Pharmacy, Swami Vivekanand Subharti University, Meerut


टीकाकरण विभाग
VACCINATION CENTRE
FIRE EXIT
GPS Map Camera
Meerut, Uttar Pradesh, India
XJ4P+W3P, Meerut, Uttar Pradesh 250002, India
Lat 28.957521°
Long 77.635082°
16/03/24 11:30 AM GMT +05:30
Google


GPS Map Camera
Meerut, Uttar Pradesh, India
XJ4P+W3P, Meerut, Uttar Pradesh 250002, India
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Report: Generate awareness about sanitization and its linkage with public health

Title of the Activity	**"Generate Awareness About Sanitization And Its Linkage With Public Health"**	**Level of Program (State/National/International etc.)**	--------
Focused Area	To aware people about importance of Sanitization and its role in healthy life.	Date of Activity (From-To) (DD/MM/YYYY)	10th April, 2024
Activity Organized By	Mr. Mukesh Kumar & Mrs. Dimple Singh Tomar	Day	Wednesday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	Time	10 am to 11:30 am
Name and address of Guest Speaker	-------	Venue	Village- Lakhwaya Ward 19 Meerut
Total Participants	15	Organizing Coordinator(s)	Mr. Mukesh Kumar
Students	13	Report Prepared by	Mrs. Dimple Singh Tomar
Teachers	02		
Non-Teaching Staff	--------		
Others (Specify)	--------		

Objective of the Activity

Swacchta action plan committee has organized an outreach activity on 10/04/2024 at village Lakhwaya ward 19 Meerut to aware people about sanitization, how to maintain it and how it plays important role in maintaining good health.

Main objective of awareness program is to prevent spread of diseases, uphold human right ensure access to clean water, ensure equity.

Students explained and discussed above mentioned points with villagers and try to convince them to maintain best possible cleanliness in their homes and surrounding.

Description

Swacchta action plan committee has organized an outreach activity on 10/04/2024 at village Lakhwaya ward 19 Meerut to aware people about sanitization, how to maintain it and how it plays important role in maintaining good health.

Total numbers of students actively participants were 13. This Activity focuses on educating people about cleaning and disinfection of their houses and surrounding; along with cleanliness students also discuss importance of proper sanitation facility and use of clean water.

This activity was coordinated by **Mr. Mukesh Kumar**, Assistant Professor and **Mrs. Dimple Singh Tomar,** Assistant Professor, Faculty of Pharmacy, Swami Vivekanand Subharti University, Meerut.





Report on Role of Enviornment for Good Health

Title of the Activity	Role of environment for good health	Level of Program (State/National/International etc.)	--------
Focused Area	Awareness, health, and medicine	Date of Activity (From-To) (DD/MM/YYYY)	19/09/2023-20/09/2023
Activity Organized By	Mr. Vishal Kumar Biswkarma	Day	Tuesday - Wednesday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	Time	10 am to 3 pm
Name and address of Guest Speaker	-------	Venue	Khadauli Village, Meerut&ChhatrapatiShivaji Subharti Hospital, Meerut
Total Participants	40	Organizing Coordinator(s)	Mr. Vishal Kumar Biswkarma
Students	40	Report Prepared by	Mr. Vishal Kumar Biswkarma
Teachers	4		
Non-Teaching Staff	--------		
Others (Specify)	--------		

Objective of the Activity:

This activity was organized by Faculty of Pharmacy KharvelSubharti College of Pharmacy, with the objective to an awareness activity on "ROLE OF ENVIORNMENT FOR GOOD HEALTH" was organized by SAP Committee of KharvelSubharti College of Pharmacy and was coordinated by Mr. Vishal Kumar Biswkarma, Assistant Professor.

Description:

A total of 40 students were participated in Program and visited The **Khadauli Village, Meerut (19:09:2023)** as well as **Chhatrapati Shivaji Subharti Hospital, Meerut (20:09:2023)** to educated Patient as well as Public in village.

The program was assisted by Ms.Neeru Singh, Ms. Dimple Singh Tomar, Ms.NidhiDhama, and Mr.Mukesh Kumar.

Pictures of the Activities (Geotagged):





Report on
Training session on SwachhataPakhwada

Title of the Activity	**SwachhataPakhwada**	**Level of Program (State/National/International etc.)**	**--------**
Focused Area	Swachh Bharat	Date of Activity (From-To) (DD/MM/YYYY)	14/09/2023
Activity Organized By	Ms. Neeru Singh	Day	Thursday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy/ Kharvel Subharti College of Pharmacy	Time	2 pm to 3 pm
Name and address of Guest Speaker	-------	Venue	KharvelSubharti College of Pharmacy
Total Participants	25	Organizing Coordinator(s)	Ms. Neeru Singh
Students	20	Report Prepared by	Ms. Neeru Singh
Teachers	05		
Non-Teaching Staff	--------		
Others (Specify)	--------		

Objective of the Activity

On this occasion we will celebrate an awareness programme proposed by Govt. of India in around the campus of Swami VivekanandSubharti University and Poster presentation on topic "Swachh Bharat" followed by Plantation. All the students, faculties and staff members actively participate and contribute for the condution of the event.

Description:

A total of 20 students were participated in Program. The program was assisted by Ms.Neeru Singh, Ms. Dimple Singh Tomar, Ms.NidhiDhama, Mr.Mukesh Kumar and Mr. Vishal Kumar Biswkarma.

Under this committee, one-day programme for the awareness and to maintain swachhta in the campus and their surrounding environment have been organized. The day start with rally on topic "Cleanliness" followed by plantation.All students, faculties and staff members actively participated and contributed in the conduction of this successful event.

During the awareness session students of our college D. Pharm, and Pharm D actively interested and educated and make them understand the role environment deciding the public health.

Pictures of the Activities (Geotagged):





Ref.No. Head/DOE/SVSU/2024/45 **Dated 15-04-2024**

Report

Extension Activity "Learn with Fun: Nukaad Natak & Planation 13-04 2024,

Title of the activity	Extension Activity on "**Learn with Fun: Nukaad Natak & Planation, Sports.**	**Level of Program**	Out Reach Activity (Meerut)
Focused Area	To enhance the skill of problem solving in direct participation.	**Date of Activity**	13-04,2024
Activity Organized By	Department of Education, SVSU	**Day**	Saturday
Name of the Speaker	Dr.Reeba Devi, Assistant Professor & Dr.Sangeeta Rani, Assistant Professor DOE,FOE,SVSU,Meerut	**Time**	7:00 to 11.30 noon
Venue	Sardar Patel Municipal Inter College, Sharda Road Meerut	**Total Participants**	Students,Teachers, non-Teaching,Community people
Convener	Reeba Devi, Assistant Professor & Dr.Sangeeta Rani, Assistant Professor DOE, FOE,SVSU, Meerut.	**Students Teachers**	**110 08**
Report Prepared	Dr Reeba Devi, Assistant Professor Department of Education, FOE, SVSU, Meerut	**Non-teaching Community people**	**09 05**
Students Coordinators	SujataSingh,B.El.Ed VI sem Riya Kaushik, B.El.Ed II sem	**Total**	**126**

Objectives of the Event:

1. To facilitate all-round development through extension activityfor the better future of the students, faculty members and others.
2. To facilitate the knowledge of "Physical mental practice through different activity" amongthe students, faculty members and others.

Description:

An Extension Activity tittle **Learn with Fun: Nukaad Natak & Planation** including ,role-play ,yoga, sports activity organised during the last day of School Internship dated 13-04-2024 at Sardar Patel Municipal Inter College Sharda Road Meerut under the supervision of **Dr Reeba Devi**, Assistant Professor & **Dr. Sangeeta Rani,** Assistant Professor Department of Education Faculty of Education SVSU Meerut.

Prof. (Dr.) G.K. Thapliyal, Vice Chancellor, SVSU and Prof. (Dr.) Shalya Raj, CEO, SVSU highly appreciated the efforts ofStudents Coordinators&all participants under the guidance of convenor of the activity.

Prof. (Dr.) Sandeep Kumar, Dean Faculty of Education commended the outstanding performance of the students and emphasized the importance of such extension activities in nurturing holistic development

Prof (Dr.) Anoj Raj, Head of the Department of Education SVSU, Meerut, congratulated to all participants and acknowledged the efforts of the organizing team and highlighted the role of experiential learning in honing students' practical skills.

The aim of activity was fostering real-life problem-solving skills and promoting the all-round development of students. The activity was a culmination of various engaging activities designed to enhance students' learning experiences beyond traditional classroom settings.

Activities: ***Nukkad Natak* (Street Play)** on Plantation: Students showcased a *nukkad natak* emphasizing the importance of environmental conservation and the significance of tree plantation in mitigating climate change. Through vibrant performances, they conveyed the message of sustainability and encouraged the audience to actively participate in tree plantation drives**.**

Role-play: A series of role-play sessions were conducted, wherein students enacted scenarios depicting real-life problems encountered in society. By stepping into different roles and perspectives, they developed empathy and critical thinking skills, while also exploring effective solutions to address societal challenges.

Yoga Session: A rejuvenating yoga session was organized to promote physical and mental well-being among students. Led by certified yoga instructors, the session focused on breathing techniques, meditation, and various yoga asanas, fostering mindfulness and stress relief among participants.

Sports Activities: Students actively participated in various sports activities. These activities not only promoted physical fitness but also fostered teamwork, leadership, and sportsmanship among the students.

Acknowledgments: Special appreciation letter is extended by **Dr. Navin Kumar Tomar**, Principal of Sardar Patel Municipal Inter College, Sharda Road Meerut to Coordinators of the activity, **Dr. Reeba Devi,** Assistant Professor & **Dr. Sangeeta Rani,** Assistant Professor DOE, FOE, SVSU, Meerut,whose meticulous planning and execution ensured its success.

Outcome of the event: The "Learn with Fun" extension activity served as a platform for students to apply classroom learning to real-life situations, fostering essential skills such as problem-solving, teamwork, and creativity. It not only enriched their educational experience but also contributed to their overall growth and development as responsible citizens.

Analysis of the Participant's feedback: This activity was considered to be educative and informative as well as an agent of moral and character development.

Activity coordinators

HEAD
Department of Education
Swami Vivekanand Subharti University

Glimpse of Extension Activity "Learn with Fun: Nukaad Natak & Planation 13-04 2024,

" date on 13-04-2024



Glimpse of Extension Activity "Learn with Fun: Nukaad Natak & Planation 13-04 2024, " date on 13-04-2024







Glimpse of Extension Activity "Learn with Fun: Nukaad Natak & Planation 13-04 2024, " date on 13-04-2024

REPORT
on

Swachhata Hi Seva Campaign(SwachhataAbhiyan)

Gandhi Jayanti,

1 October 2023, from 10:00 am to 11:00 am (One Date, One Hour).

A cleanliness campaign was organized by the Faculty of Education, Swami Vivekananda Subharti University, Meerut on the eve of Gandhi Jayanti, 1 October 2023, from 10:00 am to 11:00 am (one date, one hour). Swachhata Hi Seva campaign was innaugrated by **Prof.(Dr.) Sandeep Kumar** Dean, Faculty of Education. Dr. Sandeep Kumar explained the importance of Swachhata Hi Seva campaign to the students and staff of the Faculty of Education. All the students were make aware to be a part of this campaign.

In this sequence, **Prof.(Dr.) Anoj Raj** Head, Department of Education, motivated all the students to work for one hour in the Swachhata Hi Seva campaign. , In this campaign, the roads, main gates and sensitive places of the University were cleaned with the slogan " **Swachh Ho Desh Hamara**".

Under the guidance of Dr. Sandeep Kumar Dean, Faculty of Education and Dr. AnojRaj Head,Department of Education, the Swachhta Hi Seva campaign was successfully completed. Dr. ManjuAdhikariAsso. Professor, Mr. Rahul Kumar Lecturer, Dr. Rubi Asst. Professor, Mr. Gajendra and students of the Faculty of Education along with NCC Cadets were present in the event.

At the end of the Swachhta Hi Seva campaign, everyone was thanked by Dr. Anoj Raj Head, Department of Education .




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Report of Scout & Guide

Title of the Activity	Hiking Trip to Vrindavan under Scout & Guide Camp	Level of Program.	Regional
Focused Area	Hiking trip	Date of Activity (From-To) (DD/MM/YYYY)	04/05/2024
Activity Organized By	DOE/FOE/ SVSU, Meerut.	Started on Saturday i.e. 04/05/2024	Closed on Saturday i.e. 04/05/2024
Name of the Associated Faculty/College/Department/Outside Agency	Scout & Guide's Incharge Dr. Rahul Sirohi & Dr. ShaliniTiwari	Time-	10:00 am to 03:00 p.m.
Name and address of Trainer	Mr. Ankit Chaudhary and Abhishek Mathur Hindustan Scout & Guide Association (India)	Department of Education	FOE, SVSU, Meerut.
Total Participants	32	Organizing Coordinators	Dr. Rahul Sirohi& Dr. ShaliniTiwari
Students	22	Report Prepared by	Dr. Shalini Tiwari
Teachers	07	Brochure Link	
Others (Specify)	03	You Tube Link:	

Objectives of the Trip to Vrindavan (Related to SDG-3 – Good Health and Well-being):

1. To promote **mental peace and emotional well-being** through spiritual and devotional experiences.
2. To encourage **physical fitness** through walking tours, temple visits, and active participation in group activities.
3. To foster **social well-being** by developing unity, cooperation, and compassion among participants.
4. To provide opportunities for **stress relief and relaxation** away from routine academic or work pressures.
5. To enhance **awareness of holistic health**, integrating physical, mental, and spiritual dimensions.

Outcomes:

1. The trip enhanced **emotional stability and positivity**, fostering a sense of happiness and inner satisfaction.
2. Students developed a **sense of social harmony and teamwork** by participating in group prayers and community activities.
3. Exposure to a clean, serene, and spiritual environment **encouraged healthy lifestyle practices** and mindfulness.
4. The activity **strengthened moral and ethical values**, such as compassion, respect, and empathy.
5. Participants gained **awareness about the importance of holistic health**, integrating body, mind, and spirit.

Glimpse of Visit





Ref. No: HEAD /DOE/SVSU/2023/73/1 **Date: 12-10-2023**

Workshop Report
On 12-10-2023
" Role of Positive Mental Health and Wellness in Career Formation"

Title of the activity	**Role of Positive Mental Health and Wellness in Career Formation"**	**Level of Program**	Department Level
Focused Area	Awareness about positive mental health through well being	**Date of Activity**	October 12, 2023
Activity Organized By	Department of Education, SVSU	**Day**	Thursday
Resource Person	Dr.Rahul Bansal, Chairman of wellness Centre, SVSU and Dr. Seema Sharma, Sr.Cunsaltant	**Time**	10.00.A.M to 12:00 P.M.
Total Participants	103	**Venue**	Faculty of Education
Students	90	**Convener**	Dr.Reeba Devi
Teachers/Faculty members	13 **Report Prepared By**	Dr. Reeba Devi Department of Education, FOE, SVSU, Meerut with GungunB.El.Ed III semester	

Objectives of the Event:

1. To facilitate moral, ethical development through positive mental health of the students, faculty members.
2. To facilitate the knowledge of "positive and healthy mind set"under the wellness in career formation the students, faculty members.

Description:

Swami Vivekanand Subharti University, Department of Education hosted an enlightening **one-day workshop** on **October 12, 2023**, dedicated to the profound influence of positive mental health and wellness on the formation of successful careers. The event, held within the esteemed marked a significant endeavour to enhance awareness of the pivotal role that mental well-being plays in the journey toward career development. The program commenced with a ceremonial inauguration where **Resource Person Dr. Rahul Bansal**, Chairman Wellness Centre, SVSU Meerut and **Dr. Seema Sharma, Sr. Consultant (Clinical Psychological)** Department of Psychiatry Subharti Medical College & Hospital, SVSU , **Prof. (Dr.) Sandeep Kumar**, the distinguished **Dean of the Faculty of Education**, and **Prof.(Dr.) Anoj Raj, Head, Department of Education** other respected dignitaries, illuminated the ceremonial lamp in front of Maa Sarasvati. This symbolic gesture signified the auspicious beginning of the workshop, emphasizing the importance of knowledge, wisdom, and holistic well-being in one's educational and career journey.

Dr. Sandeep Kumar, in his welcoming address, expressed gratitude to the esteemed chief guests, dedicated faculty members, and the attentive audience. This warm welcome set the tone for an intellectually stimulating and enriching event, celebrating the synergy of education and mental wellness. The chief guests were honored with saplings, representing the institution's commitment to nurturing growth and fostering a greener, more sustainable future.

The workshop gained further momentum **as Prof. (Dr.) Anoj Raj, Head, Department of Education,** took the stage to provide attendees with a comprehensive overview of the day's program. His enlightening speech not only outlined the workshop's objectives but also highlighted the intrinsic connection between mental health and the development of successful careers. It was underlined that, in today's fast-paced and competitive world, the well-being of individuals plays a pivotal role in shaping the direction of their careers.

The heart of the workshop featured presentations by the **keynote speakers: Dr. Rahul Bansal, Chairman of the Wellness Centre, and Dr. Seema Sharma, a Senior Consultant in Clinical Psychology.** The presentations encompassed a wide spectrum of topics, touching upon the spiritual dimension of health, scientific evidence regarding the permanent transformation of energy within the human body, the profound experiences of near-death encounters, and the intricate interplay between spirituality and health Dr. Rahul Bansal shed light on the spiritual dimension of health, explaining how it is a vital component of overall well-being. He shared insights into the profound spiritual experiences that individuals might encounter and how these experiences can positively impact one's mental health. Dr. Seema Sharma, on the other hand, delved into the scientific evidence behind the transformation of energy within the human body. She emphasized that understanding this process can provide individuals with a deeper appreciation for the connection between physical and mental health.

The discussion on near-death experiences (NDEs) was particularly intriguing. Attendees were introduced to the phases of NDEs, their impact on individuals, and the various perspectives on what happens when a person's mind seems to survive even when the body faces a life-threatening situation. These insights were accompanied by reference to well-known researchers in the field. The workshop's culmination was marked by a gracious vote of thanks presented by Prof. (Dr.) Anoj Raj. He expressed heartfelt gratitude to the chief guests, the enlightening speakers, dedicated faculty members, and the entire team responsible for organizing this insightful event.

The event's success was a testament to the concerted efforts of a **collaborative team. Members,** including **VedikaVerma, Nisha Saharan Vijay, Gunjan, Kumkum, Saakshi, Gungun, Shrutee, Saloni, Sagaf, Bhawna, Pardeep, Shruti Kaushik, Ajay, Pallavi, Kanak, Saakshi Saini, Anusha, and Pardeep Yadav, stu**dents of Department of Education worked diligently under the capable supervision of **Dr. Reeba Devi, Assistant Professor & Coordinator of the workshop** at the Faculty of Education. Their dedication and coordination were instrumental in ensuring the seamless execution of the seminar.

In conclusion, the workshop provided an intellectual feast for attendees. It not only served as a platform for insightful discussions on the vital intersection of mental health and career development but also left participants with a profound understanding of how positive mental health and wellness can significantly influence the trajectory of one's career. This event underscored the university's commitment to nurturing the holistic development of its students and the broader community, emphasizing that true success is not just measured by career achievements but by the overall well-being of individuals in their pursuit of knowledge and excellence.

Outcome of the event:

1. Participants were facilitated of health sensitive issues and awareness of positive mental health.
2. Health development awareness through wellness workshop for the students, faculty members were facilitated.

Analysis of the Participant's feedback: The workshop was considered to be primary level of carefulness and informative as well as an agent of mental and positive development through workshop.

Coordinator

Head


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Ref. No.: Phy.Edu./SVSU/2024/189(I) **Date: 21/03/2024**

REPORT ON ADVENTURE CAMP 2024

Scout and Guide leadership and adventure camp at Panchmarhi (M.P.)

Title of the activity	Adventure and leadership camp	**Level of Program**	Annual event
Focused Area	Nature socialization	**Date of Activity**	11 March -17 march 2024
Name of the associated department	Department of Physical Education, Faculty of Education, SVSU	**Day**	07 day
Total Participants	**98**	**Venue**	The Bharat Scout And Guide National Adventure Institute Pachmahri (M.P)
Students	**92**	**Organizing Secretary**	Dr. Deepak Raghav Associate Professor, Department of Physical Education, FOE, SVSU, Meerut.
Teachers	**06**	**Report Prepared By**	Dr. Deepak Raghav Department of Physical Education, SVSU
Others	**--**	**Activity organized by**	Department of Physical Education, FOE, SVSU

Objectives of the Activity: To Develop the Leadership quality of individual.

Description: To join the adventure and leadership camp at pachmarhi (M.P) from 11 March -17 March 2024. All the 92 students, 06 faculty members of departments of physical education S.V.S.U Meerut went to Hazrat Nizamuddin by bus then from Hazrat Nizamuddin to Pipariya station by train. From there we went from Pipariya station to rajendragiri camp site to Panchmarhi by bus. All members reached at camp site 11:30 a.m. on 14/03/2023and return to the university from camp site on 16/03/2024 at 5:00 p.m.and reached Hazrat Nizamuddin on 17/03/2024 4:35 p.m.

GLAMPS OF THE EVENT







Ref. No.: Phy.Edu./SVSU/2024/253(I) Date: 03.05.2024

REPORT
"INDUSTRIAL VISIT"

Title of the activity	Industrial Visit of Sports Equipment's Manufacturing Factory	**Level of Program**	College
Focused Area	Sports Equipment's Manufacturing	**Date of Activity**	03.05.2024
Name of the associated department	Department of Physical Education Swami Vivekanand Subharti University, Meerut	**Day**	Friday
Name of the Expert	Mr. Rahul, Director R.S.Traders	**Time**	10-:00 AM - 03:00 PM
Total Participants	58	**Venue**	R.S. Traders, Rohta Road, Meerut
Students	53	**Event Coordinator**	Dr. Atul Kumar Tiwari , Assistant Professor, Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut
Teachers	04	**Report Prepared By**	Dr. Atul Kumar Tiwari , Assistant Professor, Department of Physical Education
Others	**01**	**Activity organized by**	Department of Physical Education

Objectives of the Activity: How sports equipment's is made.

Description: Prof.(Dr.) Sandeep Kumar given the best wishes. This team is being led by Dr. Atul Kumar Tiwari along with Dr. Deepak Raghav, Dr. Ankit Jadaun and Saurabh Rathi**.** The sports equipment manufacturing industry plays a crucial role in providing athletes, sports enthusiasts, and fitness-conscious individuals with the tools necessary for performance, safety, and enjoyment. This report delves into the current state, trends, challenges, and future prospects of this dynamic sector.

Glimpse of the Event







Ref. No.: Phy.Edu./SVSU/2024/260(i) Date: 07.05.2024

REPORT

Industrial Visit

Title of the activity	Industrial Visit of Sports kit Manufacturing Factory	**Level of Program**	College
Focused Area	Sports Equipments Manufacturing	**Date of Activity**	04.05.2024
Name of the associated department	Department of Physical Education Swami Vivekanand Subharti University, Meerut	**Day**	01
Name of the Expert	Mr. Bablu Taliyan Taliyan Traders	**Time**	10-:00 AM - 02:00 PM
Total Participants	56	**Venue**	Taliyan sportswear Traders, Kankankhera, Meerut
Students	51	**Event Coordinator**	Dr. Atul Kumar Tiwari , Assistant Professor, Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut
Teachers	04	**Report Prepared By**	Dr. Atul Kumar Tiwari , Assistant Professor, Department of Physical Education
Others	**01**	**Activity organized by**	Department of Physical Education

Objectives of the Activity: How is a sports kit made.

Description: HOD Prof.. Sandeep Kumar given the best wishes. This team is being led by Dr. Atul Kumar Tiwari along with, Dr. Ankit Jadon Dr. Deepak Raghav and Saurabh Rathi.

Glimpse of the Event



Ref. No.: Phy.Edu./SVSU/2024/37(i) Date: 08/01/2024

REPORT

"Educational Tour"

Title of the activity	Educational Tour	**Level of Program**	All India
Focused Area	Research Development See the Sports exhibition	**Date of Activity**	14-12-2023
Name of the Associated Department	Department of Physical Education Swami Vivekanand Subharti University, Meerut	**Day**	Tuesday
Name of the Expert	Dr. Atul Kumar Tiwari Assistant Professor, Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut	**Time**	10-:00 AM - 03:00 PM
Total Participants	35	**Venue**	Pragati Maidan, New Delhi
Students	30	**Event Coordinator**	Dr. Atul Kumar Tiwari , Assistant Professor, Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut
Teachers	04	**Report Prepared By**	Dr. Atul Kumar Tiwari , Assistant Professor, Department of Physical Education
Others	**01**	**Activity organized by**	Department of Physical Education

Objectives of the Activity: Explore to see the PEFI exhibition and attend the national seminar for the development of Physical education.

Description: The program of education tour was organized by the students of Physical Education Department of Swami Vivekananda University in Pragati maidan.

Glimpse of the Event







Report on

"Ek Tareekh, Ek Ghanta" program under "Swachhata hi Seva" Campaign on 1/10/2023

Organised by: NSS Cell,SVSU, Meerut

Banner



Press Clipping

सुभारती विश्वविद्यालय के एनएसएस सेल तथा स्वच्छता समिति द्वारा बृहद सफाई कार्यक्रम आयोजित

राहुल ठाकुर

मेरठ (विधान केसरी)। भारत सरकार युवा कार्यक्रम एवं खेल मंत्रालय, एनएसएस महानिदेशालय एवं विश्वविद्यालय अनुदान आयोग नई दिल्ली के निदेशानुसार "एक तारीख एक घंटा" कार्यक्रम के तहत "स्वच्छता ही सेवा" अभियान के अन्तर्गत दिनांक 01/10/2023 को स्वामी विवेकानंद सुभारती विश्वविद्यालय मेरठ के एनएसएस सेल तथा स्वच्छता समिति द्वारा बृहद सफाई कार्यक्रम किया गया।

विश्वविद्यालय में एनएसएस की चारों इकाइयों के चार सौ से भी अधिक स्वयंसेवकों ने विभिन्न स्थानों पर सफाई कार्यक्रम चलाया और 25 कुंतल से भी अधिक कूड़ा उठाया। एनएसएस के स्वयंसेवकों से विश्वविद्यालय से लगे एन एच 58, दिल्ली हरिद्वार राष्ट्रीय राजमार्ग के दोनों ओर कॉरिडोर में लगभग एक किमी. क्षेत्र में सफाई की गई जिसमें वेदव्यासपुरी का स्थानीय मार्किट भी शामिल था। इस अवसर पर एन एच पर स्थित फुट ओवर ब्रिज की सफाई की गई जो बहुत ही गन्दी हालात में था। विश्वविद्यालय के कुलपति मेजर जनरल डॉ जी.के.थपलियाल एवं मुख्य कार्यकारी अधिकारी डॉ शल्या राज ने कार्यक्रम के सफल आयोजन की हार्दिक शुभकामनाएं दी।



स्वयंसेवकों द्वारा प्रधानमंत्री जी के आह्वान पर स्वच्छता अभियान चलाकर क्षेत्र में साफ - सफाई करते हुए लोगों को स्वच्छता हेतु जागरूक किया गया। अभियान के प्रारम्भ में एनएसएस के विश्वविद्यालय समन्वयक प्रोफेसर सुभाष चंद्र थलेडी द्वारा स्वयंसेवकों को स्वच्छता अभियान के बारे में विस्तार से जानकारी दी। उन्होंने कहा कि विश्वविद्यालय के कुलपति मेजर जनरल डॉ जी. के. थपलियाल और मुख्य कार्यकारी अधिकारी प्रोफेसर डॉ. शल्या राज के विशेष दिशा-निर्देश में यह राष्ट्रीय कार्यक्रम विश्वविद्यालय द्वारा किया जा रहा है। उन्होंने कहा कि विश्वविद्यालय की स्वच्छता कमेटी ऐसे अभियान चलाती रहेगी और जनता को स्वच्छता के प्रति जागरूक करती रहेगी।

विश्वविद्यालय की एनएसएस इकाई एक के द्वारा मार्स रिसोर्ट से गेट नम्बर दो की सफाई की गई वहीं इकाई-2 और तीन द्वारा वेदव्यासपुरी मार्किट से लगी एनएच की रोडसाइड कॉरिडोर और मार्किट को साफ किया गया। इकाई चार द्वारा विश्वविद्यालय के गेट दो से गेट चार तक की सफाई की गई और सड़क किनारे फैले कूड़े को साफ किया गया। इस अवसर पर स्वच्छता कमेटी के चेयरमैन और एनएसएस के विश्वविद्यालय समन्वयक प्रो डॉ सुभाष चंद्र थलेडी, प्रो डॉ सरताज अहमद, डॉ विवेक कुमार, डॉ संदीप कुमार, कार्यक्रम अधिकारी हिमांशु सिरोही, शिवानी भदौरिया, धर्मेंद्र सिंह समेत रामप्रकाश तिवारी, डॉ. नेहा सिंह, स्वाति शर्मा, डॉ. अभिजीत के.बी., डॉ. दुर्वेश पुंडीर, इंजीनियर गुरु सेवक केसरवानी, डॉ. विशाल सिंह, डॉ. धनंजय कुमार, पुष्पेंद्र कुमार, दाउद चौहान ने सहयोग किया। संजय जुगरान, कपिल गिल, संजय पाल, प्रिंस चौहान, बिजेंद्र और कुलदीप ने महत्वपूर्ण भूमिका निभाई।

GLIMPSES OF THE PROGRAM













Ref. No.: Phy.Edu./SVSU/2023/401 (i) **Date-09/08/2023**

REPORT ON GUEST LECTURE

"Role of Yogic Sciences to Prevent the Stress, Anxiety and Depression"

Title of the activity	Role of Yogic Sciences to Prevent the Stress, Anxiety and Depression	**Level of Program**	Faculty Level
Focused Area	Yogic practices	**Date of Activity**	08-08-2023
Name of the associated department	Department of Physical Education ,Faculty of Education, Swami Vivekanand Subharti University, Meerut	**Day**	Tuesday
Name and address of the guest speakers	Ms. Vu Hong Yen, President YSK International, President Working Committee Vietnam Yoga Federation.	**Time**	11:00 am -12:30pm
Total Participants	60	**Venue**	Seminar Hall, Faculty of Education, SVSU
Students	54	**Event Coordinator**	Dr. Manju Adhikari, Associate Professsor Department of Physical Education, SVSU, Meerut
Teachers	06	**Report Prepared By**	Ms. Soniya Rana
Others	-	**Activity organized by**	Faculty of Education, SVSU, Meerut

Objectives of the Guest Lecture: to aware the students about how Yogic Practices helps in preventing the stress, anxiety and depression.

Description: Department of Physical Education, Swami Vivekanand Subharti University organized A Guest Lecture on "Role of Yogic Sciences to Prevent the Stress, Anxiety and Depression". Ms. Nisha Saini, Assistant Professor, Department of Physical Education inaugurated the workshop and welcomed to all the participants and the resource person Ms. Vu Hong Yen. Prof.(Dr) Sandeep Kumar, Dean FOE, Head, Department of Physical Education formally Welcomed the resource person Ms. Vu Hong Yen, President YSK International, President Working Committee Vietnam Yoga Federation and introduced everyone with the theme and the purpose of conducting this guest lecture. Dr. Manju Adhikari Associate Professor, Department of Physical Education welcomed the Yoga expert Ms. Vu Hong Yen with a sapling on the behalf of Department of Physical Education (FOE).

Ms. Vu Hong Yen discussed about the mental health issues and their yogic management. After her lecture the students were given time to interact with her. Students felt that the session was very informative and interactive. At the end of the guest lecture, some of the students gave their feedback, and explained how they were benefited.

At the end of the workshop Dr Anoj Raj, Head Department of Education thanked everyone and proposed vote of thanks to the resource person Ms. Vu Hong Yen, Prof.(Dr) Sandeep Kumar Dean, Faculty of Education, Head of Physical Education Department for conducting the guest lecture in the Physical Education Department and he also thanked to all the faculty members and all the participant for joining the session..

Outcome of the Guest Lecture: The session was very informative and the students also aware how yogic sciences help in boosting up the psychological factors of an individual.

Analysis of the Participant's feedback: The Guest Lecture was considered to be educative and informative. The topic was considered appropriate with adequate quality of content and time management. The participants found that the content had practical utility.

BROCHURE

Azadi Ka Amrit Mahotsav

SWAMI VIVEKANAND SUBHARTI UNIVERSITY
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G20 भारत 2023 INDIA

Heartily Welcomes

Ms. Vu Hong Yen



President YSK International
President Working Committee Vietnam Yoga Federation

GUEST LECTURE
ON
"ROLE OF YOGIC SCIENCES TO PREVENT THE STRESS, ANXIETY AND DIPRESSION"
On 08th August, 2023

Venue:
Seminar Hall Faculty of Education

Department of Physical Education, Faculty of Education, S V Subharti University, Meerut

Glimpse of Guest Lecture



Ref. No.: Phy.Edu./SVSU/2023/593 Date: **27/10/2023**

Report on
Pink Marathon Cancer "Awareness Week: Breast Cancer"

Title of the activity	Pink Marathon Cancer "Awareness Week: Breast Cancer"	**Level of Program**	Faculty Level
Focused Area	Marathon Cancer Awareness	**Date of Activity**	27-10-2023
Name of the associated department	Department of Physical Education Faculty of Education, Swami Vivekanand Subharti University, Meerut & Engineering College Swami Vivekanand SubhartiUniversity, Meerut	**Day**	Friday
Name and address of the guest	Prof. (Dr.) Anurag Sriwastava Director Department of Cancer Dr.Krishna Moorti C.O. of Subharti Medical V.C. Prof.(Dr.) G.K. Thapaliyal	**Time**	11:00 AM-01:00 PM
Total Participants	277	**Venue**	Seminar Hall, Faculty of Education, SVSU
Students and Teachers, Non-Teaching	256	**Event Coordinator**	1.Dr. Manju Adhikari, Associate Professor, Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut
Dean	03	**Report Prepared By**	Dr.Manju Adhikari
Others	**18**	**Activity organized by**	Department of Physical Education Faculty of Education, SVSU, Meerut

Objectives of the Guest Lecture: To generate awareness about the Breast Cancer and Developed Cardiac Strength of Participants

Description: Pink Marathon was organized by the Department of Physical Education Faculty of Education, and Engineering College Swami Vivekananda Subharti University, Meerut on 27 October 2023 on the topic "Pink Marathon Cancer Awareness Week: Breast Cancer".

Prof. (Dr.) Anurag Sriwastava from Department of Cancer, Subharti Medical College, Meerut remained the expert of this Event.

The event began with the presentation of Pink T-shirt to the expert.

Prof. (Dr.) Sandeep Kumar, Dean, Faculty of Education, Swami Vivekananda Subharti University, Meerut Formally welcomed the Participants and also said that this Event was a good opportunity to create awareness about a very important issue Breast Cancer and for developed cardiac strength awareness in the youth and society.

Prof. (Dr.) G.K.Thapaliyal Vice Chancellor also appreciated the organization of Pink Marathon on such a crucial topic.

A brief introduction was given about the expert by the C.O. of Subharti Medical Prof. Dr. Krishna Moorti Swami Vivekanand Subharti University, Meerut.

The event Pink Marathon started with brief information about the topic of the Speech by Prof. (Dr.) Anurag Sriwastava he discussed about the do's and don'ts of Breast Cancer.

Prof (Dr.) Krishna Moorti discussed about the general awareness of Breast Cancer and motivate the Participants for Pink Marathon and aware about benefit of cardiac work.

Vote of thanks was proposed by Prof.(Dr.) Sandeep Kumar Dean and Head Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut to the audience.

Deans, Faculties and Students, None teaching Staff of Different Colleges Swami Vivekanand Subharti University, Meerut remained present on this occasion. And contributed immensely towards the success of this event through their Participation in Oink Marathon Event.

Outcome of the Guest Lecture: The awareness was generated about the Pink Marathon (Cardiac Work) Breast Cancer Awareness among the participants.

Analysis of the Participant's feedback: The Event was considered to be Active Physical Development, educative and informative. The Pink Marathon was considered appropriate with adequate quality of content and time management. The participants found that the Event had practical utility and very helpful for future health issue







Ref. No.: Phy.Edu./SVSU/2024/110(I) **Date: 08/02/2024**

REPORT ON
THE OCCASION OF THE WORLD CANCER DAY MARATHON

Title of the activity	On the occasion of World Cancer Day marathon	**Level of Program**	Faculty Level
Focused Area	Marathon Cancer Awareness	**Date of Activity**	**08/02/2024**
Name of the associated department	Department of Physical Education Faculty of Education, Swami Vivekanand Subharti University, Meerut & Engineering College Swami Vivekanand SubhartiUniversity, Meerut	**Day**	Friday
Name of Chief Guest, Special Guest and Guest of Honour	1. Dr.Krishna Moorti E.O. of Subharti Medical 2. Chief Guest Major General Dr. G.K. Thapliyal (Vice-Chancellor SVSU) 3. Prof. (Dr.) Anurag Srivastava Director Department of Cancer.SVSU	**Time**	10:00 AM
Total Participants	127	**Venue**	General Mohan Singh Play Ground & whole university camps SVSU, Meerut
Students and Teachers, Non-Teaching	101 students 26 faculty from various departments of the university.	**Organizing Secretary**	Dr.Deepak Raghav, Assistant Professor, Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut.
Faculty members	-26	**Report Prepared By**	Dr.Deepak Raghav
Others	-	**Activity organized by**	Department of Physical Education, FoE, SVSU

Objectives of the Activity: The objectives of the World Cancer Day Marathon are multifaceted, aiming to address various aspects of the global fight against cancer.

Prof. (Dr.) Anurag Srivastava from the Department of Cancer, Subharti Medical College, Meerut remained the expert on this Event.

Prof. (Dr.) Sandeep Kumar, Dean, Faculty of Education, Swami Vivekananda Subharti University, Meerut Formally welcomed the Participants and also said that this event was a good opportunity to create awareness about a very important issue Breast Cancer and to develop cardiac strength awareness in the youth and society.

Prof. (Dr.) G.K.Thapaliyal Vice Chancellor also appreciated the organization of Marathon on such a crucial topic.

A brief introduction was given about the expert by the C.O. of Subharti Medical Prof. Dr. Krishna Moorti Swami Vivekanand Subharti University, Meerut.

The event Marathon started with brief information about the topic of the Speech by Prof. (Dr.) Anurag Srivastava discussed the do's and don'ts of Breast Cancer.

Prof (Dr.) Krishna Moorti discussed the general awareness of Breast Cancer and motivated the Participants for the Marathon and aware of the benefits of cardiac work.

A vote of thanks was proposed by Prof.(Dr.) Sandeep Kumar Dean and Head Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut to the audience.

Deans, Faculties and Students, None teaching Staff of Different Colleges Swami Vivekanand Subharti University, Meerut remained present on this occasion. And contributed immensely towards the success of this event through their Participation in Marathon Event.

Outcome of the Guest Lecture: The awareness was generated about the Marathon (Cardiac Work) Breast Cancer Awareness among the participants.

Analysis of the Participant's Feedback: The Event was considered to be Active Physical Development, educative and informative. The Marathon was considered appropriate with adequate quality of content and time management. The participants found that the Event had practical utility and very helpful for the future health issue

Glimpses of the Event















मुख्यद्वार को सुभारती विवि के शारीरिक शिक्षा विभाग में कैंसर के प्रति जागरूकता सप्ताह के तहत मैराथन हुई। • हिन्दुस्तान

कैंसर जागरुकता के लिए सुभारती में मैराथन

मेरठ, संवाददाता। सुभारती विवि के शारीरिक शिक्षा विभाग में गुरुवार को कैंसर के प्रति जागरूकता सप्ताह के तहत मैराथन हुई। सुधांशु कुलपति मेजर जनरल डॉ. जीके थपलियाल, प्रतिकुलपति डॉ. अभय शंकरगौड़ा, सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एम डॉ. अनुराग श्रीवास्तव एवं डॉ. संदीप कुमार ने हरी झंडी दिखाकर किया। सुभारती अस्पताल के चिकित्सा उपाधीक्षक डॉ. कृष्णा मूर्ति ने कहा कि सुभारती कैंसर इंस्टीट्यूट ऑफ मैनेजमेंट एंड रिसर्च में कैंसर का आधुनिक मशीनें द्वारा उपचार किया जा रहा है। डिजिटल मैमोग्राफी मशीन से महिलाओं में छाती के कैंसर की पहचान की जा सकती है। डॉ. अनुराग श्रीवास्तव ने कहा कि यहां पेट सिटी स्कैन, मैमोग्राफी अल्ट्रासाउंड एमआरआई जैसी मशीनें उपलब्ध है, जो कैंसर की पहचान एवं इसके उपचार में सहायगी है। डॉ. दीपक राघव सहित सभी शिक्षक एवं विद्यार्थी मौजूद रहे।

कैंसर जटिल बीमारी, जागरूकता से ही बचाव



सुभारती विश्वविद्यालय में शारीरिक मैराथन में प्रतिभाग करने वाले विद्यार्थी। संवाद

कैंसर जागरूकता सप्ताह के तहत सुभारती विवि के जनरल मोहन सिंह खेल मैदान में मैराथन का हुआ आयोजन



सुभारती विवि में मैराथन दौड़ते अतिथि व अन्य। संवाद

मेरठ। कैंसर जटिल बीमारी है और जागरूकता से बचाव संभव है। सुभारती कैंसर इंस्टीट्यूट ऑफ मैनेजमेंट एंड रिसर्च में अत्याधुनिक मशीनों से कैंसर का उपचार किया जा रहा है। यह बात सुभारती अस्पताल के चिकित्सा उपाधीक्षक डॉ. कृष्णा मूर्ति ने मैराथन के शुभारंभ पर कही।

स्वामी विवेकानंद सुभारती विवि के शारीरिक शिक्षा विभाग के तत्वावधान में मैराथन आयोजित की गई। जनरल मोहन सिंह खेल मैदान में सुभारती विवि के कुलपति मेजर जनरल डॉ. जीके थपलियाल, प्रतिकुलपति डॉ. अभय शंकरगौड़ा, सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एवं पूर्व विभागाध्यक्ष एम्स डॉ. अनुराग श्रीवास्तव, शारीरिक शिक्षा विभागाध्यक्ष डॉ. संदीप कुमार ने हरी झंडी दिखाकर मैराथन को रवाना किया।

कुलपति ने कहा कि जागरूकता ही कैंसर का बचाव है। विवि में कैंसर रोग के प्रति जागरूक कर सभी को इसके कारण, निवारण व बचाव के बारे में बताया जा रहा है। सुभारती अस्पताल के चिकित्सा उपाधीक्षक डॉ. कृष्णा मूर्ति ने कहा कि सुभारती कैंसर इंस्टीट्यूट ऑफ मैनेजमेंट एंड रिसर्च में कैंसर रोग की आधुनिकतम मशीनों द्वारा रोगियों का सरलता से उपचार किया जा रहा है। उन्होंने बताया कि डिजिटल मैमोग्राफी मशीन द्वारा महिलाओं की छाती में होने वाले कैंसर की पहचान की जा सकती है। उन्होंने कहा कि यह समस्त मशीनें कैंसर के रोग को जल्दी पकड़ने के साथ बेहतर इलाज में मददगार है। सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एम डॉ. अनुराग श्रीवास्तव ने कहा कि यहां पेट सिटी स्कैन, मैमोग्राफी अल्ट्रासाउंड एमआरआई जैसी मशीनें उपलब्ध है, जो कैंसर की पहचान एवं इसके उपचार में सहायगी है। डॉ. दीपक राघव सहित सभी शिक्षक एवं विद्यार्थी मौजूद रहे।

मेरठ/आसपास

विश्व कैंसर दिवस पर हुआ मैराथन का आयोजन



हिन्दुस्तान संवाददाता

मेरठ। स्वामी विवेकानन्द सुभारती विश्वविद्यालय के शारीरिक शिक्षा विभाग द्वारा कैंसर जागरूकता सप्ताह के अंतर्गत मैराथन का आयोजन किया गया।

कार्यक्रम का शुभारंभ जनरल मोहन सिंह खेल मैदान में सुभारती विश्वविद्यालय के कुलपति मेजर जनरल डॉ.जी.के. थपलियाल, प्रतिकुलपति डॉ.अभय शंकरगौड़ा, सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एम डॉ अनुराग श्रीवास्तव, शारीरिक शिक्षा विभागाध्यक्ष एम डॉ.संदीप कुमार ने हरी झंडी दिखाकर रवाना किया। शारीरिक शिक्षा विभागाध्यक्ष डॉ.संदीप कुमार ने सभी अतिथियों का स्वागत किया। उन्होंने कहा कि कैंसर रोग के प्रति जागरूकता हेतु विश्वविद्यालय परिसर में मैराथन का आयोजन किया गया है। उन्होंने कहा कि मैराथन में विद्यार्थियों व शिक्षकों द्वारा सभी को कैंसर रोग के प्रति जागरूक रहने का संदेश दिया गया। सुभारती विश्वविद्यालय के कुलपति मेजर जनरल डॉ.जी.के.थपलियाल ने कहा कि जागरूकता ही कैंसर का बचाव है। उन्होंने कहा कि यह समस्त मशीने कैंसर के रोग को जल्दी पकड़ने के साथ बेहतर इलाज में मददगार है। सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एवं पूर्व विभागाध्यक्ष एम्स डॉ अनुराग श्रीवास्तव ने कैंसर रोग के विभिन्न कारणों से सभी को जागरूक किया। उन्होंने बताया कि सुभारती कैंसर इंस्टीट्यूट ऑफ मैनेजमेंट एंड रिसर्च में पेट सिटी स्कैन, मैमोग्राफी अल्ट्रासाउंड एमआरआई जैसी विश्वस्तरीय मशीनें उपलब्ध है, जो कैंसर की पहचान व इसके उपचार में सहायगी है। डॉ.दीपक राघव सहित सभी शिक्षक एवं विद्यार्थी मौजूद रहे। इस अवसर पर विश्वविद्यालय के सभी संकाय व विभागों के प्राध्यापक, शिक्षकगण एवं विद्यार्थी उपस्थित रहे।

मैराथन | जागरूकता ही कैंसर का बचाव है: कुलपति मेजर जनरल डॉ.जी.के.थपलियाल

सुभारती में विश्व कैंसर दिवस पर मैराथन



हीन इंडिया

मेरठ। स्वामी विवेकानन्द सुभारती विश्वविद्यालय के शारीरिक शिक्षा विभाग द्वारा कैंसर जागरूकता सप्ताह के अंतर्गत मैराथन का आयोजन किया गया।

कार्यक्रम का शुभारंभ जनरल मोहन सिंह खेल मैदान में सुभारती विश्वविद्यालय के कुलपति मेजर जनरल डॉ.जी.के. थपलियाल, प्रतिकुलपति डॉ.अभय शंकरगौड़ा, सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एवं पूर्व विभागाध्यक्ष एम्स डॉ. अनुराग श्रीवास्तव, शारीरिक शिक्षा विभागाध्यक्ष डॉ.संदीप कुमार ने मैराथन को हरी झंडी दिखाकर रवाना किया। शारीरिक शिक्षा विभागाध्यक्ष डॉ.संदीप कुमार ने सभी अतिथियों का स्वागत किया। उन्होंने कहा कि कैंसर एक जटिल बीमारी है। जागरूकता से ही इससे बचाव सम्भव है। उन्होंने बताया कि सुभारती कैंसर इंस्टीट्यूट ऑफ मैनेजमेंट एंड रिसर्च में पेट सिटी स्कैन, मैमोग्राफी अल्ट्रासाउंड एमआरआई जैसी विश्वस्तरीय मशीनें उपलब्ध है, जो कैंसर की पहचान व इसके उपचार में सहायगी है। उन्होंने बताया कि विश्वविद्यालय में कैंसर रोग के प्रति जागरूक कर सभी को इसके कारण, निवारण एवं बचाव से रूबरू कराया जा रहा है। उन्होंने कहा कि यह समस्त मशीने कैंसर के रोग को जल्दी पकड़ने के साथ बेहतर इलाज में मददगार है। सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एवं पूर्व विभागाध्यक्ष एम्स डॉ अनुराग श्रीवास्तव ने कैंसर होने के विभिन्न कारणों से सभी को जागरूक किया।

सुभारती अस्पताल के चिकित्सा उपाधीक्षक डॉ. कृष्णा मूर्ति ने मैराथन आयोजन को शुभकामनाएं दी। उन्होंने कहा कि कैंसर एक जटिल बीमारी है। जागरूकता से ही इससे बचाव सम्भव है। उन्होंने बताया कि सुभारती कैंसर इंस्टीट्यूट ऑफ मैनेजमेंट एंड रिसर्च में कैंसर रोग की आधुनिकतम मशीनों द्वारा रोगियों का सरलता से उपचार किया जा रहा है। उन्होंने बताया कि डिजिटल मैमोग्राफी मशीन द्वारा महिलाओं की छाती में होने वाले कैंसर की पहचान की जा सकती है। उन्होंने कहा कि यह समस्त मशीने कैंसर के रोग को जल्दी पकड़ने के साथ बेहतर इलाज में मददगार है।

सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एवं पूर्व विभागाध्यक्ष एम्स डॉ अनुराग श्रीवास्तव ने कैंसर होने के विभिन्न कारणों से सभी को जागरूक किया।

सुभारती विश्वविद्यालय में विश्व कैंसर दिवस पर मैराथन का आयोजन

खरी कसौटी खुरी



मेरठ। स्वामी विवेकानन्द सुभारती विश्वविद्यालय के शारीरिक शिक्षा विभाग द्वारा कैंसर जागरूकता हेतु विश्व कैंसर दिवस के अवसर पर मैराथन का आयोजन किया गया। कार्यक्रम का शुभारंभ जनरल मोहन सिंह खेल मैदान में सुभारती विश्वविद्यालय के कुलपति मेजर जनरल डॉ.जी.के. थपलियाल, प्रतिकुलपति डॉ.अभय शंकरगौड़ा, सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एवं पूर्व विभागाध्यक्ष एम्स डॉ अनुराग श्रीवास्तव, शारीरिक शिक्षा विभागाध्यक्ष डॉ.संदीप कुमार ने मैराथन को हरी झंडी दिखाकर रवाना किया।

शारीरिक शिक्षा विभागाध्यक्ष डॉ.संदीप कुमार ने सभी अतिथियों का स्वागत किया। उन्होंने कहा कि कैंसर रोग के प्रति जागरूकता हेतु विश्वविद्यालय परिसर में मैराथन का आयोजन किया गया है। उन्होंने कहा कि मैराथन में विद्यार्थियों व शिक्षकों द्वारा सभी को कैंसर रोग के प्रति जागरूक रहने का संदेश दिया गया। सुभारती विश्वविद्यालय के कुलपति मेजर जनरल डॉ.जी.के.थपलियाल ने कहा कि जागरूकता ही कैंसर का बचाव है। उन्होंने कहा कि यह समस्त मशीने कैंसर के रोग को जल्दी पकड़ने के साथ बेहतर इलाज में मददगार है। सुभारती इंस्टीट्यूट ऑफ कैंसर मैनेजमेंट एंड रिसर्च के डायरेक्टर एवं पूर्व विभागाध्यक्ष एम्स डॉ अनुराग श्रीवास्तव ने कैंसर होने के विभिन्न कारणों से सभी को जागरूक किया। उन्होंने बताया कि सुभारती कैंसर इंस्टीट्यूट ऑफ मैनेजमेंट एंड रिसर्च में पेट सिटी स्कैन, मैमोग्राफी अल्ट्रासाउंड एमआरआई जैसी विश्वस्तरीय मशीनें उपलब्ध है, जो कैंसर की पहचान व इसके उपचार में सहायगी है। कार्यक्रम समन्वयक डॉ.दीपक राघव रहे। इस अवसर पर विश्वविद्यालय के सभी संकाय व विभागों के प्राध्यापक, शिक्षकगण एवं विद्यार्थी उपस्थित रहे।

संक्षिप्त खबरें

प्रत्येक ब्लाक में रोजगार मेले का किया जायेगा आयोजन

देवरिया । मुख्य विकास अधिकारी प्रत्यूष पाण्डेय ने बताया है कि माह फरवरी के द्वितीय चरण में प्रत्येक ब्लाक में रोजगार मेले का आयोजन दीन दयाल उपाध्याय ग्रामीण कौशल योजना, उत्तर प्रदेश कौशल विकास मिशन, राजकीय एवं निजी औद्योगिक प्रशिक्षण संस्थानों तथा जिला सेवायोजन कार्यालय के माध्यम से संयुक्त तत्वाधान में किया जायेगा। उन्होंने निर्देश दिया है कि समस्त संस्थाएं एवं संबंधित विभाग रोजगार मेले के सफल आयोजन में उपस्थित होकर अपेक्षित सहयोग एवं आवश्यक कार्यवाही करना सुनिश्चित करेंगे। यह कार्य शासन की विशेष प्राथमिकता में से है, इसमें किसी भी प्रकार की कोई शिथिलता न अपनायी जाये। 12 फरवरी को गौरी बाजार के

Ref. No.: Phy.Edu./SVSU/2024/ 277(i) **Date-14/05/2024**

Guest Lecture
On
"Psychological Impact using the Substance on Athletes Mental Health and Performance"

Title of the Activity	Psychological Impact using the Substance on Athletes Mental Health and Performance	**Level of Program**	University Level
Focused Area	Mental Health and Performance	**Date of Activity**	14.05.2024
Name of the Associated Department	Department of Physical Education ,Faculty of Education, Swami Vivekanand Subharti University, Meerut	**Day**	Tuesday
Name and Address of the Guest Speakers	Dr. Ranjan chakarvarty Assistant Professor GTB medical college New Delhi.	**Time**	9:00 – 11:00 AM
Total Participants	34	**Venue**	Seminar Hall, Faculty of Education, SVSU
Students	24	**Event Coordinator**	Dr. Praveen Kumar Associate Professor Department of Physical Education SVSU
Teachers	10	**Report Prepared By**	Dr. Tusshar D. Alekar, Assistant Professor, Department of Physical Education
Others	-	**Activity organized by**	Faculty of Education, SVSU, Meerut

Introduction: The guest lecture on the psychological effects of substance use on athletes' mental health and performance provided a comprehensive examination of this critical topic. The presentation commenced with an overview of the prevalence of substance use among athletes and emphasized the significance of understanding its psychological ramifications.

Types of Substances Used by Athletes: The lecture commenced by elucidating the various types of substances commonly used by athletes, including alcohol, performance-enhancing drugs (PEDs), recreational drugs, and prescription medications. The presenter outlined the motivations driving athletes' substance use and delineated the distinctions between different

categories of substances.

Psychological Effects of Substance Use: Attendees were provided with insights into both the short-term and long-term psychological effects of substance use on athletes. The lecture explored how substances can modulate mood states, impair cognition, and augment risk-taking behavior. Moreover, the presentation delved into the potential development of addiction or substance use disorder and elucidated how different substances may exert distinct impacts on psychological functioning.

Mental Health Implications: A significant portion of the lecture was dedicated to examining the mental health implications of substance use among athletes. Attendees gained an understanding of the correlation between substance use and mental health issues such as anxiety, depression, and personality disorders. The presenter underscored how substance use can exacerbate pre-existing mental health conditions and predispose athletes to the onset of new ones.

Performance Effects: The lecture also addressed the influence of substance use on athletic performance. Attendees were provided with insights into how substances may impact physical abilities, reaction time, coordination, and decision-making skills. The presenter emphasized the potential detrimental effects of substance use on performance, including heightened injury risks and career setbacks.

Risk Factors and Protective Factors: During the presentation, various risk factors and protective factors associated with substance use among athletes were identified. Attendees learned about individual, social, and environmental determinants that may heighten or mitigate the likelihood of substance use. Strategies for preventing substance use and fostering mental health and well-being in athletic populations were discussed.

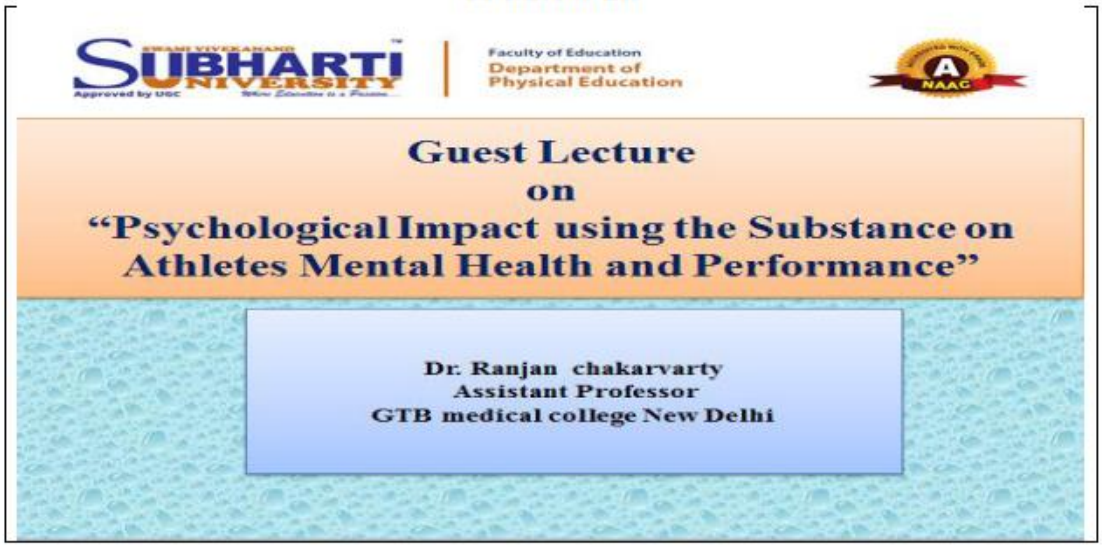
Intervention and Support: Effective intervention approaches for addressing substance use and mental health issues among athletes were elucidated. The lecture underscored the importance of education, counseling, and peer support programs in bolstering athletes' well-being. Moreover, the need to destigmatize help-seeking behaviors and enhance accessibility to resources for athletes in need was emphasized.

Conclusion: In conclusion, the guest lecture provided a comprehensive exploration of the psychological effects of substance use on athletes' mental health and performance. Attendees gained valuable insights into the intricate interplay between substance use, mental health, and athletic performance, and were encouraged to reflect on the implications for their future roles in sports psychology, coaching, or athletic training.

Overall, the guest lecture was informative, engaging, and thought-provoking, fostering meaningful discourse among attendees. It underscored the imperative of adopting holistic approaches to athlete well-being and addressing substance use issues within the purview of mental health care.

The thirst of the Question asked by the students were drenched by the Dr. Ranjan Chakarvarty.

PPT/BANNER



GLIMPSE OF GUEST LECTURE



Ref. No.: Phy.Edu./SVSU/2024/303(i) **Date-27.05.2024**

GUEST LECTURE
"Guest Lecture on Understanding and Managing Stress in College"

Title of the activity	Guest Lecture on Understanding and Managing Stress in College	**Level of Program**	Faculty Level
Focused Area	Understanding and Managing Stress in College	**Date of Activity**	27.05.2024
Name of the associated department	Department of Physical Education ,Faculty of Education, Swami Vivekanand Subharti University, Meerut	**Day**	Monday
Name and address of the guest speakers	Dr. Barkha Bhardwaj, assistant Professor, SRDA Girls PG College Hathras, Uttar Pradesh	**Time**	9:00- 11:00 AM
Total Participants	40	**Venue**	Seminar Hall, Faculty of Education, SVSU
Students	30	**Event Coordinator**	Dr. Mohd Salim Javed Assistant Professor Department of Physical Education
Teachers	10	**Report Prepared By**	Dr. Tusshar D. Alekar Assistant Professor Department of Physical Education
Others	-	**Activity organized by**	Faculty of Education, SVSU, Meerut

Objectives of the Activity: What is Stress is the body's response to any demand or challenge, which can be physical, mental, or emotional.

External Factors: Work-related pressures, relationship issues, financial problems, major life changes. Internal factors include negative self-talk, unrealistic expectations, perfectionism, and a lack of flexibility. Prioritize Tasks: Focus on completing high-priority tasks first. Break tasks into smaller steps. This can make large tasks more manageable and less overwhelming.

Set realistic goals: Avoid overcommitting, and learn to say no when necessary.

Description: Talk to Someone: Sharing concerns with friends, family, or a therapist can

provide relief and perspective. Connecting with others facing similar issues can be reassuring and offer practical advice. Information from diverse sources including critical thinking, information from diverse sources, including academic journals, databases and online repositories. Critical Reading and evaluation. Synthesizing information: students of Swami Vivekanand Subharti University gained insight into synthesizing information from multiple sources to develop coherent arguments and solutions. Prioritize Tasks: Focus on completing high-priority tasks first. Break Tasks into Smaller Steps: This can make large tasks more manageable and less overwhelming.

Set Realistic Goals: Avoid overcommitting and learn to say no when necessary. Techniques for organizing and integrating research findings were elucidated.

Relaxation Techniques: Progressive Muscle Relaxation (PMR): Tense and then slowly relax each muscle group in the body. Visualization: Imagine a peaceful scene or situation to create a sense of calm. Breathing Exercises: Practice deep, slow breathing to reduce tension and anxiety. The same techniques were told while taking Judo practical of the students in the University these techniques were told to improve the performance in sports while participating. The lecture explored about substances can modulate mood states impair cognition and augment risk-taking behaviour. Physical Education Department of Swami Vivekananda University in Seminar Hall Faculty of Education SVSU, Meerut. Dr Barkha Bhardwaj They discussed. Teachers of the Physical Education Department, Dr Deepak Raghav, Dr Salim Javed, and Dr Tushar Alekar, were also present to grasp the knowledge imparted.

The outcome of the Activity: The guest lecturer was engaging in academic performance and relationship Action and reaction. An effective coping mechanism and sports failure by positive Physical Education Department of Swami Vivekanand University in seminar hall faculty of Education SVSU.

Analysis of the Participant's Feedback: The questions asked by the students were answered by Dr. (Mrs.) Barkha Bhardwaj on how to deal with stress relief in our daily lives and improve the performance of the Judo participants.

GLIMPSE OF GUEST LECTURE





REPORT ON NUKKAD NATAK ON BREAST CANCER

Title of the Activity	**Nukkad Natak on Awareness of Breast Cancer**	Level of Program(State/National/International etc.)	University Level
Focused Area	About Breast Cancer	Date of Activity	28th Oct., 2023
Activity Organized By	GSVSDJMC, SVSU	Day	Saturday
Name of the Associated Faculty/College/Department /Outside Agency	Journalism and Mass Communication Department, SVSU	Time	10:00 AM Onwards
Name and address of Guest Speaker	-	Venue	Village Gumi, Village Jurranpur and BSM Public School
Total Participants	32	Organizing Coordinator(s)	
Students	25	Report Prepared by	Mr. Madhur Sharma
Teachers	6		
Non-Teaching Staff	1		
Report prepared on	30th Oct., 2023		

Objective of the Activity: The main objective of organizing this Nukkad Natak was to spread awareness about Breast Cancer among the villagers as to make them aware about this serious cause.

Pictures of the Activities (Geotagged)





REPORT ON NATIONAL WORKSHOP ON HEALTH COMMUNICATION

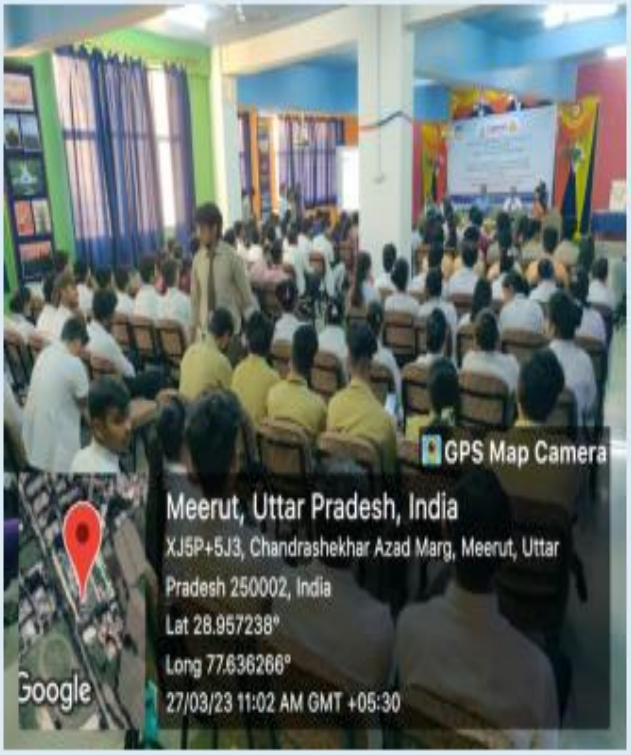
Title of the Activity	**Mental Health and Life Style Post Covid-19**	Level of Program (State/National/International etc.)	National Workshop
Focused Area	Health Communication	Date of Activity	27th March, 2023
Activity Organized By	DJMC, SVSU & Amity University, Noida	Day	Monday
Name of the Associated Faculty/College/Department/ Outside Agency	Amity University, Noida. NCST, New Delhi JMC Department, SVSU	Time	10 AM Onwards
Name and address of Guest Speaker	Dr. Abhay M. Shankaregowda,Pro VC; Mr. Jaideep Bhatnagar, Ex-Principal DG, PIB; Dr. Vibha Nagar, Clinical Psychologist, Pyarelal Sharma Distt Hospital Meerut; Dr. Nimish Kapoor, Scientist and Head Publication and Science Film Festival; Vigyan Prasar; Dr. Rahul Bansal, Professor and Advisor, Community Medicine, SVSU; and Dr. Riti Thapar Kapoor, Associate Professor, Amity University Noida.	Venue	IIL Hall, 6th Floor, DJMC, SVSU, Meerut
Total Participants	146	Organizing Coordinator(s)	Mr. Ram Prakash Tiwari, Assistant Professor
Students	117	Report Prepared by	Mr. Neeraj Agarwal, Assistant Prof.
Teachers	27		
Non-Teaching Staff	2		
Report prepared on	27th March, 2023		

Objective of the Activity: the main purpose of Health communication workshop is to dissemination health information to masses so that it will influence personal health choices by imporving health literacy.

Description- A National Workshop on Health Communication was organised by Subharti Department of Journalism and Mass Communication, Swami Vivekanad Subharti University, in association with Amity University Noida and the National Council for Science and Technology, Govt. of India, Resource persons for the workshop were Dr.Abhay M. Shankargowda, Pro VC; Mr.Jaideep Bhatnagar, Ex-Principal DG, PIB; Dr.Vibha Nagar, Clinical Psychologist, Pyarelal Sharma Distt. Hospital Meerut; Dr. Nimish Kapoor, Scientist and Head Publication and Science Film Festival; Vigyan Prasar; Dr. Rahul Bansal, Professor and Advisor, Community Medicine, SVSU; and Dr.Riti Thapur Kapoor, Associate Professor, Amity University Noida.

Pictures of the Activities (Geotagged):









Report of Fit India Swachata Run-4.0 held on 31-10-2023

Title of the Activity	**Fit India Swachata Run 4.0**	Level of Program (State/National/International etc.)	University Level
Focused Area	Students	Date of Activity	31 October, 2023
Activity Organized By	NSS and Department of Journalism & Mass Communication	Day	Tuesday
Name of the Associated Faculty/College/Department/Outside Agency	NA	Time	10:30AM Onwards
Name and address of Guest Speaker	Prof.(Dr.) S.C.Thaledi, Head of Department Journalism & Mass Communication, SVSU	Venue	Vivekanand Chowk to Gate No.4
Total Participants	159	Organizing Coordinator	Prof.(Dr.) S.C.Thaledi, Head of Department Journalism & Mass Communication , SVSU
Students	129		
Teachers	30		
Non-Teaching Staff	-		
Report prepared on	1st November, 2023	Report Prepared by	Ram Prakash Tiwari

Head of Department
School of Journalism & Mass Communication

Glimpses of the Event





Report

Swachh Bharath Abhiyan: Health & Hygiene Awareness Program

The Department of Languages, Faculty of Arts and Social Science at Swami Vivekanand Subharti University, organized a **Health & Hygiene Awareness Program** at Uchha Prathmik Vidyalaya, Bohla, Rohta, Meerut on 2 July 2024. The program aimed to enhance community engagement, provide educational insights, and promote awareness on key issues affecting the local population. This initiative was a part of the university's outreach efforts to support the educational growth and awareness in rural areas, ensuring alignment with the National Education Policy (NEP) 2020's goal of inclusive education.

The Objectives of the Program were to provide basic educational guidance and tools to students of Uchha Prathmik Vidyalaya, to raise awareness about issues like health, hygiene, environmental conservation, gender equality, and the importance of education, especially for girls and to foster stronger relationships between the university and the local community by involving both students and teachers in collaborative learning activities.

It brought together students, teachers, and the community to work towards a common goal of societal improvement through education. This initiative is a testament to the university's commitment to the ideals of holistic education and community development.

Total No. of Participants: - 45

Glimpses of Event:





ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

Oral Health camp at Gohra Village, Meerut 4 April 2024



Oral Health Awareness



Oral Health Awareness Through Nukkad Natak

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

29TH MARCH

SAI INTERNATIONAL SCHOOL CAMP



Oral Health Screening



Oral Health Motivational Talk

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

Oral Health check up camp at Madan Mohan Vidya Mandir, Meerut

22 November 2023



Oral Health Awareness

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

RAF Academy For Public Order (RAPO), Meerut

7/11/23



Oral Health Awareness



Oral Health Awareness

Oral Health Awareness & Treatment Activity Report

7th MAY 2024 CITY PRIDE PUBLIC SCHOOL, MEERUT



Oral Heath Screening

RAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

Jatpura and BalsonaVillage in Rohta Block of Meerut District on 14th September 2023

Awareness Talk



Sensitisation on E-Waste



Oral Health Awareness

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

Oral Health check up camp at Kushth Ashram, Meerut

29 January 2024



Oral Health Checkup

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
44 PAC Camp 19th june 24



Oral Health Awareness



Oral Health Awareness

REPORT ON:- Sensitization programme

Title of the Activity	Sensitization Lecture on "Positive Mental Health"	Level of Program (State/National/International etc.)	Regional
Focused Area	Awareness and Human Values	Date of Activity (From-To) (DD/MM/YYYY)	07/09/2023 and 6/10/2023
Activity Organized By	Dept. of Oral Medicine and Radiology	Day	Thursday and Friday
Name of the Associated Faculty/College/Department/Outside Agency	Subharti Dental College and Hospital	Time	07/09/2023-10 am to 12:00 am 06/10/202312:00noon - 1:00pm
Name and address of Guest Speaker	Dr. Rahul Bansal, Subharti Medical College	Venue	Faculty of Dental Sciences
Total Participants	100	Organizing Coordinator(s)	Dr. Nagaraju Kamarthi
Students	100	Report Prepared by	Dr. Khushboo Bhalla
Teachers	3		
Non-Teaching Staff			
Others (Specify)			

Objective of the Activity: To enhance emotional and mental wellbeing of the students

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a
Guest lecture on the topic of "Positive Mental Health and its role in Career enhancement" for our budding dentists (BDS batch 2023 students) under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speakers were Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained the benefits of maintaining a positive approach towards life, how one should handle stress and understanding the value of having a high spiritual and emotional quotient. It was an insightful session in which students participated enthusiastically. The session was followed by the student's visit to Wellness Centre, SVSU on 6th Oct2023. Here, Dr Nagaraju K. briefed the students. They were explained that they can look up to Wellness centre experts for their help in case of emotional/ interpersonal stress/ or any kind of difficult situation which they find difficult to handle.

Pictures of the Activities (Geotagged):



(Dr. Rahul Bansal interacting with students)



(Students visit to wellness center)



Report on :- Awareness Camp

Title of the Activity	Awareness camp on "Tobacco and its Ill-effects" & "Tooth brushing techniques"	Level of Program (State/National/International etc.)	Regional
Focused Area	Awareness extension and outreach	Date of Activity (From-To) (DD/MM/YYYY)	24/11/2023
Activity Organized By	Dept. of Oral Medicine and Radiology and Dept. of Public Health Dentistry	Day	Friday
Name of the Associated Faculty/College/Department/Outside Agency	Sterling Sports Industries, Partapur, Meerut	Time	10 am to 1 pm
Name and address of Guest Speaker	Dr. Nagaraju K, Dr. Sangeeta Malik and Dr. Mayank Das	Venue	Sterling Sports Industries, Partapur, Meerut
Total Participants	55	Organizing Coordinator(s)	Dr. Nagaraju Kamarthi
Students	4	Report Prepared by	Dr. Khushboo Bhalla
Teachers	4		
Non-Teaching Staff	1		
Others (Specify)			

Objective of the Activity:

Public awareness lecture series (PALS) on "Tobacco and its Ill-effects" and "Tooth brushing technique" along with dental camp for factory labour.

Description:

Department of Oral Medicine and Radiology in association with Department of Public Health Dentistry conducted Public Awareness Lecture Series and Screening Camp at Sterling Sports Industries, Meerut, under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir. The lecture emphasized on "Tobacco and Its Ill effects" and "Tooth Brushing Techniques" which was followed by screening and treatment of the patients.

Pictures of the Activities (Geotagged):



(Screening and dental treatment given to patients)





(Delivering of awareness lecture)

Deptt. of Prosthodontics and Crown & Bridge
Subharti Dental College & Hospital

Recognized by Govt. of India, Ministry of Health & Family Welfare, Govt. Letter No. V.12017/22/96-PMS(Pt.II)
Website: dental.subharti.org, e-mail: dental@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2012, 2003), Telefax: 0121-3058030, 2439067
A constituent college of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

Ref. No.: SDC/Prostho/2024/1904. **Date:** 27.01.2024

Report of Prosthodontist Day Celebration

Title: Prosthodontist Day Celebration

Date: 23.01.2024

Venue: Village: Bafar, Sival Khas, Baghpat Road, Distt. Meerut.

No. of Participants: 52

Detail of Activity:

On the occasion of **Prosthodontist Day**, the Department of Prosthodontics and Crown & Bridge, Subharti Dental College & Hospital, Meerut conducted a camp for Education & Motivating Patients for Seeking Prosthodontics Rehabilitation for Missing Teeth at **Bafar village**. This initiative was taken under the able guidance and leadership of Dr. Nikhil Srivastava Sir, Principal and Dean and Dr. Roma Goswami Ma'am, HOD, Dept. of Prosthodontics and Crown & Bridge.

The whole session included a brief lecture about the routine oral hygiene instructions, awareness about the adverse effects of partial and complete edentulism and the benefits of the different specialized Prosthodontic Treatments available for missing teeth (Complete Denture, FPD, Implants, etc.).

A total of 52 patients including several old and middle-aged patients were examined. All the patients were later referred to the Department of Prosthodontics, and other respective departments for needful treatment.



Brief information about the different Prosthodontic Treatments available for missing teeth



Regular Dental Checkup by Faculty & Students



Celebration of Prosthodontist Day in the Department of Prosthodontics and Crown & Bridge

Dr. Roma Goswami
[Professor & HOD]

REPORT ON CELEBRATION OF NATIONAL ORAL PATHOLOGISTS DAY 25th FEBRUARY 2024

Title of the Activity	Celebration of National Oral Pathologists Day 2024	Level of Program (State/National/International etc.)	Regional (University)
Focused Area	Integrated & Interdisciplinary Learning	Date of Activity (From-To) (DD/MM/YYYY)	22/02/2024 & 26/02/2024
Activity Organized By	Department of Oral and Maxillofacial Pathology, Subharti Dental College & Hospital	Day	Thursday & Monday
Name of the Associated Faculty/College/Department/Outside Agency	Keral Verma Faculty of Science College, Subharti University.	Time	2:00 PM to 4:00 PM
Name and address of Guest Speaker	NA	Venue	LT 4 & Oral Pathology UG Lab, Subharti Dental College & Hospital, Meerut.
Total Participants	110	Organizing Coordinator(s)	Dr. Vijay Wadhwan, Dr. Preeti Sharma, Dr. Suhasini GP, Dr. Roli Singh Department of Oral and Maxillofacial Pathology & Microbiology, Subharti Dental College & Hospital, Meerut.
Students	43	Report Prepared by	Dr. Vijay Wadhwan, Dr. Preeti Sharma, Dr. Suhasini GP, Dr. Roli Singh Department of Oral and Maxillofacial Pathology & Microbiology, Subharti Dental College & Hospital, Meerut.
Teachers	07		
Non-Teaching Staff	NA		
Others (Beneficiaries)	60		

Objective of the activity: Activity organised emphasized on celebration of National Oral Pathologists Day (25th February 2024).

Description: The Department of Oral and Maxillofacial Pathology & Oral Microbiology conducted poster making, essay writing, quiz competition along with Nukkad Natak on occasion of National Oral Pathologist's Day organized on 22nd & 26th February 2024. Total 43 undergraduate students participated in mentioned events, the theme for Poster Making and Essay Writing was Dentistry in COVID-19 & Health effects of Tobacco respectively. The rogramme emphasized on the role of dentists during pandemic and its future aspects in dental practice. The celebration successfully ended with Nukkad Natak on the awareness of Oral Cancer for students and faculty members of Keral Verma Faculty of Science College, Subharti University. The best posters, essay writing and winners of quiz competition were awarded with gifts and certificates of appreciation.

Photographs of the event



Participants of Poster Making Competition



Participants of Essay Writing Competition

REPORT ON:- Workshop on "Tobacco Deaddiction Therapies"

Title of the Activity	Workshop on "Tobacco Deaddiction Therapies"	Level of Program (State/National/International etc.)	International
Focused Area	Integrated/Interdisciplinary	Date of Activity (From-To) (DD/MM/YYYY)	17.01.2024
Activity Organized By	Dept. of Oral Medicine and Radiology	Day	Wednesday
Name of the Associated Faculty/College/Department/Outside Agency	Subharti Dental College and Hospital	Time	8:30am to 10:30am
Name and address of Guest Speaker	Dr. N Vivek (Dean, SRM Kattankulathar Dental College, Chennai)	Venue	Faculty of Dental Sciences
Total Participants	153	Organizing Coordinator(s)	Dr. Nagaraju Kamarthi
Students	149	Report Prepared by	Dr. Khushboo Bhalla
Teachers	4		
Non-Teaching Staff			
Others (Specify)			

Objective of the Activity:

To increase awareness among students tobacco deaddiction therapies and role of dentist in managing such patients.

Description:

Department of Oral Medicine and Radiology, SDC, in association with Rotary Club for Addiction Prevention, Mumbai conducted 2 hours training workshop on " Tobacco Cessation Therapies" under the able guidance of our respected Principal Dr. Nikhil Srivastava. The guest speaker was Dr. N Vivek (Dean, SRM Kattankulathar Dental College, Chennai), a renowned resource person, and Dr. Nilam Gada (President, Rotary Club for Addiction Prevention, Mumbai) who enlightened our budding dentists with various Intervention Therapies for Tobacco Deaddiction and Role of Dentists in managing such patients. They emphasized on Counselling, Evidence-based, Cognitive Behavioral Treatment for nicotine dependence.

Pictures of the Activities (Geotagged):



{Dr. Pradeep Raghav welcoming Dr. N Vivek}



{Dr. N Vivek interacting with students}

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
29 May NCC CAMP NAS COLLEGE



Oral health Education through different media



Group Photo

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

Sterling Sports Industries, Partapur, Meerut 24/11/2023





Screening and dental treatment given to patients



Delivering of awareness lecture

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

Sikri Kalan village School on 05/08/2023



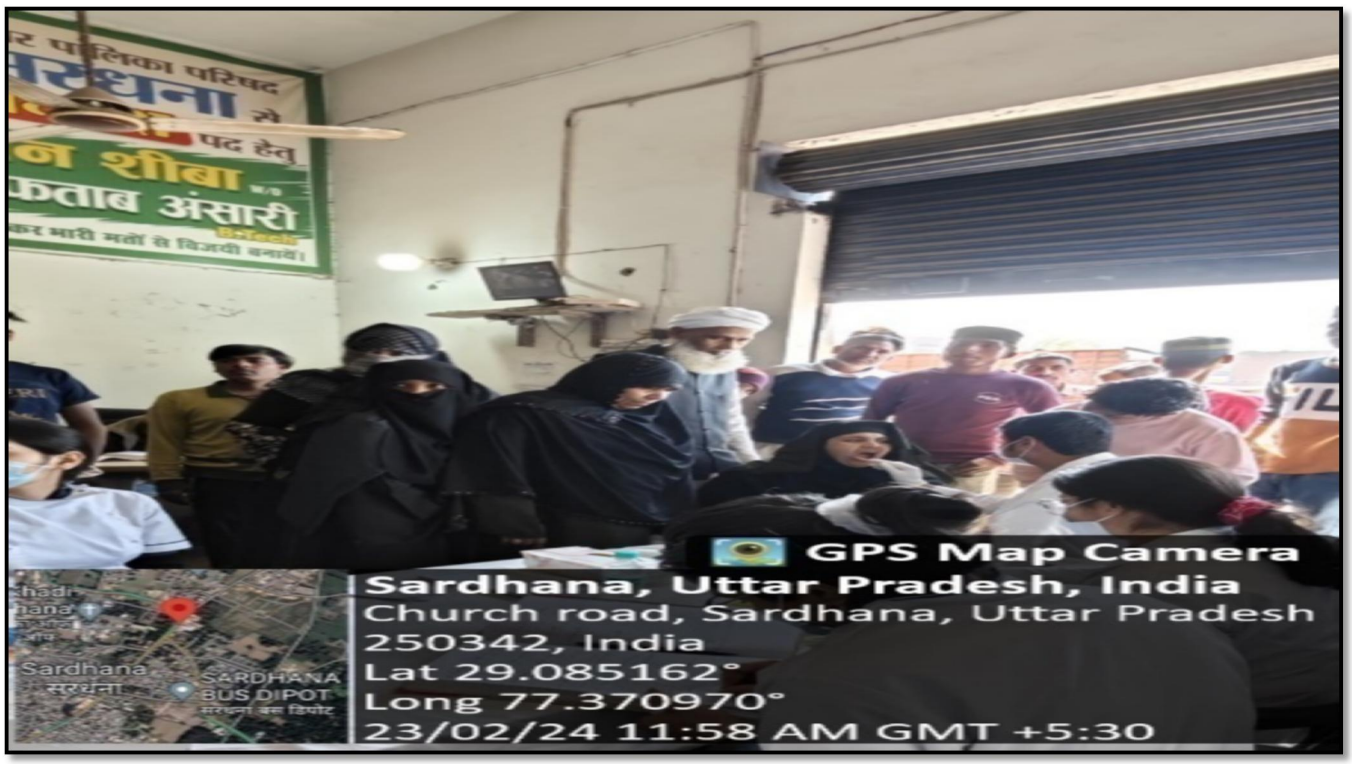
Delivering of awareness lecture



Screening and dental treatment given to patients

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

(Oral Health Awareness Camp, Sardhana)23/02/2024



Oral Health Checkup



Oral Health Checkup

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
RAF (RAPO) Camp (18-06-2024)



Oral Health Treatment



Oral Health Awareness

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
PANCHLI Camp 3rd JULY 24



Oral Health Awareness



Oral Health Awareness

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

Millennium public school 19 JULY 2024



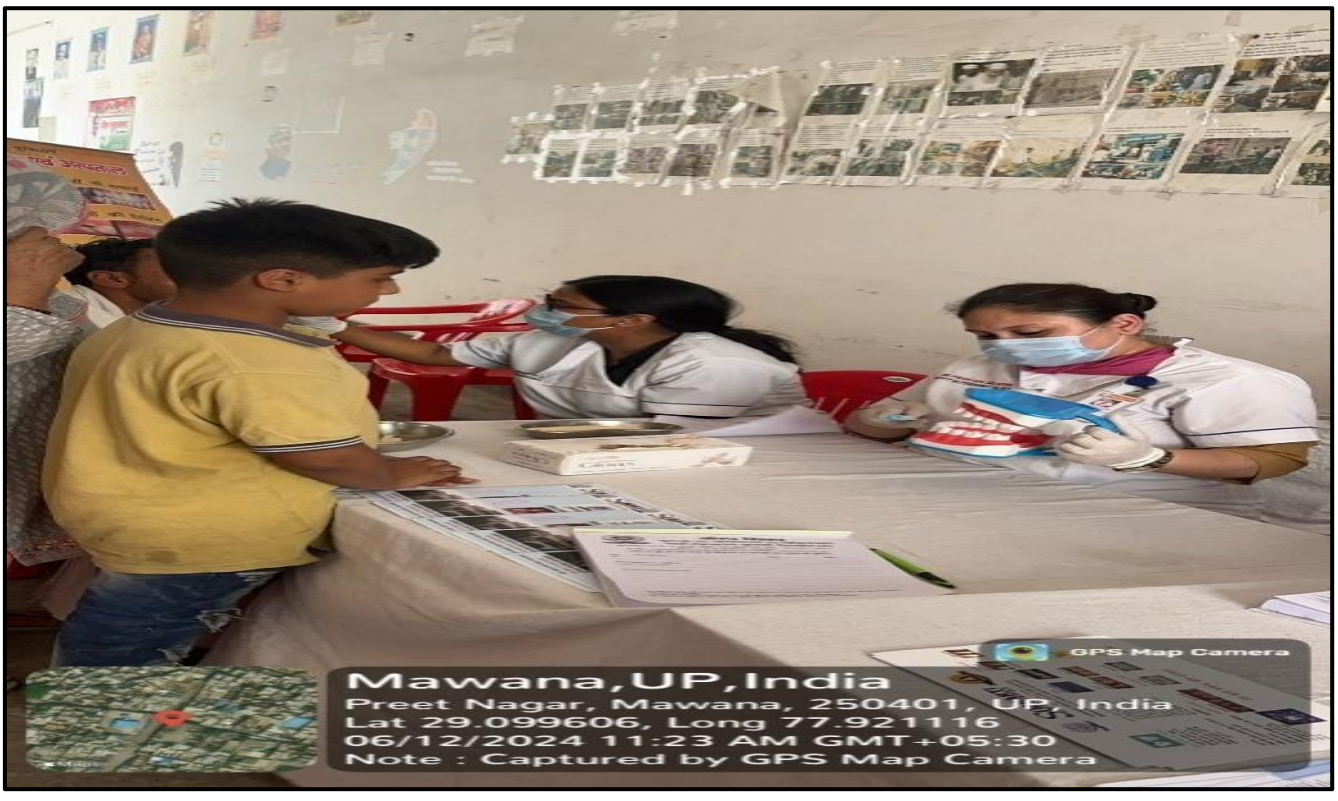
Oral Health Checkup

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

Oral Health Camp: Mawana Tehsil 12-06-2024



Oral Health Awareness



Oral Health Awareness

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

KHATAULI Camp 26th June 24



Oral Health Awareness

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
INCHOLI 18 JULY 2024



Oral Health Checkup



Oral Health Treatment

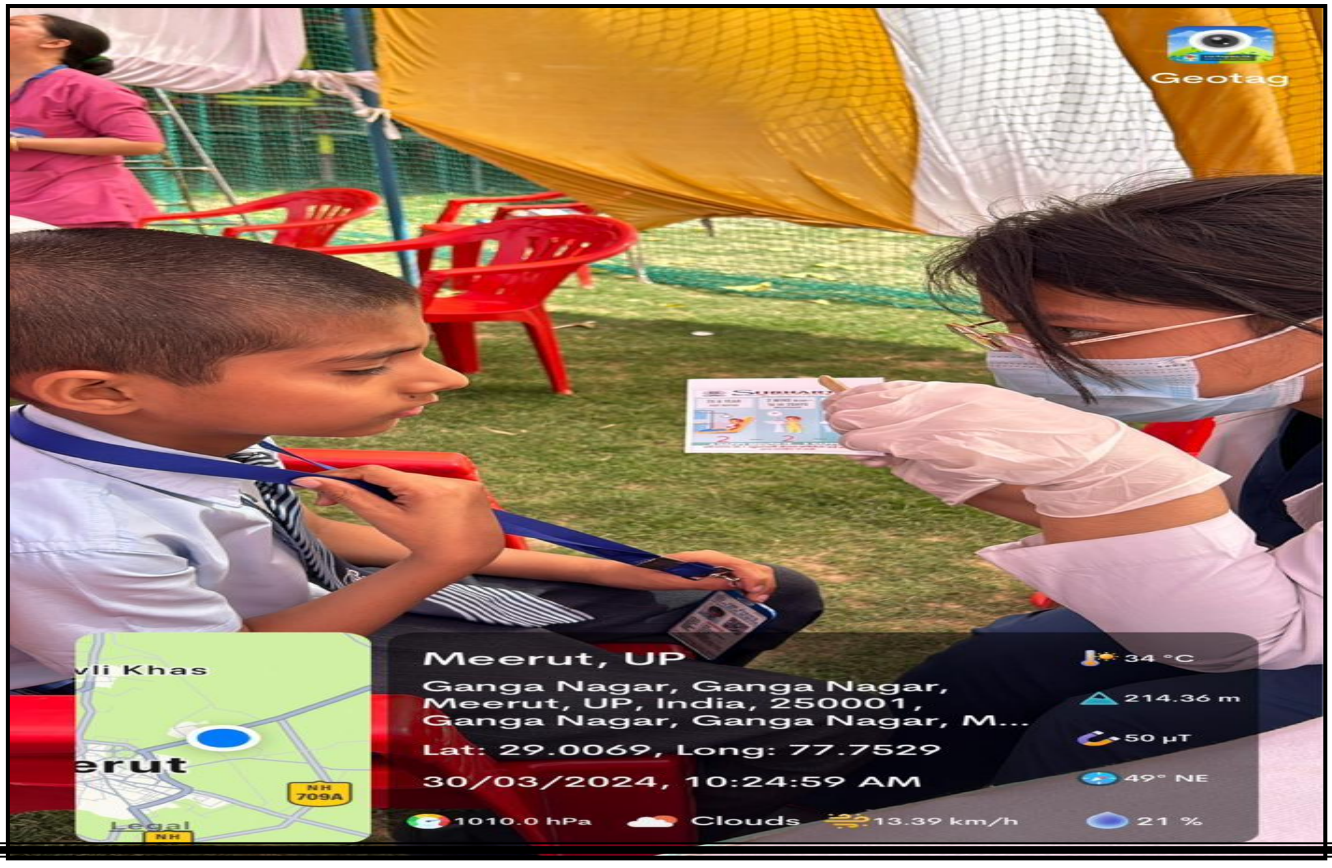
ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

30TH MARCH

AVENUE SCHOOL CAMP



Oral Health Awareness



ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
Oral Health Awareness 26th OCT at Mainaputthi Village Camp PALS OP, Meerut.



ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
Oral Health Awareness 25th NOV.Islam E-Madersa



Oral Health Checkup

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

22nd March

Police line Meerut Cantt



Distribution of Toothpaste



Oral Health Motivational Talk

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
21ST MARCH
GOHRA ALAMGIRPUR OUTREACH ACTIVITY



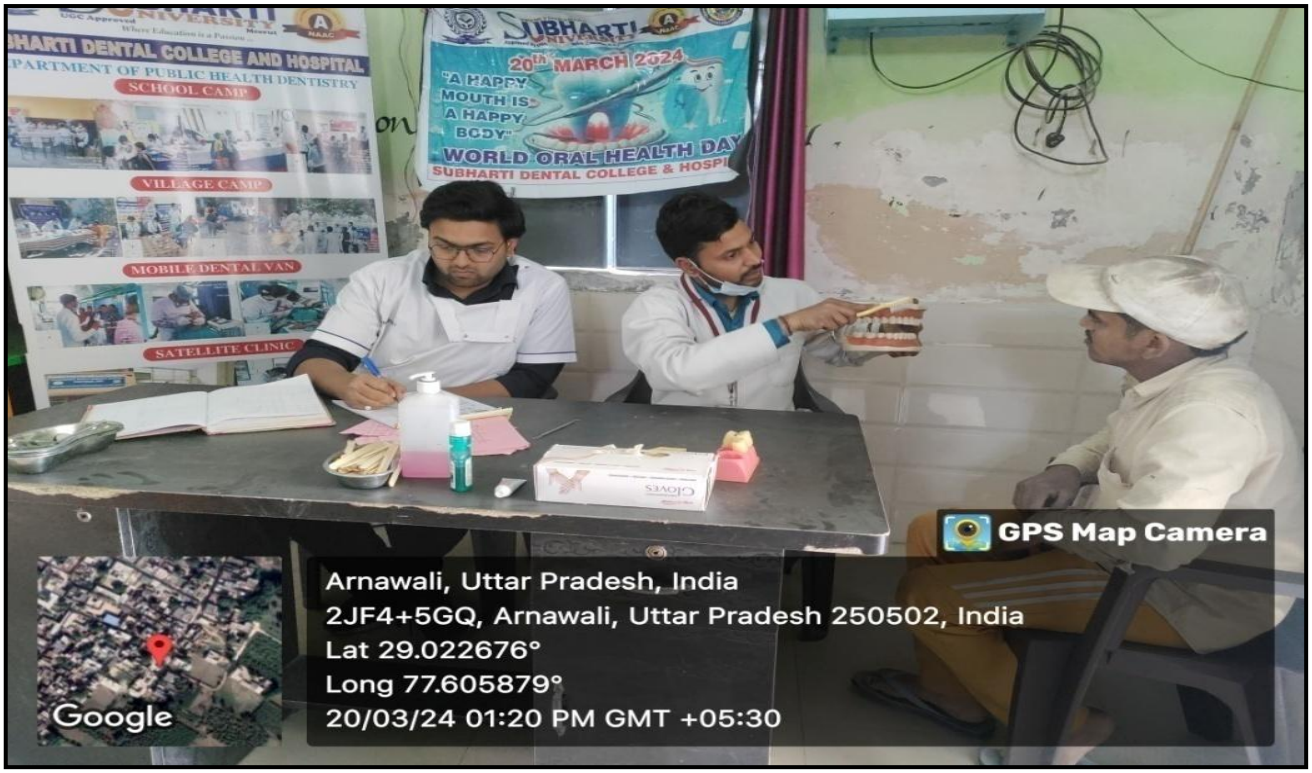
Oral Health Motivational Talk



Oral Health Screening

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
20TH MARCH ARNAWALI CAMP



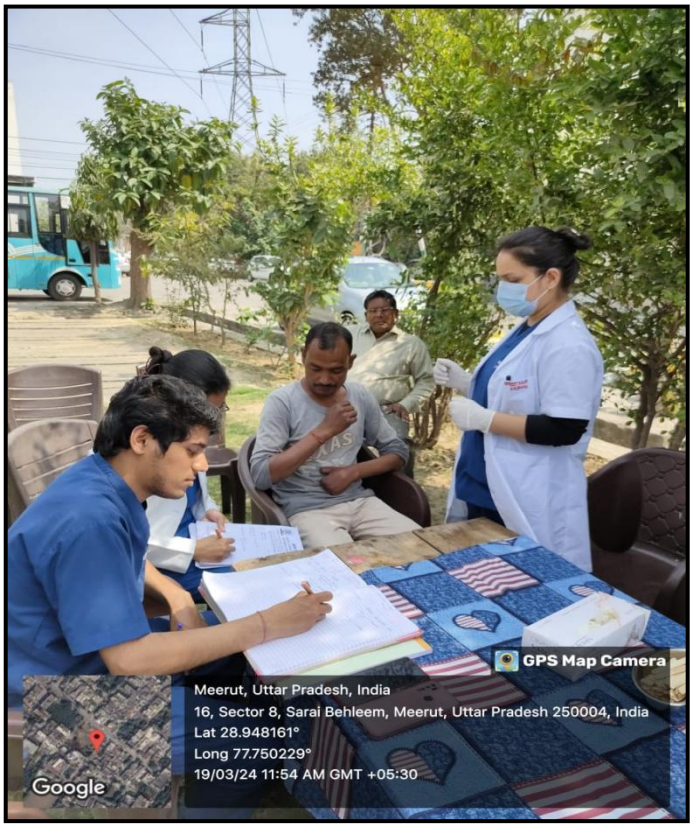


Oral health motivational talk

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

19th MARCH
SOMDAT VIHAR CAMP





Oral Health Motivational Talk



Oral Health Screening

ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT

01st April

SBA PUBIC SCHOOL KILA PARIKSHITGARH



Oral Health screening



Oral Health Awareness



Oral Health motivational talk



ORAL HEALTH AWARENESS & TREATMENT ACTIVITY REPORT
16th OCTOBER 2023 Khiwai Camp



Oral health motivational talk



Oral Health Awareness 20th November, Malyana Camp



Oral Health Awareness



REPORT

Title of the Activity: Sensitization programme on "Wellness & Positive Mental Health" for Non- Teaching staff

Date of Activity: 09.04.2024 & 10.04.2024
Day: Tuesday and Wednesday
Time: 10:00 am to 11:00 am
Venue: Faculty of Dental Science

Resource person/ Guest Speaker: Dr. Rahul Bansal, Subharti Medical College

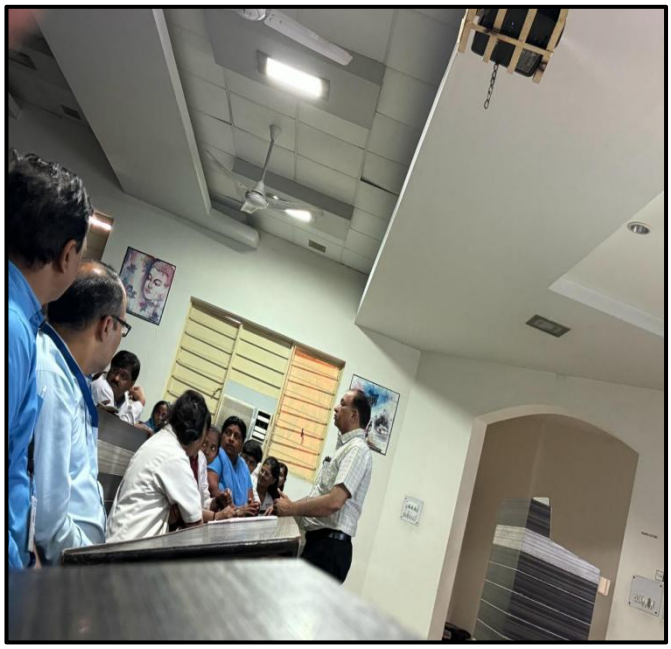
Objective of the Activity: To enhance emotional & mental wellbeing among non-teaching staff.

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Wellness and Positive Mental Health and its Role in personal and professional life" for non-teaching staff of SDC under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speaker was Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained the benefits of maintaining a positive approach towards life, how one should handle stress and understanding the value of having a high spiritual and emotional quotient. Also, apart from physical and mental health, spiritual wellbeing also plays a pivotal role in life and how it adds sense of purpose and meaning in life, including one's morals and ethics.

Outcome of the Activity: The staff found it an interesting interaction. They were motivated and inspired by the lecture. They agreed that further such session should be conducted and should include their family members.

Total Participants 89

Analysis of Participant's Feedback: The non-teaching staff members found it a very inspiring session. Their overall experience was good.





REPORT
Sensitization programme on "Wellness & Spirituality"

Date of Activity: **17.01.2024**
Day: **Wednesday**
Time: **8:30 to 9:30**
Venue: **Faculty of Dental Sciences**

Objective of the Activity: To enhance spiritual wellbeing among faculty and post graduates

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Wellness and Spirituality" for Dental faculty and post graduates under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speaker was Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained how wellness and spirituality goes hand in hand. Also, apart from physical and mental health, spiritual wellness also plays a pivotal role in life and how it adds sense of purpose and meaning in life, including one's morals and ethics. He also exhibited various books written on spirituality by renowned authors around the world.

Total Participants	124
Students	91
Teachers	33

Outcome of the Activity: The faculty and post graduates showed full enthusiasm and participated whole heartedly. They were motivated and inspired by the lecture.

Analysis of Participant's Feedback: The faculty members along with post graduates find it a very insightful and motivational session. They agreed that the lecture enhanced positivity in their thoughts and suggested that similar type of lectures should be conducted in future. Their overall experience was good.






KENNETH RING, PH.D.
LESSONS FROM THE LIGHT
Making Sense of Near-Death Experiences
SQ
WHERE REINCARNATION AND BIOLOGY INTERSECT
IAN STEVENSON, M.D.
MANY LIVES, MANY MASTERS
DR BRIAN WEISS
CAN THE MIND SURVIVE BEYOND DEATH?
VOLUME 2: REINCARNATION AND OTHER ANOMALOUS EXPERIENCES
THE TAO OF PHYSICS
FRITJOF CAPRA
THIRD EDITION
RAYMOND A MOODY
LIFE AFTER LIFE
WHAT HAPPENS WHEN WE DIE
DR SAM PARNIA
ONE MIND
LARRY DOSSEY, M.D.
ELISABETH KÜBLER-ROSS
LARRY DOSSEY, M.D.
HEALING WORDS

Sardar Patel Subharti Institute of Law

Recognized by Bar Council of India, New Delhi. Letter No. BCI: D: 1116:2002 (LE. Mtg.) & 2429/2015 (LE)
Website: law.subharti.org, e-mail: law@subharti.org, Ph.: 0121-2439043, 3055000 (Extn: 2851, 2855), Telefax: 0121-2439067

A constituent college of

SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Date:-02.09.2023

REPORT- On "Awareness Lecture on Positive Mental Health and Wellbeing"

Title of the Activity	:	**Awareness Lecture on Positive Mental Health and Wellbeing**
Focused Area	:	Positive Mental Health and Well being
Activity organized by	:	Sardar Patel Subharti Institute of Law
Name of the associate faculty	:	Faculty of Law
Name & Address of the Speaker	:	Prof. (Dr.) Seema Sharma (Clinical Psychologist) Psychiatry Department, S.V.S. University, Meerut.
Total Participants	:	38
Students	:	38
Teachers	:	N.A.
Non-Teaching Staff	:	N.A.
Others	:	N.A.
Level of Program	:	Institution Level
Date	:	05.08.2023
Day	:	Saturday
Venue	:	Subharti Institute of Law
Organizing Coordinator	:	Dr. Sarika Tyagi, Member of Wellness Committee, Faculty of Law, S.V.S. University, Meerut
Report prepared by	:	Dr. Sarika Tyagi, Member of Wellness Committee, Faculty of Law, S.V.S. University, Meerut

Objectives of the Activity:-

- To make aware about Positive Attitude and Mental Health
- To make aware about Self-reliant.

Sardar Patel Subharti Institute of Law

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(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Pictures of the Event





Dr. Sarika Tyagi
Member Wellness Cell
Subharti Law College
SVS University, Meerut.

Prof. (Dr.) Vaibhav Goel Bhartiya
Dean, Faculty of Law
Subharti Law College
SVS University, Meerut

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
E-mail : subharti@subharti.org, Website : www.subharti.org

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Date:-30.07.2024

Report - Wellness Session on "Positive Mental Health and Wellbeing"

Title of the Activity	:	Wellness Session on "Positive Mental Health and Wellbeing"
Focused Area	:	Positive Thinking and Theory of Karma
Activity organized by	:	Wellness Cell of Sardar Patel Subharti Institute of Law, S.V.S. University, Meerut
Name of the associate faculty	:	Faculty of Law, S.V.S. University, Meerut
Name & Address of the Speaker	:	Prof. (Dr.) Rahul Bansal, Chairman, Wellness Center, S.V.S. University, Meerut.
Total Participants	:	27
Students	:	11
Teachers	:	N.A.
Non-Teaching Staff	:	16
Others	:	N.A.
Level of Program	:	Institution Level
Date	:	25.07. 2024
Day	:	Thursday
Venue	:	LT-1, Faculty of Law, S.V.S. University, Meerut
Organizing Coordinator	:	Dr. Sarika Tyagi, Wellness Cell-Member, Faculty of Law, S.V.S. University, Meerut
Report prepared by	:	Dr. Sarika Tyagi, Wellness Cell-Member, Faculty of Law, S.V.S. University, Meerut

Objectives of the Activity:-

- To make aware about Positive Attitude and Mental Health
- To make aware about theory of Karma.

Description:-

Sardar Patel Subharti Law Institute, Swami Vivekananda Subharti University, Meerut Under the direction of Director of the Subharti Law College Mr. Rajesh Chandra (Former Justice, Prayagraj, High Court, Uttar Pradesh) and under the guidance of Prof. (Dr.) Vaibhav Goel Bhartiya, Dean, Subharti law college organized a Wellness Session on the topic "Positive Mental Health and Wellbeing.

Convener of the program Dr. Sarika Tyagi, requested Professor Dr. Reena Bishnoi to welcome the speaker of the program Dr. Rahul Bansal, Chairman wellness Center Swami Vivekananda Subharti Vishwavidyalaya, Meerut, further he was invited on the stage to address the Teachings and Non-Teaching Staff of the college. He said that Ability to Cope with Stress in Life is called as positive mental health. If you can maintain good mental health and well-being, you'll lead a life with less stress by adopting and following the tips, you'll be ready for any hard situation and though the situation is hard, you'll overcome it with ease. Mental and psychological well-being encompasses the way you feel about yourself, but also the way you deal with external situations and the quality of your relationships. It's important to remember that positive mental health is not simply the absence of mental health issues, such as depression or anxiety. Being mentally healthy is predominantly about the presence of positive characteristics such as a feeling of purpose, contentment, maintaining fulfilling relationships and participating in life to the fullest. After that he told that the law of karma holds that every action, physical or mental, has its own outcomes which must be faced either in this present life or in the lives to come. When we perform good deeds, it refers to good karmas and future happiness and bad karma results when we do bad actions or deeds. Why positive mental health is important? Positive mental health allows you to enjoy all the activities you want to participate in. Foster positive mental health and adopt a more positive mental attitude and take care of your physical needs, Make time for social connection, Exercise, physical activity and positive mental health, Use positive words to boost your mental health. At the end of the program vote of thanks was given by Dr. Sartaj Ahmad, Associate Professor Subharti Law College

The Outcome of the Activity:-

- Participants were become aware about Positive Attitude and Mental Health
- Participants become aware about theory of Karma.

Pictures of the Event





PANNA DHAI MAA SUBHARTI NURSING COLLEGE
INTERNATIONAL BREAST-FEEDING WEEK

REPORT

Report of Breastfeeding awareness rally

Panna Dhai Maa Subharti nursing college in collaboration with SOMI UP Chapter was organized Breastfeeding awareness rally on 1August23 on the occasion breast feeding week under the guidance of principal Ex. Captain Dr. Geeta Parwanda. This Rally was started from community health center CHC, Panchali, Meerut and ended in Pnachali village. The rally was inaugurated by Mr. Vikas, Manager of CHC followed by Dr. Vinita has given speech regarding the enabling breastfeeding making a difference for working parents. Mrs. Saroj Rani, HOD cum associate professor, Child health nursing department .MrsKavita Malik, Asst.Lecturer and Mrs.Josy Jose, assistant professor were accompanied the rally with students.

PHOTOS





REPORT

THEME – SUICIDAL PREVENTION DAY

VENUE – PYARE LAL SHARMA HOSPITAL, MEERUT & SUBHARTI HOSPITAL

GUEST – Dr. Kamlender Kishor, Dr. Vibha, Dr. Sweleha & Dr. vivek

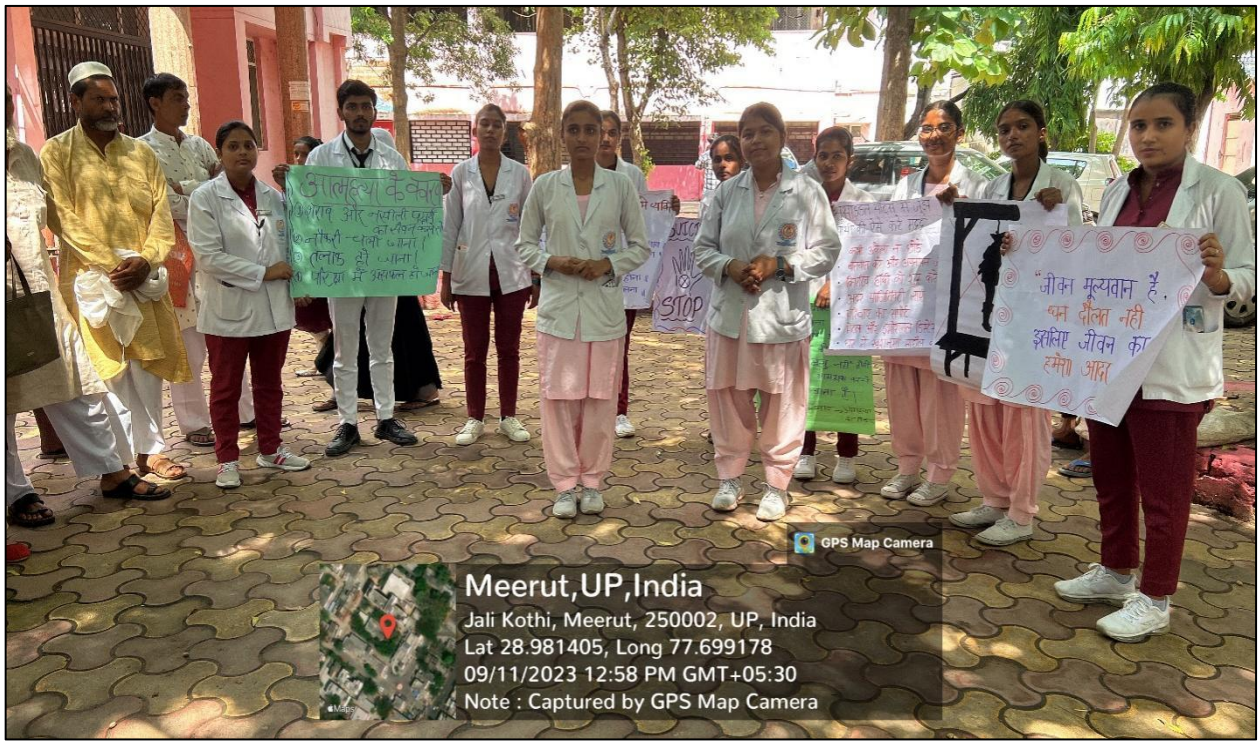
PARTICIPANTS – M.Sc.Nursing 2nd year, B.Sc nursing 3rd year, B.Sc nursing 3rd Semester & GNM 2nd year

BENEFICIARIES – Patient's and peoples

Panna Dhai Maa Subharti nursing college organized the health education series awareness programme on the occasion of world Suicidal Prevention Day on 11/09/23 to 16/09/23.

PHOTOS





Report on
“Ek Tareekh, Ek Ghanta” program under "Swachhata hi Seva" Campaign on 1/10/2023
Organised by: NSS Cell,SVSU, Meerut

Date: 01-10-2023
Time: 10:00 AM to 11:00 AM
Program Coordination: NSS UNIT-I, II, III, IV
No. of beneficiary: 200

As per the instructions of the Ministry of Youth Affairs and Sports, Government of India, Directorate General of NSS and University Grants Commission, New Delhi, under the Swachhta Hi Seva campaign the program "EK TAREEKH, EK GHANTA"(ETEG) on 01/10/2023, by NSS Cell and Swachhta Committee of Swami Vivekananda Subharti University, Meerut a massive cleanliness program was carried out .

More than two hundred volunteers from all four NSS units conducted cleanliness programs at various places in the university and collected quintals of garbage. NSS volunteers were deployed for about one kilometer in the corridor on either side of NH 58, Delhi Haridwar National Highway adjacent to the University. Cleaning was done in the area which also included the local market of Vedvyaspuri. On this occasion, the foot over bridge on NH was also cleaned which was in a very dirty condition.

GLIMPSES OF THE PROGRAM





PANNA DHAI MAA SUBHARTI NURSING COLLEGE, MEERUT
PRESS RELEASE

Date: - 09/10/2023
Theme:- Mental Health is a universal human right
Venue:- Pyare Lal Sharma district Hospital, Meeut
Event:- Mental Health Mela, on world Mental Health Day

Panna Dhai Maa Subharti Nursing College organized a *Mental Health Mela* during Mental Health Week in collaboration with PL Sharma District Hospital and the National Mental Health Program. The event began with an inaugural and lamp lighting ceremony by the Chief Guest, SIC PL Sharma Hospital, and Dr. Kamlendra Kishore, Dr. Vibha, and Dr. Vinita. Nursing students conducted an awareness rally, role play, and health education sessions on mental health. A health assessment camp was also organized, benefiting around 200 patients and family members. Dr. Kamlendra Kishore delivered a talk on mental health awareness. The program was successfully held under the supervision of Prof. Dr. Geeta Parwanda, Principal, with special contributions from Assistant Lecturers Mr. Saral, Mrs. Gunjali, and Ms. Divya.

PHOTOS





PANNA DHAI MAA SUBHARTI COLLEGE OF NURSING

REPORT ON WORLD AIDS DAY
1ST DECEMBER, 2023

Date	1 December , 2023
Event	WORLD AIDS DAY
Venue	CHC ROHTA
Platform	Offline
Duration	10:00 am -1:00 pm
Organizers	Department: Community Health Nursing, Panna Dhai Maa Subharti Nursing college
Activities	Role Play

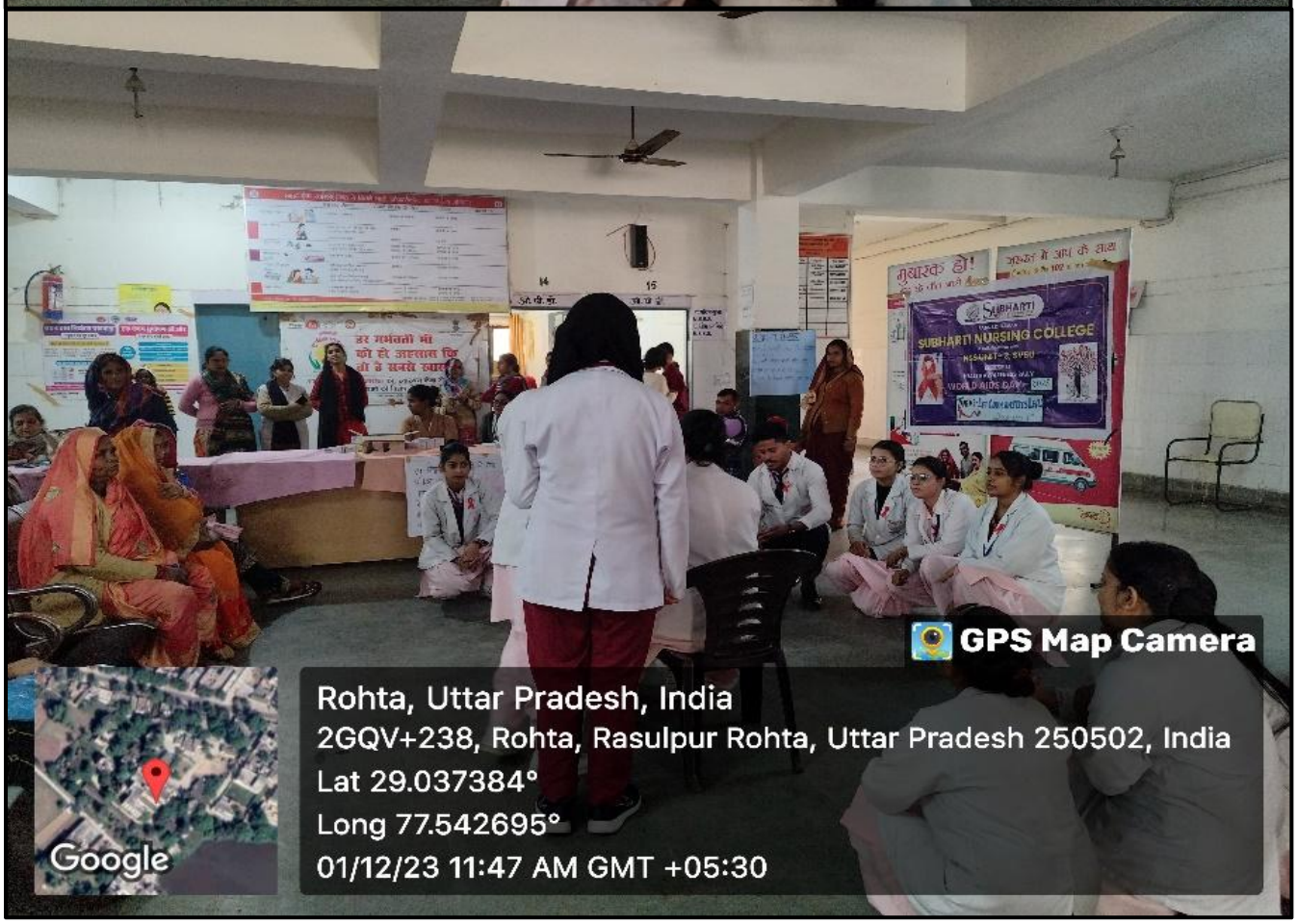
REPORT

THEME: "Lets Communities Lead"

World AIDS Day is observed on 1 December each year. On this day people around the world unite to show support for people affected by HIV, commit for stopping new cases of HIV, securing the rights of people living with HIV, and fighting HIV stigma and discrimination. Theme for World AIDS Day , 2023 was "Lets Community Lead". On this occasion Panna Dhai Maa Subharti Nursing college has organized events to commemorate this day. The programme initiated at CHC Rohta. The students recited health education regarding causes, mode of transmission, prevention and social stigma associated with HIV infection was given in the form of Role play and Health education session by the Nursing Students of B.Sc 4th year. More than 80 people were benefitted by the awareness campaign. The program was successfully organized by Mrs Khushboo Rani Asst Prof Under the guidance of Dr. Geeta Parvanda, Principal of Nursing College,

Photos of the Event



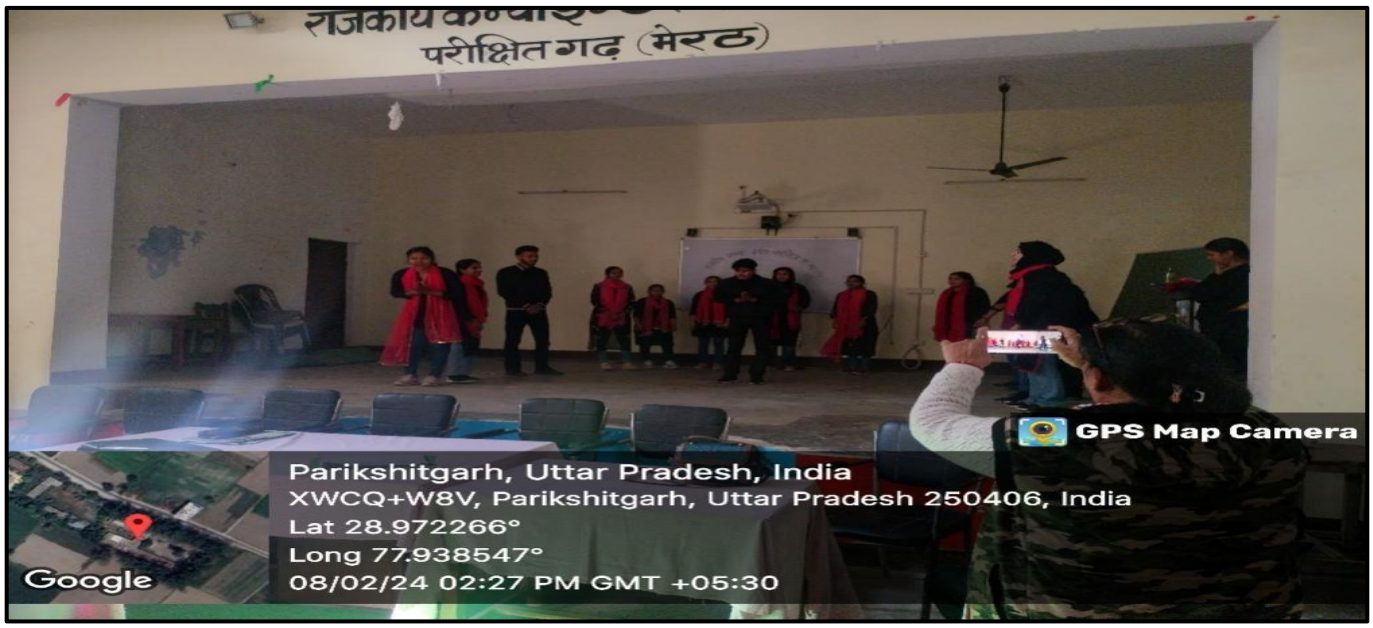


REPORT ON WORLD CANCER DAY

Date - 08/02/2024
Venue- Rajkiya Inter College, Khajuri
Participants – B.Sc. Nursing 4th year
Beneficiaries – Inter college students

On the occasion of *World Cancer Day*, Panna Dhai Maa Subharti Nursing College, SVSU organized a cancer awareness program at Rajkiya Inter College, Khajuri in collaboration with Subharti Cancer Institute. The event was inaugurated by Dr. Anurag Shrivastav, Director, Subharti Cancer Institute, and Dr. Sanchit Pradhan, Subharti Dental College. B.Sc. Nursing 4th-year students presented a street play on cancer awareness, followed by an informative talk by Dr. Shrivastav on cancer prevention. Over 50 participants benefited from the program, which was successfully organized by Mr. Prabhat Kumar and Mr. Gaurank Pal under the supervision of Ex Capt. Dr. Geeta Parwanda, Dean and Principal.

Photos of the Event





ZUMBA SESSION REPORT

Date: 9th March 2024

Theme: Invest in women: Accelerate progress
Time:11:00 AM -01:00 PM
Venue: 4th Floor, Panna Dhai Maa Subharti Nursing College
Organizers:-Department of OBG and Weight loss Club.

Programme Activities

The aim of program was to provide accessible fitness without the strain and enhanced energy levels Program Organize in Panna Dhai Maa Subharti Nursing College, Meerut. Zumba session were organized for the Teaching & Non- teaching female staff of Nursing college and Nursing Female students of which include B.sc Nursing 4th year Students, B.sc Nursing 2nd Semester students & ANM 2nd Year students. All departments female teaching faculties took participate. Program become successful by involvement of Asso. Prof. Neha Pandey, Asso. Prof. Chhaya Yadav (Weight loss club incharge) under the supervision of Principal, Dr. Geeta Parwanda and OBG HOD Prof. Ambli.

Conclusion:- On this day we have created good awareness to the women through this we can provide accessible fitness without strain and enhance energy levels.



Report of
SEVEN DAY/NIGHT NSS SPECIAL CAMP - 2024
15th MARCH -21st MARCH 2024

National Service Scheme (NSS) is a Central Sector Scheme of the Government of India, Ministry of Youth Affairs and Sports that provides the opportunity for studentsto take part in various government programs and camps. This expresses the essence of democratic living, upholds the need for selfless service and appreciation of the other man's point of view, and underlines that the welfare of the individual is ultimately dependent on the welfare of society asa whole. Therefore, it should be theaim of the NSS to demonstrate this motto in its day-to-day programs.





REPORT OF PROGRAMME ON NATIONAL SAFE MOTHERHOOD DAY

Date:11. april. 2023

Theme: To promoteNatural birth

Time: 12 -01Pm

Venue: III rd floor Postnatal Ward Dufferin Female hospital Meerut

Organizers:Department of OBG and GNM III rd yr students

11april National Safe Motherhood Day is observed each year on 11 April Each year. It is one of the many initiatives that the government of India has taken to reduce maternal and neonatal deaths. The National Safe Motherhood Day generates awareness about the need for care, medical check-ups, health support and government initiative needed to ensure safe motherhood.

Photos of the Event







PANNA DHAI MAA SUBHARTI NURSING COLLEGE
HAND WASHING -2023
REPORT

As part of the hand washing on world hygiene day – 2024, on 6/5/2024, the department of community health nursing organized an awareness programme in the maliyana and college PDMSNC . Student representative Ms. Jyoti introduced about the maintain the hand hygiene and other member present a demonstration on hand washing and cleanness of surrounding area of housing and also health education of maintain the personal hygiene and body care and its prevention were given to the people who attended the programme.

Good hand hygiene is a cornerstone of safe and effective health care. It is a highly cost-effective public health measure that is also crucial to protecting against a range of diseases like pneumonia and diarrhoea.

Photo of the event



PANNA DHAI MAA SUBHARTI NURSING COLLEGE
School Health Camp
Report

EVENT ON 20 May 2024

Organized by: B.Sc Nursing 5th Semester 2021 batch under the supervision of Community Health Nursing Department, Panna Dhai Maa Subharti Nursing College
Collaborating Partner: Chatrapati Shivaji Subharti Hospital (CSSH), Meerut
Location: Pratvi Singh Subharti Junior High School, Village Dungrawali, Meerut
Date: 20 May 2024

B.Sc Nursing 5th Semester 2021 batch under the supervision of Community Health Nursing Department, Panna Dhai Maa Subharti Nursing College, in collaboration with Chatrapati Shivaji Subharti Hospital (CSSH), organized a comprehensive school health camp at Pratvi Singh Subharti Junior High School in Dungrawali, Meerut. The camp aimed to promote health awareness and provide essential health services to the students.

Photos of the Event





PANNA DHAI MAA SUBHARTI NURSING COLLEGE SWAMI VIVEKANAND SUBHARTI UNIVERSITY REPORT ON WORLD NO TOBACCO DAY

Date: 01-06-2024

Theme: "Protecting Children from Tobacco Industry Interference"

Time: 10 - 12 Pm

Venue: Community Area (Vill. - Baleni), Meerut

Organizers: Department of Community Health Nursing and GNM Ist Yr. Students

This Year World No Tobacco Day (31st-May-2024), focusing on"Protecting Children from Tobacco Industry Interference."

PROGRAMME ACTIVITIES: *On June 1, 2024, our community Health Nursing Department organized an Anti-Tobacco Day event in the Community area Village- Baleni. The primary aim ofthis event was to educate and raise awareness among the villagers about the dangers and harmfuleffects of tobacco use and to promote a tobacco-free lifestyle.*

Nukkad Natak







Interactive Sessions

PANNA DHAI MAA SUBHARTI NURSING COLLEGE, MEERUT,

INTERNATIONAL YOGA DAY' 2024.

REPORT:

Panna Dhai Maa Subharti Nursing College in collaboration with Subharti Naturopathy and Yogic sciences college have organized a session on "10 International yoga day" theme "Yoga for women empowerment " to spread the awareness about health and fitness on 18th June- 19th June 2024, in regards with 10 International Yoga day.





PANNA DHAI MAA SUBHARTI NURSING COLLEGE, MEERUT,

Nutritional Camp at Baleni Village, Meerut.

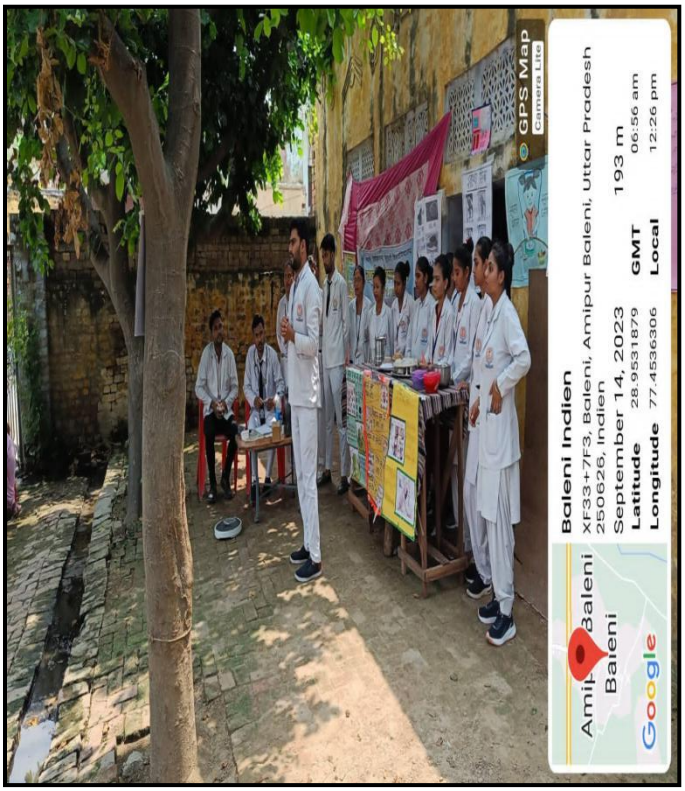
REPORT

As part of the National Nutrition week – 2023, on September14 – 2023, Community Health Nursing Department observed the Nutrition week and as part of that organized Nutrition and Health camp in the community village Baleni. Our students of Post.B.Sc nursing 2nd year and GNM 3rd year have presented Nutritional diets plan on antenatal mother diet, weaning diet, Anemic diet, diet for elderly, diabetes mellitus and iron rich diet and a role play on awareness of nutrition importance and health education were given to the people who attended the programme. The **cooking demonstration** part where the P.BSc Nursing 2nd year and GNM 2nd year students are preparing the nutritious dishes. They are preparing the low cost and time consuming nutritious dishes.

The programme which was in by the village head Mrs. Kamla Yadav, presided over by Principal of the Government School, Mr. Brijesh Yadav and the CHO in-charge for the village Ms.Uma Sharma started with welcome address given by Mr. Pradeep kumar, Asst.lecturer, PDMSNC.

Around 40 people from the village participated in the programme and they felt it to be informative. The programme ended with vote of thanks by Mr. Pradeep, Asst.lecturer, PDMSNC. Community people were appreciated to our students about their work.

The Nutritional camp was organized by Mrs. Chhaya Yadav Asst. Professor, department of community health nursing and Mr. Pradeep Kumar Asst. Lecturer,Under the guidance of Dr. Geeta Parwanda, principal/dean, Panna Dhai Maa Subharti Nursing College.



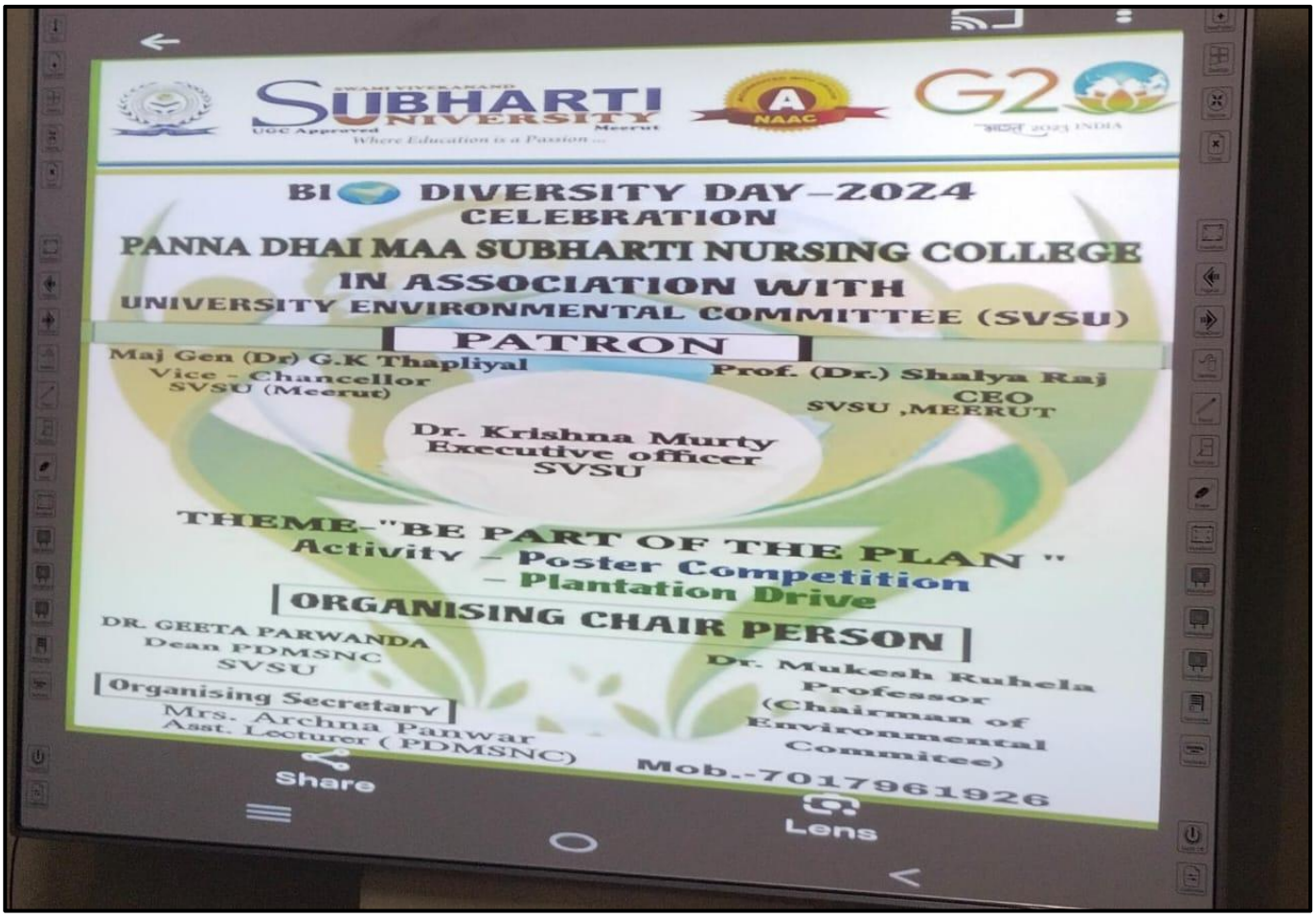


REPORT OF INTERNATIONAL BIODIVERSITY DAY -2024 PROGRAMME ON 22/5/2024

Title of the Activity	1. Plantation drive 2. Poster competition.	Level of Program (State/National/International etc.)	University Level
Focused Area	The United Nations has proclaimed May 22 The International Day for Biological Diversity (IDB) to increase understanding and awareness of biodiversity issues. When first created by the Second Committee of the UN General Assembly in late 1993, 29 December (the date of entry into force of the Convention of Biological Diversity), was designated The International Day for Biological Diversity. In December 2000, the UN General Assembly adopted 22 May as IDB, to commemorate the adoption of the text of the Convention on 22 May 1992 by the Nairobi Final Act of the Conference for the Adoption of the Agreed Text of the Convention on Biological Diversity.	Date of Activity (From-To) (DD/MM/YYYY)	22/5/2024
Activity Organized By	Panna DhaiMaaSubharti Nursing College Swami VivekanandSubharti University Meerut	Day	Wednesday
Name of the Associated Faculty/College/Department/Outside Agency	University Environmental Committee (SVSU)	Time	10:00-2:00pm
Name and address of Guest Speaker	DrMahek (MIOC)	Venue	PDMSNC GOVT CHC (ROHTA)
Total Participants	70	Organizing Coordinator(s)	DrGeetaparwandha Dr.MukeshRuhela AsstlectMrsArchana
Students	50	Report Prepared by	AsstlectArchana
Teachers	2		
Non-Teaching Staff	4		
Others (Specify)	Doctor , Nursing staff		

Description:"Biodiversity Day " on 22 May 24 was celebrated by Panna DhaiMaaSubharti Nursing College and Environment committee Swami VivekanandSubharti University Meerut. In this programme two eventswere organised as Plantation drive and Poster competition. The programme was initiated by the lighting of lamp in front of Goddess Sarasvati at 10:00 am followed by Sarasvati Vandana by the Pdmsncstudents. The programme was attended by the students from different constituted college of SVSU, faculty members of PDMSNCollege,SVSU, Meerut and Dr Mahek ,Dr tripti ,Lab technician and staff nurse of RohtaChc. In this program 50 students from colleges were participated in all two different events.

Outcome of the Activity: This program is helpful to create awareness related toBiodiversity ecological system and effect of climate change on health and life including water bodies, air and soil. As have been degraded since the 1700s, and we are losing Biodiversity three times faster than forests. Yet, biodiversity are critically important ecosystems that contribute to biodiversity, climate mitigation and adaptation, freshwater availability, world economies and more. So it is an urgent need to react and save the water bodies from further degradation. Keeping this view this one-day program has been organised by the university


SUBHARTI UNIVERSITY
Meerut
NAAC
G20
BIO DIVERSITY DAY–2024
CELEBRATION
PANNA DHAI MAA SUBHARTI NURSING COLLEGE
IN ASSOCIATION WITH
UNIVERSITY ENVIRONMENTAL COMMITTEE (SVSU)
PATRON
Maj Gen (Dr) G.K Thapliyal
Vice - Chancellor
SVSU (Meerut)
Prof. (Dr.) Shalya Raj
CEO
SVSU ,MEERUT
Dr. Krishna Murty
Executive officer
SVSU
THEME–"BE PART OF THE PLAN "
Activity – Poster Competition
– Plantation Drive
ORGANISING CHAIR PERSON
DR. GEETA PARWANDA
Dean PDMSNC
SVSU
Dr. Mukesh Kuhela
Professor
(Chairman of
Environmental
Commitee)
Organising Secretary
Mrs. Archna Panwar
Asst. Lecturer (PDMSNC)
Mob.-7017961926
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PANNA DHAI MAA SUBHARTI NURSING COLLEGE, MEERUT

PRESS RELEASE

Date: - 24 May, 2024
Time:- 10:30pm to 12:30pm & 02:00pm to 04:00pm
Venue: - Chatarpati Shivaji Hospital Subharti Meerut & Pyare Lal Sharma Hospital Meerut
Event: - World Schizophrenia Day
Theme:- Celebration the power of community Kindness

The Mental Health Nursing department at **Panna Dhai Maa Subharti Nursing College**, in collaboration with **Pyare Lal Sharma District Hospital & Chatarpati Shivaji Hospital Meerut**, organized a successful World Schizophrenia Day. The event held under the guidance of **Dr. Geeta Parwnada Dean & Principal** in **Panna Dhai Maa Subharti Nursing College Subharti University,** aimed to raise awareness about schizophrenia day. B.Sc. nursing 5th semester, G.N.M. 2nd year and A.N.M. 1st year students actively participated in role play session. They portrayed various scenarios related to schizophrenia, emphasizing the challenge faced by individuals with this mental health condition. The students provide valuable health education to the peoples. The event was graced by several esteemed guests including **Medical Superintendent Dr. Kaushlender, Dr. Rajan, Dr. Vibha & Dr. Vinita. Dr. Rajan** Delivered an informative speech on schizophrenia awareness day, shedding light on the prevalence, impact, and available treatment. Approximately 150 attendees, including faculty members, nursing students, hospital staff and peoples to attend this program.

After that 2pm 2nd activity was organized in **Chatarpati Shivaji subharti Hospital Meerut**, nursing students actively participated in role paly and provide health education on World Schizophrenia Day for promote awareness. **Dr. Divyajeet** and **Dr. Swleha** were also part of the program. During the role play **Dr. Divyajeet** provided information about schizophrenia to the patients and peoples. **Assistant professor Mrs. Gunjali, Assistant professor Mrs. Shivani** and **Assistant Lecturer Mr. Gaurank** played pivotal roles in organizing and executing the event. Their dedication ensured the program's success. This program successfully organized under the guidance of **Dr. Geeta Parwanda Dean & Principal**, expressed her satisfaction with the event's outcome, emphasizing the need for continued awareness campaigns to reduce stigma and promote mental health well being.

PANNA DHAI MAA SUBHARTI NURSING COLLEGE

SWAMI VIVEKANAND SUBHARTI UNIVERSITY

REPORT ON WORLD NO TOBACCO DAY

Date: 01-06-2024

Theme: "Protecting Children from Tobacco Industry Interference"

Time: 10-12 Pm

Venue: Community Area (Vill. - Baleni), Meerut

Organizers: Department of Community Health Nursing and GNM Ist yr. Students

This Year World No Tobacco Day (31st-May-2024), focusing on "Protecting Children from Tobacco Industry Interference."



"World No Tobacco Day 2024 will give a platform to young people across the world, who are urging governments to shield them from predatory tobacco marketing tactics. The industry targets youth for a lifetime of profits, creating a new wave of addiction. Children are using e- cigarettes at rates higher than adults in all regions and globally an estimated 37 million youthaged 13–15 years use tobacco."

PROGRAMME ACTIVITIES: *On June 1, 2024, our community Health Nursing Department organized an Anti-Tobacco Day event in the Community area Village- Baleni. The primary aim of this event was to educate and raise awareness among the villagers about the dangers and harmful effects of tobacco use and to promote a tobacco-free lifestyle. Event Highlights: Nukkad Natak (Street Play): The event began with a powerful Nukkad Natak performed by GNM-1st Year Students (21 Students Participated). The play shows the harmful effects of tobacco on health, focusing on real-life stories and the impact on families. The engaging performance attracted a large crowd, making it an effective way to spread the massage through Nukkad Natak along with Posters.*





INTERACTIVE SESSIONS: ***We organized interactive sessions where GNM-IST Yr. students discussed the ill effects of tobacco consumption. They highlighted how tobacco can cause various diseases, including cancer, heart disease, and respiratory problems.***



Jyotirao Phule
Subharti College of Physiotherapy

Recognized by U.P. State Medical Faculty, Lucknow and Indian Associateion of Physiotherapists
Website: spc.subharti.org, e-mail: physiotherapy@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 3552, 3551), Telefax: 0121-3058030, 2439067
A constituent college of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Office of the Dean &Principal

REPORT ON "PHYSIOTHERAPY CAMP IN MULTAN NAGAR"

Title of the Activity	Report on "Physiotherapy Camp in Multan Nagar"	Level of Program (State/ National/Internatio nal etc.)	College Level
Focused Area	Outreach Activity under ISR	Date of Activity (From-To) (DD/MM/YYYY)	08/09/ 2023
Activity Organized By	Jyotirao Phule Subharti College of Physiotherapy	Day	Friday
Name of the Associated Faculty/College/Department/ Outside Agency	Subharti Health Center, Multan Nagar	Time	8:30 AM- 2:00 PM.
Name and address of Guest Speaker	-	Venue	Multan Nagar
Total Participants	38	Organizing Coordinator(s)	Dr. Uzma Khan
Students	06	Report Prepared by	Dr. Uzma Khan
Teachers	02		





Jyotirao Phule Subharti College of Physiotherapy

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Office of the Dean & Principal

Date: 01/11/2023

REPORT ON PHYSIOTHERAPY CAMP ON MUSCULOSKELETAL DISORDER IN JAINPUR, MEERUT

Title of the Activity	Physiotherapy free camp on musculoskeletal disorder	Level of Program (State/ National/International etc.)	College level
Focused Area	Extension and outreach activity (musculoskeletal disorder due to degenerative joint disease)	Date of Activity (From-To) (DD/MM/YYYY)	01/12/2023
Activity Organized By	Jyotirao Phule Subharti College of Physiotherapy	Day	Saturday
Name of the Associated Faculty/ College/ Department/ Outside Agency	Chhatrapati shivaji Subharti Hospital Meerut	Time	9:30 am to 1:00pm
		Venue	Jainpur , Meerut
Total Participants	33	Organizing Coordinator(s)	Dr. Danish Nouman
Students	2	Report Prepared By	Dr. Danish Nouman
Teachers	1		
others	30		

Glimpses of event:



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(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Date- 9.12.2023

REPORT ON PHYSIOTHERAPY CAMP IN SARA, MODINAGAR

Title of the Activity	Report on Physiotherapy Camp in Sara, Modinagar	Level of program (state/national/international etc.)	College
Focused Area	Outreach Activity	Date of Activity (From-To) (DD/MM/YYYY)	09.12.2023
Activity Organized By	CSSH	Day	Saturday
Name of the Associated Faculty/College/Department/Outside Agency	JRPSCPT	Time	11:00am – 2:00pm
Name and address of Guest Speaker	-	Venue	Sara, Modinagar
Total Participants	19	Organizing Coordinator(s)	Dr.Kayinat Hassan
Students	01	Report Prepared by	Dr.Kayinat Hassan
Teachers	01		
Non-Teaching Staff	-		
Others (Specify)	17 (Patients)		

Objective of the Activity:

• Awareness regarding musculoskeletal & neurological disorders.
• To teach the precaution & long-term effects of Physiotherapy.

Pictures of the Activities





Therapist Assessing the Patient

JyotiraoPhuleSubharti College of Physiotherapy

Recognized by U.P.State Medical Faculty, Lucknow and Indian Association of Physiotherapists
Ph.: 0121-2439043 / 52 (Extn: 3552, 3551), Telefax: 0121-3058030, 2439067
A constituent college of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

REPORT ON "GOVINDPURI HEALTH CHECKUP CAMP"

Title of the Activity	Health Check Up Camp	Level of Program (State/National/International etc.)	University Level
Focused Area	Extended and outreach activity	Date of Activity (From-To) (DD/MM/YYYY)	13/12/2023
Activity Organized By	CSSH	Day	Wednesday
Name of the Associated Faculty/College/Department/ Outside Agency	Jyotirao Phule Subharti College of Physiotherapy	Time	10:00 AM- 2:00 PM.
Total Participants	28	Venue	Govindpuri, Modinagar
Students	01	Organizing Coordinator(s)	Dr. Ishika Saxena
Faculty	01	Report Prepared by	Dr. Ishika Saxena
No. of Patients	26		

Objectives of the Activity

- To promote awareness on importance & effectiveness of physiotherapy among the rural areas.
- To render cost free health care services at footsteps to the people.
- To counsel and educate people about their condition, precautions and treatment.

Glimpses of the Event





GLIMPSES OF PATIENTS SEEN IN CAMP

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Date- 05.01.2024

REPORT ON PHYSIOTHERAPY CAMP IN MAWANA

Title of the Activity	Report on Physiotherapy Camp in Mawana	Level of program (state/national/international etc.)	College
Focused Area	Outreach Activity	Date of Activity (From-To) (DD/MM/YYYY)	05/01/2024
Activity Organized By	CSSH	Day	Sunday
Name of the Associated Faculty/College/Department/Outside Agency	JRPSCPT	Time	10:00am – 2:00pm
Name and address of Guest Speaker	-	Venue	Mawana
Total Participants	18	Organizing Coordinator(s)	Dr. Kayinat Hassan
Students	02	Report Prepared by	Dr. Aditi Kuliyal
Teachers	00		
Non-Teaching Staff	-		
Others (Specify)	16 (Patients)		

Objective of the Activity:

- Awareness regarding musculoskeletal & neurological disorders.
- To teach the precaution & long-term effects of Physiotherapy.





Pictures of the Activities (Geotagged):

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Office of the Dean & Principal

Date: 08/01/2024

REPORT ON PHYSIOTHERAPY CAMP IN KALCHHINA (MODINAGAR)

Title of the Activity	Physiotherapy camp In Kalchhina(Modinagar)	Level of Program (State/ National/International etc.)	State
Focused Area	Extention and Out reach activity	Date of Activity (From-To) (DD/MM/YYYY)	8.1.2024
Subharti College of physical education	Day	Monday	
Name of the Associated Faculty/ College/ Department/ Outside Agency	Chhatrapati shivaji subharti hospital	Time	9:30 am to 2:30 pm
		Venue	Kalchhina, Modinagar
Total Participants	29	Organizing Coordinator(s)	Dr. Gaurav Pratap tyagi
Students	02	Report Prepared by	Dr . Bhagyashree Panda
Others	27		

Objective of the Activity:

1-To ensure the awareness of physiotherapy treatment.
2-Ensure that maximum number of person can get the benefit of physiotherapy all around the area.
3-To teach the precaution & long term effects of physiotherapy.

Glimpses of event:





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REPORT OF "PHYSIOTHERAPY CAMP IN KHATOLI"

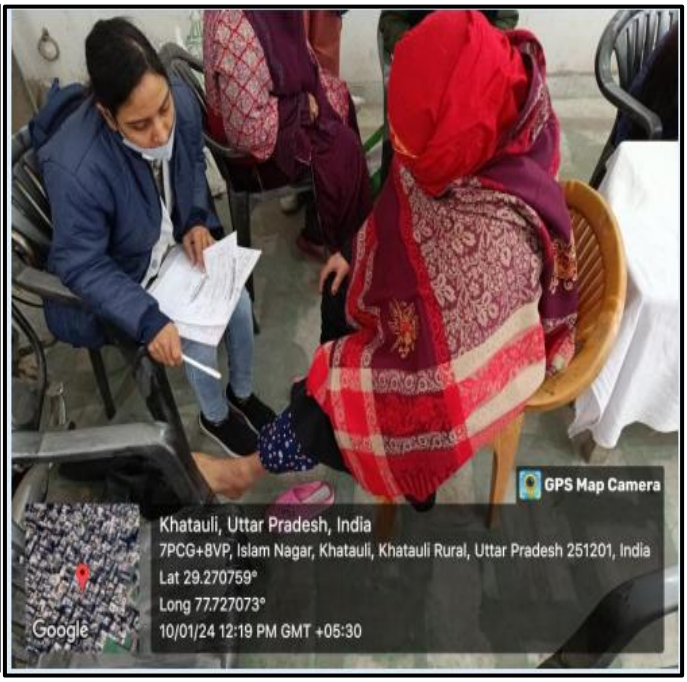
Title of the Activity	PHYSIOTHERAPY CAMP IN KHATOLI	Level of Program (State/National/International etc.)	College Level
Focused Area	Outreach activity	Date of Activity (From-To) (DD/MM/YYYY)	10/01/2024
Activity Organized By	CSSH	Day	Wednesday
Name of the Associated Faculty/College/Department/ Outside Agency	Jyotirao Phule Subharti College of Physiotherapy	Time	10:00 AM- 2:00 PM.
Total Participants	14	Venue	Khatoli, Meerut
Students	02	Organizing Coordinator(s)	CSSH
Patients	12	Report Prepared by	Dr. Ishika Saxena

OBJECTIVES OF THE ACTIVITY

- To promote awareness on importance & effectiveness of physiotherapy among rural areas.
- To render cost free health care services at footsteps to the people.
- To counsel and educate people about their conditions, precautions, preventions and treatment.

GLIMPSES OF THE EVENT





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Office of the Dean & Principal

Date: 11/01/2024

REPORT ON PHYSIOTHERAPY CAMP IN GHAT, MEERUT

Title of the Activity	Physiotherapy Camp	Level of Program (State/ National/International etc.)	
Focused Area	Extention and Outreach activity	Date of Activity	11/01/2024
Activity Organized By	Jyotirao Phule Subharti College of Physiotherapy	Day	Thursday
Name of the Associated Faculty/ College/ Department/ Outside Agency	Chhatrapati shivaji subharti hospital	Time	9:30 am to 2:00pm
		Venue	Vill- Ghat , Meerut UP
Total Participants	19	Organizing Coordinator(s)	Dr. Gaurav Pratap tyagi
Students	2	Report Prepared by	Dr. Rishika Yadav
Others	17		

Objective of the Activity:

1-To ensure the awareness program of physiotherapy treatment.
2- Provide physiotherapy services to those with limited access to healthcare facilities due to geographical or financial barriers.
3- Encourage healthy lifestyle changes, including physical activity and proper nutrition, to enhance overall health

Glimpses of event:



Date: 16.10.2023

Report on "Awareness on Breast Cancer"

Title of the Activity	Awareness on Breast Cancer	**Level of Program**	College-Level
Focused Area	Co-curricular	**Date of Activity**	16.10.2023
Activity Organized By	JRPSCPT	**Day**	
Name of the Associated Faculty/College/Department /Outside Agency	Subharti Institute of Cancer Management and Research	**Time**	9:00 am-11:00am
Name and address of Guest Speaker	-	**Venue**	Seminar Hall , Ground Floor , JPSCP
Total Participants	57	**Organizing Coordinator(s)**	Dr. Uzma Khan, Assistant Professor
Students	52	**Report Prepared by**	Dr. Uzma Khan, Assistant Professor
Teachers	05		
Non-Teaching Staff	-		
Others (Specify)	-		

Objectives of the Activity:

1. To create awareness among students and faculty about breast cancer, its early detection, and prevention.
2. To educate participants on the signs, symptoms, and risk factors associated with breast cancer.
3. To highlight the role of physiotherapy in post-mastectomy rehabilitation and improving quality of life in cancer survivors.
4. To inspire and motivate individuals through real-life experiences shared by cancer survivors.
5. To promote community engagement in spreading awareness and supporting breast cancer patients.



Lamp Lightening Ceremony



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NAAC

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Dated: 9th August 2023

"WORLD BREASTFEEDING WEEK"

World widely every first week of August i.e. 1st August to 7th August celebrated as **"World Breastfeeding Week".** On 1st August 2023, Faculty of AYUSH, Maharishi Aurobindo Subharti College and Hospital of Yogic Sciences, Swami Vivekananda Subharti University, Meerut, celebrated "World Breastfeeding Week" with the theme of" Enabling breastfeeding: making a difference for working parents "from 11:00am to 12:00pmat LT-2, MASCHNYS for all the UG and PG girl students by resource person Dr. Ksh. Guneri Devi.

Resource person explain about benefits of breastfeeding for both the mother and baby, the health benefits of breast milk, nutrients getting from breast milk, prevention of health illness or diseases by breast milk, helps boosting immune system by breast milk, when to breastfeed to the baby according to month wise, how many times should feed to the baby. 124 students were participated and benefited from this celebration.

Photos of the Event





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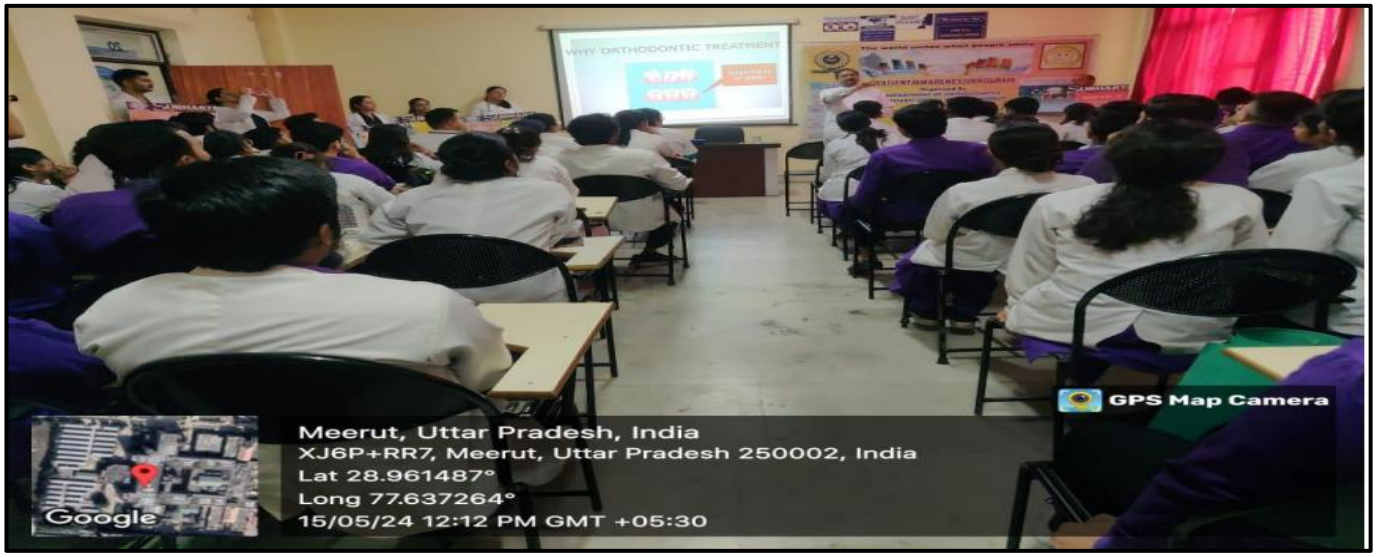
MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **World Orthodontics Health Day** on 15th May 2024 at 12:00 PM - 1: 00 PM, In LT-2 for the All BNYS students.
- Total Number of participating students 106.
- **Resource Person:** Dr. Pardeep Raghav prof& Head (Subharti Dental College)
- The resource person explained about Importance of World Orthodontics Day, a global healthcare event typically celebrated yearly, A good oral health routine is important for everyone, but it's extra important for people with braces to take extra steps to ensure their oral health is in tip-top shape.

Photos of the Event





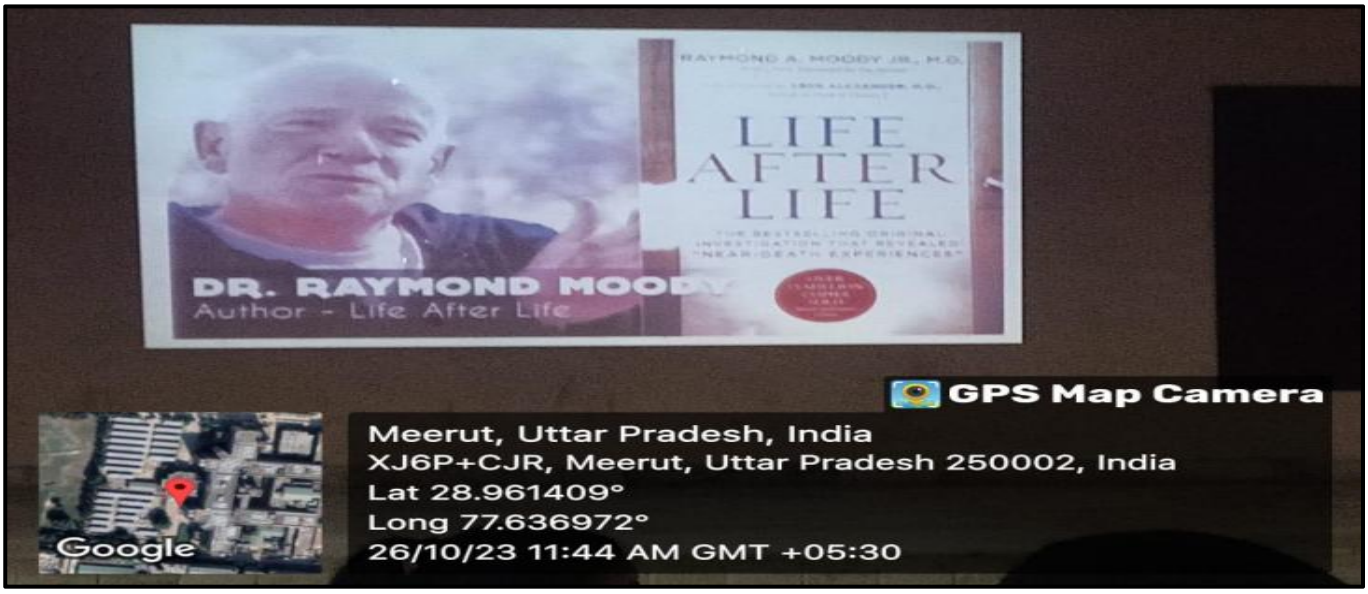
REPORT OF GUEST LECTURE ON MOTIVATIONAL TALK ON POSITIVITITY AND SPRITUAL HEALING

Faculty of AYUSH, *Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences*, **SVSU Meerut**, in collaboration with the **University Gender Sensitization Cell**, organized a **guest lecture on "Motivational Talk on Positivity & Spiritual Healing"** on **26th October 2023** at the *Maharani Laxmibai Auditorium*.

The session was inaugurated by **Dr. Abhay M. Shankaregowda**, **Dr. Rahul Bansal**, and **Dr. Sarika Abhay** with a lamp-lighting ceremony. **Dr. Rahul Bansal**, *Professor and Advisor, Community Medicine, SMC*, delivered an inspiring talk followed by a practical meditation session. Students shared positive feedback and raised insightful queries on near-death experiences.

The event concluded with a meditation session and a **Vote of Thanks** by **Dr. Poornima Bansal**, *Nodal Officer, Gender Sensitization Cell, MASCHNYS*. A total of **160 students** attended the program.





Report on
Workshop on "NATURAL HERBS FOR HEALTHY LIVING"

A **Workshop on "Natural Herbs for Healthy Living"** was organized by the *Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences* on **8th November 2023** at the *Yoga Hall, MASCHNYS (SVSU)* for **BNYS and MD students**.

Dr. Govinda Trivedi, *CMO, Balaji Nirogdham Wellness Centre, Delhi*, served as the **resource person**, and **Dr. Jyoti Madhur** coordinated the event. Dr. Trivedi discussed the **therapeutic uses of herbs and spices** such as Tulsi, Ashwagandha, Ginger, Garlic, and Turmeric, highlighting their health benefits in daily life.

A total of **192 participants** attended the workshop.

Picture of the Event



Naturopathy & Yoga Workshop at Millennium Public School"

Report

Maharishi AurobindoSubharti College & Hospital of Naturopathy and Yogic Sciences, Swami VivekanandSubharti University Meerut organized a Naturopathy & Yoga workshop on 21st November 2023 at 9:00 AM in Millennium Public School, Meerut.

Overall coordinator of the Program was Dr. Abhay Kumar.
The total number of benefited participants were approximately 150 students.
Yoga sessions and health talks were organized for the students during the workshop.
Overall Purpose of the workshop was to promote health through Naturopathy & yoga in this scenario.

Photos of the Program:





Report:

An **Asana Competition** was organized by the *Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences*. **Dr. Abhay Shankar Gowda** graced the event as the **Chief Guest**, and the competition was judged by **Dr. Jyoti Madhur** (Department of Yoga & Naturopathy, SVSU) and **Mr. Kapil** (Department of Physical Education).

The event, coordinated by **Dr. Abhijith K. B.**, began at **10:30 a.m.** with an inaugural address followed by motivating words from the Chief Guest. The competition aimed to **select students for the AIU Individual Yoga Competition**. Results were announced by **Dr. Jyoti Madhur**, and participants were informed about the upcoming **yoga camp (16th Nov–16th Dec 2023)**.

A total of **20 students** participated in the event.

Photos of the program:



Judges evaluating the asanas performed by the participants



Winners

Camp Report

Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut organized a one-day Yoga and Naturopathy camp on the occasion of 6th Naturopathy Day held at Shaheed Bhagat Singh Subharti Urban Slum Health and Training Centre, Multan Nagar, Meerut. The camp was inaugurated by the Chief Guest Dr. Usha Minhas along with Dr. Babita and Naturopathy and Yoga PG Scholar Dr. Rakesh Bagariya, Dr. Afsheen Rehman were also present. The teaching and non-teaching staffs of MASCHNYS were also present on this occasion.

Diseases treated in One Day camp- PCOD, Asthma, Depression, Low Back pain, Myopia, Sciatica, Migraine, OA knee, Insomnia, Cervical spondolysis.

PHOTOS



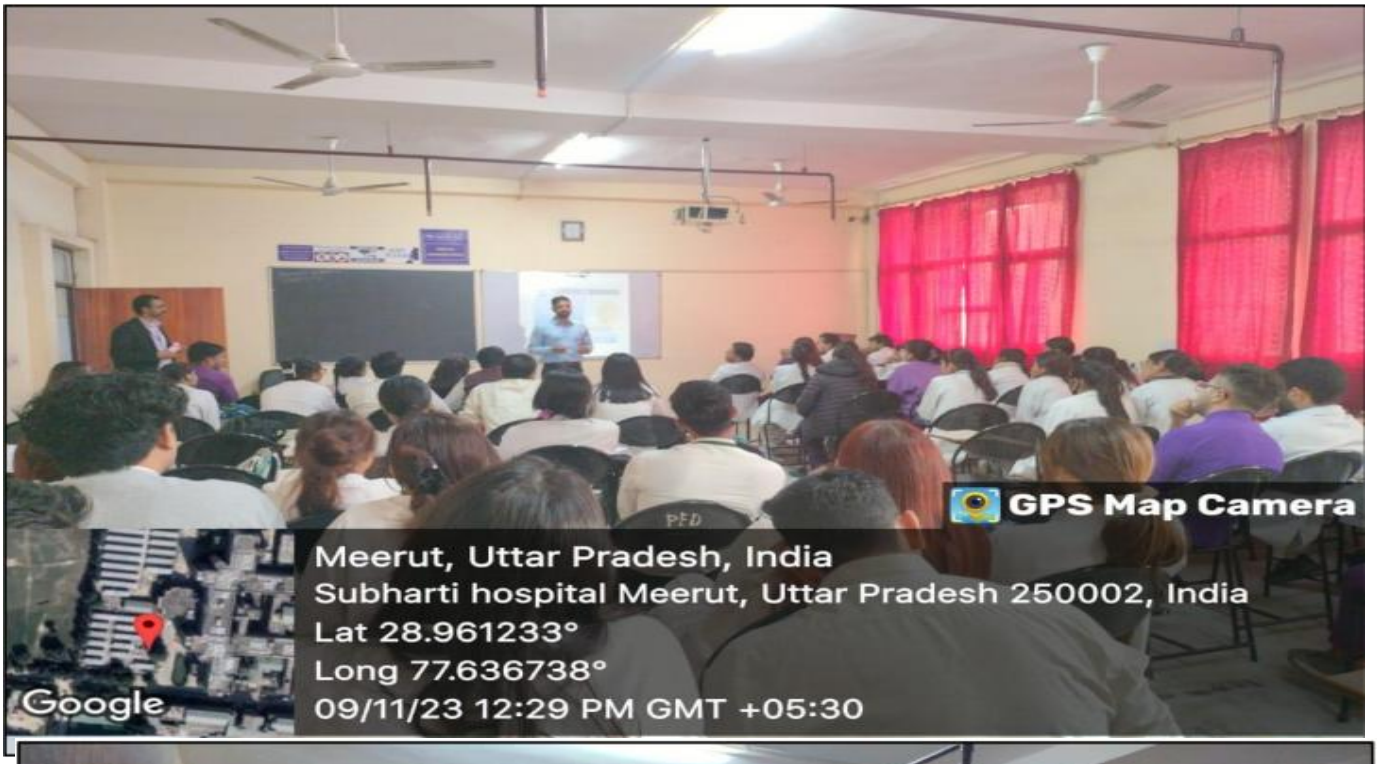


Report

A **Guest Lecture on "Ethical & Moral Obligations of a Doctor"** was organized by the *Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences* on **9th November 2023** at the *Yoga Hall, MASCHNYS (SVSU)* for **BNYS and MD students**.

Dr. Alok, *Assistant Professor, SGT University*, served as the **resource person**, and **Dr. Jyoti Madhur** coordinated the event. Dr. Alok highlighted key medical ethics principles such as **beneficence, honesty, confidentiality, justice, informed consent, and empathy**, emphasizing their importance in medical practice.

A total of **54 participants** attended the session.



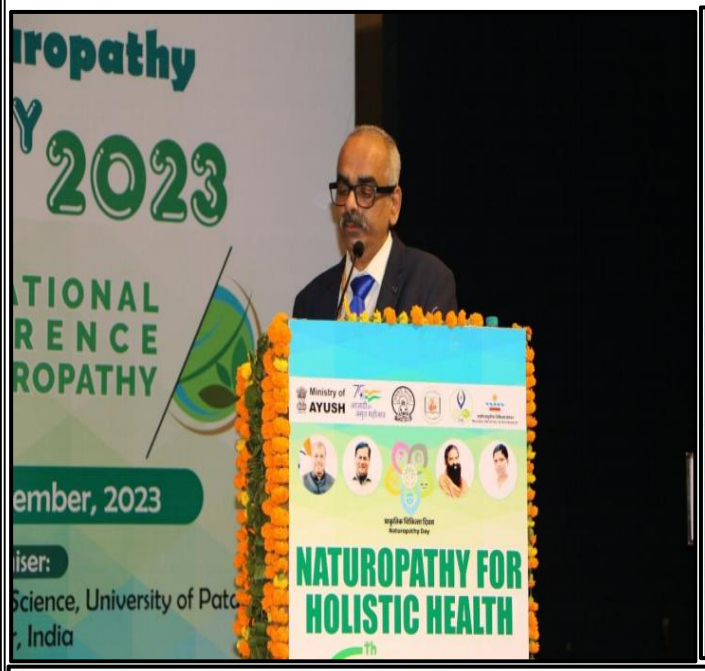


"International Conference on Naturopathy Day-2023"

On the occasion of the 6 th Naturopathy Day, CCRYN (Central Council for Research in Yoga & Naturopathy) organized an "**INTERNATIONAL CONFERENCE ON NATUROPATHY"** at the University of Patanjali, Haridwar from 18 th – 19 th November 2023.

The Theme for the Naturopathy Day is "**Naturopathy for Holistic Health**".

The Total no. of Students from our college was 144 who attended this conference along with two faculty members Dr. Jyoti Madhur& Dr. Abhay Singh.







CAMP REPORT

Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut organized free Yoga and Naturopathy Consultant and treatment camp to celebrate the 6th Naturopathy Day. The camp was inaugurated by the Chief Guest Dr. Krishnamurthy (DMS, at CSSH), along with Dr. (Brig.) H.S. Minhas (Senior Medical Superintendent), and Dr. Saurabh Sharma (Asst. Medical Superintendent). The teaching and non-teaching staff of MASCHNYS were also present on this occasion.

Diseases treated in one-week camp: -Muscular Chest Pain, Migraine, Cervical Spondylitis, Abdominal Pain, Varicose vein, Post-traumatic Hemiplegia, OA of Knee, Sciatica, Acne, IBS, Dyspepsia, Anorexia, Bronchial Asthma, COPD, Hyperacidity, Gastritis, Duodenal ulcer, Ulcerative colitis, Grade 1 Fatty liver, Sinusitis,Rheumatoid arthritis, Lumbar spondylosis, Frozen shoulder, Mechanical Back Pain.

Photos









Report

A **Workshop on "Pranic Healing"** was organized by the *Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences* on **21st November 2023** at the *Yoga Hall, MASCHNYS (SVSU)* for **BNYS and MD students**.

Mr. Vivek Kumar, *Associate Certified Pranic Healer & Trainer*, conducted the session, providing an **introduction to Pranic Healing** followed by a **practical energy transfer and aura cleaning session**. Students reported feeling **light, positive, and energetic** after the session. **Dr. Jyoti Madhur** coordinated the workshop.

A total of **150 participants** attended.



Report
on
"Health check-up Camp on 15th July 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 15th July 2024 from 9:00 AM onwards at Sindhawali Meerut.

- The health check-up Camp was conducted on 15th July 2024 in Sindhawali from 9:00 AM and consulted the patients,

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp is to improve health through naturopathy and yoga.





GUEST LECTURE ON "ROLE OF MEDITATION IN PEACE & TRANQUILITY OF MIND"

A guest lecture on **"ROLE OF MEDITATION IN PEACE & TRANQUILITY OF MIND"** was organized at the Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences College, Swami Vivekanand Subharti University for the BNYS & MD students.

- Date & Day: 2nd December 2023 (Saturday)
- Time: 10:00 AM -11:00 AM
- Venue: Yoga Hall, MASCHNYS (SVSU).
- Total no. of participants:

Dr. Jyoti Madhur was the overall- coordinator of this workshop.

Dr. Praveen Kumar, Associate Professor from the Department of Buddhist Studies was the speaker of this lecture.

He speaks about the Basic Introduction to Meditation which is a practice that involves focusing or clearing your mind using a combination of mental and physical techniques. Depending on the type of meditation you choose, you can meditate to relax, reduce anxiety and stress, and more.

He also talks about Anapanasati, how to practice it, the result of practicing Vipassana meditation & its effect on social life.

Vipassana meditation is a Buddhist technique for ten days. Buddha was a great Psychologist who understood the minds of people. It helps to reduce stress and anxiety and enhance self-awareness and empathy. "When practiced properly, the practice does not just lead to a temporary blissful experience but to a profound experience of truth realization."





"Health Checkup Camp at Sardhana, Meerut

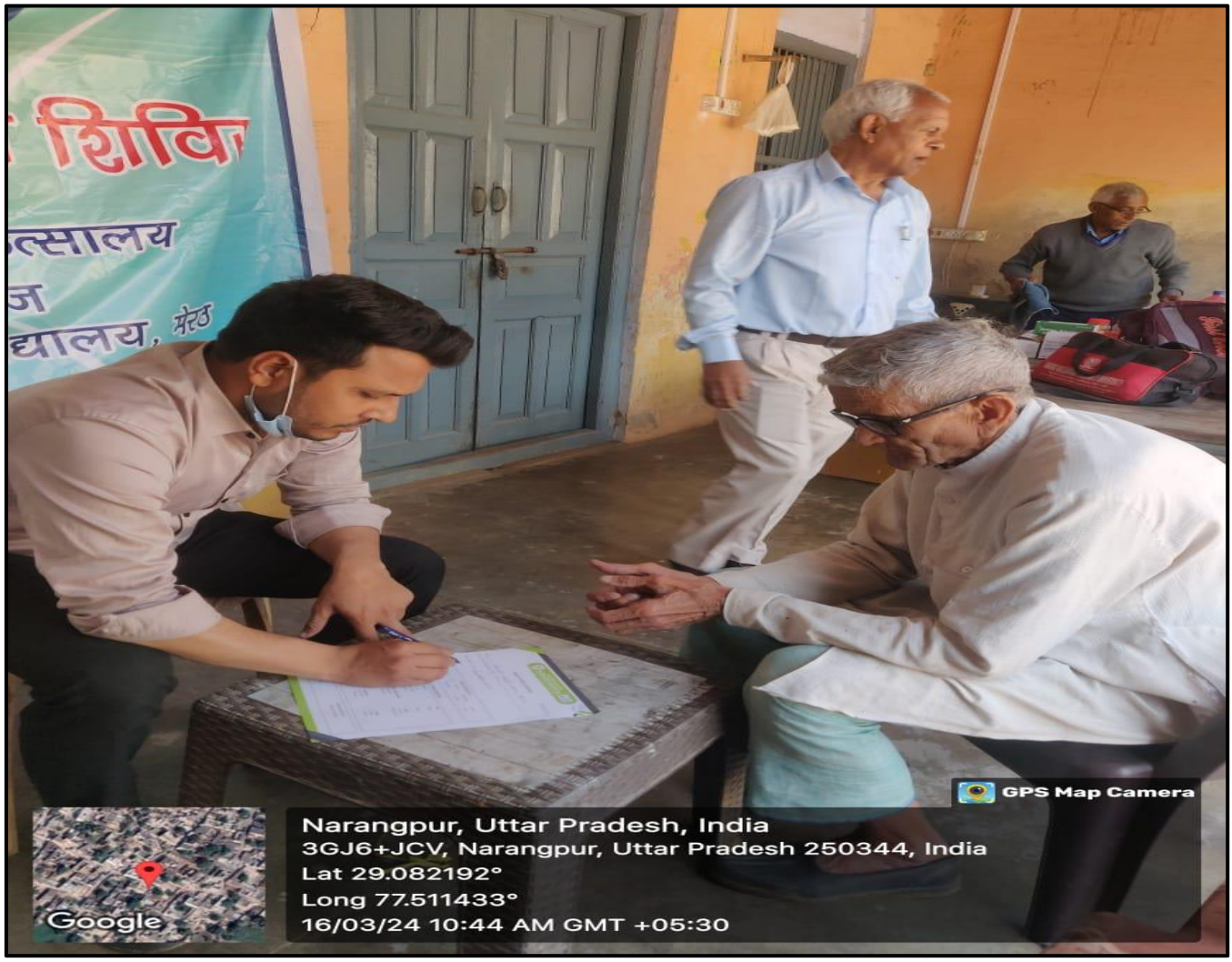
Report
on
"Health check-up Camp on 16th March 2024 "

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 16th March 2024 from 9:00 AM onwards at Narangpur Meerut.

- The Health check-up Camp conducted on 16th March 2024 in Narangpur Meerut from 9:00AM and consulted the patients

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.



Health Checkup





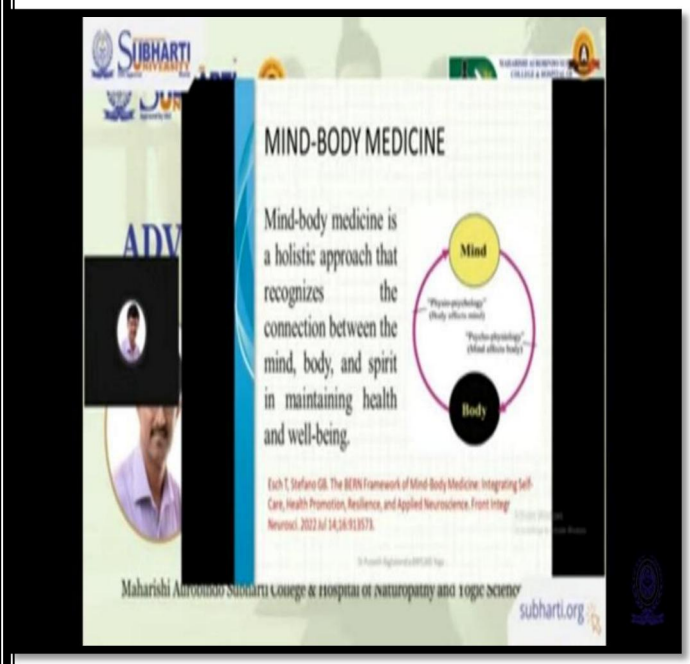
Health Checkup

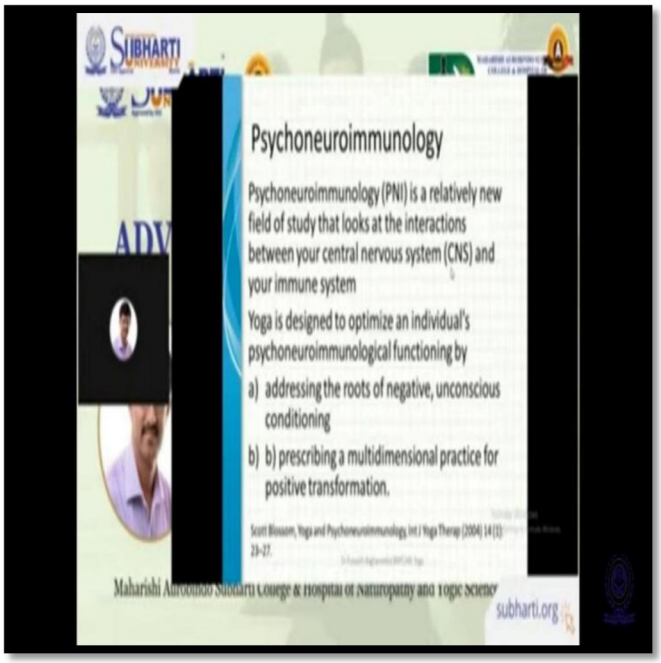
GUEST LECTURE REPORT ON
"RECENT TRENDS AND ADVANCES IN YOGA THERAPY"

On 4th December 2023, Maharishi Aurobindo Subharti College and Hospital of Yogic Sciences, Swami Vivekananda Subharti University, Meerut organized an Online Guest Lecture on "Recent Trends and Advances in Yoga Therapy" for all Health science-related constituent colleges faculties & students of the university. Dr. Puneeth Raghavendra, Principal of Yenepoya College of Naturopathy and Yogic Sciences College and Hospital, Mangalore was the Resource person and Co-ordinated by Dr. Kshetrimayum Guneri Devi at 11:00 am onwards. The resource person explained about how modern scientific evidence and philosophy relate to each other. He discussed the ways in which research on yoga and health and illness has demonstrated its ability to reduce pain, modulate stress, oxidative stress, and sychoneuroimmunology. Further described how yoga can be used to treat illness and which poses to do, based on one's kosha level in order to defeat illness. The relationship between contemporary scientific evidence and philosophy. Total of 168 participants were participated in the guest lecturer and completed successfully.









Report
on
"Health check-up Camp on 7th February 2024 "

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 7th February 2024 from 9:00 AM onwards at Muradnagar.





Report
On
"Health check-up Camp on 1st February 2024 "

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 1st February 2024 from 9:00 AM onwards at Karauda Sarkan Shamli.

- The Health check-up Camp conducted on 1st February 2024 in karauda Sarkan shamli village and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp Improve health through Naturopathy and yoga.





Report
"Close the Gap" Cancer care Campaign

Our Faculty and students participate in the World cancer day to raise a voice against cancer.SVSU organized the programme "Close the care Gap"

- Date & Day: 05th February 2024 (Monday)
- Time: 9:30 AM to 1:00 PM
- Venue: Satyajit Ray Auditorium SIFF,SVSU
- Total no. of participants: 54





Report
on
"Health check-up Camp on 22th February 2024"

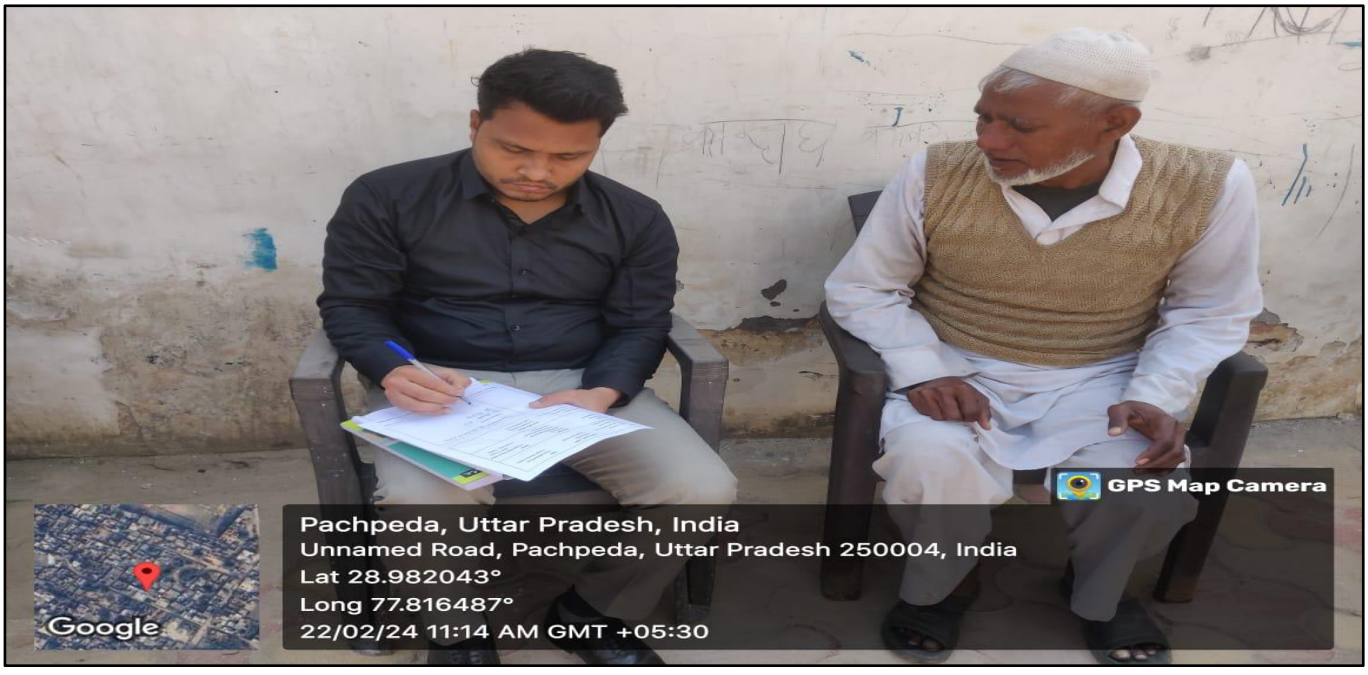
- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 22th February 2024 from 9:00 AM onwards at pachpeda kile Meerut.

- The Health check-up Camp conducted on 22th February 2024 in pachpeda kile Meerut from 9:00AM and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 18th July 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 18th July 2024 from 9:00 AM onwards at Daurala Meerut.

- The health check-up Camp was conducted on 18th July 2024 in Daurala from 9:00 AM and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp is to improve health through naturopathy and yoga.




GPS Map Camera
Daurala, Uttar Pradesh, India
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Long 77.701911°
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Google


GPS Map Camera
Daurala, Uttar Pradesh, India
4P82+3P5, Daurala, Uttar Pradesh 250221, India
Lat 29.114789°
Long 77.70191°
18/07/24 10:26 AM GMT +05:30
Google

Public Lecture on World Cancer Day

Our Faculty and students participate in the Public Laecture on world cancer day to raise a voice against cancer.SVSU organized the programme "Close the care Gap"

- Date & Day: 07th February 2024 (Wednesday)
- Time: 9:30 AM to 1:00 PM
- Venue: Satyajit Ray Auditorium SIFF,SVSU
- Total no. of participants: 43

Youth for quality Bharat Mission 2024

Our College 2 Students of BNYS participated in Youth of Quality Bharat Mission 2024 in Delhi on 7th February 2024 at Mandapam, Pragati Maidan, New Delhi)

- Date & Day: 07th February 2024 (Wednesday)
- Time: 12:00 PM to 2:00 PM
- Venue: Mandapam, Pragati Maidan, New Delhi)
- Total no. of participants: 02

Symposium on Integrative Multi-Disciplinary Approach for Holistic health wellness

Our all Faculties and all students participate in Symposium on Integrative Multi-Disciplinary approach for Holistic health wellness on 9th February 2024 at Satyajit Ray Auditorium SIFF SVSU.

- Date & Day: 07th February 2024 (Wednesday)
- Time: 9:30 AM to 1:00 PM
- Venue: Satyajit Ray Auditorium SIFF,SVSU
- Total no. of participants: 17

"Hands-on Workshop on Naturopathy & Yoga Therapy

Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut conducted 7 days **"Hands-on Workshop on Naturopathy & Yoga Therapy** "for Sri Lanka Delegation (Ayush Longevity & Wellness Institute, Colombo, Sri Lanka) from 7th February 2024 to 13th February 2024 at Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, SVSU, Meerut according to program schedule. The workshop started with welcoming ceremony at Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, SVSU, Meerut with the presence of our Principal Dr Abhay M. Shankaregowda, Director ISGR Mr. Anindya Bhanja and team members, CEO of AYUSH Longevity and Wellness Institute, delegates, Faculty members and volunteers. Different types of Naturopathy and yoga therapy theory session along with hands on training was given to the participants by the resource persons of Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Meerut. The program was concluded with an Indo- Sri Lanka Cultural performance and special Yoga performance by students of Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, SVSU, Meerut followed by Valedictory ceremony at Satyajit Ray Auditorium. Our University Vice Chancellor (Retd.) Major General Dr. G.K. Thapliyal, Principal of Fine arts Dr. Pintu Mishra, Director of Buddhist College Dr Herohito, Dean Faculty of Pharmacy Dr Sokindra Kumar, faculty members from different department and Students, Director of ISGR Mr. Anindya Bhanja and team members, were present in the Valedictory Ceremony. In the award ceremony, Vice Chancellor (Retd.) Major General Dr G.K. Thapliyal was presented the certificate and gift to Dr. Shashi Sharanga, CEO of AYUSH Longevity & Wellness Institute. Principals and deans of different department were presented the certificate to all the Resource persons, Delegates, Co-ordinators and Volunteers.

Total of 228 were attended in the Valedictory Ceremony.


SIIBHARTI
WELCOMES
DR. SHASHI SARANGA RIDIYAGAMA GAMAGE
CEO, AYUSH LONGEVITY & WELLNESS INSTITUTE,
COLOMBO, SRI LANKA
&
THE DELEGATION FOR
A 7-DAY HANDS-ON WORKSHOP ON NATUROPATHY &
YOGA THERAPY


SIIBHARTI
WELCOMES
DR. SHASHI SARANGA RIDIYAGAMA GAMAGE

REPORT
on
"Health check-up Camp on 4th March 2024 "

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 4th March 2024 from 9:00 AM onwards at Dadri Khatauli.

- The Health check-up Camp conducted on 4th March 2024 in Dadri Khatauli from 9:00AM and consulted the patients,
- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
“Mental Health and suicidal prevention strategies”

Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a session on **Mental Health and suicidal prevention strategies** for all M.D students. This session was organized on 11th October 2023 from 12:00 PM TO 1:00 PM. under the aegis of the wellness Centre of SVSU by Dr. Jyoti Madhur a member of the wellness committee and lecturer MASCHNYS under the guidance of Prof (Dr.) Rahul Bansal, chairperson of, the University Wellness Committee and professor of the Department of Community Medicine, Medical College.

Total Number of student participants – 26

Session started with the Omkara mediation and relaxation technique to relax the mind of students by Dr. Jyoti Madhur lecturer MASCHNYS.

The resource person explained unique theories and techniques for being happy in all kinds of situations and motivated all the students with his experiences.





Report
on
“Health check-up Camp on 12th February 2024 ”

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 12th February 2024 from 9:00 AM onwards at Kudana Shamli.

- The Health check-up Camp conducted on 12th February 2024 in Kudana shamli from 9:00AM sand consulted the patients,
- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 15th February 2024 "

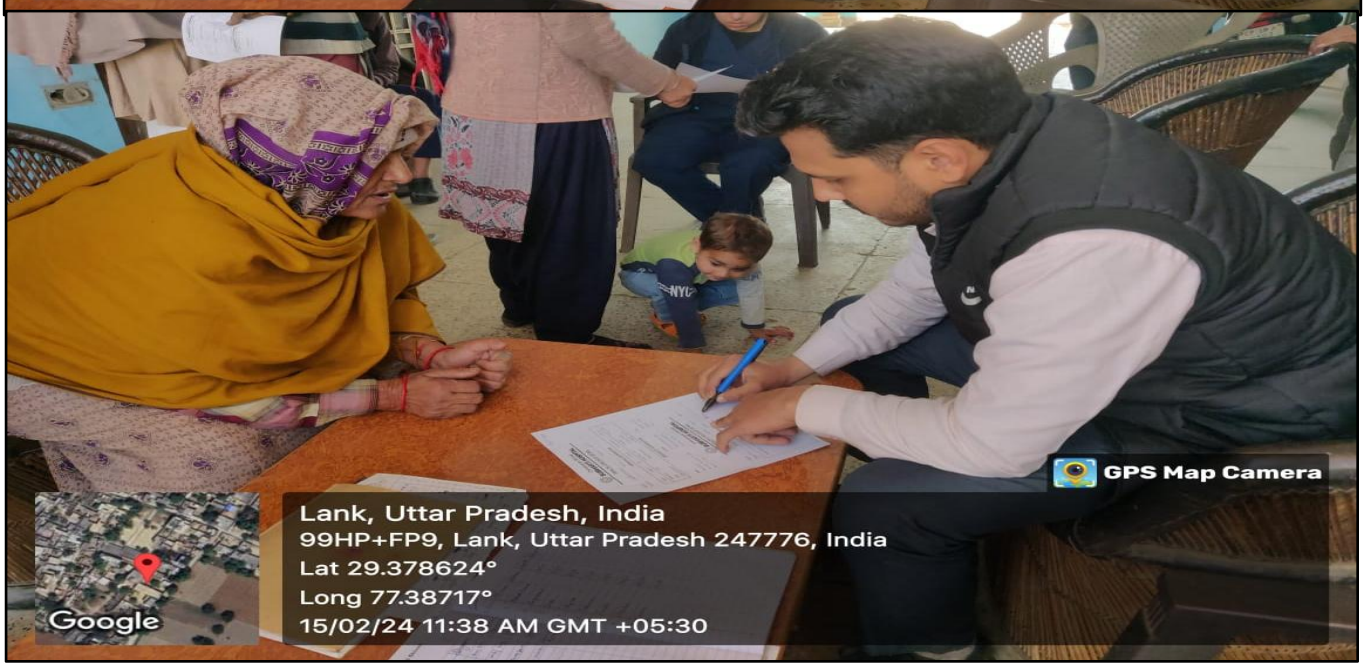
- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 15th February 2024 from 9:00 AM onwards at Lank shamli.

- The Health check-up Camp conducted on 15th February 2024 in Lank shamli from 9:00AM and consulted the patients,

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 17th February 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 17th February 2024 from 9:00 AM onwards at shaulana Kanshi Meerut.

- The Health check-up Camp conducted on 17th February 2024 in shaulana Kanshi Meerut from 9:00AM and consulted the patients

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





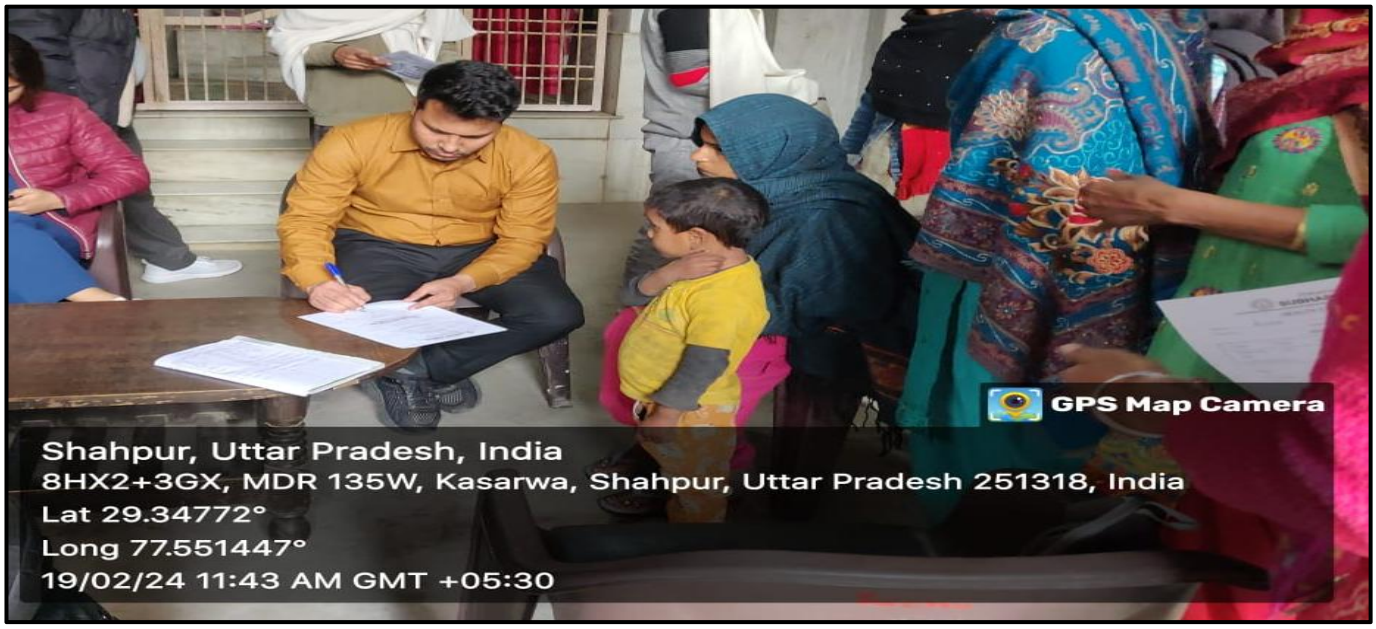
Report
On
"Health check-up Camp on 19th February 2024 "

Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 19th February 2024 from 9:00 AM onwards at Shahpur, Shamli.

The Health check-up Camp conducted on 19th February 2024 in shahpur shamli from 9:00AM and consulted the patients.

During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

The overall purpose of the Camp improves health through naturopathy and yoga.





Report
On
"Health check-up Camp on 22nd July 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 22nd July 2024 from 9:00 AM onwards at Harra.

- The health check-up Camp was conducted on 22nd July 2024 in Harra from 9:00 AM and consulted the patients,

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp is to improve health through naturopathy and yoga.





Report
on
Education Tour to Central Research Institute of Yoga and Naturopathy Dever Khana Jhajjar Haryana

- Maharishi Aurobindo Subharti College and Hospital of Naturopathy & Yogic Sciences organized an educational tour for all BNYS Students and MD 2nd Year (Batch 2022) to Central Research Institute of Yoga and Naturopathy Dever Khana Jhajjar Haryana" on 25th February 2024.

- They welcome the students with a welcome drink and refreshments after that they visit the hospital campus where they see the male & female treatment section, hospital rooms, Thai massage section, the reflexology area, the physiotherapy section, the herbal garden, and the Hospital's new building.

- The Director of CCRYN Dr. Ragavendra Rao shared his experience with the students in the Naturopathy field, and he said that Naturopathic medicine is a system that uses natural remedies to help the body heal itself. It embraces many therapies, including herbs, massage, acupuncture, exercise, and nutritional counseling.

- He also said that naturopathic medicine is to treat the whole person -- that means mind, body, and spirit. It also aims to heal the root causes of an illness -- not just stop the symptoms.

- Dr. Adil (Asst. Professor) is the overall coordinator of the educational tour. The total number of students who participated was 49 UG and 3 PG.





Report
on
"Health check-up Camp on 19th July 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 19th July 2024 from 9:00 AM onwards at Khiwai.

- The health check-up Camp was conducted on 19th July 2024 in khiwai from 9:00 AM and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp is to improve health through naturopathy and yoga.





Report
on
"Health check-up Camp on 4th March 2024 "

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 4th March 2024 from 9:00 AM onwards at Dadri khatauli.

- The Health check-up Camp conducted on 4th March 2024 in Dadri khatauli from 9:00AM and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 6th March 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 6th March 2024 from 9:00 AM onwards at Sardhana.

- The Health check-up Camp conducted on 6th March 2024 in Sardhana from 9:00AM and consulted the patients

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 7th March 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 7th March 2024 from 9:00 AM onwards at Kurmali shamli.

- The Health check-up Camp conducted on 7th March 2024 in Kurmali shamli from 9:00AM and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





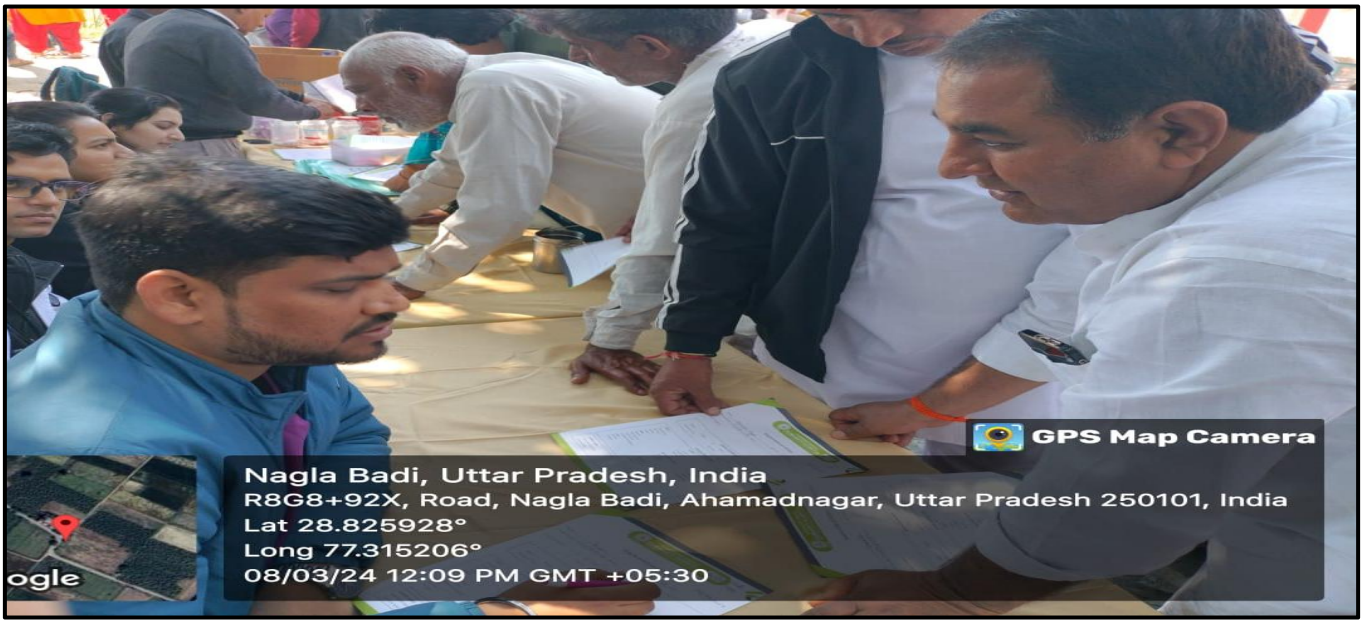
Report
on
"Health check-up Camp on 8th March 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 8th March 2024 from 9:00 AM onwards at Nagla badi Baghpat.

- The Health check-up Camp conducted on 8th March 2024 in Nagla badi Baghpat from 9:00AM and consulted the patients,

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 11th March 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 11th March 2024 from 9:00 AM onwards at Chandheri Shamli.

- The Health check-up Camp conducted on 11th March 2024 in chandheri shamli from 9:00AM and consulted the patients,

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 14th March 2024"

Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health Checkup Camp** on 14th March 2024 from 9:00 AM onwards at Kulanjan Sardhana Daurala.

The Health check-up Camp conducted on 14th March 2024 in Kulanjan Sardhana Daurala from 9:00AM and consulted the patients,

During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

The overall purpose of the Camp improves health through naturopathy and yoga.



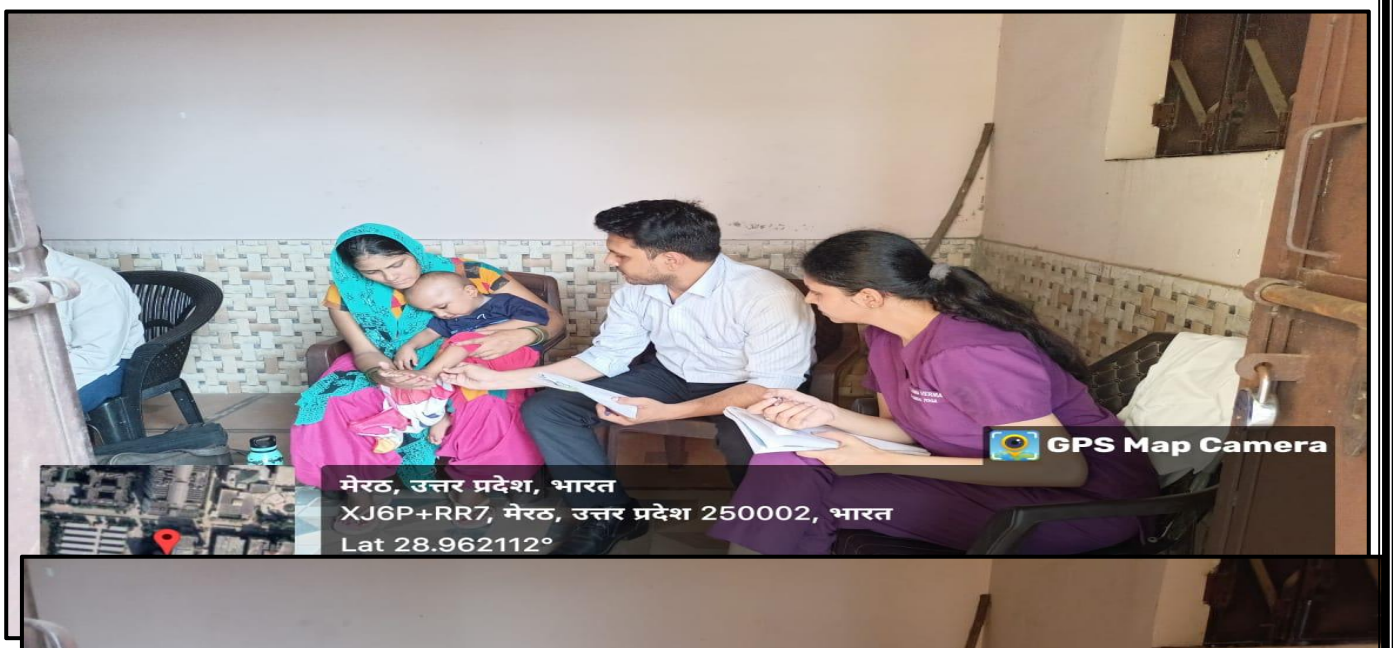


Report
on
"Health check-up Camp on 12th July 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 12th July 2024 from 9:00 AM onwards at Dalampur.

- The health check-up Camp was conducted on 12th July 2024 in Dalampur from 9:00 AM and consulted the patients,
- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp is to improve health through naturopathy and yoga.





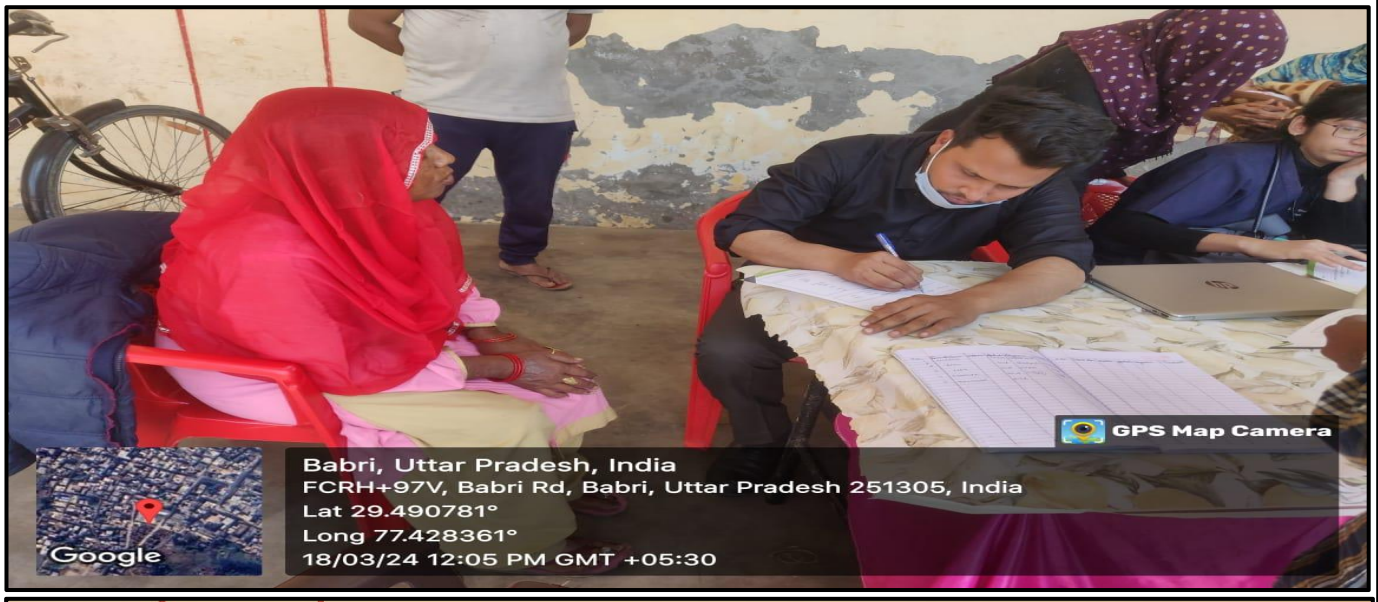
Report
on
"Health check-up Camp on 18th March 2024"

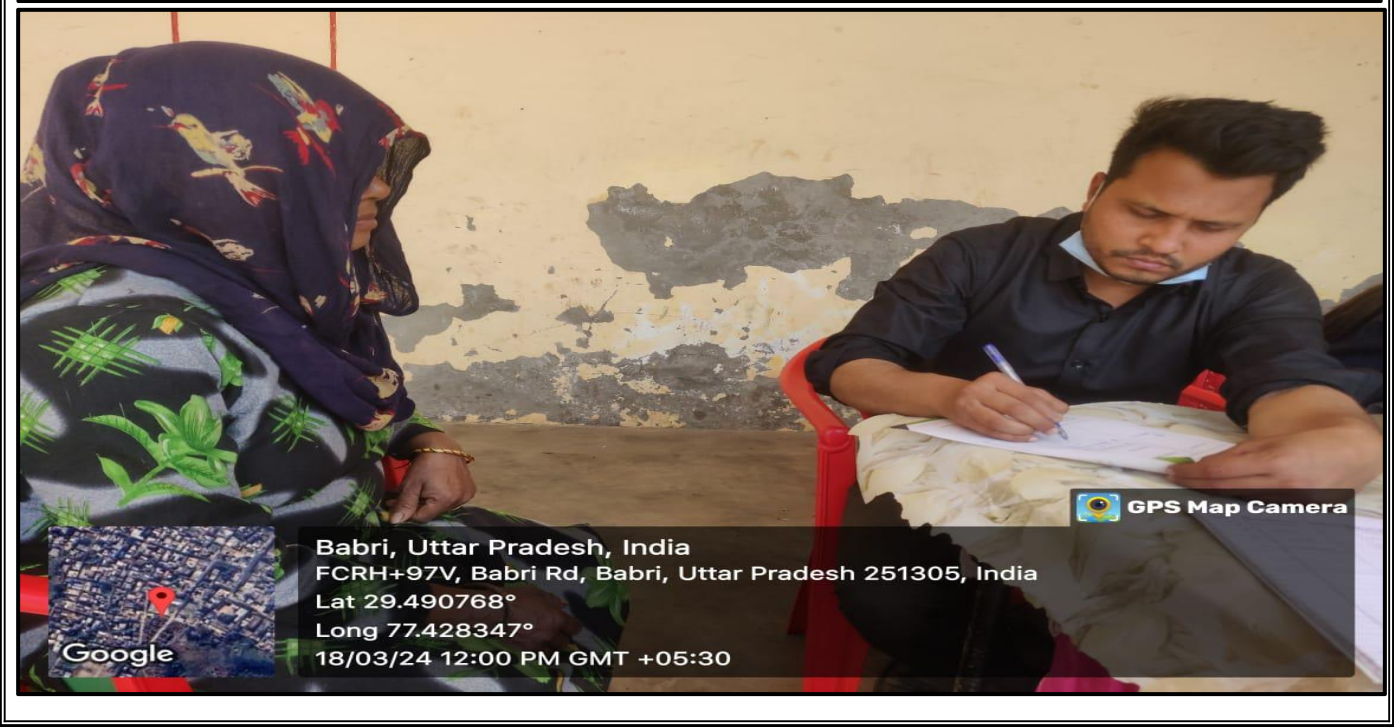
- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 18th March 2024 from 9:00 AM onwards at Babri Shamli.

- The Health check-up Camp conducted on 18th March 2024 in Babri shamli from 9:00AM and consulted the patients,

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 20th March 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 20th March 2024 from 9:00 AM onwards at Ikari Meerut.

- The Health check-up Camp conducted on 20th March 2024 in Ikari Meerut from 9:00AM and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





Report
on
"Health check-up Camp on 28th March 2024"

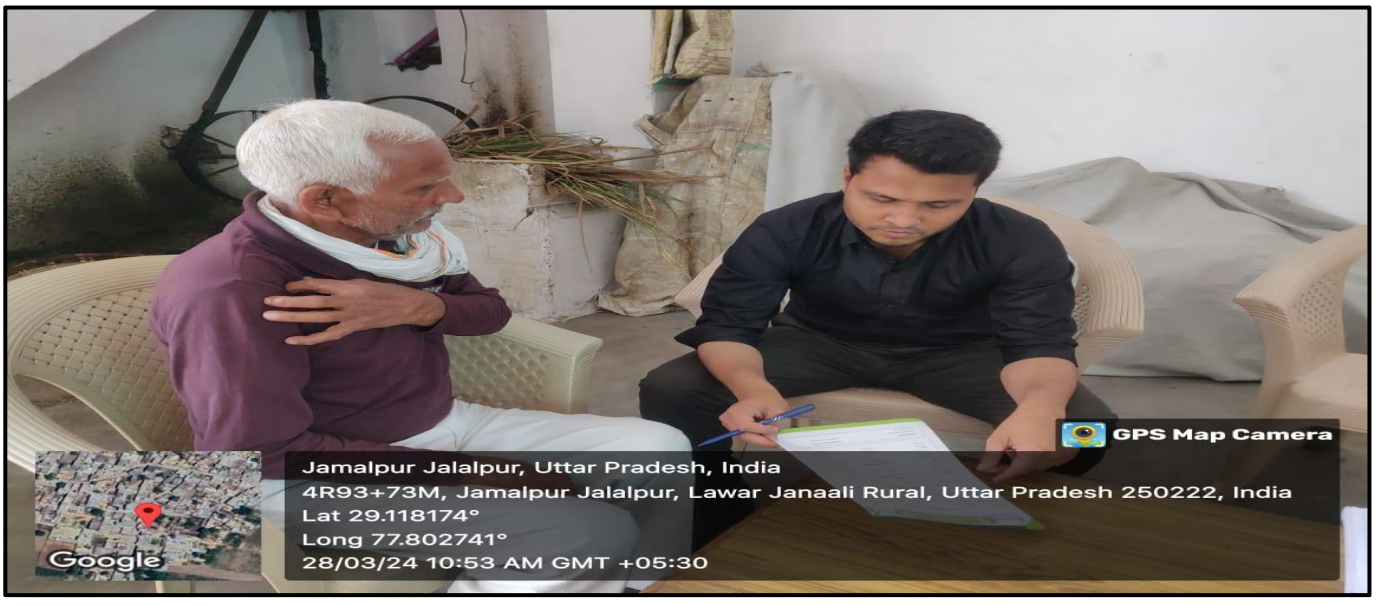
- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 28th March 2024 from 9:00 AM onwards at Jamalpur Daurala Meerut

- The health check-up Camp conducted on 28th March 2024 in Jamalpur Daurala Meerut from 9:00AM and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improves health through naturopathy and yoga.





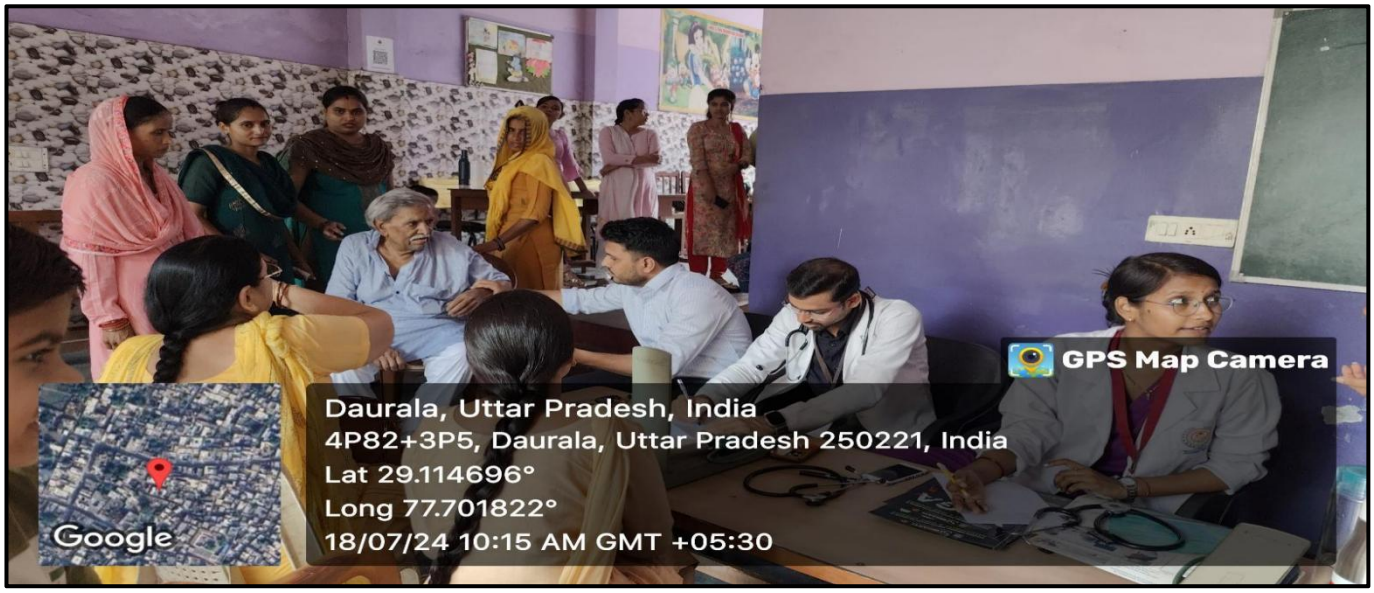
Report
On
"Health check-up Camp on 18th July 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 18th July 2024 from 9:00 AM onwards at Daurala Meerut.

- The health check-up Camp was conducted on 18th July 2024 in Daurala from 9:00 AM and consulted the patients.

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp is to improve health through naturopathy and yoga.





Report
on
"Awareness lecture on world immunization week"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **World Immunization Week** on 24th April 2024 at 11:00AM - 12:00 PM, In LT-2 for the All BNYS &MD students.

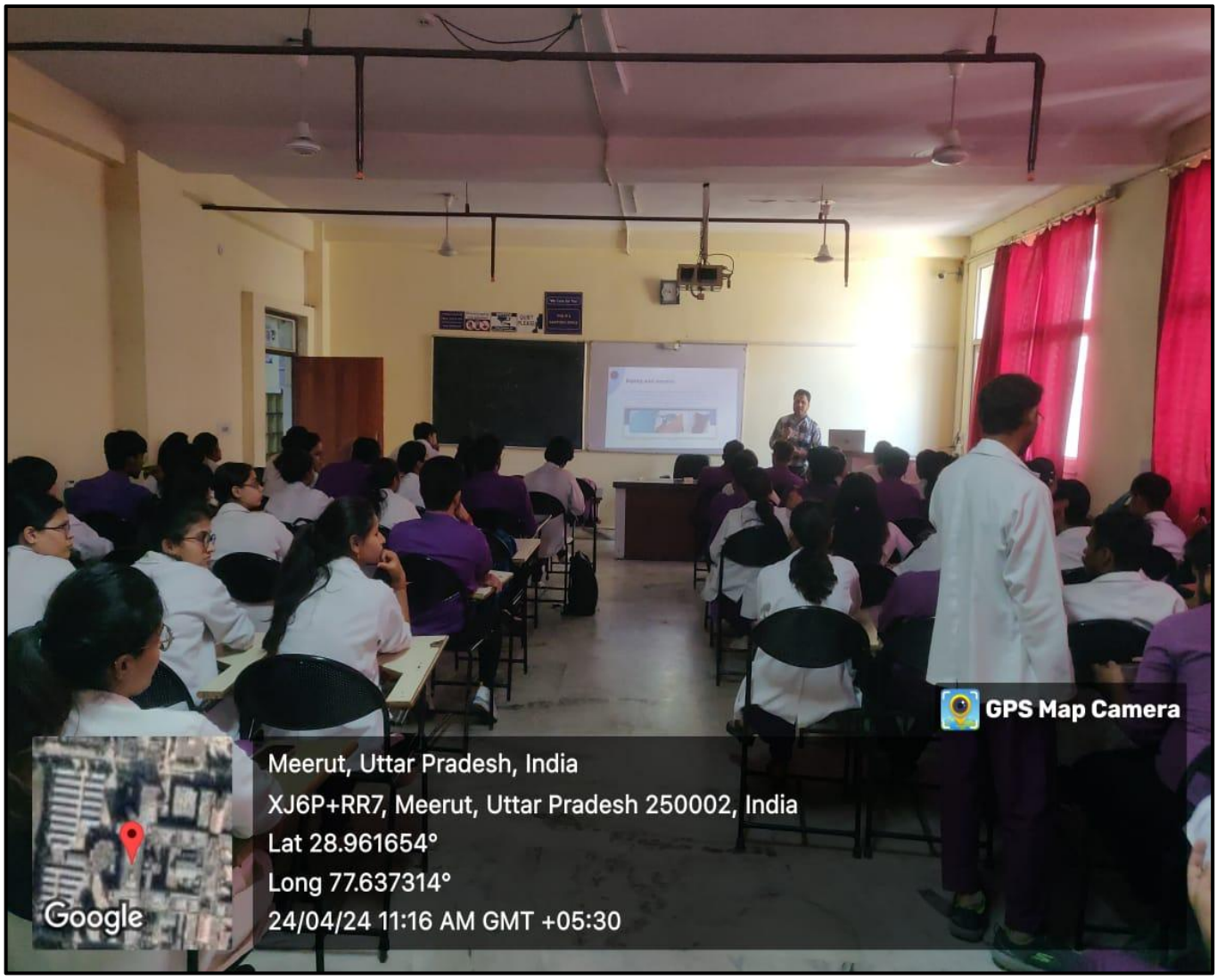
- Total Number of participation students 107.

- **Recourse Person:** Dr. Adil (Asst. professor)

- Recourse person explained about Importance of World Immunization Week is a global healthcare event, typically celebrated every year in this week, intending to promote vaccine usage and protect people of all ages from infectious diseases.

- **Important of this week :** Immunization not only protects children against deadly diseases but also helps in developing children's immune systems. Through the use of immunizations

- Its goal is to inform the students about the reasons that vaccination is essential for the health of millions of people worldwide.




GPS Map Camera
Meerut, Uttar Pradesh, India
XJ6P+RR7, Meerut, Uttar Pradesh 250002, India
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Google



Report: "Yoga for Wellness in Summer"

On the occasion of "**International Day of Yoga 2024"** with the theme **"Yoga for Self and Society"**, Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut conducted a "Yoga for Wellness in Summer" session. The purpose of the session is to create the awareness about the Yoga specially the pranayama practiced during the summer to keep the calm body and cool body.

Resource Person: Dr. Niraj Nayan Rishi
Date & Time: 20th June 2024 at 11:00 AM to 12:00 Noon.
Venue: Yoga hall, 2nd Floor at MASCHNYS.





Report on

Physiological parameter monitoring systems, whether wired or wireless, play a crucial role in healthcare and research.

- Physiological parameter monitoring systems, whether wired or wireless, play a crucial role in healthcare and research.
- Wired solutions provide reliable data transmission but may limit mobility, whereas wireless solutions offer freedom of movement.
- Parameters taught in the workshop were Electroencephalography (EEG), Electrogastrography (EGG), Heart Rate Variability (HRV), Electromyography (EMG), Galvanic Skin Response (GSR), and Electrocardiography (ECG) are common parameters monitored. Each serves distinct purposes in assessing brain activity, gastrointestinal function, heart health, muscle activity, stress levels, and cardiac performance, respectively.
- The resource person for the workshop on Physiological Parameters Monitoring systems on Wired and Wireless Solutions (EEG, EGG, HRV, EMG, GSR, ECG)was **Mr.JKL Prasad**
- The entire workshop was coordinated by **Dr.Abhijith.k.b.**
- Number of **participants** in the workshop was **33** out of which therewas9 faculties and 24 postgraduate students.
- The workshop was for 2 days (6^{th}& 7^{th} may 2024)
- All the PG students and faculties had hands on training in each parameter.
- Prior conducting the workshop soft copy of each parameter were shared through email in Lt platform.





Report
on
"Stress Management with Holistic Approach"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a Guest Lecture on **Stress Management with a Holistic Approach** for all BNYS students. This session was organized on 9 May 2024 from 2:00 PM TO 3:00 PM.

- **Venue**: LT-2 Naturopathy & yoga college (MASCHNYS)

- Total Number of student participants – 132

- The session started with the Omkara mediation and relaxation technique to relax the mind of students by Dr. Adil (Asst. professor).

- The resource person explained unique theories about stress and techniques for happiness in various situations and motivated all the students.





Report
on
“Mental Health and suicidal prevention strategies”

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a Guest Lecture on **Mental Health and suicidal prevention strategies** for all Faculty and PGs students. This session was organized on 16 May 2024 from 12:00 PM TO 1:00 PM

- **Venue**: LT-2 Naturopathy & yoga college (MASCHNYS)

- Total Number of student participants – 31

- The session started with the Omkara mediation and deep relaxation technique to relax the mind of students by Dr. Adil (Asst. professor).

- The resource person explained unique theories about Emotions and techniques for happiness in various situations.

- During the program he also explained five key elements of Emotion: self-awareness, self-regulation, motivation, empathy, and social skills, and motivated all the faculty and students.

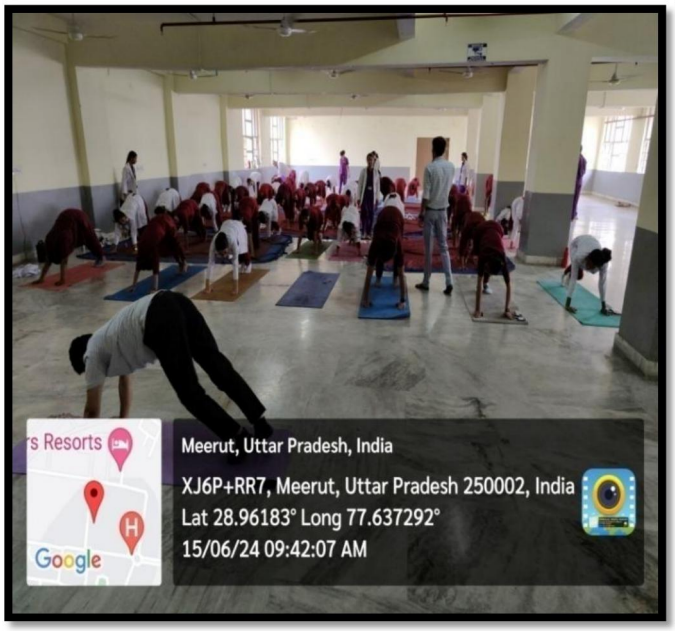


Report

Swami Vivekanand Subharti University, on behalf of international day of yoga organized "Mass suryanamaskar"open for all the students, faculty members of the Subharti Swami Vivekanand Subharti University.

- The Yoga session started from 9:00 am to 10:00 am. On 15thjune 2024
- The Session was coordinated byDr.Abhijith.k.b
- The program started with the starting prayer followed by loosening exercise and Suryanamaskar.
- A total of 37 Students, faculties, and staff participated and benefited from this Yoga Session.
- Out of 35 students and 2 faculties participated in the program.
- All the students who participated got to know what yoga is and how Suryanamaskar has to be practised and what are the benefits of practising Suryanamaskar.
- The goal of this program is to create an awareness of yoga among various other streams within the university.

PHOTOS









Report
on
"Health check-up Camp on 16th June 2024"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University Meerut organized a **Health checkup Camp** on 16th June 2024 from 9:00 AM onwards at Shyam Enclave colony 11, Meerut.

- The health check-up Camp was conducted on 16th June 2024 in at Shyam Enclave colony No-11, Meerut from 9:00 AM and consulted the patients,

- During the Camp, we advised the patients who come to the Camp to change their lifestyle and do yoga, for chronic diseases like Hypertension, Arthritis, Diabetes mellitus, and thyroid disease you should come to Subharti Hospital at Naturopathy and Yoga OPD.

- The overall purpose of the Camp improve health through naturopathy and yoga.





Report on

Maharani Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences in association with the University Environment Committee conducted a Yoga session for the ANM & GNM students of Panna Dhai Maa Subharti Nursing College to celebrate "**INTERNATIONAL DAY OF YOGA WEEK"**

- Date: 18th June 2024
- Time:9:00-10:00 AM
- The total No. of participants was 54.
- Dr. Jyoti Madhur, Lecturer was the overall coordinator of the activity.

The session starts with brief introduction of Yoga, it is fantastic for both physical and mental well-being. Whether you're practicing yoga poses (asanas), breathing exercises (pranayama), or meditation, each element contributes to a holistic approach to health. After that they have learned and practice various Asana like Pawanmuktasana, Tadasana, Paschimotasana, Pranayama like Sheetali & Sadanta, and relaxation techniques and Surya Namaskar.

Yoga asanas, or poses, are a central component of yoga practice. They encompass a wide range of postures that promote flexibility, strength, balance, and overall physical well-being. Here are a few common yoga asanas and their benefits:

1. **Tadasana (Mountain Pose)**: Improves posture, strengthens thighs, knees, and ankles.
2. **Adho Mukha Svanasana (Downward-Facing Dog Pose)**: Stretches shoulders, hamstrings, calves, and strengthens arms and legs.
3. **Virabhadrasana (Warrior Poses)**: Enhances stamina, balance, and strengthens legs, arms, and core muscles.
4. **Sukhasana (Easy Pose)**: Promotes inner calm, opens hips, and improves seated posture.
5. **Balasana (Child's Pose)**: Relaxes the back, neck, and shoulders, aids digestion, and reduces stress and fatigue.

Practicing these poses regularly can bring about physical benefits while also helping to cultivate mindfulness and a sense of inner peace.






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Note:
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REPORT ON YOGA SESSION

Maharani Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences in association with the University Environment Committee conducted a Yoga session for the ANM & GNM students of Panna Dhai Maa Subharti Nursing College to celebrate "**INTERNATIONAL DAY OF YOGA WEEK"**

- Date: 18th June 2024
- Time:9:00-10:00 AM
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The session starts with brief introduction of Yoga, it is fantastic for both physical and mental well-being. Whether you're practicing yoga poses (asanas), breathing exercises (pranayama), or meditation, each element contributes to a holistic approach to health. After that they have learned and practice various Asana like Pawanmuktasana, Tadasana, Paschimotasana, Pranayama like Sheetali & Sadanta, and relaxation techniques and Surya Namaskar.

Yoga asanas, or poses, are a central component of yoga practice. They encompass a wide range of postures that promote flexibility, strength, balance, and overall physical well-being. Here are a few common yoga asanas and their benefits:

6. **Tadasana (Mountain Pose)**: Improves posture, strengthens thighs, knees, and ankles.
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8. **Virabhadrasana (Warrior Poses)**: Enhances stamina, balance, and strengthens legs, arms, and core muscles.
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Practicing these poses regularly can bring about physical benefits while also helping to cultivate mindfulness and a sense of inner peace.




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REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University Meerut organized an **"International Yoga Day"** on 21 June 2024. This session was organized from10:00 AM TO 12:00 PM.
- **Venue**: Lage & Roy Universal School Daurala Meerut.
- Total Number of participants–50
- The session started with the Omkara mediation and relaxation technique to relax the mind of students by Dr. Adil (Asst. Professor).
- During the program Dr. Balkrishna JR 2 and Dr. Sandeep JR 2 instructed the session, and Dr. Naina JR1 corrected the students' posture. And two students of BNYS, Milli 4th year, and Shruti 4th year performing a demonstration.
- The resource person explained unique theories about **International Yoga Day**and techniques for happiness in various situations& motivated all the students and faculty, staff.









Report
on
"The International Day Against Drug Abuse and Illicit Trafficking)"

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a guest lecture on **"The International Day Against Drug Abuse and Illicit Trafficking"** on 26 June 2024. This session was organized from 2:00 PM TO 3:00 PM.
- **Resource Person:** Dr. Swaleha Mujawar (Assist. Prof.) from the Dept. of Psychiatry, SMC, SVSU, Meerut.
- **Venue**: LT-2 Naturopathy & Yoga College (MASCHNYS).
- Total Number of participants – 104
- The International Day Against Drug Abuse and Illicit Trafficking is a worldwide event observed on the 26th of June every year, marking the awareness of illicit drugs and the major problems they bring to society.
- During this day, various local and global communities gather, which not only boosts their morale by reinforcing the past achievements against illicit drug trafficking but also promotes the direct and indirect negative impact of illicit drug usage.
- The aim of celebrating this day is to increase support for the prevention of drug use that is based on science and is thus an effective investment in the well-being of children and youth, their families, and their communities.
- The Resource person explained Drug users are hurt in two ways:
- The bad effects which the drugs inflict, And also Increase psychiatric disorders



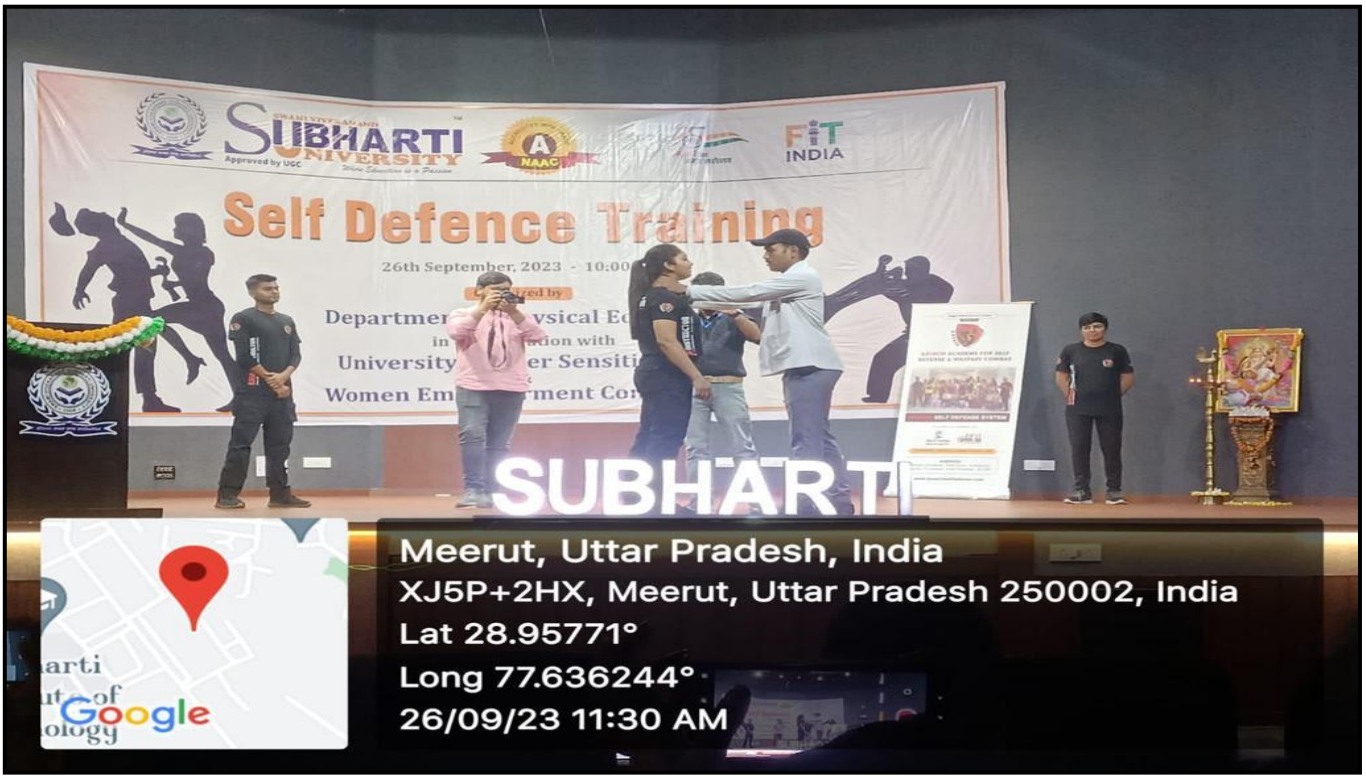

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Report
on
Kavach Self-Defense

Gender Sensitization Committee is collaboration with Department of Physical Education organized " Kavach Self-Defense" attended by our faculty Dr. Poornima Bansal & BNYS, M.D students, dated on 26th September 2023 at 10:00am at SCFF Auditorium SVSU, Meerut.

Total No. of students -20

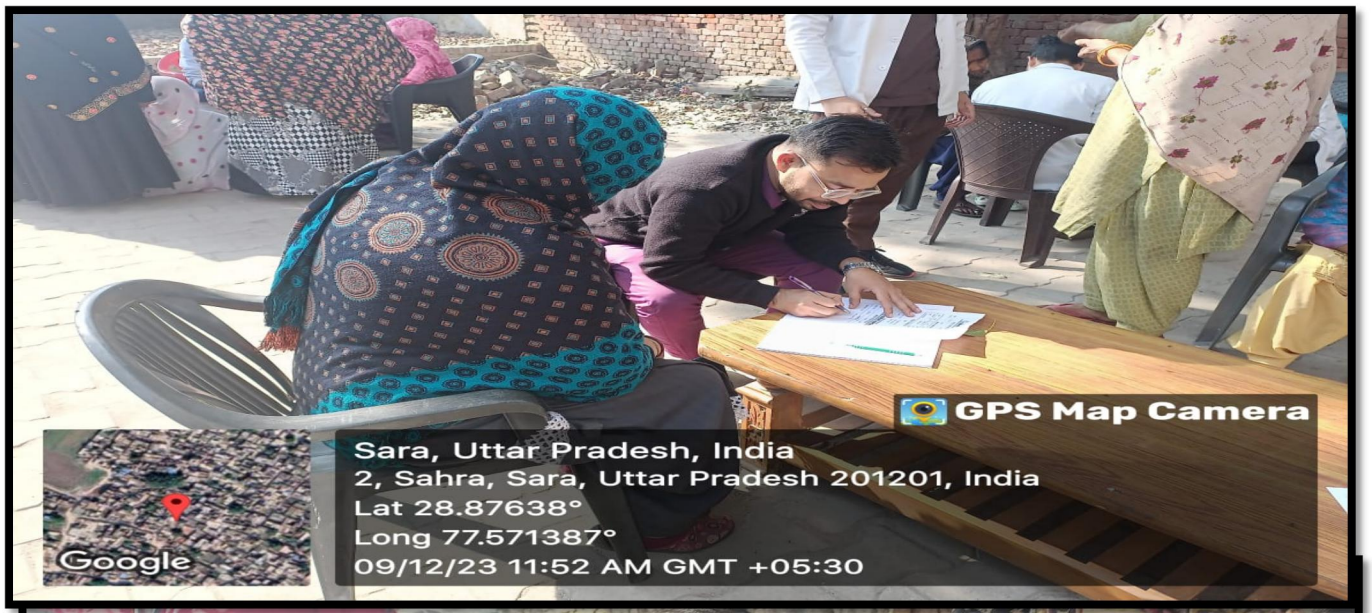




Report
on
"Health Checkup Camp at Sara, Modinagar"

Maharishi AurbindoSubharti College & Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University Meerut organized a Health Checkup camp on 09th December 2023 at 10:00 AM onwards at Sara, Modinagar.

- The overall coordinator of the camp was Dr. Abhay Kumar.
- Dr. Abhay Kumar and first-year MD student Dr. Vikas Yadav were present during the counseling in the camp.
- Both doctors talked during the consultation about lifestyle modification and prevention of disease through Naturopathy and Yoga.
- The patient is advised to follow hydrotherapy, diet, acupressure, yoga, acupuncture, chromo therapy, etc.
- Overall Purpose of the Camp was to promote health and prevention of disease through Naturopathy and yoga



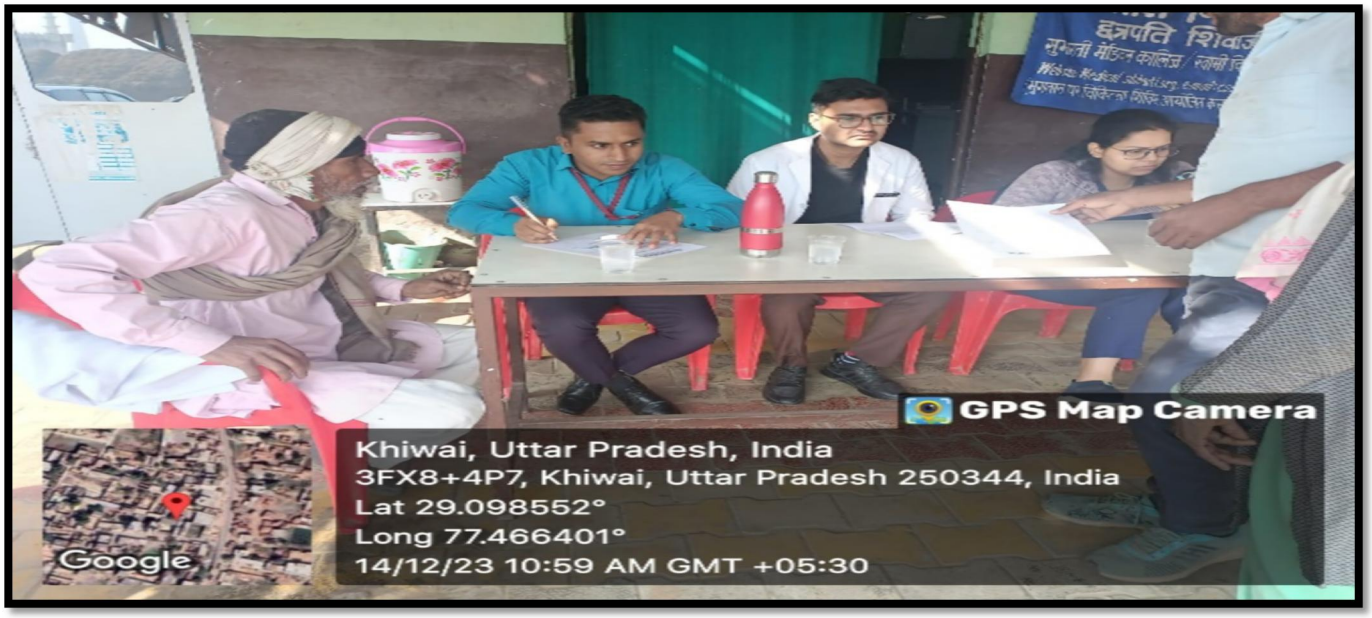


Report
on
"Health Checkup Camp at Khiwai, Meerut"

Maharishi Aurobindo Subharti College & Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University Meerut organized a Health Checkup camp on 14th December 2023 at 10:00 AM onwards at Khiwai, Meerut.

- The overall coordinator of the camp was Dr. Abhay Kumar.
- Dr. Abhay Kumar and first-year MD student Dr. Naina Verma were present during the counseling in the camp.
- Both doctors talked during the consultation about lifestyle modification and prevention of disease through Naturopathy and Yoga.
- The patient is advised to follow hydrotherapy, diet therapy, acupressure, yoga therapy, acupuncture, chromo therapy, etc.

Overall Purpose of the Camp was to promote health and prevention of disease through Naturopathy and yoga.





Report on
Benefits of Yoga and Meditation for Stress Management

Dr.Krish Guneri as a resource person delivers a guest lecture on Benefits of Yoga and Meditation for stress Management at LT-l, Ground Floor, Subharti Medical college 02.03.2024 at12:00 PM. MBBS 160 students & 10 Faculty members participated.

- Date & Day: 02nd March 2024 (Saturday)
- Time: 12:00 AM to 1:00 PM
- Venue: LT-1 Ground Floor Subharti medical College, SVSU
- Total no. of participants: 170





Report on
Workshop on Hot Stone Massage

Maharishi AurbindoSubharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut Conducted a "**Workshop on Hot Stone Massage"**for all the students of MASCHNYS on 7th May 2024 May at 9:30 AM in LT-2, MASCHNYS. The resource person Dr. Sneha Bharti gave speech about hot stone massage, its introduction, physiological effect, therapeutic benefits, indication and contraindication along with Practical session.

Total number of participants attended the workshop session: - 176





Reprot
on
Yoga Practical session for students of MBBS

On the occasion of "**International Day of Yoga 2024"** with the theme **"Yoga for Self and Society"**, Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut conducted a Yoga Practical session for students of MBBS 2023 batch (200 students) from 10-6-2024 to 20-06-2024, from 8:00 am to 9:00 am. The purpose of the session was to create the awareness of international day of Yoga among the students. The students practiced the common Yoga protocol (IDY) which includes several loosing exercises, asnas, kapabhatti, pranayama, dhyana and sankalpa.





Report on
"Yoga for Wellness in Summer"

On the occasion of "**International Day of Yoga 2024"** with the theme **"Yoga for Self and Society"**, Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut conducted a "Yoga for Wellness in summer" session. The purpose of the session is to create the awareness about the Yoga specially the pranayama practiced during the summer to keep the calm body and cool body.

- Resource Person: Dr. Niraj Nayan Rishi
- Date & Time: 20th June 2024 at 11:00 AM to 12:00 Noon.
- Venue: Yoga hall, 2nd Floor at MASCHNYS.





Report
on
Prevention of Sexual Harassment

An Awareness lecture on **"PREVENTION OF SEXUAL HARASSMENT AT WORKPLACE"**was organized at the Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences College for theFemale Teaching & Non- Teaching staff, Female BNYS & MD students.

Date & Day: 21stNovember 2023 (Wednesday)
Time: 2:00 PM - 3:00 PM
Venue: LT-2, MASCHNYS (SVSU).

Ms. Nisha Singh, (Ass. Prof.) from the Department of Science was the resource person.
Dr. Jyoti Madhur was the overall- coordinator of this awareness lecture.

She speaks about the role of the Internal Complaint Committee that Swami Vivekananda Subharti University, Meerut is committed to preventing Sexual Harassment and providing for environment that enables to work without Gender Biasand Sexual Harassment. As per the UGC regulations,

The university has constituted the Internal Complaints Committee.

This is in Compliance with the UGC (Prevention, Prohibition, and Redressed of Sexual Harassment of women employees and students in Higher EducationInstitutions) Regulations 2015.The members of the Internal Complaint Committee (ICC) from our university. Who can approach the right to approach the Internal Committee lineswith.

- Aggrieved
- Friends, relatives, Colleagues, Co-Students, Psychologists, or any other associate of the victim (may file the complaint in situations where the aggrieved person is unable to make a complaint on account of physical or mental incapacity or death).
- Witness of the Act

Total no. of participants: 65





Report on the Workshop: "Role of Positive Mental Health and Wellness in Career Formation"

Organised by: **Nandlal Bose Subharti College of Fine Arts and Fashion Design**
Under the Aegis of: **Subharti Wellness Centre**
Date: **September 16, 2023**

The workshop on "Role of Positive Mental Health and Wellness in Career Formation," held on September 16, 2023, at Nandlal Bose Subharti College of Fine Arts and Fashion Design, proved to be an enlightening and enriching experience for the students of Batch 2023. The workshop aimed at providing insights into the critical interplay between mental health, overall wellness, and career development.

The sessions were conducted by distinguished experts in the field. Dr. Rahul Bansal, Chairperson of the Wellness Committee and Professor from the Community Medicine department at Subharti Medical College, shared profound insights into the importance of mental well-being in shaping successful careers. Dr. Seema Sharma, a clinical psychologist from Subharti Medical College, delved into practical strategies for maintaining positive mental health in the face of career challenges. The workshop saw active participation, with a total of 55 students from Batch 2023 attending the sessions. The students represented various programmes and disciplines, reflecting the universal relevance of the workshop's theme.

The seamless coordination of the workshop was ensured by Dr. Neha Singh, a member of the Wellness Committee and the Head of the Department of Fashion, Textile, and Interior Design. Under the able supervision of Prof. (Dr.) Pintu Mishra, the Dean and Principal of Nandlal Bose Subharti College of Fine Arts and Fashion Design, the workshop achieved its objectives with precision and effectiveness. The workshop covered a spectrum of topics, including stress management, emotional intelligence, and mindfulness techniques tailored to the unique challenges of career formation. The engaging presentations, interactive discussions, and practical exercises facilitated a holistic understanding of the subject matter.

Post-workshop feedback indicates a highly positive response from the students. Many expressed gratitude for the practical tools provided, emphasizing the immediate applicability of the strategies discussed in their academic and career pursuits.

In conclusion, the workshop on The "Role of Positive Mental Health and Wellness in Career Formation" was a resounding success. It not only imparted valuable knowledge but also fostered a culture of well-being and resilience among the students. The efforts of the organising committee, the expertise of the speakers, and the active participation of the students collectively contributed to the success of this insightful event.

Acknowledgment:
The organisers extend sincere thanks to Dr. Rahul Bansal, Dr. Seema Sharma, and all the participants for making this workshop a meaningful and impactful experience.




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Note : Captured by GPS Map Camera


NANDLAL BOSE
SUBHARTI COLLEGE OF
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Department of Chemistry
Keral Verma Subharti College of Science
SWAMI VIVEKANAND SUBHARTIUNIVERSITY
(Establishedunder(UP.Govt Actno.29of2008andapprovedundersection2(l)ofUGCAct1956)
Ph. 0121-2439578, 2439052 ,3058031 3058032, Telefax: 0121

Ref. No. KVSCOS/CHY/2023/ 129

Dated: 02/11/2023

Report

Free Cancer Health Check-Up Camp

Keral Verma Subharti Science College (Department of Chemistry) in collaboration with Subharti Cancer Hospital organized a free cancer health check-up camp on 01 November 2023 at village Chudiyala, District Ghaziabad under the supervision of Prof. (Dr.) Renu Mavi, Dean of Faculty of Science. The main objective of this outreach activity was to increase awareness about the causes, symptoms and preventive measures related to different types of cancer. Under this initiative, free medical check-up was provided to all sections of Chudiyala villagers so that early symptoms of cancer could be detected and treatment could be started at the right time. Free dental checkup and screening of various types of cancers were provided in this camp. During the camp, trained health professionals conducted physical examinations for various types of cancer. They are aligned for further treatment or follow-up care, if needed. Doctors from Subharti Hospital and students from the Chemistry Department also provided education on cancer resistance. Through this event, an effort was made to make the residents of Chudiyala village understand the important role of health checkups and to raise awareness about cancer.

Senior Oncologist and Director Cancer Wing Subharti Medical College and Hospital Dr. Anurag Srivastava was the main speaker & support in this program. He talked about cancer diseases and their symptoms, prevention and treatment. He also talked about the modern technology in the field of cancer diseases. In this program, Assistant Professor of Chemistry Department, Dr. Ankita Agarwal, Dr. Abida, Dr. Preeti Singh, Ms. Nisha and 10 team members of Subharti Hospital including three Dentists Dr. Mohnish Muchhal, Dr. Kanika Vats, Dr. Sanjeev. Kumar Rai, two Gynaecologists Dr. P. Vinusha, Dr. Berkha, two Surgeons Dr. Shekhar, Dr. Utkarsh, A Senior Public Relations officer Mr. Pradeep Kumar, A PRO supervisor Mrs. Anjali Bhatnagar and staff nurse Ms. Neha were included. Students of the Department of Chemistry, Zoology and Forensic Science of Keral Varma Subharti College of Science and local villagers were present and contributed in the program.

DEAN


SUBHARTI
Department of Chemistry
Keral Verma Subharti College of Science
SUBHARTI CANCER HOSPITAL
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Churiyala, Uttar Pradesh, India
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Long 77.66892°
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SUBHARTI
Department of Chemistry
Keral Verma Subharti College of Science
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POSTGRADUATEDEPT.OFOPHTHALMOLOGY

SubhartiMedicalCollege

RecognizedbyGovt.ofIndia,MinistryofHealth&FamilyWelfare,Govt.LetterNo.U.12012/69/96-ME(P) Website: medical.subharti.org, e-mail: medical@subharti.org, Ph.: 0121-3055000 (Extn: 2118), Telefax: 0121-2439127,2439067*A*
constituent college of
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(EstablishedunderU.P.Govt.Actno.29of2008andapprovedundersection2(f)ofUGCAct1956)

Date-02/08/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 01/08/2023 from 9am to 1pm in AVN Inter College, Shivpuram Block, Meerut

Participants (Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal

Participants(Students)- Dr.Priyanka, Dr.Armaan, Dr.Sarjana, Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima

Activity- In this camp **162 patients** were screened for cataract out of which 30 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr. V. K. Malik

(Head of Department)

Subhartipuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

Subharti Medical College
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Office of the marketing department Date 06.08.2023

Health Camp

A health camp was organized on 06.08.2023 by the Department of marketing, Swami Vivekananda Subharti University at Vill Gagol, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1. Dr. Shabaaz (JR) - Department of Medicine

The team was assisted with 5 interns of MBBS (_2018_) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients. Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp.

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

Subharti Medical College
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Office of the Community Medicine ***Dated 07/08/2023***

INTERNATIONAL BREAST FEEDING WEEK.

Shaheed Bhagat Singh Subharti Urban Health and Training centre (UHTC) Multan Nagar by the department of Community Medicine organized a health talk on 7 August 2023 on occasion of INTERNATIONAL BREAST FEEDING WEEK.

Total number of participants involved are 21.

Dr. Usha Minaz taught the mothers benifits of breast feeding for both the child and themselves. Also, the mothers were educated for strict breast feeding for the child till 6 month and nothing else is to given during that time frame.

The talk was organized by -Dr Usha Minaz, Dr Babita
MBBS Interns-Dr Bhuvnesh Batta
BNYS interns-Neha,Aditi,Vivek
Camp was successfully carried out by
Virender,Kusum,Pradeep,Anju





Dr. Bhawana Pant
Head of department

Subharti Medical College
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Office of the Community Medicine ***Dated 07/08/2023***

ANC CAMP

Shaheed Bhagat Singh Subharti Urban Health and Training centre (UHTC) Multan Nagar by the department of Community Medicine organized an Antenatal camp on 7 Aug 2023.

Total numbers of participants involved are 26 in number.

The camp was organized by

Dr Usha Minaj, Dr Babita ,Dr Monika Bansal

MBBS Interns:-Dr Ansh Chaudhary, Dr Anjali kesharwani,Dr saptrishi,Dr Pratik Kumar,Dr Anushreya Verma

BNYS interns-Nikita,Aananda ,Angphen

Camp was successfully carried out by –Virender,Kusum,Pradeep,Anju





Dr. Bhawana Pant
Head of department

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Office of the marketing department Date07.08.2023

Health Camp

A health camp was organized on 07.08.2023 by the Department of marketing, Swami Vivekananda Subharti University at FareednagarBhojpur, Gzb

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1. Dr.Dr. Bhumadhya Jain (JR) - Department of Medicine

The team was assisted with 5 interns of MBBS-2018 Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 225 patients . Sudheerkumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-09/08/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 08/08/2023 from 9am to 1pm in Pr.Nathu Bhawan, Pepla Block Rohta, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal

Participants(Students)- Dr.Priyanka , Dr.Armaan, Dr.Sarjana , Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima

Activity- In this camp **141 patients** were screened for cataract out of which 30 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

Subhartipuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

Subharti Medical College
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Office of the marketing department Date 09.08.2023

Health Camp

A health camp was organized on 09.08.2023 by the Department of marketing, Swami Vivekananda Subharti University at Vill KhindoraPilanaBaghpat

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1. Dr. Narendra Yadav (JR) - Department of Medicine

The team was assisted with 2 interns of MBBS-2018 Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 150 patients . Sudheerkumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

Subharti Medical College

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Office of the marketing department

Date 12.08.2023

Health Camp

A health camp was organized on 12.08.2023 by the Department of marketing, Swami Vivekananda Subharti University at JhitkariSardhana, Meerut

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1. Dr. Kunal Agarwal (JR) - Department of Medicine

The team was assisted with 2 interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 235patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-15/08/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 14/08/2023 from 99am to 1pm in Shiv Mandir, Behsuma Block, Hastinapur

Participants (Faculty)-Dr.V.K.Malik (Head of the Department), Dr. Charu Jain, Dr.Farhat Abrar Dr. Kainat Chaudhary

Participants(Students)-Dr.Sanchita, Dr.Akshat, Dr.Akanksha, Dr.Shivani, Dr.Prakhar, Dr.Poorva, Dr. Yukti

Activity- In this camp **171 patients** were screened for cataract out of which 57 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 23 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department

Date 17.08.2023

Health Camp

A health camp was organized on 17.08.2023 by the Department of marketing, Swami Vivekananda Subharti University atVill Rori Modinagar, Gzb

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1. Dr. Shruti Khaitan(JR) - Department of Medicine

The team was assisted with 3 interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 70patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 20.08.2023

Health Camp

A health camp was organized on 20.08.2023by the Department of marketing, Swami Vivekananda Subharti University at Vill Khera Sardhana, Meerut

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1. Dr. Sai Kumar (JR) - Department of Medicine

The team was assisted with 3 interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 350patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 21.08.2023

Health Camp

A health camp was organized on 21.08.2023 by the Department of marketing, Swami Vivekananda Subharti University at Ishak Nagar Bhojpur, Gz

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1. Dr. Ashuthosh Mathur (JR) - Department of Medicine

The team was assisted with 5 interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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...

Date-23/08/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 22/08/2023 from 9am to 1pm in Shiv Mandir, Zahidpur Block, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal

Participants(Students)- Dr.Priyanka , Dr.Armaan, Dr.Sarjana , Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima

Activity- In this camp **141 patients** were screened for cataract out of which 25 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 9 were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-29/08/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 28/08/2023 from 9am to 1pm Pu. Pr. Sandeep Bhawan, Gangsona Block, Mawana, Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr. Kainat Chaudhary

Participants (Students)-Dr.Sanchita, Dr.Akshat, Dr.Akanksha, Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti

Activity- In this camp **131 patients** were screened for cataract out of which 20 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-30/08/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti MedicalCollegeon29/08/2023from 9am to 1pm in Pu. Pr. Bheem Bhawan, Niloha Block, Mawana, Meerut

Participants (Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal

Participants(Students)- Dr.Priyanka , Dr.Armaan, Dr.Sarjana , Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima

Activity- In this camp **152 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 13 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine ***Dated 04/09/2023***

Health talk Eye Donation

Shaheed Bhagat Singh Subharti Urban Health and Training centre (UHTC) Multan Nagar by the department of Community Medicine organized a health talk on the topic " Eye Donation " on 4 sept 2023 in DVS inter college, multan nagar.
Dr. Sanchita Handa told students about eye donation and encouraged them to motivate more people to donate eyes.
Total number of students (Girls & boys) attended the talk- 200

The camp was organized by
Dr Varsha Chaudhary
Dr Usha Minhas
Dr Sanchita Handa JR 3
Dr Purva Bhatt JR 1
MBBS Interns
Dr Anjali Tyagi
Dr Prabhakant Singh
Dr Arpit Gupta
Camp was successfully carried out by
Virender





Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 04.09.2023

Health Camp

A health camp was organized on 04.09.2023 by the Department of marketing, Swami Vivekananda Subharti University atVill Bahchola, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Atul Verma- Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-05/09/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti MedicalCollegeon04/09/2023from 9am to 1pm in Panchayar Ghar, Kitholi Block, Jani Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department), Dr. Charu Jain, Dr.Farhat Abrar,Dr Malvika Dhar, Dr. Kainat Chaudhary

Participants (Students)-Dr.Sanchita, Dr.Akshat, Dr.Akanksha, Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti

Activity- In this camp **131 patients** were screened for cataract out of which 37 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 22 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-06/09/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti MedicalCollegeon05/09/2023from 9am to 1pm in Panchayat Ghar, Salahpur Block, Rohta Meerut

Participants (Faculty)-Dr.SanjeevKumar,DrNaziaJamal

Participants(Students)- Dr.Priyanka , Dr.Armaan, Dr.Sarjana , Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima

Activity- In this camp **142 patients** were screened for cataract out of which 20 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department Date 08.09.2023

Health Camp

A health camp was organized on 08.09.2023by the Department of marketing, Swami Vivekananda Subharti University atMissionaries of Charity Prem Niwas, Meerut Cantt

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Atul Verma- Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the Community Medicine ***Dated 08/09/2023***

Physiotherapy Camp

Dept of physiotherapy organised a camp at sahid bahgat Singh UHTC Multan nagar on 08/09/2023. (dept of community medicine)

Under the guidance of-

- Dr Pawan parashar (Professor)
- Dr varsha Chaudhary (MOIC)

Where 32 pt were diagnosed and treated and among them few were referred to subharti.

Following doctors and staff were involved in the camp

Dr. Usha Minhas (LMO)
Dr. Babita (ALMO)
Dr.Amit km goyal (Physiotherapist)
Dr.Uzma (Physiotherapist)
BPT Intern- Vaibhav Vashist, Vishal Pindwar, Komal Sharama, Laxmi, Jishant Gill, Aradhya Sharma .

The camp was successfully carried out by
Birender, Kusum , Pradeep , Anju ,





Dr. Bhawana Pant
Head of department

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Office of the marketing department Date 09.09.2023

Health Camp

A health camp was organized on 09.09.2023by the Department of marketing, Swami Vivekananda Subharti University atVill Khiwai, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Ankit Kumar- Department of Medicine

The team was assisted with 2interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-12/09/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 11/09/2023 from 9am to 1pm in Dharmendra, Pradhar Ghar, Arnawali Block, Rohta, Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr.Malvika Dhar , Dr. Kainat Chaudhary

Participants (Students)-Dr.Sanchita, Dr.Akshat, Dr.Akanksha, Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti

Activity- In this camp **142 patients** were screened for cataract out of which 43 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 23 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

SubhartiPuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

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Office of the marketing department

Date 16.09.2023

Health Camp

A health camp was organized on 16.09.2023by the Department of marketing, Swami Vivekananda Subharti University atVill Harra, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Shoeb- Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-19/09/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 18/09/2023 from 9am to 1pm in Pradhan ka Ghar, Simbholi Block, Daurala, Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr.Malvika Dhar , Dr. Kainat Chaudhary

Participants(Students)- Dr.Shivani,Dr.Prakhar, Dr.Poorva, Dr. Yukti, Dr. Sagarika, Dr. Ayush , Dr. Anam

Activity- In this camp **152 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 27 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-20/09/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 19/09/2023 from 9am to 1pm in Pu. Pradhan k Ghar, Rajpura Block, Rajpura, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal

Participants(Students) Dr. Mridul , Dr. Kriti, Dr. Garima, Dr Shikha, Dr. Saurav, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine Dated 19-09/2023

CANCER AWARENESS TALK

Venue- Shree Sanskrit Inter College, Aitmdpur, Khajuri,Meerut.

Participants- Dr. Anurag Shrivastava Director of Cancer Unit, Proff. Dr. Bhawna Pant HOD, Dr. Rijul Ranjan MOI/C, RHTC Khajuri, Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns, Dr. Saumya, Rubanaz, Lovish, Vikas, Prabhakant, Sagar,

A Cancer Awareness talk held at Shree Sanskrit Inter College, Village Airmadpr, Khajueri, Block Parikshit, Meerut.The talk was delivered by Dr. Anurag Shrivastava Director of Cancer Unit and Proff. Dr. Bhawna Pant HOD,Department of Community Medicine Subharti Medical College, Meerut. Dr. Rijul Ranjan MOI/C. was also Presented there.

The whole programme was Coordinated by MSW Mr. Farhat.

Patient – 195 staff -02



Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 21.09.2023

Health Camp

A health camp was organized on 21.09.2023by the Department of marketing, Swami Vivekananda Subharti University at44 Vahini PAC Hapur Road, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Kunal Agarwal -Department of Medicine

The team was assisted with 2 interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp.

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the Community Medicine ***Dated 23/09/2023***

School Health Camp

Shaheed Bhagat Singh Subharti Urban Health and Training centre (UHTC) Multan Nagar department of Community Medicine organized camp in Saraswati inter college khadoli dental and eye camp on 23 September 2023.

Total number of students covered are 57

The camp was organized by - Dr varsha Chaudhary

Camp was successfully carried out by

Dr Dharmendra

Optometrist vijay sankar pandey

BNYS INTERNS-Dr. Mushkan, Dr. Krishna,

Virender,Kusum,Anju





Dr. Bhawana Pant
Head of department

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Date-26/09/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 25/09/2023 from 9am to 1pm in Pradhan k Ghar, Rasoolpur Aurangabad Block, Rajpura, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr.Malvika Dhar, Dr. Kainat Chaudhary

Participants(Students)- Dr.Shivani,Dr.Prakhar, Dr.Poorva, Dr. Yukti, Dr. Sagarika, Dr. Ayush , Dr. Anam

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-27/09/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 26/09/2023 from 9am to 1pm in Panchayat Ghar, Pepla Block, Rohta ,Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal

Participants(Students)-)Dr.Mridul,Dr.Kriti,Dr.Garima,DrShikha,Dr.Saurav, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine ***Dated 01/10/2023***

Swachhata Hi Seva program

A program under the "One Date One Hour"-Swachhata Hi Seva program was organized by the Department of Community Medicine of Subharti Medical College of Swami Vivekananda Subharti University at Saheed Bhagat Singh Urban Health Training Center located in Multan Nagar on 01/10/2023.In this, Head of the Department Dr. Bhavana Pant, Professor Dr. Rahul Bansal Professor, Dr. Varsha Chaudhary, Dr. Usha Minhas Dr. Babita conducted a cleanliness campaign in the nearby slums.

Regional councilor, Virendra Kumar etc. supported this program.





Dr. Bhawana Pant
Head of department

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Date-03/10/2023

EYECAMPREPORT

Venue-An eye camp was organized by Department of Ophthalmology, Subharti Medical College on 02/10/2023 from 9am to 1pm in Pradhan ji ka ghar, phaphunda block, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department), Dr. Charu Jain, Dr.Farhat Abrar,Dr. Kainat Chaudhary

Participants(Students)-Dr. Prateek, Dr. Poorva , Dr.Sagarika, Dr.Shalini, Dr. Ayush, Dr. Anam , Dr. Priyanka

Activity- In this camp **172 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 30 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine ***Dated 07/10/2023***

School Health Camp

Shaheed Bhagat Singh Subharti Urban Health and Training centre (UHTC) Multan Nagar department of Community Medicine organized camp in Saraswati inter college khadoli dental and eye camp on 07 October 2023.

Total number of students covered are 50

The camp was organized by

Dr varsha Chaudhary

Camp was successfully carried out by

Dr Dharmendra

Optometrist vijay sankar pandey

BNYS INTERNS-Dr. Mushkan,Dr. Krishna

Virender, Kusum, Anju





Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 08.10.2023

Health Camp

A health camp was organized on 08.10.2023by the Department of marketing, Swami Vivekananda Subharti University atRadiology Dept. CSSH.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Rudraaksh Raheja-Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-11/10/2023

EYECAMP REPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 10/10/2023 from 9am to 1pm Dr. Irfan Ali ghar, main Lohia nagar block, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal

Participants(Students)- Dr.Mridul, Dr.Shivani, Dr.Shikha, Dr.Garima, Dr.Saurav, Dr.Nandini

Activity- In this camp **111 patients** were screened for cataract out of which 57 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-17/10/23

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 16/10/2023 from 9am to 1pm in Panchayar ghar, piple khedi, block ,Kharkhunda, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department), Dr.Charu Jain, Dr.Farhat Abrar, Dr.Malvika Dhar

Participants(Students)-Dr.Prateek,Dr.Poorva,Dr.Sagarika,Dr.Shalini,Dr.Ayush, Dr.Anam , Dr.Priyanka

Activity- In this camp **182 patients** were screened for cataract out of which 36 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 26 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine ***Dated 17/10/2023***

Cancer Awareness Programme

A program under the cancer awareness month was organised by the department of community medicine at Shaheed Bhagat Singh urban health training centre Multan Nagar on 17/10/2023

Health talk was given by Dr. Anurag shrivastav (cancer specialist) He talked about the prevention protection causes and symptoms of the disease and how we can get better lifestyle from the preventions to the adolescent, girls and women.

70 women and girls took advantage of this health care program and took oath under the guidance of Dr. Anurag shrivastava about quitting junk food, alcohol, red meat, and smoking. People who presented the program were Dr. Bhawana pant (HOD of community medicine department) Dr. Varsha, Dr. Monika Gupta, Dr sartaj Ahmed Dr. Babita
Program was completed with the contribution of these people MBBS intern Dr Prabhakant Singh and Dr Lavish, BNYS Intern Dr. Srishty Rai , Dr. Himani Gautam, Dr. Sumit kumar , Dr. Manisha Lodhi and heath care staff satish chauhan , Anju verma , kusum Gupta , mushrul Ahmad



Dr. Bhawana Pant
Head of department

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Date-18/10/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 17/10/2023 from 9am to 1pm in Pradhan k ghar mai, Bishali Block, Kharkhunda, meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal

Participants(Students)- Dr.Mridul, Dr.Shivani, Dr.Shikha, Dr.Garima, Dr.Saurav, Dr.Nandini

Activity- In this camp **114 patients** were screened for cataract out of which 35 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 19 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-24/10/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 23/10/2023 from 9am to 1pm Panchayat Ghar, Nagla Jamalpur Block, Jani, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr.Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar

Participants(Students)-Dr.Prateek,Dr.Poorva,Dr.Sagarika,Dr.Shalini,Dr.Ayush, Dr.Anam

Activity- In this camp **131 patients** were screened for cataract out of which 20 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department

Date 29.10.2023

Health Camp

A health camp was organized on 29.10.2023by the Department of marketing, Swami Vivekananda Subharti University atSeva Bharti & N.M.O Meerut..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Rudraaksh Raheja -Department of Medicine

The team was assisted with 4 interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 30.10.2023

Health Camp

A health camp was organized on 30.10.2023by the Department of marketing, Swami Vivekananda Subharti University atVill. GovindpuriMacchra, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Srikanth -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

POSTGRADUATEDEPT.OFOPHTHALMOLOGY

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Date-31/10/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 30/10/2023 from 9amto1pm in Dr. Bhim rao Ambedkar Bhawan, Rohta Rasulpur, Rohta, Meerut

Participants(Faculty)-Dr.V.K.Malik(HeadoftheDepartment),Dr.CharuJain, Dr.Farhat Abrar, Dr Malvika Dhar , Dr. Neha

Participants(Students)-Dr.Prateek,Dr.Poorva,Dr.Sagarika,Dr.Shalini,Dr.Ayush, Dr. Anam

Activity- In this camp **152 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 13 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

Subhartipuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

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Date-01/11/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 31/10/2023 from 9am to 1pm in Sachiwalaya Gram Panchayat, Siwaya Block, Daurala, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,Dr.Kanupriya

Participants(Students)- Dr.Mridul, Dr.Shivani, Dr.Shikha, Dr.Garima, Dr.Saurav, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 37 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 13 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department

Date 04.11.2023

Health Camp

A health camp was organized on 04.11.2023by the Department of marketing, Swami Vivekananda Subharti University atPanchayat Ghar Kheri ManiharMawana, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Anjali-Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-07/11/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 06/11/2023 from 9am to 1pm in Jawahar Navodye Vidhayala, Nawab Gharhi, Sardhana, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar, Dr. Neha

Participants(Students)-Dr.Prateek,Dr.Poorva,Dr.Sagarika,Dr.Shalini,Dr.Ayush, Dr. Anam

Activity- In this camp **172 patients** were screened for cataract out of which 20 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 18 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Dr.V.K.Malik

(Head of Department)

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Office of the marketing department

Date 07.11.2023

Health Camp

A health camp was organized on 07.11.2023by the Department of marketing, Swami Vivekananda Subharti University atVill-Khanjarpur, Modinagar, Gzb.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Ashutosh Mathur -Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp.

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 08.11.2023

Health Camp

A health camp was organized on 08.11.2023by the Department of marketing, Swami Vivekananda Subharti University atSt. Patrick's Academy School, Meerut..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:
1.Dr. Harsh Shahi-Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 21.11.2023

Health Camp

A health camp was organized from15.11.2023to 21.11.2023 by the Department of marketing, Swami Vivekananda Subharti University atVictorya Park, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Srikanth-Department of Medicine
2. Dr. Ashutosh Mathur-Department of Medicine
3. Dr. Akash Arora-Department of Medicine
4. Dr. Manish-Department of Medicine
5. Dr. Awan Verma-Department of Medicine
6. Dr. Sai Gopinath-Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 18.11.2023

Health Camp

A health camp was organized on18.11.2023by the Department of marketing, Swami Vivekananda Subharti University atVill Machhri, Hapur.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Tanmay Agarwal-Department of Medicine

The team was assisted with 5interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the Community Medicine ***Dated 18/11/2023***

School Health Camp

Shaheed Bhagat Singh Subharti Urban Health and Training Centre (UHTC) Multan Nagar by the department of Community medicine organized a School health dental & eye camp on 18 Nov 2023 in Millennium public school

Total number of students are 54

The camp was organised by
Dr Dharmendra

MBBS interns- Dr Sagar, Dr Nikki

Camp was successfully carried out by
Vijay Shankar pandey, Virender, Kusum, Anju





Dr. Bhawana Pant
Head of department

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Office of the Community Medicine ***Dated 18/11/2023***

Health Camp

Shaheed Bhagat Singh Subharti Urban Health and Training Centre (UHTC) Multan Nagar by the department of Community medicine organised a naturopathy camp
on the occassion of " NATUROPATHY DAY "
18 Nov 2023 in UHTC centre

Total number of patients attended camp were 21.

The camp was organised by
Dr Usha minhas, Dr Babita, Dr Rakesh, Dr Afsheen

Naturopathy interns
Dr Gayatri, Dr Sanvi

Camp was successfully carried out by
Virender, Kusum, Anju, Pradeep





Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 20.11.2023

Health Camp

A health camp was organized on20.11.2023 by the Department of marketing, Swami Vivekananda Subharti University atVill KasampurKhola, Muzaffanagar.

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The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Jyoti -Department of Medicine
2. Dr. Dipankar- Department of Medicine

The team was assisted with 5interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
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Date-21/11/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 20/11/2023 from 9am to 1pm in Pradhan ji ka ghar, Kithor manjara, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar , Dr.Neha

Participants(Students)-Dr.Prateek,Dr.Poorva,Dr.Sagarika,Dr.Shalini,Dr.Ayush, Dr. Anam

Activity- In this camp **181 patients** were screened for cataract out of which 30 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 23 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Dr.V.K.Malik

(Head of Department)

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Date-22/11/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 21/11/2023 from 9am to 1pm in Pradhan Ji ka Ghar, Khajuri, Kila Pariksha, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,Dr.Kanupriya

Participants(Students)-Dr.Mridul,Dr.Shivani,Dr.Shikha,Dr.Garima,Dr.Saurav, Dr. Nandini , Dr.Arushi Mittal

Activity- In this camp **152 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 7 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine Dated 22-11/2023

HEALTH CAMP

Venue- Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri, Meerut.

Participants-Proff. Dr. Pawan Parashar, Dr. Manju Malik LMO, Dr. Dharmendra (Dentist), Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns, Dr. Shereyaansh, Dr. Rupenika Gaur, Sagar Arya, Prabha Kant Singh.

A General Health checkup camp organized at Capt. Abdul Hameed Subharti Rural Health and training centre Khajuri. the patients were examined and screening byProff. Dr. Pawan Parashar, Dr. Manju Malik, Dr. Dharmendra and Medicine free Distributed by Mr. Arjun Singh,from Department of Community Medicine, Subharti Medical College,Meerut. Blood Sample Collected by Miss. Kajal (LT) From Cenrtal Lab Subharti Medical College Meerut With Support Mrs. Janki Student of Phd. Department of Bio-Chemistry With Supporting Hands Mrs. Renu Rani, Miss. Suneeta Devi, Mr.Vinod

Patient – 101 staff -04

The whole programme was Coordinated by MSW Mr. Farhat Khan.



Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 22.11.2023

Health Camp

A health camp was organized on22.11.2023 by the Department of marketing, Swami Vivekananda Subharti University atJan Seva Kendra SateriKhatauli, Mzn..

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The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Sumit Pal-Department of Medicine
2. Dr. Kartik Sharma - Department of Medicine

The team was assisted with 5interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-28/11/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 27/11/2023 from 9am to 1pm in Pradhan ji ka Ghar, Sisola Buzurg, Kala jani, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar, Dr. Neha

Participants(Students)-Dr.Prateek,Dr.Poorva,Dr.Sagarika,Dr.Shalini,Dr.Ayush, Dr. Anam

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 13 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

Subhartipuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

OFFICE OF THE PATHOLOGY DEPARTMENT

Subharti Medical College
site: medical.subharti.org, e-mail: medical@subharti.org, Ph.: 0121-3055000 (Extn: 2118), Telefax: 0121-2439127, 2439067
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No. /SMC /Patho./2023/941-A **Date: 27.11.2023**

A voluntary blood donation camp was organized by 70 UP Battalion NCC Building No.71, Circular Road, Meerut on 27/11/2023 with effect from 10 AM to 02 PM.

Dr. Davendra Swarup Professor, department of Pathology, Dr. Charu Tanwar, Junior resident (MD Student) and 02 UG students Mr. Aditya Pandey & Mr. Almas Khan along with 06 technicians, staff nurse and attendants were involved in the event. 39 voluntary donors donated blood during this camp.

Faculty and students took active part in motivating donors and explaining them about advantages of voluntary blood donation and clearing the doubts of blood donors.

Dr. Davendra Swarup
Professor

Dr. Anjali Khare
Prof. & Head

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Date-299/11/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti MedicalCollegeon28/11/2023from9amto1pminPradhanjikaghar,rasanaRohta, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,Dr.Kanupriya

Participants(Students)-Dr.Mridul,Dr.Shivani,Dr.Shikha,Dr.Garima,Dr.Saurav, Dr. Nandini , Dr. Arushi

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 13 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Office of the marketing department

Date 01.12.2023

Health Camp

A health camp was organized on 01.12.2023 by the Department of marketing, Swami Vivekananda Subharti University atShahpur Jaimpur (Meerut).

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The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Jyoti -Department of Medicine
2. Dr. Deekashith-Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 02.12.2023

Health Camp

A health camp was organized on 02.12.2023 by the Department of marketing, Swami Vivekananda Subharti University atSardhana, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Dhruv Jain-Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 04.12.2023

Health Camp

A health camp was organized on 04.12.2023 by the Department of marketing, Swami Vivekananda Subharti University atMuradnagar, Gzb.

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The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Manish Kumar-Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-05/12/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 04/12/2023 from 9am to 1pm in Gram Panchayat Karyalaya Bafar jani Meerut

Participants (Faculty): Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar,Dr. Kainat Chaudhary, Dr Kanupriya Jain

Participants(Students): Dr.Nandini, Dr.Shikha ,Dr.Sagarika, Dr.Shalini, Dr. Ayush, Dr. Anam

Activity- In this camp **172 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 30 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-6/12/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 05/12/2023 from 9am to 1pm in Niwas Esthan Chairman Siwalkha Jani Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.Naziajamal

Participants(Students)-Dr.Ayush,Dr.Priyanka,Dr.Shikha,Dr.Garima,Dr.Saurav, Dr. Nandini

Activity- In this camp **150 patients** were screened for cataract out of which 31 patients were brought to Eye OPD of Subharti Medical College. A complete workup of these patients was done and all the investigations were sent. Out of these, 8 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

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Office of the Community Medicine Dated 06/12/2023

AIDS DAY

Venue- Government Girls Inter College, Parikshit Garh, Meerut.

Participants- Dr. Kiran Gupta, Associate Prof. Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns, Dr. Mortues Lovi, Dr. Vineet Kumar Singh, Dr. Nazia.

Today Celebrated World AIDS awareness Programme in Government Girls Inter College, Parikshit Garh, Meerut. The talk given by Assot. Prof. Dr. Kiran Gupta, Department of Community Medicine, Subharti Medical College, Meerut. Blood Sample Collected by Miss. Kajal (LT) From Cenrtal Lab Subharti Medical College Meerut

Participant Students) –102 staff -03

The whole programme was Coordinated by MSW Mr. Farhat Khan.



Dr. Bhawana Pant
Head of department

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Office of the Community Medicine ***Dated 09/12/2023***

School Health Camp

Shaheed Bhagat Singh Subharti Urban Health and Training centre (UHTC) Multan Nagar department of Community Medicine organized camp in Murti devi public School dental and eye camp on 09 December 2023.

Total number of students covered are 30

The camp was organized by

Dr varsha Chaudhary

Camp was successfully carried out by

Dr Dharmendra

Optometrist vijay sankar pandey

BNYS INTERNS-Dr. Mushkan,Dr. Krishna

Virender, Kusum, Anju





Dr. Bhawana Pant
Head of department

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Date-12/12/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 11/12/2023 from 9am to 1pm in Gram Panchayat Chilota Rajpura Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr.Kainat Chaudhary, Dr Kanupriya Jain

Participants(Students)- Dr.Nandini,Dr.Saurav ,Dr.Sagarika, Dr.Shalini, Dr. Ayush, Dr. Anam

Activity- In this camp **132 patients** were screened for cataract out of which 27 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these ,20 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine ***Dated 16/12/2023***

School Health Camp

Shaheed Bhagat Singh Subharti Urban Health and Training centre (UHTC) Multan Nagar department of Community Medicine organized camp in Murti Devi public School dental and eye camp on 16 December 2023.

Total number of students covered are 40

The camp was organized by

Dr varsha Chaudhary

Camp was successfully carried out by

Dr Dharmendra

Optometrist vijay sankar pandey

BNYS INTERNS-Dr. Mushkan, Dr. Krishna

Virender, Kusum, Anju



Dr. Bhawana Pant
Head of department

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Date-19/12/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 18/12/2023 from 9am to 1pm in Gram Panchayat Sachiwaliya Bhatipura Machhara ,Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr.Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar

Participants(Students)- Dr.Nandini, Dr.Arushi,Dr.Sagarika, Dr.Shalini, Dr.Ayush, Dr. Anam

Activity- In this camp **182 patients** were screened for cataract out of which 36 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 26 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

((Head of Department)

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Date-20/12/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 19/12/2023 from 9am to 1pm in Gram Panchayat Sachiwaliya Amarpur machhara Meerut

Participants(Faculty)-Dr.SanjeevKumar, Dr.Naziajamal

Participants(Students)- Dr.Arushi, Dr.Priyanka,Dr.Shikha, Dr.Garima,Dr. Saurav, Dr. Nandini

Activity- In this camp **114 patients** were screened for cataract out of which 35 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 19 were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Date-26/12/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 25/12/2023 from 9am to 1pm Gram Panchayat Sachiwaliya Nagli Isha Mawana ,Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar

Participants(Students)- Dr. Arushi,Dr.Anam, Dr.Sagarika, Dr.Shalini, Dr. Ayush, Dr. Anam

Activity- In this camp **131 patients** were screened for cataract out of which 20 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-27/12/2023

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 26/12/2023 from 9am to 1pm in Pradhan ji k ghar main kalin Rohta Meerut

Participants(Faculty)-Dr.V.K.Malik(HeadoftheDepartment),Dr.CharuJain, Dr.Farhat Abrar, Dr Malvika Dhar

Participants(Students)- Dr. Nandini, Dr. Saurav, Dr.Sagarika, Dr.Shalini, Dr. Ayush, Dr. Anam

Activity- In this camp **152 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these ,13 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

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Date-2/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 01/01/2024from 9am to 1pm in Gram Sachivaliya kurali jani khurd ,Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.Naziajamal

Participants(Students)- Dr.Anam, Dr. Ayush, Dr. Yukti, Dr. Garima, Dr. Saurav, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 37 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these , 22 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Date-3/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 02/01/2024 from 9am to 1pm in Health and welness centre timkiya Jani khurd, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar

Participants(Students)- Dr. Nandini, Dr. Arushi , Dr.Sagarika, Dr.Priyanka, Dr. Ayush, Dr. Anam

Activity- In this camp **172 patients** were screened for cataract out of which 20 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 18 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Office of the marketing department

Date 04.01.2024

Health Camp

A health camp was organized on 04.01.2024 by the Department of marketing, Swami Vivekananda Subharti University at Modinagar, Gzb.

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The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Anil Kumar -Department of Medicine
2. Dr. Deekshith Kumar-Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

Subharti Medical College
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SWAMI VIVEKANAND SUBHARTI UNIVERSITY
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Office of the marketing department Date 05.01.2024

Health Camp

A health camp was organized on 05.01.2024 by the Department of marketing, Swami Vivekananda Subharti University at Mawana, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Anjali -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 06.01.2024

Health Camp

A health camp was organized on 06.01.2024 by the Department of marketing, Swami Vivekananda Subharti University at Pura Mahadev, Baghpat.

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The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Arun Kumar Khokhar -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-09/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 08/01/2024 from 9am to 1pm in Gram Sachiwaliya Bubakpur sarurpur, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.Naziajamal

Participants(Students)- Dr.Anam, Dr. Arushi, Dr. Priyanka, Dr. Garima, Dr. Saurav, Dr. Nandini

Activity- In this camp **122 patients** were screened for cataract out of which 43 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 13 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine Dated 08/01/2024

DENTAL AND ORAL HEALTH CAMP

Venue- Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri, Meerut.

Participants- Dr. Kiran Gupta (Assot Prof.), Dr. Manju Malik LMO,RHTC Khajuri, Dr. Dharmendra Dentist, Department of Community Medicine, Subharti Medical College and Dr. Mayank Dentist and Interns from Subharti Dental College, Subharti University, Meerut.

Volunteer Medical Students – Interns Dr. Nikshit Arora, Dr. Pearl Sawhney, Dr. Pragati Sharma.

A Dental and oral health camp held at Capt. Abdul Hameed Subharti Rural Health and training center Khajuri. The patients were examined by Dr. Kiran Gupta (Assot. Prof), Dr. Manju Malik LMO, and Specially Dental Patient were examined by Dr. Mayank from Subharti Dental College Subharti Dr. Dharmendra Dentist and interns Department of Community Medicine, Subharti Medical College, Meerut. Various check ups and screening and hygiene.

Patient – 41 staff -04





Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 08.01.2024

Health Camp

A health camp was organized on 08.01.2024 by the Department of marketing, Swami Vivekananda Subharti University at Kalchhina Modinagar.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Abhijeet Sharma -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-10/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 9/01/2024 from 9am to 1pm in Gram Panchayat Karyalayatehrki Sardhana Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar

Participants(Students)-Dr.Nandini,Dr.Saurav,Dr.Sagarika,Dr.Shalini,Dr.Ayush, Dr. Anam

Activity- In this camp **181 patients** were screened for cataract out of which 30 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 23 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department

Date 09.01.2024

Health Camp

A health camp was organized on 09.01.2024 by the Department of marketing, Swami Vivekananda Subharti University at Nayi Basti, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Ashutosh Mathur -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 10.01.2024

Health Camp

A health camp was organized on 09.01.2024 by the Department of marketing, Swami Vivekananda Subharti University at Ghat, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Kopal Goel -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the Community Medicine ***Dated 11/01/2024***

HEALTH TALK

BIOMEDICAL WASTE MANAGEMENT

A health talk on BIOMEDICAL WASTE MANAGEMENT was organised and conducted by Department of Community Medicine, Swami Vivekanand Subharti University at Sheed Bhagat Singh Urban Health Training Centre located in Multan Nagar on 11/01/2024.

Its aim was to promote awareness and information regarding Biomedical Waste Hazard.

In this, information regarding biomedical waste was given, in which Dr. Varsha Chaudhary, Dr. Usha Minhas Dr. Babita and Dr. Dharmendra contributed significantly.

Dr. Dharmendra spoke in details regarding biomedical waste and its disposal in different colour coded dustbins.

It was attended by A.N.M, MBBS and BNYS interns, and all other staff members, lady attendants, receptionist.





Dr. Bhawana Pant
Head of department

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Date-16/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 15/01/2024 from 9am to 1pm in Gram Pradhan Niwas Jangethi Rohta ,Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.Naziajamal

Participants(Students)- Dr.Anam, Dr.Priyanka, Dr. Arushi, Dr.Ayush, Dr. Saurav, Dr. Nandini

Activity- In this camp **152 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 7 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

Subhartipuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

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Date-17/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 16/01/2024 from 9am to 1pm in Gram Panchayat Sachiwaliya Dawduwa Rukanpur, Meerut

Participants (Faculty)- Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr Malvika Dhar

Participants(Students)- Dr. Arushi, Dr.Priyanka, Dr.Nandini, Dr.Saurav, Dr. Ayush, Dr. Anam

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine Dated 17/01/2024

HEALTH CAMP

Venue-.Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri,Meerut.

Participants- Professor and M.S. Dr .Pawan Parashar, Dr.Manju Malik LMO, RHTC Khajuri, Dr. Dharmendra Dentist Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr.Naincy, Dr. Nidhi.

A health Camp was conducted on 17/01/2024 at our Rural health and training Centre Khajuri. The patient were examined andadvised regarding health by Prof. Dr Pawan Parashar,(M.S), antenatal advised by Dr.Manju Malik LMO and oral hygiene by Dr. Dharmendra Dentist, Department of Community Medicine Subharti Medical College, Meerut, Prof. Dr. Pawan Parashar says to patients about healthy diet and avoid junk foods like pizza, burger, and others which are fatal for our health. Medicine distributed by Mr. Arjun Singh , Mrs. Renu Rani , Miss. Suneeta, Mis Kajal, Mrs. Madhu, Ramesh, Vinod were present there.

Patient - 64 STAFF - 07





Dr. Bhawana Pant
Head of department

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Date-23/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 22/01/2024 from 9am to 1pm in Gram panchayat Bhawanpur Rajpur ,Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.Naziajamal

Participants(Students)- Dr.Anam, Dr.Arushi, Dr. Shikha, Dr. Garima, Dr. Saurav, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these,12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-24/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 23/01/2024 from 9am to 1pm in Pradhan Ji k Ghar Main Rukanpur Rajpur, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.Naziajamal

Participants(Students)- Dr.Anam, DrArushi, Dr. Ayush, Dr. Priyanka, Dr.Saurav, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-30/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 29/01/2024 from 9am to 1pm in Dr. Ambedker Public Library Bhola Rohta Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.Naziajamal

Participants(Students)- Dr.Arushi, Dr.Anam, Dr.Priyanka, Dr.Ayush, Dr. Saurav, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-31/01/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 30/01/2024 from 9am to 1pm in Pradhan Ji k Ghar Main Sisola Buzurg Kala Jani, Meerut

Participants(Faculty)-Dr. Sanjeev Kumar, Dr. Nazia jamal

Participants(Students)- Dr.Nandini, Dr. Saurav, Dr. Arushi, Dr. Priyanka, Dr. Ayush, Dr. Anam

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department

Date 01.02.2024

Health Camp

A health camp was organized on 01.02.2024 by the Department of marketing, Swami Vivekananda Subharti University at Shamli.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Amit Kumar -Department of Medicine
2. Dr. Manish Kumar -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-06/02/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 05/02/2024 from 9amto1pm grampanchayat, badrudin nagar, nanu sarrorpur Meerut

Participants(Faculty)- Dr. V.K. Malik (Head of the Department), Dr. Charu Jain, Dr. Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva, Dr. Yukti, Dr saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 15patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

Subhartipuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

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Office of the Community Medicine Dated 05/02/2024

TALK ON CANCER AWERENESS

Venue-.Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri, Meerut.

Participants- Dr. Dharmendra Singh Dentist Department of Community Medicine, Subharti Medical College,, Dr. Mohnish Dentist from Subharti Dental College Meerut.

Volunteer Medical Students – Interns Dr.Naincy, Dr. Nikki Arora.

A talk on Cancer was delivered by Dr. Dharmendra Singh and Dr. Mohnish Dentist at Capt. Abdul Hameed Rural Health and Training Centre Khajuri, Run by, Department of Community Medicine, Subharti Medical College, Meerut on 17/02/2024. After talk the patient were examined andadvised regarding oral hygiene. M they says to patients avoid Paan, Bidi, Ciggrette,Gutha, Tabacco etc. and take healthy diet and avoid junk foods like pizza, burger, and others which are fatal for our health.

Patient – 32 Staff - 05





Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 05.02.2024

Health Camp

A health camp was organized on 05.02.2024 by the Department of marketing, Swami Vivekananda Subharti University at Shamli.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. **Dr. Aakash Arora** -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 06.02.2024

Health Camp

A health camp was organized on 06.02.2024 by the Department of marketing, Swami Vivekananda Subharti University at Khatauli.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Awan Verma -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-7/02/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 06/02/2024 from 9am to 1pm in ucch prathmik vidhyalaya, abdullapur, rajpur, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,DrNeha

Participants(Students)- Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima, Dr Anam , Dr Ayush

Activity- In this camp 115 patients were screened for cataract out of which 21patientswere brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine ***Dated 07/02/2024***

Report On Cancer Awareness Program

VENUE:- Shaheed Bhagat Singh Urban Health Training Centre, Dept. Of Community Medicine, Subharti Medical College, Multan Nagar, Meerut

DATE. :- 07 February 2024

TIME :- 11 AM to 1 PM

ORGANISED BY :- Dept. of Community Medicine, Subharti Medical College, Meerut

ACTIVITY :- Guest Lecture By-

Dr. Anurag Srivastava. Director, Subharti Institute of Cancer Treatment and Research, SMC, Meerut

Dr. Sanchit Pradhan, Assoc.Prof. , Subharti Dental College, Meerut

PARTICIPANTS :- Dr Varsha Chaudhary, Dr Usha Minhas, Dr Manju Malik

MODERATOR :- Dr Gopi Raman (JR-I), Mr Virender, Mrs Kusum, Mrs Anju

Report Prepared by :- Dr Gopi Raman (JR-I)





Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 07.02.2024

Health Camp

A health camp was organized on 07.02.2024 by the Department of marketing, Swami Vivekananda Subharti University at Modinagar.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Ankita Singh -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 08.02.2024

Health Camp

A health camp was organized on 08.02.2024 by the Department of marketing, Swami Vivekananda Subharti University at Khatauli.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Aakash Arora -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
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Office of the Community Medicine Dated 08/02/2024

TALK ON CANCER AWERENESS

Venue-.Government Girls Inter College Parikshit Garh, Meetut,.

Participants- Dr. Anurag Shrivastava Director of Cancer Unit,Subharti Medical College, Dr. Gopi Raman JR Ist Department of Community Medicine, Subharti Medical College, Dr. Mohnish Dentist from Subharti Dental College Meerut.

Volunteer Medical Students – Interns Dr.Naincy, Dr. Nikki Arora., Dr. Nikshit.

A talk on Cancer was delivered by Dr. Anurag Shrivastava Director of Cancer Unit, Subharti Medical College, Meerut Dr. Gopi Raman JR Ist Department of Community Medicine, Subharti Medical College, Dr. Mohnish Dentist from Subharti Dental College Meeruton 08/02/2024. After talk on Breast Cancer the patient were examined andadvised avoid Paan, Bidi, Cigarette, Gutha, Tabacco etc. and take healthy diet and avoid junk foods like pizza, burger, and others which are fatal for our health. Co coordinated by MSW Mr. Farhat Khan department of community medicine, Subharti Medical College, Meerut.

Students – 207 Staff- 03



Dr. Bhawana Pant
Head of department

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Office of the marketing department

Date 09.02.2024

Health Camp

A health camp was organized on 09.02.2024 by the Department of marketing, Swami Vivekananda Subharti University at Khatauli.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Manish Kumar -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

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Office of the marketing department

Date 10.02.2024

Health Camp

A health camp was organized on 10.02.2024 by the Department of marketing, Swami Vivekananda Subharti University at Shobhapur, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. **Dr. Awan Verma** -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
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Office of the marketing department

Date 12.02.2024

Health Camp

A health camp was organized on 12.02.2024 by the Department of marketing, Swami Vivekananda Subharti University at Shamli.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. **Dr. Awan Verma** -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

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Office of the Community Medicine Dated 12/02/2024

HEALTH CAMP

Venue-.Shree Rajeev Tyagi House, Allipur, Meerut.

Participants- Dr. Shubham, Dr. Gipi Raman, Department of Community Medicine, Dr. Sai Kumar from Derma Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr.Naincy, Dr. Nidhi.

A health Camp was conducted on 12/02/2024 at our Rural health and training Centre Khajurl. The patient were examined andadvised by Prof. Dr Pawan Parashar,(M.S), antenatal patient advised by Dr.Manju Malik LMO and oral hygiene by Dr. Dharmendra Dentist, Department of Community Medicine Subharti Medical College, Meerut, Prof.Dr.Pawan Parashar says to patients about healthy diet and avoid junk foods like pizza, burger, and others which are fatal for our health.B Measured by Mrs. Madhu, Registration by Mrs Ravish H.B, Sugar taken by MSW Mr. Mohd. Farhat and Mr. Vinod were present there.

Patient - 156 Staff - 04



Dr. Bhawana Pant
Head of department

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Date-13/02/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 12/02/2024from 9am to 1pm gram panchayat, Shahpur, jainpur rohta, Meerut

Participants(Faculty)-Dr.V.K.Malik(Head oftheDepartment),Dr. CharuJain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 15patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-14/02/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 13/02/2024 from 9amto 1pm in grampanchayat, ghar azaampur, Rohta Meerut, Meerut

Participants(Faculty)-Dr.Sanjeev Kumar, Dr.Nazia Jamal, DrNeha

Participants(Students)- Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima, Dr Anam , Dr Ayush

Activity- In this camp 115 patients were screened for cataract out of which 21patientswere brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-20/02/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 19/02/2024 from 9am to 1pm Gram Sachiwaliya tikri Jani khurd Meerut

Participants(Faculty)-Dr.V.K.Malik (Head of the Department),Dr. CharuJain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya jain

Participants (Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 15patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-21/02/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 20/02/2024 from 9am to 1pm in gram Sachiwaliya Nek jani Khurd Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,DrNeha

Participants(Students)- Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima, Dr Anam , Dr Ayush

Activity- In this camp 115 patients were screened for cataract out of which 21patientswere brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found tobe fit for surgeries who were admitted for cataract surgeryand rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-27/02/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 26/02/2024 from 9am to 1pm Gram Sachivaalaye, Mawana Khurd, Meerut

Participants (Faculty)-Dr.V.K.Malik(Head oftheDepartment),Dr. CharuJain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya Jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was doneandalltheinvestigations weresent. Out ofthese, 15patients werefound to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

SubhartipuramDelhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

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Date-28/02/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 27/02/2024 from 9am to 1pm in Gram Panchayat Sachivaalaye, Phadpur Mawana,Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,DrNeha

Participants(Students)- Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima, Dr Anam , Dr Ayush

Activity- In this camp 115 patients were screened for cataract out of which 21patientswere brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 15 patients were found tobe fit for surgeries who were admitted for cataract surgeryand rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine *Dated 01/03/2024*

Health camp

A free health camp was organized at Shaheed Bhagat singh urban health training center multan nager on 1 march 2024 under the guidance of Miss Janki Dosad, PhD. student from Biochemistry with the help of Mr. Pradeep and Miss Kajal collected the blood sample of 78 patients(blood sugar, vit D, uric acid, CRP, lipid profile). People who supported the program were Dr. Bhawana pant (HOD of community medicine department) Dr. Pawan parashar, Dr. Varsha chaudhary, Dr. Usha minhas, Dr. Babita. Program was completed with the contribution of these people BNYS intern Dr. Avanika arren, Dr. Reeta thapa and field work were successfully done by health workers Mr. virender, Mrs Anju, Mrs Kusum.





Dr. Bhawana Pant
Head of department

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Office of the marketing department Date 04.03.2024

Health Camp

A health camp was organized on 04.03.2024 by the Department of marketing, Swami Vivekananda Subharti University atKhatauli

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Monika -Department of Medicine

The team was assisted with 5interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department Date 06.03.2024

Health Camp

A health camp was organized on 06.03.2024 by the Department of marketing, Swami Vivekananda Subharti University atSardhanaMeerut..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Ankita Singh -Department of Medicine

The team was assisted with 4interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-06/03/2024

EYE CAMP REPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 05/03/2024 from 9am to 1pm in Panchayat Bhawan Karyaalaye, Bata Jewara, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,DrNeha

Participants(Students)- Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima, Dr Anam , Dr Ayush

Activity- In this camp115 patients were screened for cataract out of which 21 patientswere brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department Date 07.03.2024

Health Camp

A health camp was organized on 07.03.2024by the Department of marketing, Swami Vivekananda Subharti University atShamli Meerut..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Kopal Goel -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
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Department of Medicine

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Office of the marketing department Date 09.03.2024

Health Camp

A health camp was organized on 09.03.2024by the Department of marketing, Swami Vivekananda Subharti University atKhatauli Meerut..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Deekshith Kumar -Department of Medicine

The team was assisted with 3interns of MBBS (_2019___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
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Office of the marketing department

Date 11.03.2024

Health Camp

A health camp was organized on 11.03.2024 by the Department of marketing, Swami Vivekananda Subharti University atShamli,.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Kopal Goel-Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-12/03/2024

EYE CAMP REPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 11/03/2024 from 9am to 1pm Gram Panchayat Sachivaalay, Bhawanpura,Rajpur Road , Meerut

Participants (Faculty)-Dr.V.K.Malik(Head oftheDepartment),Dr. CharuJain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was doneandalltheinvestigations weresent. Out ofthese, 15patients werefound to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-13/03/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical Collegeon 12/03/2024 from9amto1pmin GramPanchayat,Sachivaalaye, SayaalRajpura, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,DrNeha

Participants(Students)- Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima, Dr Anam , Dr Ayush

Activity- In this camp 115 patients were screened for cataract out of which 21patientswere brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found tobe fit for surgeries who were admitted for cataract surgeryand rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

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Office of the marketing department Date 18.03.2024

Health Camp

A health camp was organized on 18.03.2024 by the Department of marketing, Swami Vivekananda Subharti University atShamli,.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. VD Verma AP -Department of Medicine
2. Dr Awan Verma Jr -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-19/03/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 18/03/2024 from 9am to 1pm Gram Panchayat Sachivaalay Bhurbaral , Meerut

Participants(Faculty)-Dr.V.K.Malik(Head oftheDepartment),Dr. CharuJain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya Jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was doneandalltheinvestigations weresent. Out ofthese, 15patients werefound to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine Dated 18/03/2024

DENTAL HEALTH CAMP

Venue-.PrathmicVidhalya-Ist Khajuri.

Participants- Dr. Sanchit Pradhan, Dr. Ritika from Subharti Dental College Meerut..

Volunteer Medical Students – Interns Dr. Muskan Dr. Vineet Kumar Singh.

A Dental and oral health camp held at.PrathmicVidhalyaI[st] Khajuri . the patients were examined by Dr. Sanchit Pradhan(HOD), and oral health education given by Dr.Ritika from Subharti Dental College Meerut.

Students – 97 Staff - 02



Dr. Bhawana Pant
Head of department

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Date-20/03/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 19/03/2024 from 9am to 1pm in Gram Pradhan Niwas, Isthaan Jattpura, Road,Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,DrNeha

Participants(Students)- Dr. Prateek, Dr. Mridul , Dr. Kriti, Dr. Garima, Dr Anam , Dr Ayush

Activity- In this camp 115 patients were screened for cataract out of which 21patientswere brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these, 15 patients were found tobe fit for surgeries who were admitted for cataract surgeryand rest of the patients were advised to come on a later date with their investigations.

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Office of the Community Medicine Dated 20/03/2024

HEALTH CAMP

Venue-.Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri,Meerut.

Participants- Professor and M.S. Dr.Pawan Parashar,Dr. Kiran Gupta, Dr. Dharmendra Dentist Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr.Naincy, Dr. Nidhi. Dr. Kuldeep Upadhyay.

A health Camp was conducted on 20/03/2024 at our Rural health and training Centre Khajuri. The patient were examined andadvised regarding health by Prof. Dr Pawan Parashar,(M.S), Dr. Kiran Gupta and oral hygiene by Dr. Dharmendra Dentist, Department of Community Medicine Subharti Medical College, Meerut, Prof.Dr.Pawan Parashar says to patients about healthy diet and avoid junk foods like pizza, burger, and others which are fatal for our health. Medicine distributed by Mr. Arjun Singh , Mrs. Renu Rani, Mrs. Madhu, Ramesh, Vinod were present there. Co coordinated by MSW Mr. Farhat Khan department of community medicine, Subharti Medical College, Meerut..

Patient – 70 Staff - 07



Dr. Bhawana Pant
Head of department

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Office of the Community Medicine ***Dated 20/03/2024***

Health Talk

A Health talk was organised at Shaheed Bhagat Singh Urban health training center multan nager on 20 march 2024 on the occasion of World Tuberculosis Day, under the guidance of Dr Varsha Chaudhary. The programme was carried out by Dr. Usha Vyas, Dr. Babita and MBBS interns- Dr. Prakarsh, Dr. Parvej, Dr. Vrinda. It was attended by approximately 60 people which included nursing interns, BNYS interns, school students and people from the neighbouring community. Programme was supported by Health worker, Mr. Virender, Mrs Anju and Mrs Kusum.





Dr. Bhawana Pant
Head of department

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Office of the marketing department Date 30.03.2024

Health Camp

A health camp was organized on 30.03.2024by the Department of marketing, Swami Vivekananda Subharti University atKhatauli.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Awan Verma -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
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Date-03/04/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 02/04/2024 from 9am to 1pm in Gram Panchayat Sachivaalay , Khedki , Muzakkipur , Jani Khurd , Meerut

Participants (Faculty)-Dr.Sanjeev Kumar, Dr.Nazia Jamal, Dr Neha

Participants (Students)- Dr.Prateek, Dr. Mridul, Dr. Kriti, Dr. Garima, Dr Anam, Dr Ayush

Activity- In this camp **120 patients** were screened for cataract out of which 21 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

Subhartipuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com,Website : www.subharti.org

Subharti Medical College
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Office of the Community Medicine ***Dated 04/04/2024***

World health day

As we all know, World health day is celebrated on 7th April every year.
For this auspicious day, A special talk was organised by the department of (community medicine, subharti Medical college meerut) at kalawati inter school, Meerut).
Theme of the year_ MY HEALTH MY RIGHT
Venue _ kalawati Inter School Multan Nagar, Meerut

Timing _ 10.00 am to 11.00 am
Organizer_ Department of community medicine " subharti Medical college meerut"
Activity _ Guest lecture by Dr. Dharmendra Singh (Dentist), Dr. Usha Minhas (LMO).
Under the guidance of _ Dr.Bhawana Panth (professor & HOD), Dr. Varsha Choudhary (center Incharge of UHTC), Dr. Pawan Parasher (professor)
Moderator_ MSW Virandra
Attended by _ students of class 9 &10th & MBBS & BNYS interns
Report prepared by_ Dr Dharmendra Singh (Dentist)
Motive_ to give advice for promoting better health and maintaining it.
This session was approximately attended by 50 to 60 students and teachers of kalawati inter school.





Dr. Bhawana Pant
Head of department

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Date-09/05/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 08/04/2024from 9am to 1pm in Gram Pradhan ji ke Ghar me , Machara , Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain,Dr. Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya Jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva, Dr. Yukti, DrSaurav, Dr Arushi

Activity- In this camp **120 patients** were screened for cataract out of which 15 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 13patients were found to be fit forsurgeries who were admitted forcataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine Dated 08/04/2024

World Health Day

Venue-.Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri,Meerut.

Participants- Dr. Superna, Subharti Dental College, Dr. Dharmendra Dentist, Deprtment of Community Medicine, Subharti Medical Collegr, Meerut.

Volunteer Medical Students – Interns Dr. Abhinav, Dr. Himanshu

A Dental and oral health camp held at.Capt. Abdul Hameed Rural Health and Training CenreKhajuri . the patients were examined by Dr. Superna and oral health education given by Dr.Himanshu from Subharti DentalCollege Meerut.

Staff- 04 Patient –27





Dr. Bhawana Pant
Head of department

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Date-10/06/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 09/04/2024 from 9am to 1pm in Sachivaalay Gram Panvhayat sohna , Parikcchitgarh, Meerut

Participants(Faculty)-Dr. Sanjeev Kumar,Dr.Nazia Jamal, Dr Neha

Participants(Students)- Dr.Prateek, Dr.Mridul, Dr. Kriti, Dr.Garima, Dr Anam, Dr Ayush

Activity- In this camp **120 patients** were screened for cataract out of which 21 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

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Office of the Community Medicine ***Dated 13/04/2024***

Health Camp

A health camp was organised in New Era Public School, by Shaheed Bhagat Singh UHTC, Multan Nagar of Community Medicine department of Subharti Medical College where dental , eye and general checkup of school students was done on 13/04/2024 Saturday. Total of 31 students were examined ,out of which 6 students were found to have dental problems and 4 students were found to have eye problems.

The camp was successfully conducted by Dr Dharmendra , Mr. Vijay S. Panday, BNYS interns and the health workers Virendra, Kusum and Anju Verma.





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Head of department

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Date-16/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 15/04/2024from 9am to 1pm in Gram Pradhan ji ke Ghar , Kheda , Balrampur, Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18patients were brought to Eye OPD of Subharti Medical College. A completework up of these patients was done and all the investigations were sent. Out ofthese 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

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Date-17/04/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 16/04/2024 from 9am to 1pm in Gram PanvhayatSachivaalay , Chand Sara, Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,Dr Neha

Participants(Students)- Dr.Prateek, Dr.Mridul,Dr. Kriti,Dr.Garima, Dr Anam, Dr Ayush

Activity- In this camp **120 patients** were screened for cataract out of which 21 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-23/04/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 22/04/2024from 9am to 1pm in Gram Pradhan ji ka Niwas , isthanmedhpur , Gondi , Rajpur, Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya Jain

Participants (Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-24/04/2024

EYE CAMP REPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 23/04/2024 from 9am to 1pm in Pradhan ji ke Ghar me , Kinanagar , Rajpur , Meerut

Participants (Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,Dr Neha

Participants (Students)- Dr.Prateek, Dr.Mridul,Dr. Kriti,Dr.Garima, Dr Anam, Dr Ayush

Activity- In this camp **120 patients** were screened for cataract out of which 21 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department Date 29.04.2024

Health Camp

A health camp was organized on 28.04.2024 to 29.04.2024by the Department of marketing, Swami Vivekananda Subharti University atSt. Patrick School Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Aaakash Arora -Department of Medicine
2. Dr Awan Verma -Department of Medicine

The team was assisted with 3interns of MBBS (_2019___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-30/04/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology,Subharti Medical College on 29/04/2024 from 9am to 1pm in GramPanchayat Niwas , isthan idrispur , Rohta, Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya Jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva, Dr. Yukti, DrSaurav, Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18patients were brought to Eye OPD of Subharti Medical College. A completework up of these patients was done and all the investigations were sent. Out ofthese 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-30/04/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 30/4/2024 from 9am to 1pm in Pradhan ji ke Ghar me , Kinanagar, Rajpur , Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,Dr Neha

Participants(Students)- Dr.Prateek, Dr.Mridul,Dr. Kriti,Dr.Garima, Dr Anam, Dr ayush

Activity- In this camp **120 patients** were screened for cataract out of which 21 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Date-07/05/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 06/05/2024 from 9 am to1pm in Gram Panchayat, Gagol, Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department), Dr.CharuJain, Dr.Farhat Abrar, Dr. Malvika dhar , Dr Kanupriya jain

Participants (Students)-Dr.Shivani, Dr.Prakhar,Dr.Poorva, Dr.Yukti, Dr Saurav, Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

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Office of the Community Medicine *Dated 04/05/2024*

Health Camp

Shaheed Bhagat Singh Urban Health and Training Center Multan Nagar Community Medicine Department Subharti Medical College organized an eye and dental camp at New Era International School on 4/05/2024. Camp was organised by Dr Varsha(MOIC) The main objective of the camp is to diagnose the dental and eye problems of all the students. In today's camp, Dr. Dharmendra and V.S. Pandey examined all the children thoroughly. Kusum Anju Purnima and BNYS interns made a special contribution to make today's camp successful! 32 children were checked in today's camp.

Dr. Bhawana Pant
Head of department

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Office of the Community Medicine *Dated 08/05/2024*

Health Camp

A free health camp was organized at Shaheed Bhagat singh urban health training center multan nager on 8th may 2024 under the guidance of Miss Janki Dosad, PhD. student from Biochemistry with the help of Mr. Pradeep collected the blood sample of 32 patients(blood sugar, vit D, uric acid, CRP, lipid profile). People who supported the program were Dr. Bhawana pant (HOD of community medicine department) Dr. Pawan parashar, Dr. Varsha chaudhary, Dr. Usha minhas, Dr. Babita. Program was completed with the contribution of these people MBBS internBNYS intern field work were successfully done by health workers Mrs Anju, Mrs Kusum.





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Date14/05/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 13/05/2024from 9am to 1pm in gram Pradhan ji ke Ghar , Chajjupur , Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain,Dr. Farhat Abrar, Dr. malvika Dhar , Dr Kanupriya Jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18patients were brought to Eye OPD of Subharti Medical College. A completework up of these patients was done and all the investigations were sent. Out ofthese 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Date-15/05/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 14/05/2024 from 9am to1pm in Gram Panchayat, Tidhala, Jani Meerut

Participants(Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,Dr Neha

Participants(Students)- Dr.Prateek, Dr.Mridul,Dr. Kriti,Dr.Garima, Dr Anam, Dr Ayush

Activity- In this camp **115 patients** were screened for cataract out of which 21 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

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Date-21/05/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 20/05/2024from 9am to 1pm in gram Panchayat Nagla,Samoho, Machera, Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr. Malvika Dhar , Dr Kanupriya Jain

Participants(Students)- Dr.Shivani, Dr.Prakhar, Dr.Poorva,Dr. Yukti, Dr Saurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

SubhartipuramDelhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com,Website : www.subharti.org

POSTGRADUATEDEPT.OFOPHTHALMOLOGY

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(EstablishedunderU.P.Govt.Actno.29of2008and approvedundersection2(f)ofUGCAct1956)

Date-22/05/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti MedicalCollege on 21/05/2024 from9amto 1pmin Pradhan jike Ghar , Dhanpura , Parikchhitgarh, Meerut

Participants (Faculty)-Dr.SanjeevKumar,Dr.NaziaJamal,Dr Neha

Participants (Students)- Dr.Prateek, Dr.Mridul,Dr. Kriti,Dr.Garima, Dr Anam, Dr Ayush

Activity- In this camp **115 patients** were screened for cataract out of which 21 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine ***Dated 21/05/2024***

Health Camp

Shaheed Bhagat Singh Urban Health and Training Center Multan Nagar Community Medicine Department Subharti Medical College organized an eye and dental camp at New Era International School on 21/05/2024. Camp was organised by Dr Varsha(MOIC) The main objective of the camp is to diagnose the dental and eye problems of all the students. In today's camp, Dr. Dharmendra and V.S. Pandey examined all the children thoroughly. Kusum Anju Purnima and BNYS interns made a special contribution to make today's camp successful! 16 children were checked in today's camp.



Dr. Bhawana Pant
Head of department

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Date-28/05/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 27/05/2024from 9am to 1pm in Pradhan ji ke Ghar , Samoli , Daurala Meerut

Participants (Faculty)-Dr.V.K.Malik (Head of the Department),Dr. Charu Jain, Dr.Farhat Abrar, Dr. malvika dhar , Dr Kanupriya Jain

Participants(Students)- Dr. Shivani, Dr. Prakhar, Dr. Poorva, Dr. Yukti, DrSaurav , Dr Arushi

Activity- In this camp **110 patients** were screened for cataract out of which 18patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-29/05/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 28/05/2024 from 9am to 1pm in Gram Panchayat, Siwaya Daurala, Jani, Meerut

Participants(Faculty)-Dr.Sanjeev Kumar, Dr.NaziaJamal, Dr Neha

Participants(Students)- Dr.Prateek, Dr.Mridul, Dr. Kriti, Dr.Garima, Dr Anam, Dr Ayush

Activity- In this camp **115 patients** were screened for cataract out of which 21 patientswere brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik
(Head of Department

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Office of the Community Medicine ***Dated 31/05/2024***

Health Camp

Shaheed Bhagat Singh Urban Health and Training Center

Multan Nagar Community Medicine Department Subharti Medical College organized a Health camp at Centre on 31/05/2024. Camp was organised by Dr Varsha (MOIC) under the guidance of Dr. Bhavna Pant (HOD). The main objective of the camp was to diagnose diabetic and hypertensive patients. In today's camp, Dr. Pawan Parashar examined all the patients thoroughly. Camp was supported by Dr. Monica, Dr. Usha, Dr. Babita. BNYS and MBBS interns, Anju, Purnima, Kusum and Virendra made a special contribution to make today's camp successful!

42 patients were examined and given respective treatments.





Dr. Bhawana Pant
Head of department

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Office of the marketing department Date 01.06.2024

Health Camp

A health camp was organized on 01.06.2024 by the Department of marketing, Swami Vivekananda Subharti University atSriram School Lal Kurti, Meerut..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Deekshith-Department of Medicine
2. Dr. Anil Kumar-Department of Medicine

The team was assisted with 4interns of MBBS (_2019___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-04/06/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 03/06/2024 from 9am to 1pm in Panchayat Bhawan mu. Saini Rajpura Meerut

Participants(Faculty)-Dr.V.K.Malik (HeadoftheDepartment),Dr.Malvika Dhar, Dr. Kanupriya Jain

Participants(Students)- Dr. Prateek, Dr.Mridul, DrPoorva, DrYukti, DrAmita , Dr Saurav, Dr Anam, Dr. Nandini

Activity- In this camp **162 patients** were screened for cataract out of which 30 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the Community Medicine Dated 04/06/2024

A N C HEALTH CHECK-UP

Venue-.Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri,Meerut.

Participants- Dr. Manju Malik LMO Rural health and Tranning Centre Khajuri, Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr. Khushi Bhardwaj, Dr KUNAL Sharma, Dr Megha Bansal

A antenatal health Check-up was conducted on 04/03\6/2024 at our Rural health and training Centre Khajuri. The patient were examined andadvised by Prof. Dr Pawan Parashar,(M.S), Dr.Manju Malik LMO, Department of Community Medicine Subharti Medical College, Meerut,Intern Dr. Khushi Bhardwaj says to patients about healthy diet. Medicine distributed by Mr. Arjun Singh , Mrs. Renu Rani, Mrs. Madhu, Ramesh, Vinod were present there. Co coordinated by MSW Mr. Farhat Khan department of community medicine, Subharti Medical College, Meerut..

Patient – 42 Staff – 06



Dr. Bhawana Pant
Head of department

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Date-05/06/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 04/06/2024 from 9am to 1pm in Panchayat Sachiwaliya Nagra shekhu RajpuraMeerut

Participants (Faculty)- Dr.SanjeevKumar, Dr. Farhat Abrar , Dr Nazia Jamal, Dr Neha

Participants(Students)- Dr.Shivani, Dr.Prakhar , Dr.Kriti ,Dr.Sagarika , Dr. Garima, Dr. Arushi Mittal , Dr Ayush , Dr. Priyanka

Activity- In this camp **150 patients** were screened for cataract out of which 31 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 20 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department Date 14.06.2024

Health Camp

A health camp was organized on 07.06.2024 to 14.06.2024by the Department of marketing, Swami Vivekananda Subharti University atBudh Mela, Swami Vivekanand Subharti University, Meerut..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Nirvin Bali
2. Dr. Sonalika Devi
3. Dr. Bhumadhya Jain
4. Dr. Monika-Department of Medicine

The team was assisted with 5interns of MBBS (_2019___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 14.06.2024

Health Camp

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The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-11/06/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 10/06/2024 from 9am to 1pm in gram panchayat sachiwaliya gaondi Meerut

Participants(Faculty)-Dr.V.K.Malik(HeadoftheDepartment),Dr.Malvika Dhar,Dr. Kanupriya Jain

Participants(Students)-Dr.Prateek, Dr. Mridul, Dr Poorva, Dr Yukti, Dr Amita ,Dr Saurav, Dr Anam, Dr. Nandini

Activity- In this camp **141 patients** were screened for cataract out of which 30 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 10 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

OFFICE OF THE PATHOLOGY DEPARTMENT

Subharti Medical College

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No. /SMC /Patho./2023/141-A **Date: 15.06.2024**

A voluntary blood donation camp was organized by Subharti Blood Bank, Meerut on 15/06/2024 with effect from 10 AM to 02 PM.

Dr. Davendra Swarup Professor, department of Pathology, Dr. Vartika Dubey, Junior resident (MD Student) and 02 UG students Mr. Arnav Sanjeev Garg & Mr. Ashish Yadav along with 07 technicians, staff nurse and attendants were involved in the event. 33 voluntary donors donated blood during this camp.

Faculty and students took active part in motivating donors and explaining them about advantages of voluntary blood donation and clearing the doubts of blood donors.

Dr. Davendra Swarup
Professor

Dr. Anjali Khare
Prof. & Head

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Date-19/06/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 18/06/2024 from 9am to 1pm in gram Pradhan ji ka Ghar , chiroli daurala Meerut

Participants (Faculty) - Dr.Sanjeev Kumar, Dr.Farhat Abrar, Dr Nazia Jamal, Dr Neha

Participants (Students) -Dr.Shivani, Dr.Prakhar, Dr.Kriti ,Dr.Sagarika , Dr. Garima, Dr. Arushi Mittal , Dr Ayush , Dr. Priyanka

Activity- In this camp **182 patients** were screened for cataract out of which 36 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 26 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department — Date 20.06.2024

Health Camp

A health camp was organized on 20.06.2024by the Department of marketing, Swami Vivekananda Subharti University atSisoli Bujurg Jaini, Meerut...

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Mohit Bansal -Department of Medicine

The team was assisted with 5interns of MBBS (_2019___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

Subharti Medical College

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Office of the Community Medicine *Dated 21/06/2024*

INTERNATIONAL YOGA DAY

Shaheed Bhagat Singh Subharti Urban Health and Training Centre (UHTC) Multan Nagar by the department of Community Medicine organised a yoga camp on 21st June 2024 on the occasion of INTERNATIONAL YOGA DAY. The total number of participants involved were 25. Dr. Smriti Goswami (BNYS, MD) conducted the camp with enthusiasm. Dr. Usha Minhas (L.M.O) encourages more people to join the yoga classes that are held in UHTC on a regular basis. The camp was organised by Dr. Bhavna Pant (H.O.D), Dr. Varsha Chaudhary (M.O.I.C), Dr. Usha Minhas (L.M.O), Dr. Babita (A.L.M.O). BNYS Interns involved were: Aishwarya Tyagi, Akanksha Rathore, and Aditi Tyagi. MBBS Interns involved were: Bhola Ram, Ayushi Aggrawal, and Bhavya Vijita. The camp was successfully carried out by: Virender, Kusum.





Dr. Bhawana Pant
Head of department

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Office of the marketing department Date 22.06.2024

Health Camp

A health camp was organized on 22.06.2024 by the Department of marketing, Swami Vivekananda Subharti University atKhiwai, Meerut

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Kunal Agarwal-Department of Medicine

The team was assisted with 3interns of MBBS (_2019___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 23.06.2024

Health Camp

A health camp was organized on 23.06.2024by the Department of marketing, Swami Vivekananda Subharti University at108 Bataliyan RAF Vedvyashpuri, Meerut.

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Shruti Khaitan -Department of Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

POSTGRADUATEDEPT.OFOPHTHALMOLOGY

SubhartiMedicalCollege

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Date-25/06/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti MedicalCollege on 24/06/2024from9amto1pminchairmannagarpanchayat Sibal khas jani Meerut

Participants (Faculty) - Dr.V.K.Malik (Head of the Department), Dr.Malvika Dhar,Dr. Kanupriya Jain

Participants (Students) - Dr. Prateek, Dr. Mridul , Dr Poorva , Dr Yukti , DrAmita , Dr Saurav , Dr Anam, Dr. Nandini

Activity- In this camp **141 patients** were screened for cataract out of which 25 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 9 werefound to befit for surgeries who wereadmitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

SubhartiPuram,DelhI-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

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Date-26/06/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 25/06/2024from 9am to 1pm Gram panchayat luwallapur baksar macchara Meerut

Participants (Faculty) -Dr.Sanjeev Kumar, Dr. Farhat Abrar , Dr Nazia Jamal, Dr Neha

Participants (Students) - Dr.Shivani, Dr.Prakhar, Dr.Kriti ,Dr.Sagarika , Dr. Garima, Dr. Arushi Mittal , Dr Ayush , Dr. Priyanka

Activity- In this camp **131 patients** were screened for cataract out of which 20 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 15 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Office of the marketing department

Date 26.06.2024

Health Camp

A health camp was organized on 26.06.2024by the Department of marketing, Swami Vivekananda Subharti University atLal Dayal Public School, Khatuali, Muzaffarnagar...

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The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Nirvin Bali Jr Medicine

The team was assisted with 3interns of MBBS (_2018___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department

Date 26.06.2024

Health Camp

A health camp was organized on 26.06.2024 by the Department of marketing, Swami Vivekananda Subharti University atBafar, Meerut..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Saikumar -Department of Medicine

The team was assisted with 3interns of MBBS (_2019___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Office of the marketing department Date 27.06.2024

Health Camp

A health camp was organized on 27.06.2024 by the Department of marketing, Swami Vivekananda Subharti University atKheri Kala..

The main objective of the program was to provide health services to the community in form of expert consultation & diagnosis of the common disease, proper treatment advice along with free medication and even guidance to consult tertiary care centre for further investigation and consultation to the population at large.

The programme had active participation of:

1. Dr. Sanchit Bhandari -Department of Medicine

The team was assisted with 4interns of MBBS (_2019___) Batch namely

Activity - Doctors told that the child should get the vaccine of BCG, hepatitis B as soon as possible and should get regular vaccinations for five years. If the child has diarrhea, give him a solution of ORS. Women and adolescent girls should take special care of their food. For example, pulses, spinach, seasonal fruits, curd, milk, matta gram, jaggery dates, etc. should be eaten Cleanliness should be taken care of during pregnancy. Dr. Surendra Kaur LMO and Dr. Babita also told important things related to nutrition and to consult at the center in case of any problem.

The meeting was attended by 212 patients . Sudheer kumar and Rahul Kumar had special contribution in making the Health Camp .

Dr. Saurabh Singhal
Prof. & Head
Department of Medicine

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Date-03/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 02/07/2024from 9am to 1pm in gram panchayat sachiwaliya Dungar rohta Meerut

Participants (Faculty) - Dr.SanjeevKumar,Dr.Farhat Abrar,DrNaziaJamal,Dr Neha

Participants (Students)-Dr.Shivani, Dr.Prakhar, Dr.Kriti, Dr.Shalini, Dr.Sagarika ,Dr.Garima, Dr.Arushi Mittal, DrAyush

Activity- In this camp **131 patients** were screened for cataract out of which 37 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 22 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

Subhartipuram,Delhi-HaridwarMeerutBypassRoad,NH-58,Meerut-250005 E-mail :smc_ophthalmology2001@rediffmail.com, Website : www.subharti.org

OFFICE OF THE PATHOLOGY DEPARTMENT

Subharti Medical College
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No. /SMC /Patho./2023/157-A **Date: 05.07.2024**

A voluntary blood donation camp was organized by LIC of India, Saket, Meerut on 05/07/2024 with effect from 10 AM to 02 PM.

Dr. Davendra Swarup Professor, department of Pathology, Dr. Vartika Dubey, Junior resident (MD Student) and 02 UG students Mr. Ayush Tiwari & Mr. Deepak Chowdhuary along with 06 technicians, staff nurse and attendants were involved in the event. 53 voluntary donors donated blood during this camp.

Faculty and students took active part in motivating donors and explaining them about advantages of voluntary blood donation and clearing the doubts of blood donors.

Dr. Davendra Swarup
Professor

Dr. Anjali Khare
Prof. & Head

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Date-10/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 9/07/2024 from 9am to 1pm in gram panchayat Sachiwaliya sisola Khurd jani Meerut

Participants (Faculty) - Dr.SanjeevKumar,Dr.Farhat Abrar,DrNaziaJamal,Dr Neha

Participants (Students) - Dr.Shivani, Dr.Prakhar, Dr.Kriti ,Dr. Shalini ,Dr.Sagarika,Dr.Garima,Dr.ArushiMittal,DrAyush

Activity- In this camp **142 patients** were screened for cataract out of which 43 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 23 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-16/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 15/07/2024from 9am to 1pm in Pradhan ji ke Ghar par sotka jani KhurdMeerut

Participants (Faculty) - Dr.V.K.Malik (Head of the Department), Dr.Malvika Dhar,Dr. Kanupriya Jain

Participants (Students) - Dr. Prateek, Dr. Mridul , Dr Poorva , Dr Yukti , DrAmita , Dr. Shikha , Dr Anam, Dr. Nandini

Activity- In this camp **121 patients** were screened for cataract out of which 30 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 13 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-17/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 16/07/2024 from 9am to 1pm in Jawahar navodiya vidhayalya nawab garhi Sardhana Meerut

Participants (Faculty) - Dr.SanjeevKumar,Dr.Farhat Abrar,DrNaziaJamal,Dr Neha

Participants(Students)-Dr.Shivani,Dr.Prakhar,Dr.Kriti,Dr.Shalini ,Dr.Sagarika,Dr.Garima,Dr.ArushiMittal,DrAyush

Activity- In this camp **152 patients** were screened for cataract out of which 40 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 27 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-23/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 22/07/2024from 9am to 1pm in panchayat karyaliya gram macheri Daurala Meerut

Participants(Faculty)-Dr.V.K.Malik(HeadoftheDepartment),Dr.Malvika Dhar,Dr. Kanupriya Jain

Participants(Students)-Dr.Prateek,Dr.Mridul,DrPoorva,DrYukti,DrAmita , Dr. Shikha , Dr Anam, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-24/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 23/07/2024 from 9am to 1pm in gram panchayat Alipur sardhana Meerut

Participants (Faculty) - Dr.SanjeevKumar, Dr. FarhatAbrar ,DrNazia Jamal, Dr Neha

Participants (Students) - Dr.Shivani, Dr.Prakhar, Dr.Kriti ,Dr. Shalini ,Dr.Sagarika,Dr.Garima,Dr.ArushiMittal,DrAyush

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-30/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 29/07/2024 from 9am to 1pm in pardhan ji ke Ghar par kastala Shamsher nagar Rajpura Meerut

Participants(Faculty)-Dr.V.K.Malik(HeadoftheDepartment),Dr.MalvikaDhar,Dr. Kanupriya Jain

Participants(Students)-Dr.Prateek,Dr.Mridul,DrPoorva,DrYukti,DrAmita , Dr. Shikha , Dr Anam, Dr. Nandini

Activity- In this camp **131 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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Date-31/07/2024

EYECAMPREPORT

Venue-An eye camp was organized by department of Ophthalmology, Subharti Medical College on 30/07/2024 from 9am to 1pm in pardhan ji ke Ghar par inchola Rajpura Meerut

Participants (Faculty) - Dr.SanjeevKumar,Dr.Farhat Abrar,DrNaziaJamal,Dr Neha

Participants(Students)-Dr.Shivani,Dr.Prakhar,Dr.Kriti,Dr.Shalini ,Dr.Sagarika,Dr.Garima,Dr.ArushiMittal,DrAyush

Activity- In this camp **145 patients** were screened for cataract out of which 44 patients were brought to Eye OPD of Subharti Medical College. A complete work up of these patients was done and all the investigations were sent. Out of these 12 patients were found to be fit for surgeries who were admitted for cataract surgery and rest of the patients were advised to come on a later date with their investigations.

Dr.V.K.Malik

(Head of Department)

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University's Contribution towards Achieving SDG 3: Good Health and Well-Being

3.3.3 SHARED SPORTS FACILITES IN THE UNIVERSITY'S CAMPUS:

Subharti University firmly upholds that sports and physical education are essential to holistic learning and personal development. The University has established comprehensive indoor and outdoor sports facilities that nurture physical fitness, teamwork, discipline, and mental well-being among students. These facilities, accessible to both boys and girls, operate under the supervision of qualified coaches and physical education instructors.

Aligning with Sustainable Development Goal 3 (Good Health and Well-Being), all sports infrastructure and programs are designed to foster active lifestyles, reduce academic stress, and build resilient, health-conscious individuals.

Indoor Sports Facilities:

- **Badminton Court**

Equipped with wooden flooring, standard lighting, and comfortable seating, the indoor badminton courts host regular inter-faculty and inter-university tournaments, promoting fitness, competitive spirit, and sportsmanship.

- **Table Tennis Hall**

Professional-grade tables, rackets, and accessories create a conducive environment for recreational play and performance improvement through guided coaching sessions.

- **Carom Room**

A dedicated space where students engage in recreational indoor games to enhance concentration, coordination, and teamwork while relaxing in a stress-free setting.

- **Chess Room**

This calm and focused environment supports intellectual development through chess training and competitions, fostering strategic thinking and mental agility.

- **Boxing Hall**

A fully equipped facility with protective gear, punching bags, and a professional boxing ring. Expert trainers guide students in building strength, confidence, and discipline.

- **Yoga Hall**

A serene area dedicated to yoga, meditation, and mindfulness practices. Certified instructors conduct regular sessions that enhance flexibility, mental clarity, and emotional balance, aligning perfectly with SDG 3 objectives.

- **Judo & Wrestling Hall**

Fitted with mats, safety padding, and specialized equipment, this zone supports both traditional and modern grappling forms, improving students' agility, strength, and balance.

- **Gymnastics & Aerobics Hall**

Designed for rhythmic movement and cardiovascular health, the hall hosts aerobics, dance fitness, and flexibility training programs with modern apparatus for gymnastics and floor exercises.

- **Weight Training Hall**

A modern fitness facility equipped with advanced machines and free weights. Individualized fitness programs are offered under expert supervision to promote endurance and muscle strength.

- **Girls' & Boys' Gyms**

Separate, fully equipped gyms ensure privacy and convenience. Both include cardio and strength-training equipment, managed by professional trainers for safe and efficient workouts.

Outdoor Sports Facilities:

- **Track & Field Arena**

A standard athletic track supports events like sprints, long-distance running, long jump, shot put, and discus throw. Annual meets and training sessions help identify and nurture athletic talent.

- **Football Ground**

A full-sized turf ground with floodlights hosts training and competitive matches, fostering endurance, teamwork, and leadership among participants.

- **Handball Court**

Built to national standards, the court enables regular practice and inter-college tournaments, promoting agility and coordination.

- **Tennis Court**

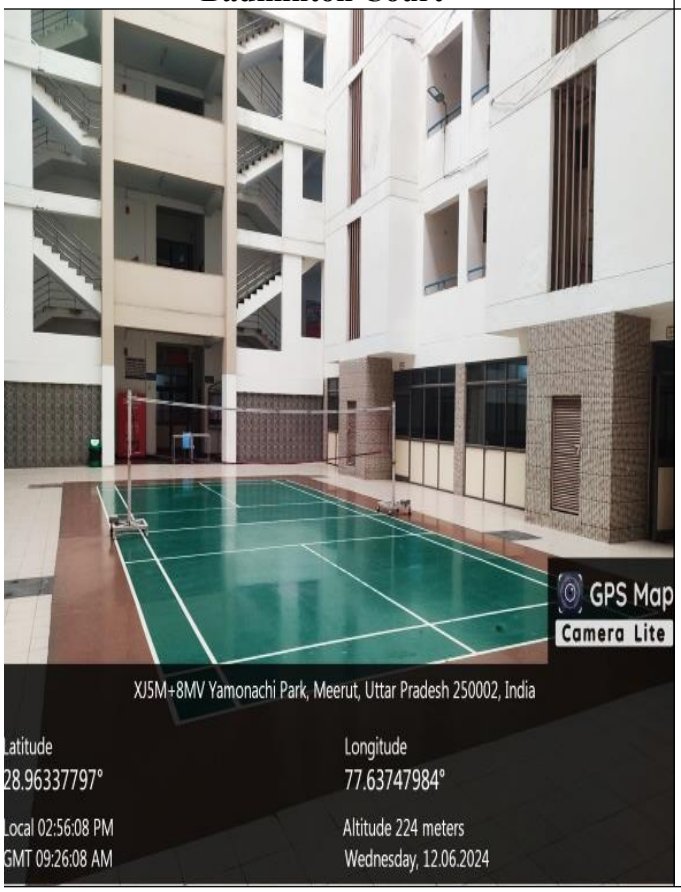
Modern synthetic courts provide spaces for recreational and professional practice, with coaching programs preparing students for district- and state-level competitions.

- **Basketball Court**

Well-lit, standard-size courts facilitate both practice and inter-university matches, encouraging physical fitness and collaborative gameplay.

- **Volleyball Court**

Multiple courts meet competitive standards and support both intramural and state-level events, inspiring active participation and inclusive engagement.

Badminton Court	Table Tennis
	

Carom Room	Chess Room
	

Boxing Hall	Yoga Hall
	
Track & Field	**Football Ground**
	
Handball court	**Tennis Court**
	

Basketball Court	Volleyball Ground
	
Firing Range	**NCC**
	

Yoga Centre

Yoga Hall 1	Yoga Hall 2
	



Kabaddi Ground



Kho Kho Ground

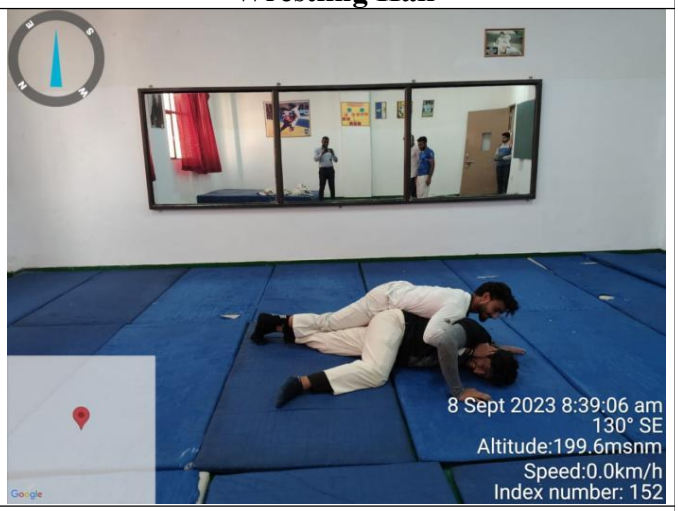


Cricket Ground

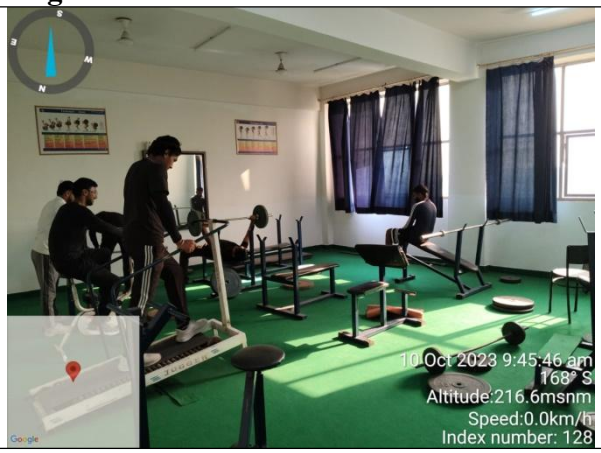


Mini Hockey Filed



Discuss Throw	Long Jumping Pit
	
Judo Hall	**Wrestling Hall**
	

Weight Training Hall

Gymnastics & Areobics Hall



Measurement Details of Sports and Cultural Facilities:

To ensure inclusive, efficient, and well-maintained sports and wellness environments aligned with Sustainable Development Goal 3 (Good Health and Well-Being), Subharti University systematically monitors the spatial and functional attributes of its physical infrastructure. The University's sports, cultural, and yoga facilities are designed to accommodate diverse student needs, promote daily participation, and support holistic physical development.

Table 1: Details of Area and Year of Establishment of Indoor facilities showcasing the University's Dedication to Quality Recreational and Wellness Spaces.

Sr. No.	Indoor Facilities	Area	Year of Establishment
1	Badminton Court	44 × 20 Feet	2012
2	Table Tennis	10.97 × 12.19 M.	2008
3	Carom & Chess Room	3.96 × 7.91 M.	2008
4	Boxing Hall	5.03 × 7.92 M.	2012
5	Yoga Hall	3.96 × 7.31 M	2010
6	Dojo & Wrestling Hall	8.53 × 7.92 M	2012
7	Gymnastics & Aerobics Hall	8.53 × 7.92 M	2012
8	Weight Training Hall	3.96 × 7.91 M	2012
9	Girls' Gym	14.48 × 9.60 M	2012
10	Muscles & Move Gym	339.62 Sq. M	2024

Table 2: Details of Area and Year of Establishment of Outdoor facilities showcasing the University's Dedication to Quality Recreational and Wellness Spaces**:**

Sr. No.	Outdoor Facilities	Area	Year of Establishment
1	Track & Field	400 M	2008
2	Football	120 × 90 M	2010
3	Handball	40 × 20 M	2008
4	Tennis	78 × 27 Feet	2010
5	Basketball	28 × 15 M	2012
6	Volleyball	18 × 9 M	2010
7	Kabaddi	13 × 10 M	2010
8	Kho-Kho	29 × 16 M	2008
9	Cricket	140 M	2014
10	Mini Hockey Field	40 × 25 M	2012

Table 3: Details of Area and Year of Establishment of Cultural facilities showcasing the University's Dedication to Quality Recreational and Wellness Spaces:

Sr. No.	Name of the Facility	Area	Year of Establishment
1	Pt. Birju Maharaj Dance Hall	178.08 M^2	2015
2	Guru Tegh Bahadur Auditorium	583.11 Sq. M	2015
3	Maangalaya Convention Centre/Auditorium	6754.20 Sq. M	2016
4	Satyajit Ray Auditorium	5140 Sq. Ft	2023

Table 4: Details of Area and Year of Establishment of Yoga facilities showcasing the University's Dedication to Quality Recreational and Wellness Spaces:

Sr. No.	Name of the Facility	Area	Year of Establishment
1	Yoga Hall 1	1632.40 Sq. Ft	2011
2	Yoga Hall 2	1368.84 Sq. Ft	2011
3	Yoga Studio	4184.70 Sq. Ft	2017

Sports Policy of the University:

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उत्तिष्ठत जाग्रत प्राप्य वरान्निबोधत

Policy on Free Access to Sports Facilities for the Local Community

Policy on Free Access to Sports Facilities for the Local Community

S. No.	Particulars	Description
1	Policy Number	U-07/SVSU/2024/2740
2	Policy Structure	Promote community health by granting free access to local community for designated University sports facilities in support of SDG-3.
3	Scope of the Policy	— This policy applies to designated sports grounds, athletics tracks, open fitness areas, and selected indoor courts of the University. — Gymnasium equipment and specialized facilities may be made available separately as per university rules.
4	Policy Status	Original
5	Originated By	The Department of Physical Education of the University
6	Reviewed By	Registrar
7	Effective Date of Policy	22.06.2024
8	Approving Authority	Hon'ble Vice Chancellor
9	Policy Review Date	08.03.2025

1. Purpose

To promote health, fitness, and community well-being by providing free access to university designated sports facilities, in alignment with SDG-3 for improving public health and encouraging active lifestyles.

2. Policy Statement

The University supports community engagement and social responsibility by allowing local community residents to access designated sports facilities free of cost, fostering a healthy and active environment around the campus.

3. Eligible Beneficiaries

Free access is extended to:

- Residents from the local community/villages adopted by the University.
- Selected school students of private/government schools approaching for the said facilities of the University.
- Senior citizens, women, and differently-abled individuals are encouraged to participate.
- Visitors from outside the defined locality, clubs, or commercial groups require prior approval from the University.
- Other than the designated facilities if asked for will be given with prior approval from the University.

4. University Guidelines for Facility Use

To ensure orderly use and safety, free access to sports facilities shall be provided under the following guidelines:

- Access will be permitted only during notified community hours, after the regular University sports and student activity schedules.
- Registration with valid ID/address proof is required for issuance of entry permission.
- All users must adhere to University sports rules, dress code, and discipline norms.
- Individuals shall bring their own sports equipment; University equipment will not be provided for community use.
- Respectful conduct and proper care of facilities are mandatory; damage or misuse is strictly prohibited.
- Conduct of coaching activities, camps, or tournaments shall not be permitted without prior written approval of the University.

5. Monitoring:

- User registration, feedback, compliance and facility usage will be supervised and monitored by the Sports Committee / Security Department of the University.
- The University reserves the authority to regulate or restrict access due to maintenance, official events, safety, or security requirements.



6. University Support

- Designated university staff/security will be present during community access hours.
- Awareness drives and community sports programs may be conducted to encourage widespread participation by the Department of Physical Education of the University.

6. Review

- The University may update guidelines as and when required to improve community engagement and safety.

08.03

SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Registrar
MEERUT



University's Contribution towards Achieving SDG 3: Good Health and Well-Being

3.3 Collaborations and Health Services

3.3.4 University as a body provide students access to sexual and reproductive health-care services including information and education services:

Swami Vivekanand Subharti University, Meerut, is deeply committed to promoting Sustainable Development Goal 3—Good Health and Well-Being—by ensuring access to comprehensive sexual and reproductive health-care services, education, and awareness among its students and the surrounding community. Recognizing that sexual and reproductive health is fundamental to personal dignity, gender equality, and sustainable development, the University's constituent colleges have undertaken diverse programs to educate and empower individuals, particularly women and adolescents, to make informed health choices.

The University, has integrated sexual and reproductive health initiatives into both academic and community outreach activities. Through regular health talks, awareness sessions, and interactive workshops, students are equipped with essential knowledge on topics such as menstrual hygiene, breast cancer awareness, prevention of sexual harassment, and HIV/AIDS education. These initiatives are designed not only to create awareness but also to build sensitivity and encourage responsible health practices aligned with national and global health priorities.

Various college & departments plays a leading role in implementing these programs across urban and rural training centers. Events such as World Breastfeeding Week, Breast Cancer Awareness Talks, and Menstrual Hygiene Sessions have been systematically organized to educate mothers, adolescent girls, and healthcare trainees. For instance, during World Breastfeeding Week, faculty members and medical interns conducted interactive sessions highlighting the physiological, nutritional, and psychological benefits of exclusive breastfeeding and debunked myths related to maternal care.

Similarly, Cancer Awareness Campaigns at community centers provided vital education on early detection, preventive lifestyles, and self-examination techniques, reaching large numbers of adolescent girls and women. The Menstrual Hygiene Awareness Program organized at Adarsh Nagrik Inter College sensitized schoolgirls about personal hygiene, safe disposal practices, emotional well-being, and the importance of destigmatizing menstruation. These sessions fostered open dialogue on sensitive issues traditionally surrounded by taboos.

Further, the University observed World AIDS Day through health talks and outreach programs at government and private schools, creating awareness about HIV transmission, preventive practices, and the significance of empathy toward affected individuals. Medical officers, faculty members, and student volunteers actively participated in interactive Q&A sessions, thereby reinforcing behavioral change and social responsibility among the youth.

Additionally, awareness lectures such as the one on the Prevention of Sexual Harassment at Workplace, organized by Maharishi Aurobindo Subharti College of Naturopathy and Yogic Sciences, strengthened the University's commitment to ensuring a safe and inclusive campus environment.

The University's sustained engagement through its medical, nursing, dental, and allied health colleges reflects a holistic approach toward improving public health outcomes and empowering youth with knowledge, empathy, and confidence.



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BREAST CANCER AWARENESS MONTH

DATE: 16TH OCTOBER, 2023 **TIME: 11 A.M. ONWARDS**

VENUE: SEMINAR HALL, GROUND FLOOR, JRPSCPT

"CANCER AWARENESS TALK"

Dr. ANURAG SRIVASTAVA
DIRECTOR
SUBHARTI INSTITUTE OF CANCER MANAGEMENT & RESEARCH

Dr. ARUN KUMAR VERMA
HEAD & ASST. PROF.
SUBHARTI INSTITUTE OF CANCER MANAGEMENT & RESEARCH

Prof. (Dr.) JASMINE ANANDABAI
DEAN & PRINCIPAL
JYOTIRAO PHULE SUBHARTI COLLEGE OF PHYSIOTHERAPY

Ms. SARIKA RANA
CANCER SURVIVOR
TEAM ANANDI SHEROES

Organised By:
SUBHARTI INSTITUTE OF CANCER MANAGEMENT & RESEARCH
&
JYOTIRAO PHULE SUBHARTI COLLEGE OF PHYSIOTHERAPY
With
'ANANDI SHEROES'

Jyotirao Phule Subharti College of Physiotherapy

Recognized by U.P.State Medical Faculty, Lucknow and Indian Association of Physiotherapists
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(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Date: 16.10.2023

Report on "Awareness on Breast Cancer"

Title of the Activity	Awareness on Breast Cancer	**Level of Program**	College-Level
Focused Area	Co-curricular	**Date of Activity**	16.10.2023
Activity Organized By	JRPSCPT	**Day**	
Name of the Associated Faculty/College/Department /Outside Agency	Subharti Institute of Cancer Management and Research	**Time**	9:00 am-11:00am
Name and address of Guest Speaker	-	**Venue**	Seminar Hall , Ground Floor , JPSCP
Total Participants	57	**Organizing Coordinator(s)**	Dr. Uzma Khan, Assistant Professor
Students	52	**Report Prepared by**	Dr. Uzma Khan, Assistant Professor
Teachers	05		
Non-Teaching Staff	-		
Others (Specify)	-		

Objectives of the Activity:

1. To create awareness among students and faculty about breast cancer, its early detection, and prevention.
2. To educate participants on the signs, symptoms, and risk factors associated with breast cancer.
3. To highlight the role of physiotherapy in post-mastectomy rehabilitation and improving quality of life in cancer survivors.
4. To inspire and motivate individuals through real-life experiences shared by cancer survivors.
5. To promote community engagement in spreading awareness and supporting breast cancer patients.

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Description:

A Breast Cancer Awareness Program was organized on 16th October 2023 by Jyotirao Phule Subharti College of Physiotherapy in collaboration with the Subharti Institute of Cancer Management and Research and *Anandi Sheros*.

The program commenced with the lamp lighting ceremony, followed by a warm welcome to the esteemed guests. The event was graced by Dr. Anurag Shrivastava, Director, Subharti Institute of Cancer Management and Research; Dr. Arun Kumar Verma, Head, Subharti Institute of Cancer Management and Research; Prof. (Dr.) Jasmine Anandabai, Dean & Principal, Jyotirao Phule Subharti College of Physiotherapy; and Ms. Sarika Rana, Cancer Survivor, Team Anandi Sheros.

The speakers highlighted the importance of breast cancer awareness, early detection, and preventive measures. Ms. Sarika Rana shared her inspiring journey as a cancer survivor, motivating students and faculty to contribute towards spreading awareness and supporting those affected by cancer.

The program was co-ordinated by Dr. Uzma Khan, Assistant Professor, Jyotirao Phule Subharti College of Physiotherapy. The event concluded with an interactive session and a vote of thanks, marking a successful initiative towards promoting health awareness.

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Outcome of the Activity:

1. The participants gained enhanced awareness about breast cancer, its early detection methods, and preventive strategies.
2. Students understood the vital role of physiotherapy in rehabilitation and recovery of breast cancer patients.
3. The motivational session by the cancer survivor encouraged positive attitudes toward cancer awareness and support initiatives.
4. The program fostered collaboration and interaction between students, faculty, and healthcare experts from the Subharti Institute of Cancer Management and Research and Anandi Sheros.
5. Overall, the event successfully promoted health education and social responsibility among the participants.

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Lamp Lightening Ceremony



Event Coordinator:
Dr. Uzma Khan (PT)

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MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. .....

Dated: 20th Nov 2023

NOTICE

Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is organizing anawareness lectureon "**PREVENTION OF SEXUAL HARASSMENT AT WORKPLACE**" in coordination with the Internal Complaint Committee (ICC).

Date & Day: 21st November 2023 (Tuesday)
Time: 2:00 PM to3:00 PM
Venue: Lt-2, Naturopathy and Yoga College Building.

Ms. Nisha Singh (Ass. Prof.) Dept. of Science will be the resource person.

Dr. Jyoti Madhur will be an overall coordinator.

All Female teaching & non-teaching staff, female BNYS &MD students should attend the program.

For,
20/11/2023

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Extn: 3553 / 3554 /3588 | Cell: 9639010531, 9639015554, 9639011197 |E-mail :naturopathy@subharti.org | Website : www.naturopathy.subharti.org

Report

An Awareness lecture on **"PREVENTION OF SEXUAL HARASSMENT AT WORKPLACE"**was organized at the Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences College for the Female Teaching & Non- Teaching staff, Female BNYS & MD students.

Date & Day: 21stNovember 2023 (Wednesday)

Time: 2:00 PM - 3:00 PM

Venue: LT-2, MASCHNYS (SVSU).

Ms. Nisha Singh, (Ass. Prof.) from the Department of Science was the resource person.

Dr. Jyoti Madhur was the overall- coordinator of this awareness lecture.

She speaks about the role of the Internal Complaint Committee that Swami Vivekananda Subharti University, Meerut is committed to preventing Sexual Harassment and providing for environment that enables to work without Gender Biasand Sexual Harassment. As per the UGC regulations,

The university has constituted the Internal Complaints Committee.

This is in Compliance with the UGC (Prevention, Prohibition, and Redressed of Sexual Harassment of women employees and students in Higher EducationInstitutions) Regulations 2015.The members of the Internal Complaint Committee (ICC) from our university. Who can approach the right to approach the Internal Committee lineswith?

- Aggrieved
- Friends, relatives, Colleagues, Co-Students, Psychologists, or any other associate of the victim (may file the complaint in situations where the aggrieved person is unable to make a complaint on account of physical or mental incapacity or death).
- Witness of the Act

Total no. of participants: 65


Latitude: 28.96163
Longitude: 77.637288
Elevation: 254.2±3 m
Accuracy: 26.4 m
Time: 11-21-2023 14:41
Note: Internal complaint committee
Powered by NoteCam


Latitude: 28.96163
Longitude: 77.637288
Elevation: 254.2±3 m
Accuracy: 26.4 m
Time: 11-21-2023 14:41
Note: Internal complaint committee
Powered by NoteCam

Attendance Sheet

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Name of program: Awareness session on Prevention of Sexual Harrasment at Workplace

Name of a Resource Person- Ms. Nisha Singh (Dept. of Science)

Name of Activity coordinator- Dr. Jyoti Madhur (MASCHHS)

Date: 21/11/23 (2:00 - 3:00 pm)

List of participants: (65 Students)

S. No.	Name of Participants	Signature	Remark
1.	Shreya Sanghai	Shreya	Good
2	Km. Shambhavi Tiwari	Shambhavi	Informative
3.	Km. Jaya Rai	Jaya Rai	Informative
4.	Nandini Rastogi	Nandini	Informative
5.	Kanika Ahlawat	Kanika Ahlawat	Informative
6.	Anjli	Anjli	Informative
7.	Vaishnavi Sharma	Vaishnavi	Informative
8	Dr. Smriti		
9.	Dr. Nisha		
10.	Dr. Rini		
11.	Dr. Anuu	Anuu	Informative
12.	Dr. Afshan	Afshan	Informative
13.	Dr Rakhee		
14.	Dr. Devanshi		
15.	Dr. Shaily		
16)	Dr. Ravi		
17)	Dr. Divisha Tyagi		
18.	Dr. Tumrun Nahar		
19)	Dr Shweta		
20)	Dr. Manisha Kumari		
21	Anshika Patel		
22.	Anuradha Tyagi		
23.	Anushka Tyagi		
24.	Krishna		
25.	Manvi		
26	Kirti Kumari		
27	Swati		
28	Kirti Gupta		
29	Kashish		
30	Jasu Kaushik		
31	Zapra Giri		
32			

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32	Khushi Lodhi	Khushi	Good
33	Shivani Saini	Shivani	"
34	Vandhika "	Vandhika	"
35	Saram	Saram	"
36	Mahak	Mahak	"
37	Monni Bhargav	Monni	"
38	Khushi Yadav	Khushi	"
39	Chanchal Gadhwa	Gadhwa	"
40	Sana Khan	Sana	"
41	Nidhi	Nidhi	"
42	Aditi Tyagi	Aditi Tyagi	"
43	Richa 2019	Richa	"
44	Riya	Riya	"
45	AVANTIKA	Avantika	"
46	TANUSHKA SHARMA	Tanushka	V. Good
47	Anjali Kumari	Anjali	V. Good
48	Nidhi	Nidhi	V. Good
49	Diksha Kaushik	Diksha	V. Good
50	Priya (BNYS-19)	Priya	V. Informative
51	Kashyap Siddiqui (BNYS-19)	Kashyap	"
52	Aditi Saini	Aditi	Informative
53	Kavita Kanungo	Kavita	"
54	Nishi Pandey	Nishi	"
55	Sakshi	Sakshi	"
56	Ashu Kashyap	Ashu	"
57	Melody Lakhiakpui	Melody	"
58	Khyoda Nuoni	Nuoni	"
59	Mudkam	Mudkam	"
60	Shruti	Shruti	"
61	Jhi	Jhi	"
62	Nikita	Nikita	"
63	Shanya	Shanya	"
64	Shrishti	Shrishti	"
65	Sakshi	Sakshi	"

For,

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

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Office of the Community Medicine Dated 06/12/2023

AIDS DAY

Venue- Government Girls Inter College, Parikshit Garh, Meerut.

Participants- Dr. Kiran Gupta, Associate Prof. Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns, Dr. Mortues Lovi, Dr. Vineet Kumar Singh, Dr. Nazia.

Today Celebrated World AIDS awareness Programme in Government Girls Inter College, Parikshit Garh, Meerut. The talk given by Assot. Prof. Dr. Kiran Gupta, Department of Community Medicine, Subharti Medical College, Meerut. Blood Sample Collected by Miss. Kajal (LT) From Cenrtal Lab Subharti Medical College Meerut

Participant Students) –102 staff -03

The whole programme was Coordinated by MSW Mr. Farhat Khan.





Dr. Bhawana Pant
Head of department

REPORT ON WORLD AIDS DAY

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PANNA DHAI MAA SUBHARTI NURSING COLLEGE

HEALTH AWARENESS PROGRAM ON WORLD AIDS DAY

Theme - "Let Communities Lead"

Date - 1 December 2023
Time - 10 am
Venue - Rohta CHC



PANNA DHAI MAA SUBHARTI COLLEGE OF NURSING

WORLD AIDS DAY

1ST DECEMBER, 2023

Date	1 December , 2023
Event	WORLD AIDS DAY
Venue	CHC ROHTA
Platform	Offline
Duration	10:00 am -1:00 pm
Organizers	Department: Community Health Nursing, Panna Dhai Maa Subharti Nursing college
Activities	Role Play

REPORT

THEME: "Lets Communities Lead"

World AIDS Day is observed on 1 December each year. On this day people around the world unite to show support for people affected by HIV, commit for stopping new cases of HIV, securing the rights of people living with HIV, and fighting HIV stigma and discrimination. Theme for World AIDS Day , 2023 was "Lets Community Lead". On this occasion Panna Dhai Maa Subharti Nursing college has organized events to commemorate this day. The programme initiated at CHC Rohta. The students recited health education regarding causes, mode of transmission, prevention and social stigma associated with HIV infection was given in the form of Role play and Health education session by the Nursing Students of B.Sc 4th year. More than 80 people were benefitted by the awareness campaign. The program was successfully organized by Mrs Khushboo Rani Asst Prof Under the guidance of Dr. Geeta Parvanda, Principal of Nursing College,

PHOTOS


GPS Map Camera
Rohta, Uttar Pradesh, India
2GQV+238, Rohta, Rasulpur Rohta, Uttar Pradesh 250502, India
Lat 29.037385°
Long 77.542672°
01/12/23 11:48 AM GMT +05:30
Google


GPS Map Camera
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Office of the Community Medicine ***Dated 07/08/2023***

INTERNATIONAL BREAST FEEDING WEEK.

Shaheed Bhagat Singh Subharti Urban Health and Training centre (UHTC) Multan Nagar by the department of Community Medicine organized a health talk on 7 August 2023 on occasion of INTERNATIONAL BREAST FEEDING WEEK.

Total number of participants involved are 21.

Dr. Usha Minaz taught the mothers benifits of breast feeding for both the child and themselves. Also, the mothers were educated for strict breast feeding for the child till 6 month and nothing else is to given during that time frame.

The talk was organized by -Dr Usha Minaz, Dr Babita
MBBS Interns-Dr Bhuvnesh Batta
BNYS interns-Neha,Aditi,Vivek
Camp was successfully carried out by
Virender,Kusum,Pradeep,Anju





Dr. Bhawana Pant
Head of department

Office of the Community Medicine ***Dated 17/10/2023***

Cancer Awareness Programme

A program under the cancer awareness month was organised by the department of community medicine at Shaheed Bhagat Singh urban health training centre Multan Nagar on 17/10/2023

Health talk was given by Dr. Anurag shrivastav (cancer specialist) He talked about the prevention protection causes and symptoms of the disease and how we can get better lifestyle from the preventions to the adolescent, girls and women.

70 women and girls took advantage of this health care program and took oath under the guidance of Dr. Anurag shrivastava about quitting junk food, alcohol, red meat, and smoking. People who presented the program were Dr. Bhawana pant (HOD of community medicine department) Dr. Varsha, Dr. Monika Gupta, Dr sartaj Ahmed Dr. Babita
Program was completed with the contribution of these people MBBS intern Dr Prabhakant Singh and Dr Lavish, BNYS Intern Dr. Srishty Rai , Dr. Himani Gautam, Dr. Sumit kumar , Dr. Manisha Lodhi and heath care staff satish chauhan , Anju verma , kusum Gupta , mushrul Ahmad



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SWAMI VIVEKANAND SUBHARTI UNIVERSITY
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Dr. Bhawana Pant
Head of department

Office of the Community Medicine ***Dated 18/11/2023***

Health Camp

Shaheed Bhagat Singh Subharti Urban Health and Training Centre (UHTC) Multan Nagar by the department of Community medicine organised a naturopathy camp
on the occassion of " NATUROPATHY DAY "
18 Nov 2023 in UHTC centre

Total number of patients attended camp were 21.

The camp was organised by
Dr Usha minhas, Dr Babita, Dr Rakesh, Dr Afsheen

Naturopathy interns
Dr Gayatri, Dr Sanvi

Camp was successfully carried out by
Virender, Kusum, Anju, Pradeep





Dr. Bhawana Pant
Head of department

Office of the Community Medicine Dated 22-11/2023

HEALTH CAMP

Venue- Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri, Meerut.

Participants-Proff. Dr. Pawan Parashar, Dr. Manju Malik LMO, Dr. Dharmendra (Dentist), Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns, Dr. Shereyaansh, Dr. Rupenika Gaur, Sagar Arya, Prabha Kant Singh.

A General Health checkup camp organized at Capt. Abdul Hameed Subharti Rural Health and training centre Khajuri. the patients were examined and screening byProff. Dr. Pawan Parashar, Dr. Manju Malik, Dr. Dharmendra and Medicine free Distributed by Mr. Arjun Singh,from Department of Community Medicine, Subharti Medical College,Meerut. Blood Sample Collected by Miss. Kajal (LT) From Cenrtal Lab Subharti Medical College Meerut With Support Mrs. Janki Student of Phd. Department of Bio-Chemistry With Supporting Hands Mrs. Renu Rani, Miss. Suneeta Devi, Mr.Vinod

Patient – 101 staff -04

The whole programme was Coordinated by MSW Mr. Farhat Khan.







Dr. Bhawana Pant
Head of department

Office of the Community Medicine Dated 06/12/2023

AIDS DAY

Venue- Government Girls Inter College, Parikshit Garh, Meerut.

Participants- Dr. Kiran Gupta, Associate Prof. Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns, Dr. Mortues Lovi, Dr. Vineet Kumar Singh, Dr. Nazia.

Today Celebrated World AIDS awareness Programme in Government Girls Inter College, Parikshit Garh, Meerut. The talk given by Assot. Prof. Dr. Kiran Gupta, Department of Community Medicine, Subharti Medical College, Meerut. Blood Sample Collected by Miss. Kajal (LT) From Cenrtal Lab Subharti Medical College Meerut

Participant Students) –102 staff -03

The whole programme was Coordinated by MSW Mr. Farhat Khan.





Dr. Bhawana Pant
Head of department

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Office of the Community Medicine ***Dated 06/08/2024***

BREASTFEEDING WEEK

Department of Community Medicine organised a health talk on "BREASTFEEDING" at Shaheed Bhagat Singh Subharti Urban Health & Training (UHTC) on 6 Aug, 24 during the World Breastfeeding Week (1-7Aug) .
On this occasion ,
Dr Varsha Chaudhary (M.O.I.C)
explained about -- Correct positioning of baby

- benefits of breastfeeding to newborn, - video explaining importance of colostrum was shown
- cleared myths about breastfeeding

Dr Usha Minhas (L.M.O) and Dr Babita (A.L.M.O) told about - benefits of breastfeeding to mother (dec in bleeding, dec in uterus size & inc in breast milk secretion)
It was an interactive session. Questions raised by audience were clarified.

Total no of participants were 12

MBBS INTERNS involved -	BNYS INTERNS involved-
Ananya Sehgal & Apurva	Jyoti & Rafiya

The health talk was successfully carried out by field workers- Virender, Kusum , Anju & Poornima





Dr. Bhawana Pant
Head of department

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Office of the Community Medicine Dated 29/8/2024

TALK ON (Personal) Menstrual Hygiene

Venue-. Adarsh Nagric Inter College, Khajuri, Meerut.

Participants- Dr.Akshita Yadav JR Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Miss. Apoorva Singh, Miss. Ayushi Regal, Miss. Ruchi Singh,

Miss. Rushda, Miss. Sneha.

On 29 august 2024 a health awareness talk was organized on personal hygiene and menstrual hygiene

This event was organized by the girls of MBBS Students for 11th and 12th stander of Adarsh nagrik inter college Khajuri Dr. Akshita Rohit Yadav JR Department of Community Medicine, Subharti Medical College, Meerut emphasized on the impotence of maintaining personal hygiene of girls during period by bathing with hot water, using menstrual pads or cups, avoiding coffee and soft drink and heaving foods like fresh fruits and vegetables during menstrual periods. She also talked about proper disposal of sanitary menstrual pads in newspaper in the dustbin and not flushing them because it can clog the toilets and drains and can cause environmental pollution. She also consult the girls about providing emotional support by the family of the girls during periods and to perform some light exercises and walking during periods. The social stigma and taboo regarding periods should be removed from the society and periods should be normalized. The girl and women should not feel shameful during periods because it is normal process. if a girl is experiencing any menstrual period related problem, like increased or descries frequency of periods, light or heavy bidding or irregular bleeding, then she should consoled to the gynecologist as soon as possible.

Students: 50 Staff :- 04







Dr. Bhawana Pant

Head of department

Subharti Medical College

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***Office of the Community Medi*cine** Dated 16-10/2024

BREAST CANCER AWARENESS TALK

Venue- Kanya Gurukul Ashram, Narangpur, Parikshitgarh, Meerut.

Participants- Dr. Anurag Shrivastava, Director of Cancer Unit, Prof. Dr. Bhawana Pant Prof & Head, Department of Community Medicine, Subharti Medical College, Dr. Mohnish, Dentist Subharti Dental College, Meerut.

Volunteer Medical Students – Interns Tanu Yadav, Tarun Sharma, Shereya Rastogi, Satakshi Sharma.

A Special talk was organized by Caption Abdul Hameed Subharti Rural Health and Training Centre Khajuri under Department of Community Medicine, Subharti Medical College,Meerut.

A special awareness talk was given by Dr. Anurag Shrivastava, Director of subharti Cancer Unit and Dr. Bhawana Pant Prof & Head, Department of Community Medicine, Subharti Medical College on Breast cancer awareness, its sign, symptoms, and basic self examination techniques and hygiene. The patient was also examined for oral cavity by Dr. Mohnish Dentist and his team from Subharti Dental College, Meerut.

Later Mr. Farhat (MSW) of Caption Abdul Hameed Subharti Rural Health and Training Centre Khajuri under Subharti Medical College, Meerut. explained about various facilities provided at the Khajuri center.

Students and staff – 97 Staff – 04



Dr. Bhawana Pant

Head of department

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Office of the Community Medicine ***Dated 02/12/2024***

AIDS DAY

World AIDS Day Awareness Program Conducted at Kalavati School (conducted by UHTC Multanagar Department of Community Medicine Subharti Medical College)

On the occasion of World AIDS Day, an awareness program was organized by Urban Health and Training Center of department of community medicine at Kalavati School multanagar on 2/12/24 The programme was organised by Dr. Bhawana Pant (professor and Head of Department of community medicine) and Dr. Varsha Chaudhary (Professor, MOIC, UHTC), the session was taken by Dr. Rahul Bansal (professor , advisor department of community medicine). A gathering of 60-70 students, aged approximately 16 years were educated about HIV/AIDS prevention and healthy living.

Students were emphasized upon the importance of avoiding risky behaviors, such as unsafe sexual contact and the reuse of needles or blades. Additionally, Dr. Rahul Bansal advised students to adopt a balanced lifestyle, including consuming native fruits, maintaining a nutritious diet, getting adequate sleep, and avoiding excessive screen time, particularly scrolling through social media late at night.

Students eagerly participated, asking about HIV/AIDS prevention, signs and symptoms, diagnostic methods, and dietary recommendations. Dr. Rahul Bansal answered their questions with clarity, earning the trust and gratitude of the students. As a token of encouragement, Red Cross badges were awarded to students who actively participated. The program successfully raised awareness and motivated students to adopt healthier lifestyles, reflecting the commitment of the medical team to community health education.

Lady Medical Officer Dr. Usha Minhas, along with interns Dr. Achyut, Dr. Faizal, and Dr. Shreya, as well as naturopathy interns and staff, were present on stage to assist in addressing students' queries.

The program's success was also made possible by the effective contributions of Mr. Virender, Mrs. Kusum, and Mrs. Anju, who worked diligently to ensure the required arrangements were in place.

Dr. Bhawana Pant
Head of department

Subharti Medical College

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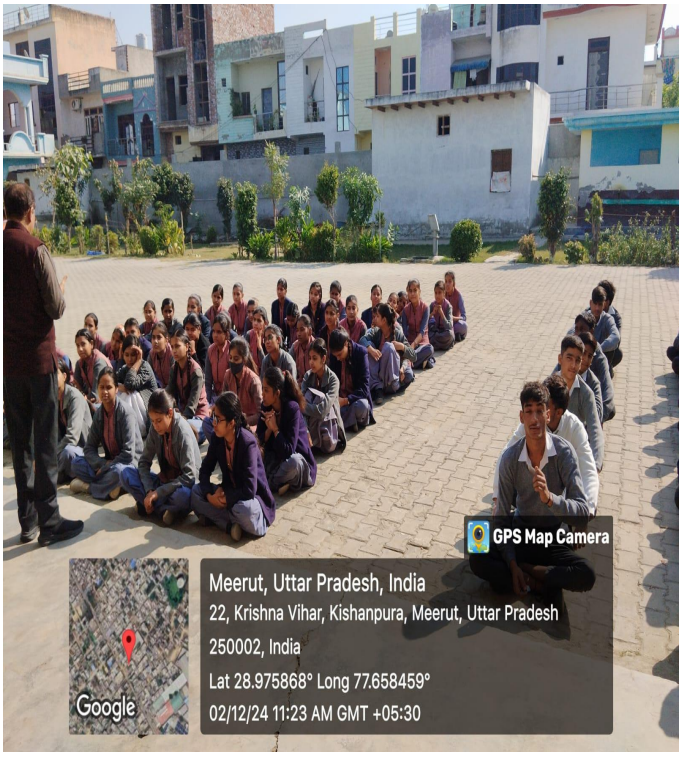
A constituent college of

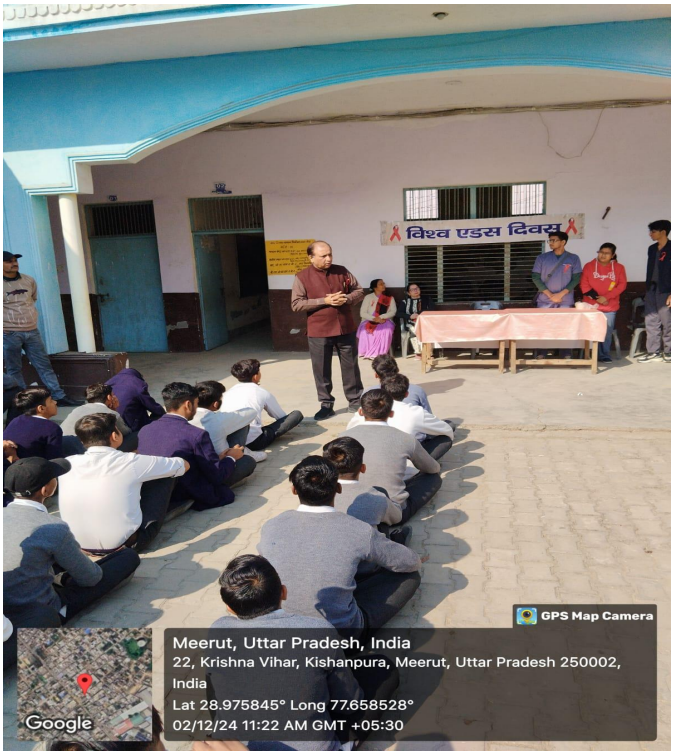
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Office of the Community Medicine ***Dated 02/12/2024***

AIDS DAY





Dr. Bhawana Pant
Head of department

Report No. – 03 "Self Defense Training" on

26.09.2023

NOTICE/ BROCHURE

SUBHARTI UNIVERSITY
Approved by UGC
AN ISO 21001 : 2018 ORGANIZATION

OFFICE OF THE REGISTRAR
Syed Zafar Hussain
P.G.D.C.A M.B.A.
ADDITIONAL REGISTRAR

Ref. No.: U-163/SVSU/2023/(~~334~~) Dated: 13.09.2023

NOTIFICATION

Gender Sensitization Committee is collaboration with Department of Physical Education is organizing a training on Kavach Self-Defense (कवच आत्मरक्षा) on 26th September, 2023.

Venue	:	**SCFF Auditorium**
Time	:	**10:00 AM**

All girl students including Ist year (2023-24 batch) must attend the program. While, other female faculty members & students are also welcome to join.

Gender Sensitization Committee along with Department of Physical Education is requested to make all necessary arrangements for the event.

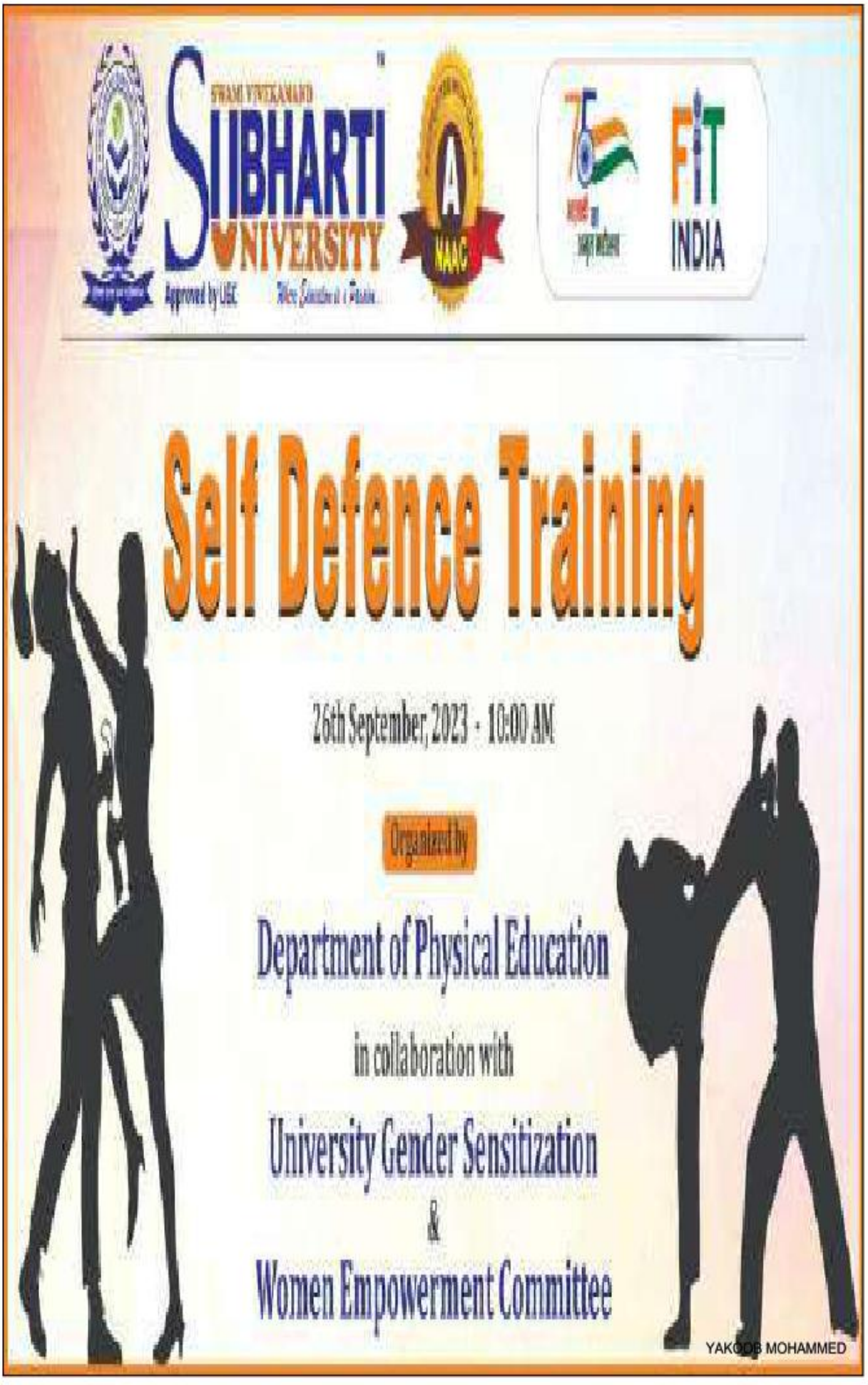
Officiating Registrar

Copy:

- Hon'ble Vice-Chancellor
- Chief Executive Officer
- Pro Vice-Chancellor
- Head of the Institutions- *(with a request to make this event a successful one)*
- HOD *(Home Science/Lib. Science/Paro-Medical Sciences)*
- Finance Officer
- Additional Registrar (T &M)
- IT Department
- Administrative Officer

Officiating Registrar

0121 6678000
Subhartipuram, NH-58, Delhi-Haridwar Bypass Road, Meerut-250005, (U.P.) India


SWAMI VIVEKANAND
SUBHARTI UNIVERSITY
Approved by UGC
A++
NAAC
FIT INDIA
Self Defence Training
26th September, 2023 - 10:00 AM
Organized by
Department of Physical Education
in collaboration with
University Gender Sensitization
&
Women Empowerment Committee
YAKOOB MOHAMMED

REPORT

SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Approved by UGC

Faculty of Education
Department of Physical Education

NAAC A

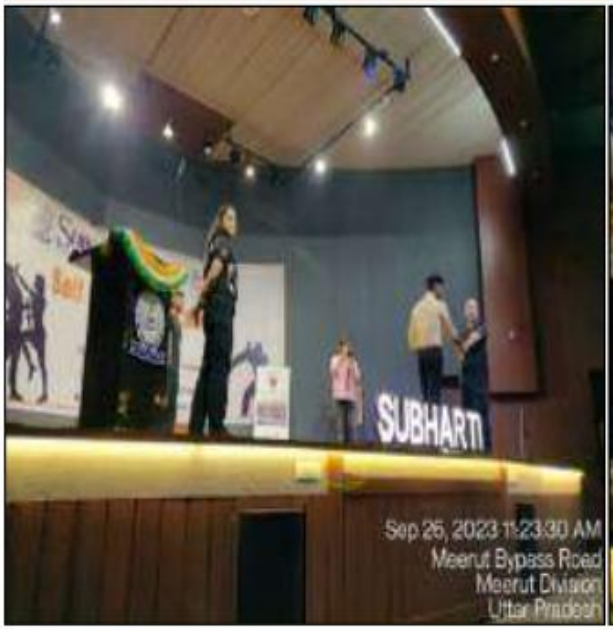
Ref. No.: Phy.Edu./SVSU/2023/595[0] Date: 28/10/2023

REPORT
ON
SELF DEFENCE TRAINING BY KAVACH

Title of the activity	**"Self Defense Training"**	**Level of Program**	University Level
Focused Area	Students	**Date of Activity**	26/09/2023
Activity Organized By	Department of Physical Education in collaboration with University Gender Sensitization Cell and Women Empowerment Committee, SVSU	**Day**	Tuesday
Name and address of Guest Speaker	Mr. Varun Rawat (Head Instructor) Ms. Divya Panwar (Lead Instructor) Ms. Savita Bharadwaj (Senior Instructor) Mr. Kunal Enghe (Senior Instructor)	**Venue**	SCFF, SVSU
Name of the Associated Faculty/College/Department/Outside Agency	KAVACH Academy in collaboration with Brahma Prahaar	**Time**	10:00am to 01 :00 pm
Total Participants	483	**Organizing Coordinator(s)**	Prof (Dr). Sandeep Kumar Dean & Head Phy.Edu. Dr. Manju Adhikari Ass. Prof. Phy.Edu. Member Women Empower committee Dr. Sarika Abhay Incharge Gender Sensatization
Students	431	**Report Prepared by**	Dr.Manju Adhikari Professor, Department of Physical Education, FOE, Swami Vivekanand Subharti University, Meerut
Teachers	52		

GEO TAGGED PHOTO









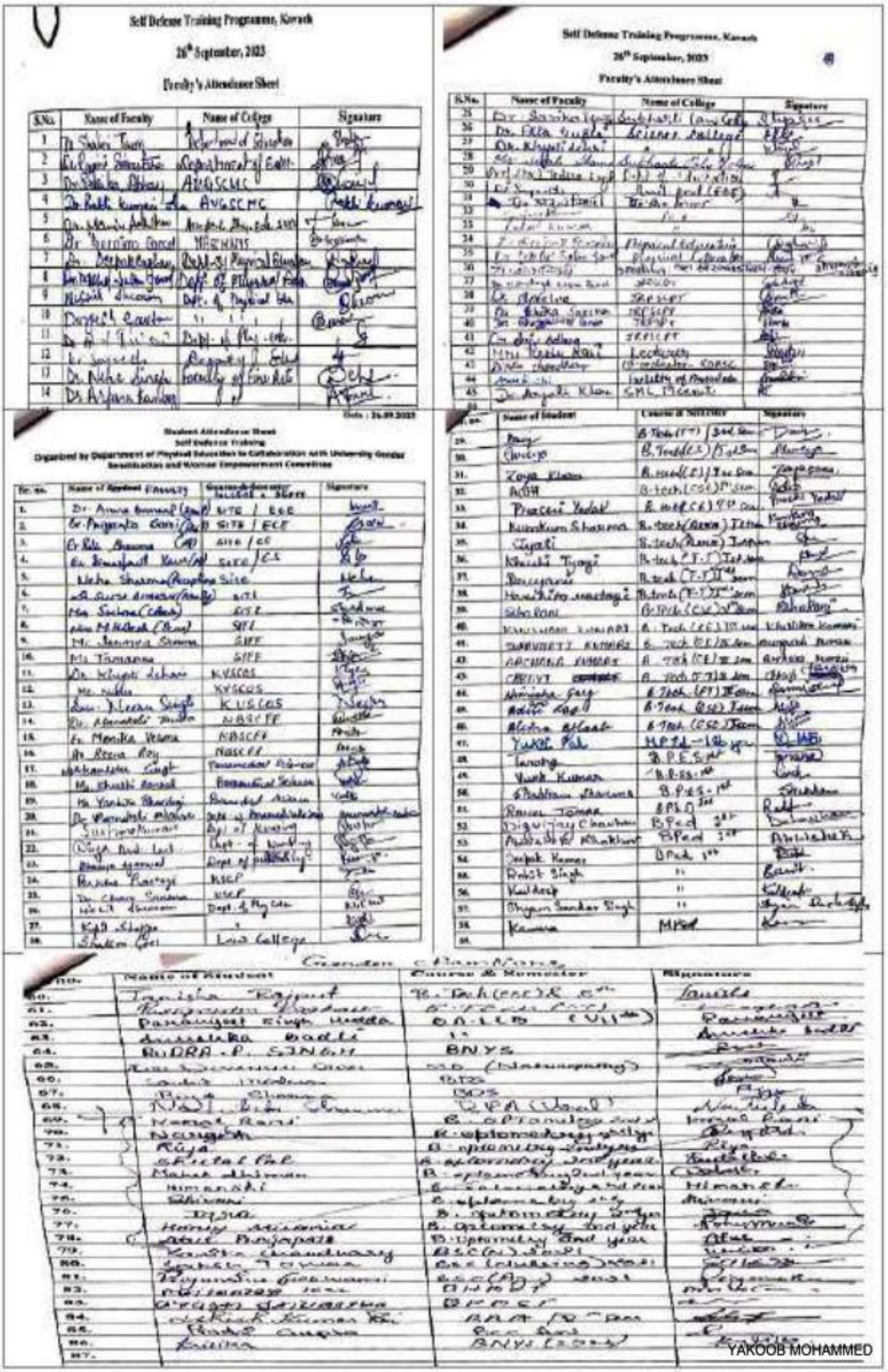
ATTENDANCE











Self Defence Training Programme, Karate

28th September, 2023

Faculty's Attendance Sheet

S.No.	Name of Faculty	Name of College	Signature
1	Dr. Sarika Tyagi	Department of Physical Education	
2	Dr. Rajesh Srivastava	Department of Education	
3	Dr. Nikita Bhasin	AIAS&CMC	
4	Dr. Rakhi Kumari	AIAS&CMC	
5	Dr. Manisha Rathore	Assistant Professor, Education	
6	Dr. Kusum Gupta	MIGHANS	
7	Dr. Deepak Kaushal	Deptt. of Physical Education	
8	Dr. Mukesh Kumar Tyagi	Deptt. Of Physical Education	
9	Mukesh Sharma	Deptt. of Physical Education	
10	Deepak Gautam	" " "	
11	Dr. A. K. Tiwari	Deptt. of Phy. Edu.	
12	Dr. Sangeeta	Department of Education	
13	Dr. Nisha Gupta	Faculty of Education	
14	Dr. Archana Pandey	"	

Self Defence Training Programme, Karate

28th September, 2023

Faculty's Attendance Sheet

S.No.	Name of Faculty	Name of College	Signature
25	Dr. Sarika Tyagi	Lakshmi Bai College	
26	Dr. Ekta Gupta	Science College	
27	Dr. Khyati Sehgal	" "	
28	Dr. Harsh Sharma	Sushant College of Nursing	
29	Prof. (Dr.) Indira Singh	Dept. of Education	
30	Dr. Sangeeta	Ramjas College (EDC)	
31	Dr. Nagendra	Dr. Ambedkar College	
32	"	"	
33	Rakesh Kumar	"	
34	Dr. Archana Sharma	Physical Education	
35	Dr. Vakil Yakub Mohammed	Physical Education	
36	Dr. Vandana Singh	Physical Education	
37	Dr. Hardeep Singh Bedi	NPE(EE)	
38	Dr. Aparna	PGGCW	
39	Dr. Rinku Sachdeva	PGGCW	
40	Dr. Deepak Kumar	PGGCW	
41	Dr. Anju Adlakha	PGGCW	
42	Miss Tasneem Kazi	Lecturer	
43	Dr. Nita Chowdhary	Co-ordinator - PGGCW	
44	Anand Vihar	Institute of Home Economics	
45	Dr. Mayadhar Khan	SMC, Meerut	

Date : 26.09.2023

Student Attendance Sheet

Self Defence Training

Organized by Department of Physical Education in Collaboration with University Gender Sensitization and Women Empowerment Committee

Sr. no.	Name of Student (Faculty)	Organization/Department/College & Class	Signature
1.	Dr. Aruna Bansal (Co-ordinator)	SITE / ECE	
2.	Dr. Priyanka Gaur (Co-ordinator)	SITE / ECE	
3.	Dr. Ekta Sharma (Co-ordinator)	SITE / CE	
4.	Dr. Simranjeet Kaur (Co-ordinator)	SITE / CS	
5.	Richa Sharma (Reception)	SITE	
6.	Mr. Sunil Kumar (Faculty)	SITE	
7.	Miss Sushma (Class)	ECE	
8.	Miss Mukesh (Class)	SITE	
9.	Mr. Jasmeet Saini	SITE	
10.	Ms Tamanna	SITE	
11.	Dr. Khyati Sehgal	KVSCAS	
12.	Mr. Rahul	KVSCAS	
13.	Lt. Neeraj Singh	KUSCAS	
14.	Dr. Amrendra Thakur	NAASCFF	
15.	Dr. Monika Verma	NAASCFF	
16.	Dr. Reena Roy	NAASCFF	
17.	Harkanwar Singh	Financial Advisor	
18.	Ms. Khushi Bansal	Biomedical Science	
19.	Ms Yashika Bhardwaj	Biomedical Science	
20.	Dr. Meenakshi Mathur	Dept. of Biomedical Science	
21.	Sister Nivedita	Dept. of Nursing	
22.	Divya Rani Lal	Dept. of Nursing	
23.	Bhavya Agarwal	Dept of publishing	
24.	Purnima Pandey	NSCF	
25.	Dr. Chanu Sharma	NSCF	
26.	Mukesh Sharma	Dept. of Phy. Edu.	
27.	Kapil Sharma	"	
28.	Shaheen Goel	Lady College	

Sr. no.	Name of Student	Course & Semester	Signature
29.	Pooja	B.Tech (IT) 3rd Sem	
30.	Chetna	B.Tech (CE) 3rd Sem	
31.	Zoya Khan	B.Tech (CE) 3rd Sem	
32.	Aditi	B.Tech (CSE) 5th Sem	
33.	Prateek Yadav	B.Tech (CE) 5th Sem	
34.	Nitantkum Sharma	B.Tech (Mech) 7th Sem	
35.	Jyoti	B.Tech (Mech) 7th Sem	
36.	Khushi Tyagi	B.Tech (I.T.) 7th Sem	
37.	Devayani	B.Tech (I.T.) 3rd Sem	
38.	Harshita Pandey	B.Tech (I.T.) 3rd Sem	
39.	Shivani	B.Tech (CSE) 3rd Sem	
40.	Khushboo Kumari	B.Tech (ECE) 3rd Sem	
41.	Jasvinder Kumar	B.Tech (ECE) 3rd Sem	
42.	Archana Kumari	B.Tech (ECE) 3rd Sem	
43.	Chetan Gupta	B.Tech (IT) 3rd Sem	
44.	Himanshu Garg	B.Tech (IT) 3rd Sem	
45.	Aditi Negi	B.Tech (CSE) 3rd Sem	
46.	Alisha Afzal	B.Tech (CSE) 3rd Sem	
47.	Yukti Pal	MPEd - 1st year	
48.	Tanishq	B.P.E.S. 1st	
49.	Yash Kumar	B.P.E.S. 1st	
50.	Shubham Sharma	B.P.E.S. 1st	
51.	Rahul Tomar	BPEd 3rd	
52.	Digvijay Chauhan	BPEd 3rd	
53.	Avinash Kr Khatkar	BPed 3rd	
54.	Sanjeet Kumar	BPed 1st	
55.	Rohit Singh	"	
56.	Kuldeep	"	
57.	Bhagwan Sankar Singh	"	
58.	Kanwar	MPEd	
59.			

Sr. no.	Name of Student	Course & Semester	Signature
60.	Tanisha Rajput	B.Tech (CSE) 3rd Sem	
61.	Ranjeeta Kashyap	B.P.E.S. 1st	
62.	Pankajgeet Singh Hundal	BA.LLB (VII th)	
63.	Anuradha Bodli	"	
64.	RUDRA P. SINGH	BNYS	
65.	Tanu Dewangan Ghosh	BPEd (Intervening)	
66.	Sakshi Wadhwa	BPEd	
67.	Rinku Sharma	BPES	
68.	Nidhi Bhardwaj	B.P.A. (Vocal)	
69.	Manoj Rani	B. Optometry 2nd year	
70.	Nirupama	B. optometry 2nd year	
71.	Riya	B. optometry 2nd year	
72.	Shital Pal	B. optometry 2nd year	
73.	Mahak Dhiman	B. optometry 2nd year	
74.	Himanshi	B. optometry 2nd year	
75.	Shivani	B. optometry 2nd year	
76.	Ritu	B. optometry 2nd year	
77.	Hemraj Meena	B. optometry 2nd year	
78.	Atul Prajapati	B. Optometry 2nd year	
79.	Kavita Chaudhary	BSC (N) 2nd	
80.	Sakshi Gupta	BSC (Nursing) 2nd	
81.	Priyanshu Gupta	BSC (N) 2nd	
82.	Abhishek Jha	BHMS 2nd	
83.	Chetan Jaiswara	BPEd	
84.	Ashish Kumar Rai	BAA (P) 2nd	
85.	Shashi Gupta	BSC 2nd	
86.	Anisha	BNYS (2nd)	
87.			

YAKOOB MOHAMMED

	Name of Student	Course & Semester	Signature
91.	Priti Kumari	BALLB 9th Sem.	
92.	Diya	B.A.LL.B 6th Sem	
93.	Ritika Rani	BALLB V Th Sem	
94.	Anushka Tiwari	BALLB V Th Sem	
95.	Drishti Kaushik	B.A.LL.B IX th Sem	
96.	Mangalam Gupta	BALLB VII th Sem	
97.	Ankita Rajhans	BALLB VII Sem	
98.	Anjana Singh	BALLB VII Sem	
99.	Sushita Tripathi	BALLB VII Sem	
100.	Manasi	BALLB IX Sem	
101.	Monisha Kapoor	" "	
102.	Ranveer Ojha	" "	
103.	Payal	BPEd 2nd year	
104.	Pinki Ch	" "	
105.	Vaishali Rawat	" "	
106.	Sonu Rani	" "	
107.	Komal Kaushik	MSc. MIT 2nd year	
108.	Mantal Tyagi	"	
109.	Sumit Kumar	Poly	
110.	Anshu	Poly	
111.	Rishu	B.Ed	
112.	Sapna Tiwari	B.Ed 1st Sem	
113.	Kya Malik	B.Ed 1st Sem	
114.	Tuba	B.Ed 1st Sem	
115.	Arjun Singh Bisht	M.P.Ed 2nd	
116.	Shubham Sagar	B.P.Ed 1st	
117.	Tanishka	"	
118.	Abhishek Kumar	B.P.Ed 3rd Year	
119.	Jamuna Pant	1st	
120.	Ashish Singhal	"	
121.	Priya Arora	"	

	Name of Student	Course & Semester	Signature
122.	Sachchan	BBA 3rd year (Hons.)	
123.	Sunil	BBA 3rd year (Hons.)	
124.	Ruchi Tyagi	BBA 3rd year (Hons.)	
125.	Manu Alok	MBA 1st year (Hons.)	
126.	Prakash Singh	M.com 1st year (Hons.)	
127.	Aditi Roy	B.B.A (3rd year) 5th Sem	
128.	Nangmi Kumari	MBA 1st year (Hons.)	
129.	Kirti Tyagi	BBA 3rd year 5th Sem	
130.	Sweta Tomar	MBA - 1st year (Hons.)	
131.	Khushi Panwar	MBA 1st year (Hons.)	
132.	Riya Singh	MBA 1st year (Hons.)	
133.	Ankita Bansal	BBA - 1st year (Hons.)	
134.	Shalini Joshi	BBA - 1st year 1st Sem	
135.	Ankita Jain	BBA - 1st year (Hons.)	
136.	Alia	BBA - 1st year (Hons.)	
137.	Ganganshi	BBA - 1st year (Hons.)	
138.	Nishtha Dixit	B.El.Ed 3 Sem	
139.	Akash	"	
140.	Shweta	"	
141.	Gunjan	"	
142.	Rekha	"	
143.	Khushi Chaudhary	B.El.Ed 3rd Sem	
144.	Laxmi Sharma	B.El.Ed 3rd Sem	
145.	Kirti Agrawal	B.El.Ed 5th Sem	
146.	Tanu Yadav	B.El.Ed 5th Sem	
147.	Sakshi Saini	B.H.Ed 5th Sem	
148.	Rinak Malik	B.P.Ed 5th Sem	
149.	Jitendra	B.El.Ed 5th Sem	
150.	Kanika	B.P.Ed 3rd Sem	
151.	Mehak	"	
152.	Simran	B.El.Ed 5th Sem	

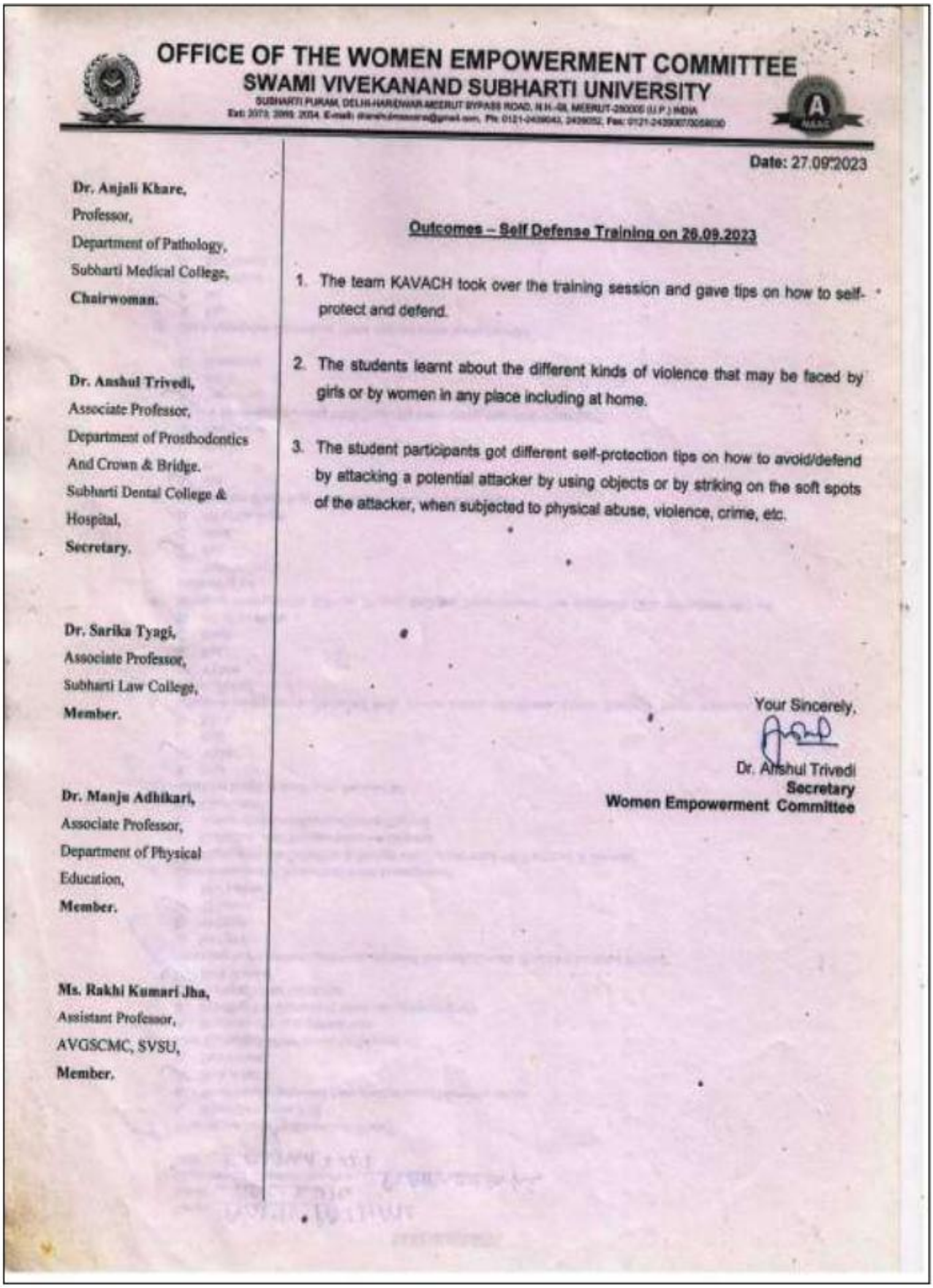
	Name of Student	Course & Semester	Signature
153.	Sakshi Malhotra	BHMCT - 5th year	
154.	Gunjan	BHMCT - 5th year	
155.	Imran Khan	BHMCT 5th year	
156.	Mansi Ch	BHMCT 5th year	
157.	Akansha Chaudhary	B.Voc in HAT - 5th	
158.	Priya Chaudhary	BHMCT 5th year	
159.	Kanchan	BHMCT 5th year	
160.	Ashu	BHMCT 5th year	
161.	Shalini	BHMCT 5th year	
162.	Sofia Khan	BPT 3rd yr	
163.	Akansha Jhinjha	BPT 3rd yr	
164.	Kanika Singh	BPT 3rd yr	
165.	Surendra	BPT 3rd yr	
166.	Kanyan	BPT 3rd yr	
167.	Anchal	BPT 3rd year	
168.	Sprakarsha Singh	BPT 3rd year	
169.	Yashu Chauhan	BPT - III year	
170.	Vaibhavi Singh	BPT - III year	
171.	Sonia Goyal	BPT - III yrs	
172.	Himanshi Kumari	Polytechnic - CE	
173.	ASMINA KUMARI	Polytechnic - EE	
174.	Ramleela Kumari	Polytechnic - EE	
175.	Sandhaya Kumari	Poly - C.S.E	
176.	Suman Kumari	poly - C.S.E	
177.	Anjali Nimarwal	Poly - C.S.E	
178.	Happy Garg	BDS 1st yr	
179.	Kushal Mann	BDS - 2023 (1st yr)	
180.	Mehak Nahida Sonam	BDS - 2023 (1st yr)	
181.	Ishu Sharma	BDS 2023	
182.	Parul Saini	BDS 2023	

	Name of Student	Course & Semester	Signature
183.	PERUMPECHI CHARAN	BDS - 2023	
184.	ASMI BAHRI	BDS 2023	
185.	ANJELINA KALA	BDS 2023	
186.	Narayani Sharma	BHMCT-2023	
187.	Muskaan Sharma	BHMCT - 2023	
188.	Vanshika Rani	B.El.Ed - 2022	
189.	Shipra	ANM - 2023	
190.	Rizwana	A.N.M - 2022	
191.	Tafshila	ANM - 2022	
192.	Jasmeen	B.SN - 2022	
193.	Anchal	BDS - 2023	
194.	Kavita Tyagi	BDS - 2023	
195.	ANJALI VERMA	BDS - 2023	
196.	ANJALI VERMA	BDS - 2023	
197.	BARKHA VERMA	BDS - 2023	
198.	Pushpanji Chauhan	BDS - 2023	
199.	Nishtha	A.N.M 2022	
200.	Pratibha	A.N.M. 2022	
201.	Tinkal	A.N.M. 2022	
202.	Priya Pal	A.N.M. 2022	
203.	Shivani Kashyap	A.N.M 2023	
204.	Sonu	A.N.M 2023	
205.	Varsha Panchal	A.N.M 2023	
206.	Shivani Devi	ANM 2023	
207.	Nikita	A.N.M 2023	
208.	Shivani yogendra	A.N.M 2023	
209.	Shivani C	A.N.M 2023	
210.	Kanishka	B.Designing	
211.	Akshra	B. Design	
212.	Sanisha	B. Design	

YAKOOB MOHAMMED

05-10-2024 14:34

OUTCOME OF ACTIVITY



OFFICE OF THE WOMEN EMPOWERMENT COMMITTEE
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
SUBHARTI PURAM, DELHI-HARIDWAR-MEERUT BYPASS ROAD, N.H.-58, MEERUT-250005 (U.P.) INDIA
Ext: 2073, 2099, 2034. E-mail: drsnkhare@gmail.com, Ph: 0121-2439043, 2439052, Fax: 0121-2439067/2658030

Date: 27.09.2023

Dr. Anjali Khare,
Professor,
Department of Pathology,
Subharti Medical College,
Chairwoman.

Dr. Anshul Trivedi,
Associate Professor,
Department of Prosthodontics
And Crown & Bridge.
Subharti Dental College &
Hospital,
Secretary.

Dr. Sarika Tyagi,
Associate Professor,
Subharti Law College,
Member.

Dr. Manju Adhikari,
Associate Professor,
Department of Physical
Education,
Member.

Ms. Rakhi Kumari Jha,
Assistant Professor,
AVGSCMC, SVSU,
Member.

Outcomes – Self Defense Training on 26.09.2023

1. The team KAVACH took over the training session and gave tips on how to self-protect and defend.
2. The students learnt about the different kinds of violence that may be faced by girls or by women in any place including at home.
3. The student participants got different self-protection tips on how to avoid/defend by attacking a potential attacker by using objects or by striking on the soft spots of the attacker, when subjected to physical abuse, violence, crime, etc.

Your Sincerely,

Dr. Anshul Trivedi
Secretary
Women Empowerment Committee

Department of Chemistry
Keral Verma Subharti College of Science
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)
Ph. 0121-2439578, 2439052, 3058031, 3056032, Telefax: 0121

Ref. No. KVSCOS/CHEM/2024/ 150

Dated: 21/02/2024

NOTICE

All students are hereby informing that the **Chemistry Department** (Keral Verma Subharti College of Science) in collaboration with **Women Empowerment Cell**, SVSU organizing an outreach activity as part of the **Beti Bachao Beti Padhao** initiative to raise awareness about the importance of educating and empowering girl for population living in **Village of Dedwa, Meerut** on 24th February, 2024.

All the students of Chemistry Department and Forensic Department are hereby directed to be present on the above said date at **8:30 AM** in the Department.

Dr. Ankita Agarwal, Dr. Abida, Dr. Preeti Singh, Ms. Nisha, Ms. Manvi Chaudhary will go along with the students.

Head
Deptt. of Chemistry
Faculty of Science
S.V.S.U., MEERUT

Dr. Renu Mavi
HoD Chemistry
KVSCOS, SVSU, Meerut


SWAMI VIVEKANAND
SUBHARTI UNIVERSITY
UGC Approved Meerut
Where Education is a Passion ...
A NAAC
OUTREACH ACTIVITY
ON
बेटी बचाओ बेटी पढ़ाओ
OBJECTIVES
To Improve Child Sex Ratio
To promote Girl Child education
To Empower Girls and Women
To Raise Awareness and Change Mindsets
ORGANIZED BY
Department of Chemistry
Keral Verma Subharti College of Science in collaboration with Women Empowerment Cell SVSU, Meerut
SATURDAY
FEB 24, 2024
TIME
ONWARDS
VENUE
VILLAGE: DEDWA, MEERUT
शिक्षा

REPORT

Department of Chemistry
Keral Verma Subharti College of Science
SWAMI VIVEKANAND SUBHARTIUNIVERSITY

(Established under UP Govt. Act no. 29 of 2008 and approved by the Commission of 2(f) of UGC Act 1956)
Ph. 0121-2439678, 2439052, 3050031, 3050032, Telefax: 0121

Ref. No. KVSCOS/CHEM/2024/ 153 Dated: 02/03/2024

Report
on
Outreach Activity
BETI BACHAO BETI PADHAO

The Chemistry Department (Keral Verma Subharti College of Science) in collaboration with Women Empowerment Cell, SVSU organized an outreach activity as part of the Beti Bachao Beti Padhao initiative to raise awareness about the importance of educating and empowering girl. The activity was conducting in Mamurpur urf Dedwa (Dedwa) village, District Meerut in Co-ordinator of Dr. Abida (Assistant Professor in Department of Chemistry), Prof. (Dr.) Renu Mavi, Dean, Faculty of Science and Dr. Anjali Khare, Chairperson of the Women Empowerment Cell motivated the students and villagers for empowerment of female.

Methodology for creating awareness was by Engaging the Gram Pradhan, Utilizing Multiple Communication Channels through community meetings, posters; by Targeted Messaging to highlight the benefits of educating girls, the importance of gender equality, and the long-term advantages for the community; by Involvement of Women and Girl by encourage them to share their experiences and the positive impact of education on their lives, and by Educational Activity through organizing interactive sessions focusing on topic such girls' education, health, hygiene. These sessions can also address issues like childe marriage and female foeticide.

The outreach activity received positive feedback from participants, who expressed appreciation for the department's efforts in promoting gender equality. Many students reported feeling inspired and motivated to advocate for girl's education and empowerment in their communities. The activity sparked meaningful conversations about gender roles and biases, contributing to a more inclusive campus culture.

The Beti Bachao Beti Padhao outreach activity conducted by the Chemistry Department was successful in raising awareness about the importance of educating and empowering girls. By organizing informative awareness campaigns, the department contributed to the larger goal of promoting gender equality and creating a more equitable society.

DEAN

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In this outreach activity, Geetanjali Singh (MSc Chemistry, final year student) raised awareness about Beti Bachao Beti Padhao and try to change the mindset among the residents of Dedwa village on child marriage and girl's education, Riya Gaur (BSc Chemistry, 2nd year student) raised awareness on improving the health and well-being of girls and also Anchal (BSc Chemistry, 1st year student) raised awareness on women empowerment and cultural change towards gender equality.

Dr. Ankita Agarwal, Dr. Abida, Dr. Preeti Singh, Ms. Nisha, Ms. Manvi, 43 students of Chemistry and Forensic Science departments and 200 villagers participated in this outreach activity with great zeal.



GEO TAGGED PHOTO







ATTENDANCE

Department of Chemistry
Keral Verma Subharti College of Science
SWAMI VIVEKANAND SUBHARTIUNIVERSITY

(EstablishedunderUP Govt Actno.29of2008andapprovedundersection2(f)of UGCAct1956)
Ph. 0121-2439578, 2439052 ,3058031. 3056032, Telefax: 0121

ATTENDANCE-SHEET

Department of Chemistry
Keral Verma Subharti College of Science
Swami Vivekanand Subharti University, Meerut

Dated: 24.02.2024

OUTREACH ACTIVITY ON BETI BACHAO BETI PADHAO
FACULTY ATTENDANCE SHEET

S. No.	Faculty's Name	Designation	Signature
1.	Dr. Abida	Assistant Prof.	
2.	Dr. Ankita Agarwal	Assistant Professor	
3.	Dr. Preeti Singh	Assistant Prof.	
4.	Ms. Nisha	Tutor	
5.	Ms. Manvi Chaudhary	Lecturer	

Keral Verma Subharti College of Science

SWAMI VIVEKANAND SUBHARTIUNIVERSITY

(EstablishedunderUP. Govt.Actno.29of2008andapprovedundersection2(f)ofUGCAct1956)
Ph. 0121-2439578, 2439052 ,3058031. 3056032; Telefax: 0121

ATTENDANCE-SHEET

Department of Chemistry
Keral Verma Subharti College of Science
Swami Vivekanand Subharti University, Meerut

Dated: 24.02.2024

OUTREACH ACTIVITY ON BETI BACHAO BETI PADHAO
STUDENT'S ATTENDANCE SHEET

S. No.	Student's Name	Course	Signature
1	Simrap	BSC-H- Chem. SS	
2	Tushti Rana	BSC-H- chem SS	
3	Rahul Kumar	BSC-H- Chem SS	
4	Shivani	M. Sc. chem IV	
5	Bharti	BSc-H- Chem III	
6	Harshita	BSc - H- Chem III	
7	Riya Gaur	BSC Chem IV Sem	
8	Anchal	BSC Chem II Sem	
9	Vandana Kumari	BSC Chem II Sem	
10	Ritika Bhardwaj	BSC FS II Sem	
11	Chhem Singh	BSCFS II Sem	
12	Kashish ACC	BSC Chem II Sem	
13	Nikita Tyagi	BSC Chem II Sem	
14	Vanshika (M.S)	BSC FS II Sem	
15	Shruti	BSC Chem II Sem	
16	Rashmi Negi	BSC Chem II Sem	
17	Gaurav Singh	M.Sc Chem IV Sem	
18	Muzaffar Verma	"	
19	Rohit	"	
20	Akash	"	
21	VIKAS	B. SC Chem IV Sem	
22	Vishisht Singh	B SC FS IV Sem	
23	Kamakshya	"	
24	Vishal Sharma	BSC FS IV Sem	
25	Kr Adithya Raj	BSC FS IV Sem	
26	Priyanshu kumar	BSC H-Chem IV Sem	
27	Nikku Sharma	BSC-FS IV Sem	
28	Rimshim Shahdia	B.Sc-H-Chem	
29	Rakshi Chaudhary	B.Sc-H- Chem	
30	MD AB YOSUF ALI	M. Sc (Chemistry)	
31	Ashish	B.Sc - Chemistry	
32	Vansh Sharma	MSC. Chemistry	
33	Gaurav Kaushik	MSc - Chemistry	
34	Prashant	B.Sc Chemistry	
35	Himanshi	M.Sc - Chemistry	
36	Harshit	M.Sc Chemistry	

24/02/24

24/02/2024

Subhartipuram, Delhi-Haridwar Meerut Bypass Road NH-58, Meerut - 250005
E-mail: Science@subharti.org, Website: www.subharti.org

YAKOOB MOHAMMED

Department of Chemistry
Keral Verma Subharti College of Science
SWAMI VIVEKANAND SUBHARTIUNIVERSITY

(EstablishedunderUP Govt.Actno.29of2008andapprovedundersection2(f)ofUGCAct1956)
Ph. 0121-2439578, 2439052, 3058031, 3058032; Telefax: 0121

ATTENDANCE-SHEET

Department of Chemistry
Keral Verma Subharti College of Science
Swami Vivekanand Subharti University, Meerut

Dated: 24.02.2024

OUTREACH ACTIVITY ON BETI BACHAO BETI PADHAO
STUDENT'S ATTENDANCE SHEET

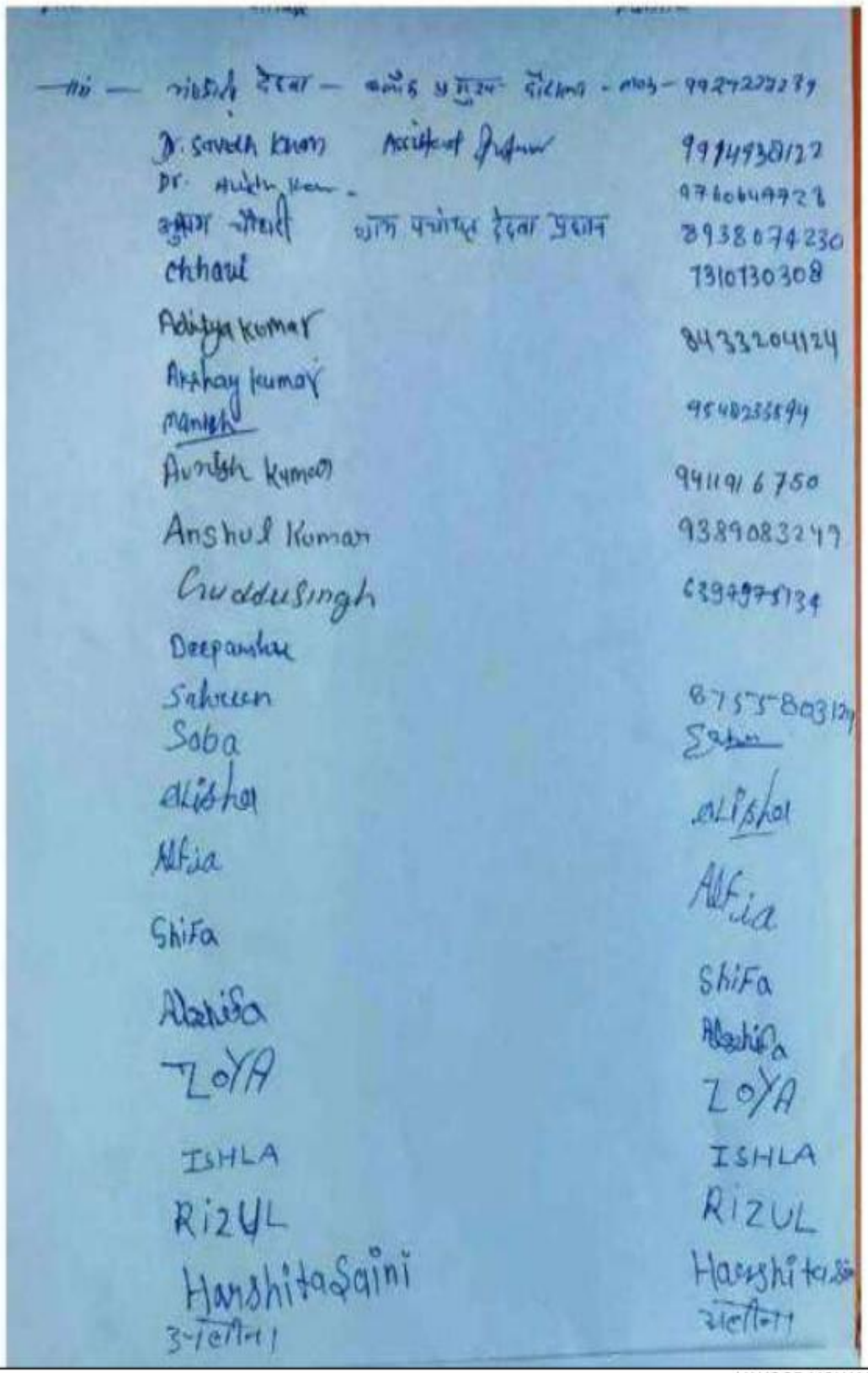
S. No.	Student's Name	Course	Signature
37.	VISHAL SAINI	M.Sc. (Chem)	
38.	Bhumika Rajput	M.Sc. Chem	
39.	Pooja Sisodia	B.Sc. FS	
40.	Vanshika (PK)	B.Sc. Forensic	
41.	Rufi Abbasi	B.Sc. Forensic Science	
42.	Sandhya	"	
43.	Vanshika Sharma	B.Sc. Forensic Sc	

24 Feb 2024.

YAKOOB MOHAMMED

ATTENDANCE-SHEET

NAME	SIGNATURE



ATTENDANCE-SHEET

NAME	SIGNATURE
Rahaa	
[illegible]	
[illegible]	
[illegible]	Aaftab
[illegible]	Kartik
[illegible]	AAHAD
Alish	
Ishita	Alish Saini Ishita

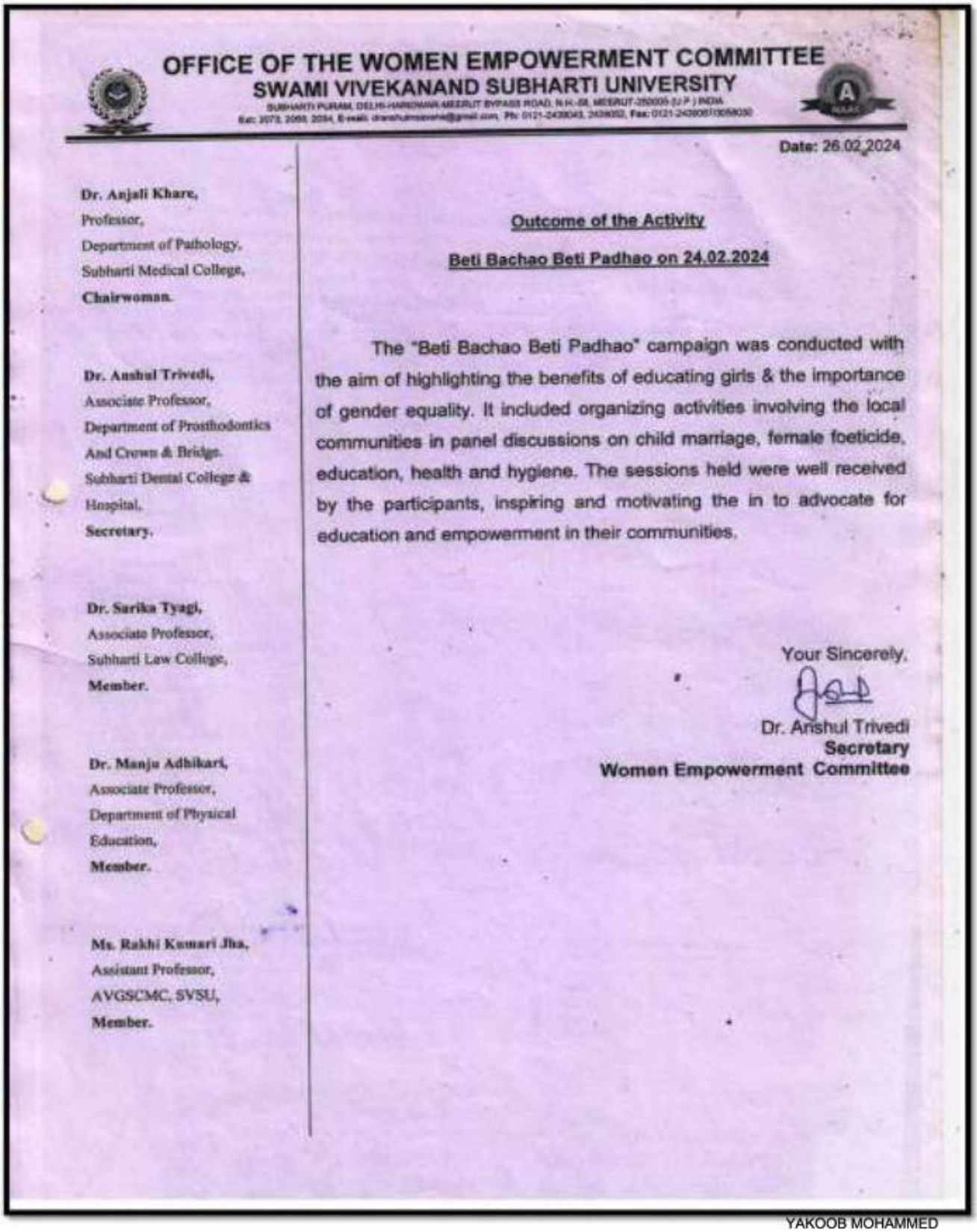
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23.2.2024

DEAN

YAKOOB MOHAMMED

OUTCOME OF ACTIVITY



OFFICE OF THE WOMEN EMPOWERMENT COMMITTEE
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
SUBHARTI PURAM, DELHI-HARIDWAR-MEERUT BYPASS ROAD, N.H.-58, MEERUT-250005 (U.P.) INDIA
Extn. 2073, 2059, 2054, E-mail: drashulmsaxena@gmail.com, Ph: 0121-2439043, 2439002, Fax: 0121-2439051/2439030

Date: 26.02.2024

Dr. Anjali Khare,
Professor,
Department of Pathology,
Subharti Medical College,
Chairwoman.

Dr. Anshul Trivedi,
Associate Professor,
Department of Prosthodontics
And Crown & Bridge,
Subharti Dental College &
Hospital,
Secretary.

Dr. Sarika Tyagi,
Associate Professor,
Subharti Law College,
Member.

Dr. Manju Adhikari,
Associate Professor,
Department of Physical
Education,
Member.

Ms. Rakhi Kumari Jha,
Assistant Professor,
AVGSCMC, SVSU,
Member.

Outcome of the Activity

Beti Bachao Beti Padhao on 24.02.2024

The "Beti Bachao Beti Padhao" campaign was conducted with the aim of highlighting the benefits of educating girls & the importance of gender equality. It included organizing activities involving the local communities in panel discussions on child marriage, female foeticide, education, health and hygiene. The sessions held were well received by the participants, inspiring and motivating the in to advocate for education and empowerment in their communities.

Your Sincerely,

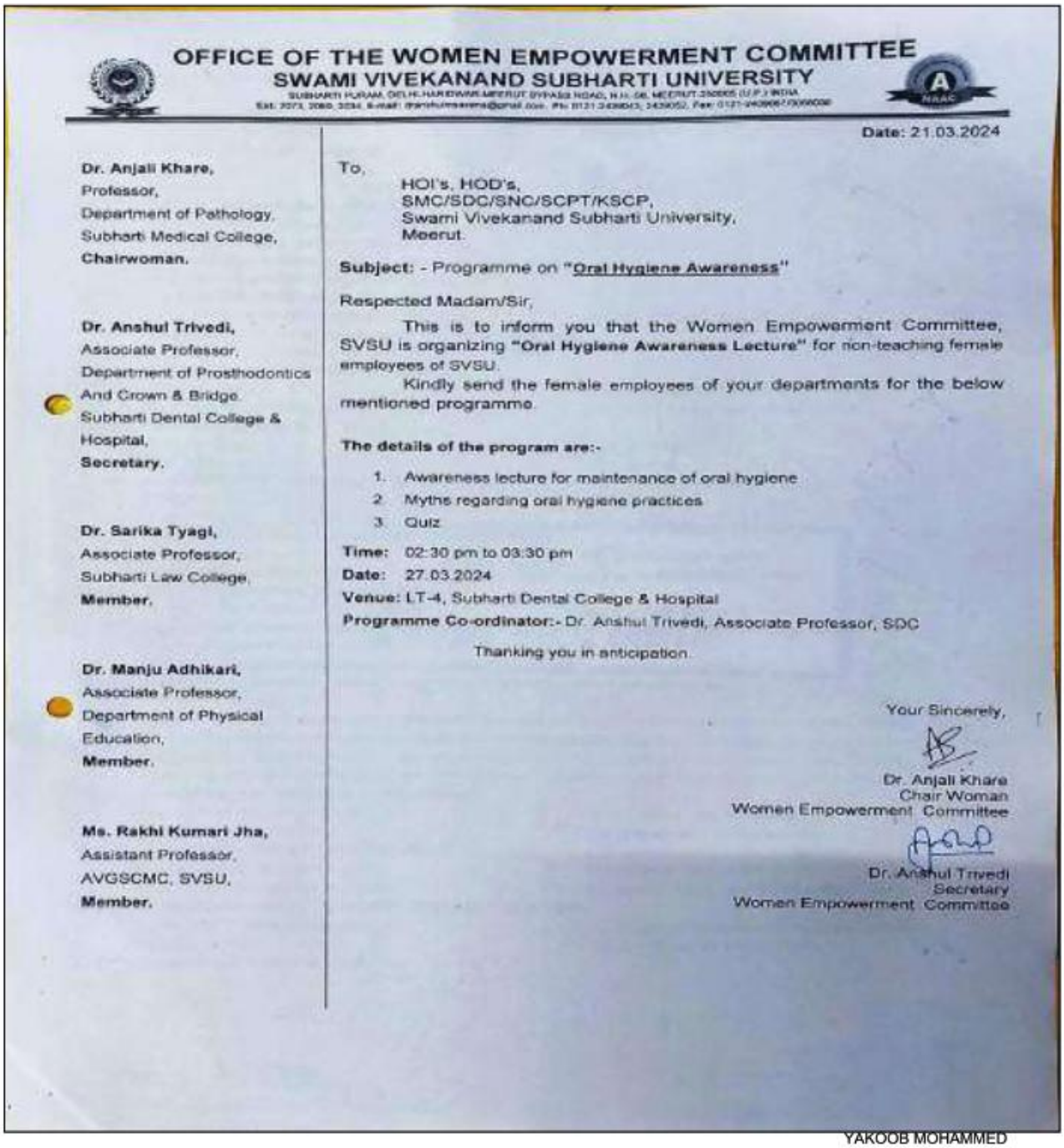
Dr. Anshul Trivedi
Secretary
Women Empowerment Committee

YAKOOB MOHAMMED

CONSIZE REPORT

Report No. – 01 "Oral Hygiene Awareness Lecture" on 27.03.2024

NOTICE/BROCHURE



OFFICE OF THE WOMEN EMPOWERMENT COMMITTEE
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
SUBHARTI PURAM, DELHI-HARIDWAR-MEERUT BYPASS ROAD, N.H.-58, MEERUT-250005 (U.P.) INDIA
Est. 2073, 2080, 2034. E-mail: drsharmaanil@gmail.com, Ph: 0121-2439043, 2439052, Fax: 0121-2439067/2399008

Date: 21.03.2024

Dr. Anjali Khare,
Professor,
Department of Pathology,
Subharti Medical College,
Chairwoman.

Dr. Anshul Trivedi,
Associate Professor,
Department of Prosthodontics
And Crown & Bridge,
Subharti Dental College &
Hospital,
Secretary.

Dr. Sarika Tyagi,
Associate Professor,
Subharti Law College,
Member.

Dr. Manju Adhikari,
Associate Professor,
Department of Physical
Education,
Member.

Ms. Rakhi Kumari Jha,
Assistant Professor,
AVGSCMC, SVSU,
Member.

To,
HOI's, HOD's,
SMC/SDC/SNC/SCPT/KSCP,
Swami Vivekanand Subharti University,
Meerut.

Subject: - Programme on "**Oral Hygiene Awareness**"

Respected Madam/Sir,

This is to inform you that the Women Empowerment Committee, SVSU is organizing **"Oral Hygiene Awareness Lecture"** for non-teaching female employees of SVSU.

Kindly send the female employees of your departments for the below mentioned programme.

The details of the program are:-

1. Awareness lecture for maintenance of oral hygiene
2. Myths regarding oral hygiene practices
3. Quiz

Time: 02:30 pm to 03:30 pm
Date: 27.03.2024
Venue: LT-4, Subharti Dental College & Hospital
Programme Co-ordinator:- Dr. Anshul Trivedi, Associate Professor, SDC

Thanking you in anticipation.

Your Sincerely,

Dr. Anjali Khare
Chair Woman
Women Empowerment Committee

Dr. Anshul Trivedi
Secretary
Women Empowerment Committee

YAKOOB MOHAMMED

REPORT

OFFICE OF THE WOMEN EMPOWERMENT COMMITTEE
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

SUBHARTI PURAM, DELHI-HARIDWAR-MEERUT BYPASS ROAD, N.H.-58, MEERUT-250005 (U.P.) INDIA
Extt: 2073, 2099, 2034, E-mail: drsnehumawana@gmail.com, Ph: 0121-2439043, 2439052, Fax: 0121-2439067/2058030

Date: 28.03.2024

Dr. Anjali Khare,
Professor,
Department of Pathology,
Subharti Medical College,
Chairwoman.

Dr. Anshul Trivedi,
Associate Professor,
Department of Prosthodontics
And Crown & Bridge.
Subharti Dental College &
Hospital,
Secretary.

Dr. Sarika Tyagi,
Associate Professor,
Subharti Law College,
Member.

Dr. Manju Adhikari,
Associate Professor,
Department of Physical
Education,
Member.

Ms. Rakhi Kumari Jha,
Assistant Professor,
AVGSCMC, SVSU,
Member.

To,
Hon'ble Vice Chancellor
Swami Vivekanand Subharti University,
Meerut

Subject: - **Report of Oral Hygiene Awareness Lecture**

Jai Hind!

Respected Sir,

This is to inform you that Women Empowerment Committee conducted a **"Oral Hygiene Awareness Lecture for non-teaching female employees of SVSU"** on 27.03.2024. Many female employees participated in the programme.

The lecture was delivered on the topics:

1. Awareness lecture for maintenance of oral hygiene
2. Myths regarding oral hygiene practices
3. Quiz

Event Manager:-

Dr. Anshul Trivedi
Associate Professor
Department of Prosthodontics and Crown & Bridge, SDC

Day : 27.03.2024 (Wednesday)
Time : 02:30 pm to 03:30 pm
Venue : LT-4, Subharti Dental College & Hospital

Your Sincerely,

Copy to : The Registrar, SVSU.

Dr. Anshul Trivedi
Secretary
Women Empowerment Committee

GEO TAGGED PHOTO













ATTENDANCE

S. NO.	NAME	DESIGNATION	COLLEGE/ DEPTT.	SIGNATURE
1.	Farha Ansari	clerk	FOE	
2.	Swati	Library Assist.	KSCP	Swati
3.	Sapna Rawat	Asst Librarian	Law College	
4.	Alka	Lib Asst	Law Class	Alka
5.	Sonam	Receptionist	Law college	Sonam
6.	Niharika Rai	clerk	Pathology	NRai
7.	Preeti	Lab Technician	Pathology	Preeti
8.	Savita yadav	Lab Technician	Pathology	Savita
9.	Mamta			
10.	Sabita Saeeda			
11.				
12.	[illegible]	SNC	W/A	[illegible]
13.	[illegible]	L.R.	W/A	[illegible]
14.	Rashmi	G.O.P.D	W/A	Rashmi
15.	Akash	SDC, Prosthodontics	clerk	
16.	Prerna	SDC, Conservative	clerk	
17.	Aarti	SDC Oral Medicine	Oral Medicine	Aarti
18.	Pratima Saxena	Asst. Manager	Marketing	
19.	Fahmida Khatoon	P.R.O	Hospital	
20.	Shambhavi Bhardwaj	Jr. Clerk	Nursing	Shambhavi
21.	Pinki Devi	Attendant	AVGSCMC	Pinki
22.	Nirmala	Sweaper	AVGSCMC	Nirmala
23.	Ms. Rakhi Jha	Assist Prof	AVGSSMC	
24.	Dr. Sarika	Asso. Prof.	Law	Shyagee
25.	Dr. Manju Ahlawat	Asso. Prof.	Physical Education	Manju
26.	Kavita	S.K.	Eng. College	KAVITA
27.	Anita	W.A.	Eng. College	[illegible]
28.	[illegible]	W.A.	Eng. College	[illegible]

S. NO.	NAME OF FACULTY	DESIGNATION	DEPARTMENT	SIGNATURE
1.	Kavita	S.K.	Para medical	
2.	SANTOSH	S.K.	Para Medical	SANTOSH
3.	[illegible]	S.K.	Medical College	[illegible]
4.	[illegible]	S.K.	Law College	[illegible]
5.	[illegible]	S.K.	Pharmacy College	[illegible]
6.	[illegible]	S.K.	" "	[illegible]
7.	[illegible]	S.K.	Pha. College	
8.	[illegible]	S.K.	" "	
9.	Sushma	Clerk	SITE college	
10.	Ranjan Lair	Clerk	Faculty of Education	
11.	Isha Lahari	Asst. Librarian	Faculty of Education	
12.	Kusta Iyengar	Receptionist	Faculty of Education	
13.	Dr Anuradha	JR2	Obs & gynae Dept	
14.	Shivani A. Clerk	A. Clerk	Microbiology	
15.	Anju	Asst Mgr.	Accounts	
16.	Dr Afzali Khan	Professor	Pathology	
17.				
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33.				

YAKOOB MOHAMMED

OUTCOME OF ACTIVITY

OFFICE OF THE WOMEN EMPOWERMENT COMMITTEE
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

SUBHARTI PURAM, DELHI-HARIDWAR-MEERUT BYPASS ROAD, N.H.-58, MEERUT-250005 (U.P.) INDIA
Est: 2073, 2093, 2034, E-mail: drsnhulmawomi@gmail.com, Ph: 0121-2408043, 2408052, Fax: 0121-2439087/2058030

Date: 26.03.2024

Dr. Anjali Khare,
Professor,
Department of Pathology,
Subharti Medical College,
Chairwoman.

Dr. Anshul Trivedi,
Associate Professor,
Department of Prosthodontics
And Crown & Bridge,
Subharti Dental College &
Hospital,
Secretary.

Dr. Sarika Tyagi,
Associate Professor,
Subharti Law College,
Member.

Dr. Manju Adhikari,
Associate Professor,
Department of Physical
Education,
Member.

Ms. Rakhi Kumari Jha,
Assistant Professor,
AVGSCMC, SVSU,
Member.

Outcome of the Activity

Oral Hygiene Awareness Lecture on 27.03.2024

As per, the program which was conducted by Subharti Dental College on "Oral Hygiene Awareness" among the female employees of the SVSU. The program highlighted the benefits of educating the females on the importance of good oral hygiene, the importance of tooth brushing, myths regarding the oral hygiene practices which they were unaware of the employees also participated enthusiastically in the questionnaire program which was conducted afterwards. As a result of this outreach activity we received a positive feedback from participants, who expressed their concern regarding the oral hygiene practices which they were not generally practicing. Many female employees were also motivated and inspired and as a result they reverted to the dental OPD for their routine checkups.

The "Oral Hygiene Awareness" outreach activity conducted by Women Empowerment Committee at Subharti Dental College was successful in raising awareness about the importance of Oral Hygiene and its practices.

Your Sincerely,

Dr. Anshul Trivedi
Secretary
Women Empowerment Committee

YAKOOB MOHAMMED

Name of the Event: Self Defense Training
Date of the Event:
26/09/2023

SWAMI VIVEKANAND
SUBHARTI UNIVERSITY
Approved by UGC
AN ISO 21001 :2018 ORGANIZATION

OFFICE OF THE REGISTRAR
Syed Zafar Hussain
P.G.D.C.A, M.B.A.
ADDITIONAL REGISTRAR
adr@subharti.org

Ref. No.: U-163/SVSU/2023/[illegible] Dated: 13.09.2023

NOTIFICATION

Gender Sensitization Committee is collaboration with Department of Physical Education is organizing a training on Kavach Self-Defense (कवच आत्मरक्षा) on 26th September, 2023.

Venue : SCFF Auditorium
Time : 10:00 AM

All girl students including Ist year (2023-24 batch) must attend the program. While, other female faculty members & students are also welcome to join.

Gender Sensitization Committee along with Department of Physical Education is requested to make all necessary arrangements for the event.

Officiating Registrar

Copy:

- Hon'ble Vice-Chancellor
- Chief Executive Officer
- Pro Vice-Chancellor
- Head of the Institutions- *(with a request to make this event a successful one)*
- HOD *(Home Science/Lib. Science/Paro-Medical Sciences)*
- Finance Officer
- Additional Registrar (T &M)
- IT Department
- Administrative Officer

Officiating Registrar

0121 6678000
Subhartipuram, NH-58, Delhi-Haridwar Bypass Road, Meerut-250005, (U.P.) India

Report

On 26/09/2023 University Gender Sensitization Cell and Women Empowerment Cell of Swami Vivekanand Subharti University in collaboration with KAVACH a Self Defence Academy organized a Self-defense training program for all the students of the University. The event started with welcoming the dignitaries with saplings as a token of love and gratitude. The chief guest of the program was Maj. Gen (Dr) G.K.Thapliyal Hon'ble Vice Chancellor, Swami Vivekanand Subharti university, the Special guest Prof (Dr) Shalya Raj CEO Swami Vivekanad Subharti University, resource Person Mr. Varun Rawat (Head Instructor) Ms. Divya Panwar (Lead Instructor) Ms. Savita Bharadwaj (Senior Instructor) Mr. Kunal Enghe (Senior Instructor) from KAVACH a Self Defence Academy.

Hon'ble Vice Chancellor, the chief guest Maj. Gen (Dr) G.K.Thapliyal addressed the gathering and said The world is changing and becoming more unpredictable, particularly for women. As such, self-defence training is one of the most needed and must for every woman's to-do list.

The team KAVACH took over the training session and gave tips on how to self-protect and defend are as follows:

First tip: Prevention is the best self-defense

Second tip: Get Loud and Push Back

Third tip: Remember the Most Effective Body Parts to Hit like nose, eyes, knee etc.

The activity was made more energetic by some fruitful interaction between the experts and audience. The program was ended with a vote of thanks and concluded by group photographs.





Self Defense Training Programme, Kavach

26th September, 2023

Faculty's Attendance Sheet

S.No.	Name of Faculty	Name of College	Signature
1	Dr. Shalini Tiwari	Department of Education	Shalini
2	Dr. Ragini Srivastava	Department of Edu.	
3	Dr. Sadika, Abhay	AVGSCMC	
4	Dr. Rakhi kumari Jha	AVGSCMC	Rakhi kumari
5	Dr. Manju Adhikari	Asso. Prof. Phy. Edu. SVSU	
6	Dr. Poornima Bansal	MASCHNYS	
7	Dr. Deepak Raghav	Deptt. of Physical Education	
8	Dr. Mohd. Salman Jamal	Deptt. of Physical Edu.	
9	Nikhil Sharma	Dept. of Physical Edu	Sharma
10	Durgesh Gautam	" " "	
11	Dr. Ajay Tiwari	Dept. of Phy. Edu.	
12	Dr. Sayeeda	Department of Edu.	
13	Dr. Neha Singh	Faculty of Fine Arts	Neha
14	Dr. Arpana Kamboj	"	Arpana
15			
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Self Defense Training Programme, Kavach

26th September, 2023

Faculty's Attendance Sheet

S.No.	Name of Faculty	Name of College	Signature
25	Dr. Sarika Tyagi	Subharti Law Colle	
26	Dr. Ekta Gupta	Science College	
27	Dr. Khyati Sehri	" "	
28	Ms. Jeffali Sharma	Subharti Poly Technic	
29	Prof. (Dr.) Tejpal Singh	Dept. of Education	
30	Dr Sayeeda	Asstt. prof (FOE)	
31	डा० अनुराधा	डी० फार्मा	
32	Sanjeev Kumar	fo E.	
33	Talat Kumar	"	
34	Dr Deepak Meghani	Physical Education	
35	Dr Mohd Salim Sood	physical Education	
36	डा० शोभा रानी	शारीरिक शिक्षा	
37	Dr Navdeep Kaur Sood	JRPSCPT	
38	Dr Apeksha	JRPSCPT	
39	Dr Ishika Saxena	JRPSCPT	
40	Dr. Bhagyashree Panda	JRPSCPT	
41	Dr. Anju Adlakha	JRPSCPT	
42	Mrs. Reshu Rohi	Lecturer	
43	Dipika choudhary	co-ordinator - SDASC	
44		Faculty of Physical edu	
45	Dr. Anjali Khare	SMC, Meerut	
46			
47			
48			

Date : 26.09.2023

Student Attendance Sheet
Self Defence Training
Organized by Department of Physical Education in Collaboration with University Gender Sensitization and Women Empowerment Committee

Sr. no.	Name of ~~Student~~ FACULTY	~~Course & Semester~~ COLLEGE & DEPTT.	Signature
1.	Dr. Aruna Bansal (Asstt P)	SITE / ECE	
2.	Er. Priyanka Saini (Asstt P)	SITE / ECE	
3.	Er Ritu Sharma (AP)	SITE / CE	
4.	Er. Simarpreet Kaur (AP)	SITE / CS	
5.	Neha Sharma (Reception)	Site	
6.	Sh. Sunil Bhasker (Asstt By)	SITE	
7.	Mrs Sushma (Clerk)	SITE	
8.	Miss Mithlesh (Peon)	SITE	
9.	Ms. Saumya Sharma	SIFF	
10.	Ms Tamanna	SIFF	
11.	Dr. Khyati Sehrawat	KVSCOS	
12.	Ms. Neha	KVSCOS	
13.	Dr. Neeru Singh	KVSCOS	
14.	Dr. Meenakshi Taneja	NBSCFF	
15.	Er. Monika Verma	NBSCFF	
16.	Dr. Reena Roy	NBSCFF	
17.	Ms. Akanksha Singh	Paramedical Sciences	
18.	Ms. Khushi Kansal	Paramedical Sciences	
19.	Ms. Yashika Bhardwaj	Paramedical Sciences	
20.	Dr. Meenakshi Mishra	Dept. of Paramedical Sciences	
21.	Sushma Kumari	Dept of Nursing	
22.	Divya Asst. Lect.	Dept. of Nursing	
23.	Bhavya Agarwal	Dept of Pharmacy	
24.	Pankaj Rastogi	KSCP	
25.	Dr. Chary Saxena	KSCP	
26.	Nikhil Bhisram	Dept. of Phy Edu	
27.	Kapil Shokya		
28.	Shalini Goel	Law College	

Sr. no.	Name of Student	Course & Semester	Signature
29.	Divy	B.Tech (FT) / 3rd Sem	Divy
30.	Shreya	B.Tech (CS) / 3rd Sem	Shreya
31.	Zoya Khan	B.Tech (CS) / 3rd Sem	Zoya Khan
32.	Aditi	B.tech (CSE) 1st Sem	Aditi
33.	Prachi Yadav	B.Tech (CE) 1st Sem	Prachi Yadav
34.	Nunkum Sharma	B.tech (Aero) 1st Sem	Nunkum Sharma
35.	Jyoti	B.tech (Aero) 1st Sem	Jyoti
36.	Rishi Tyagi	B.tech (T.T) 1st Sem	Rishi
37.	Devyani	B.tech (F.T) 1st Sem	Devyani
38.	Manchita Mastogi	B.tech (F.T) 1st Sem	Manchita
39.	Esha Rani	B.Tech (CSE) V Sem	Esha Rani
40.	KHUSHBOO KUMARI	B.Tech (CE) III Sem	Khushboo Kumari
41.	SARASWATI KUMARI	B.Tech (CE) II Sem	Saraswati Kumari
42.	ARCHANA KUMARI	B.Tech (CE) III Sem	Archana Kumari
43.	CHHAVI [redacted]	B.Tech (F.T) II Sem	Chhavi [redacted]
44.	Nimisha Garg	B.Tech (FT) III Sem	Nimisha
45.	Aditi Rao	B.Tech (CSE) 1st Sem	Aditi
46.	Alina Aftaab	B.Tech (CSE) 1st Sem	Alina
47.	Yukti Pal	MPEd - 1st yr	Yukti
48.	Tarang	B.P.E.S 1st	Tarang
49.	Vivek Kumar	B.P.E.S - 1st	Vivek
50.	Shubham Sharma	B.P.E.S - 1st	Shubham
51.	RAHUL TOMAR	B.P.L.D 1st	Rahul
52.	Digvijay Chauhan	BPed 1st	Digvijay
53.	Abhishek Khokhar	BPed 1st	Abhishek
54.	Deepak Kumar	BPed 1st	Deepak
55.	Rohit Singh	"	Rohit
56.	Kuldeep	"	Kuldeep
57.	Shyam Sundar Singh	"	Shyam
58.	Kamna	MPed	Kamna
59.			

Gender Champions

Sr. no.	Name of Student	Course & Semester	Signature
60.	Tanisha Rajput	B.Tech(CSE) & 5th	Tanisha
61.	Pushpendra Pathak	B.Tech (CS)	Pushpendra
62.	Paramjeet Singh Hudda	BA-LLB (VII th)	Paramjeet
63.	Anuska Badli	11	Anuska badli
64.	RUDRA.P. SINGH	BNYS	Rudra
65.	Dr. DEVANSHI GOEL	MD (Naturopathy)	Devanshi
66.	Sahil Medwal	BDS	Sahil
67.	Riya Sharma	BDS	Riya
68.	Navjot Kaur Sharma	BPT (Final)	Navjot
69.	Komal Rani	B. Optometry 2nd yr	Komal Rani
70.	Nandish	B. optometry 2nd yr	Nandish
71.	Riya	B. optometry 2nd yrs	Riya
72.	Shrutal Pal	B. optometry 2nd year	Shrutal
73.	Mahak Dhiman	B. optometry 2nd year	Mahak
74.	Himanshi	B. optometry 2nd Year	Himanshi
75.	Shivani	B. optometry 2nd	Shivani
76.	Iqra	B. optometry 2nd yr	Iqra
77.	Honey Murania	B. Optometry 2nd year	Honey Murania
78.	Atul Prajapati	B. Optometry 2nd year	Atul
79.	Kavita Chaudhary	BSC(N) 2021	Kavita
80.	Saksh Tomar	BSC (Nursing) 2021	Saksh
81.	Priyanshu Goswami	B.Sc (Ag.) 2021	Priyanshu
82.	Maitreyee Kar	BHMET	Maitreyee
83.	Aayush Srivastava	BHMCT	Aayush
84.	Ashish Kumar Rai	BBA IV th Sem	Ashish
85.	Pradip Gupta	Bsc Anil	Pradip
86.	Kritika	BNYS (2022)	Kritika
87.			
88.			
89.			
90.			

Sr. no.	Name of Student	Course & Semester	Signature
91.	Aditi Kumari	B.A.LL.B Vth Sem.	Aditi Kumari
92.	Diya	B.A.LL.B Vth Sem	Diya
93.	Ritika Rani	B.A.LL.B Vth Sem	Ritika
94.	Anamika Vishwas	B.A.LL.B Vth Sem	Anamika
95.	Drishti Kaushik	B.A.LL.B Vth Sem	Drishti Kaushik
96.	Manglam Gupta	BALLB VIIth Sem	Manglam
97.	Ankita Raj Bharti	BALLB VIIth Sem	Ankita
98.	Nupita Singh	BALLB VIIth Sem	Ankita
99.	Suchita Tripathi	BALLB VII Sem	Suchita
100.	Mansi	BA.LL.B IX Sem	Mansi
101.	Monisha kumari	" "	Monisha
102.	Poonam Ojha	" "	Poonam
103.	Payal	BRIT 2nd year	Payal
104.	Sana Ali	" "	Sana
105.	Vaishali Rawat	" "	Vaishali
106.	Aman Rani	" "	Aman
107.	Anmol Kaushik	MSC. MIT 2nd year	Anmol
108.	Manul Tyagi	"	Manul
109.	Swati Kumari	Poly	Swati
110.	Anshu	Poly	Anshu
111.	Pushpa	Poly	Pushpa
112.	Pooja Tomar	B.Ed Ist Sem	Pooja
113.	Riya Malik	B.Ed - Ist Sem	Riya
114.	Tuba	B.Ed Ist Sem	Tuba
115.	Arjun Singh Bisht	M.P.Ed 2nd	Arjun
116.	Shubham Sagar	B.P.Ed 1st	Shubham
117.	Harshita	"	Harshita
118.	Akhilesh Kumar	B.P.Ed 2nd Year	Akhilesh
119.	Purnima Pant	"	Purnima
120.	Ankush Singhal	"	Ankush
121.	Priya Mahra	"	Priya

Sr. no.	Name of Student	Course & Semester	Signature
122.	Sudarshani	BBA - 3rd year (5th sem)	Sudarshani
123.	Sakshi	BBA - 1st year (1st sem)	Sakshi
124.	Kriti Tyagi	MBA - 1st year (1st Sem)	Kriti Tyagi
125.	Manu Alok	MBA - 1st year (1st Sem)	Manu
126.	Diksha Singh	M.com - 1st year (1st sem)	Diksha
127.	Aditi Raj	B.B.A 1st year (1st sem	Aditi raj
128.	Narayani kumari	MBA - 1st year (1st Sem)	Narayani
129.	Kirti. tyagi	B.B.A 1st year 1st Sem	Kirti tyagi
130.	Shweta Jaiswal	M.BA - 1st year (1st Sem)	Shweta
131.	Shalu kumari	MBA - 1st year (1st Sem)	Shalu
132.	Priya singh	MBA - 1st year (1st Sem)	Priya singh
133.	Archila Anand	BBA - 1st year (1st Sem)	Archila
134.	Shalini Keshri	BBA - 1st year (1st sem)	Shalini
135.	Ashika Jain	BBA - 1st year (1st Sem)	Ashika
136.	Alize	BBA - 1st year (1st Sem)	Alize
137.	Rakhanshi	BBA - 1st year (1st Sem)	Rakshanshi
138.	Muskan dixit	B.ELED 3 Sem	Muskan
139.	Saloni	"	Saloni
140.	Shwetee	"	Shweta
141.	Gungun	"	Gungun
142.	Rekha	"	Rekha
143.	Khushi Choudhary	B.El.Ed 3rd Sem	Khushi Choudhary
144.	Laxmi sharma	B.El.Ed 5th Sem	Laxmi
145.	Kirti Agarwal	B.El.Ed 5th Sem	Kirti
146.	Tanu Yadav	B.El.Ed 5th Sem	Tanu
147.	Sakshi Saini	B.El.Ed 5th Sem	Sakshi
148.	Kanak Malik	B.El.Ed 5th sem	Kanak
149.	Saloni	B.El.Ed 5th Sem	Saloni
150.	Kamini	B.El.Ed 3rd Sem	Kamini
151.	Mehak	"	Mehak
152.	Simran	B.El.Ed 1st Sem	Simran

Sr. no.	Name of Student	Course & Semester	Signature
153.	SAACHI MEHROTRA	BHMCT - 2nd year	
154.	Gunjan	BHMCT - 1st year	Gunjan
155.	Iram Khan	BHMCT 1st year	
156.	Mansi Ch	MHMCT 1st year	Mansi
157.	Akansha chaudhary	B.VOC in HAT - 3rd	Akan
158.	Priya choudhary	MHMCT IInd year	
159.	Kanchan	MHMCT IStYear	
160.	Ashu	MHMCT 1st Year	
161.	Srashti	BHMCT Ist year	Srashti
162.	Safia Khan	BPT IIIrd yr	
163.	Akansha Dhingra	BPT IIIrd yr	
164.	Kanika Singh	BPT IIIrd yr	Kanika
165.	Sunanda	BPT IIIrd yr	Sunanda
166.	Kanyia	BPT IIIrd yr	
167.	Anchal	BPT IIIrd year	Anchal
168.	Sonakshi Singh	BPT IIIrd year	
169.	Yashu Chauhan	BPT - III year	
170.	Vaishnavi Singh	BPT - IIIrd year	
171.	Shruti Goyal	BPT - IIIrd year	
172.	Himanshi Kumari	Polytechnic - CE	Himy
173.	ASMINA KUMARI	Polytechnic - EE	Asmina
174.	Ranjana Kumari	Polytechnic - EE	Ranjana
175.	Sandhaya Kumari	Poly - C.S.E	Sandhaya
176.	Suman Kumari	poly - C S E	Suman
177.	Anjali Kumari	poly - C.S.E	Anjali
178.	Shreya Garg	BDS 1st yr	
179.	Sanchi Saini	BDS - 2023 (1st yr)	
180.	Mahak	BDS - 2023 (1st yr)	Mahak
181.	Mahvish Ezaan	BDS - 2023 (1st yr)	Mahvish
182.	Ishu Sharma	BDS - 2023	
183.	Pearl Saini	BDS - 2023	

Sr. no.	Name of Student	Course & Semester	Signature
184.	PRIYANSHI CHAUHAN	BDS - 2023	Priyanshi
185.	ASMI BAHRI	BDS - 2023	Asmi Bahri
186.	ANVESHA KALA	BDS - 2023	
187.	Narayani Krishna	BHMCT - 2023	Narayani
188.	Mrinalini Sharma	BHMCT - 2023	Mrinalini
189.	Varsha Rani	ANM - 2022	
190.	Shafaki	ANM - 2023	Shafaki
191.	Rizwana	A.N.M - 2023	Rizwana
192.	Lakshita	ANM - 2022	Lakshita
193.	Jasmeen	A.N.M. 2022	Jasmeen
194.	Anchal	BDS - 2023	Anchal
195.	Kritika Tyagi	BDS - 2023	Kritika Tyagi
196.	ARUSHI VERMA	BDS - 2023	
197.	MEHAK VARMA	BDS - 2023	Mehak
198.	BHAVYA PANWAR	BDS - 2023	Bhavya
199.	Deepanshi Chauhan	BDS - 2023	Deepanshi
200.	Neeraj	A.N.M 2022	Neeraj
201.	Yashika	A.N.M - 2022	Yashika
202.	Tinkal	A.N.M. 2022	Tinkal
203.	Priya pal	A.N.M. 2022	Priya
204.	Jyotika	ANM 2022	Jyotika
205.	Shivam Kashyap	A.N.M 2023	Shivam
206.	Shaw	A.N.M 2023	Shaw
207.	Varsha Panchal	A.N.M 2023	Varsha Panchal
208.	Shivani Devi	ANM 2023	Shivani Devi
209.	NIKKI	A.N.M. 2023	NIKKI
210.	Shivani yogendra	A.N.M 2023	Shivani
211.	Shivani C	A.N.M 2023	Shivani
212.	Kirtikeo	B.Designing	Kirtikeo
213.	Aftha	B. Design	Aftha
214.	Salisha	B. Design	Salisha

Sr. no.	Name of Student	Course & Semester	Signature
215.	Lavisha	MHA 2nd yr	
216.	Simran	MHA 2nd yr	
217.	Kashish Kumari	BCA 2nd year	
218.	Simran	B.Sc Botany 2nd year	
219.	Laiba	MSc 2nd year	
220.	Navya Kaushik	M.Sc Botany 2nd year	Navyakaushik
221.	Nidhi	B.Sc Biotech 3rd year	
222.	Shruti	B.Sc Biotech 2nd year	
223.	Soniya Sharma	BSC Ag.	
224.	Kavita	BSC Ag.	
225.	Dr. Bindi	MD - Nutrition JRI	
226.	Dr. Neha Kanaujia	M.D. 404A JRI	
227.	Dr Vidhi Pathak	MD - Naturopathy JRI	
228.	Dr. Devanshi Goel	M.D Naturopathy JRI	
229.	Dr. Smriti Goswami	MD Naturopathy JRI	
230.	Sumankumari (RS)	B.Sc(CSE) 2nd year	
231.	Arjun Singh Bisht	M.Ed. 2nd year	
232.	Shubham sagar	B.E.D 1st year	
233.	Vishal Thakur	B.P.ed. IInd yea	Vishal
234.	Vishal chaudhary	B.P.ed I year	
235.	Keshav Sharma	B.P.ED I st year	Keshav
236.	Prince Gautam	"	
237.	Kaushal Kumar	"	
238.	Rahish tomar	"	
239.	Arpit Tyagi	"	
240.	Akshit Malik	B.Ped I st year	
241.	Ansh Tyagi	"	
242.	Nishkarsh	BPED IInd year	
243.	Jagmohan Upadhyay	B.Ed Ist year	
244.	Harshi Pal	B.P.Ed 2nd year	
245.			

Sr. no.	Name of Student	Course & Semester	Signature
246.	Anushka Tomar	B.El.Ed (1st sem)	Anushka
247.	Lakshya	"	Lakshya
248.	Aashita Sharma	"	Aashita Sharma
249.	Tanu	M Ed	Tanu
250.	Prachi Nehra	M Ed (I sem)	Prachi
251.	Riya Malik	B.Ed (I sem)	Riya Malik
252.	Priya	B.El.Ed (IV Sem)	Priya
253.	Bhavna	B.El.Ed (1st Sm)	Bhavna
254.	Sheetal Yadav	B.P.Ed 2nd	Sheetal
255.	Shivy Arya	BPEd 2nd year	Shivy Arya
256.	Swathi Sharma	B.El.Ed 7th Sem	Swathi
257.	Kumkum	"	Kumkum
258.	Kanavi	"	Kanavi
259.	Anusha	"	Anusha
260.	Richa Tyagi	M.Ed (I st Sem)	Richa Tyagi
261.	Deepa	"	Deepa
262.	Lina Gadi	M.PED 2nd year	Lina Gadi
263.	Bani Tayal	B.P.E.S 3rd year	Bani
264.	Anju	BPES I year	Anju
265.	Manu Pal	" "	Manu Pal
266.	Riya Singh	B.PED I st	Riya Singh
267.	Swati 9354748545	"	Swati
268.	Subodini	B.PED I year	Subodini
269.	Nisha	M.A Yoga II Year	Nisha
270.	Mansi kumari	M A Yoga II nd year	Mansi Kumari
271.	Tanu Chaudhary	M A Yoga Ist year	Chaudhary
272.	Aysha	" "	Aysha
273.	Damini Upadhyay	B.P.Ed IInd yr	Upadhyay
274.	Ankita	BPES II year	Ankita
275.	Kalash Dhama	B.P.E.D II years	Kalash
276.	Deepanshi	BPE.d I year	Deepanshi

Sr. no.	Name of Student	Course & Semester	Signature
277.	Yashica	DFA (Fashion)	
278.	Jiyanshi	"	
279.	Sandhya	B. design	Sandhya
280.	Shivani	B. design	Shivani
281.	Kanika	BSc (Nursing)	
282.	Satish tomar	BSc (Nursing)	Satish
283.	Sushma Kumari	Poly-21	Sushma
284.	Neha. Kri	Poly-21	Neha
285.	Sudiya. Kri	Poly-21	Sudiya
286.	Deepanshi	D.F.A	Deepanshi
287.	Kajal	DFA	kajal
288.	Meghna	D.F.A	Meghna
289.	Purnima	BPES II Yr	
290.	Sneha	BPES I Yr	
291.			
292.		BNYS	
293.			
294.	Bipasha Khatri	BNYS - 2020	
295.	Shipra Sharma	"	
296.	Jayanti	BNYS - 2020	
297.	Shruti	"	
298.	Iti	"	
299.	Mukam	"	
300.	Sheetal	"	
301.	Mili	"	Mili
302.	Shreya	"	
303.	Vandana	"	
304.	Sakshi	"	
305.	Saumya	"	
306.	Nikita	"	
307.	Preeti	"	

Sr. no.	Name of Student	Course & Semester	Signature
308.	Diksha Gaziya	B.P.Ed I st sem	Diksha
309.	Aarju	BPED I st Sem	Aarju
310.	Nikita Tomar	B.P.E.D II nd year	
311.	Purnima Pant	"	
312.	Jyoti	"	
313.	Annu Chaudhary	"	
314.	Priyanka Mahar	BP.E.D 5 nd year	
315.	Daniti Upadhyay	"	
316.	Kalash Dhaka	"	
317.	Sheetal	"	
318.	Shristi	"	
319.	Kavita	B.P.E.D I st year	Kavita
320.	KUSUM	B.P.E.D 1 st Year	Kusum
321.	Komal	B.P.E.S II year	Komal
322.	Anushka	"	Anus
323.	SHAGUN	M.A I st YOGA	Shagun
324.	Lina Gadi	M.P.Ed 2 nd year	Lina Gadi
325.	Anchiku	BPES II year	Anchiku
326.	Hemanta Roy	BPEd - 3rd Sem	
327.	Rabia clothe	"	Rabia clothe
328.	Jyothsna Panchal	"	
329.	Adarsh Gupta	BPES II year	
330.	Yash Gupta	"	
331.	Anuj Kumar Tomar	"	
332.	Rajat Jamra	"	
333.	Manu sharma	"	
334.	Anushree Gupta	BP.ed II nd year	Anushree
335.	Ankush singhal	"	Ankush
336.	Vishal Thakur	"	
337.	Sahil	BPES I st year	Sahil
338.	SHUBHAM Chavale	"	Shubham Chavale

Name of the Event: "Motivational Talk on Positivity & Spiritual Healing"
Date of the Event:
26/10/2023

OFFICE OF GENDER SENSITIZATION CELL
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

SUBHARTI PURAM, DELHI-HARIDWAR-MEERUT BYPASS ROAD, N.H.-58, MEERUT-250005 (U.P.) INDIA
Ph: 0121-2439043, 2439052. Ext: 2035, 2070, 2271. Fax: 0121-2439067/2058035
Website: www.subharti.org

Ref. No. /SVSU/GSC/2023/012 **Date:** 25.10.2023

NOTICE

To,
All Directors/Deans/Principals,
Swami VivekanandSubharti University
Meerut.

Subject: Regarding Guest lecture on Motivational talk on positivity and spiritual healing

Respected Sir/Madam,

Maharishi AurobindoSubharti College and Hospital of Naturopathy & Yogic Sciences in collaboration with University Gender Sensitization Cell is organizing Guest lecture on Motivational talk on positivity and spiritual healing on 26-10-2023. It is requested to all HOI'sand Nodal officers of GSC to motivate their students and send 20 students from each department to attend the program.

Session details :
Resource person: Dr. Rahul Bansal(Professor and Advisor Community Medicine, SMC

Day: Thursday

Date: 26.10.2023

Venue: Maharani LaxmiBai Auditorium, SVSU, Meerut.

Time: 10:00am to 12:00pm

Program coordinator

Dr. PoornimaBansal
Nodal officer, Gender Sensitization Cell
Assistant Professor, MASCHNYS, SVSU, Meerut

Dr. SarikaAbhay
In-Charge Gender Sensitization cell
SVSU, Meerut

Copy to:
1. Hon'ble Vice-Chancellor
2. Registrar, SVSU
3. Dean Student Welfare

Report

Faculty of AYUSH, Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Swami Vivekanand Subharti University, Meerut conducted a guest lecture on "Motivational Talk on Positivity & Spiritual Healing" in collaboration with University Gender Sensitization cell from 10:00 am to 12:00 pm on 26th Oct 2023 at Maharani Laxmibai auditorium for all the nodal officers, gender champions, students &faculties of University. Pro-Vice chancellor of the university and Principal of MASCHNYS Dr. AbhayM. Shankaregowda, Guest speaker Dr. Rahul Bansal, Nodal officer in charge Dr. SarikaAbhay inaugurated the program with lamp lightening ceremony.

Guest speaker of the program was Dr. Rahul Bansal (Professor and Advisor Community Medicine, SMC, SVSU. He gave a lecture with a practical meditation session. All the students gave very positive feedback after the session. Many students raised queries regarding near-death experiences and the session was full of motivation. Dr. Rahul Bansal ended the session with a meditation session; all the students and faculties participated and appreciated the meditation. A vote of thanks was given by the Program organizer Dr. Poornima Bansal, nodal officer of the gender sensitization cell, MASCHNYS.





लाड विभाग के वरिष्ठ सलाहकार परंपरा का प्रभाव वैश्विक स्तर अवरुद्ध और डायाफ्राम के कम गया।

आयुष संकाय में हुआ अतिथि व्याख्यान का आयोजन

मेरठ समाचार प्रतिनिधि

मेरठ। स्वामी विवेकानंद सुभारती विश्वविद्यालय के आयुष संकाय महर्षि अरविंदो सुभारती कॉलेज एवं प्राकृतिक चिकित्सा व यौगिक विज्ञान अस्पताल में लैंगिक संवेदीकरण सेल के सहयोग से सकारात्मकता और आध्यात्मिक उपचार पर प्रेरक बातचीत विषय पर अतिथि व्याख्यान का आयोजन किया गया। कार्यक्रम का शुभारंभ महारानी लक्ष्मीबाई सभागार में अतिथि वक्ता प्रो सलाहकार सामुदायिक चिकित्सा डॉ.राहुल बंसल, प्राचार्य डॉ.अभय शंकरगौड़ा ने दीप प्रज्जवलन कर किया। विश्वविद्यालय के सभी नोडल अधिकारियों, जेंडर चैंपियंस, छात्रों और संकायों के सदस्य कार्यक्रम में शामिल रहे।



डॉ. राहुल बंसल ने व्यावहारिक ध्यान सत्र के साथ व्याख्यान दिया। उन्होंने अध्यात्म के महत्व पर प्रकाश डालते हुए सभी का ज्ञान वर्धन किया।

उन्होंने प्राकृतिक चिकित्सा से होने वाले लाभ एवं इसकी उपयोगिता पर सभी को जानकारी प्रदान की। कार्यक्रम संयोजक नोडल अधिकारी डॉ. पूर्णिमा बंसल रही। कार्यक्रम में कुल 160 विद्यार्थी शामिल रहे।

आयुष संकाय में अतिथि व्याख्यान का आयोजन



धारा न्यूज संवाददाता। मेरठ

स्वामी विवेकानंद सुभारती विश्वविद्यालय के आयुष संकाय महर्षि अरबिंदो सुभारती कॉलेज एवं प्राकृतिक चिकित्सा व यौगिक विज्ञान अस्पताल में लैंगिक संवेदीकरण सेल के सहयोग से सकारात्मकता और आध्यात्मिक उपचार पर प्रेरक बातचीत विषय पर अतिथि व्याख्यान का आयोजन किया गया। कार्यक्रम का शुभारंभ महारानी लक्ष्मीबाई सभागार में अतिथि वक्ता प्रो सलाहकार सामुदायिक चिकित्सा डॉ.राहुल बंसल, प्राचार्य डॉ.अभय शंकरगौ ?ा ने दीप प्रज्जवलन कर किया। विश्वविद्यालय के सभी नोडल अधिकारियों, जेंडर चैंपियंस, छात्रों और संकायों के सदस्य कार्यक्रम में शामिल रहे।

डॉ. राहुल बंसल ने व्यावहारिक ध्यान सत्र के साथ व्याख्यान दिया। उन्होंने अध्यात्म के महत्व पर प्रकाश डालते हुए सभी का ज्ञान वर्धन किया। उन्होंने प्राकृतिक चिकित्सा से होने वाले लाभ एवं इसकी उपयोगिता पर सभी को जानकारी प्रदान की। कार्यक्रम संयोजक नोडल अधिकारी डॉ. पूर्णिमा बंसल रही। कार्यक्रम में कुल 160 विद्यार्थी शामिल रहे।

Motivational talk on Positivity and spiritual healing

Attendance sheet (Students)

S. No.	Name of Participants	College Name	Signature
01	[illegible]	BHPICT BCSCHM	
02	Deepika	BHM BCSCHM	
03	Robin Chaudhary	K.V. S.C.O.S	
04	Manish Tyagi	PMS	
05	Atul Bhardwaj	P.M.S	
06	Honey Mishra	PMS	
07	Navneet Kumar	A.V.H.S.C.M.C.	
08	Ayush Srivastava	BCSCHM	
09	Shekhar Kumar KS	BBA 1st sem	
10	[illegible]	AVHSCMC	
11	Sudarshani Katiyar	BBA - 1st sem	
12	Kriti Tyagi	MBA - 1st sem	
13	Anchal Jamis	BPT	
14	Priyanshu Goswami	KVSCOS	
15	Manashwi Raj	S.I.T.E	
16	Afeet Kumar	SITE	
17	Ankit Kumar verma	SITE	
18	Pandan Kumar	S.I.T.S	
19	Shubhe Kumar Yadav	S.I.T.E	
20	Vikram Kumar	S.I.T.E	
21	Avinash Kumar	BCSCHM	
22	Shreya Saini	BCSCHM	
23	UJJAWAL	BHMCT (H.M)	
24	Vivek Kumar	BCSCHM	
25	Master Choudhary	BCSCHM	
26	Md. Saaj Md. Daulo	BCSCHM 2year	
27	Pinki Kumari	BCSCHM 1st year	
28	Bhardhyachal Kumare	Bcsc BHMCT 2nd year	
29	Samsad Ali	BCSC BHMCT 2nd year	
30	Shivani Sahiba	BSCBHMCT 2nd yr	
31	Md. Meraj	BCSCBHMCT 2nd yrs	
32	Hizaz Ali	BCSCHHMCT 2nd yr	
33	Lalram Kumar	BCSC BHMCT 1st ye	
34	Sabba	BCSCHM BHMCT 2nd ye	
35	Shivani Kumari	BCSCHM BHMCT 2nd yrs	
36	Pallavi Kumari	BCSCHM BHMCT 2nd yr	
	Deepika	BCSCHM BHMCT 2nd yr	

37	Sabaka Fatima	MHMCT 2nd year	
38	Jyoti Kumari	BHMCT 2nd year	
39	SRISHTI	BHMCT 1st year	
40	SAACHI MEHROTRA	BHMCT 1st year	
41	ARJUN KUMAR	KUSCOS 3rd year	
42	Vikram Kumar	KUSCOS 3rd year	
43	Shivam	B.R.I.T 2nd year	
44	Chitranshi	B.R.I.T 2nd year	
45	Mohd Zubair	BRIT 1st year	
46	Shaikh Anwari	BRIT 1st Year	
47	Nilesh Kr. paswan	AGVGM (BBA 1st)	
48	Raunak Kumar	AGVGMC (BBA 1st)	
49	Abubakr alam	AGVGMC (BBA 1st)	
50	Ajay Baitha	AGVGM (BBA 1st)	
51	Pramod Kanaujiya	AGVGM (BBA) 1st	
52	Vishwajit Bharti	AGVGM (BBA 1st)	
53	Shrawan Kumar	AGVGM (BBA 1st)	
54	Aditya Kr. Singh	AGVGM (BBA 1st)	
55	Aditya	MMCTI - 2nd V.	
56	Rajat Singh	AGVGM (BBA) 1st	
57	Prachi Yadav	B.Tech (CSE) I st	
58	Aditi	B.Tech (CSE) I st Year	
59	Zoya Khan	B.Tech (CSE) I st yr.	
60	Shreya	B.Tech (C.S.E) I st	
61	Rishy Sharma	B.Tech (C.S.E) I st ye	
62	Harshita	B.Tech (F.T.)	
63	Kumkum Sharma	B.tech (aerospace	
64	Vikash Kumar Jha	B.Tech (C.S.E) 1st	
65	Rohit Singh	B.B.A. (2nd)	
66	Simran Verma	B.Tech (C.S.E) 1st	
67	Amrali Kumari	B. Tech (C.SE) 1st	
68	Piyush Kumar Jha	B.TECH (CSE) 1st	
69	Vicky Kumar Verma	B. Tech (CSE) 1st Year	
70	Ayush Uttarak	B. Tech (CSE) 1st Year	
71	Kajal Singh	B.Sc (Agri) II Year	
72	Ayushi Kumari	B.Sc (Agri) II Year	
73	Arnav Singh	B.Sc (Agri) II nd year	
74	Shivam yadav	B.Sc. CBZ III rd year	
75	Anjali Kumari	BSc-H-Chem III rd year	
76	Saloni Singh	BSc-H-Chem III year	
77	Vaibhav Chaudhary	BSc-H. Chem III year	

79	76.	Aryan Kumar	BBA Ist sem	Aryan
80	77.	Aryan Sinha	BBA Ist sem	Aryan
81	78.	Ishu Raj	BBA I st sem	Ishu
82	79.	Sakshi Gupta	BBA I st sem	Sakshi
83	80	Tripti Verma	B.B.A Ist Semes	Tripti
84	81	Sayed Ataeb ul Islam	BBA - I [illegible]	[illegible]
85	82	Dairnayanti Majumdar	B.Sc Zoology I st Sem	Dairnayanti
86	83	Kavita	Bsc - CBZ III year	Kavita
87	84	Srishti	Bsc - CBZ - III years	Srishti
88	85	Ganga Jaiswal	BBA III sem	Ganga
89	86	Anjali kumari	BBA III rd Sem	Anjali Kumari
90	87	Sudha Kumari	BBA III rd Sem	Sudha Kumari
91	88	Sagun Chaudhary	BBA I st sem	Sagun
92	89	Anshika Jain	BBA I st Sem	Anshika
93	90	Hana Anas	BBA I ST Sem	Hana
94	91	Dakshaanshi Sahu	BBA I st Sem	Dakshaanshi
95	92	Kashish Kumari	B.A II nd year	Kashish
96	93	Nisha Kumari	B.A II nd year	Nisha
97	94	Abhijeet Kr. Singh	B.A II nd year	Abhi
98	95	Rishi Raj Singh	B.A II nd year	Rishi
99	96	Sumay Jaiswal	B.A II nd year	Sumay
00	97			
01	98	Shubham Kr. Singh	BBA I year	Shubham
02	49	mukund kumar Rahul	B.Sc Biotech II nd year	mukund kumar Rahul
03	50	Rohit Kumar	B.Sc Biotech II nd year	Rohit Kumar
04	51	Tanu Chauhan	BBA I year	Tanu Chauhan
05	52	Tallan Joshi	B.B.A I st year	Tallan
06	53	Rituraj Raj	"	Rituraj
07	54	Raja Babu	"	Raja babu
08	55	Barsha	BBIT 2nd year 2022	Barsha
09	56	Suhail Khan	BBIT 2nd year 2021	Suhail Khan
10	57	Mohd Hamid	"	Hamid
11	58	Mohd Mehiya	"	Mehiya
12	59	Usman	"	Usman
13	60	Tanveer	BBIT 1st year	Tanveer
14	61	Akshay gazgh	"	Akshay
15	62	Shivraj Bhatiarai	BNYS-2020 Batch	Shivraj
16	63	Siddarth Sharma	BNYS-2020 Batch	Siddarth
17	64	Rajat Singh	"	Rajat
18	65	Muskan	"	Muskan
19	66	Kanhaiya	"	Kanhaiya
20	67	KM Jayanti	BNYS 2020 Batch	Jayanti
	68			

12168	Malay Sachin	BNYS 2020	Malay	
12269	Vandana	1 "	Van	
12370	Nikita Suman	"	Nikita	
12471	Saumya Kishore	"	Saumya	
12572	Shruti Soni	"	Shruti	
126 73	Sakshi	"		
127 74	Preety Jaiswal	"		
128 75	Sheetal	"		
129, 76	Shreya	"		
130	Aaditya	BNYS-19		
131	Mausumi	"		
132	Surya	"		
133	Shashikiran	"		
134	Ujjwal Jyothi	"		
135	Mayank	"		
136	Nilu	BNYS-26		
137	Asha	"		
138	Ayushi	B Tech		
139	Nupur	"		
140	Vasudha	"		
141	Pm. Sarita	"		
142	Mohitesh	"		
143	Rinjhin	"		
144	Pulkendra	"		
145	Pinky	"		
146	Sandhi	HM		
147	Swarajya	"		
148	Uttam	"		
149	Arjun	B.Tech		
150	Jyothi	"		
151	Anuj	"		
152	Palak	HB		
153	Sahil	BNYS-20		
154	Supriya	BNYS-20		
155	Sudhanshu	Polytech		
156	Rahul	B.Tech		
157	Yash	B.Tech		
158	Purushottam	BNYS-20		
159	Priya	"		
160	Manisha	B.Tech		

Motivational talk on Positivity and spiritual healing

Attendance sheet (Faculty)

S. No.	Name of Participants	College Name	Signature
1.	Ms Sweta Bhargawat	SITE	
2	Sushma Kumari	SNC	
3.	Dr. Ekta Gupta	KVSCOS	Ekta
4.	Dr Meenakshi Mishra	Dept. of Paramedical Sciences	
5	Dr. Sarika Abhay	AUEC/AIC	
6.	Dr. Poornima Bansal	MASCHNYS	Jwims

WOMEN'S ACCESS SCHEMES

Swami Vivekanand Subharti University has implemented a range of initiatives designed to enhance women's access to education, ensure their safety, and promote empowerment through academic, financial, and institutional support mechanisms.

1. Mentoring and Empowerment Initiatives

- **Women Empowerment and Gender Sensitization Programs:**
  Conducted through the University's *Women Empowerment Committee*, these programs raise awareness about women's rights, gender equality, and legal literacy under initiatives like *Mission Shakti*.
- **Shakti Kendra (Women's Centre / Grievance Cell):**
  A dedicated support centre providing counselling, guidance, and grievance redressal for female students, located in the Department of Languages.
- **Peer Support and Counselling:**
  The *Student Welfare Office* and *Shakti Kendra* coordinate confidential counselling services, mentoring, and peer support groups to promote academic and emotional well-being.

2. Scholarship and Financial Support

- **Additional Scholarship for Female Students:**
  All female students receive an additional **5% scholarship**, irrespective of their qualifying exam percentage, to encourage greater participation in higher education.
- **Meritorious Scholarships:**
  Awards based on academic excellence. If a female student qualifies for multiple categories, she receives the **highest applicable scholarship**.
- **Golden Card Scheme (Encouraging Girl Child):**
  A distinctive initiative aimed at encouraging the birth and education of girl children and discouraging female feticide through awareness and incentives.

3. Safety, Security, and Welfare Mechanisms

- **Internal Complaint Committee (ICC):**
  Established in compliance with UGC guidelines to address cases of sexual harassment and ensure a safe, inclusive campus.
- **Comprehensive Security Arrangements:**
  Includes 24×7 **CCTV surveillance**, **women security personnel**, **safe hostels**, and **sanitary napkin**

Vending machines across campus.

- **Welfare & Student Support Services:**
  The *Student Welfare Office* oversees counselling, grievance Redressal, and scholarship facilitation, with **special focus on women students' needs**.

In essence, these women's access schemes at Swami Vivekanand Subharti University combine academic incentives, financial aid, mentoring, and safety mechanisms to foster an inclusive, empowering, and equitable educational environment for all women students.

Sexual Harassment & Gender-based Discrimination

The university advocates a zero-tolerance policy with respect to sexual harassment and gender-based discrimination on campus. All necessary actions are taken and norms followed as per the official gazette of India, University Grant Commission (Prevention, prohibition and redressal of sexual harassment of women employees and students in higher educational institutions) Regulation, 2015.





University's Contribution towards Achieving SDG 3: Good Health and Well-Being

3.3. Collaborations and Health Services

3.3.5 University as a body provide students with access to Mental Health Support:

In compliance with the 3rd Sustainable Development Goal (SDG) of the United Nations, which is "Good Health and Well-Being," University has taken remarkable efforts to guarantee the mental, emotional, and spiritual well-being of its faculty, staff, and students. The University, through the Subharti Wellness Center, has institutionalized a comprehensive framework to promote psychological resilience, mindfulness, and positive mental health awareness within the campus community because it recognizes that mental health is the cornerstone of overall well-being and academic success.

A holistic and inclusive approach is shown in the university's mental health outreach under SDG 3.3.5, "University as a body provides students with access to Mental Health Support." In order to arrange interdepartmental programs, workshops, and sensitization sessions that deal with stress management, emotional intelligence, and the development of spiritual balance, the Wellness Center serves as a nodal body. In addition to promoting candid conversations about mental health, these initiatives assist students in leading balanced lives that support both academic success and personal development.

The Subharti Medical College, Faculty of Dental Sciences, Faculty of Education, and Nandlal Bose Subharti College of Fine Arts and Fashion Design were among the member colleges that hosted a number of influential programs and seminars. Prominent professionals including Dr. Rahul Bansal, Chairman of the Wellness Center, and Dr. Seema Sharma, Senior Consultant in Clinical Psychology, created and led these sessions. The interactive formats made sure that students could immediately implement these lessons in their everyday lives by fusing useful mindfulness tools with psychological techniques supported by research.

The Workshop on the "Role of Positive Mental Health and Wellness in Career Formation" at various faculties is one of the flagship programs that exemplifies mental health education in higher education. Over 150 students participated in the courses, which raised awareness of the connection between mental health and career success. Work-life balance, stress resilience, and the importance of mindfulness in professional development were among the subjects covered in the sessions. Over 90% of participants reported increased awareness and motivation to practice self-care and positive thinking, according to participant feedback, which was overwhelmingly favorable.

Also, the University's commitment to fusing spirituality with mental health education is shown by the Sensitization Lecture on "Mental and Spiritual Wellness for Success and Peace" at the Faculty of Dental Sciences. The seminar, which was led by Dr. Rahul Bansal, focused on the significance of developing a high emotional quotient, embracing a positive outlook on life, and consulting the Wellness Center when experiencing interpersonal or emotional difficulties. In order to further emphasize the idea of comprehensive well-being, students also took part in yoga and meditation classes.

University's shows its unwavering dedication to creating a caring, welcoming, and health-conscious learning environment through these persistent initiatives. The University guarantees that all students have access to psychological support, wellness tools, and a community that promotes emotional balance by integrating mental health awareness into the institutional culture and curriculum. In addition to advancing SDG 3: Good Health and Well-Being, these programs establish a standard for higher education institutions in fostering a culture of empathy, resiliency, and holistic development.

Sardar Patel Subharti Institute of Law

Recognized by Bar Council of India, New Delhi. Letter No. BCI: D: 1116:2002 (LE. Mtg.) & 2429/2015 (LE)
Website: law.subharti.org, e-mail: law@subharti.org, Ph.: 0121-2439043, 3055000 (Extn: 2851, 2855), Telefax: 0121-2439067

A constituent college of

SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Date:-02.09.2023

REPORT- On "Awareness Lecture on Positive Mental Health and Wellbeing"

Title of the Activity	:	**Awareness Lecture on Positive Mental Health and Wellbeing**
Focused Area	:	Positive Mental Health and Well being
Activity organized by	:	Sardar Patel Subharti Institute of Law
Name of the associate faculty	:	Faculty of Law
Name & Address of the Speaker	:	Prof. (Dr.) Seema Sharma (Clinical Psychologist) Psychiatry Department, S.V.S. University, Meerut.
Total Participants	:	38
Students	:	38
Teachers	:	N.A.
Non-Teaching Staff	:	N.A.
Others	:	N.A.
Level of Program	:	Institution Level
Date	:	05/08/2023
Day	:	Saturday
Venue	:	Subharti Institute of Law
Organizing Coordinator	:	Dr. Sarika Tyagi, Member of Wellness Committee, Faculty of Law, S.V.S. University, Meerut
Report prepared by	:	Dr. Sarika Tyagi, Member of Wellness Committee, Faculty of Law, S.V.S. University, Meerut

Objectives of the Activity:-

- To make aware about Positive Attitude and Mental Health
- To make aware about Self-reliant.

Description:-

Sardar Patel Subharti Law Institute, Swami Vivekananda Subharti University, Meerut Under the direction of Director of the Subharti Law College Mr. Rajesh Chandra (Former Justice, Prayagraj, High Court, Uttar Pradesh) and under the guidance of Prof. (Dr.) Vaibhav Goel Bhartiya, Dean, Subharti law college organized a guest lecture on the topic "Positive Mental Health and Wellbeing.

Convener of the program Dr. Sarika Tyagi, counselor of Wellness Cell, Subharti Law Institute, welcome the speakers of the program Dr. Seema Sharma (Clinical Psychologist) Psychiatry Department, Swami Vivekananda Subharti Vishwavidyalaya, Meerut, She was invited on the stage to address the Student she said that Ability to Cope with Stress in Life is called as positive mental health. If you can maintain good mental health and well-being, you'll lead a life with less stress by adopting and following the tips, you'll be ready for any hard situation and though the situation is hard, you'll overcome it with ease. Mental and psychological well-being encompasses the way you feel about yourself, but also the way you deal with external situations and the quality of your relationships. It's important to remember that positive mental health is not simply the absence of mental health issues, such as depression or anxiety. Being mentally healthy is predominantly about the presence of positive characteristics such as a feeling of purpose, contentment, maintaining fulfilling relationships and participating in life to the fullest. After that she told that why positive mental health is important? Positive mental health allows you to enjoy all the activities you want to participate in. It doesn't mean you will never be sad or go through emotionally-challenging times. However, those with positive mental health will be able to bounce back more easily from these experiences this is called mental resilience. Foster positive mental health and adopt a more positive mental attitude and take care of your physical needs, Make time for social connection, Exercise, physical activity and positive mental health, Use positive words to boost your mental health. At the end of the program vote of thanks was given by Dr. Sarika Tyagi, Associate Professor Subharti Law College

The Outcome of the Activity:-

- Participants were become aware about Positive Attitude and Mental Health
- Participants become aware about Self-reliant.

Pictures of the Event





Dr. Sarika Tyagi
Member Wellness Cell
Subharti Law College
SVS University, Meerut.

Prof. (Dr.) Vaibhav Goel Bhartiya
Dean, Faculty of Law
Subharti Law College
SVS University, Meerut

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Subharti Medical College
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Ref. No. PMS/SMC/SVSU/2023/ 3283

Date- 02/10/2023

NOTICE

According to the University policy of wellness of students, a session regarding **"Role of Positive Mental Health and Wellness in Career Formation"** will be organized in the Department of Paramedical sciences on 3rd October, 2023 (Tuesday) from 10 a.m. onwards for all students of the Department of Paramedical Sciences.

Key Speakers of the Session: Dr. Rahul Bansal, Chairman Wellness Center, SVSU
Dr. Seema Sharma, Sr. Consultant SMC, SVSU

Venue of the Session: 6th Floor, LT-1, Department of Paramedical Sciences, SVSU

Signature 02/10/23

Full Name: Ms. Shmriti
Designation: Assistant Professor

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

CC:

1. Dr. Rahul Bansal, Chairman Wellness Center, SVSU
2. D.C. Saxana, Director General, SVSU
3. PMS Notice Board

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Ref. No./SVSU/PMS/2023 3310 (15) Date: - 04/10/2023

SEMINAR ON ROLE OF POSITIVE MENTAL HEALTH AND WELLNESS IN CAREER FORMATION

Title of the Activity	Wellness Session	**Level of Program (State/ National/ International etc.)**	NIL
Focused Area	To enhance the knowledge of students about mental health and career formation	**Date of Activity (From-To) (DD/MM/YYYY)**	03/10/2023
Activity Organized By	Department of Paramedical Sciences	**Day**	Tuesday
Name of the Associated Faculty/ College/ Department/ Outside Agency	NIL	**Time**	10.00AM
Name and Address of Guest Speaker	Dr. Rahul Bansal Professor, Department of Community Medicine Dr. Seema Sharma Clinical Psychologist	**Venue**	LT-1 Department of Paramedical Sciences
Total Participants	135	**Organizing Coordinator**	Ms. Shmriti
Students	113	**Reported By**	Ms. Shmriti
Teachers	22		
Non-Teaching Staff	NIL		
Others (Specify)	NIL		

Objective of the Activity: To enhance the knowledge of faculty members and student about mental health and career formation.

Description: The Department of Paramedical Sciences has organized a Wellness Secession entitled **"Role of Positive Mental Health and Wellness in Career Formation"** for all the Paramedical Sciences Faculty members and students on 3 October, 2023 at 10.00 AM onwards. The respected guest speaker Dr. Rahul Bansal, Professor, Department of Community Medicine and Dr. Seema, Clinical Psychologist have delivered very informative lectures to enhance the knowledge of students about Mental Health and Career Formation. Prof (Dr) Pankaj Kishor Mishra (Head of Department), Dr. Umesh Kumar, Dr. Anshu Kumar Singh, Dr. Meenakshi Mishra, Dr. Ravindra Kumar Manik, Mr. Akash Kumar, Mr. Rahul, Mr. Pushpendra, Mr. Vishwanath Pratap Singh, Mrs. Hiba Khan, Ms. Akanksha Singh, Ms. Shmriti, Ms. Yashika Bharadwaj, Ms. Zeba Naj, Ms. Khushi Kansal, Mr. Sobit, Mr. Vishant Pal, Mrs. Shivani, Mr. Sanyam Thakur have attended the program with active participation. About 113 students from Department of Paramedical Sciences have attended the program and praised the guest speakers for giving such wonderful talks. The secession was concluded by Dr. Umesh Kumar by giving vote of thanks.

Outcome of the Activity: All participants have gracefully benefitted by knowledge about mental health and career formation.

Analysis of Participant's Feedback: The Wellness Session entitled "Role of Positive Mental Health and Wellness in Career Formation" was conducted in the Department of Paramedical Sciences on 3rd November 2023 at 10:00 AM onwards. The guest speakers Dr. Rahul Bansal, Professor, Department of Community Medicine and Dr. Seema Sharma, Clinical Psychologist have delivered very informative lectures in the session to enhance the knowledge of students about mental health and career formation.

04/11/23

Ms. Shmriti
Assistant Professor
Activity Coordinator
PMS

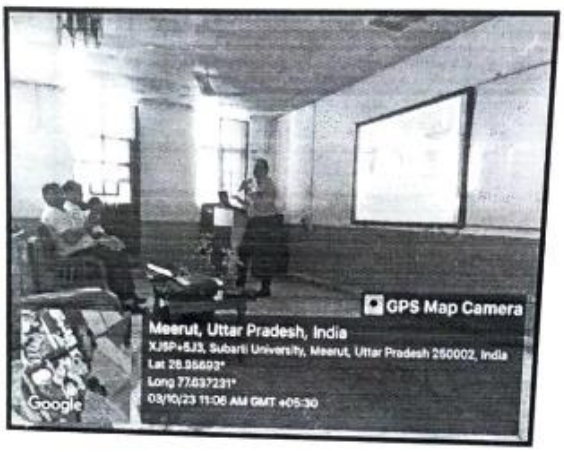
Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

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Ref. No./SVSU/PMS/2023 3310 ©

Date: - 04

GEO TAG PHOTOS





Dr. Rahu Bansal, Professor, Department of Community Medicine, encouraging students about Mental Health.





Dr. Seema Sharma, Clinical Psychologist, conduct the session on Suicide Prevention.

04/10/23

Ms. Shmriti
Assistant Professor
Activity Coordinator
PMS

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

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Ref. No.SVSU/PMS/2023/ 329 (B)

Date- 03-10-2023

ROLE OF POSITIVE MENTAL HEALTH & WELLNESS IN CAREEAR FORMATION
FACULTY ATTENDANCE SHEET

S.No	Faculty Name	Designation	Signature
1.	Prof. (Dr.) Pankaj Kishor Mishra	Professor. & Head	
2.	Dr.Umesh Kumar	Associate Professor	
3.	Dr. Meenakshi Mishra	Associate Professor	
4.	Dr.Anshu Kumar Singh	Associate Professor	
5.	Dr. Ravindra Kumar Manik	Assistant Professor	
6.	Mr. Akash Kumar	Assistant Professor	
7.	Mrs.Hiba	Assistant Professor	03/10/23
8.	Ms.Akanksha Singh	Assistant Professor	
9.	Mr. Rahul	Assistant Professor	
10.	Mr. Pushpendra Kumar Rajput	Assistant Professor	
11.	Ms. Zeba Naaz	Assistant Professor	4/10/23
12.	Mr. Ankit Kumar	Assistant Professor	3/10/23
13.	Ms. Shmriti	Assistant Professor	03/10/23
14.	Ms.Yashika Bhardwaj	Assistant Professor	
15.	Ms. Khushi Kansal	Assistant Professor	
16.	Mr. Viswanath Pratap Singh	Assistant Professor	
17.	Mr.Sobit	Demonstrator	
18.	Mr. Vishant Pal	Demonstrator	
19.	Ms.Shivani	Demonstrator	
20.	Mr. Sanyyam	Tutor	
21.	Sumit Kumar Sagar	Tutor	

04.10.23

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

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Ref. No./SVSU/PMS/2023 3298 (A) Date: - 03/10/2023

ROLE OF POSITIVE MENTAL HEALTH & WELLNESS IN CAREEAR FORMATION

STUDENTS ATTENDANCE SHEET

S. No.	Name of Student	Father Name	Course	Batch	Signature
1	Swati	Mr. Suresh Kumar	DOTT	2022	Swati
2	Tanisha	Mr. Pintu Kumar	DMLT	2023	Tanisha
3	Akshit Saini	Mr Brijpal Saini	DMLT	2023	Akshit
4.	Aryan	Mr. Nanak Chand	DOTT	2023	Aryan
5.	Nitin Saini	Mr. Mahesh Chand Saini	DMLT	2023	Nitin Saini
6.	Uvesh Rao	Mr. Mannuar Ali	B.OPTo	2023	Uvesh Rao
7.	Ayungum Gupta	Mr. Raj Kumar Gupta	DOTT	2023	Ayungum
8.	Gunfan Rani	Mr. Mukesh Kumar	DOTT	2023	Gunfan
9.	Kakimayum Sajina	Md. Basir Rahaman	DMLT	2023	Sajina
10	Rejina Arfan	Md. Riya Khan	BMLT	2023	Rejina
11.	Chitranshi	Mr. Shatwan Kumar	BRIT	2023	C. Kashik
12	Shivam	Mr. Subhash	BRIT	2023	Shivam
13.	Akshay Sonker	Mr. Mukesh Sonker	BRIT	2023	Akshay
14.	Akshay Garg	Mr. Vijendra Garg	BRIT	2023	Akshy Garg
15.	Anas	Mr. Nazru Khan	BRIT	2023	Anas
16	Mohd Shadab	Mr. Israil	BRIT	2023	Shadab
17	Anuj Kumar	Ashok Kumar	BRIT	2023	Anuj Kumar
18.	Salim Rizvi	Waseem Rizvi	B.Sc OT	2023	Salim Rizvi
19.	Sumit Choudhary	Mr. AJAY VEER Singh	B.Sc OTT	2023	Sumit
20.	KHUSHEE.	Mahendra Singh	BSc OTT	2023	Khushee
21	Mohd Shadab	Babu	BSc. OTT	2023	Shadab
22.	Vernika Dass	Mr. Mukul Dass	BSc MLT	2023	Vernika
23.	Rohan Dhulgaon	Mr. Sudhir	B. OPTo	2023	Rohan
108. → Deepanshu Pal	Mr. Gulbir Pal	B.OPTM	2023	Deepanshu Pal	
109. → Gaurav Kumar	Mr. Yashpal Singh	B.OPtom	2023	Gaurav	
110 → Sahil Kumar	Mr. Rajesh Kumar	B. optom	2023	Sahil	
111 → Baby	Mr. Dharmendra Singh	B. Optom	2023	Baby	
112 → Deepu Kumar	Mr. Krishan Pal	B.o Ptom	2023	Deepu	

75	Saniya Parveen	Mosan Ansari	DOTT	2023	Saniya
76.	Preeti	Manoj Kumar	BMLT	2023	Preeti
77	Anjali Sharma	Satish Kumar	BMLT	2023	Anjali
78	Rakshit Malik	Harish Malik	BMLT	2023	Rakshit
79.	Kashish Pal	Mr. Vinod Kr. Pal	BMLT	2023	Kashish
80.	Mann Kumar	Mr. Anuj Kumar	BMLT	2023	Mann
81.	Megha Barman	Jagpal	BMLT	2023	Megha
82.	Kanchan Setgal	Raj Kumar Setgal	BMLT	2023	Kanchan Setgal
83.	Ankur Kumar	Mr. Sanjeev Kumar	B.Sc MLT	2023	Ankur Kumar
84.	AKHIL KUMAR	Mr. PRAMOD KUMAR	B.Sc MLT	2023	Akhil Kumar
85.	Shivam Kumar	Mr. Satendra pal	B.Sc. MLT	2023	Shivam Kumar
86.	Sumit	Mr. Rakesh Kumar	BscMLT	2023	Sumit
87	Almas	MUSTAKEM	BSCMLT	2023	Almas
88	Mohd- Furkan	Nazar Mohd	BMLT	2023	Furkan
89	Irshad	Jafru	BMLT	2023	Irshad
90	Prince	MR RAM KUMAR	BSC OTT	2023	Prince
91	Mohd Anas II	Mohd Sulemen	BSCMLT	2023	Anas
92	mohd. Suhail	Mohd Nasru	BSCMLT	2023	Suhail
93	Abdurrahim	Mubsleen	B.Optom	2023	A
94	Mohd Anas I	Mohd Khalid	B.ScMLT	2023	Anas
95	Deepak kumar	Satender	BSC.MLT	2023	D
96	Nasir Saifi	Mr Anees	DOTT	2023	Nasir
97	Divesh Kumar Singh	Ganga sagar singh	DOTT	2023	Divesh Singh
98	Hussain Jafar	Ali Mujan	DOTT	2023	Hussain
99.	MOHD. JUNAID ALAM	NAZAR MOHD	DOTT	2023	Junaid
100	Mohd Kasim	Mr. Mohd Aleek	B.MLT	2023	Mohd Kasim
101	DILSHAD	MR USMAN	B.M.LT	2023	Dilshad
102	Vansh Pal	Mr. Ravindra Kumar	BM.LT	2023	Vansh Pal
103	Aman kumar	Rambir Singh	B.MLT	2023	Aman Kumar
104	Nitin Kumar S/o Gurupal		B.MLT	2023	Nitin Kumar
105	Mohd Arif	Mohd Shahid	B.MLT	2023	Mohd Arif
106	Naziya Parveen	Md. Gyasuddin	B.OPTM	2023	Naziya Parveen
107	Juli kumari	ARUN KUMAR	B.OPTM	2023	Juli Kumari

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24	ASHOK BHARTI	MANOJ BHARTI	BOTT	2023	
25	ANASH ALI	HANID ALI	BOTT	2023	Anash Ali
26	FAIZ KHAN	AAKIL KHAN	BOTT	2023	Faiz Khan
27	ASHWANI Raghav	Surender Singh	B.OTT	2023	Ashwani
28	Vinay Kaushik	Amit Sharma	B.Opto	2023	Vinay
29	Amit Rana	Mr. PHATTE Singh	B.OTT	2023	Amit Rana
30	Abhishek	Mr. Anil Kumar	B.OTT	2023	
31	Atal	Mr. Devendra Singh	B.OTT	2023	Atal
32	Aditya	Satveer Singh	B.OTT	2023	Aditya
33	MOHD OWAIS	Abdul Tyagi	BSC.RIT	2023	Owais
34	Vivek kumar	Devendra kumar	BRIT	2023	
35	Suraj kumar	Yogendra kumar	B.RIT	2023	Suraj
36	farhan Khan	Mohd. Yaseen	B.RIT	2023	
37	Anshu	Mr. Gopal	B.RIT	2023	Anshu
38	Sanjana Sharma	Mr. Harish Sharma	B.RIT	2023	Sanjana
39	fatima	MOHD. MOMIN	B.R.I.T	2023	Fatima
40	Sumit Bhargav	Mr. Subhash	BRTT	2023	
41	Gagan Bhardwaj	Mr. Parveen Bhardwaj	BRIT	2023	Gagan
42	majwaseem	Waseem Akhtar	BRIT	2023	
43	Harshit Saini	Mr. Anil Saini	B.RIT	2023	Harshit
44	SHAHZAD	Mahmood	B.RIT	2023	Shahzad
45	Waseem Ahmed	Liyakat Ali	BRIT	2023	Ahmed
46	Junaid Ali	Liyakat Ali	BRIT	2023	Junaid
47	Palak	Mr. Satish Kumar	B. Optom	2023	Palak
48	Foziya	Mr. Saleem Ahmed	B.optom	2023	foziya
49	Uzaifa	Mr. Ayaz Ahmad	B.Opt	2023	Uzaifa
50	Zeenat	Mr. Salim Ahmad	B.optom	2023	Zeenat
51	Sadiya	Mr. Mubeen	B.optom	2023	Sadiya

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52	Ishita Sharma	Mohit Sharma	B.OPT	2023	
53	Akshita Manik	Dr. RK Manik	B.OPT	2023	
54	Ashna	Mr. Aamir	B.OPT	2023	
55	mohd Juraid	Shaukat Ali	B.OPTom.	2023	Juraid
56	Shadab Ali	Shaukat Ali	B.OPTom	2023	Shadab
57	Abhishek Kumar	Ramesh Kumar	B.OPTom	2023	Abhi
58	Foziya	Sardar Ali	B.OPTom	2023	Foziya
59	Shubham	Ravender Singh	B.OPTom	2023	Shubham
60	Anas	Bilshad	B.OPTom	2023	Anas
61	Abhishek Kumar	Mr. Sanjay Kumar	B.OPTm	2023	Abhishek
62	Ayush Kanwal	Mr. Ramkumar	B.OPTM	2023	Ayush
63	Aarif Rana	MD. JAHID	B.OPT	2023	
64	Shadab Ansari	MD. AZIZ	BRIT	2023	
65	Mohd Zubair	Ayyub	BRIT	2023	Zubair
66	Priyanshu	Mr. Sushil	DOTT	2023	Priyanshu
67	Anash	Mr. Yasin	BScOTT	2023	Anash
68	manish	Mr Raju singh	DOTT	2023	manish
69	Aditya	Satveer Singh	BScOTT	2023	Aditya
70	Lavish Kumar	Chandra pal	D.OTT	2023	L.K. Singh
71	Raj U	Mr. Rajbeer	DOTT	2023	Raju
72	Anivarya	Mr Rajneesh Kumar	DOTT	2023	Anivarya
73	Sagar Kumar	Mr Mukesh Kumar	DOTT	2023	Sagar
74	Manpreet kaur	Manjeet singh	DOTT	2023	

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

Deptt. of Oral Medicine & Radiology
Subharti Dental College & Hospital
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Website: dental.subharti.org, e-mail: dental@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2012, 2003), Telefax: 0121-3058030, 2439067
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REPORT: Sensitization programme on

"Positive Mental Health"

Date of Activity (From-To) (DD/MM/YYYY) : 07/09/2023 and 6/10/2023

Time: 07/09/2023 10 am to 12:00 am

06/10/2023 12:00noon -1:00pm

Venue: Faculty of Dental Sciences

Resource person/ Guest Speaker: Dr. Rahul Bansal, Subharti Medical College

Objective of the Activity: To enhance emotional and mental wellbeing of the students.

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Positive Mental Health and its role in Career enhancement" for our budding dentists (BDS batch 2023 students) under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speakers were Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained the benefits of maintaining a positive approach towards life, how one should handle stress and understanding the value of having a high spiritual and emotional quotient. It was an insightful session in which students participated enthusiastically. The session was followed by the student's visit to Wellness Centre, SVSU on 6th Oct2023. Here, Dr Nagaraju K. briefed the students. They were explained that they can look up to Wellness centre experts for their help in case of emotional/ interpersonal stress/ or any kind of difficult situation which they find difficult to handle.

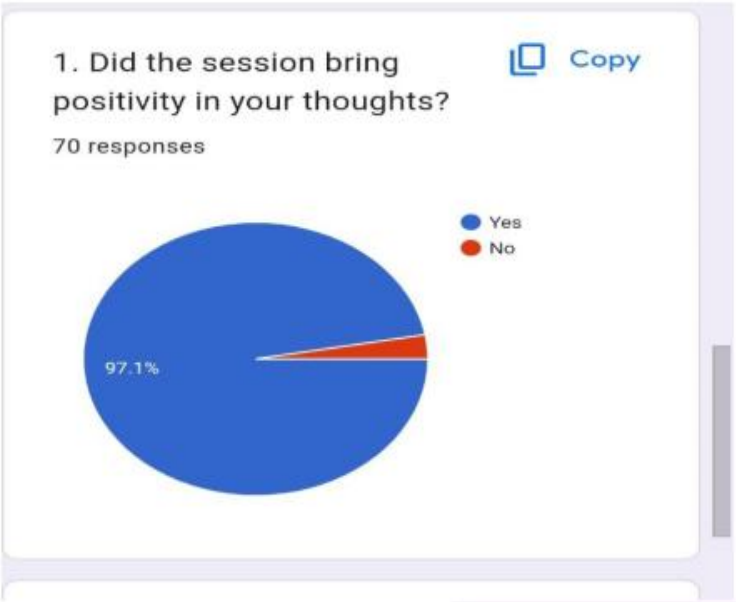
Outcome of the Activity: The students showed full enthusiasm and participated whole heartedly. They were motivated and inspired by the lecture. Few students have also given their personal queries.

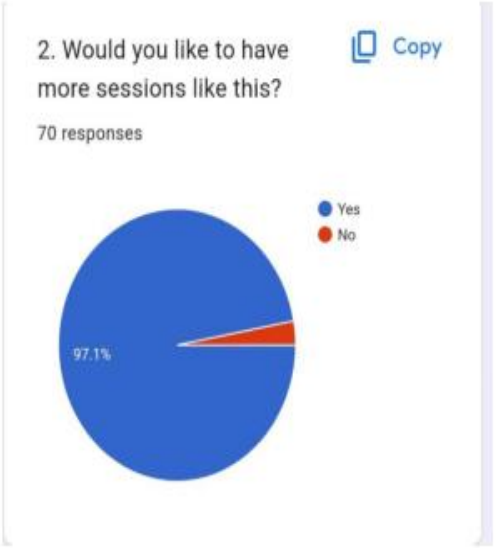
Total Participants 100

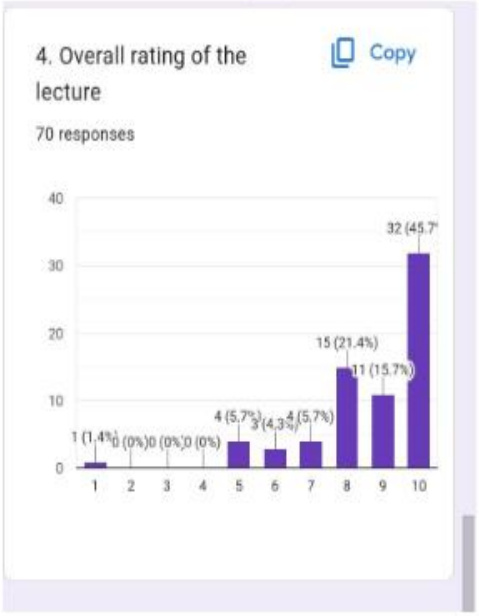
Students 100

Teachers 3

Analysis of Participant's Feedback: The students find it a very insightful and motivational session. They agreed that the lecture brought positivity in their thoughts and suggested that similar type of lectures should be conducted in future. Their overall experience was good.







Pictures of the Activities (Geotagged):





(Dr. Rahul Bansal interacting with students)





Coordinator

[Dr. K. Nagaraju]
Professor & HOD

REPORT: Sensitization programme on "Wellness & Spirituality"

Date of Activity: 17.01.2024

Day: Wednesday

Time: 8:30 to 9:30

Venue: Faculty of Dental Sciences

Objective of the Activity: To enhance spiritual wellbeing among faculty and post graduates

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Wellness and Spirituality" for Dental faculty and post graduates under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speaker was Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained how wellness and spirituality goes hand in hand. Also, apart from physical and mental health, spiritual wellness also plays a pivotal role in life and how it adds sense of purpose and meaning in life, including one's morals and ethics. He also exhibited various books written on spirituality by renowned authors around the world.

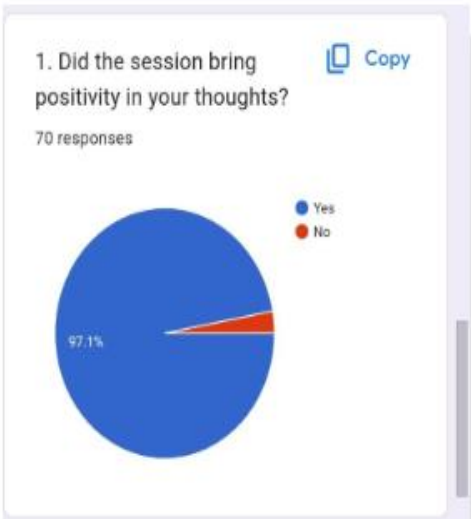
Total Participants 124

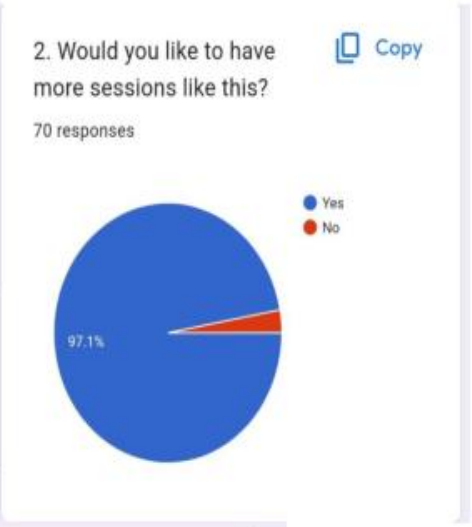
Students 91

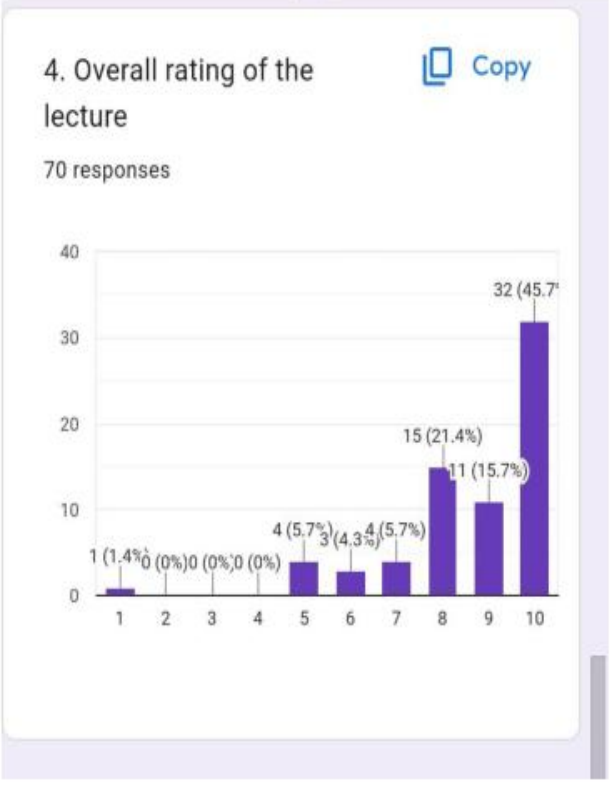
Teachers 33

Outcome of the Activity: The faculty and post graduates showed full enthusiasm and participated whole heartedly. They were motivated and inspired by the lecture.

Analysis of Participant's Feedback: The faculty members along with post graduates find it a very insightful and motivational session. They agreed that the lecture enhanced positivity in their thoughts and suggested that similar type of lectures should be conducted in future. Their overall experience was good.


1. Did the session bring positivity in your thoughts?
Copy
70 responses
Yes
No
97.1%


2. Would you like to have more sessions like this?
Copy
70 responses
Yes
No
97.1%


4. Overall rating of the lecture
Copy
70 responses
40
30
20
10
0
1 (1.4%)
0 (0%)
0 (0%)
0 (0%)
4 (5.7%)
3 (4.3%)
4 (5.7%)
15 (21.4%)
11 (15.7%)
32 (45.7
1
2
3
4
5
6
7
8
9
10

Pictures of the Activities (Geotagged):



(Dr. Nikhil Srivastava felicitating Dr. Rahu Bansal}



(Dr. Rahul Bansal interacting with students)



(Books displayed by Dr. Rahul Bansal)

Coordinator

[Dr. K. Nagaraju]
Professor & HOD

Jyotirao Phule Subharti College of Physiotherapy

Recognized by U.P.State Medical Faculty, Lucknow and Indian Association of Physiotherapists
Ph.: 0121-2439043 / 52 (Extn: 3552, 3551), Telefax: 0121-3058030, 2439067
A constituent college of

SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Office of the Dean & Principal

Date: 31.01.2024

Report on Value Added Course on "Stress Management & Coping Strategies"

Title of the Activity	Value Added Course on "stress management & coping strategies"	Level of Program	College Level
Focused Area	Co-Curricular	Date of Activity	15.01.2024 to 27.01.2024
Activity Organized By	Dr.Surandar Kumar, Asst. Professor	Day	Monday to Saturday
Name of the Associated Faculty/College/Department	JRPSCPT	Time	10:00am to 12:00pm
Name and address of Guest Speaker	-	Venue	BPT 4th year class; Second Floor, JRPSCPT
Total Participants	65	Organizing Coordinator(s)	Dr. SurandarKumar
Students	59	Report Prepared by	Dr. SurandarKumar
Teachers	06		
Non-Teaching Staff	00		
Others (Specify)	00		

Objectives of the Activity:

- Convey an understanding of the concepts of stress, perception, strain, long-term outcomes, and coping.
- Discuss and convey an understanding of the stress process. Students will also be able to identify the Components of the stress process and provide examples in each component.
- Identify and discuss the potential negative health outcomes of chronic or unaddressed stress.
- Critically assess unique personal coping styles and preferences.
- Identify best practices for addressing interpersonal conflicts, academic stress, financial stress, and time management.

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Description:

A Value-Added course on stress management & coping strategies "" was organized Dated from**15.01.2024 to 27.01.2024** for Bpt 4th year students by **Dr. surandarkumar; Asst. Professor**.

As an initiative towards enhancing the students' existing skills sets and aligning it to the industry expectation, the college has introduced a number of value-added courses.

A total of **59 students** enrolled for the course. The course started on 15.01.2024with the inauguration lecture of ***Dr. KapilRastogi***; Assistant Professor; JRPSCPT, He highlighted the key concepts of different stress management & coping stretagies. He made the lecture more interesting with correlation of several different maladaptive coping styles, both cognitive and behavioural&Yogic knowledge to Real life situations.

Other faculties discussed about many intresting topics like**Breathing exercises, laughter therapy, group therapy, swemmingFlexibility (**Dynamic streteching, Static Stretching, PNF etc), Cognitive Behavioral Therapy (CBT in Chronic Pain). Some applicable and quite useful lectures were taken on **MentalHealthandCopingStrategies,**

The course was concluded on 27.01.2024 and students were rewarded with E-certificates on successful completion of course by **DrSurandarkumar,** the course was successfully conducted & completed.

Outcome of the Activity:

- Identify and discuss the potential negative health outcomes of chronic or unaddressed stress.
- Critically assess unique personal coping styles and preferences.
- Identify best practices for addressing interpersonal conflicts, academic stress, financial stress, and time management.
- Describe several different maladaptive coping styles, both cognitive and behavioural.
- Discuss the role of outlook and social support in managing and coping with stress.
- Demonstrate an understanding of various relaxation strategies.
- Critically assess the impact of sleep, nutrition, and physical activity on stress.
- Identify and access appropriate campus resources that can help students with concerns related to stress, mental health, time management, health issues, academic concerns, and other concerns

Office of the Dean &Principal

Pictures of the Activities:









Nandlal Bose Subharti College of Fine Arts & Fashion Design
Website: finearts.subharti.org, e-mail: finearts@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2808, 2809), Telefax: 0121-3058030, 2439067
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Office of the Head , Department of Design

Ref. No.- DOD/NBSCFF/2023/ 221
Dated : 15-9-2023

Notice: Workshop on "Role of Positive Mental Health and Wellness in Career Formation"

Dear Students of Batch 2023,

This is to inform you all that there is a workshop on the "Role of Positive Mental Health and Wellness in Career Formation" specially designed to benefit all students of the Batch 2023. This workshop aims to equip you with essential skills and insights that will play a crucial role in your career development and overall well-being.
Details of the workshop are as follows:

Date: 16th September 2023
Time: 9:00 am to 12:00 pm
Venue: Amrita Shergill Conference Hall

The workshop will feature sessions led by an expert in the field, who will provide valuable guidance and strategies to enhance your mental health and wellness, ultimately contributing to a successful career journey. This workshop is mandatory for all students from the Batch of 2023, regardless of your program of study. We believe that investing in your mental health and well-being is fundamental to achieving your academic and career goals. Please make every effort to attend this important workshop and arrive on time to make the most of this opportunity.
We look forward to your active participation in the workshop and hope to see you there!

Dr. Neha Singh
Member, Wellness Centre (SVSU)
Head, Deptt. of Fashion, Textile & Interior Design
NBSCFF, SVSU

Report on the Workshop: "Role of Positive Mental Health and Wellness in Career Formation"

Organised by: **Nandlal Bose Subharti College of Fine Arts and Fashion Design**
Under the Aegis of: **Subharti Wellness Centre**
Date: **September 16, 2023**

The workshop on "Role of Positive Mental Health and Wellness in Career Formation," held on September 16, 2023, at Nandlal Bose Subharti College of Fine Arts and Fashion Design, proved to be an enlightening and enriching experience for the students of Batch 2023. The workshop aimed at providing insights into the critical interplay between mental health, overall wellness, and career development.

The sessions were conducted by distinguished experts in the field. Dr. Rahul Bansal, Chairperson of the Wellness Committee and Professor from the Community Medicine department at Subharti Medical College, shared profound insights into the importance of mental well-being in shaping successful careers. Dr. Seema Sharma, a clinical psychologist from Subharti Medical College, delved into practical strategies for maintaining positive mental health in the face of career challenges. The workshop saw active participation, with a total of 55 students from Batch 2023 attending the sessions. The students represented various programmes and disciplines, reflecting the universal relevance of the workshop's theme.

The seamless coordination of the workshop was ensured by Dr. Neha Singh, a member of the Wellness Committee and the Head of the Department of Fashion, Textile, and Interior Design. Under the able supervision of Prof. (Dr.) Pintu Mishra, the Dean and Principal of Nandlal Bose Subharti College of Fine Arts and Fashion Design, the workshop achieved its objectives with precision and effectiveness. The workshop covered a spectrum of topics, including stress management, emotional intelligence, and mindfulness techniques tailored to the unique challenges of career formation. The engaging presentations, interactive discussions, and practical exercises facilitated a holistic understanding of the subject matter.

Post-workshop feedback indicates a highly positive response from the students. Many expressed gratitude for the practical tools provided, emphasizing the immediate applicability of the strategies discussed in their academic and career pursuits.

In conclusion, the workshop on The "Role of Positive Mental Health and Wellness in Career Formation" was a resounding success. It not only imparted valuable knowledge but also fostered a culture of well-being and resilience among the students. The efforts of the organising committee, the expertise of the speakers, and the active participation of the students collectively contributed to the success of this insightful event.

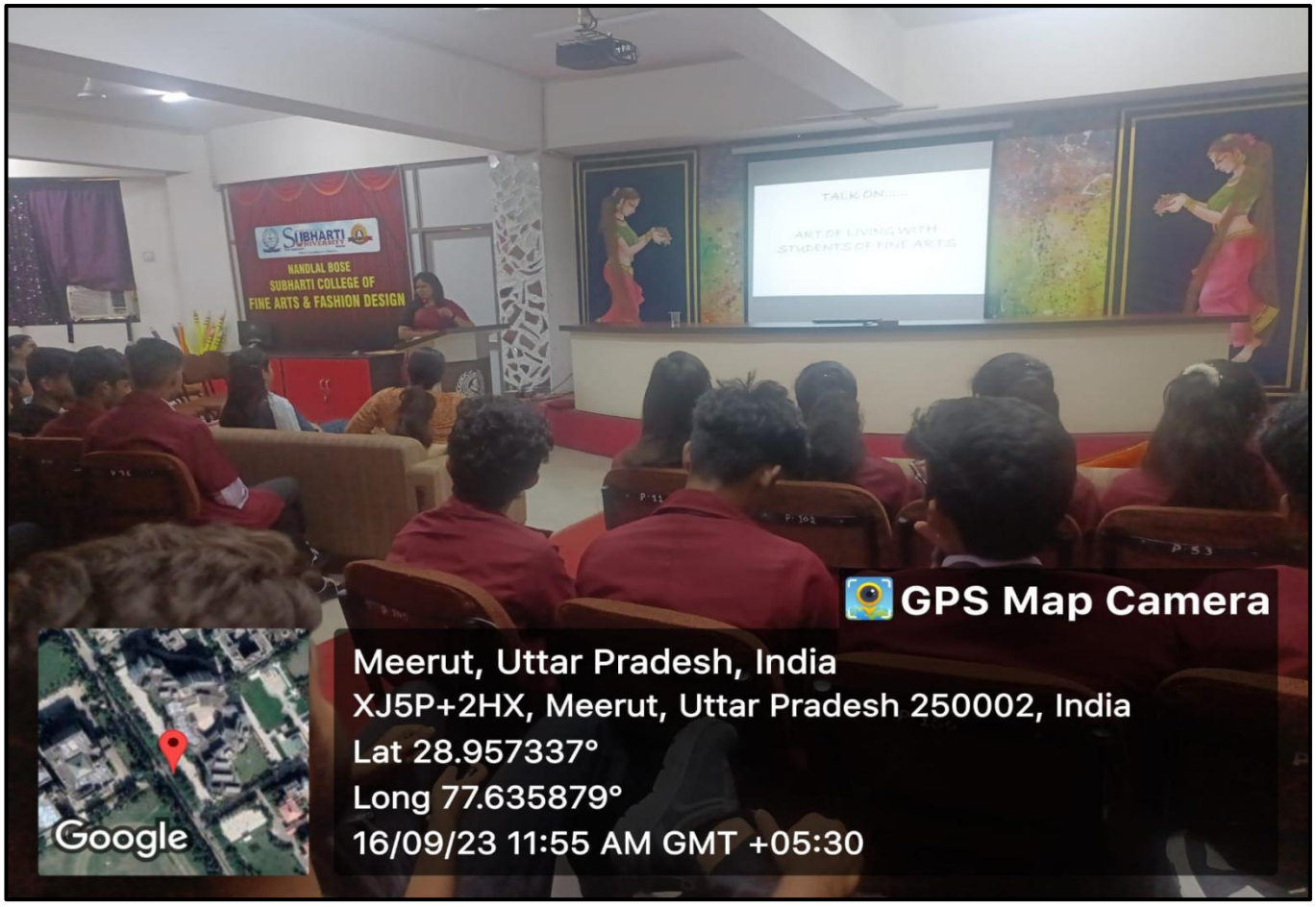
Acknowledgment:
The organisers extend sincere thanks to Dr. Rahul Bansal, Dr. Seema Sharma, and all the participants for making this workshop a meaningful and impactful experience.

Photographs






GPS Map Camera
Meerut, Uttar Pradesh, India
XJ5P+366, Meerut, Uttar Pradesh 250002, India
Lat 28.95769°
Long 77.635527°
16/09/23 11:57 AM GMT +05:30
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NANDLAL BOSE
SUBHARTI COLLEGE OF
FINE ARTS & FASHION DESIGN
TALK ON.....
ART OF LIVING WITH
STUDENTS OF FINE ARTS
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Long 77.635879°
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Workshop on "Role of Positive Mental Health and Wellness in Career Formation"

Date- 16th September 2023

Attendance Sheet

S.no.	STUDENT'S NAME	Department/class	Email address	SIGNATURE
1	RAJA	BFA Ani	RajvaSisth[illegible]tvid.com	
2	Himanshu Sharma	BFA Ani	Sharmamanu4BSK@gmail.com	
3	Prashant	BFA Ani	Ajashujayant123@gmail.com	
4	Shruti vats	MSC Animation	Shrutivats9711@gmail.com	
5	Chhaya Sahota	Diploma Animation	chhayasahota214@gmail.com	
6	Kirti keen	B.Designing	Kirtikeen0095@gamail	Kirtikeen
7	Gulmoharmarod	BSc Textile		
8	Aayush	BFA-Animation	Chauhanjiayushi@gmail	Aayush
9	Sahil	B. Des	Sahilpalwan20774@gmail	
10	Vanl	B.Sc	Vashulchoz@gmail	
11	Ayushmaan Singh	B.Sc Animation	singhayushmaan8678@gmail.com	Ayushmaan
12	Kashish Arora	DFA FAD	Kashish223arora@gmail.com	
13	Vani sharma	B. Designing	vs0719182@gmail.com	Vani
14	Harsh verma	B.S Animation	harshverma250401@gmail-	Verma
15	Sandhya	B. Design	sandhyathakur1458@gmail.com	Sandhya
16	Diksha	B. Design	akshodarajput9781@gmail.com	
17	Salisha	B. Design	Salishachaudhary552@gmail.com	Salisha
18	Shrey	BSc Anime	shrey@gmail.com	
19	Himanshu Ankush Kumar	BSc Anime	ankushprajapati250104	Ankush
20	Raja Vansh	BSc Animation	vanshthakiya54@gmail.com	
21	Prashant Salim	B. Design	Salimsajid7241@gmail.com	
22	Shalini	BFA Applied	sharmashalini6548@gmail	
23	Siddhi Jain	BFA Painting	Kj770300@gmail.com	Siddhi
24	Taniya Kushwaha	BFA foundation	taniyakushawaha5@gmail.	Taniya
25	Kirtika	BFA(F)	Rishkach752995@gmail.com	
26	Akshara Gautam	BFA "	akshragautam213@ "	
27	Kuldeep Kuhar	BFA "	Kuldeepkanwar605@ "	
28	Sagar	BFA "	Sagarsaini79471@ "	
29	Swati Sheoran	MFA Painting	Swatisheoran2000@gmail.com	
30	Shruti Singh	MFA Painting	shrutisingh8096@gmail.com	
31	Ankur Kushwaha	MFA Painting	Ankurkanwar827373@gmail.com	
32	Aditi	BFA painting	Aditi000195@gmail.com	

33	Prabhat Kumar	BFA applied	Kprabhat506@gmail.com	
34	Saloni Gupta	BFA "	gsaloni116@gmail.com	
35	Umang Tyagi	BFA Foundation	UmangT466@gmail.com	
36	Srishti Rajput	"	satnisinghrajput2004@	
37	Unnati	"	unnatisharma04@	
38	Tanuja	BSc TeV Tito	7078359707@gmail.com	
39	Anu Chaudhary	BFA Foundation	Anuanshchaudhary@gmail.com	
40	Parul	"	Softwaregames@gmail.com	
41	Aastha Verma	BFA Foundation	Ceggy737k@gmail.com	
42	Aakash Kumar	"	barmanchintu233@gmail.com	
43	Abhyuday Verma	BFA foundation	sesav9889707@gmail.com	
44	Arti Jain	BFA foundation	anijain0803@gmail.com	
45	Chetanya.	BFA "	Chetanya399@gmail.com	
46	Ritesh	DFA	Riteshjiyachha@gmail.com	
47	Aakif Rana	BSc Textile	ranaakash5686@gmail.com	
48	Saloni	B.des	@seemabains86@gmail.com	
49	Yashica	DAA	yashicaaditya@gmail.com	
50	Vaishali	B.F.A Animation	Vaishali6161@gmail.com	
51.	Ritu	BFA Animation	rituku m2005@gmail.com	
52.	Bicksha	BSc Animation	Rinkbicksha932@gmail.com	

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Where Education is a Passion ....

Faculty of Pharmacy
(Estd. 2009)

NAAC A

Where Education is a Passion .... Office of the Principal & Dean

Ref. No: Pharmacy/Staff/10/23/2396
Date :- 06.10.2023

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- Faculty of Dental Sciences (Estd. 1996)
- Faculty of Physiotherapy & Allied Health Sciences (Estd. 1999)
- Faculty of Medicine (Estd. 2000)
- Faculty of Nursing (Estd. 2000)
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- Faculty of Management & Commerce (Estd. 2007)
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- Faculty of AYUSH (Estd. 2011)
- Faculty of Science (Estd. 2013)

Notice

It is to inform to all that a guest lecture will be organized as per given details-

Topic/Title	A relaxing session with workshop on unique and universal methods of meditation
Date and Time	07 October, 2023; 11:00am
Resource Person	Mr. Pranay Kumar
Affiliation of Resource Person	Assistant Professor RamEesh Institute of Vacational & Technical Education, Greater Noida, U.P.
Coordinator/Convener	Dr. Garima Verma, Professor & Head, Department of Pharmaceutics
Venue	Seminar Hal
Participants	B.Pharm Ist year students Pharm.D Ist year students Faculty Members

Prof. (Dr.) Sokindra Kumar
Principal & Dean

PRINCIPAL & DEAN
Kharvel Subharti College of Pharmacy
Subharti Puram, Meerut (U.P.)

Report On A relaxing session with workshop on unique and universal method of meditation

Title of the Activity	A relaxing session with workshop on unique and universal method of meditation	Level of Program (State/National/International etc.)	DEPARTMENTAL
Focused Area	Meditation for students and professionals	Date of Activity (From-To) (DD/MM/YYYY)	7 October 2023
Activity Organized By	Department of Pharmaceutics	Day	Saturday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy, Kharvel Subharti College of Pharmacy	Time	11:00AM
Name and address of Guest Speaker	Mr. Pranay Kumar	Venue	Kharvel Subharti College Of Pharmacy
Total Attendees	72	Organizing Coordinator(s)	Dr. Garima Verma
Students	56	Report Prepared by	Mr Deepak Aswal
Teachers	16		
Non-Teaching Staff	-		
Others (Specify)	-		

Objective of the Activity:

To conduct a workshop on unique and universal method of meditation so that student can learn the need of hour for better, efficient, tension free, managed, happy, enjoy full and meaningful life

Description:

A relaxing session with workshop on meditation was organized with students and Faculty of Pharmacy in which 56 students and 20 faculties were participated. The workshop was very informative and participant also learned to practice the meditation.

Introduction:

Meditation has important role in holistic and complete development of human personality.

Meditation is actually the part of yoga(Subtle from of yoga or Mansik yog) which is basically path to achieve self realization which is the ultimate aim of human life. Apart from this, by doing meditation practice, actually an individual can develop beautiful art of living.It can enables individual to live with efficient, tension free, managed and happy life style. India has profound legacy in field of yoga and meditation. As the practice of Yog is not bound by caste, creed, religion etc, it may be practiced by one and all which help to create social harmony and tension free happier family life. It further contributes to enhance skill, efficiency and creativity of practitioners that are very essential for students and professionals.

If students and professionals learn and follow the art of this unique method of concentration & meditation then they can also achieve more efficiency, happiness, ability to handle different problems with positive thoughts, managed and tension free life with human values.

Highlights of the Programme:

1. Introduction about meditation
2. Need of meditation for students and professionals.
3. Development of different Core skill of student and professional life through meditation.
4. Introduction and Methodology of unique and universal method of meditation the "AnandYog" A Divine Science.
5. Demonstration and workshop on AnandYog concentration & Meditation Practice.

Outcomes of the Activity:

After completion of programme, students learn-

1. The importance of meditation in student life.
2. Art of self motivation.
3. The art & techniques of an unique and universal method meditation.
4. How efficiency can be increased.

5. Capacity building and interest generation.

6. Time management & Life management.

7. How to live tension free life.

8. Art of living peacefully and happily.

9. Art of increasing thinking capacity and memory power.

10. Development of noble and positive thoughts with attitude of service and humanity necessary for professional life.

11. How to become mentally strong to cope up with any situation of life.

12. How to develop will power for success.

13. How to add good qualities in life.

14. Habit of sound sleep.

15. Success Mantra through Meditation

Analysis of Participant's Feedback:

The workshop was well defined with practical session. It was very helpful Session for Students and Faculty Members. Participants was able to understand the power of meditation.

Pictures of the Workshop:





Student Attendance on workshop of Meditation

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Faculty of Pharmacy
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- Faculty of Arts & Social Science (Estd. 2009)
- Subharti Polytechnic College (Estd. 2010)
- Faculty of AYUSH (Estd. 2011)
- Faculty of Science (Estd. 2013)

Guest Lecture Attendance

Sr. No.	Name of Student	Course	Signature
1	Rihan Khan	B. Pharm	Rihan
2	Mohd Danish	B. Pharm	Danish
3	Shuaib Khan	B. Pharm	Shuaib
4	SAGAR	B. Pharma	Sagar
5.	Prahlad Singh	B. Pharm	Prahlad Singh
6.	Mohd Suhail	B. Pharm	Mohd Suhail
7.	Suheb Ahmad	B. Pharm	Suheb
8	Talim	B. Pharm	Talim
9	Zeeshan	B. Pharm	Zeeshan
10	Tanishq Kalra	B. Pharma	Tanishq
11	Ujjwal Thakur	B. Pharma	Ujjwal
12	MOHIT KUMAR	B. Pharm	Rohit
13.	Vivek Parida	B. Pharm	Vivek
14	Om Narayan singh	B. Pharm	Om
15.	Vikas Rana	B. Pharm	Vikas
16	Mohd. Mohsin	B. Pharm	Mohsin
17.	Sohrab Alam	B. Pharma	Sohrab Alam
18.	Vinit Singh	Pharm.D	Vinit
19	Mannu Kumar	Pharm D	Mannu
20.	Mithil Bhardwaj	PharmD	Mithil
21	Nishant Pal	PharmD	Nishant
22	Lovely Saini	Pharm. D	Saini

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- Subharti Polytechnic College (Estd. 2010)
- Faculty of AYUSH (Estd. 2011)
- Faculty of Science (Estd. 2013)

Guest Lecture Attendance

Sr. No.	Name of Student	Course	Signature
23	Piyasa Debnath	PharmD	Piyasa
24	Anshika Pal	PharmD	Anshika.
25	Satender Singh	Pharm D	
26	Ayush	Pharm D	Ayush.
27	Dipankar Dhar	PharmD	Dipankar Dhar
28	Anjum	PHARMD	Anjum
29	Simran Raghav	PHARMD	Simran Raghav.
30	Samarth uppal	PHARMD	Samarth uppal
31	Vardayani Chauhan	Pharm-D	Chauhan.
32.	PRINCE CHOUDHARY	Pharm.D	
33	Sagar	Pharm.D	Sagar
34	Lakshay Dixit	Pharm-D	Dixit
35	Anibet Sharma	Pharm-D	
36	Anmol Sharma.	Pharm-D	
37	Vipu Pai	B-Pharm	Vipu Pai
38	gulshan kumar	B-Pharma	gulshan kumar.
39	Vishesh Rana	B-Pharma	
40	Shubham Sharma	B-pharm	Shubham
41	Nikhil chaprana	B-Pharm	Nikhil
42.	Phul bansal	B. Pharm	
43	Shreelesh Kumar	B.Pharm	Shreelesh
44	Sanchit Tyagi	B. Pharm	Sanchit

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- Faculty of Arts & Social Science (Estd. 2009)
- Subharti Polytechnic College (Estd. 2010)
- Faculty of AYUSH (Estd. 2011)
- Faculty of Science (Estd. 2013)

Guest Lecture Attendance

Sr. No.	Name of Student	Course	Signature
45	Prince	B. Pharm	Prince
46	Rohit Kumar	B. Pharm	Rohit
47	Mohd Burhan	B. Pharm	Mohd Bu
48	Shameem Mondal	B. Pharm	Shameem
49.	Shehad	B. Pharm	Shehad
50	Shivam	B. Pharm	Shivam
51.	Utsav Parashar	B. Pharm	utsav
52	Ziya Ali Siddiqui	B. Pharm	Ziya
53	Mohd Ovez	B. Pharm	Ovez
54	Anjali Das	B. Pharm	Anjali
55	Sana Khan	B. Pharm	Sana.
56	Tanisha Kaushik	B. Pharm	Kaushik

Shivam

PRINCIPAL & DEAN
Kharvel Subharti College of Pharmacy
Subhartipuram, Meerut (U.P.)

0121 6678 000
Subhartipuram, NH-58, Delhi-Haridwar Bypass Road, Meerut-250005
www.subharti.org

Faculty Attendence on workshop of Meditation

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- Faculty of Arts & Social Science (Estd. 2009)
- Subharti Polytechnic College (Estd. 2010)
- Faculty of AYUSH (Estd. 2011)
- Faculty of Science (Estd. 2013)

Guest Lecture Attendance

Sr. No.	Name of Faculty	Signature
1.	Dr. Sobhendra Kumar	
2.	Prasanjit Paul	
3.	Dharmendra Singh	
4.	Prashant Kumar	
5	Pankaj Rastogi	
6.	Dr. Manu Saxena	
7.	Nandini Sharma	
8.	Avdesh Kumar	
9.	Nidhi dhama	
10	Dr Garima Verma	
11	Swati Wadhawan	
12	Dr Rupesh Pandey	
13	Dr. Prabhat Singh.	
14	Mr. Vishal	
15	Mr. Nishant	
16	Mr. Vipin	

PRINCIPAL & DEAN
Khanpur Subharti College of Pharmacy
Subharti Puram, Meerut (U.P.)

Report on Guest Lecture

Topic: Importance of Mental Wellness and Techniques to Achieve It
Speaker: Dr. Seema Sharma, Sr. Consultant, Clinical Psychologist, Department of Clinical Psychology
Organized by: Department of Languages, Faculty of Arts and Social Sciences, Swami Vivekanand Subharti University, Meerut
Venue: Lecture Hall, Faculty of Arts & Social Sciences, 3rd Floor of Law College
Participants: Students – 11 | Faculty – 10

A Guest Lecture on "Importance of Mental Wellness and Techniques to Achieve It" by **Dr. Seema Sharma**, Senior Consultant, Clinical Psychologist, Department of Clinical Psychology, was organized for the students of the **Department of Languages**, Faculty of Arts and Social Sciences, SVSU during Students Induction Program from 7th Aug. 2023 to 12th Aug. 2023

The session aimed to help students develop and maintain strong relationships, cultivate emotional balance, and achieve an overall sense of contentment. It was an **interactive session** where Dr. Seema Sharma, through real-life case examples, explained how to **identify early signs of poor mental well-being** and how to address them with **empathy and care** before they intensify.

She emphasized that in today's fast-paced life, students often suffer from stress caused by uncontrollable circumstances, which adversely affects their physical and mental health. To overcome such avoidable stress, one must practice **self-control, mindfulness, and positive thinking**. She highlighted that challenges are part of life, but true wisdom lies in handling them sensibly and calmly. A person who maintains composure during adversity remains free from unnecessary stress.

Dr. Sharma also informed students about the **Wellness Centre** located within the University campus, where they can seek professional counseling and mental health services when needed.

Objectives of the Program

1. To create awareness about the importance of mental wellness among students and faculty members.
2. To help participants identify the symptoms of stress, anxiety, and emotional burnout.
3. To impart practical techniques for maintaining emotional balance and resilience.
4. To encourage students to seek professional help without stigma when required.
5. To promote the use of the University Wellness Centre for counseling and mental health support.

Outcomes of the Program

1. Participants gained a deeper understanding of the need for mental wellness in academic and personal life.
2. Students learned practical coping strategies for managing stress and emotional challenges.
3. The session encouraged open discussion about mental health, reducing hesitation and stigma.
4. Faculty members became more aware of how to support students showing signs of stress.
5. Increased awareness about the University Wellness Centre and its available services.

Glimpse of the Event





Department of Languages
Faculty of Arts & Social Sciences
SWAMI VIVEKANAND SUBHARTI UNIVERSITY, MEERUT, U.P.
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Student Induction Program

7th August 2023 to 12th August 2023

Attendance Sheet

S. No.	Name	Designation	Signature
1.	Dr. Tushti Sharma	Professor and Head	
2.	Dr. Rafat Khanm	Associate Professor	
3.	Dr. Seema Sharma	Associate Professor	
4.	Dr. Yeshpal Sharma	Assistant Professor	
5.	Dr. Shobha Raturi	Assistant Professor	
6.	Dr. Ranveer Singh	Assistant Professor	
7.	Dr. Manisha Luthra	Assistant Professor	
8.	Ms. Swati Sharma	Senior Lecturer	
9.	Ms. Vibha Ghavri	Assistant Professor	
10.	Mr. Rupendra	Lecturer	
11.	Sonali Parida	Student	
12.	Km. Priya	Student	
13.	Apurvi Mittal	Student	
14.	Chhavi Chaudhary	Student	
15.	Ritika	Student	
16.	Km. Shikha Sharma	Student	
17.	Mrs. Monika Sikhola	Research Scholar	
18.	Prachi Singh	Research Scholar	
19.	C. Lalmalsawmtluangi	Research Scholar	
20.	Lalmalsawmtluanga	Research Scholar	
21.	Shalini	Research Scholar	

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Website: www.subharti.org E-mail: languagedept@subharti.org

Office of the Principal & Dean Faculty of AYUSH

Dated:17th May 2024

REPORT
ON
"Mental Health and suicidal prevention strategies"

SUBHARTI UNIVERSITY
Approved by UGC
NAAC
MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature – The Future of Healthcare
Office of the Principal & Dean Faculty of AYUSH

Ref. No. AOT-333 Date: 14th May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is organizing a Guest Lecture on **"Mental health and suicidal prevention strategies"**.

All faculty and M.D Students are cordially invited to attend the session.

Dr. Rahul Bansal professor from the Dept. of Community Medicine Subharti Medical College will be the Resource person.

Activity Coordinator: Dr. Adil (Asst. professor)

Date & Day: 16th May 2024 (Thursday)
Time: 12:00 PM to 1:00 PM
Venue: Conference Hall, Naturopathy & Yoga College (MASCHNYS)

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Extn: 3553 / 3554 /3588 | Cell: 9639010531, 9639015554, 9639011197 | E-mail :naturopathy@subharti.org | Website : www.naturopathy.subharti.org

Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a Guest Lecture on **Mental Health and suicidal prevention strategies** for all Faculty and PGs students. This session was organized on 16 May 2024 from 12:00 PM TO 1:00 PM.
- **Venue**: LT-2 Naturopathy & yoga college (MASCHNYS)
- Total Number of student participants – 31
- The session started with the Omkara mediation and deep relaxation technique to relax the mind of students by Dr. Adil (Asst. professor).
- The resource person explained unique theories about Emotions and techniques for happiness in various situations.
- during the program he also explained five key elements of Emotion: self-awareness, self-regulation, motivation, empathy, and social skills, and motivated all the faculty and students.



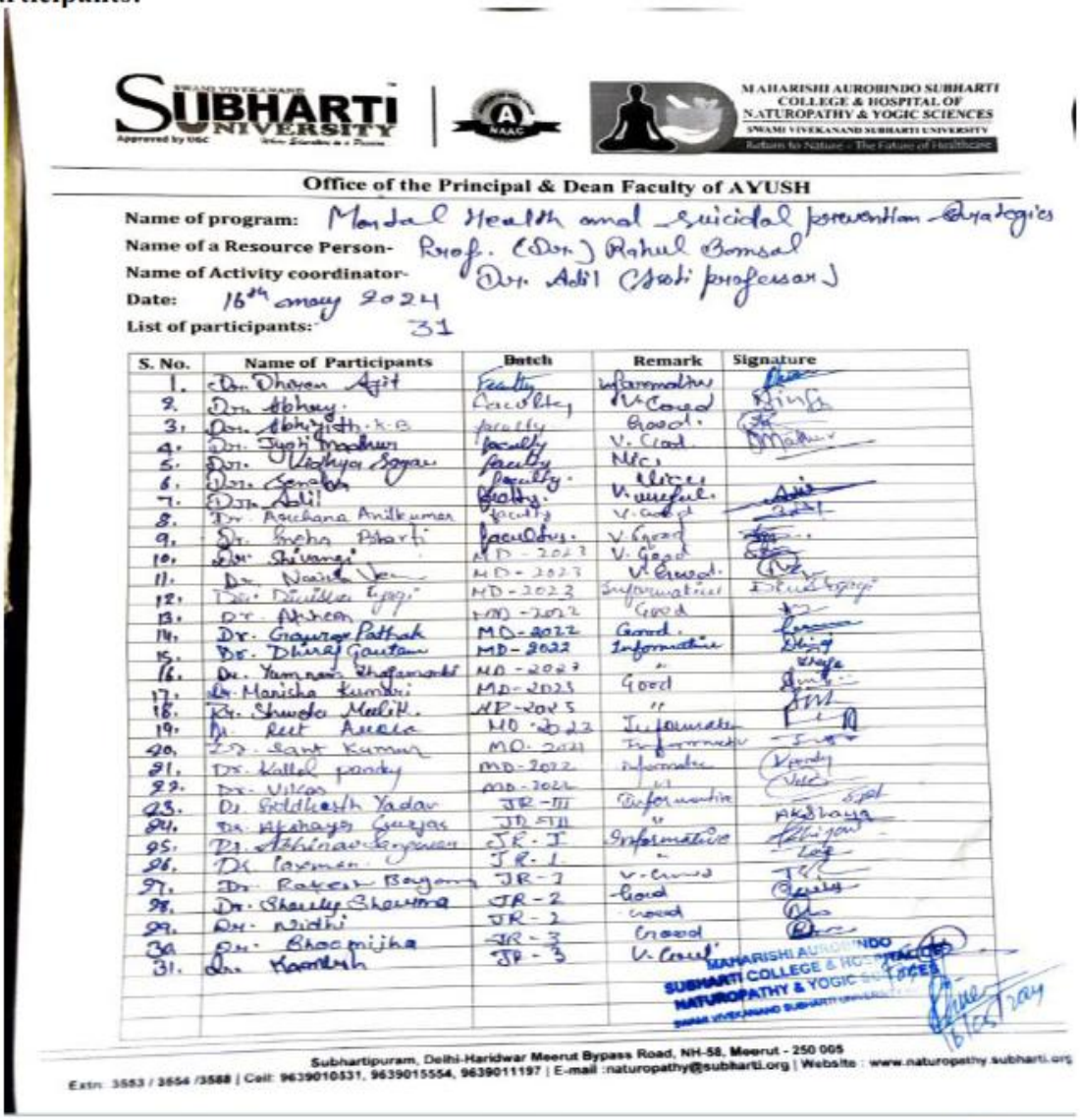
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Office of the Principal & Dean Faculty of AYUSH

List of Participants:



SUBHARTI UNIVERSITY | NAAC A | MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

Office of the Principal & Dean Faculty of AYUSH

Name of program: Mental Health and Suicidal prevention in Physiotherapies
Name of a Resource Person- Prof. (Dr.) Rahul Bansal
Name of Activity coordinator- Dr. Aditi Gadi (Assistant Professor)
Date: 16th January 2024
List of participants: 31

S. No.	Name of Participants	Batch	Remark	Signature
1.	Dr. Dharun Ajit	Faculty	Informative	
2.	Dr. Abhay.	Faculty	V. Good	
3.	Dr. Abhijith. K.B	Faculty	Good.	
4.	Dr. Jyoti Madhur	Faculty	V. Good.	
5.	Dr. Vidhya Sagar	Faculty	Nice.	
6.	Dr. Gerald	Faculty.	Nice.	
7.	Dr. Aditi	Faculty.	V. useful.	
8.	Dr. Archana Anilkumar	Faculty	V. Good	
9.	Dr. Richa Bharti	Faculty.	V. Good	
10.	Dr. Shivangi	MD - 2023	V. Good	
11.	Dr. Nasiba Jan	MD - 2023	V. Good.	
12.	Dr. Dinkar Tyagi	MD - 2023	Informative	
13.	Dr. Afreen	MD - 2022	Good	
14.	Dr. Gaurav Pathak	MD - 2022	Good.	
15.	Dr. Dhiraj Gautam	MD - 2022	Informative	
16.	Dr. Yamuna Thapamagar	MD - 2023	"	
17.	Dr. Manisha Kumari	MD - 2023	Good	
18.	Dr. Shweta Malik.	MD - 2015	"	
19.	Dr. Rut Akula	MD - 2022	Informative	
20.	Dr. Sant Kumar	MD - 2021	Informative	
21.	Dr. Kallol pandey	MD - 2022	Informative	
22.	Dr. Vikas	MD - 2022	"	
23.	Dr. Siddharth Yadav	JR - III	Informative	
24.	Dr. Abhaya Gurjar	JR - III	"	
25.	Dr. Abhinav Satyawan	JR - I	Informative	
26.	Dr. Laxman	JR - I	"	
27.	Dr. Rakesh Bagoria	JR - I	V. Good	
28.	Dr. Shruti Sharma	JR - 2	Good	
29.	Dr. Nidhi	JR - 2	Good	
30.	Dr. Bhoomika	JR - 3	Good	
31.	Dr. Kamlesh	JR - 3	V. Good	

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

Office of the Principal & Dean Faculty of AYUSH

Dated: 4TH May 2024

REPORT
ON
"Yoga for wellness"

SWAMI VIVEKANAND SUBHARTI UNIVERSITY
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NAAC
MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. NOT- 323

Date: 1st May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is Organizing a Guest Lecture on **"Yoga for wellness"**.

Date & Day: 2nd May 2024 (Thursday)
Time: 12:00 PM to 1:00 PM
Venue: Conference Hall, Naturopathy & Yoga College (MASCHNYS)

Dr. Rahul Bansal Professor from the Dept. of Community Medicine Subharti Medical College will be the Resource person.

Activity Coordinator: Dr. Adil (Asst. professor)

All PG Students are cordially invited to attend the Lecture.

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

01/05/2024

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
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Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a guest lecture **"Yoga for Wellness"** on 2nd May 2024 from 12:00 PM – 1:00 PM at Naturopathy and yoga college (MASCHNYS).

- Guest lecture by Dr. Rahul Bansal professor from the Dept. of Community Medicine Subharti Medical College.
- All PG Students are cordially invited to attend the Lecture.
- Activity Coordinator: Dr. Adil (Asst. professor).
- In the Lecture the resource person shared the knowledge of yoga on the mode of health as an aspect of preventive & promotive and curative way of life by yoga.
- Also, there was an Interaction section at the end of the lecture.



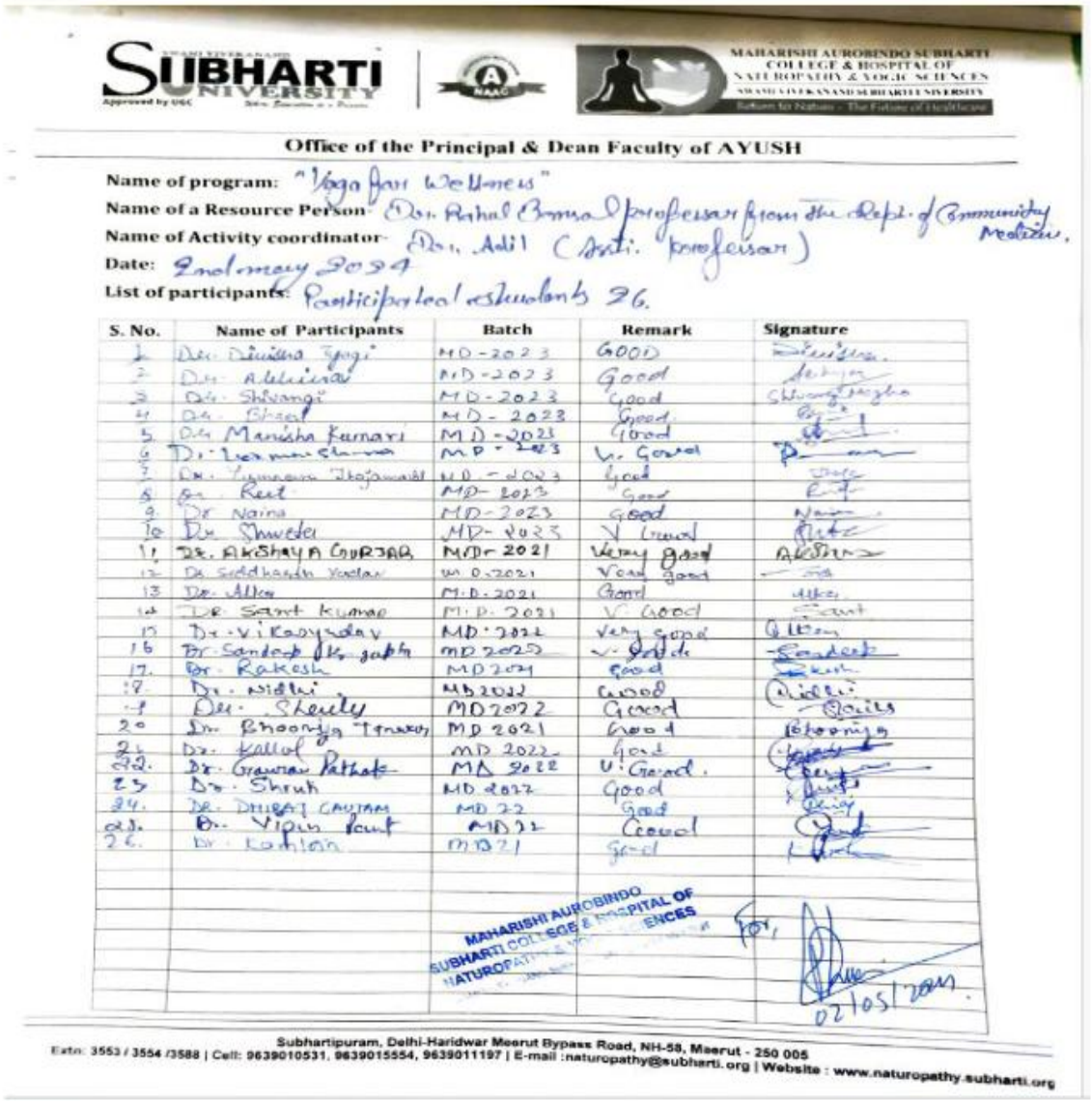
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List of Participants:



SUBHARTI UNIVERSITY — MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

Office of the Principal & Dean Faculty of AYUSH

Name of program: "Yoga for Wellness"
Name of a Resource Person Dr. Rahul Barma (Professor from the Dept. of Community Medicine.
Name of Activity coordinator Dr. Adil (Asst. Professor)
Date: 2nd May 2024
List of participants: Participated students 26.

S. No.	Name of Participants	Batch	Remark	Signature
1.	Dr. Divisha Tyagi	MD-2023	GOOD	
2.	Dr. Akshina	MD-2023	Good	
3.	Dr. Shivangi	MD-2023	Good	
4.	Dr. Bhoel	MD-2023	Good	
5.	Dr. Manisha Kumari	MD-2021	Good	
6.	Dr. Laxman Sharma	MD-2023	V. Good	
7.	Dr. Yamuna Thapliyal	MD-2023	Good	
8.	Dr. Rut	MD-2023	Good	
9.	Dr. Naina	MD-2023	Good	
10.	Dr. Shweta	MD-2023	V. Good	
11.	Dr. AKSHAYA CHARAN	MDr 2021	Very Good	
12.	Dr. Siddharth Yadav	M.D-2021	Very good	
13.	Dr. Alka	M.D-2021	Good	
14.	Dr. Sant Kumar	M.D. 2021	V. Good	
15.	Dr. Vikas yadav	MD. 2022	Very good	
16.	Dr. Sandeep Kr. gupta	MD 2022	V. Good	
17.	Dr. Rakesh	MD 2021	Good	
18.	Dr. Nidhi	MD 2022	Good	
19.	Dr. Shruty	MD 2022	Good	
20.	Dr. Bhoomya Tomar	MD 2021	Good	
21.	Dr. Kallol	MD 2022	Good	
22.	Dr. Gaurav Pathak	MA 2022	V. Good.	
23.	Dr. Shruti	MD 2022	Good	
24.	Dr. DHIRAJ GAUTAM	MD 22	Good	
25.	Dr. Vipin Kant	MD 22	Good	
26.	Dr. Kamlesh	MD 21	Good	

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

02/05/2024

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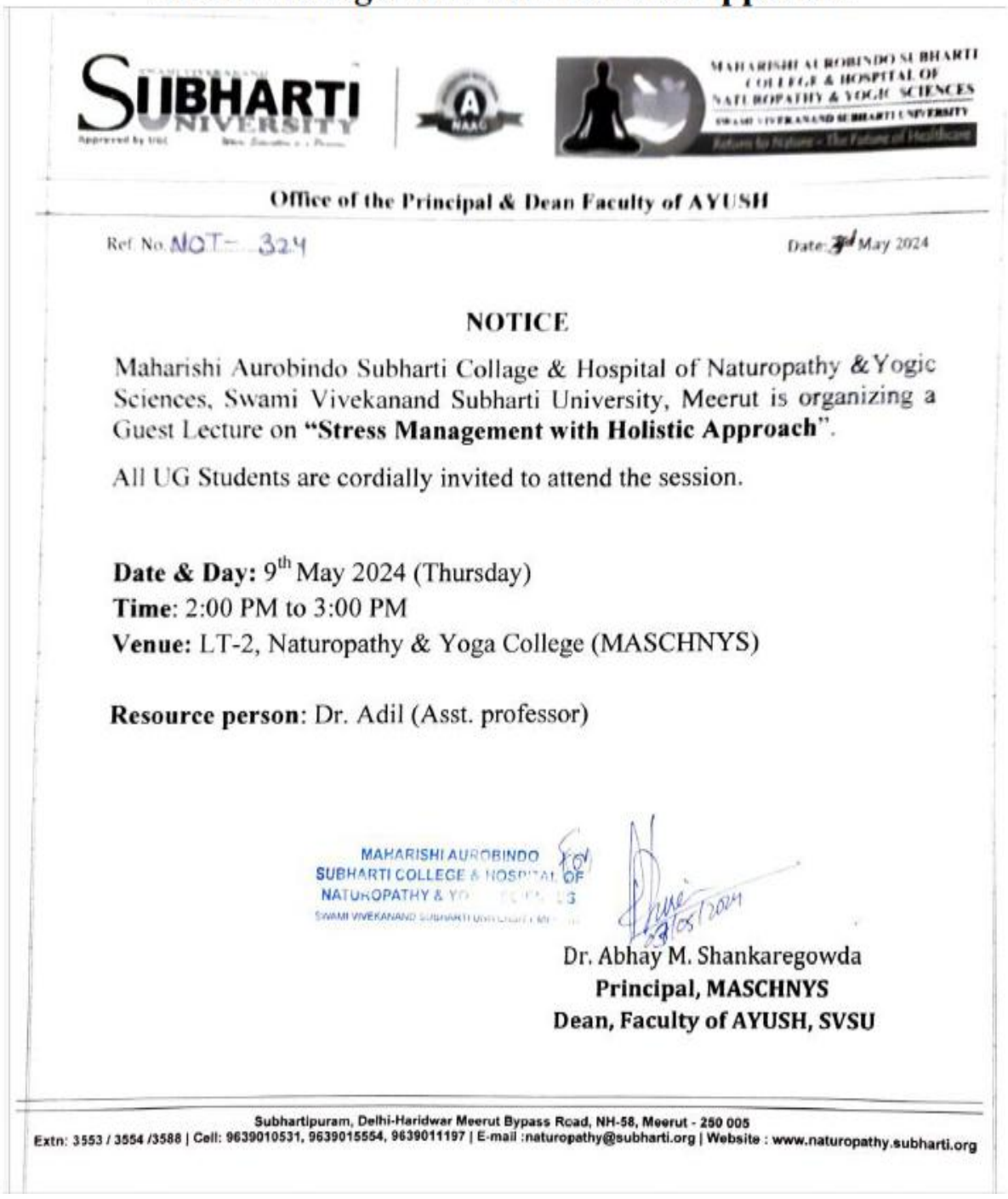
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MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Dated:11th May 2024

REPORT
ON
"Stress Management with Holistic Approach"



SUBHARTI UNIVERSITY — Approved by UGC — NAAC A

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. NOT- 324 Date: 3rd May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy &Yogic Sciences, Swami Vivekanand Subharti University, Meerut is organizing a Guest Lecture on **"Stress Management with Holistic Approach"**.

All UG Students are cordially invited to attend the session.

Date & Day: 9th May 2024 (Thursday)
Time: 2:00 PM to 3:00 PM
Venue: LT-2, Naturopathy & Yoga College (MASCHNYS)

Resource person: Dr. Adil (Asst. professor)

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YO... LG
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

Dr. Abhay M. Shankaregowda
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Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a Guest Lecture on **Stress Management with a Holistic Approach** for all BNYS students. This session was organized on 9 May 2024 from 2:00 PM TO 3:00 PM.
- **Venue**: LT-2 Naturopathy & yoga college (MASCHNYS)
- Total Number of student participants – 132
- The session started with the Omkara mediation and relaxation technique to relax the mind of students by Dr. Adil (Asst. professor).
- The resource person explained unique theories about stress and techniques for happiness in various situations and motivated all the students.



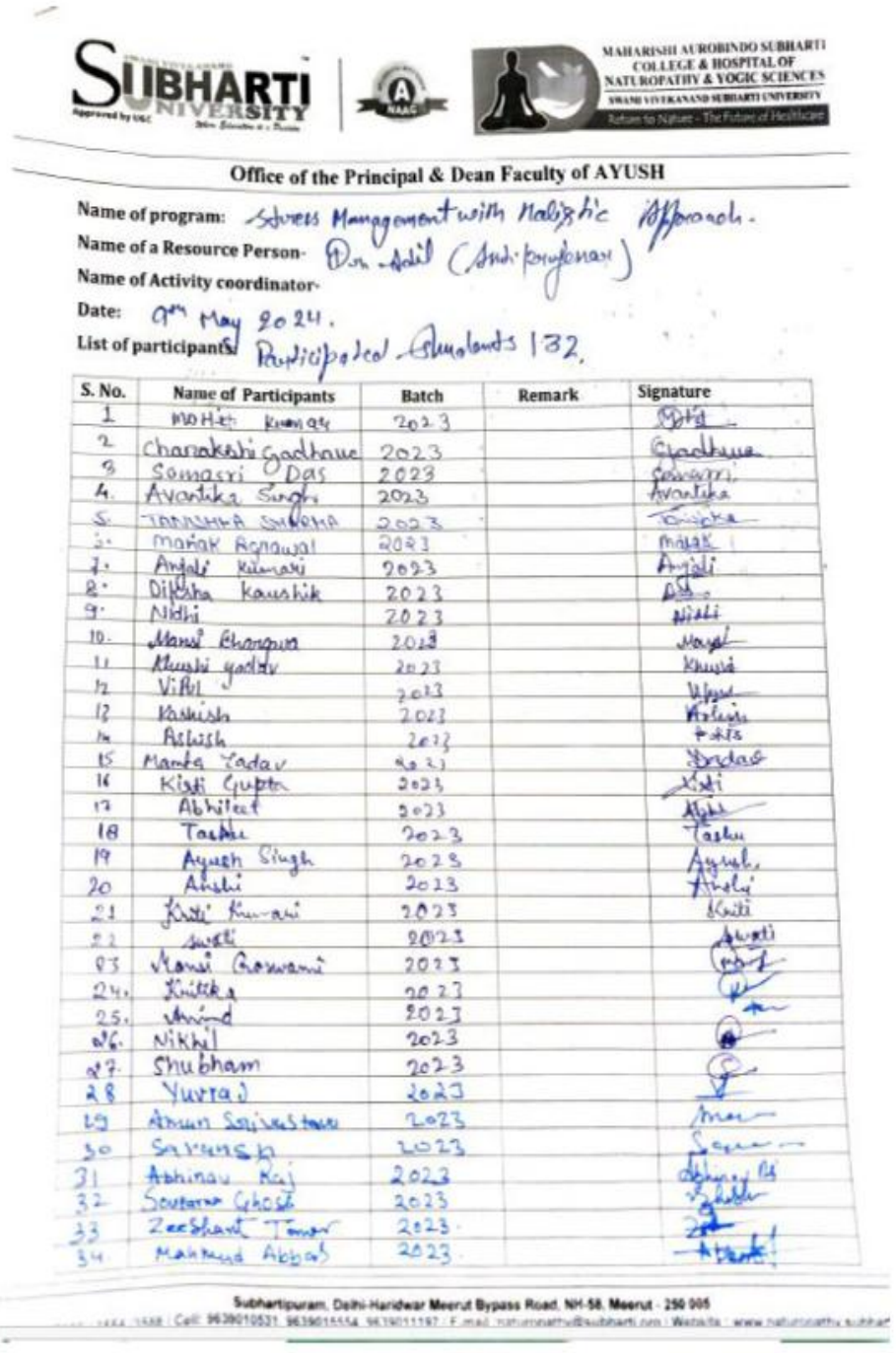
Office of the Principal & Dean Faculty of AYUSH





Office of the Principal & Dean Faculty of AYUSH

List of Participants:



SUBHARTI UNIVERSITY — MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

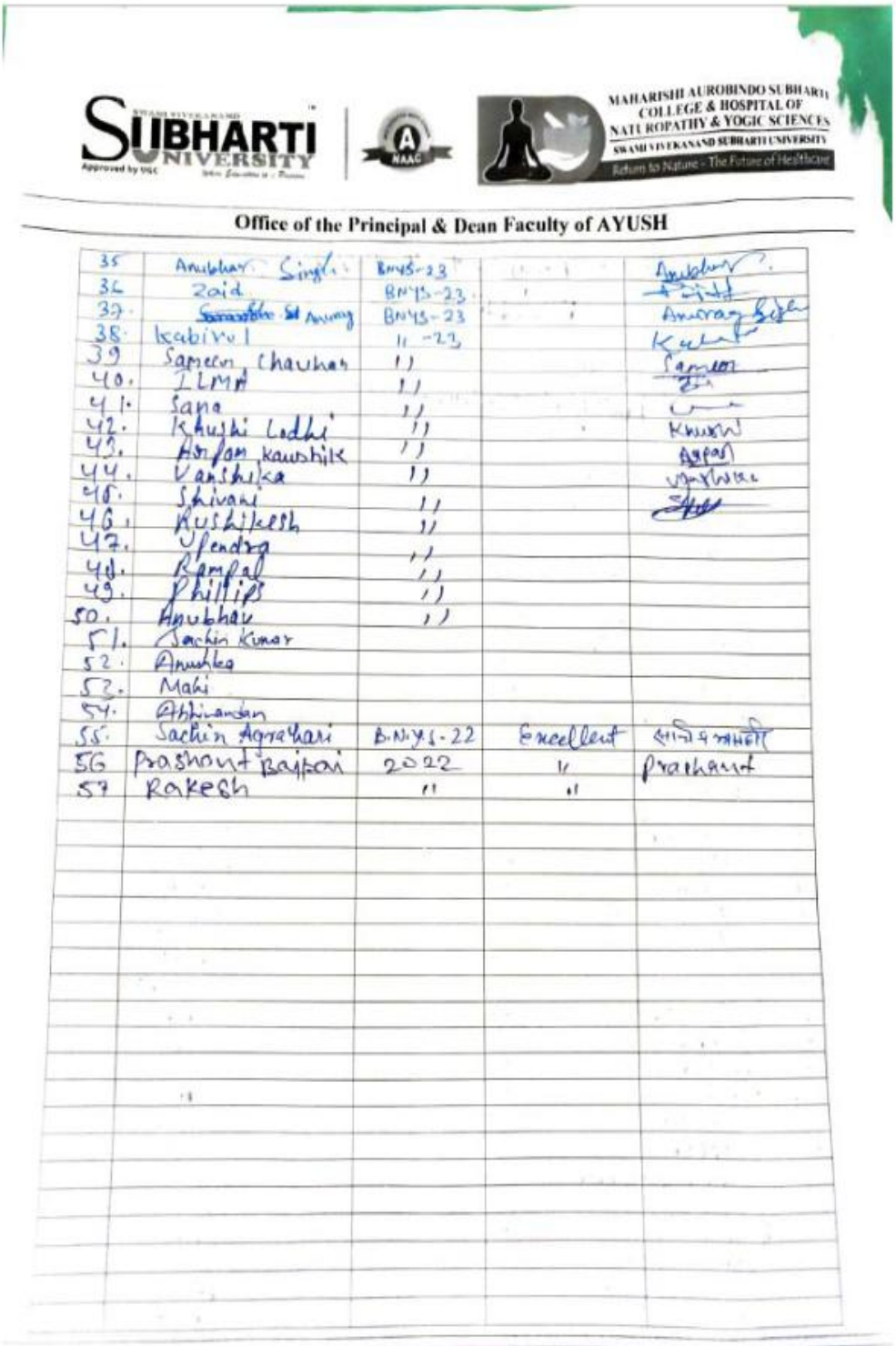
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Name of program: Stress Management with Holistic Approach.
Name of a Resource Person- Dr. Adil (Ardi Konjonasi)
Name of Activity coordinator-
Date: 9th May 2024.
List of participants: Participated Students 132.

S. No.	Name of Participants	Batch	Remark	Signature
1	Mohit Kumar	2023		
2	Chanakshi Gadhawe	2023		
3	Somasri Das	2023		
4.	Avantika Singh	2023		
5.	[illegible] Saxena	2023		
6.	manak Agrawal	2023		
7.	Anjali Kumari	2023		
8.	Diksha Kaushik	2023		
9.	Nidhi	2023		
10.	Mansi Chargun	2023		
11	Khushi gadav	2023		
12	Vidhi	2023		
13	Rashish	2023		
14	Ashish	2023		
15	Mamta Yadav	2023		
16	Kirti Gupta	2023		
17	Abhilect	2023		
18	Tashu	2023		
19	Ayush Singh	2023		
20	Ashi	2023		
21	Kirti Kumari	2023		
22	Swati	2023		
23	Mansi Goswami	2023		
24.	Ankita	2023		
25.	Arvind	2023		
26.	Nikhil	2023		
27.	Shubham	2023		
28	Yuvraj	2023		
29	Aman Srivastava	2023		
30	Saurabh	2023		
31	Abhinav Raj	2023		
32	Soutarna Ghosh	2023		
33	Zeeshant Tomar	2023		
34	Mahmud Abbas	2023		

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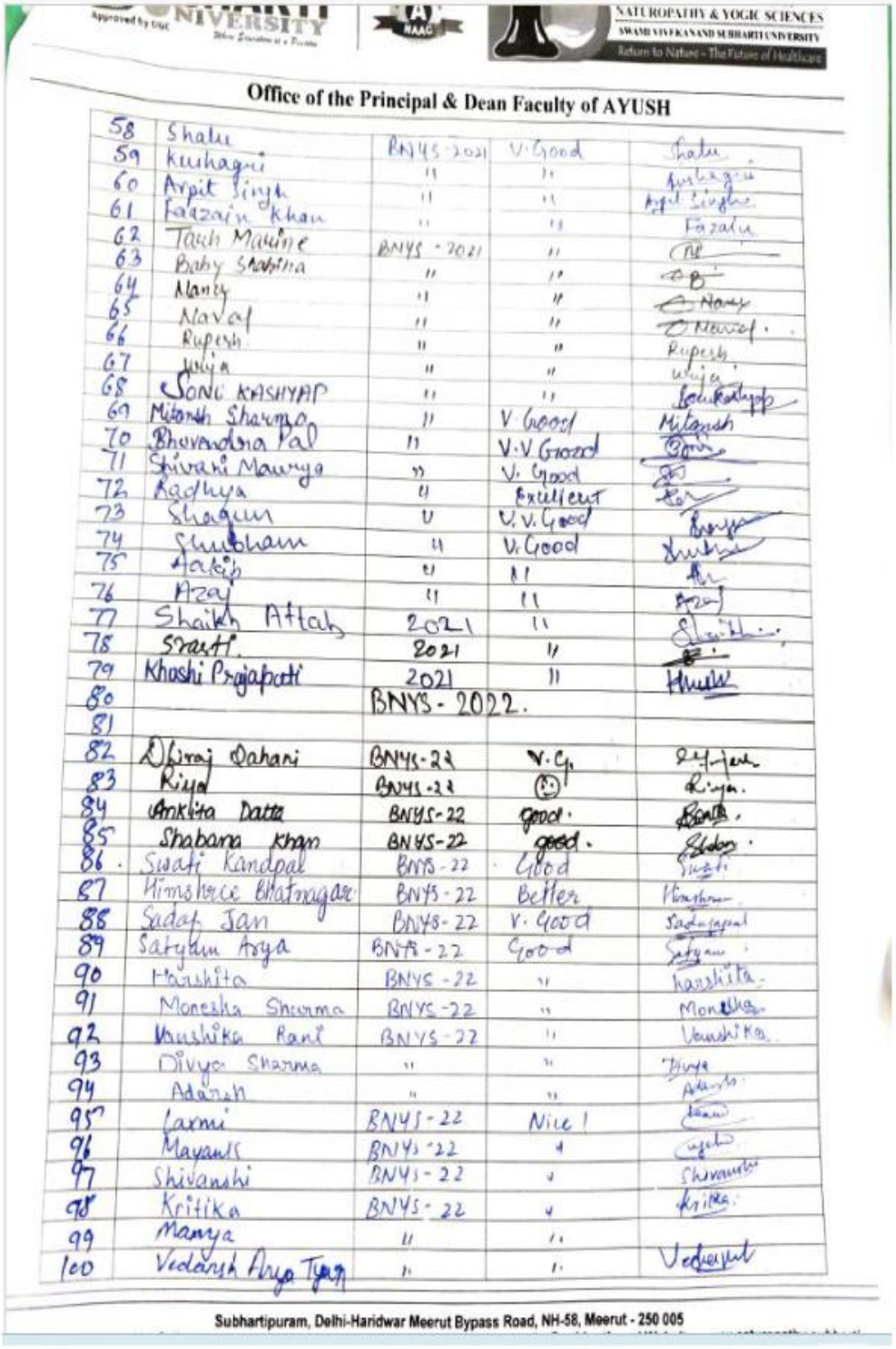


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35	Anubhav Singh	BNYS-23		Anubhav
36	Zaid	BNYS-23		
37	[illegible] Anurag	BNYS-23		Anurag
38	Kabir Vl	" -23		
39	Sameer Chauhan	"		
40.	ILMA	"		
41.	Sana	"		
42.	Khushi Lodhi	"		
43.	Arfan kaushik	"		
44.	Vanshika	"		
45.	Shivani	"		
46.	Kushikesh	"		
47.	Jfendra	"		
48.	Rampal	"		
49.	Phillips	"		
50.	Anubhav	"		
51.	Sachin Kumar			
52.	Anushka			
53.	Mahi			
54.	Abhinandan			
55.	Sachin Agrahari	B.N.Y.S-22	Excellent	
56	Prashant Baitwari	2022	"	Prashant
57	Rakesh	"	"	

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58	Shalu	BNYS 2021	V. Good	Shalu
59	Kushagra	"	"	Kushagra
60	Arpit Singh	"	"	Arpit Singh
61	Farazain Khan	"	"	Farazain
62	Tanu Maurya	BNYS - 2021	"	
63	Baby Shabina	"	"	
64	Nancy	"	"	Nancy
65	Naval	"	"	Naval
66	Rupesh	"	"	Rupesh
67	Vijaya	"	"	Vijaya
68	SONI KASHYAP	"	"	
69	Mitanshi Sharma	"	V. Good	Mitanshi
70	Bhavandeep Pal	"	V.V Good	
71	Shivani Maurya	"	V. Good	
72	Radhya	"	Excellent	
73	Shagun	"	V. V. Good	
74	Shubham	"	V. Good	
75	Hafiz	"	"	
76	Ajay	"	"	
77	Shaikh Aftab	2021	"	
78	Sruti	2021	"	
79	Khushi Prajapati	2021	"	
80		BNYS - 2022.		
81				
82	Dhiraj Dahani	BNYS-22	V. G.	
83	Riya	BNYS-22	:)	Riya.
84	Ankita Datta	BNYS-22	good.	
85	Shabana Khan	BNYS-22	good.	
86	Swati Kandpal	BNYS-22	Good	
87	Himshree Bhatnagar	BNYS-22	Better	
88	Sadaf Jan	BNYS-22	V. Good	
89	Satyam Arya	BNYS-22	Good	
90	Harshita	BNYS-22	"	
91	Moneeka Sharma	BNYS-22	"	
92	Vanshika Rani	BNYS-22	"	
93	Divya Sharma	"	"	
94	Adarsh	"	"	
95	Laxmi	BNYS-22	Nice !	
96	Mayank	BNYS-22	"	
97	Shivanshi	BNYS-22	"	
98	Kritika	BNYS-22	"	
99	Manya	"	"	
100	Vedansh Arya Tyagi	"	"	

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Office of the Principal & Dean Faculty of AYUSH

101	Avantika	2021	Excellent	
102	Sonam Verma	"	"	
103	Tushar	"	"	
104	Baban	"	"	
105	Priyanshu	"		
106	Nikesh	"		
107	Manish	"		
108	Chandesh	"		
109	Rohit	"		
110	Harshita Nishad	"		
111	Aryan	"		
112	Divya Kumari	"		
113	Gagan	"		
114	Anisha	"		
115	Afia	"		
116	Shloni	"	"	
117	Mohanish Yadav	"	"	
118	Ana	"		
119	Harshita Pandey	"		
120	Ravi	"		
121	Pratibha	"		
122	Bhole Shankar	"		
123				
124	BATCH - 21			
125	SHABNUM QAYOOM	21	Good	
126	ISLAM NAZIR	21	"	
127	SHAMBHAVI	21	"	
128	Animesh	"	"	
129	Vijay	"	Good	
130	Rupesh	"	Good	
131	Priyanshu	"	"	
132				

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

For,

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

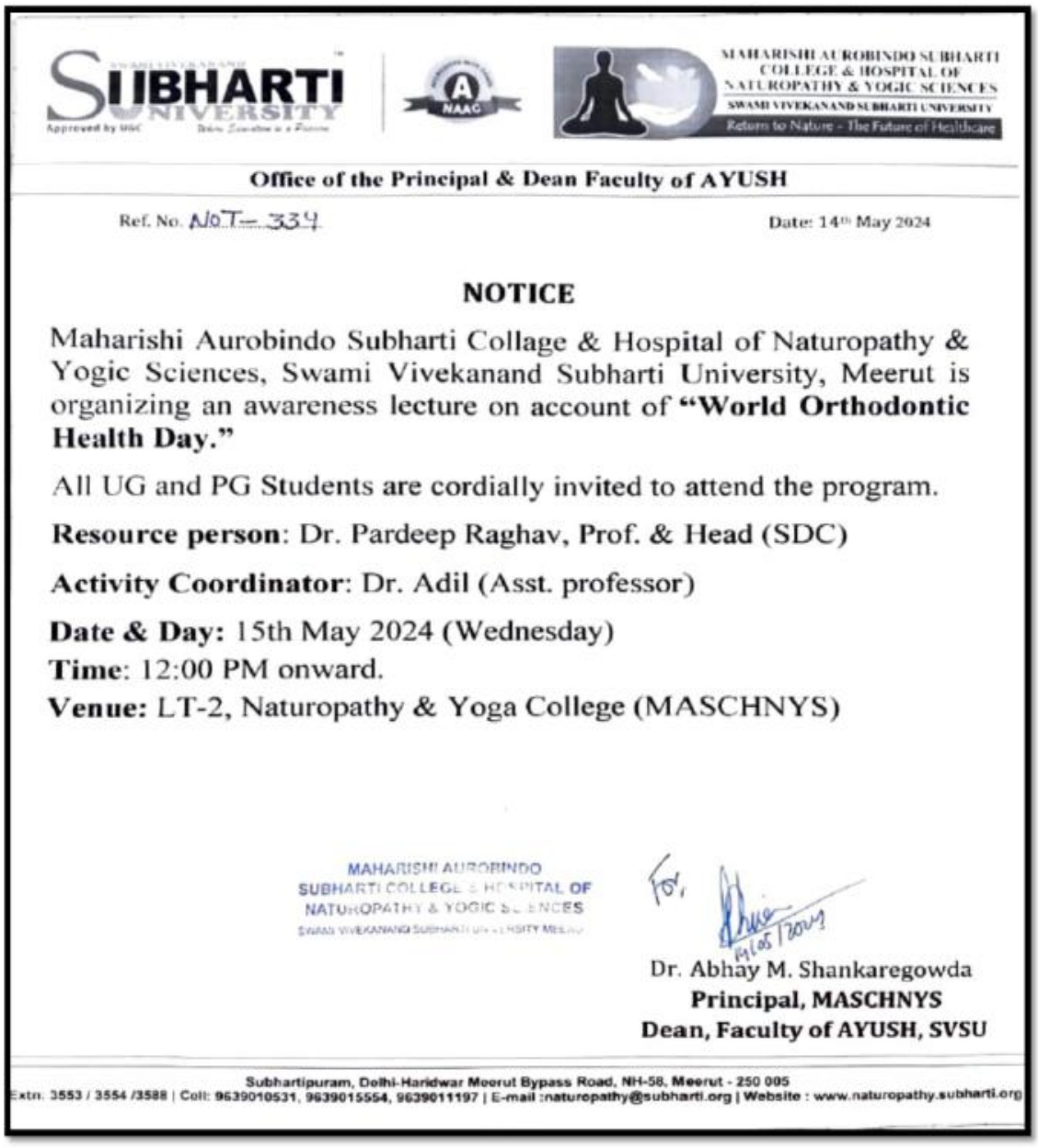
SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

DR. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, faculty of Ayush, SVSU

Office of the Principal & Dean Faculty of AYUSH

Dated: 16th May 2024

REPORT
ON
"Awareness lecture on World Orthodontics Health Day"



SUBHARTI UNIVERSITY
Approved by UGC
NAAC
MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. AIoT– 334 Date: 14th May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is organizing an awareness lecture on account of **"World Orthodontic Health Day."**

All UG and PG Students are cordially invited to attend the program.

Resource person: Dr. Pardeep Raghav, Prof. & Head (SDC)

Activity Coordinator: Dr. Adil (Asst. professor)

Date & Day: 15th May 2024 (Wednesday)
Time: 12:00 PM onward.
Venue: LT-2, Naturopathy & Yoga College (MASCHNYS)

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

For,

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Extn. 3553 / 3554 /3588 | Cell: 9639010531, 9639015554, 9639011197 | E-mail :naturopathy@subharti.org | Website : www.naturopathy.subharti.org

Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University Meerut organized a **World Orthodontics Health Day** on 15th May 2024at 12:00 PM -1: 00 PM, In LT-2 for the All BNYS students.
- Total Number of participating students 106.
- **Resource Person:** Dr. Pardeep Raghav Prof. & Head (Subharti Dental College)
- The resource person explained about Importance of World Orthodontics Day, a global healthcare event typically celebrated yearly ,A good oral health routine is important for everyone, but it's extra important for people with braces to take extra steps to ensure their oral health is in tip-top shape.
- Dr Pardeep Rghav has given 6 tips on how to effectively brush your teeth with braces.

1. Prepare for brushing
2. Brush from all angles
3. Brush for at least two minutes
4. Floss.
5. Rinse…again.
6. Keep up to date with your dental checkups.





Office of the Principal & Dean Faculty of AYUSH



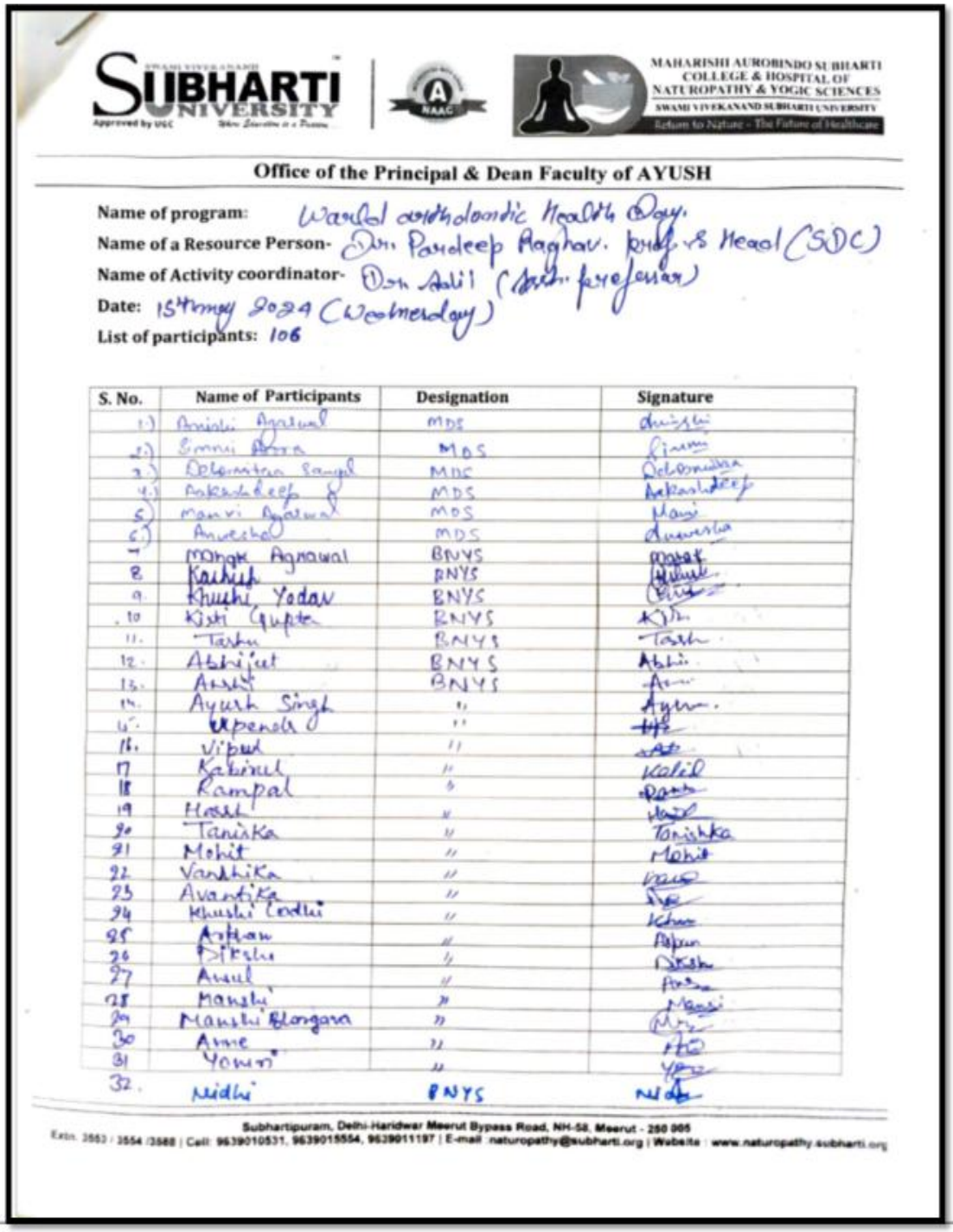






Office of the Principal & Dean Faculty of AYUSH

List of Participants:



SUBHARTI UNIVERSITY
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MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

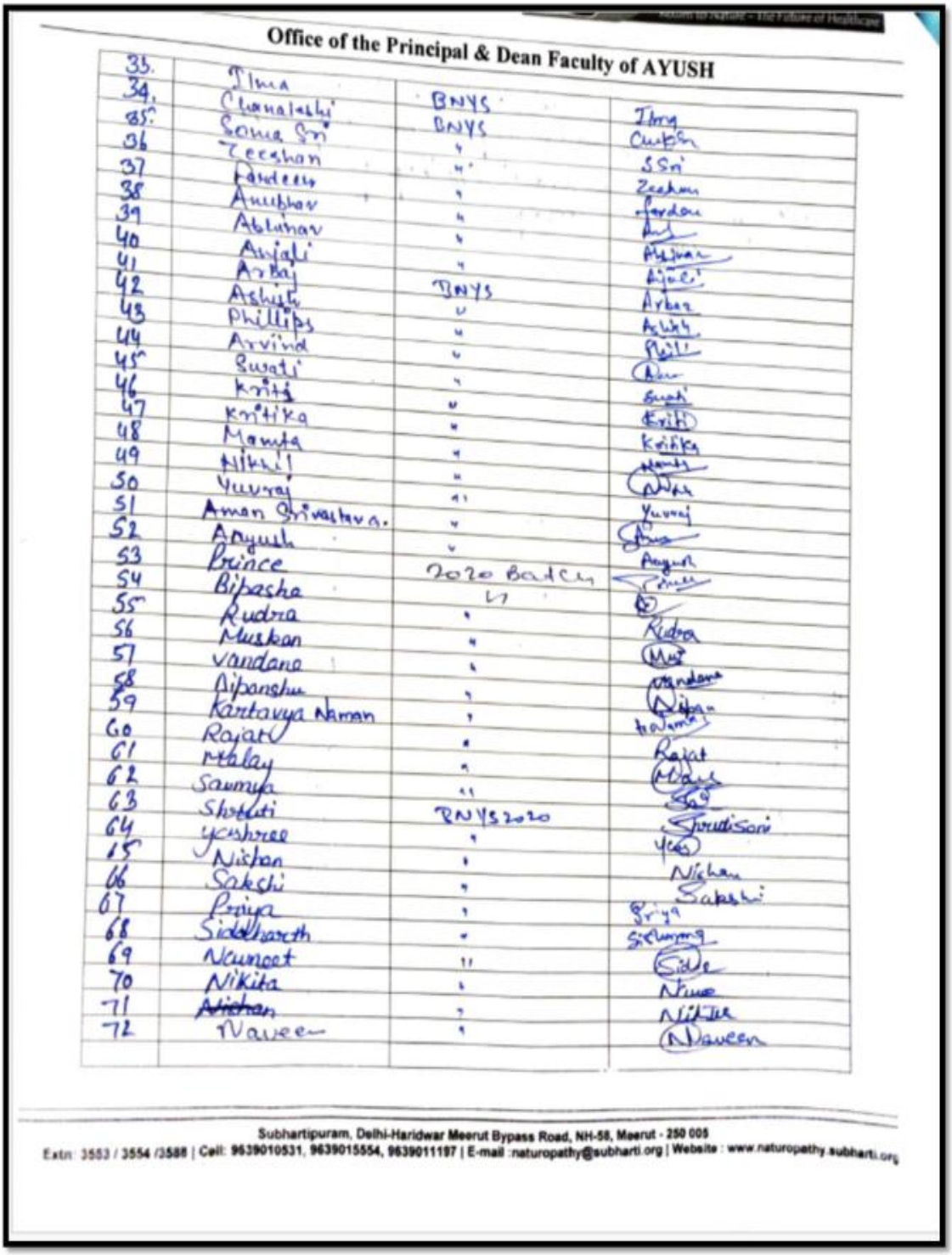
Office of the Principal & Dean Faculty of AYUSH

Name of program: World oral Health Day.
Name of a Resource Person- Dr. Pardeep Raghav. Prof. & Head (SDC)
Name of Activity coordinator- Dr. Adil (Asstt. professor)
Date: 15th may 2024 (Wednesday)
List of participants: 106

S. No.	Name of Participants	Designation	Signature
1.	Anjali Agarwal	MDS	Anjali
2.	Simmi Arora	MDS	Simmi
3.	Debasmita Sangil	MDS	Debasmita
4.	Aakashdeep	MDS	Aakashdeep
5.	Manvi Agarwal	MDS	Manvi
6.	Anuesha	MDS	Anuesha
7.	Mayank Agrawal	BNYS	Mayank
8.	Kashish	BNYS	Kashish
9.	Khushi Yadav	BNYS	Khushi
10.	Kisti Gupta	BNYS	Kisti
11.	Tashu	BNYS	Tashu
12.	Abhijeet	BNYS	Abhijeet
13.	Ansh	BNYS	Ansh
14.	Ayush Singh	"	Ayush
15.	Upendra	"	Upendra
16.	Vipul	"	Vipul
17	Kabirul	"	Kabirul
18	Rampal	"	Rampal
19	Hasib	"	Hasib
20	Tanishka	"	Tanishka
21	Mohit	"	Mohit
22	Vanshika	"	Vanshika
23	Avantika	"	Avantika
24	Khushi Sodhi	"	Khushi
25	Arshan	"	Arshan
26	Diksha	"	Diksha
27	Anjul	"	Anjul
28	Manshi	"	Manshi
29	Manshi Bhargava	"	Manshi
30	Anne	"	Anne
31	Yamini	"	Yamini
32.	Nidhi	BNYS	Nidhi

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Extn. 3553 / 3554 /3588 | Cell: 9639010531, 9639015554, 9639011197 | E-mail :naturopathy@subharti.org | Website : www.naturopathy.subharti.org

Office of the Principal & Dean Faculty of AYUSH



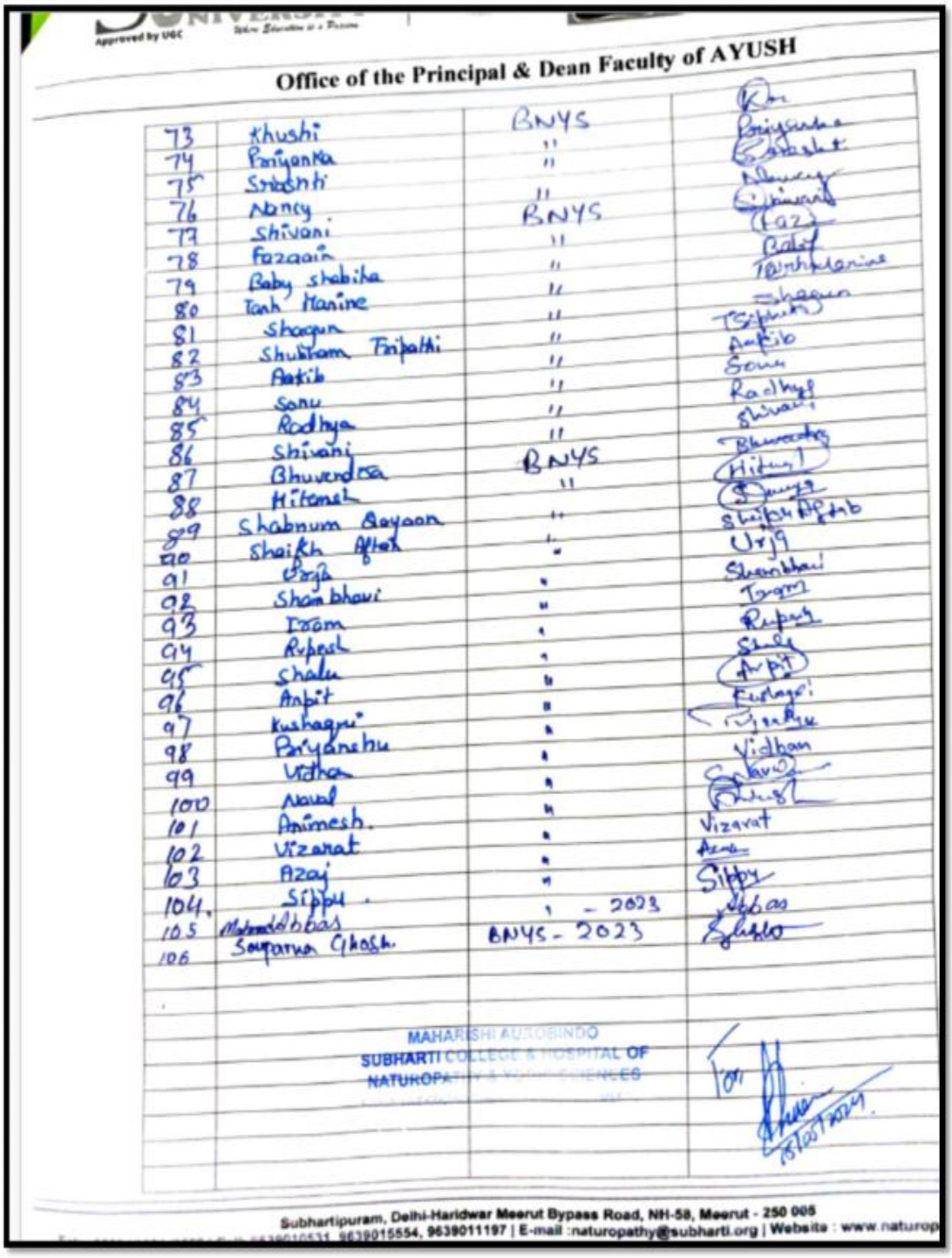
Office of the Principal & Dean Faculty of AYUSH

35.	Ilma	BNYS	Ilma
34.	Chanalathi	BNYS	Chanalathi
85.	Sonia Sri	BNYS	Sonia Sri
36	Zeeshan	"	Zeeshan
37	Fardeen	"	Fardeen
38	Anubhav	"	Anubhav
39	Abhinav	"	Abhinav
40	Anjali	"	Anjali
41	Arbaz	"	Arbaz
42	Ashish	BNYS	Ashish
43	Phillips	"	Phillips
44	Arvind	"	Arvind
45	Swati	"	Swati
46	Kriti	"	Kriti
47	Kritika	"	Kritika
48	Mamta	"	Mamta
49	Nikki	"	Nikki
50	Yuvraj	"	Yuvraj
51	Aman Srivastava	"	Aman Srivastava
52	Anyush	"	Anyush
53	Prince	2020 Batch	Prince
54	Bipasha	"	Bipasha
55	Rudra	"	Rudra
56	Muskan	"	Muskan
57	vandana	"	vandana
58	Dipanshu	"	Dipanshu
59	Kartavya Naman	"	Kartavya Naman
60	Rajat	"	Rajat
61	Malay	"	Malay
62	Saumya	"	Saumya
63	Shakti	BNYS 2020	Shakti Soni
64	yashree	"	yashree
65	Nishan	"	Nishan
66	Sakshi	"	Sakshi
67	Priya	"	Priya
68	Siddharth	"	Siddharth
69	Navneet	"	Navneet
70	Nikita	"	Nikita
71	~~Abishan~~	"	Nikhil
72	Naveen	"	Naveen

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Office of the Principal & Dean Faculty of AYUSH



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73	Khushi	BNYS	
74	Priyanka	"	
75	Srishti	"	
76	Nancy	BNYS	
77	Shivani	"	
78	Fazaain	"	
79	Baby shabika	"	
80	Tanh Manine	"	
81	Shagun	"	
82	Shubham Tripathi	"	
83	Aatib	"	
84	Sonu	"	
85	Radhya	"	
86	Shivani	BNYS	
87	Bhuvendra	"	
88	Hitesh	"	
89	Shabnum Begum	"	
90	Shaikh Aftab	"	
91	Urja	"	
92	Shambhavi	"	
93	Izam	"	
94	Rupesh	"	
95	Shalu	"	
96	Anjit	"	
97	Kushagra	"	
98	Priyanshu	"	
99	Vidha	"	
100	Naval	"	
101	Animesh.	"	
102	Vizarat	"	
103	Azaj	"	
104.	Sippu	"	
105	Mohd Abbas	- 2023	
106	Soupama Ghosh.	BNYS - 2023	

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
9639010531, 9639015554, 9639011197 | E-mail :naturopathy@subharti.org | Website : www.naturop

Panna Dhai Maa Subharti Nursing College
Recognized by Govt. of India, Indian Nursing Council, INC Letter No. 18-1108/2000-INC
Website: nursing.subharti.org, e-mail: nursing@subharti.org, Ph.: 0121-3024229 (Extn: 3506, 3527), Telefax: 0121-2439067
A constituent college of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Office of the Principal & Dean

Ref. No.: SVSU/PDMSNC/2023/.....
Date: 02.08.2023

PANNA DHAI MAA SUBHARTI NURSING COLLEGE

REPORT

Wellness centre at Swami Vivekannd Subharti University is proactive in conducting regular lecture and workshops on **"positive health & tips to how to Allay Anxiety"** for all students of university under the leadership of Dr. Rahul Bansal (chairman, wellness centre).

It is an interesting blend keynote lecture by resource person of wellness centre and an interactive session.

This session have been successfully complete at Panna Dhai Maa Subharti Nursing College for B.Sc (N) &GNM 2023 Batch. Total 150 students attended this lecture. The lecture of **"positive health & tips to how to Allay Anxiety"** was held on 2nd August 2023under the able guidance of our dynamic principal Dr. Geeta Parwanda mam. The resource person was Dr. Rahul Bansal, Holistic Physician, Chairman, wellness centre, SVSU, Meerut on positive health how to improve the quality of thoughts that generate and occur in their mind. When a person think positively than he/ she improves his/her chemistry from within.

Dr. Rahul Bansal sir explained about the healthy life style like meditation, Yoga & Exercise etc. Sir explained the benefits of having positive approach towards life, how one should tackle stress and ways of maintaining healthy and positive health. it was an insightful session in which students participated enthusiastically. The session was followed by the students visit to wellness center, SVSU. They were motivated and inspired by the lecture. Few students also gave their personal queries on a paper handed to them at the end of the session.

We have taken the feedback from the students after completed the session. Total 150 students were attending the lecture.







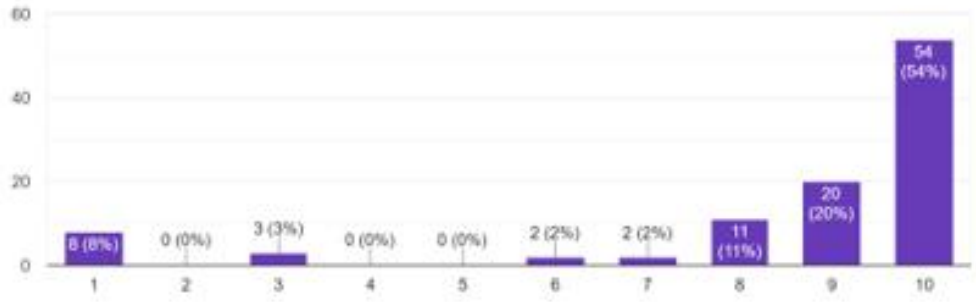




Feedback Analysis :-

4. Overall rating of the lecture

100 responses



Date:-02.09.2023

REPORT- On "Awareness Lecture on Positive Mental Health and Wellbeing"

Title of the Activity	:	**Awareness Lecture on Positive Mental Health and Wellbeing**
Focused Area	:	Positive Mental Health and Well being
Activity organized by	:	Sardar Patel Subharti Institute of Law
Name of the associate faculty	:	Faculty of Law
Name & Address of the Speaker	:	Prof. (Dr.) Seema Sharma (Clinical Psychologist) Psychiatry Department, S.V.S. University, Meerut.
Total Participants	:	38
Students	:	38
Teachers	:	N.A.
Non-Teaching Staff	:	N.A.
Others	:	N.A.
Level of Program	:	Institution Level
Date	:	05/08/2023
Day	:	Saturday
Venue	:	Subharti Institute of Law
Organizing Coordinator	:	Dr. Sarika Tyagi, Member of Wellness Committee, Faculty of Law, S.V.S. University, Meerut
Report prepared by	:	Dr. Sarika Tyagi, Member of Wellness Committee, Faculty of Law, S.V.S. University, Meerut

Objectives of the Activity:-

- To make aware about Positive Attitude and Mental Health
- To make aware about Self-reliant.

Description:-

Sardar Patel Subharti Law Institute, Swami Vivekananda Subharti University, Meerut Under the direction of Director of the Subharti Law College Mr. Rajesh Chandra (Former Justice, Prayagraj, High Court, Uttar Pradesh) and under the guidance of Prof. (Dr.) Vaibhav Goel

Bhartiya, Dean, Subharti law college organized a guest lecture on the topic "Positive Mental Health and Wellbeing.

Convener of the program Dr. Sarika Tyagi, counselor of Wellness Cell, Subharti Law Institute, welcome the speakers of the program Dr. Seema Sharma (Clinical Psychologist) Psychiatry Department, Swami Vivekananda Subharti Vishwavidyalaya, Meerut, She was invited on the stage to address the Student she said that Ability to Cope with Stress in Life is called as positive mental health. If you can maintain good mental health and well-being, you'll lead a life with less stress by adopting and following the tips, you'll be ready for any hard situation and though the situation is hard, you'll overcome it with ease. Mental and psychological well-being encompasses the way you feel about yourself, but also the way you deal with external situations and the quality of your relationships. It's important to remember that positive mental health is not simply the absence of mental health issues, such as depression or anxiety. Being mentally healthy is predominantly about the presence of positive characteristics such as a feeling of purpose, contentment, maintaining fulfilling relationships and participating in life to the fullest. After that she told that why positive mental health is important? Positive mental health allows you to enjoy all the activities you want to participate in. It doesn't mean you will never be sad or go through emotionally-challenging times. However, those with positive mental health will be able to bounce back more easily from these experiences this is called mental resilience. Foster positive mental health and adopt a more positive mental attitude and take care of your physical needs, Make time for social connection, Exercise, physical activity and positive mental health, Use positive words to boost your mental health. At the end of the program vote of thanks was given by Dr. Sarika Tyagi, Associate Professor Subharti Law College

The Outcome of the Activity:-

- Participants were become aware about Positive Attitude and Mental Health
- Participants become aware about Self-reliant.

REPORT ON:- Sensitization programme

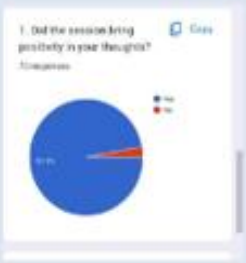
Title of the Activity	Sensitization Lecture on "Positive Mental Health"	Level of Program (State/National/International etc.)	Regional
Focused Area	Awareness and Human Values	Date of Activity (From-To) (DD/MM/YYYY)	07/09/2023 and 6/10/2023
Activity Organized By	Dept. of Oral Medicine and Radiology	Day	Thursday and Friday
Name of the Associated Faculty/College/Department/Out side Agency	Subharti Dental College and Hospital	Time	07/09/2023-10 am to 12:00 am 06/10/202312:00noon - 1:00pm
Name and address of Guest Speaker	Dr. Rahul Bansal, Subharti Medical College	Venue	Faculty of Dental Sciences
Total Participants	100	Organizing Coordinator(s)	Dr. Nagaraju Kamarthi
Students	100	Report Prepared by	Dr. Khushboo Bhalla
Teachers	3		
Non-Teaching Staff			
Others (Specify)			

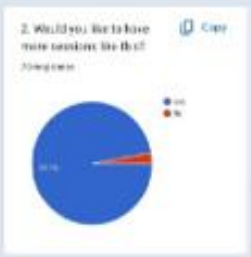
Objective of the Activity: To enhance emotional and mental wellbeing of the students.

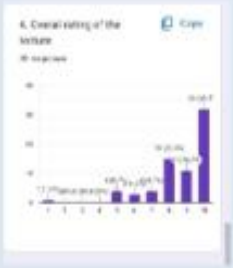
Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Positive Mental Health and its role in Career enhancement" for our budding dentists (BDS batch 2023 students) under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speakers were Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained the benefits of maintaining a positive approach towards life, how one should handle stress and understanding the value of having a high spiritual and emotional quotient. It was an insightful session in which students participated enthusiastically. The session was followed by the student's visit to Wellness Centre, SVSU on 6th Oct2023. Here, Dr Nagaraju K. briefed the students. They were explained that they can look up to Wellness centre experts for their help in case of emotional/ interpersonal stress/ or any kind of difficult situation which they find difficult to handle.

Outcome of the Activity: The students showed full enthusiasm and participated whole heartedly. They were motivated and inspired by the lecture. Few students have also given their personal queries.

Analysis of Participant's Feedback: The students find it a very insightful and motivational session. They agreed that the lecture brought positivity in their thoughts and suggested that similar type of lectures should be conducted in future. Their overall experience was good.







Pictures of the Activities (Geotagged):





(Dr. Rahul Bansal interacting with students)





(Students visit to wellness center)

Coordinator

[Dr. K. Nagaraju]
Professor & HOD

Gmail Dr. Neha Singh <neha93svsu@gmail.com>

Regarding scheduling workshop for Batch 2023 on -"Role of Positive Mental Health and Wellness in Career Formation"

4 messages

Dr. Neha Singh <neha93svsu@gmail.com> Thu, Sep 14, 2023 at 10:03 AM
To: Wellness Centre <wellnesscentresvsu@gmail.com>, Rahul Bansal <rbansal13579@gmail.com>
Cc: SIFF SUBHARTI <finearts@subharti.org>

Jai Hind!

Respected Sir,

As per the telephonic discussion, the date scheduled for the workshop on **"Role of Positive Mental Health and Wellness in Career Formation"** for the students of **Batch 2023** is September 16, i.e., Saturday. Timings: from 9:00 a.m. onwards.

The workshop would be highly beneficial for students. It can have a profound impact on their personal and professional lives. It equips participants with the tools and knowledge to manage their mental well-being, make informed career decisions, and thrive in their chosen paths.

I pay my heartfelt thanks to the dignitaries for giving me the date for the aforementioned counselling sessions for the students of faculty of Fine Arts.

Thanks & Regards

Dr. Neha Singh
University Wellness Committee Member

HOD, Deptt. of Fashion, Textile & Interior Design
Swami Vivekanand Subharti University, Meerut (Grade 'A' Accredited by NAAC)
NH 58- Delhi Haridwar Bypass Road, Meerut- 250005
M: +91-8392987577
Thanks & Regards

Wellness Centre <wellnesscentresvsu@gmail.com> Fri, Sep 15, 2023 at 10:08 AM
To: "Dr. Neha Singh" <neha93svsu@gmail.com>

Jai Hind
We confirm the lecture by Dr. Rahul Bansal and Dr. Seema Sharma on Saturday that 16/09/2023 from 9:00 AM to 12:00 PM.
Thanking You

[Quoted text hidden]

Dr. Neha Singh <neha93svsu@gmail.com> Fri, Sep 15, 2023 at 11:11 AM
To: Wellness Centre <wellnesscentresvsu@gmail.com>

Jai Hind!

Sir/ Madam

Thank you for the information

Thanks & Regards

Dr. Neha Singh
HOD, Deptt. of Fashion, Textile & Interior Design

Nandlal Bose Subharti College of Fine Arts & Fashion Design
Website: finearts.subharti.org, e-mail: finearts@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2808, 2809), Telefax: 0121-3058030, 2439067
A constituent college of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Office of the Head , Department of Design

Ref. No.- DOD/NBSCFF/2023/ 221
Dated : 15-9-2023

Notice: Workshop on "Role of Positive Mental Health and Wellness in Career Formation"

Dear Students of Batch 2023,

This is to inform you all that there is a workshop on the "Role of Positive Mental Health and Wellness in Career Formation" specially designed to benefit all students of the Batch 2023. This workshop aims to equip you with essential skills and insights that will play a crucial role in your career development and overall well-being.
Details of the workshop are as follows:

Date: 16th September 2023
Time: 9:00 am to 12:00 pm
Venue: Amrita Shergill Conference Hall

The workshop will feature sessions led by an expert in the field, who will provide valuable guidance and strategies to enhance your mental health and wellness, ultimately contributing to a successful career journey. This workshop is mandatory for all students from the Batch of 2023, regardless of your program of study. We believe that investing in your mental health and well-being is fundamental to achieving your academic and career goals. Please make every effort to attend this important workshop and arrive on time to make the most of this opportunity.
We look forward to your active participation in the workshop and hope to see you there!

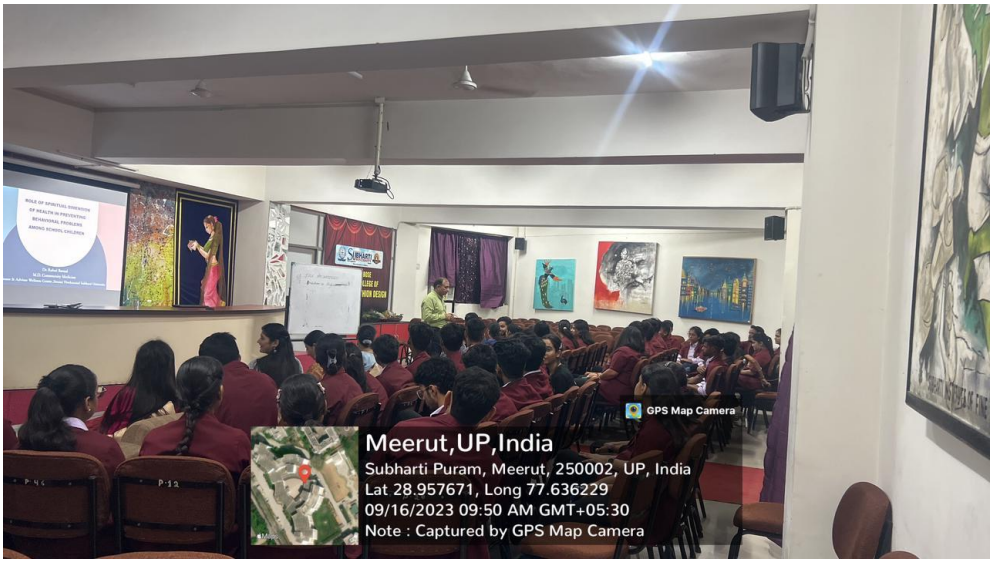
Dr. Neha Singh
Member, Wellness Centre (SVSU)
Head, Deptt. of Fashion, Textile & Interior Design
NBSCFF, SVSU

Report on the Workshop: "Role of Positive Mental Health and Wellness in Career Formation"

Organised by:** Nandlal Bose Subharti College of Fine Arts and Fashion Design
Under the Aegis of: Subharti Wellness Centre
Date: September 16, 2023

The workshop on "Role of Positive Mental Health and Wellness in Career Formation," held on September 16, 2023, at Nandlal Bose Subharti College of Fine Arts and Fashion Design, proved to be an enlightening and enriching experience for the students of Batch 2023. The workshop aimed at providing insights into the critical interplay between mental health, overall wellness, and career development.
The sessions were conducted by distinguished experts in the field. Dr. Rahul Bansal, Chairperson of the Wellness Committee and Professor from the Community Medicine department at Subharti Medical College, shared profound insights into the importance of mental well-being in shaping successful careers. Dr. Seema Sharma, a clinical psychologist from Subharti Medical College, delved into practical strategies for maintaining positive mental health in the face of career challenges. The workshop saw active participation, with a total of 55 students from Batch 2023 attending the sessions. The students represented various programmes and disciplines, reflecting the universal relevance of the workshop's theme.
The seamless coordination of the workshop was ensured by Dr. Neha Singh, a member of the Wellness Committee and the Head of the Department of Fashion, Textile, and Interior Design. Under the able supervision of Prof. (Dr.) Pintu Mishra, the Dean and Principal of Nandlal Bose Subharti College of Fine Arts and Fashion Design, the workshop achieved its objectives with precision and effectiveness.The workshop covered a spectrum of topics, including stress management, emotional intelligence, and mindfulness techniques tailored to the unique challenges of career formation. The engaging presentations, interactive discussions, and practical exercises facilitated a holistic understanding of the subject matter.
Post-workshop feedback indicates a highly positive response from the students. Many expressed gratitude for the practical tools provided, emphasising the immediate applicability of the strategies discussed in their academic and career pursuits.
In conclusion, the workshop on The "Role of Positive Mental Health and Wellness in Career Formation" was a resounding success. It not only imparted valuable knowledge but also fostered a culture of well-being and resilience among the students. The efforts of the organising committee, the expertise of the speakers, and the active participation of the students collectively contributed to the success of this insightful event.

Acknowledgment:
The organisers extend sincere thanks to Dr. Rahul Bansal, Dr. Seema Sharma, and all the participants for making this workshop a meaningful and impactful experience.


GPS Map Camera
Meerut,UP,India
Subharti Puram, Meerut, 250002, UP, India
Lat 28.957671, Long 77.636229
09/16/2023 09:50 AM GMT+05:30
Note : Captured by GPS Map Camera


GPS Map Camera
Meerut,UP,India
Subharti Puram, Meerut, 250002, UP, India
Lat 28.957891, Long 77.636632
09/16/2023 09:49 AM GMT+05:30
Note : Captured by GPS Map Camera


GPS Map Camera
Meerut, Uttar Pradesh, India
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Workshop on "Role of Positive Mental Health and Wellness in Career Formation"

Date- 16th September 2023

Attendance Sheet

S.no.	STUDENT'S NAME	Department/class	Email address	SIGNATURE
1	RAJA	BFA Ani	RaJ46a5ishaa@tuid.ca	
2	Himanshu sharma	BFA Ani	Sharmahanu4B5@gmail.com	
3	Prashant	BFA Ani	Ajashujayant123@gmail.ca	
4	Shakti vats	MSC Animation	Shaktivats9311@gmail.com	
5	chhaya Sahota	Diploma Animation	chhayaSahota214@gmail.com	
6	Kirti keen	B. Designing	Kirtikeen0095@gmail	Kirtikeen
7	Gulmohammad	BSc Textile		
8	Ayush	BFA-Animation	Chauhanjiayush1@gmail	
9	Sahil	B. Des	Sahil Panwar 2774@gmail	
10	Vansh	B.Sc	Vanshchoz@gmail	
11	Ayushmaan Singh	B.Sc Animation	singhayushmaan8478@gmail.com	Ayushmaan
12	Kashish Arora	DFA F&D	Kashish22arora@gmail.com	
13	Vani sharma	B. Designing	vs0719182@gmail.com	Vani
14	Harsh verma	BS Animation	harshverma250401@gmai-	@verma
15	Sandhya	B. Design	sandhyathakur1858@gmail.com	@sandhya
16	Akshita	B. Design	akshitarajput978@gmail.com	
17	Salisha	B. Design	Salishachaudhary552@gmail.com	Salisha
18	Shrey	BSc Animation	shrey@gmail.com	
19	~~Himanshu~~ Ankush kumar	BSc Anime	ankushprajapati250107	Ankush
20	Raja Vansh	BSc Animation	VanshThakur54@gmail.com	
21	Prashant Salim	B. Design	Salimsajid7241@gmail.com	
22	Shalini	BFA Applied	sharmashalini6548@gmail	
23	Siddhi Jain	BFA Painting	Kj770300@gmail.com	Siddhi
24	Taniya Kushwaha	BFA foundation	taniyakushawaha5@gmail	Taniya
25	Kirtika	BFA(F)	Rinkach75299@gmail.com	
26	Akshita Gautam	BFA "	akshitagautam213@ "	
27	Kuldeep Kuhar	BFA "	Kuldeepkumar605@ "	
28	Sagar	BFA "	SagarSaini79471@ "	
29	Smriti Sheoran	MFA Painting	SmritiSheoran2000@gmail.com	
30	Shruti Singh	MFA Painting	shrutisingh@sofgdg.mail.com	
31	Ankur Kumar	MFA Painting	Ankurkumar8277370@gmail.com	
32	Aditi	BFA painting	Aditi000125@gmail.com	

33	Prabhat Kumar	BFA applied	Kprabhat606@gmail.com	
34	Saloni Gupta	BFA	gsaloni116@gmail.com	
35	Umang Tyagi	BFA Foundation	Umang1466@gmail.com	
36	Saloni Rajput	"	salonisinghrajput2004@	
37	Unnati	"	Unnatisharma04@	
38	Imrozen	BSc Textile	9193597907@gmail.com	
39	Arun chaudhary	BFA Foundation	Arunarshchaudhary@gmail.com	
40	Parul	"	Softwaregames@gmail.com	
41	Astha Verma	BFA foundation	Cezzy737k@gmail.com	
42	Aakash Kumar	"	barmanchintu233@gmail.com	
43	Abhyuday Verma	BFA foundation	sesavg8897071@gmail.com	
44	Arti Jain	BFA foundation	arnijain0803@gmail.com	
45	Chetanya.	BFA "	Chetanyarawat399@gmail.com	
46	Ritesh	DFA	Riteshjaiswal@gmail.com	
47	Jakir Rana	BSc Textile	ranathakur5678@gmail.com	
48	Saloni	B.des	@seema.saini16@gmail.com	
49	Yashica	DFA	yashicaaditya@gmail.com	
50	Vaishali	B.F.A Animation	vaishali6761@gmail.com	
51.	Ritu	BFA Animation	rituku112005@gmail.com	
52.	Bicksha	BSc Animation	Bickbicksha932@gmail.com	

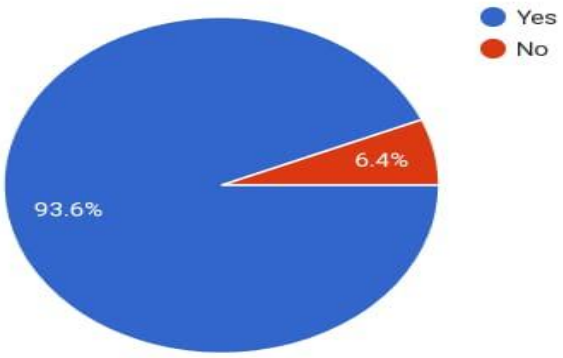
Feedback Fine Arts College 2023

Questions Responses 47 Settings

Anushri Gupta

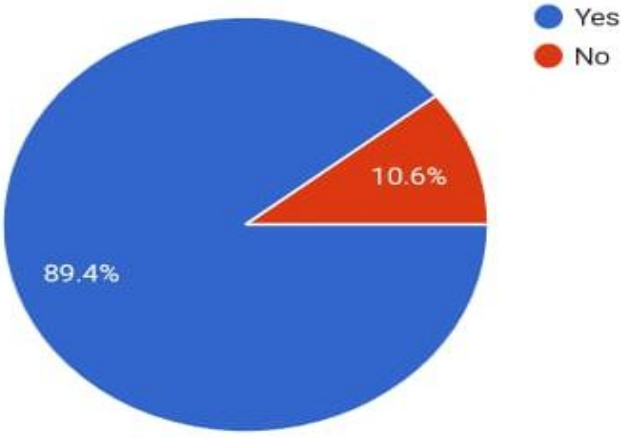
1. Did the session bring positivity in your thoughts? Copy

47 responses



2. Would you like to have more sessions like this? Copy

47 responses



3. Any suggestions

47 responses

indicate that dance education contributes to students' physical, emotional, and social well-being by providing a method of physical awareness and fitness, an outlet for creativity and personal expression, and a means to develop social-emotional skills, such as self-management ...

All thing

No any suggestions

Good

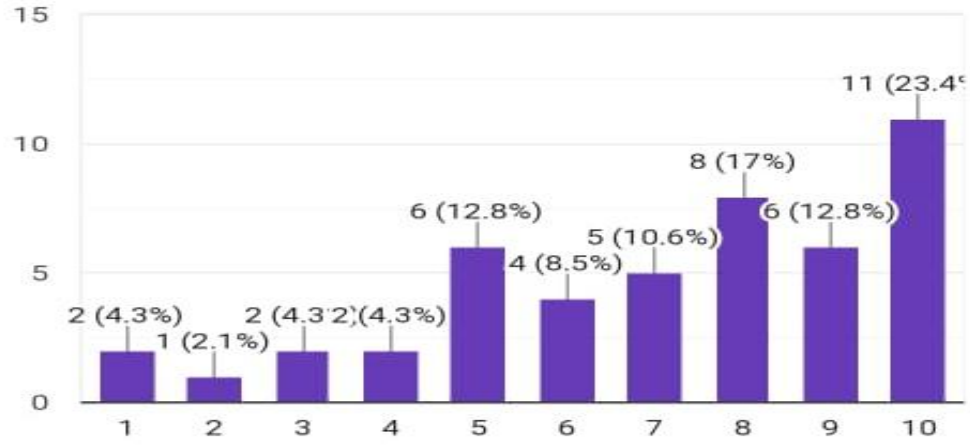
Over all this session is good.

😊

4. Overall rating of the lecture

Copy

47 responses



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Role of Positive Mental Health and Wellness in Career Formation.

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Role of Positive Mental Health and Wellness in Career Formation.

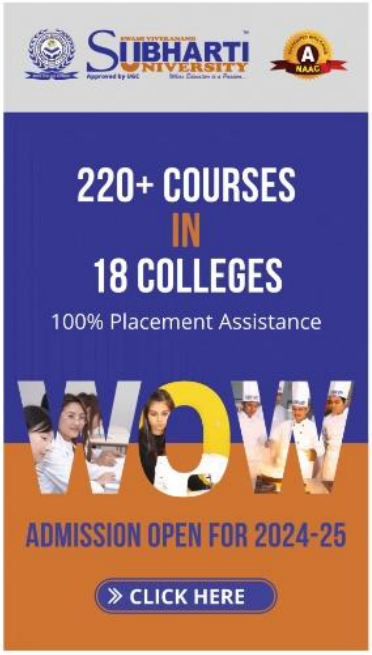
The workshop on "Role of Positive Mental Health and Wellness in Career Formation.

" has been successfully conducted by Keral Verma.

Subharti College of Science, more than 300 students, faculty members along with **Dr. Renu Mavi** (Dean, Keral Verma Subharti College of Sciences) and Dr. Dheerpal SIngh have participated. The talk was given by **Dr. Rahul Bansal sir**, for the guidance and an interesting and informative presentation on Human Potential- How to Maximise It. The students participated enthusiastically and also enjoyed the Workshop. Later, Dr. Seema Sharma ma'am also gave a wonderful speech on "Role of Positive Mental Health and Wellness in Career Formation.

Dr. Rijul Ranjan also participated in the Workshop.

Type and hit enter...



Web Stories




Webinar & Seminar




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नव प्रवेशित छात्र- छात्राओं के लिए कल्याण की भूमिका पर कार्यशाला का आयोजन

भास्कर ब्यूरो



मेरठ। स्वामी विवेकानन्द सुभारती विश्वविद्यालय के केरल वर्मा सुभारती कॉलेज ऑफ साइंस के नव प्रवेशित छात्र- छात्राओं के लिए विश्वविद्यालय के वेलनैस केन्द्र के सोजन्य से करियर निर्माण मे सकारात्मक मानसिक स्वास्थ्य और कल्याण की भूमिका पर एक कार्यशाला का आयोजन किया गया। कार्यक्रम का शुभारंभ कॉलेज की डीन डॉ॰ रेनू मावी, वेलनैस केन्द्र के निदेशक डा॰ राहुल बंसल डा॰ सीमा शर्मा एवं समस्त विभागाध्यक्षों ने माँ सरस्वती की प्रतिमा के सम्मुख दीप प्रज्जवलित करके किया। इस अवसर पर छात्राओं ने सरस्वती वन्दना भी प्रस्तुत की। कार्यक्रम का संचालन स्नातक के छात्र प्रशान्त एवं रिया गौड ने किया।

कार्यक्रम के दौरान वेलनैस केन्द्र के निदेशक डा॰ राहुल बंसल ने मुख्य सम्बोधन के द्वारा बहुत रोचक ढंग से बताया कि मानव क्षमताओं को कैसे अधिकतम स्तर तक विकसित किया जा सकता है। सुभारती अस्पताल के मनोचिकित्सा विभाग की वरिष्ठ सलाहकार एवं सुप्रसिद्ध नैदानिक मनोवैज्ञानी डा॰ सीमा शर्मा ने छात्र-छात्राओं को सकारात्मक मानसिक स्वास्थ्य और कल्याण के महत्व पर जानकारी प्रदान की।

कार्यशाला के आयोजन में कॉलेज के वेलनैस केन्द्र समन्व्यक डा॰ धीर पाल सिंह, अनुशासन समिति एवं सांस्कृतिक समिति का विशेष योगदान रहा। कार्यक्रम में विश्वविद्यालय वेलनैस केन्द्र के समन्व्यक डा॰ रिजुल रंजन, सभी विभागाध्यक्ष, प्राध्यापक एवं प्रथम वर्ष के लगभग 333 छात्र-छात्राएं उपस्थित रहे। कार्यक्रम के अन्त में जैव प्रौद्योगिकी विभाग के प्राध्यापक डा॰ देवेन्द्र कुमार ने धन्यवाद ज्ञापन प्रस्तुत किया।

करियर निर्माण में मानसिक स्वास्थ्य की भूमिका अहम

ग्रीन इंडिया

मेरठ। स्वामी विवेकानन्द सुभारती विश्वविद्यालय के केरल वर्मा सुभारती कॉलेज ऑफ साइंस के नव प्रवेशित छात्र- छात्राओं के लिए विश्वविद्यालय के वेलनैस केन्द्र के सोजन्य से "करियर निर्माण मे सकारात्मक मानसिक स्वास्थ्य और कल्याण की भूमिका" पर एक कार्यशाला का आयोजन किया गया। कार्यक्रम का शुभारंभ कॉलेज की डीन डॉ. रेनू मावी, वेलनैस केन्द्र के निदेशक डा. राहुल बंसल डा. सीमा शर्मा एवं समस्त विभागाध्यक्षों ने माँ सरस्वती की प्रतिमा के सम्मुख दीप प्रज्जवलित करके किया। इस अवसर पर छात्राओं ने सरस्वती वन्दना भी प्रस्तुत की। कार्यक्रम का संचालन स्नातक के छात्र प्रशान्त एवं रिया गौड ने किया। कार्यक्रम के दौरान वेलनैस केन्द्र



के निदेशक डा.राहुल बंसल ने मुख्य सम्बोधन के द्वारा बहुत रोचक ढंग से बताया कि मानव क्षमताओं को कैसे अधिकतम स्तर तक विकसित किया जा सकता है। सुभारती अस्पताल के मनोचिकित्सा विभाग की वरिष्ठ सलाहकार एवं सुप्रसिद्ध नैदानिक मनोवैज्ञानी डा. सीमा शर्मा ने छात्र-छात्राओं को सकारात्मक मानसिक स्वास्थ्य और कल्याण के महत्व पर जानकारी प्रदान की।


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Ref. No. PMS/SMC/SVSU/2023/ 3283 **Date- 02/10/2023**

NOTICE

According to the University policy of wellness of students, a session regarding **"Role of Positive Mental Health and Wellness in Career Formation"** will be organized in the Department of Paramedical sciences on 3rd October, 2023 (Tuesday) from 10 a.m. onwards for all students of the Department of Paramedical Sciences.

Key Speakers of the Session: Dr. Rahul Bansal, Chairman Wellness Center, SVSU
Dr. Seema Sharma, Sr. Consultant SMC, SVSU

Venue of the Session: 6th Floor, LT-1, Department of Paramedical Sciences, SVSU

Signature 02/10/23

Full Name: Ms. Shmriti
Designation: Assistant Professor

Department of Paramedical Sciences 02.10.23

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

CC:

1. Dr. Rahul Bansal, Chairman Wellness Center, SVSU
2. D.C. Saxana, Director General, SVSU
3. PMS Notice Board

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Ref. No./SVSU/PMS/2023 3310 (A)

Date: - 04/10/2023

SEMINAR ON ROLE OF POSITIVE MENTAL HEALTH AND WELLNESS IN CAREER FORMATION

Title of the Activity	Wellness Session	**Level of Program (State/ National/ International etc.)**	NIL
Focused Area	To enhance the knowledge of students about mental health and career formation	**Date of Activity (From-To) (DD/MM/YYYY)**	03/10/2023
Activity Organized By	Department of Paramedical Sciences	**Day**	Tuesday
Name of the Associated Faculty/ College/ Department/ Outside Agency	NIL	**Time**	10.00AM
Name and Address of Guest Speaker	Dr. Rahul Bansal Professor, Department of Community Medicine Dr. Seema Sharma Clinical Psychologist	**Venue**	LT-1 Department of Paramedical Sciences
Total Participants	135	**Organizing Coordinator**	Ms. Shmriti
Students	113	**Reported By**	Ms. Shmriti
Teachers	22		
Non-Teaching Staff	NIL		
Others (Specify)	NIL		

Objective of the Activity: To enhance the knowledge of faculty members and students about mental health and career formation.

Description: The Department of Paramedical Sciences has organized a Wellness Secession entitled **"Role of Positive Mental Health and Wellness in Career Formation"** for all the Paramedical Sciences Faculty members and students on 3rd October, 2023 at 10.00 AM onwards. The respected guest speaker Dr. Rahul Bansal, Professor, Department of Community Medicine and Dr. Seema, Clinical Psychologist have delivered very informative lectures to enhance the knowledge of students about Mental Health and Career Formation. Prof (Dr) Pankaj Kishor Mishra (Head of Department), Dr. Umesh Kumar, Dr. Anshu Kumar Singh, Dr. Meenakshi Mishra, Dr. Ravindra Kumar Manik, Mr. Akash Kumar, Mr. Rahul, Mr. Pushpendra, Mr. Vishwanath Pratap Singh, Mrs. Hiba Khan, Ms. Akanksha Singh, Ms. Shmriti, Ms. Yashika Bharadwaj, Ms. Zeba Naj, Ms. Khushi Kansal, Mr. Sobit, Mr. Vishant Pal, Mrs. Shivani, Mr. Sanyam Thakur have attended the program with active participation. About 113 students from Department of Paramedical Sciences have attended the program and praised the guest speakers for giving such wonderful talks. The secession was concluded by Dr. Umesh Kumar by giving vote of thanks.

Outcome of the Activity: All participants have gracefully benefitted by knowledge about mental health and career formation.

Analysis of Participant's Feedback: The Wellness Session entitled "Role of Positive Mental Health and Wellness in Career Formation" was conducted in the Department of Paramedical Sciences on 3rd November 2023 at 10:00 AM onwards. The guest speakers Dr. Rahul Bansal, Professor, Department of Community Medicine and Dr. Seema Sharma, Clinical Psychologist have delivered very informative lectures in the session to enhance the knowledge of students about mental health and career formation.

04/11/23

Ms. Shmriti
Assistant Professor
Activity Coordinator
PMS

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

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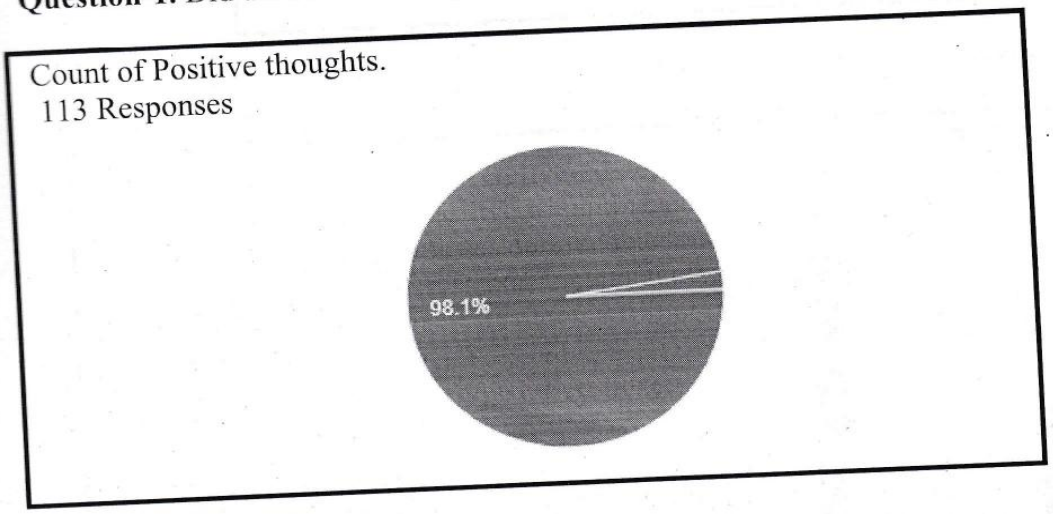
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FEEDBACK ANALYSIS REPORT

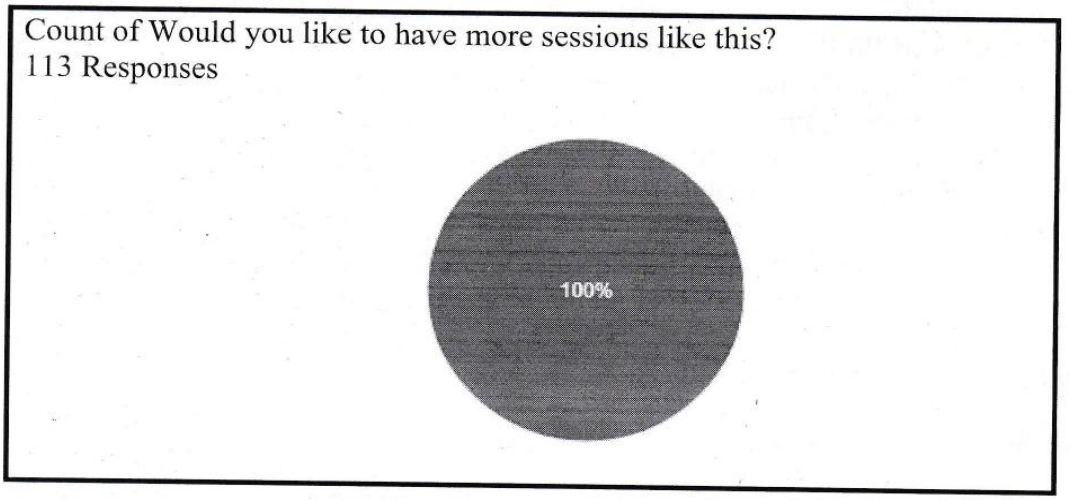
The Department of Paramedical Sciences has organized a Wellness Session entitled **"Role of Positive Mental Health and Wellness in Career Formation"** for all Paramedical Sciences Faculty members and students on 3rd October 2023 at 10:00 AM onwards. The Respected guests Speakers Dr. Rahul Bansal, Professor, Department of Community Medicine and Dr. Seema, Clinical Psychologist have delivered very informative lecture to enhance the knowledge of students about Positive Mental Health and Wellness in Career Formation. Following the completion of the session feedback is collected from students using a structured Questionnaire to assess participants understanding of Positive Mental Health and Wellness in Career Formation. 113 students filling out the feedback survey form.

Result of student feedback is mentioned here:-

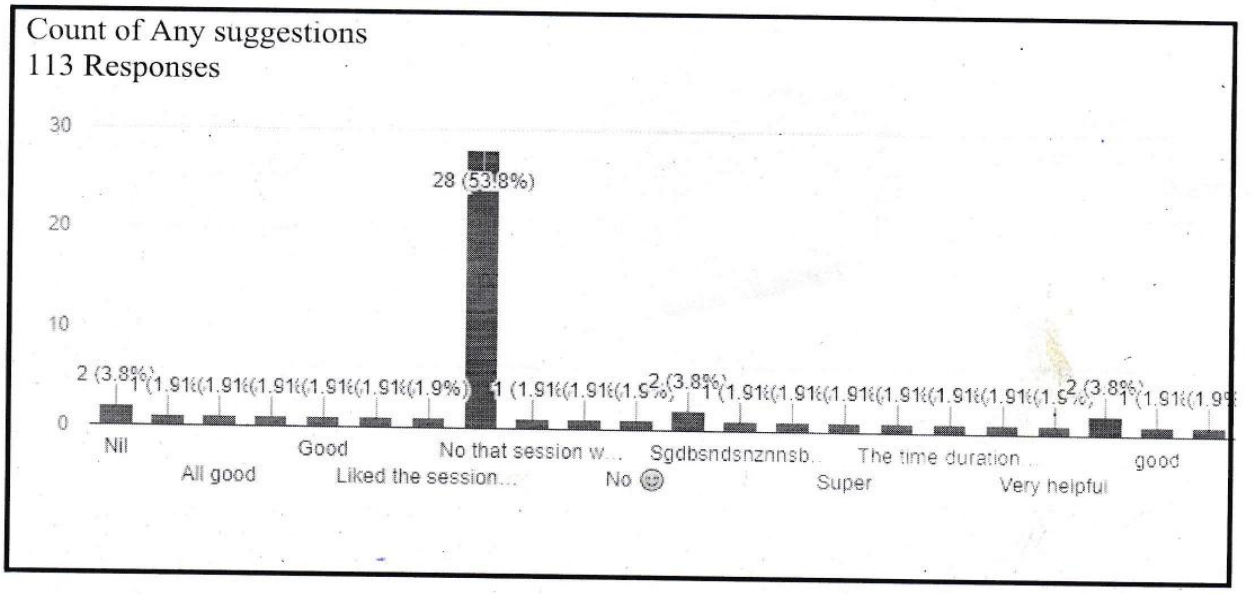
Question-1. Did the session bring positively in your thoughts?



Question-2. Would you like to have more sessions like this?

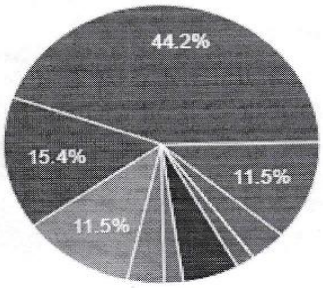


Question-3. Any suggestions



Question-4. Overall rating of the lecture

Count of Overall rating of the lecture.
113 Responses



04/10/23

Ms. Shmriti
Assistant Professor
Activity Coordinator
PMS

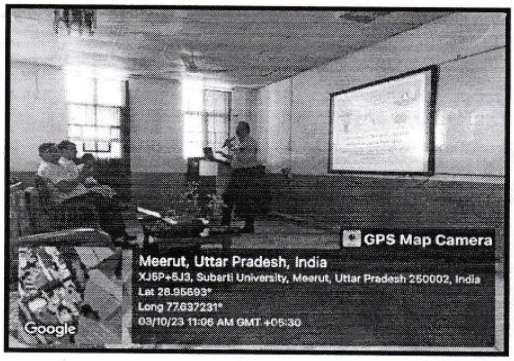
Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

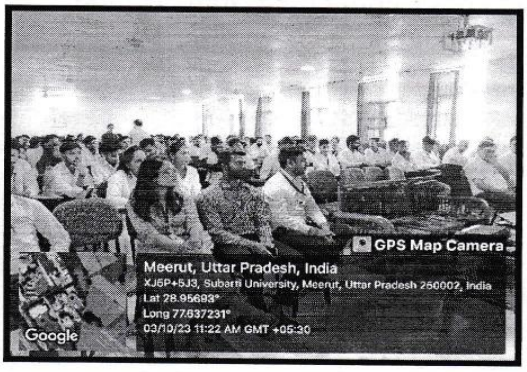
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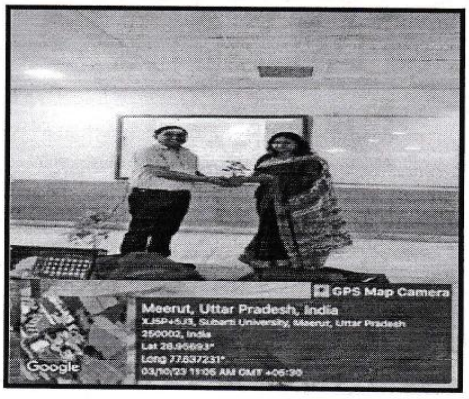
Date: - 04/10/2023

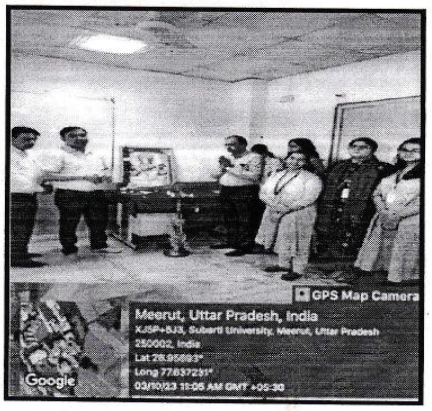
GEO TAG PHOTOS





Dr. Rahu Bansal, Professor, Department of Community Medicine, encouraging students about Mental Health.





Dr. Seema Sharma, Clinical Psychologist, conduct the session on Suicide Prevention.

04/10/23

Ms. Shmriti
Assistant Professor
Activity Coordinator
PMS

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

DEPARTMENT OF PARAMEDICAL SCIENCES
Subharti Medical College
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Ref. No./SVSU/PMS/2023 Date: - 03/10/2023

ROLE OF POSITIVE MENTAL HEALTH & WELLNESS IN CAREEAR FORMATION

STUDENTS ATTENDANCE SHEET

S. No.	Name of Student	Father Name	Course	Batch	Signature
1	Swati	Mr. Suresh Kumar	DOTT	2023	Swati
2	Tanisha	Mr. Pintu Kumar	DMLT	2023	Tanisha
3	Akshit Saini	Mr Brijpal Saini	DMLT	2023	Akshit
4.	Aryan	Mr. Nanak Chand	DOTT	2023	Aryan
5.	Nitin Saini	Mr. Mahesh Chand Saini	DMLT	2023	Nitin Saini
6.	Uvesh Rao	Mr. Mannuar Ali	B.Opto	2023	Uvesh Rao
7.	Gunjan Gupta	Mr. Raj Kumar Gupta	DOTT	2023	Gunjan
8.	Gunfan Rani	Mr. Mukesh Kumar	DOTT	2023	Gunfan
9.	Kohemayam Sajina	Md. Basih Rahaman	DMLT	2023	Sajina
10	Rojina Arifam	Md. Riya Khan	BMLT	2023	Rojina
11.	Chitranshi	Mr. Shatwan Kumar	BRIT	2023	C. Kaushik
12.	Shivam	Mr. Subhash	BRIT	2023	Shivam
13.	Akshay Sonker	Mr. Mukesh Sonker	BRIT	2023	Akshay
14.	Akshay Garg	Mr. Vijendra Garg	BRIT	2023	Akshay Garg
15.	Anas	Mr. Nazru Khan	BRIT	2023	Anas
16	Mohd Shadab	Mr. Israil	BRIT	2023	Shadab
17	Anuj Kumar	Ashok Kumar	BRIT	2023	Anuj Kumar
18.	Aalim Rizvi	Waseem Rizvi	B.ScOT	2023	Aalim Rizvi
19.	Sumit Choudhary	Mr. AJAY VEER Singh	B.ScOTT	2023	Sumit
20.	KHUSHEE	Mahendra Singh	Bsc.OTT	2023	Khushee
21	Mohd Shadab	Babu	BSc.OTT	2023	Shadab
22.	Vernika Dass	Mr. Mukul Dass	BSc.MLT	2023	Vernika
23.	Rohan Dhiman	Mr. Sudhir	B.OPTo	2023	Rohan
108. → Deepanshu Pal	Mr. Bulbir Pal	B.OPTM	2023	Deepanshu Pal
109. → Gaurav Kumar	Mr. Yashpal Singh	B.Optom	2023	Gaurav
110 → Sohit Kumar	Mr. Rajesh Kumar	B. Optome	2023	Sohit
111 → Boby	Mr. Dharmendra Singh	B. Optom	2023	Boby
112 → Deepu Kumar	Mr. Krishan Pal	B.Optom	2023	Deepu

24	ASHOK BHARTI	MANOJ BHARTI	BOTT	2023	
25	ANASH ALI	HAMID ALI	BOTT	2023	Anash Ali
26	FAIZ KHAN	AAKIL KHAN	BOTT	2023	Faiz Khan
27	ASHWANI Raghav	Surender Singh	B.OTT	2023	Ashwani
28	Vinay Kaushik	Amit Sharma	B.Opto	2023	Vinay
29	Amit Rana	Mr. PHATTE Singh	B.OTT	2023	Amit Rana
30	Abhishek	Mr. Anil Kumar	B.OTT	2023	
31	Atal	Mr. Devendra Singh	B.OTT	2023	Atal
32	Aditya	Satveer Singh	B.OTT	2023	Aditya
33	MOHD OWAIS	Abdul Tyagi	BSC.RIT	2023	Owais
34	Vivek kumar	Devendra kumar	BRIT	2023	
35	Suraj kumar	Yogendra kumar	B.RIT	2023	Suraj
36	Farhan Khan	Mohd. Yaseen	B.RIT	2023	
37	Anshu	Mr. Gopal	B.RIT	2023	Anshu
38	Sanjana Sharma	Mr. Hariom Sharma	B.RIT	2023	Sanjana
39	Fatima	MOHD. MOMIN	B.R.I.T	2023	Fatima
40	Sumit Bhargav	Mr. Subhash	BRTT	2023	
41	Gagan Bhadana	Mr. Parveen Bhadana	BRIT	2023	Gagan
42	Mo Waseem	Waseem Akhtar	B.RIT	2023	
43	Harshit Saini	Mr. Anil Saini	B.RIT	2023	Harshit Saini
44	SHAHZAD	Mahmood	B.RIT	2023	Shahzad
45	Moscem Ahmed	Liyakat Ali	BRIT	2023	Ahmed
46	Junaid	Shafqat Ali	BRIT	2023	Junaid
47	Palak	Palak Mr. Satish Kumar	B. Optom	2023	Palak
48	Foziya	Mr. Saleem Ahmed	B.optom	2023	foziya
49	Uzaifa	Mr. Ayaz Ahmad	B.opt	2023	Uzaifa
50	Zeenat	Mr. Salim Ahmad	B.optom	2023	Zeenat
51	Sadiya	Mr. mubeen	B.optom	2023	Sadiya

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52	Ishita Sharma	Mohit Sharma	B.OPT	2023	
53	Akshita Manik	Dr. RK Manik	B.OPT	2023	
54	Ashna	Mr. Aamir	B.OPT	2023	
55	Mohd Junaid	Shaukat ALI	B.OPTom.	2023	
56	Shadab Ali	Shaukat Ali	B.OPTom	2023	
57	Abhishek Kumar	Ramesh Kumar	B.OPTom	2023	
58	Foziya	Sardar Ali	B.Optom	2023	
59	Shubham	Ravendar Singh	B.optom	2023	
60	Anas	Dilshad	B.optom	2023	
61	Abhishek Kumar	Mr. Sanjay Kumar	B.OPTm	2023	
62	Ayush Karnwal	Mr. Rajkumar	B.OPTM	2023	
63	Aarif Rana	Mo. JAHID	B.OPT	2023	
64	Shadab Ansari	MD. AZIZ	BRIT	2023	
65	Mohd Zubair	Ayyub	BRIT	2023	
66	Priyanshu	Mr. Sushil	DOTT	2023	
67	Anash	Mr. Yasin	BScOTT	2023	
68	manish	Mr Raju Singh	DOTT	2023	
69	Aditya	Satveer Singh	BScOTT	2023	
70	Lavish Kumar	Chandra pal	D.OTT	2023	
71	Raj U	Mr. Rajbeer	D.OTT	2023	
72	Anivarya	Mr. Rajneesh Kumar	D.OTT	2023	
73	Sagar Kumar	Mr. Mukesh Kumar	DOTT	2023	
74	Manpreet kaur	Manjeet singh	DOTT	2023	

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

75	Saniya Parveen	Mosam Ansari	DOTT	2023	Saniya
76.	Preeti	Manoj Kumar	BMLT	2023	Preeti
77	Anjali Sharma	Satish Kumar	BMLT	2023	Anjali
78	Rakshit Malik	Harish Malik	BMLT	2023	Rakshit
79.	Kashish Pal	Mr. Vinod Kr. Pal	BMLT	2023	Kashish
80.	Mann Kumar	Mr. Anuj Kumar	BMLT	2023	Mann
81.	Megha Burman	Jagpal	BMLT	2023	Megha
82.	Kanchan Setgal	Rajkumar Setgal	BMLT	2023	Kanchan Setgal
83.	Ankur Kumar	Mr. Sanjeev Kumar	B.Sc. MLT	2023	Ankur Kumar
84.	AKHIL KUMAR	Mr. PRAMOD KUMAR	B.Sc MLT	2023	Akhil Kumar
85.	Shivam Kumar	Mr. Satendra pal	B.Sc. MLT	2023	Shivam Kumar
86.	Sumit	Mr. Rakesh Kumar	BSc MLT	2023	Sumit
87	Almas	MUSTKEEM	BSC MLT	2023	Almas
88	Mohd- Furkan	Nazar Mohd	BMLT	2023	Furkan
89	Irshad	Jafiru	BMLT	2023	Irshad
90	Prince	MR RAJ KUMAR	BSC OTT	2023	Prince
91	Mohd Anas II	Mohd Sulemen	BSC MLT	2023	Anas
92	mohd Suhail	Mohd Nasru	BSC MLT	2023	Suhail
93	Abdurrahim	Muslim	B.Optom	2023	A
94	Mohd Anas I	Mohd Khalid	B.Sc MLT	2023	Anas
95	Deepak Kumar	Satender	BSC MLT	2023	D
96	Nasir Saifi	Mr Anees	DOTT	2023	Nasir
97	Brijesh kumar Singh	Ganga sagar Singh	DOTT	2023	Brijesh Singh
98	Hussain Jafar	Ali Mujan	DOTT	2023	Hussain
99.	MOHD. JUNAID ALAM	NAZAR MOHD	DOTT	2023	Junaid
100	Mohd Kasim	Mr. Mohd Afeek	B.MLT	2023	Kasim
101	DILSHAD	MR USMAN	B.M.LT	2023	Dilshad
102	Vansh Pal	Mr Ravindra Kumar	B.M.LT	2023	Vansh Pal
103	Aman kumar	Rambilas Sah	B.MLT	2023	Aman kumar
104	Nitin Kumar	S/o Gour Pal	B.MLT	2023	Nitin Kumar
105	mohd Arif	mohd shahid	B.MLT	2023	mohd Arif
106	Naziya Parveen	Md. Giyasuddin	B.OPTM	2023	Naziya Parveen
107	Juli kumari	ARUN KUMAR	B.OPTM	2023	Juli Kumari

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Ref. No.SVSU/PMS/2023/

Date- 03-10-2023

ROLE OF POSITIVE MENTAL HEALTH & WELLNESS IN CAREEAR FORMATION
FACULTY ATTENDANCE SHEET

S.No	Faculty Name	Designation	Signature
1.	Prof. (Dr.) Pankaj Kishor Mishra	Professor. & Head	
2.	Dr.Umesh Kumar	Associate Professor	
3.	Dr. Meenakshi Mishra	Associate Professor	
4.	Dr.Anshu Kumar Singh	Associate Professor	
5.	Dr. Ravindra Kumar Manik	Assistant Professor	
6.	Mr. Akash Kumar	Assistant Professor	
7.	Mrs.Hiba	Assistant Professor	03/10/23
8.	Ms.Akanksha Singh	Assistant Professor	
9.	Mr. Rahul	Assistant Professor	
10.	Mr. Pushpendra Kumar Rajput	Assistant Professor	
11.	Ms. Zeba Naaz	Assistant Professor	4/10/23
12.	Mr. Ankit Kumar	Assistant Professor	3/10/23
13.	Ms. Shmriti	Assistant Professor	03/10/23
14.	Ms.Yashika Bhardwaj	Assistant Professor	
15.	Ms. Khushi Kansal	Assistant Professor	
16.	Mr. Viswanath Pratap Singh	Assistant Professor	
17.	Mr.Sobit	Demonstrator	
18.	Mr. Vishant Pal	Demonstrator	
19.	Ms.Shivani	Demonstrator	
20.	Mr. Sanyyam	Tutor	
21.	Sumit Kumar Sagar	Tutor	

04.10.23

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

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Faculty of Education
Department of Education

NAAC A

Ref. No.: Head/DOE/SVSU/2023/ 73

Date: 06-10-2023

Department of Education
Internal Circulation

It is here by informed to all the students and faculty members that the following event/ activity will be organized in the Department of Education as per schedule:

Name of Event/ Activity:	Workshop on **"Role of Positive Mental Health and Wellness in Career Formation"**
Name of Recourse Person/ Expert	Dr. Rahul Bansal, Chairmen ,Wellness Center & Dr. Seema Sharma, Sr. Consultant (Clinical Psychologist)
Date:	12-10-2023
Time:	10:AM to 12:00 Noon
Venue:	Seminar Hall, Faculty of Education
Participation for:	To enhance awareness of positive mental health and wellness in career formation.
Target Population:	All B.El.Ed, B.Ed., M.Ed. students & faculty members.

6/10/23
(Coordinator)

6/10/2023
(Head)
HEAD
Department of Education
Swami Vivekanand Subharti University

On 12-10-2023

" Role of Positive Mental Health and Wellness in Career Formation"

Title of the activity	**Role of Positive Mental Health and Wellness in Career Formation"**	**Level of Program**	Department Level
Focused Area	Awareness about positive mental health through well being	**Date of Activity**	October 12, 2023
Activity Organized By	Department of Education, SVSU	**Day**	Thursday
Resource Person	Dr.Rahul Bansal, Chairman of wellness Centre, SVSU and Dr. Seema Sharma, Sr.Cunsaltant	**Time**	10.00.A.M to 12:00 P.M.
Total Participants	103	**Venue**	Faculty of Education
Students	90	**Convener**	Dr.Reeba Devi
Teachers/Faculty members	13 **Report Prepared By**	Dr. Reeba Devi Department of Education, FOE, SVSU, Meerut with GungunB.El.Ed III semester	

Objectives of the Event:

1. To facilitate moral, ethical development through positive mental health of the students, faculty members.
2. To facilitate the knowledge of “positive and healthy mind set”under the wellness in career formation the students, faculty members.

Description:

Swami Vivekanand Subharti University, Department of Education hosted an enlightening **one-day workshop** on **October 12, 2023**, dedicated to the profound influence of positive mental health and wellness on the formation of successful careers. The event, held within the esteemed marked a significant endeavour to enhance awareness of the pivotal role that mental well-being plays in the journey toward career development. The program commenced with a ceremonial inauguration where **Resource Person Dr. Rahul Bansal**, Chairman Wellness Centre, SVSU Meerut and **Dr. Seema Sharma, Sr. Consultant (Clinical Psychological)** Department of Psychiatry Subharti Medical College & Hospital, SVSU , **Prof. (Dr.) Sandeep Kumar**, the distinguished **Dean of the Faculty of Education**, and **Prof.(Dr.) Anoj Raj, Head, Department of Education** other respected dignitaries, illuminated the ceremonial lamp in front of Maa Sarasvati. This symbolic gesture signified the auspicious beginning of the workshop, emphasizing the importance of knowledge, wisdom, and holistic well-being in one's educational and career journey.

Dr. Sandeep Kumar, in his welcoming address, expressed gratitude to the esteemed chief guests, dedicated faculty members, and the attentive audience. This warm welcome set the tone for an intellectually stimulating and enriching event, celebrating the synergy of education and mental wellness. The chief guests were honored with saplings, representing the institution's commitment to nurturing growth and fostering a greener, more sustainable future.

The workshop gained further momentum **as Prof. (Dr.) Anoj Raj, Head, Department of Education,** took the stage to provide attendees with a comprehensive overview of the day's program. His enlightening speech not only outlined the workshop’s objectives but also highlighted the intrinsic connection between mental health and the development of successful careers. It was underlined that, in

today's fast-paced and competitive world, the well-being of individuals plays a pivotal role in shaping the direction of their careers.

The heart of the workshop featured presentations by the **keynote speakers: Dr. Rahul Bansal, Chairman of the Wellness Centre, and Dr. Seema Sharma, a Senior Consultant in Clinical Psychology.** The presentations encompassed a wide spectrum of topics, touching upon the spiritual dimension of health, scientific evidence regarding the permanent transformation of energy within the human body, the profound experiences of near-death encounters, and the intricate interplay between spirituality and health Dr. Rahul Bansal shed light on the spiritual dimension of health, explaining how it is a vital component of overall well-being. He shared insights into the profound spiritual experiences that individuals might encounter and how these experiences can positively impact one's mental health. Dr. Seema Sharma, on the other hand, delved into the scientific evidence behind the transformation of energy within the human body. She emphasized that understanding this process can provide individuals with a deeper appreciation for the connection between physical and mental health.

The discussion on near-death experiences (NDEs) was particularly intriguing. Attendees were introduced to the phases of NDEs, their impact on individuals, and the various perspectives on what happens when a person's mind seems to survive even when the body faces a life-threatening situation. These insights were accompanied by reference to well-known researchers in the field. The workshop's culmination was marked by a gracious vote of thanks presented by Prof. (Dr.) Anoj Raj. He expressed heartfelt gratitude to the chief guests, the enlightening speakers, dedicated faculty members, and the entire team responsible for organizing this insightful event.

The event's success was a testament to the concerted efforts of a **collaborative team. Members,** including **VedikaVerma, Nisha Saharan Vijay, Gunjan, Kumkum, Saakshi, Gungun, Shrutee, Saloni, Sagaf, Bhawna, Pardeep, Shruti Kaushik, Ajay, Pallavi, Kanak, Saakshi Saini, Anusha, and Pardeep Yadav, stu**dents of Department of Education worked diligently under the capable supervision of **Dr. Reeba Devi, Assistant Professor & Coordinator of the workshop** at the Faculty of Education. Their dedication and coordination were instrumental in ensuring the seamless execution of the seminar.

In conclusion, the workshop provided an intellectual feast for attendees. It not only served as a platform for insightful discussions on the vital intersection of mental health and career development but also left participants with a profound understanding of how positive mental health and wellness can significantly influence the trajectory of one's career. This event underscored the university's commitment to nurturing the holistic development of its students and the broader community,

emphasizing that true success is not just measured by career achievements but by the overall well-being of individuals in their pursuit of knowledge and excellence.

Outcome of the event:

1. Participants were facilitated of health sensitive issues and awareness of positive mental health.
2. Health development awareness through wellness workshop for the students, faculty members were facilitated.

Analysis of the Participant's feedback: The workshop was considered to be primary level of carefulness and informative as well as an agent of mental and positive development through workshop.



Coordinator



Head

S

Attendance List

Ref. No.: Head/DOE/SVSU/2023/ Date: 12/10/23

Topic: One day workshop "Role of positive mental health & wellness in Careers formation"

List of participants

S.No	Name of participants	Class	Signature
1	Ajay Pegwal	B.El.Ed IV Semester	Ajay Pegwal
2	Vijay Pegwal	"	
3	Bhawna	"	
4	Arjoo Rawal	"	
5	Shagay Alam	"	
6	Anushi	"	
7	Nisha	"	
8	Anushka	"	
9	Shristi	"	
10	Pardeep Yadav	"	
11	Pallavi	"	
12	Kumkum	"	
13	Anjan Chaudhary	"	
14	Vedika Verma	"	
15	Saloni	"	
16	Shruti	"	Shruti
17	Sapna Yadav	"	
18	Tanu Yadav	"	Tanu Yadav
19	Laxmi Sharma	"	
20	Sakshi Saini	"	
21	Himanshu	B.El.Ed VII Sem	
22	M.SHAHNAWAZ	"	
23	Dushyant Rana	"	
24	Shivam Choudhary	"	
25	Akshita Yadav	B.El.Ed VII sem	
26	Neeti Jaiswal	"	
27	Sakshi Kashyap	"	
28	Rashi	"	
29	Ashi	"	
30	Neeru	"	
31	Manju	"	
32	Anchal	"	
33	Shikha	"	
34	Shubhangi	M.Ed 3rd sem	

12.10.23
Activity Coordinator

Head
12/10/2023
Department of Education
Swami Vivekanand Subharti University

1

Ref. No.: Head/DOE/SVSU/2023/ Date: 12/10/23

Topic: One day workshop on Role of positive mental health & Wellness in Career formation

List of participants

S.No	Name of participants	Class	Signature
35	Anjali Chikara	B.El.Ed VII sem.	Anjali
36	Ankit Choudhary	B.Ed IInd yea.	Ankit
37	Nitish Panwar	B.F.S V sem	Nitish
38	Anushka Tomar	B.El.Ed Ist sem	Anushka
39	Riya Kaushik	"	Riya kaushik
40	Rakshit	"	Rakshit
41	Lakshita	"	Lakshita
42	Pasul	"	Pasul
43	Shipra	"	Shipra
44	Simran kumari	"	Simran
45	Manu	"	Manu
46	Bhawna	"	Bhawna
47	Priya	"	Priya
48	Sakshi Pal	M.ED 3rd Sem	Sakshi
49	Nisha Gautam	M.ED 3rd Sem	Nisha
50	Dolma Sangbatka	B.Ed 1st sem	Dolma
51	Tuba Afreen	B.ed 4 Sem	Tuba
52	Rashika	B.ed 1st sem	Rashika
53	Bharti	"	Bharti
54	Vivek Kumar Goyal	B.ed. Ist Sem	Vivek
55	Riya Malik	B.Ed Ist Sem	Riya Malik
56	Pooja Tomar	B.Ed Ist Sem	Pooja
57	Gyanendra Singh	B.Ed Ist Sem	Gyanendra Singh
58	Geeta Rani	B.ED Ist Sem	Geeta
59	Rashmi	B.ED Ist Sem	Rashmi
60	Mukul	B.ED IIt sem	Mukul
61	Anurag choudhary	M.Ed Ist Sem	Anurag
62	Dupika Sangwan	M.Ed Ist sem	Dupika
63	Prathi Nehra	M.Ed Ist sem	Prathi
64	Richa Tyagi	M.Ed Ist sem	Richa
65	Tuba Khan	M.ED 3rd sem.	Tuba
66	Neha Yadav	M.ED 3rd Sem	Neha yadav
67	Mahisha	M.ED I	Mahisha
68	Kajal	M.ED I Sem	Kajal

12/10/2023
Activity Coordinator

Head
12/10/23

HEAD
Department of Education
Swami Vivekanand Subharti University

Ref. No.: Head/DOE/SVSU/2023/ Date: 12/10/23

Topic: "Role of Positive Mental Health and Wellness in Career formation" One day Workshop on

List of participants

S.No	Name of participants	Class	Signature
69	Arja Dhama	M.Ed. I Sem.	Arja Dhama
70	Ayushi Rang	B.El.Ed 3rd Sem	Rang
71	Anchal	B.El.Ed 3rd Sem	
72	Neha	B.El.Ed. 3rd Sem	Neha
73	Khushi Choudhary	B.El.Ed 3rd Sem	
74	Muskan dixit	B.El.Ed 3rd Sem	Muska
75	Gungun kumari	B.El.Ed 3rd Sem	
76	Shreetee Gupta	B.El.Ed 3rd Sem	
77	Rekha	B.El.Ed 3rd Sem	Rekha.
78.	Mehak	B.El.Ed 3rd Sem	Gupta
79.	Kamini	"	Kamini
80	Harsh	B.El.Ed 3rd Sem	Harsh
81	Seema Sharma	B.El.Ed 3rd Sem	Seema
82	Salonı Yadav	B.El.Ed 3rd Sem	Saloni
83	Shabana	B.El.Ed 7th Sem	Shabana
84	Kirti	B.El.Ed V Sem	Kirti
85	Ketkee Tomar	"	
86	Priya Kaushik	B.El.Ed. Ist Sem	Priyakaushik
87	Sujata Singh	B.El.Ed V Semester	Sujata Singh
88	Arun Kumar	B.El.Ed. VII Semester	Arunkumar
89	Sachin Kumar	B.El.Ed IX Semester	Sachin
90	Divya Sharma	M.Ed III Semester	Divya Sharma

Ref. No.: Head/DOE/SVSU/2023/ Date: 12-10-2023

Topic: Role of Positive Mental Health and Wellness in Career formation.....

List of participants

S.No	Name of participants	Designation	Signature
01.	Dr Sandeep Kumar	Dean, FOE	
02.	Dr. Anoj Raj	Prof. & Head. (Education)	
03.	Dr. Indira Singh	Prof.	
04.	Dr Rahul Sirohi	Associate Professor	
05.	Mr. Sanjeev Kumar	Assistant Professor (A.D)	
06.	Dr. Bhuvnesh Sharma.	"	
07.	Dr. Shalini Tiwari	Assistant Professor	
08.	Dr. Rubi	"	
09.	Dr. Rekha Devi	Assistant Professor	
10.	Mrs Reshu Rani	Lecturer	
11.	Mr. Rahul Kumar	Lecturer	

Activity Coordinator

Head
12/10/2023

HEAD
Department of Education
Swami Vivekanand Subharti University

4



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Department of Education

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Ref. No.: Head/DOE/SVSU/2023/ Date: 12/10/23

Topic: One day workshop on "Role of positive mental health & wellness in Careers formation"

List of participants

S.No	Name of participants	Class	Signature
1	Ajay Pegwal	B.El.Ed. V semester	Ajay Pegwal
2	Vijay Pegwal	"	Vijay
3	Bhawna	"	Bhawna
4	Aruoo Rawal	"	Rawal
5	Shagaf Alam	"	Shagaf
6	Anishi	"	Anishi
7	Nisha	"	Nisha
8	Anushka	"	
9	Shristi	"	
10	Pardeep Yadav	"	Pradeep
11	Pallavi	"	Pallavi
12	Kumkum	"	Kumkum
13	Anjan Choudhary	"	Anjan
14	Vedika Verma	"	Vedika
15	Saloni	"	Saloni
16	Shruti	"	Shruti
17	Sapna Yadav	"	Sapna
18	Tanu Yadav	"	Tanu Yadav
19	Laxmi Sharma	"	Laxmi
20	Sakshi Saini	"	Sakshi
21	Himanshu	B.El.Ed VII Sem	Himanshu
22	MISHANWAZ	"	
23	Dushyant Rana	"	
24	Shivam Choudhary	"	
25	Akshita Yadav	B.El.Ed VII sem	Akshita
26	Neeti Panwar	"	Neeti
27	Sakshi Kashyap	"	Sakshi Rana
28	Rashi	"	
29	Ashi	"	Ashi
30	Neeru	"	Neeru
31	Mansi	"	Mansi
32	Anchal	"	Anchal
33	Shikha	"	Shikha
34	Shubham Goel	M.Ed 3rd sem	Shubham

12.10.23
Activity Coordinator

Head
12/10/2023
Department of Education


SUBHARTI
ONE DAY WORKSHOP
ROLE OF POSITIVE MENTAL HEALTH
WELLNESS AND CAREER FORMATION
Department of Education
GPS Map Camera
Meerut, Uttar Pradesh, India
subhartipuram,Meerut, Uttar Pradesh 250002, India
Lat 28.957573°
Long 77.635959°
12/10/23 10:47 AM GMT +05:30
Google




SUBHARTI
ONE DAY WORKSHOP
ROLE OF POSITIVE MENTAL HEALTH
WELLNESS AND CAREER FORMATION
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ONE DAY WORKSHOP
ROLE OF POSITIVE MENTAL HEALTH
WELLNESS AND CAREER FORMATION

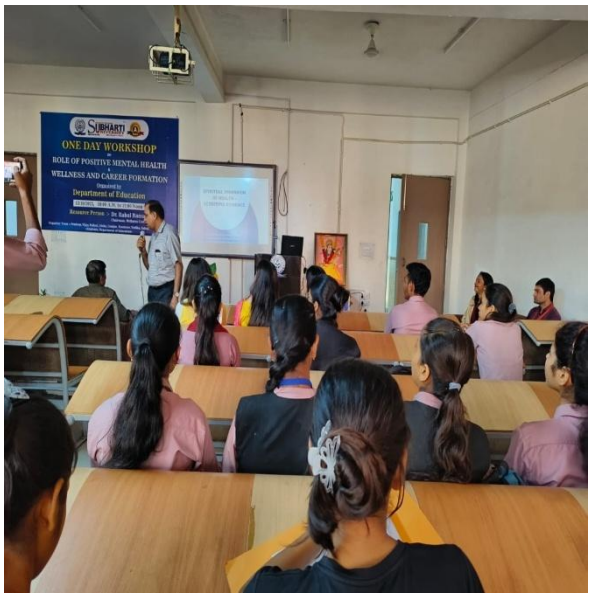

GPS Map Camera
Meerut, Uttar Pradesh, India
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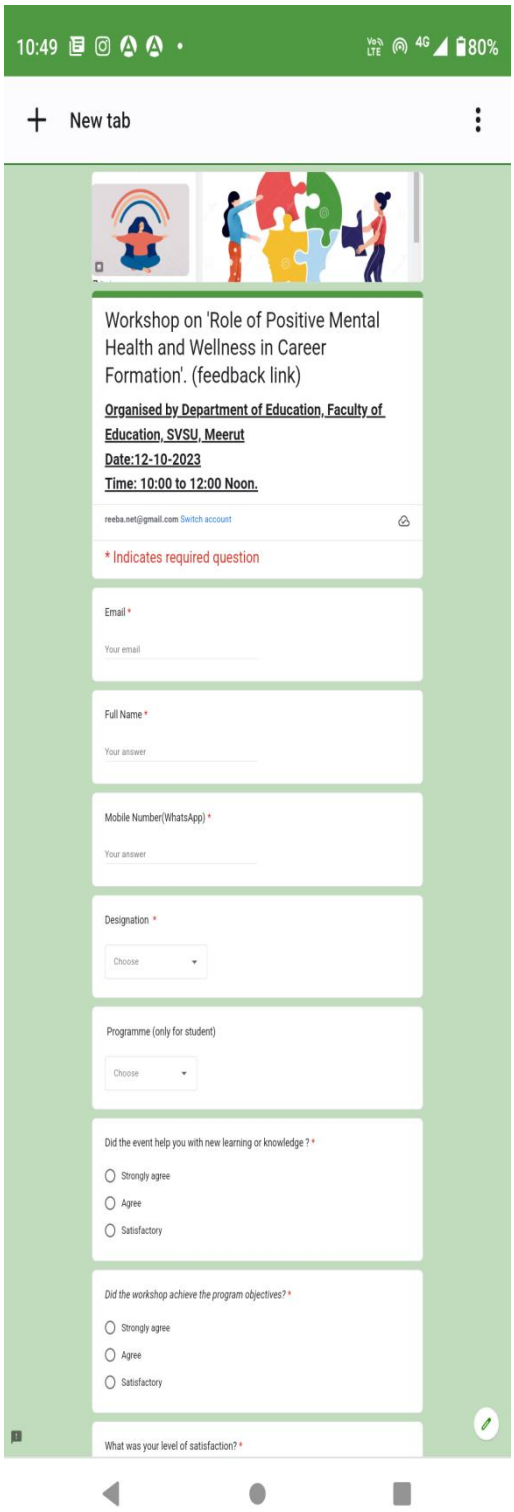



SUBHARTI
ONE DAY WORKSHOP
ROLE OF POSITIVE MENTAL HEALTH
WELLNESS AND CAREER FORMATION
Department of Education



Ref. No: HEAD/DEAN/SVSU/2023/73/1

FeedbackAnalysis: One-day workshop on "Role of Positive Mental Health and wellness in Career Formation"

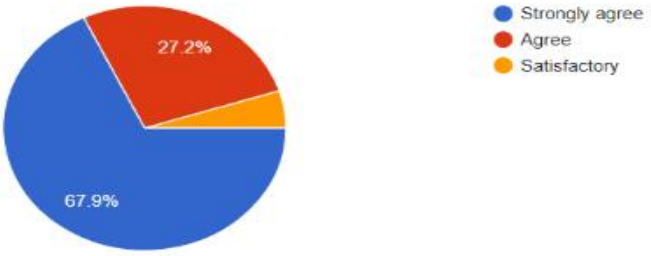




Did the event help you with new learning or knowledge ?

Copy

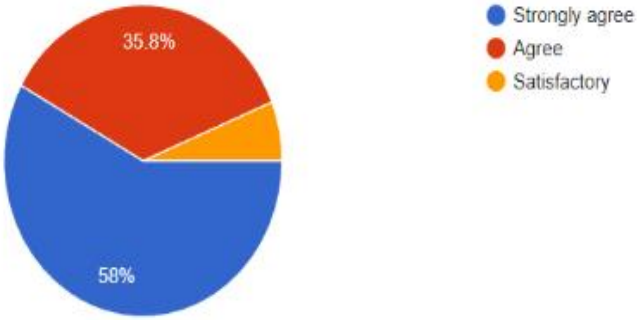
81 responses



Did the workshop achieve the program objectives?

Copy

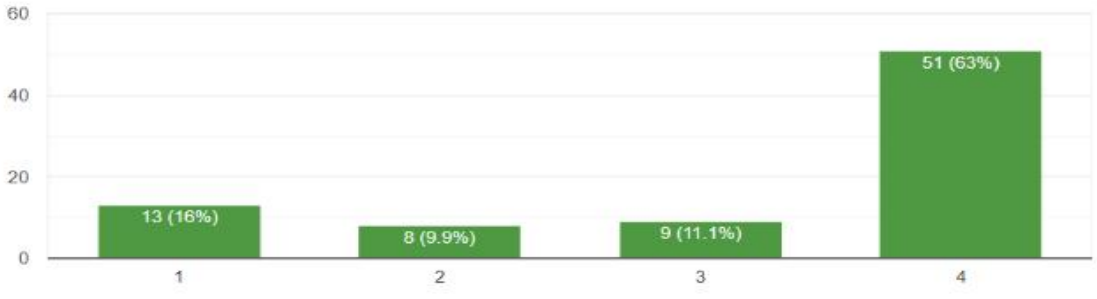
81 responses

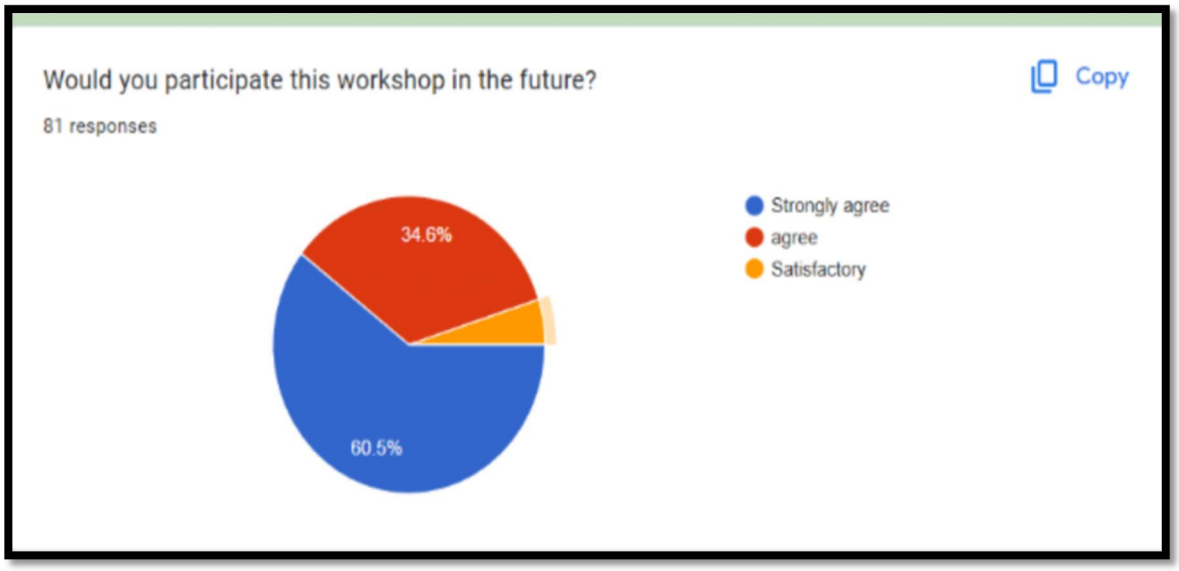


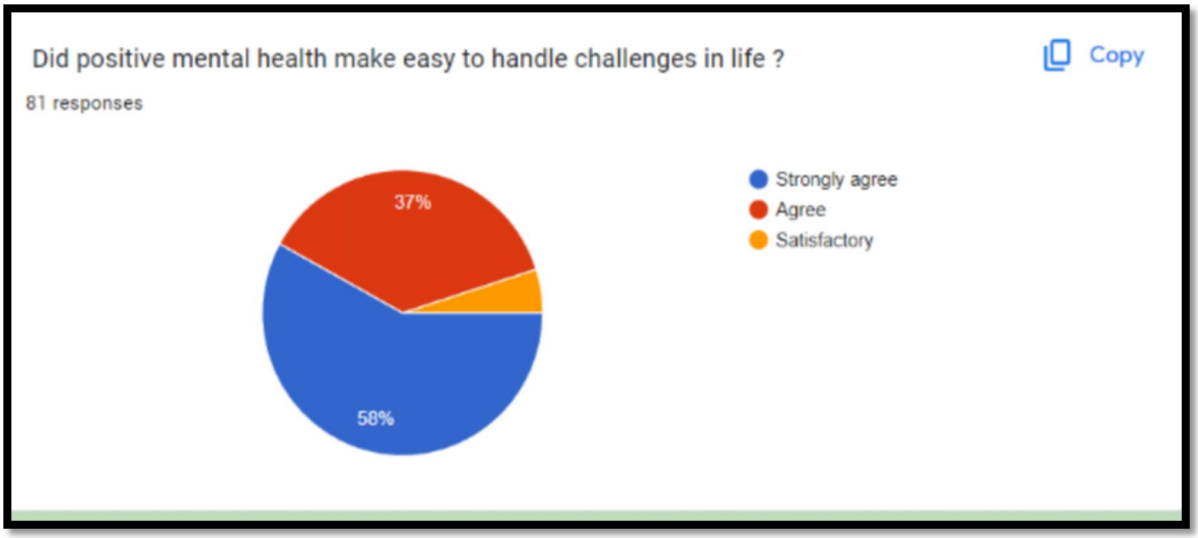
What was your level of satisfaction?

Copy

81 responses




Would you participate this workshop in the future?
Copy
81 responses
34.6%
60.5%
Strongly agree
agree
Satisfactory


Did positive mental health make easy to handle challenges in life ?
Copy
81 responses
37%
58%
Strongly agree
Agree
Satisfactory

Ref. No: HEAD/Head/SVSU/2023/73/1

Consolidated Report on student feedback

Activity: One-day workshop on "Role of Positive Mental Health and wellness in Career Formation"

Activity Date: **12/10/2023**Activity time: from **10:00 AM to 12:00 Noon.**Venue**: Faculty of Education (Seminar Hall)**

Name of Activity: Role of Positive Mental Health and wellness in Career Formation. Name of Resource Person: **Dr. Rahul Bansal and Dr. Seema Sharma.**

Affiliation of Resource Person: Swami Vivekananda Subharti University Meerut.

Department Name (if any): WellnessCentre SVSU, Meerut. Session: 2023-24

Date of feedback: 12-10-23

Parameters			
Feedback Questions	**Strongly Agree (%)**	**Agree (%)**	**Satisfactory (%)**
(a) Did the event help you with new learning or knowledge?	67.9	27.2	nil
(b) Did the workshop achieve the program objectives?	58	35.8	nil
(c) Would you participate this workshop in future?	60.5	34.6	nil
(d) Did positive mental health make easy to handle challenges in life?	58	37	nil

Coordinator

Head

SHAHEED BABA DEEP SINGH
Department of Home Science
FACULTY OF ARTS & SOCIAL SCIENCES
Email ID- hsc@subharti.org, Website – www.subharti.org, Contact No. 91-9639010541
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Subhartipuram, NH-58, Delhi Haridwar Meerut Bypass Road, Meerut-250005
Ph. 0121-2439578, 2439052, 3058031, Ext. 2804, Telefax: 0121-2439067 e-mail:hsc@subharti.org

Ref.no/H.Sc./Notice/2023-24/ 651

Date: 10/10/2023

Notice

"Role of Positive Mental Health and Wellness in Career Formation"

Dear students,

This to inform you that Shaheed Baba Deep Singh Department of Home Scienceorganising a thought-provoking and enlightening session on the "Role of Positive Mental Health and Wellness in Career Formation." In today's fast-paced world, understanding the significance of mental well-being in shaping your career journey is crucial.

Session Details:

Recourse person-Dr. Rahul Bansal[1](Professor and Advisor Community Medicine, SMC) &Dr. Seema Sharma[2] (Consultant Clinical Psychology, SMC)
Day-Thursday
Date-17/10/2023
Timings-10:00 AM to 12:30 PM
Venue- Amrita Shergil Conference Hall, 2nd Floor, SIFF

Important Information:

- Bring a notebook and pen to jot down key insights and takeaways.
- Respect the speaker's presentation time and be courteous during the Q&A session.
- Be prepared to actively engage in discussions and activities during the session.

Contact Information:

For inquiries or additional information, please contact Dr. Shalu Nehra at 9758913924 or shalunehra25@gamil.com.

This session on the "Role of Positive Mental Health and Wellness in Career Formation" promises to provide you with valuable insights and practical tools to navigate your career path with confidence and resilience. We encourage you to actively participate and make the most of this educational opportunity.

Shalu Nehra 10/10/23

Dr. Shalu Nehra
Prog. Coordinator

Dr. Nishma Singh
Head of the Department
Shaheed Baba Deep Singh Department of Home Science, FASS

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Department of Home Science
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REPORT ON
Role of Positive Mental Health and Wellness in Career Formation

Title of the Activity	Role of Positive Mental Health and Wellness in Career Formation	Level of Program (State/National/International etc.)	Departmental
Focused Area	Participatory Learning, Awareness	Date of Activity	17/10/2023
Activity Organized By	Shaheed Baba Deep Singh Department of Home Science	Day	Thursday
Name of the Associated Faculty/College/Department/Outside Agency	Subharti Wellness Centre	Time	10:00am to 1:00pm
Name and address of Guest Speaker	Dr. Rahul Bansal & Dr. Seema	Venue	Department of Home Science
Total Participants	36	Organizing Coordinator(s)	Dr. Shalu Nehra
Students	27	Report Prepared by	Dr. Shalu Nehra
Teachers	09		
Non-Teaching Staff	00		
Others (Specify)	-		

Objective of the Activity: The Guest lecture and wellbeing session on the "Role of Positive Mental Health and Wellness in Career Formation," organized by the Shaheed Baba Deep Singh Department of Home Science, aimed to achieve the following objectives:

- Increase awareness among students about the vital role of positive mental health in shaping successful and fulfilling career paths.
- Offer insights into the intersection of mental well-being and career formation, emphasizing the need for a holistic approach.
- Equip students with practical strategies for maintaining positive mental health during their academic journey and subsequent career endeavours.

Description:

Key Speakers:

1. **Dr. Rahul Bansal (Professor and Advisor Community Medicine, SMC):** Dr. Bansal shared expertise on the relationship between mental well-being and overall health, emphasizing its impact on career development.

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DEPARTMENT OF HOME SCIENCE
S. V. Subharti University, Meerut

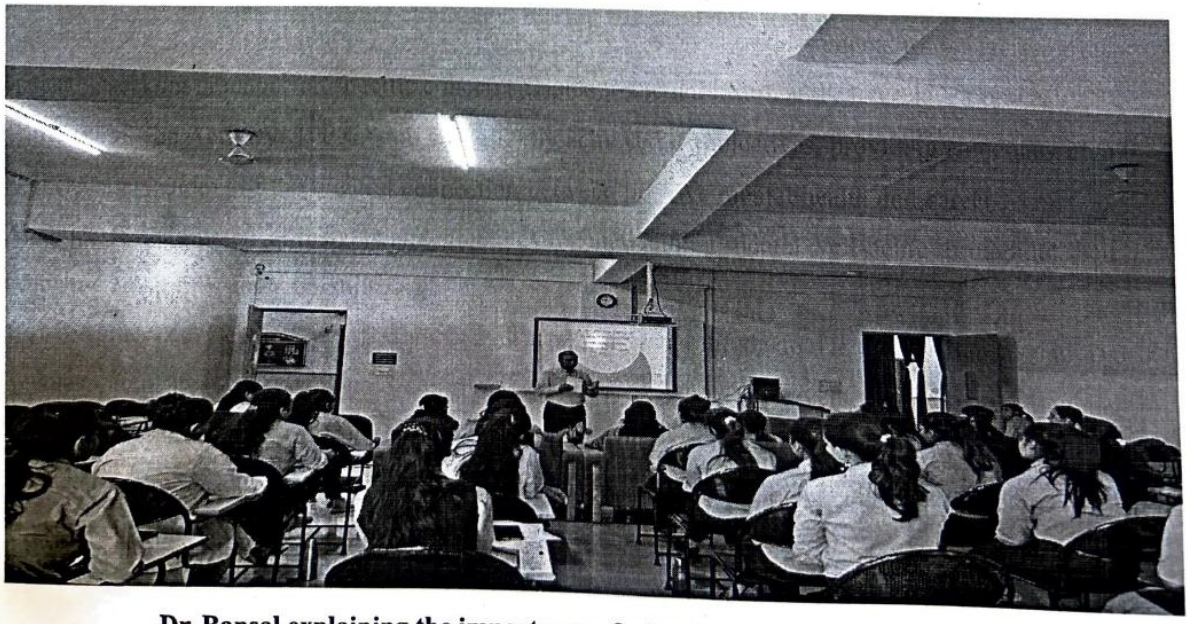
2. **Dr. Seema Sharma (Consultant Clinical Psychology, SMC):** Dr. Sharma focused on the psychological aspects of career formation, offering insights into stress management and maintaining a positive mindset.

The session commenced with an introduction to the significance of positive mental health in the context of today's fast-paced world. Dr. Bansal highlighted the importance of adopting a holistic approach that considers mental, emotional, and physical well-being in career planning. Dr. Sharma's presentation emphasized the role of psychological resilience in navigating challenges during the academic and professional journey. An interactive Q&A session allowed students to engage with the speakers, seeking guidance on specific concerns related to mental health and career development.

Outcome of the Activity: The session successfully achieved its objectives, providing students with a deeper understanding of the integral connection between positive mental health and career formation. Attendees gained practical insights and strategies for maintaining mental well-being throughout their academic and professional pursuits.

Conclusion: The Department of Home Science expresses gratitude to Dr. Rahul Bansal and Dr. Seema Sharma for their invaluable contributions to the session. This event is part of our ongoing commitment to fostering a culture of well-being and resilience among our students. We look forward to organizing more such sessions to empower our students in their personal and professional growth.

Pictures of the Activities (Geotagged):



Dr. Bansal explaining the importance of adopting a holistic approach

SHAHEED BABA DEEP SINGH

Department of Home Science

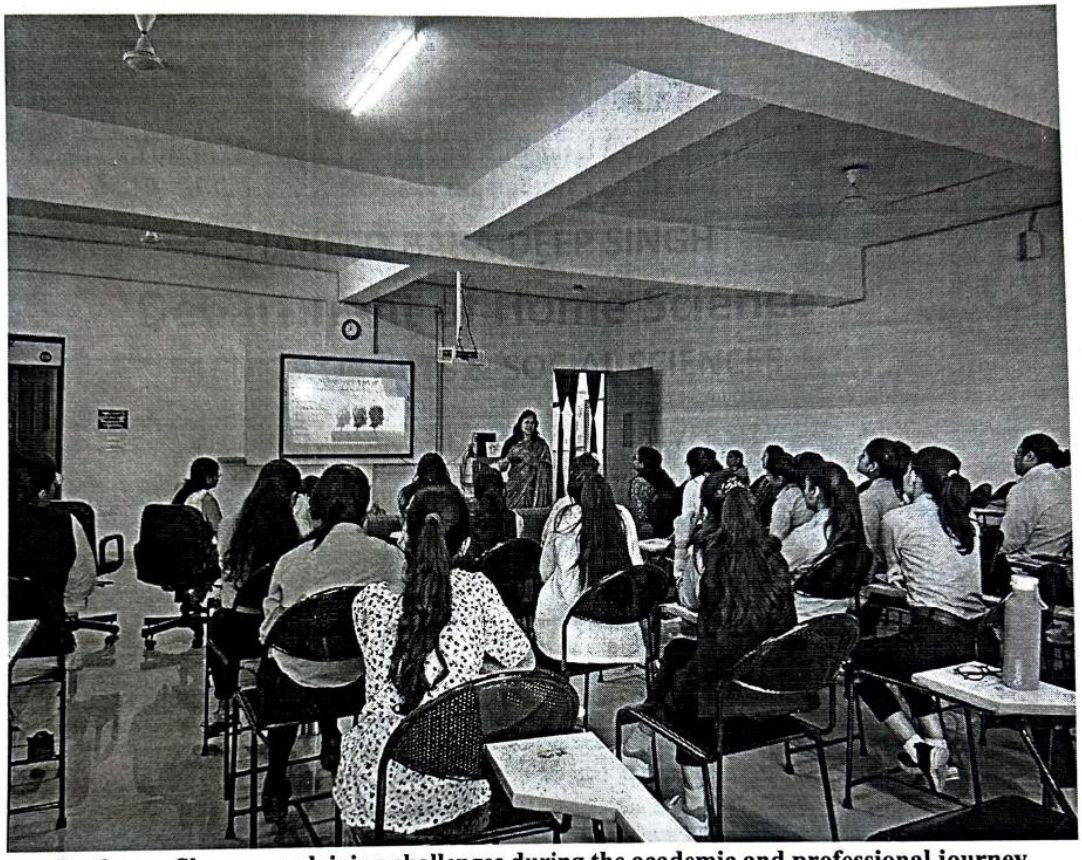
FACULTY OF ARTS & SOCIAL SCIENCES

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Dr. Seema Sharma explaining challenges during the academic and professional journey

Dr. Shalu Nehra

Coordinator

Dr. Nishma Singh

HOD, Assoc. Prof.

Shaheed Baba Deep Singh Department of Home Science, FASS

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S. V. Subharti University, Meerut

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Date: 17/10/2023

List of Participants

Visit to Maternity Ward and Antenatal Clinic of Graduate Students

S. No.	Name of the Faculty and Students
1.	Dr. Rahul Bansal, External Expert
2.	Dr. Seema Sharma, External Expert
3.	Dr. Swati Goel, External Expert
4.	Dr. Nishma Singh, HOD
5.	Dr. Shalu Nehra, Internal Expert
6.	Dr. Neetu Yadav, Faculty
7.	Ms. Virender Pal Kaur
8.	Ms. Urvashi Sharma, Faculty
9.	Ms. Swati Sharma, Faculty
10.	Divyanshi
11.	Neha
12.	Zoden
13.	Shagun
14.	Karishma Sharma
15.	Divya Rai
16.	Aarti Nehra
17.	Sakshi
18.	Palash
19.	Aashi Sharma

DEPARTMENT OF HOME SCIENCE
S. V. Subharti University, Meerut

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19.	Aashi Sharma
20.	Rashmi
21.	Neha
22.	Aakanksha
23.	Shivani
24.	Harshita
25.	Khushboo
26.	Vrinda
27.	Vaishnavi
28.	Angel
29.	Shruti
30.	Kanishka
31.	Gungun
32.	Aditya
33.	Mushkan Mishra
34.	Neha Giri
35.	Udeesha Rathi
36.	Arushi Gupta

Dr. Shalu Nehra
Coordinator

HEAD
DEPARTMENT OF HOME SCIENCE
S. V. Subharti University, Meerut

Dr. Nishma Singh
HOD, Assoc. Prof.

Shaheed Baba Deep Singh Department of Home Science, FASS

SWAMI VIVEKANAND SUBHARTI UNIVERSITY
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E-mail: engineering@subharti.org, hodcsit.site@gmail.com, Website: www.subharti.org
COMPUTER SCIENCE & ENGINEERING
(Approved by AICTE)

Ref. No. SITE/CSE/2023-24/EVENTS/ODD/02

NOTICE

OFFICE OF THE HoD (CSE) **Date: 30.12.2023**

All the students are informed that there is a session organized by CSE department, FET on the topic '*Role of Positive Mental Health and Wellness in Career Formation*' by the aegis of Wellness Centre, SVSU.

Resource Person(s): Dr. Rahul Bansal (Professor & Advisor Community Medicine, SMC)
Date: 2nd January and 4th January 2024
Venue: MMM, FET
Time: 10:00 AM onwards

All the students of FET are required to join the session.

Dr. Archita Bhatnagar
Overall Academic Coordinator
CSE, SITE, SVSU

CC:

1. The Dean, Faculty of Engineering & Technology, SVSU
2. All HoDs (ECE, EEE, FT, CE, ME, EEM, ASH)

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E-mail: engineering@subharti.org, hodcsit site@gmail.com, Website: www.subharti.org
COMPUTER SCIENCE & ENGINEERING
(Approved by AICTE)

ATTENDANCE

Event Name: Session on '*Role of Positive Mental Health and Wellness in Career Formation*'
Venue: MMM **Date:** 02.01.24/04.01.24 **Time:** 10:00 AM

S.No.	Name	Branch	Year	Signature
1	Rishabh Shah	Btech (CSE)	2023 - 24	
2	Rishikesh Kumar	B.Tech (EEE)	2023 - 24	Rishikesh
3	Amit Kumar	B.Tech (EEE)	2023 - 24	Amit kr
4	Rohit Kumar	B.Tech (EEE	2023 - 24	Rohit Kr.
5	Yasin	B.Tech EEE	2023-24	
6	Arpan Chaudary	B.Tech EEE	2nd 2023-24	Arpan
7	Golu Kumar	B.Tech EEE	2nd 2023-24	Golu kr
8	Ashwin Chaudhary	B.Tech CSE	2023-24	
9	ARCHIT RANA	B.Tech CSE	2023-24	AR
10	Shivank Tyagi	Btech CSE	2023-24	Shivank
11	Tushar Gupta	Btech CSE	2023-24	Tushar
12	Iramzaib Ahmed	B.Tech EEE	2023-24	
13	SAHIL UMAR	B.TECH (CSE)	2023 - 24	SAHIL UMAR
14	Bivek kumar shah	B. " "	" " "	
15	Prakash Kumar	B.Tech (CSE)	2023-24	
16	Abhishek Pawar	B.Tech (CSE)	" "	AP.
17	Kishan Kumar	B.Tech (CSE)	2023-2024	
18	Bhavik Singh	B.Tech (CSE)	" "	
19	Dishant Sharma	B.Tech (CSE)	"	Dishant
20	Shubham Kumar Tyagi	B.Tech (CSE)	2023 - 24	
21	RUHUL HUSSAIN KHAN	B.Tech CSE	2023-24	
22	Rohan Tyagi	B.Tech (CSE)	2023-24	R Tyagi
23	Harshit Kr. Singh	B.Tech (CSE)	2023 - 24	
24	Harshit tyagi	B.Tech (CSE)	2023-24	
25	Nitesh Singh Kushwaha	B.Tech (CSE)	2023 - 24	
26	Shakhar	B.Tech (C.S.E)	2023-24	
27	Lakshaya Kapil	B.Tech (C.S.E)	2023-24	
28	Mukesh Kumar	B.Tech (I.T)	2023-24	
29	Vishwadeep Kumar	B.Tech (EEE)	2023-24	
30	Sudhir Kumar	B.tech (E.E.E)	2023-2024	Sudhir kr.

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E-mail: hodcsit.site@gmail.com, website: www. subharti.org

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ATTENDANCE

Event Name: Session on '*Role of Positive Mental Health and Wellness in Career Formation*'
Venue: MMM **Date:** 02.01.24/04.01.24 **Time:** 10:00 AM

S.No.	Name	Branch	Year	Signature
31	Ankush -kumar	B.Tech (cs.e)	2023-24 1st	Ankush
32	Nikhil kumar	B.Tech (ME)	3rd	Nikhil Kr.
33	Ranjan Kumar	B.Tech (ME)	3rd (a.	Ranjan Kr
34	Atul kumar	B.Tech	3rd	Atul kumar
35	Puskar Pusp	B.Tech	3rd	Ruparja
36	Esha Rani	B.Tech (CSE)	3rd	Eshabani
37	Jubi Kumari	B.Tech (IT)	3rd	Jubi Ku
38	Chhoti kumari	B.Tech (IT)	3rd	Chhoti kumari
39	Pushpendra Raghav	BTech (I.T)	3rd	Raghav
40	Samarth	B.Tech (I.T)	3rd	Samarth.
41	Tahseen	B.Tech (I.T)	3rd	Tahseen
42	Raughan Gupta	B.Tech (I.T)	3rd	Raghav
43	Krishna murari kumar	BTech (CSE)	1st	Krishna murari
44	Golu kr sah	B.Tech (CSE)	1st	Golu Sah
45	Amrit Raj	B Tech (CSE)	1st	Amrit Raj
46	Anand kumar	B.Tech (CSE)	1st	Anand K
47	Sachin kumar	B.Tech (CSE)	1st	Sachin kr
48	Angad Kumar	B.Tech (C.S.E)	1st	Angad Kumar
49	Guddu Kumar	" C.S.E	1st	Guddu Kumar
50	Aman Raj	" C.S.E	1st	Aman Raj
51	Abhishek Kumar Singh	B.Tech CSE	1st	Abhishek Kr singh
52	Amarjeet kumar	B.tech CS.E	1st	Amarjeet Kumar
53	Aman Kumar	B.Tech CSE	1st	Aman kumar
54	Akash Raj	B.Tech CSE	1st	Akash Raj
55	Avinash Kumar	B.tech CSE	1st	Avinash kumar
56	Anurag kumar	B.Tech CSE	1st	Anurag kumar
57	Ankit Kumar Singh	B.Tech CSE	1st	Ankit kumar Singh
58	kumar Nagesh	B.Tech CSE	1st	kumar Nagesh
59	Nishu Raj	B.Tech (CSE)	1st	Nishu Raj
60	Md Furkan Alam	B.Tech (CSE)	1st	Md Furkan Alam

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ATTENDANCE

Event Name: Session on '*Role of Positive Mental Health and Wellness in Career Formation*'
Venue: MMM **Date:** 02.01.24/04.01.24 **Time:** 10:00 AM

S.No.	Name	Branch	Year	Signature
61	Aditya Pathania	C.S.E	1st	
62	Chandan Vyas	C.S.E	1st	Chandu
63	Divya pratap	CSE	4th	
64	Gaurav Kumar	CSE	4th	Gaurav
65	Aditi	CSE	1st	Aditi
66	Shagun	CSE	1st	
67	Priyanka Nayak	CSE	4th	Priyanka
68	Chadwik Rahul	CSE	4th	Chadwik
69	Nitish Panwar	CSE	1st	
70	Aryan Panwar	CSE	1st	
71	Aditi Rao	CSE	1st	
72	Akshish	C.S.E	1st	Akshish
73	Nikhil	C.S.E	1st	Nikhil
74	Sameer ansari	C.S.E	1st	Saneer ansari
75	Jatin Yadav	C.S.E	1st	Jatin Yadav
76	Ravi Kumar Yadav	C.S.E	1st	Ravi kumar
77	Vansh	C.S.E	1st	Vansh
78	Shubham Yadav	C.S.E	1st	Shubham Yadav
79	Prabhat Kumar	"	"	
80	Kaveri Kumari	CSE	1st	Kaveri
81	Pratham Kumar	CSE	1st	Pratham
82	Ravi Kumar	CSE	1st	Ravi
83	Satyam Singh	CSE	1st	Satyam
84	Aditya Kumar	CSE	1st	
85	Ankit Kumar	CSE	1st	
86	Zoya Khan	CSE	1st	Zoya
87	Shreya pingal	CSE	1st	
88	Saurabh Kumar	CSE	1st	
89	Utkarsh Tiwari	CSE	1st	
90	Akash deep-kumar	CSE	1st	Akashdeep-kumar

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ATTENDANCE

Event Name: Session on '*Role of Positive Mental Health and Wellness in Career Formation*'
Venue: MMM **Date:** 02.01.24/04.01.24 **Time:** 10:00 AM

S.No.	Name	Branch	Year	Signature
91	Abishek Kumar	CSE	1st	Abishek
92	Chandan Kumar	CSE	1st	Chandan
93	Manjesh Kumar	CSE	1st	Manjesh
94	Deepaly Kumari	CSE	1st	Deepaly
95	Liza Kumari	CSE	4th	
96	Sanjhit	IT	4th	
97	Shivani	CSE	4th	Shivani
98	HARSH SHARMA	CSE	4th	
99	Shubham Rana	CSE	4th	
100	Nikhil Gaur	CSE	4th	Nikhil Gaur
101	Kumar Abhinav	CSE	4th	
102	Ankit Singh	C.S.E	1st	Ankit Singh
103	Abhinav Raj	CSE	1st	
104	Ahmad Razi	C.S.E	1st Year	Ahmadrazi
105	Ayush kumar	C.S.E	1st year	
106	Lakshay Sharma	C.S.E	1st year	
107	Priyanshu malik	C.S.E	1st year	
108	Niranjan kumar	CSE	1st	Niranjan kumar
109	om Raj	CSE	1st	Om Raj
110	Ajay kumar	C.SE	1st	Ajay Kumar
111	Akshay kumar	CSE	1st	Akshay ku.
112	Adarsh kumar	C.SE	1st	Adarsh ku.
113	Nitish kumar tiwari	CSE	1st	Nitish
114	Nitish Kumar singh	CSE	1st	
115	Sushant Bhaiwal	CSE	1st	Sushant Bhai
116	Alok Kumar	CSE	1st	Alok Kumar
117	MANISH KUMAR	CSE	1st	manish kumar
118	Awadhesh singh	CSE	1st	Awadhesh
119	Khushi rani	CSE	1st	Khushi rani
120	Ganesh Kumar Ray	CSE	1st	Ganesh Kumar ray
121	Himanshu raj	CSE	1st	Himanshu raj
122	Brijesh Kumar	"	"	Brijesh
123	Amarjot Kumar	"	"	Amarjot

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY
SUBHARTI INSTITUTE OF TECHNOLOGY & ENGINEERING
Subhartipuram, NH-58 Delhi-Haridwar Bypass Road, Meerut -250 005
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COMPUTER SCIENCE & ENGINEERING
(Approved by AICTE)

REPORT
Session on '*Wellness*'

Objective: To motivate the students to cope up from failure and to educate them that life does exist after life.

A session on wellness of the mind and body with the theme 'Life after Life-Proved Scientifically' was conducted by the Computer Science Engineering Department of Faculty of Engineering & Technology, SVSU by the aegis of Wellness Centre, SVSU.

Dr. Rahul Bansal, Professor & Advisor Community Medicine, SMC and Head of the Wellness Centre, SVSU was the Resource Person. He started the session by motivating the students. Dr. Bansal gave certain proof that life does not come to an end, death is just a comma.

The students were given tips to cope up with failure and were told that one should be satisfied with what we have been given.

After the session, the students were told to ask questions. Dr. Bansal gave satisfactory answers to the queries of students.

Dr. Bansal was accompanied by his interns, Dr. Tushar Malik, Dr, Kartikaey Tomar & Dr. Mortues Lavi.

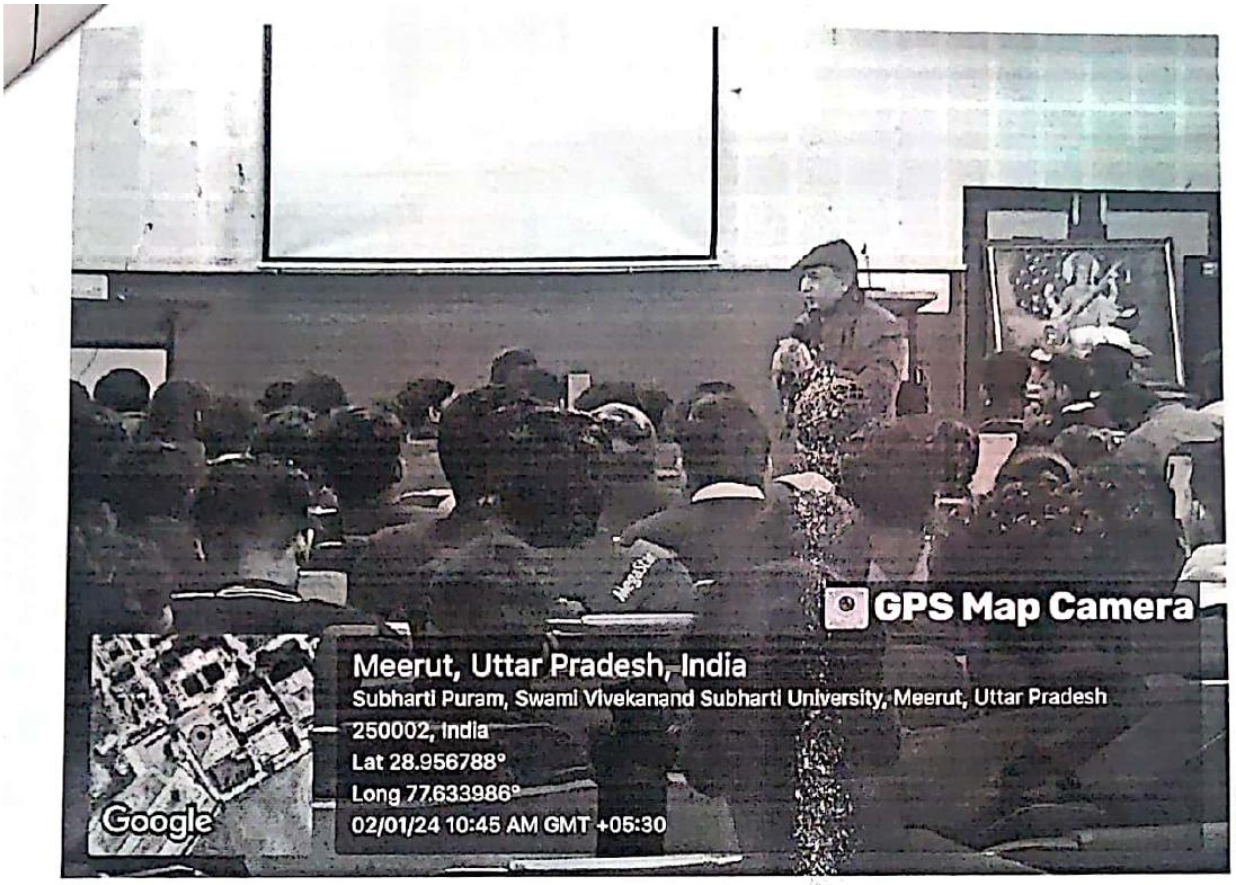
The session was made successful in the presence of Prof.(Dr.) Shravan Kumar Garg, Dean, Faculty of Engineering & Technology, Dr. Archita Bhatnagar, Associate Professor, Computer Science Engineering, Er. Ravi Agrawwal, Assistant Professor, Electrical & Electronics Engineering, Mr. Amardeep, Computer Science Engineering Department.

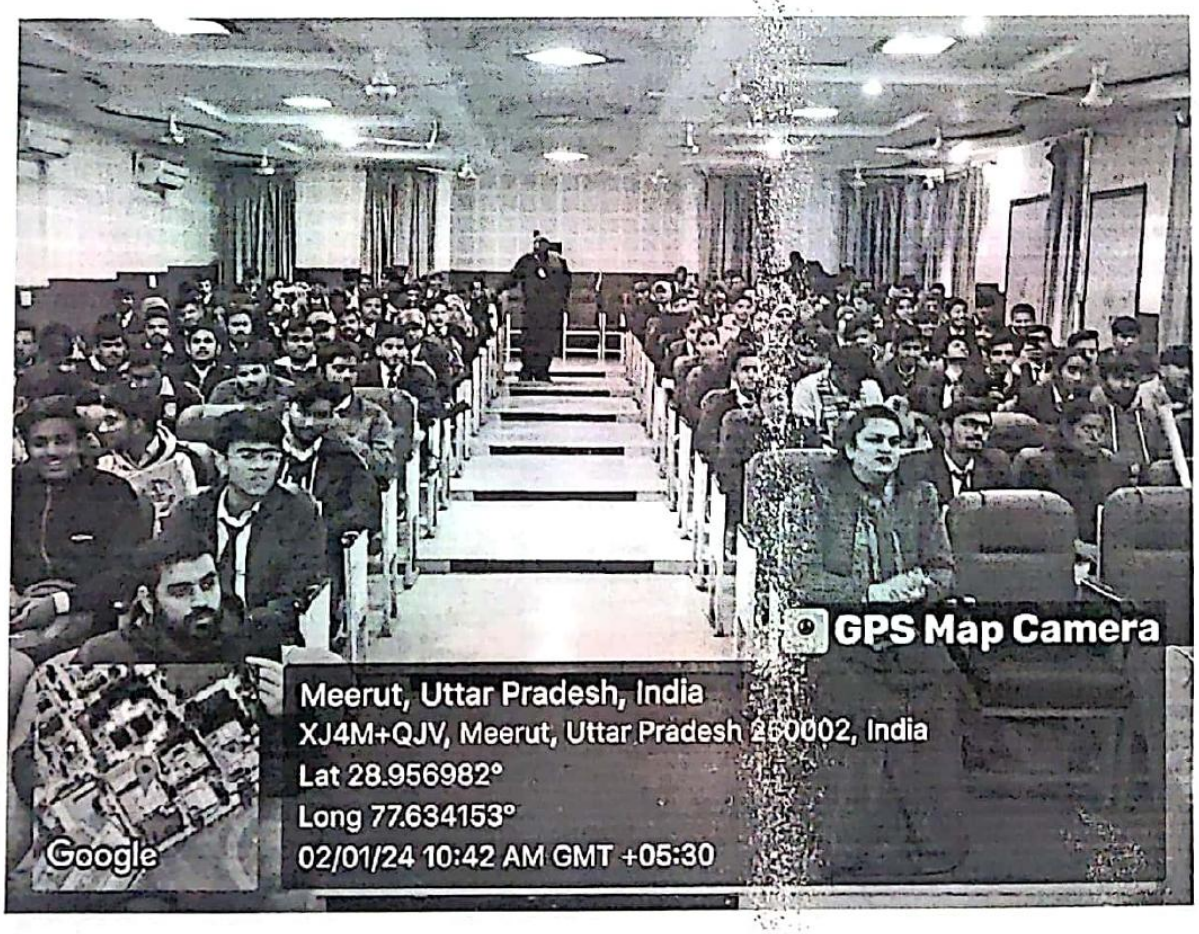
123 students were benefitted from the event.

Outcome: The students were given scientific proof that life exist after life and they were motivated to cope up with failure.

Dr. Archita Bhatnagar

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Approved by UGC | Where Education is a Passion...

Faculty of Pharmacy
(Estd. 2009)

NAAC A

Where Education is a Passion ....
Faculties of the University:

- Faculty of Dental Sciences (Estd. 1996)
- Faculty of Physiotherapy & Allied Health Sciences (Estd. 1999)
- Faculty of Medicine (Estd. 2000)
- Faculty of Nursing (Estd. 2000)
- Faculty of Law (Estd. 2002)
- Faculty of Engineering & Technology (Estd. 2005)
- Faculty of Management & Commerce (Estd. 2007)
- Faculty of Education (Estd. 2008)
- Faculty of Pharmacy (Estd. 2009)
- Faculty of Fine Arts (Estd. 2009)
- Faculty of Arts & Social Science (Estd. 2009)
- Subharti Polytechnic College (Estd. 2010)
- Faculty of AYUSH (Estd. 2011)
- Faculty of Science (Estd. 2013)

Office of the Principal &Dean

Ref.No: Pharmacy/Staff/01/2024/2700
Dated :-08-01-2024

Notice

This is inform to all the faculties, Non-Teaching Staff and Students that a wellness session on "Role of Yoga & Spirituality in human health" will be organized on 12th January 2024.

The Details of programme as Follows:

Venue – KSCP
Date – 12-01-2024
Time – 10:30 AM
Resource Persons– 1. Dr. Rahul Bansal (Prof. Community Medicine SMC, Meerut)
2. Shri Kuldeep Naryan (Sanskriti Department)

Prof. (Dr.) Sokindra Kumar
Principal & Dean

PRINCIPAL
Kharvel Subharti College of Pharmacy
Subharti Puram, Meerut

0121 6678 000
Subhartipuram, NH-58, Delhi-Haridwar Bypass Road, Meerut-250005
www.subharti.org

Report on Wellness Session on "Role of Yoga & Spirituality in Human Health"

Title of the Activity	Wellness Session on "Role of Yoga & Spirituality in human health"	Level of Program (State/ National/ International etc.)	Institutional
FocusedArea	Spirituality and yoga	Date of Activity	12-01-2024
ActivityOrganizedBy	Faculty of Pharmacy	Day	Friday
NameoftheAssociatedFaculty/College/Department/Outside Agency	Wellness Center SVSU, Meerut	Time	10:30AMTO 01:30PM
Name of Resource person	**RESOURCE PERSONS** 1. Dr. Rahul Bansal 2. Shri Kuldeep Naryan	Venue	Seminar Hall, Faculty of Pharmacy SwamiVivekanand Subharti University, Meerut U.P)
Total Participants	48	Organizing Coordinator(s)	• Dr. Rupesh Kumar Pandey
Students	10	Report Prepared by	• Dr. Rupesh Kumar Pandey
Teachers	20		
Non-Teaching Staff	18		
Others(Specify)	-		

Objective of the Activity:

- To sensitize students, academicians and nonteaching staff about the role of yoga and spirituality in their daily life.
- To strengthen the mental level of all the participants through the Yoga and Spirituality practices.

Description:

A wellness session was conducted by faculty of pharmacy in association with wellness center SVSU, Meerut on the auspicious day of swami Vivekanand jayanti dated 12/01/2024. The programme was graced by the resource persons Dr. Rahul Bansal, Professor Community medicine & Chairman Wellness Committee of SVSU, meerut and shri Kuldeep Naryanji, Sanskriti Department SVSU, Meerut. The programme was started with lamp lighting. After that the resource person was welcomed

by the Dr. Sokindra Kumar, Professor & Dean, Faculty of Pharmacy and Dr.Lubhan Singh, Professor & Head department of Pharmacology. The first lecture was delivered by Shri kuldeep Naryanji in that he discussed about the life of Swami Vivekanandji and his thoughts with regards to yoga and spirituality. The second lecture was delivered by Dr. Rahul Bansal sir in that he explained how one can improve or maintain the good health. He also elaborated many examples for better understanding of yoga and spirituality practices. At last the vote of thanks given by Dr. Rupesh Kumar Pandey. Programme was well managed by stage committee Ms. Neeru singh and Ms. Priyadarshini Soni.

Outcomes of the Activity:

The outcome of the activity as follows:

- Participants understand the role of yoga and spirituality in health.
- Participants understand the best practices and they will also disseminate the same in their society.

Participant's feedback:

The feedback was taken at the end of the session.

Glimpse of wellness session "Role of Yoga & Spirituality in Human Health"



Lamp Lightening



Lecture by Shri Kuldeep Naryanji



Lecture by Dr. Rahul Bansal



Felicitation of Dr. Rahul Bansal



Felicitation of Shri Kuldeep Naryanji



Participants in the session

Dr. Rupesh Kumar Pandey
Coordinator

Dr. Sokindra Kumar
Prof. & Dean
Faculty of Pharmacy

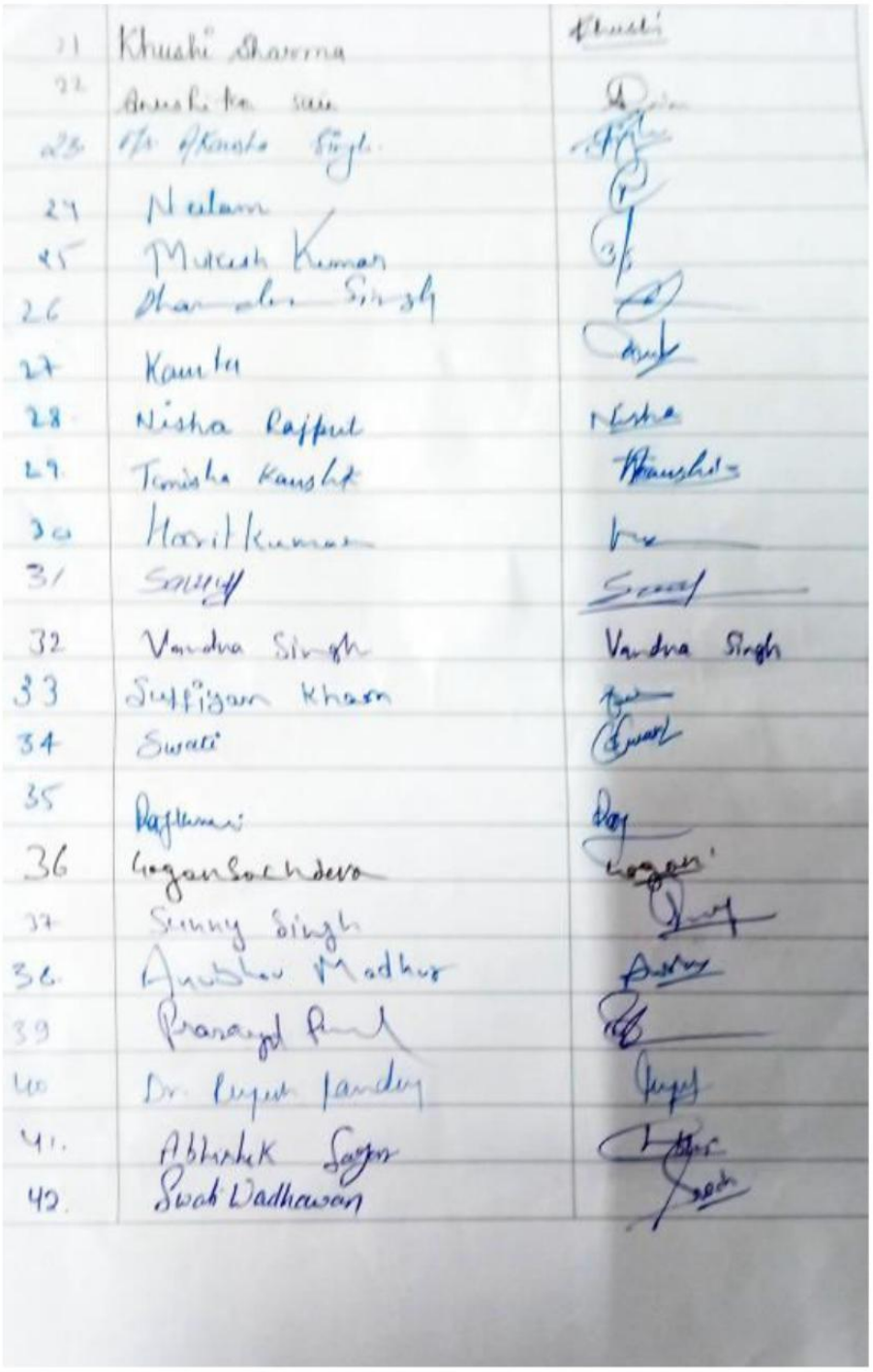
KHARVEL SUBHARTI COLLEGE OF PHARMACY

Wellness Session on Role of Yoga & Spirituality in Human Health

List of Participants

Date: 12-01-2023

Sr. No.	Name	Signature
1	Dr GANESH P. MISHRA	
2	Dr Lubhan Singh	
3	Dr Mukesh Kumar Pathak	
4	Dr Vaishali Pal	
5	Nandini Sharma	
6	Anil Kotha	
7	Mukesh Kumar	
8	Gyanendra Tripathi	
9	Vandna	
10	ASHU	
11	Nishant Pal	
12	Yash Pandat	
13	NITIN Sharma	
14	Om Narayan singh	
15	Prince	
16	UJJWAL Thakur	
17	Sakshi Mishra.	
18	Rahul	
19	[illegible]	
20	[illegible]	



21	Khushi Sharma	Khushi
22	Anushka sain	
23	Ms Akanksha Singh	
24	Nadeem	
25	Mukesh Kumar	
26	Harendra Singh	
27	Kavita	
28	Nisha Rajput	Nisha
29	Tanisha Kaushik	Tanishka
30	Harit Kumar	
31	Sanjay	Sanjay
32	Vandna Singh	Vandna Singh
33	Sufiyan Khan	
34	Swati	
35	Rajkumari	
36	Gogan Sachdeva	Gogan
37	Sunny Singh	
38	Anubhav Madhur	
39	Prakash	
40	Dr. Rajesh Pandey	
41	Abhishek Sagar	
42	Swati Wadhawan	

43	Dr. Kunal Arora	
44	Sanjay AH	Sanjay
45	Ms. Neeru Singh	
46	Ms Priyadarshini Soni	
47.	Anuj Kumar	Anuj
48	Vikrant Singh	Vikrant

REPORT ON:- Sensitization programme

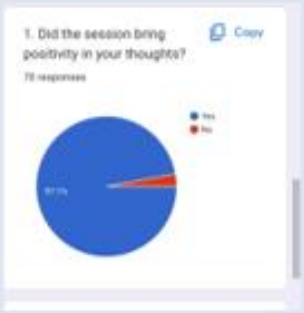
Title of the Activity	Sensitization Lecture on "Wellness & Spirituality"	Level of Program (State/National/International etc.)	Regional
Focused Area	Awareness and Human Values	Date of Activity (From-To) (DD/MM/YYYY)	17.01.2024
Activity Organized By	Dept. of Oral Medicine and Radiology	Day	Wednesday
Name of the Associated Faculty/College/Department/Out side Agency	Subharti Dental College and Hospital	Time	8:30 to 9:30
Name and address of Guest Speaker	Dr. Rahul Bansal, Subharti Medical College	Venue	Faculty of Dental Sciences
Total Participants	124	Organizing Coordinator(s)	Dr. Nagaraju Kamarthi
Students	91	Report Prepared by	Dr. Khushboo Bhalla
Teachers	33		
Non-Teaching Staff			
Others (Specify)			

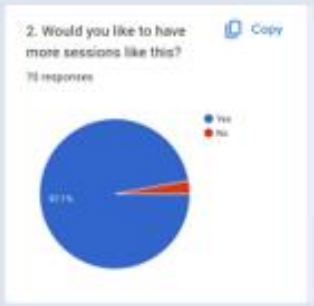
Objective of the Activity: To enhance spiritual wellbeing among faculty and post graduates

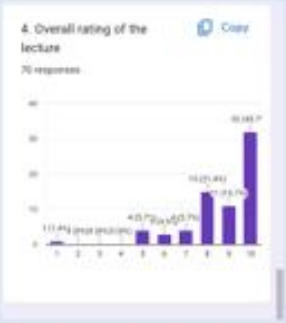
Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Wellness and Spirituality" for Dental faculty and post graduates under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speaker was Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained how wellness and spirituality goes hand in hand. Also, apart from physical and mental health, spiritual wellness also plays a pivotal role in life and how it adds sense of purpose and meaning in life, including one's morals and ethics. He also exhibited various books written on spirituality by renowned authors around the world.

Outcome of the Activity: The faculty and post graduates showed full enthusiasm and participated whole heartedly. They were motivated and inspired by the lecture.

Analysis of Participant's Feedback: The faculty members along with post graduates find it a very insightful and motivational session. They agreed that the lecture enhanced positivity in their thoughts and suggested that similar type of lectures should be conducted in future. Their overall experience was good.







Pictures of the Activities (Geotagged):



{Dr. Nikhil Srivastava felicitating Dr. Rahu Bansal}



(Dr. Rahul Bansal interacting with students)



{Books displayed by Dr. Rahul Bansal}

Coordinator

[Dr. K. Nagaraju]
Professor & HOD

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Department of Home Science
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Email ID- hsc@subharti.org, Website – www.subharti.org, Contact No. 91-9639010541
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Ph. 0121-2439578, 2439052, 3058031, Ext. 2804, Telefax: 0121-2439067 e-mail:hsc@subharti.org

Ref.no/H.Sc./Notice/2023-24/ 831 (A) **Date: 25/03/2024**

NOTICE

Clearing the Cognitive Clouds: A Training Program on Distortion Awareness

Dear Students,

Shaheed Baba Deep Singh is organizing a training program titled **"Clearing the Cognitive Clouds: A Training Program on Distortion Awareness"**.

Date: 27/3/2024
Time: 11:00 AM to 2:00 PM
Venue: Conference Hall, Department of Home Science

For further details, please contact Dr. Shalu Nehra.

We encourage everyone to participate and gain valuable insights into cognitive distortions and strategies for overcoming them.

Best regards,

25/03/24

Dr. Shalu Nehra
Coordinator
Shaheed Baba Deep Singh Department of Home Science, FASS

Dr. Nishma Singh
HOD, Assoc. Prof.

HEAD
DEPARTMENT OF HOME SCIENCE
S. V. Subharti University, Meerut

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REPORT ON
Clearing the Cognitive Clouds: A Training Program on Distortion Awareness

Title of the Activity	Clearing the Cognitive Clouds: A Training Program on Distortion Awareness	Level of Program (State/National/International etc.)	Departmental
Focused Area	Participatory Learning, Awareness	Date of Activity	27/3/2024
Activity Organized By	Shaheed Baba Deep Singh Department of Home Science	Day	Wednesday
Name of the Associated Faculty/College/Department/Outside Agency	-	Time	11:00 AM to 2:00 PM
Name and address of Guest Speaker	-	Venue	Seminar Hall, Department of Home Science
Total Participants	18	Organizing Coordinator(s)	Dr. Shalu Nehra
Students	17	Report Prepared by	Dr. Shalu Nehra
Teachers	01		
Non-Teaching Staff	-		
Others (Specify)	-		

Objective of the Activity:

The primary objective of this training program was to increase awareness about cognitive distortions and to equip participants with practical strategies to identify and overcome these distortions in their thought processes.

Description:

The training program, organized by Shaheed Baba Deep Singh, was held in the Conference Hall of the Department of Home Science. The session was led by Dr. Shalu Nehra, a subject expert, and was attended by 17 students. The program included a series of interactive discussions, practical exercises, and theoretical insights into cognitive distortions and their impact on mental well-being.

Outcome of the Activity:

The training program successfully achieved its objective by enhancing participants'

understanding of cognitive distortions. Students were able to identify common cognitive distortions in themselves and others, and they learned effective techniques to challenge and alter these distortions. Feedback from participants indicated a significant improvement in their awareness and practical skills for managing cognitive distortions.

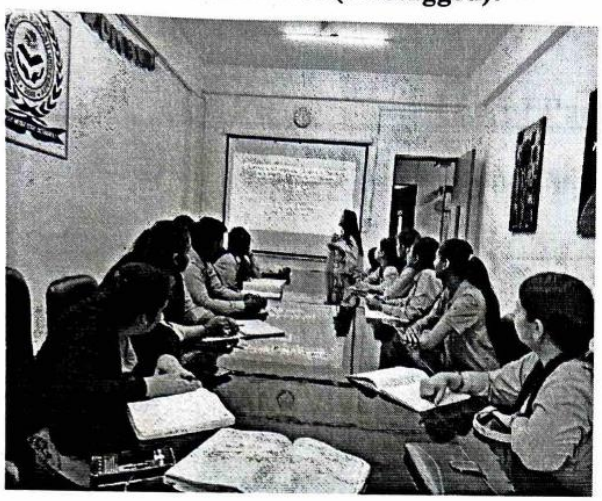
Conclusion:

The "Clearing the Cognitive Clouds" training program was a valuable educational experience for the attendees. The session provided important insights into cognitive distortions and offered practical solutions for improving mental resilience. Dr. Shalu Nehra's expert guidance played a crucial role in the success of the program. The participation of 17 students reflects the relevance and interest in such training, and the positive outcomes suggest that similar programs could be beneficial in the future.

HEAD
DEPARTMENT OF HOME SCIENCE
S. V. Subharti University, Meerut

SHAHEED BABA DEEP SINGH
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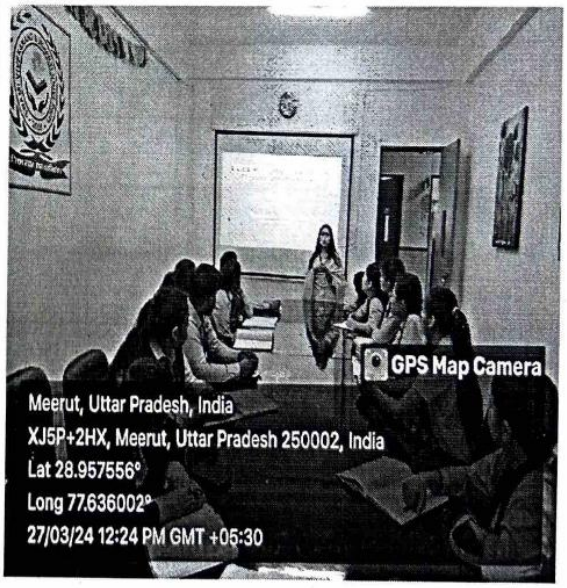
Pictures of the Activities (Geotagged):





Engaged participants deep in discussion during the 'Clearing the Cognitive Clouds' training program





Dr. Shalu Nehra addressing the attendees with expert insights on managing cognitive distortions

Dr. Shalu Nehra
Coordinator

Dr. Nishma Singh
HOD, Assoc. Prof.

Shaheed Baba Deep Singh Department of Home Science, FASS

HEAD
DEPARTMENT OF HOME SCIENCE
S. V. Subharti University, Meerut

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Date: 27.03.2024

List of Participants

Clearing the Cognitive Clouds: A Training Program on Distortion Awareness

S. No.	Name of the Faculty and Students
1.	Dr. Shalu Nehra, Faculty
2.	Arushi Gupta
3.	Neha
4.	Rashmi Chaudhary
5.	Neha
6.	Aakanksha Tomar
7.	Shivani
8.	Lily
9.	Neha
10.	Afaki
11.	Anisha Gaur
12.	Aarya Jain
13.	Aadhya
14.	Vaishnavi
15.	Mampuii
16.	Harshita
17.	Khushboo

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	Vrinda

HEAD
DEPARTMENT OF HOME SCIENCE
S. V. Subharti University, Meerut

Dr. Shalu Nehra
Coordinator

Dr. Nishma Singh
HOD, Assoc. Prof.

Shaheed Baba Deep Singh Department of Home Science, FASS

Subharti Dental College & Hospital

Recognized by Govt. of India, Ministry of Health & Family Welfare, Govt. Letter No. V.12017/22/96-PMS(Pt.II)
Website: dental.subharti.org, e-mail: dental@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2012, 2003), Telefax: 0121-3058030, 2439067
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REPORT ON:- Sensitization programme

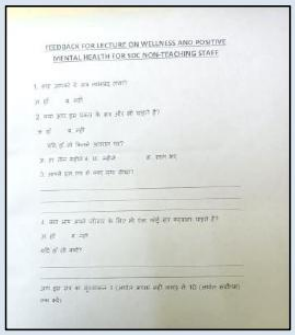
Title of the Activity	Sensitization Lecture on "Wellness & Positive Mental Health"	Level of Program (State/National/International etc.)	Regional
Focused Area	Awareness and Human Values	Date of Activity (From-To) (DD/MM/YYYY)	09.04.2024 & 10.04.2024
Activity Organized By	Dept. of Oral Medicine and Radiology	Day	Tuesday and Wednesday
Name of the Associated Faculty/College/Department/Outside Agency	Wellness center, SVSU	Time	10:00 am to 11:00 am
Name and address of Guest Speaker	Dr. Rahul Bansal, Subharti Medical College	Venue	Faculty of Dental Sciences
Total Participants	89	Organizing Coordinator(s)	Dr. Nagaraju Kamarthi
Students	0	Report Prepared by	Dr. Khushboo Bhalla
Teachers	0		
Non-Teaching Staff	89		
Others (Specify)			

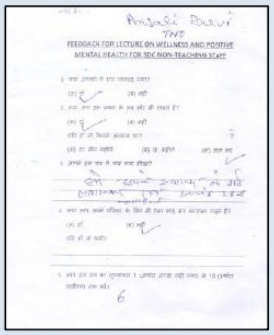
Objective of the Activity: To enhance emotional & mental wellbeing among non-teaching staff.

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Wellness and Positive Mental Health and its Role in personal and professional life" for non-teaching staff of SDC under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speaker was Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained the benefits of maintaining a positive approach towards life, how one should handle stress and understanding the value of having a high spiritual and emotional quotient. Also, apart from physical and mental health, spiritual wellbeing also plays a pivotal role in life and how it adds sense of purpose and meaning in life, including one's morals and ethics.

Outcome of the Activity: The staff found it an interesting interaction. They were motivated and inspired by the lecture. They agreed that further such session should be conducted and should include their family members.

Analysis of Participant's Feedback: The non-teaching staff members found it a very inspiring session. Their overall experience was good.


FEEDBACK FOR LECTURE ON WELLNESS AND POSITIVE MENTAL HEALTH FOR SDC NON-TEACHING STAFF


FEEDBACK FOR LECTURE ON WELLNESS AND POSITIVE MENTAL HEALTH FOR SDC NON-TEACHING STAFF

Pictures of the Activities (Geotagged):



(Dr. Rahul Bansal interacting with staff)



{Team of Wellness center)

Coordinator

[Dr. K. Nagaraju]
Professor & HOD

JyotiraoPhule Subharti College of Physiotherapy
Recognized by U.P. State Medical Faculty, Lucknow and Indian Association of Physiotherapists
Ph.: 0121-2439043 / 52 (Extn: 3552, 3551), Telefax: 0121-3058030, 2439067
A constituent college of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

REPORT OF WORKSHOP ON "ROLE OF POSITIVEMENTAL HEALTH AND WELLNESS IN CAREER FORMATION"

Title of the Activity	"Role of Positive Mental Health and Wellness in Career Formation"	Level of Program (State/National/International etc.)	College Level
Focused Area	Carrier Oriented	Date of Activity (From-To) (DD/MM/YYYY)	25/04/ 2024
Activity Organized By	Wellness Center	Day	Thursday
Name of the Associated Faculty/College/Department/ Outside Agency	JyotiraoPhuleSubharti College of Physiotherapy	Time	12:00 PM- 2:00 PM.
Total Participants	101	Venue	Seminar Hall, Ground Floor, JRPSCPT
Students	95	Organizing Coordinator(s)	Dr. Uzma Khan
Teachers	06	Report Prepared by	Dr. Ishika Saxena

Objective of the Activity:

- To aspire students to become successful and trust the process.
- To guide students about the importance of positive mental health on well-being and how it impacts all spheres of our lives.
- To encourage students to share their views and problems and be vocal o about what is hampering their young minds.
- To spread message of feel confident in their own and improve quality of life.

Description:

A workshop was organized for the students of BPT Batch 2023 (first year) on 25/04/2024 by Wellness Center, SVSU in JRPSCPT in Seminar Hall, Ground floor from 12:00pm to 2:00pm on topic "Role of Positive Mental Health & wellness in career formation". A total no. 95 students attended the workshop. The resource person were Prof (Dr) Rahul Bansal, Chairman of Wellness Center and Dr. Seema Sharma, Clinical Psychologist.

The purpose of the workshop was to aware students about the importance of positive mental health on well-being and its role in career formation. The session was made joyous by our resource person's singing followed by a quiet session where we were made to focus on our breathing and relaxing our mind.

The session was concluded with a vote of thanks given by Dr. Uzma Khan, Wellness Co-ordinator. The session was made possible by substantial support of Dr. Jasmine Anandabai, Dean & Principal, JRPSCPT and co-operation of all the students and teaching and non-teaching staff.

Outcome of the Activity:

- Students enjoyed and felt relaxed after attending the session.
- They were encouraged and determined to seek help and vocalizing about their problems without depressing the mental health.

GLIMPSE OF THE EVENT



Prof (Dr) Rahul Bansal, Chairman, Wellness Center



Dr. Seema Sharma , Clinical Psychologist

Report on Wellness Session on "Role of Positive Mental Health and Wellness in Career Formation" held at Subharti Polytechnic College on 3rd May 2024.

Workshop Details:

- **Event Title**: Workshop on "Role of Positive Mental Health and Wellness in Career Formation"
- **Organized By**: Subharti Polytechnic College, SVSU, Meerut
- **Date**: May 03rd , 2024

Objectives:

1. **Moral and Ethical Development**:
   The workshop aimed to facilitate moral and ethical development through positive mental health for both students.
2. **Promoting Positive Mindset**:
   Participants explored the concept of a "positive and healthy mindset" in the context of career formation.

Key Highlights:

- **Inauguration**:
  - Dr. Rahul Bansal, Chairman of the Wellness Center at SVSU Meerut, emphasized that wellness encompasses a healthy body, mind, and soul. Speaker also discussed how positive mental health energizes career preparation and makes goals more achievable.
- **Connection Between Mental Health and Careers**:
  - They also highlighted the crucial role of well-being in shaping career trajectories.
  - In today's competitive world, mental health significantly influences career success.
- **Keynote Speakers**:
  - Dr. Rahul Bansal delivered engaging talks with students and a questionnaire session was also held in the end.
  - The discussion on **near-death experiences (NDEs)** was particularly very interesting.
  - Attendees learned about NDE phases, their impact, and the survival of the mind even in life-threatening situations.
  - Speaker also motivated to students in between several times with his melodious voice by singing very inspiring and spiritual songs.
- **Gratitude**:
  - Dr. S.C Tiwari, Professor, (Department of Electrical Engineering, SPC Meerut) and Er. Himanshu Agarwal (Academic Coordinator, SPC Meerut) expressed heartfelt gratitude to guests, speakers, faculty, and the organizing team.

Note: This workshop provided valuable insights into the intersection of education and mental well-being, emphasizing the importance of positive mental health for successful careers

Report Compiled by

Er. Rajesh Parihar (Wellness Coordinator, SPC-SVSU Meerut)

Wellness Seminar Photographs








GPS Map Camera
Meerut, Uttar Pradesh, India
XJ4P+W3P, Meerut, Uttar Pradesh 250002, India
Lat 28.957177°
Long 77.635094°
03/05/24 12:39 PM GMT +05:30
Google

Office of the Principal & Dean Faculty of AYUSH

Dated:17th May 2024

O

REPORT
ON
"Mental Health and suicidal prevention strategies"

SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Approved By UGC
NAAC
MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature – The Future of Healthcare
Office of the Principal & Dean Faculty of AYUSH

Ref. No. NOT-333

Date: 14th May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is organizing a Guest Lecture on **"Mental health and suicidal prevention strategies"**.

All faculty and M.D Students are cordially invited to attend the session.

Dr. Rahul Bansal professor from the Dept. of Community Medicine Subharti Medical College will be the Resource person.

Activity Coordinator: Dr. Adil (Asst. professor)

Date & Day: 16th May 2024 (Thursday)
Time: 12:00 PM to 1:00 PM
Venue: Conference Hall, Naturopathy & Yoga College (MASCHNYS)

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

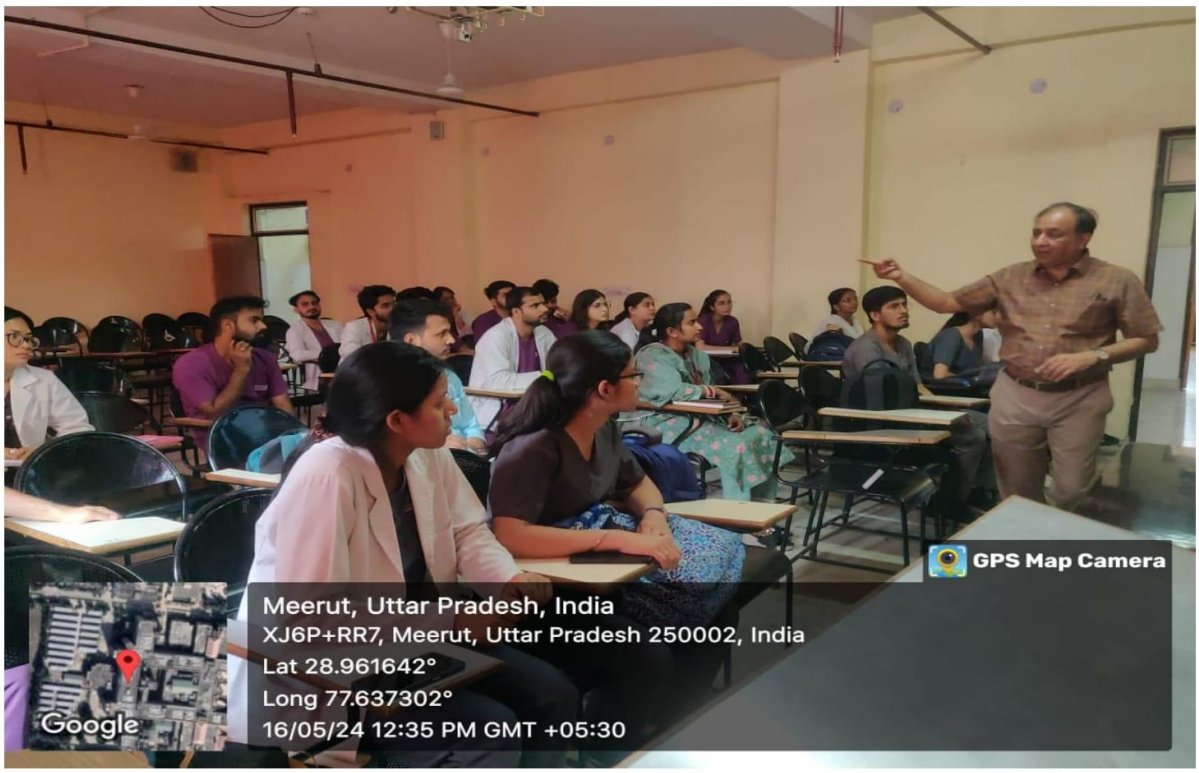
Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Extn: 3553 / 3554 /3588 | Cell: 9639010531, 9639015554, 9639011197 | E-mail :naturopathy@subharti.org | Website : www.naturopathy.subharti.org

Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a Guest Lecture on **Mental Health and suicidal prevention strategies** for all Faculty and PGs students. This session was organized on 16 May 2024 from 12:00 PM TO 1:00 PM.
- **Venue**: LT-2 Naturopathy & yoga college (MASCHNYS)
- Total Number of student participants – 31
- The session started with the Omkara mediation and deep relaxation technique to relax the mind of students by Dr. Adil (Asst. professor).
- The resource person explained unique theories about Emotions and techniques for happiness in various situations.
- During the program he also explained five key elements of Emotion: self-awareness, self-regulation, motivation, empathy, and social skills, and motivated all the faculty and students.



Office of the Principal & Dean Faculty of AYUSH





Office of the Principal & Dean Faculty of AYUSH

List of Participants:



Office of the Principal & Dean Faculty of AYUSH

Name of program: Mental Health and Suicidal prevention Strategies
Name of a Resource Person- Prof. (Dr.) Rahul Bansal
Name of Activity coordinator- Dr. Adil (Asst. professor)
Date: 16th may 2024
List of participants: 31

S. No.	Name of Participants	Batch	Remark	Signature
1.	Dr. Dharen Ajit	Faculty	Informative	
2.	Dr. Abhay.	Faculty	V. Good	
3.	Dr. Abhijith. K.B	faculty	Good.	
4.	Dr. Jyoti Madhur	faculty	V. Good.	
5.	Dr. Vaibhav Sagar	faculty	Nice.	
6.	Dr. Genesh	faculty.	Nice.	
7.	Dr. Adil	faculty	V. Useful.	
8.	Dr. Archana Anilkumar	faculty	V. Good	
9.	Dr. Neha Bharti	faculty.	V. Good	
10.	Dr. Shivangi	MD - 2023	V. Good	
11.	Dr. Navida Khan	MD - 2023	V. Good.	
12.	Dr. Shubhra Tyagi	MD - 2023	Informative	
13.	Dr. Afsheen	MD - 2022	Good	
14.	Dr. Gaurav Pathak	MD - 2022	Good.	
15.	Dr. Dhiraj Gautam	MD - 2022	Informative	
16.	Dr. Yamnava Bhafanambi	MD - 2023	"	
17.	Dr. Manisha Kumari	MD - 2023	Good	
18.	Dr. Shweta Malik.	MD - 2023	"	
19.	Dr. Ritu Arora	MD - 2023	Informative	
20.	Dr. Sant Kumar	MD - 2024	Informative	
21.	Dr. Kallol pandey	MD - 2022	Informative	
22.	Dr. Vikas	MD - 2022	"	
23.	Dr. Siddharth Yadav	JR - III	Informative	
24.	Dr. Abhaya Gurjar	JR - III	"	
25.	Dr. Abhinav Tanpowar	JR. I	Informative	
26.	Dr. Laxmen.	JR. 1.	"	
27.	Dr. Rakesh Bagoria	JR - 1	V. Good	
28.	Dr. Shailly Sharma	JR - 2	Good	
29.	Dr. Nidhi	JR - 2	Good	
30.	Dr. Bhoomika	JR - 3	Good	
31.	Dr. Kamlesh	JR - 3	V. Good	

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
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Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

Gmail Dr. Archita Bhatnagar <architabhatnagar89@gmail.com>

GROUP DISCUSSION ON "ROLE OF POSITIVE THINKING AND HEALTHY LIFESTYLE IN HAPPINESS & WELLNESS" ON 08TH JUNE 2024 reg.

SITE SUBHARTI <engineering@subharti.org> Wed, Jun 5, 2024 at 3:41 PM
To: archita bhatnagar <architabhatnagar89@gmail.com>

---------- Forwarded message ----------
From: Rahul Bansal <rbansal13579@gmail.com>
Date: Wed, Jun 5, 2024 at 3:34 PM
Subject: Re: GROUP DISCUSSION ON "ROLE OF POSITIVE THINKING AND HEALTHY LIFESTYLE IN HAPPINESS & WELLNESS" ON 08TH JUNE 2024 reg.
To: SITE SUBHARTI <engineering@subharti.org>

Thank you for your mail.
I will be available on date.

On Wed, 5 Jun, 2024, 3:24 pm SITE SUBHARTI, <engineering@subharti.org> wrote:

---------- Forwarded message ----------
From: SITE SUBHARTI <engineering@subharti.org>
Date: Wed, Jun 5, 2024 at 10:26 AM
Subject: GROUP DISCUSSION ON "ROLE OF POSITIVE THINKING AND HEALTHY LIFESTYLE IN HAPPINESS & WELLNESS" ON 08TH JUNE 2024 reg.
To: Rahul Bansal <drrahulbansalzp@gmail.com>
Cc: IQAC <iqac@subharti.org>, archita bhatnagar <architabhatnagar89@gmail.com>

ind !

Sir,

1. Faculty of Engineering & Technology in collaboration with IQAC wants to organize a Group discussion on **"Role of Positive thinking and healthy lifestyle in happiness & wellness"** for the faculty members of FET.

2. This is an activity to achieve sub criteria 7.1.8 of NAAC AQAR which describe the institutional efforts/ initiatives in providing an inclusive environment i.e. tolerance and harmony towards cultural, regional, linguistic, communal, socioeconomic and other diversities.

Venue : MMM Auditorium, FET.
Date : 08th June 2024 (Saturday)
Time : 10:00 AM onwards.

3. You are cordially invited as resource person to enable benefit to the attendees. Please give your consent for conducting above programme.

4. You are also requested to accompany a person from concerned department for conducting a Relaxation Technique programme.

Thanks and regards.

-

Prof.(Dr.) Manoj Kapil
Dean
Faculty of Engineering & Technology
Swami Vivekanand Subharti University
P 9639010623, Extn. 2701
E engineering@subharti.org
Subhartipuram, NH-58, Delhi-
Haridwar Bypass Road, Meerut, U.P
www.subharti.org

-

(INVITE)

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Gmail

Dr. Archita Bhatnagar <architabhatnagar89@gmail.com>

GROUP DISCUSSION ON "ROLE OF POSITIVE THINKING AND HEALTHY LIFESTYLE IN HAPPINESS & WELLNESS" ON 08TH JUNE 2024 reg.

Fri, Jun 7, 2024 at 9:29 AM

SITE SUBHARTI <engineering@subharti.org>
To: HOD ME <hodme145@gmail.com>, HOD CSE <hodcslt.site@gmail.com>, HOD FT <foodtechsite@gmail.com>, HOD ASH <rathi.nikhil85@gmail.com>, HOD ECE <hodece.svsu@gmail.com>, HOD EEM <mruhela@gmail.com>, HOD CIVIL <hodcivil.site@gmail.com>, HOD EEE <hodeeesite4@gmail.com>
Cc: archita bhatnagar <architabhatnagar89@gmail.com>

Jai Hind !

Sir/Madam,

1. Faculty of Engineering & Technology in collaboration with IQAC is organizing a Group discussion on **"Role of Positive thinking and healthy lifestyle in happiness & wellness"** for the faculty members of FET as under :-

Venue : MMM Auditorium, FET.

Date : 08th June 2024 (Saturday)

Time : 10:00 AM onwards.

2. All HOD's are requested to present in above programme with all faculty members of their department.

Thanks & Regards.

Prof.(Dr.) Manoj Kapil
Dean
Faculty of Engineering & Technology

Swami Vivekanand Subharti University
P 9639010623, Extn. 2701
E engineering@subharti.org
Subhartipuram, NH-58, Delhi-
Haridwar Bypass Road, Meerut, U.P

www.subharti.org

(NOTICE)

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Attendance Sheet 08/06/24

Name of Event:- Role of Positive thinking & healthy lifestyle in wellness.

S.No	Name	Department
1	Dr. Aruna Bansal	ECE/SITE
2	Dr Tarun Kuna	CSE/SITE
3	Ritu Sharma	CE/SITE
4	Shreedhar	ASH, FET.
5	Dr. Kapil Kumar	Food Technology
6	Dr Shiwani Mishra	Food Technology, FET
7	Dr. Sunil Rajoriya	FT, FET
8	Dr. Lalit Kumar	FT, FET
9	Dr. Sanjeev Kumar	MB, PET
10	Gaurav Deepak Deshmukh	ME, FET
11	Krishna Kumar Sharma	ME, FET,
12	Dr Sanjiv Tyagi	CSE, FET
13	Er. Pankaj Kumar Gautam	EEE, SITE
14	T. Ramachandran	EEE SITE
15	Dr. Vishwas Mishra	EEE, SITE
16	Er. Dharmendra Kushwaha	CE, SITE
17	Kushketu K. Srivastava	EEE, SITE
18	Dr Nitin Tyagi	ECE, SITE
19	Dr. Amrit Kishor	CSE, SITE
20	Er. Ravi Agarwal (Ravi)	EEE, SITE
21	Dr. Jitendra Kumar	ASH, SITE
22	Dr. Ashima	CSE, SITE
23	Dr. Arulita Bhatnagar	CSE, SITE.
24	Dr. Bal Krishna (JRZ, MD Naturopathy)	MASCHNYs,
25	Er. Juhi Verma Rawat	ME, SITE
26	Er. Simranjeet Kaur	CSE, SITE
27	Er. Priyanka Saini	ECE, SITE
28	Dr. Shashwat Kumar Garg	SITE
29		
30		

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY
SUBHARTI INSTITUTE OF TECHNOLOGY & ENGINEERING
Subhartipuram, NH-58 Delhi-Haridwar Bypass Road, Meerut -250 005
Ph.: 0121-2439157, Ext. 2729, Fax: 0121- 2439108
E-mail: engineering@subharti.org, hodcsit.site@gmail.com, Website: www.subharti.org
(Approved by AICTE)

REPORT

Group Discussion on 'Role of Positive Thinking & Healthy Lifestyle in Happiness & Wellness'

Objective: To motivate the faculty members to lead a healthy lifestyle and to keep positive thoughts in order to live a happy life.

A session on wellness of the mind and body with the theme '*Role of Positive Thinking & Healthy Lifestyle in Happiness & Wellness*' was conducted by the Faculty of Engineering & Technology, SVSU in collaboration with IQAC & Wellness Centre, SVSU.

Dr. Rahul Bansal, Professor & Advisor Community Medicine, SMC and Head of the Wellness Centre, SVSU was the Resource Person. He started the session by motivating the Faculty members. Dr. Bansal introduced certain books like How to be happy by Ruskin Bond, Life after life, Many lives many masters etc.

The faculty members were told to read these books or such books in life to know the ultimate truth.

Dr. Bansal told about 6 laws:
Law of Success, Law of Potentiality, Law of Giving & Receiving, Law of Karma, Law of Least effort, Law of intention & desire.

After this motivational session, there was a meditation session & chair yoga session conducted by Dr. Balkrishna, JR2, Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences.

Dr Balkrishna gave some helpful techniques of chair yoga to release stress of mind and body.

Around 28 faculty members attended the session.

The session was made successful in the presence of Prof.(Dr.) Manoj Kapil, Dean, Faculty of Engineering & Technology and was organized by Dr. Archita Bhatnagar, Associate Professor, Computer Science Engineering, with the help of Mr. Amardeep, Computer Science Engineering Department.

Outcome: The faculty members felt motivated to lead a healthy lifestyle and to keep positive thoughts in order to live a happy life.

(Dr. Archita Bhatnagar)

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Gmail

Dr. Archita Bhatnagar <architabhatnagar89@gmail.com>

Appreciation to Dr. Balkrishna, JR2, Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences

1 message

SITE SUBHARTI <engineering@subharti.org> Sat, Jun 8, 2024 at 2:58 PM
To: BNYS Department <naturopathy@subharti.org>
Cc: archita bhatnagar <architabhatnagar89@gmail.com>

Jai Hind!
There was a Group Discussion organized by Faculty of Engineering & Technology in collaboration with IQAC, SVSU for the faculty members on the topic "ROLE OF POSITIVE THINKING AND HEALTHY LIFESTYLE IN HAPPINESS & WELLNESS" on 08TH JUNE 2024.
This was accompanied by Programme on Relaxation techniques.
Dr. Balkrishna, JR , MD, Naturopathy was deputed for the same.
The session taken by Dr. Balkrishna was commendable. We thank him immensely and wish all the best to him!

We thank The college **Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences** for arranging the session on short notice.

–

Prof.(Dr.) Manoj Kapil
Dean
Faculty of Engineering & Technology

Swami Vivekanand Subharti University
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E engineering@subharti.org
Subhartipuram, NH-58, Delhi-
Haridwar Bypass Road, Meerut, U.P

www.subharti.org

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Samrat Ashok
Subharti School of Buddhist Studies
A Constituent College of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Subhartipuram, NH-58, Delhi Haridwar Meerut Bypass Road, Meerut - 250005
Website:www.subharti.org, E-mail:buddhiststudies@subharti.org,Ph: 0121-3055000

Office of the Head Department **Date: 03/05/2024**

Notice

This is inform to all the students that a wellness session on **"Role of Positive Mental Health and Wellness in Career Formation"** will be organized on 06th May 2024.

The details of the program are as follows:

Venue:-
Samart Ashok Subhart School of Buddhist Studies,
Meditation Hall (2nd Floor)

Date: 06-05-2024
Time: 10:00 AM

Resource Persons
Dr. Rahul Bansal
(Prof. Community Medicine SMC, Meerut)

(Dr. Champalal Mandrele)
HOD

Samrat Ashok
Subharti School of Buddhist Studies
A Constituent College of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Subhartipuram, NH-58, Delhi Haridwar Meerut Bypass Road, Meerut - 250005
Website:www.subharti.org, E-mail:buddhiststudies@subharti.org,Ph: 0121-3055000

Office of the Head Department **Date: 06/05/2024**

"Role of Positive Mental Health and Wellness in Career Formation"

Report

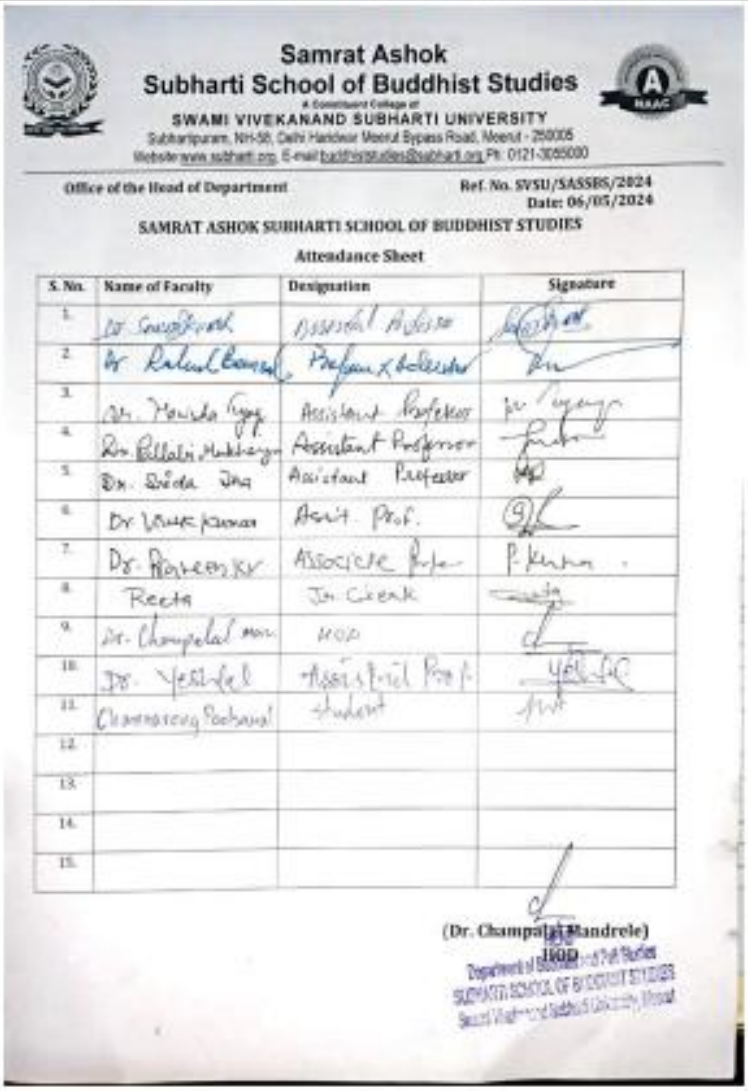
Today, a program was organized at Samrat Ashok Subhart School of Buddhist Studies by Professor Dr. Rahul Bansal from the Community Medicine Department of SMC. In his address, he answered questions from students and faculty members, satisfying their queries. The program was successful and well-received.

Thank you,

(Dr. Sanjay Kumar)
Coordinator

(Dr. Champalata Mandrele)
HOD
Department of Buddhist and Pali Studies
SUBHARTI SCHOOL OF BUDDHIST STUDIES
Swami Vivekanand Subharti University, Meerut

Samrat Ashok
Subharti School of Buddhist Studies
A Constituent College of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Subhartipuram, NH-58, Delhi Haridwar Meerut Bypass Road, Meerut - 250005
Website:www.subharti.org, E-mail:buddhiststudies@subharti.org,Ph: 0121-3055000



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Office of the Head of Department

Ref. No. SVSU/SASSBS/2024
Date: 06/05/2024

SAMRAT ASHOK SUBHARTI SCHOOL OF BUDDHIST STUDIES

Attendance Sheet

S. No.	Name of Faculty	Designation	Signature
1.	Dr Sanjeev Kumar	Associate Professor	
2.	Dr Rahul Bansal	Professor & Director	
3.	Dr. Mamta Tyagi	Assistant Professor	
4.	Dr. Bellahi Mukherjee	Assistant Professor	
5.	Dr. Rekha Jha	Assistant Professor	
6.	Dr Vivek Kumar	Asst. Prof.	
7.	Dr. Praveen KV	Associate Prof.	
8.	Reeta	Jr. Clerk	
9.	Dr. Champalal Mandrele	HOD	
10.	Dr. Yashpal	Assistant Prof.	
11.	Chandrasen Pachauri	Student	
12.			
13.			
14.			
15.			

(Dr. Champalal Mandrele)
HOD

Department of Buddhist Studies
SUBHARTI SCHOOL OF BUDDHIST STUDIES
Swami Vivekanand Subharti University, Meerut






GPS Map Camera
Meerut, Uttar Pradesh, India
Google

Samrat Ashok
Subharti School of Buddhist Studies

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SUBHARTI UNIVERSITY
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MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature – The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. NOT-333

Date: 14th May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is organizing a Guest Lecture on **"Mental health and suicidal prevention strategies"**.

All faculty and M.D Students are cordially invited to attend the session.

Dr. Rahul Bansal professor from the Dept. of Community Medicine Subharti Medical College will be the Resource person.

Activity Coordinator: Dr. Adil (Asst. professor)

Date & Day: 16th May 2024 (Thursday)
Time: 12:00 PM to 1:00 PM
Venue: Conference Hall, Naturopathy & Yoga College (MASCHNYS)

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

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Return to Nature – The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a Guest Lecture on **Mental Health and suicidal prevention strategies** for all Faculty and PGs students. This session was organized on 16 May 2024 from 12:00 PM TO 1:00 PM.
- **Venue**: LT-2 Naturopathy & yoga college (MASCHNYS)
- Total Number of student participants – 31
- The session started with the Omkara mediation and deep relaxation technique to relax the mind of students by Dr. Adil (Asst. professor).
- The resource person explained unique theories about Emotions and techniques for happiness in various situations.
- During the program he also explained five key elements of Emotion: self-awareness, self-regulation, motivation, empathy, and social skills, and motivated all the faculty and students.

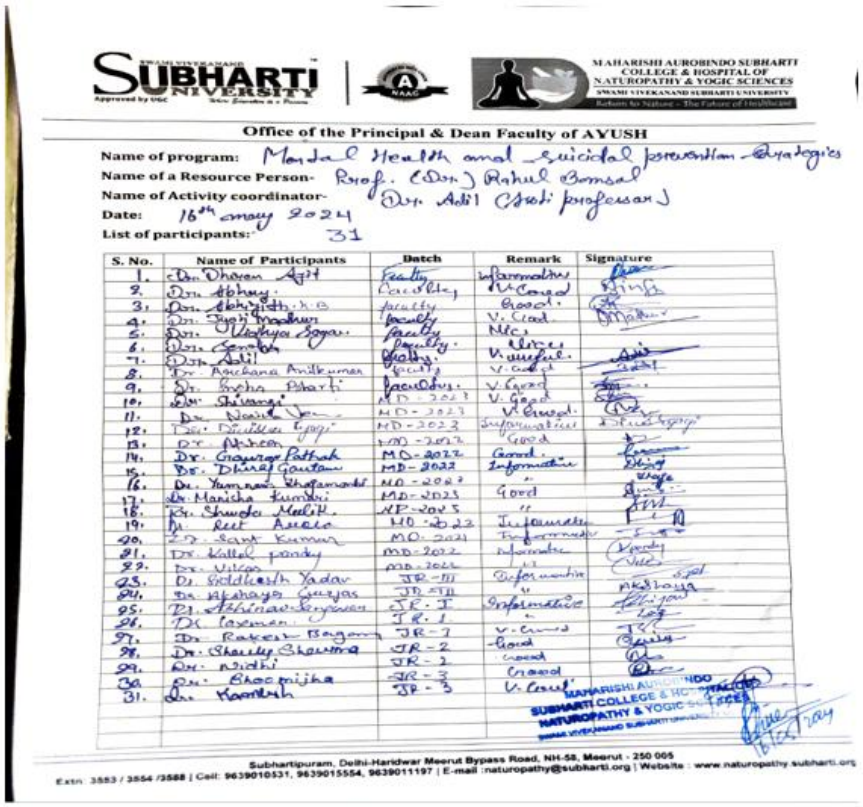






Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Extn: 3553 / 3554 /3588 | Cell: 9639010531, 9639015554, 9639011197 | E-mail :naturopathy@subharti.org | Website : www.naturopathy.subharti.org

List of Participants:



SUBHARTI UNIVERSITY

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

Office of the Principal & Dean Faculty of AYUSH

Name of program: Mental Health and Suicidal Prevention in Psychiatry
Name of a Resource Person- Prof. (Dr.) Rahul Bamsal
Name of Activity coordinator- Dr. Aditi (Associate professor)
Date: 16th may 2024
List of participants: 31

S. No.	Name of Participants	Batch	Remark	Signature
1.	Dr. Dharam Ajit	Faculty	Informative	
2.	Dr. Abhay.	Faculty	V. Good	
3.	Dr. Abhijith. N.B	faculty	Good.	
4.	Dr. Jaya Madhuri	faculty	V. Good	
5.	Dr. Vaishya Sagar.	Faculty	Nice.	
6.	Dr. Geetika	Faculty.	Nice.	
7.	Dr. Aditi	Faculty.	V. useful.	
8.	Dr. Archana Anilkumar	faculty	V. Good	
9.	Dr. Sneha Bharti	faculty.	V. Good	
10.	Dr. Shivangi	MD - 2023	V. Good.	
11.	Dr. Nisha Jain	MD - 2023	V. Good.	
12.	Dr. Pavitra Tyagi	MD - 2023	Informative	
13.	Dr. Mohsin	MD - 2023	Good	
14.	Dr. Gaurav Pathak	MD - 2022	Good.	
15.	Dr. Dhiraj Gautam	MD - 2022	Informative	
16.	Dr. Yamnan Thapamadi	MD - 2023	"	
17.	Dr. Manisha Kumari	MD - 2023	Good	
18.	Dr. Shweta Malik.	MD - 2023	"	
19.	Dr. Ruit Aneja	MD - 2022	Informative	
20.	Dr. Sant Kumar	MD - 2021	Informative	
21.	Dr. Kallol pandey	MD - 2022	Informative	
22.	Dr. Vikas	MD - 2022	"	
23.	Dr. Siddharth Yadav	JR - III	Informative	
24.	Dr. Abhaya Guryas	JR - III	"	
25.	Dr. Abhinav Sanjeev	JR - I	Informative	
26.	Dr. Laxman	JR - I	"	
27.	Dr. Rakeen Begum	JR - 1	V. Good	
28.	Dr. Shailly Sharma	JR - 2	Good	
29.	Dr. Nidhi	JR - 2	Good	
30.	Dr. Bhoomija	JR - 3	Good	
31.	Dr. Kamlesh	JR - 3	V. Good	

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

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Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature – The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. NOT-333

Date: 14th May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is organizing a Guest Lecture on **"Mental health and suicidal prevention strategies"**.

All faculty and M.D Students are cordially invited to attend the session.

Dr. Rahul Bansal professor from the Dept. of Community Medicine Subharti Medical College will be the Resource person.

Activity Coordinator: Dr. Adil (Asst. professor)

Date & Day: 16th May 2024 (Thursday)
Time: 12:00 PM to 1:00 PM
Venue: Conference Hall, Naturopathy & Yoga College (MASCHNYS)

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
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REPORT ON Sensitization Lecture on "Mental and Spiritual Wellness for Success and Peace" *19.10.2024*

Notice: 19.10.2024

Day 5 Saturday (12.10.2024) – LT- 1

8:30 AM – 9:00 AM	Yoga/ Meditation/ Physical Exercise	By BYNS Faculty
9:00 AM-10:00 AM	Introduction to Wellness Centre Stress Busting workshop dealing with the ways to relieve the stress in personal and professional life.	Dr Rahul Bansal/Dr Swati Gupta
10:00 AM-11:00 AM	Days of National Importance Celebrated at Subharti Dental College	Dr. Nagaraju K Professor& Head, Dept. of Oral Medicine & Radiology, SDC
11:00 AM – 11:15 AM	Short Break	
11:15 AM- 12:30 PM	Introduction of the mentors with the Mentees and their joint sensitization Program.	Dr. Vijay Wadhwan, Coordinator, Mentorship
12:30 PM- 2:00 PM	Visit to the departments in Hospital/ Emergency and introduction to the faculty of the concerned department.	Dr. Nitin Tomar, Professor, Deptt. of Periodontology, SDC

Report: 19.10.2024

Objective of the Activity: To enhance emotional and mental wellbeing of the students.

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of **"Mental and Spiritual Wellness for Success and Peace"** for our budding dentists (BDS batch 2024 students) under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC) on **19th October 2024** which was earlier schedule on 12th October 2024. The Guest speaker was **Dr. Rahul Bansal (Chairman, Wellness Center, SVSU).** He explained the benefits of maintaining a positive approach towards life, how one should handle stress and understanding the value of having a high spiritual and emotional quotient. It was an insightful session in which students participated enthusiastically. The session was followed by the student's visit to Wellness Centre, SVSU on 24th Oct 2024. Here, Dr Nagaraju K. and Dr. Swati Gupta briefed the students. They were explained that they can look up to Wellness centre experts for their help in case of emotional/ interpersonal stress/ or any kind of difficult situation which they find difficult to handle.

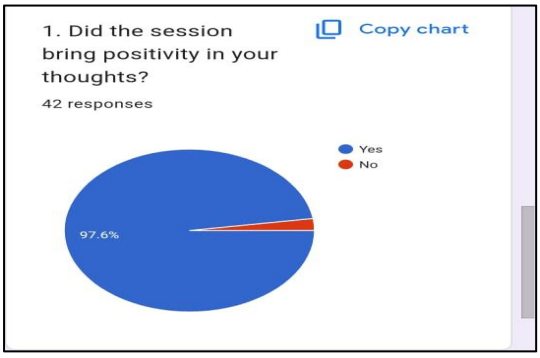
Total no of participants – 102

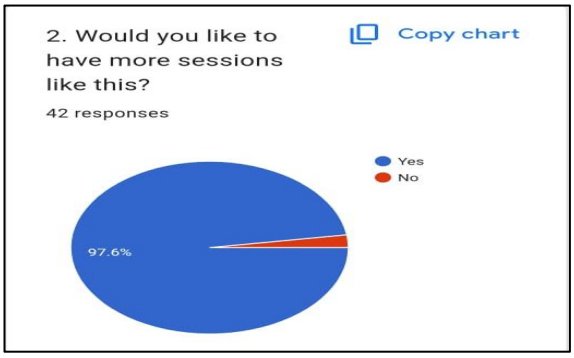
Total no of Students – 99

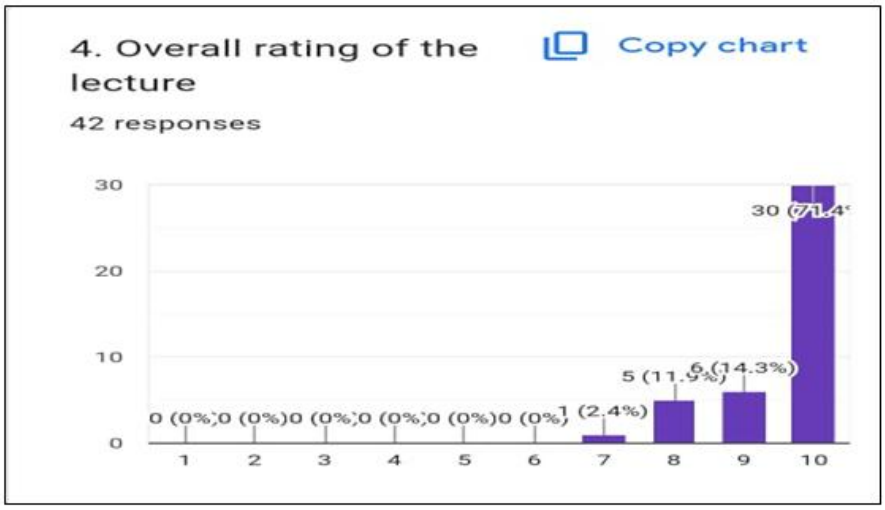
Total no of teachers -02

Outcome of the Activity: The students showed full enthusiasm and participated whole heartedly. They were motivated and inspired by the lecture. Few students have also given their personal queries.

Analysis of Participant's Feedback: The students find it a very insightful and motivational session. They agreed that the lecture brought positivity in their thoughts and suggested that similar type of lectures should be conducted in future. Their overall experience was good.







[Dr. K. Nagaraju]
Professor & HOD

GEOTAGGED PICS



Photograph showing Wellness session of BDS first year students by Dr Rahul Bansal held on 19.10.2024



Photograph showing Wellness session by Dr Rahul Bansal held on 19.10.2024



BDS 2024 batch students at Wellness Centre



BDS 2024 batch students being addressed by Co-Chairman Wellness Centre, Dr Nagaraju K

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Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Dated: 8th July 2025

REPORT
ON
"Role of positive thinking in wellness & career Formation"



Office of the Principal & Dean Faculty of AYUSH

Ref No. MAT – 543

Dated: 04th July 2025

NOTICE

Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut, is organizing a "**Guest Lecture on the Role of positive thinking in wellness & career Formation**" on 05th July 2025, from 12:00 PM to 1:00 PM.

All M.D 1st year students are invited to attend the program.

Resources Person: Dr. Rahul Bansal, Professor from the dept. Of community medicine, Subharti Medical College, SVSU.

Activity Coordinators: Dr. Adil (Assistant Professor), MASCHNYS.

Venue: LT-04th Subharti Medical College, SVSU, Meerut.

For,

Dr. Abhay M. Shankaregowda

REPORT:

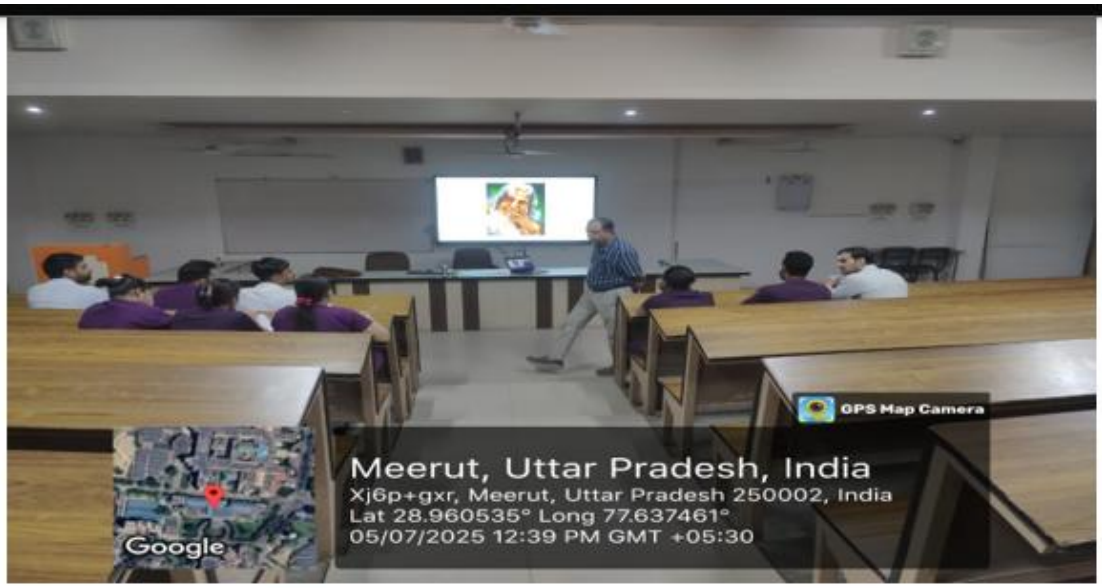
- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, Swami Vivenkanand Subharti University, Meerut, is a **Guest lecture on Role of positive thinking in wellness career formation**" at 12:00 PM - 1:00 PM, for all P.G students of MASCHNYS.

- Total Number of participating 13 PG students

- **Resource person:** Dr. Rahul Bansal, Professor from the Department. Of Community Medicine, Subharti Medical College, SVSU.

- **Venue**: in LT -4 Subharti Medical College, SVSU,

- Positive thinking plays a crucial role in shaping both **personal wellness** and **career development**. Fostering a **resilient mindset** enables individuals to navigate challenges with confidence and clarity. Positive thinkers are often better at **problem-solving**, and they tend to enjoy **improved mental and physical health**, including reduced stress and increased emotional stability.
- In the professional world, maintaining a positive attitude can significantly impact success. It leads to **higher productivity**, **better interpersonal relationships**, and a stronger ability to adapt in dynamic environments. Over time, this mindset opens doors to **career advancement opportunities** and a more fulfilling work life.
- During the program, the Resource person explains that cultivating positive thinking isn't just an emotional choice — it's a strategic one that enhances **both well-being and professional growth**.





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List of Participants:



SUBHARTI UNIVERSITY

Office of the Principal & Dean Faculty of AYUSH

Name of program: Guest lecture on The Role of Positive Thinking in Women's
Name of a Resource Person: Dr. Rahul Bansal Professor, Community Medicine
Name of Activity coordinator: Dr. Alka Asst. Professor, MASCHNYS. Conducted by Medicine dept.
Date: 8 July 2025.
List of participants: 13 P.G. Students participated in this program.

S. No.	Name of Participants	Designation	Signature
1.	[illegible]	MD-24	
2.	Dr. Muskan	MD-24	
3.	Dr. Ankita	MD-24	
4.	Dr. Aastha	MD-24	
5.	Dr. Himalayaan	MD-24	
6.	Dr. Pabbi	MD-24	
7.	Dr. Gayatri	MD-24	
8.	Dr. Saba Akhtar	MD-24	
9.	Dr. Ayoosh Sood	MD-24	
10.	Dr. Jagruthi Reddy	MD-24	
11.	Dr. Hitwani Gautam	MD-24	
15.	Dr. Ayush	MD-24	

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

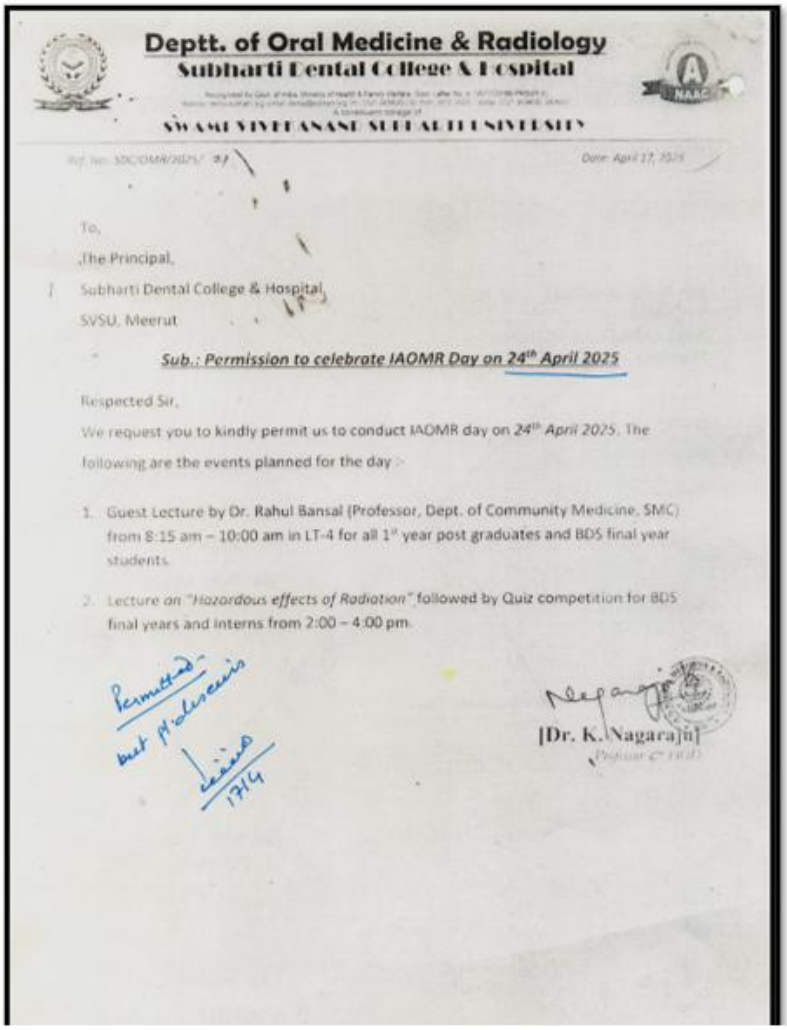
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NOTICE Wellness Lecture on 24th April 2025



Deptt. of Oral Medicine & Radiology
Subharti Dental College & Hospital
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

Ref. No. SDC/OMR/2025/ 84 Date: April 17, 2025

To,
The Principal,
Subharti Dental College & Hospital,
SVSU, Meerut

Sub.: Permission to celebrate IAOMR Day on 24th April 2025

Respected Sir,

We request you to kindly permit us to conduct IAOMR day on 24th April 2025. The following are the events planned for the day :-

1. Guest Lecture by Dr. Rahul Bansal (Professor, Dept. of Community Medicine, SMC) from 8:15 am – 10:00 am in LT-4 for all 1st year post graduates and BDS final year students.
2. Lecture on "Hazardous effects of Radiation" followed by Quiz competition for BDS final years and interns from 2:00 – 4.00 pm.

Permitted but Maintain social distancing
17/4

[Dr. K. Nagaraju]
Professor & HOD

Report Wellness Guest Lecture held on 24th April 2025

Title of the Lecture: The Way to Wellness and Real Success

Date: 24th April 2025

Venue: LT-4

Time: 8:15 am -10 am

Name of the Guest Speaker and Designation: Dr. Rahul Bansal (Professor, dept. of Community Medicine, Subharti Medical College and Chairman, Wellness Centre, SVSU)

Total no. of Students: 121

Total no. of Teachers: 3

Objective: To enhance emotional and mental wellbeing of the students.

Description: Department of Oral Medicine and Radiology in collaboration with Wellness Centre, SVSU conducted a guest lecture, under the able guidance of our respected Principal Dr. Nikhil Srivastava Sir.

The lecture was taken by Dr. Rahul Bansal (Professor, dept. of Community Medicine, Wellness Center, SVSU) on ***"The Way to Wellness and Real Success".*** The lecture was organized for **BDS Final year and PG 1st year students**. Sir discussed about wellness wheel and its components and how they are inter-related. He also spoke about pillars of wellness and ingredients of real success and how they attribute to real life challenges and success. He informed how Ayurveda can be a life style medicine. Sir also presented different books related to the above and how they are beneficial in different aspects of life.

Overall, it was a learned session where all students participated enthusiastically.

[Dr. K. Nagaraju]
Professor & HOD

GEO TAGGED PHOTOGRAPHS OF THE EVENT



Welcome of Dr Rahul Bansal(Guest Speaker) by Dr Sangeeta Malik, Professor, Department of Oral Medicine and Radiology



ATTENDANCE

a) MDS 1st year



Deptt. of Oral Medicine & Radiology
Subharti Dental College & Hospital
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

Name of the Activity : Guest lecture By Dr. Rahul Bansal Batch : MDS First Year
Date : 21st Dec 2017 (2 to 3 pm)
Venue : LT 4, IDC

S. No.	Enrolment No.	Name of the Student	Father's Name	Signature
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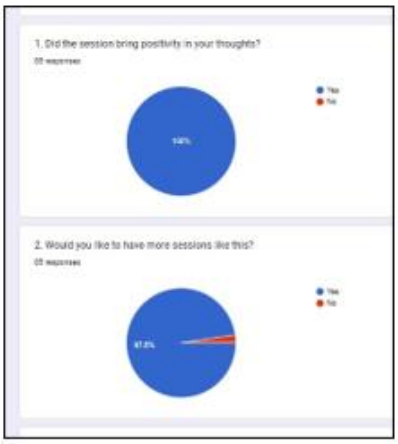
b) BDS final year

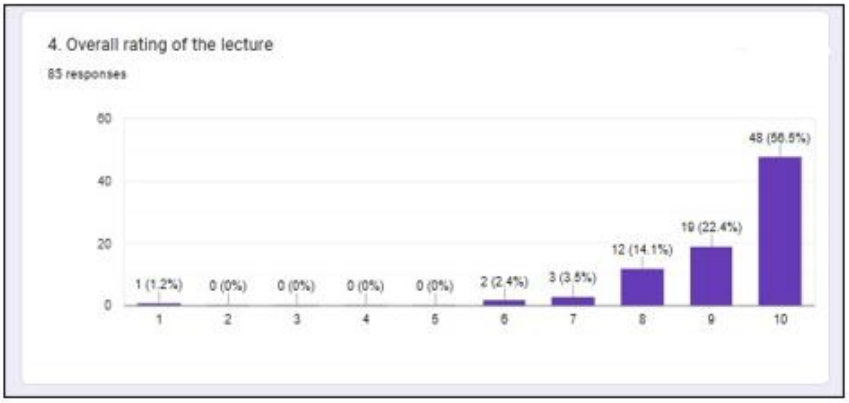






FEEDBACK of the LECTURE





THE WELLNESS CENTRE

PROGRAM NAME: Enhancing Capacity for Mental Health Support and Well-being": *A Training-cum-Workshop*

PROGRAM SCHEDULE – 23rd June – 5th July 2025

ORGANIZED BY: Wellness Centre, Swami Vivekanand Subharti University, Meerut

TARGET AUDIENCE: Coordinators of Wellness Centre, SVSU, Meerut

DURATION: Two Weeks (Monday to Saturday – 9 AM to 1PM)

VENUE: Wellness Centre, SVSU, Meerut

MODE: In-person

OBJECTIVES:

- To sensitize all the coordinators to the mental health needs of students
- To equip all the coordinators with basic counselling and referral skills
- To promote self-care and stress management among all the coordinators
- To build a supportive and mentally healthy academic environment

TRAINING CUM WORKSHOP FOR COORDINATORS OF WELLNESS CENTRE

TIME: 09:00 AM – 01:00 PM **VENUE: WELLNESS CENTRE**

PROGRAMME SCHEDULE

S NO.	DATE	TOPIC	SPEAKER
01	23/06/2025	Basic understating of counselling	Dr Shalu Nehra
02	24/06/2025	Counselling Skills and Techniques	Dr Kiran Rani
03	25/06/2025	Behaviour modification Techniques	Dr Shalu Nehra
04	26/06/2025	Common Issues among college students	Dr Rahul Bansal
05	27/06/2025	Digital Detoxification and mental wellbeing	Dr Kiran Rani
06	28/06/2025	Substance abuse and its consequences	Dr Seema Sharma
07	30/06/2025	Psycho-spiritual counselling & meditation	Dr Rahul Bansal
08	01/07/2025	Early warning Sign and symptoms of common mental disorders	Dr Seema Sharma
09	02/07/2025	Handling of suicidal tendency among students	Dr Seema Sharma
10	03/07/2025	Individual and group counselling system	Dr Shalu Nehra
11	04/07/2025	Dealing with Interpersonal relationships	Dr Kiran Rani
12	05/07/2025	Use of common scales	Dr Seema Sharma


SUBHARTI
THE WELLNESS CENTRE
Enhancing Capacity for Mental Health Support and
A Training cum workshop
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मानसिक स्वास्थ्य पर सुभारती विवि में 15 दिवसीय कार्यशाला सम्पन्न

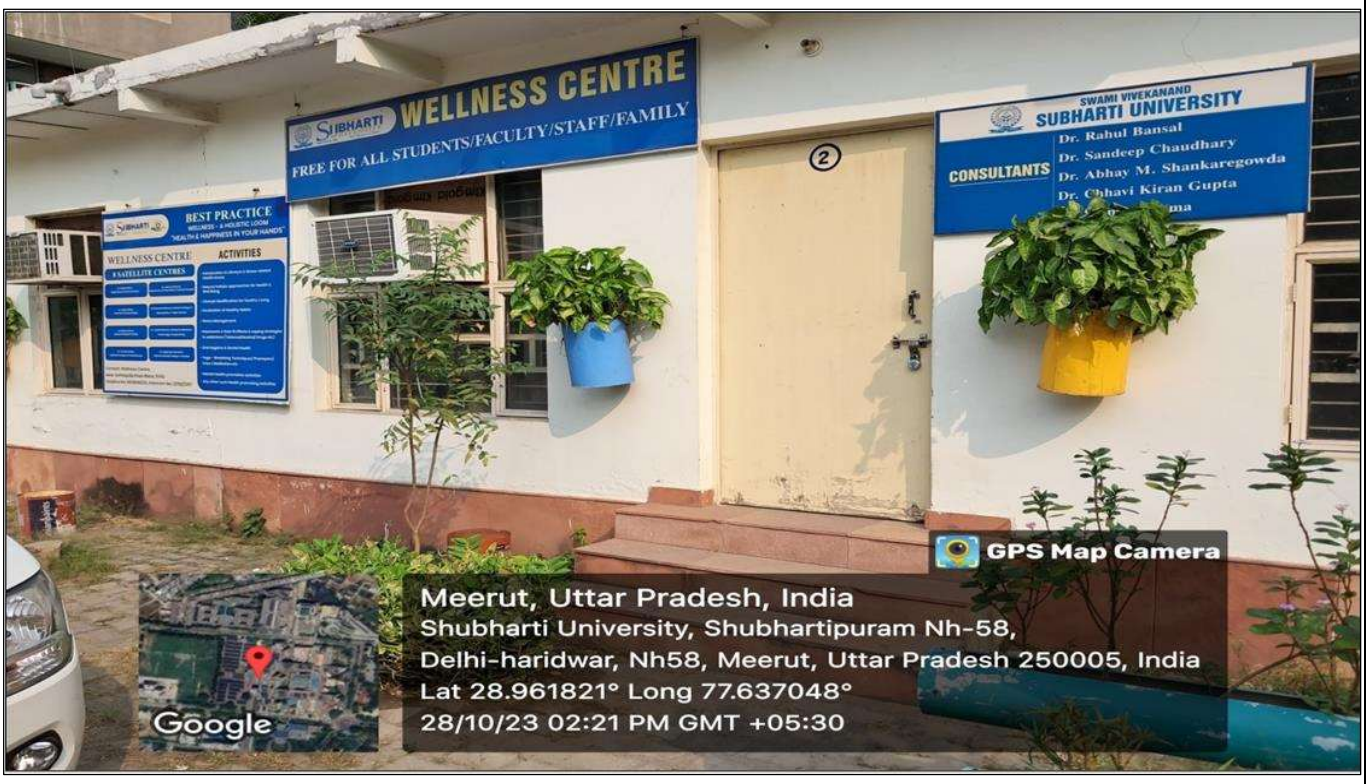


लोकतंत्र वाणी / संवाददाता

मेरठ। स्वामी विवेकानंद सुभारती विश्वविद्यालय के वैलनेस सेंटर द्वारा ह्यमानसिक स्वास्थ्य सहायता और कल्याण के लिए क्षमता बढ़ानाह्ल विषय पर आयोजित 15 दिवसीय कार्यशाला एवं प्रशिक्षण का समापन हुआ। समापन सत्र में मुख्य अतिथि डॉ. पवन पाराशर (विभागाध्यक्ष, कम्युनिटी मेडिसिन) ने युवाओं को अवसाद से बचाने में शिक्षकों की भूमिका को अहम बताया। वैलनेस सेंटर अध्यक्ष डॉ. राहुल बंसल ने आध्यात्मिकता को तनाव प्रबंधन का प्रभावी माध्यम बताया, वहीं मनोचिकित्सक डॉ. सीमा शर्मा ने अवसाद के लक्षणों और चरणों पर जानकारी साझा की। कार्यक्रम में डॉ. शालू मेहरा ने कॉग्निटिव डिस्टॉर्शन और काउंसलिंग तकनीकों, डॉ. किरन रानी पंवार ने मोबाइल की लत से उत्पन्न मानसिक समस्याओं पर उपयोगी व्याख्यान दिए। समापन अवसर पर डॉ. बंसल और डॉ. शर्मा द्वारा एक प्रभावशाली रोल प्ले प्रस्तुत किया गया। इस अवसर पर प्रतिभागियों को प्रमाण पत्र वितरित किए गए। कार्यक्रम में डॉ. नागाराजु कामार्थी, डॉ. स्वाति गुप्ता, डॉ. सरताज अहमद सहित कई विशेषज्ञ एवं प्रतिभागी मौजूद रहे।

2. Professional Counseling & Wellness Centre

Professional counseling services are available on campus to address the psychological and emotional concerns of the Students, Staff & Faculty through counseling centers and Wellness centers.



Wellness Centre



Counselling Centre



Counselling Session



University's Contribution towards Achieving SDG 3: Good Health and Well-Being

3.3. Collaborations and Health Services

3.3.6 University Smoke-Free Policy

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3058031, 3058032, Tel: 0121-2439067
Email: registrar@subharti.org
Web: www.subharti.org

ACCREDITED WITH GRADE A NAAC

Ref.No.U-07/SVSU/2022/ 252

Date:11.05.2022

STANDARD OPERATING PROCEDURE (SOP) THE SMOKE FREE RULES IN THE UNIVERSITY CAMPUS

Swami Vivekanand Subharti University in its continuous endeavors to provide healthy lifestyle among students and staff of the University, will ensure smoke-free environment. In doing this, the University is embracing a wider vision of integrating health into the culture, structures and processes of the University by eliminating Environmental Tobacco Smoke (ETS) exposure for all staff, students and visitors. The University is actively assisting in the protection and improvement of the health of the community.

To better estimate the burden of toxic cigarette butt waste and create awareness of the hazardous nature of cigarette butts, for smoke-free campuses, the government rules, law or institutional policy prohibits smoking of combustible tobacco products on the entire campus property, publicly including remote parking lots, stadiums, auditorium, and hostels.

SOP Scope of Application

1. All faculty, staff, students, and visitors (parents, vendors, contractors, and service providers) of the University are covered by this policy.
2. All persons using the facilities of the University are subject to this policy.

Smoking and/or use of tobacco or tobacco-related products on campus property is prohibited. This policy statement is specifically referenced in the Community Standards for students and is covered in the Faculty Handbook

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www.subharti.org

(Faculty Conduct) and Staff Handbook (Rules of Conduct) and is considered a violation of university policy.

Tobacco is defined to include lighted cigarettes, cigars, cigarillos, pipes, Bidi, hookah products, and any other smoking products, including cannabis. This also includes any smokeless, spit or spitless, dissolvable, or inhaled tobacco products, including but not limited to dip, chew, snuff, and snus in any form (orbs, sticks, pellets, etc.) A vaping product is defined as an electronic cigarette or similar device. Nicotine products not approved by the Food and Drug Administration as a smoking cessation product, such as e-cigarettes, are also prohibited.

Tobacco and nicotine product advertisements are prohibited in university-sponsored publications.

General Rules

Smoking or use of tobacco or nicotine products as described above by faculty, staff, students, and visitors shall be prohibited at all times on SVSU campus properties as identified above without exception.

Compliance

The success of the Smoke and Tobacco-Free Policy will depend on the thoughtfulness, consideration, and cooperation of smokers and nonsmokers. Faculty, staff, and students have a collective responsibility to promote the safety and health of the campus community and therefore share in the responsibility of enforcement. All members of the SVSU community are required to comply with this policy, which shall remain in effect at all times, in addition to Hostel Rules. Members of the community who refuse to comply with this policy may be subject to corrective action through the applicable process.

1. If any person is found smoking on the SVSU publicly, he/she will be penalized with Rs. 500/- minimum every time.
2. If the student is found in the inebriated state or consuming alcohol publicly, he/she will be penalized with Rs. 2000/- minimum every time.
3. If someone is found in possession of illicit material/drugs or consuming

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it publicly, he/ she will be penalized with Rs. 5000/- and a minimum three months suspension from the college and hostel.

4. For every repeat offender the penalty will increase in three-fold for example if some one is found smoking publicly, he/she will be penalized Rs. 500 for the first time but if the same person caught again, he/she will be penalized Rs. 1500/- (500x3).

5. To ascertain the liquor effect, student/employee will be taken to diagnostic lab to find out liquor effect on the blood/breath. If students/employees were found that he/she has consume more liquor then the government permissible norms (Govt. norms are 30) without getting biased they will be penalized as either first time offender/repeated offender. If someone is found within stipulated liquor prescribed by Govt., he/she will not be penalized. However, if student/employee is drinking publicly they will be penalized as per university rules.

In accordance with the applicable law and policy, any member of the SVSU community can voice objections to smoking violations by students, faculty, or staff by reporting such conduct to registrar@subharti.org without fear of retaliation.

Registrar

Copy to:

1. Hon'ble Vice-Chancellor
2. Chief Executive Officer
3. Pro Vice-Chancellor
4. Director-Research
5. Head of the Institutions
   SMC/SDC/ SNC/Physiotherapy/KSCP/SITE/Polytechnic/SIL/Mgmt./Hotel Mgt./JMC/Fine Arts/Yoga/Education/Science/Arts & Social Sciences /Buddhist Studies
6. HOD (Home Science/Lib. Science/ Para-Medical Sciences/Language)
7. Finance Officer
8. IQAC/CTO/CRIC/AO/Chief Proctor
9. Chief Warden (Boys Hostel)
10. Sr. Warden (Girls Hostel)

Registrar

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University's Contribution towards Achieving SDG 3: Good Health and Well-Being

3.3 Collaborations and Health Services

3.3.7 University as a Body Provide Staff with Access to Mental Health Support:

Swami Vivekanand Subharti University, located in Meerut, has been leading the way in advancing holistic health and well-being via a variety of educational, medical, and community-based programs. In keeping with the 3rd Sustainable Development Goal (SDG) of the UN, "Good Health and Well-Being," the university actively promotes a campus culture that places a high priority on the mental, emotional, and physical well-being of both staff and students. In accordance with SDG 3.3.7, "University as a Body Providing Staff with Access to Mental Health Support," the university exhibits its unwavering dedication to guaranteeing that all members of its academic and administrative community have access to preventive mental health care, wellness advice, and psychological support.

The rising stress, workload, and psychosocial pressures of modern daily life have made mental health a global priority. According to the Indian philosophical concept of holistic development, which places a high value on harmony between the body, mind, and spirit, is the foundation of the University's methodology. The Subharti Wellness Center, Maharishi Aurobindo Subharti College and Hospital of Naturopathy and Yogic Sciences, Subharti Dental College, Sardar Patel Subharti Institute of Law, and Kharvel Subharti College of Pharmacy collaborate to provide a multifaceted counseling, stress-reduction, and resilience-building program.

The University's main base for programs related to mental health and wellbeing is the Subharti Wellness Centre. Under the direction of wellness specialists like Dr. Jyoti Madhur and Dr. Rahul Bansal, Chairman of the Wellness Center, the Center frequently hosts psychological support camps, meditation classes, and mental health awareness events for professors and staff. The Faculty of Naturopathy and Yogic Sciences' "Mental Health and Suicidal Prevention Strategies" training have been especially helpful in providing personnel with coping strategies and methods for controlling their emotions. These courses teach participants how to prevent burnout, manage work-related stress, and preserve emotional balance in both personal and professional spheres.

University encourages spiritual and mindfulness-based interventions in addition to specialist mental health programs. In partnership with the Faculty of Dental Sciences, the Subharti Wellness Center hosts spirituality and wellness programs that emphasize the integration of mind, body, and spirit. These exercises highlight how spiritual disciplines like self-reflection, meditation, and thankfulness can improve mental and physical well-being. In a similar vein, Kharvel Subharti College of Pharmacy offers "Yoga for Self and Society" courses to motivate employees to incorporate yoga and meditation

into their everyday routines for stress relief and emotional equilibrium. By fusing traditional knowledge with contemporary wellness research, these programs highlight India's traditional approach to mental health.

Positive psychology has been actively promoted among academic and administrative staff at the Sardar Patel Subharti Institute of Law. The Institute encourages resilience, optimism, and a proactive mindset through lectures on subjects including mindfulness, and the power of positive thinking. These talks promote peace in the workplace and general personality development in addition to stress management. The University's dedication to creating a culture of wellbeing where mental health is viewed as a shared responsibility rather than an individual struggle is demonstrated by the faculty's cross-departmental collaboration.

Through broad outreach, the University expands its well-being activities beyond campus-focused programs to the community. Subharti Medical College's Department of Community Medicine regularly organizes awareness campaigns, health camps, and preventive education initiatives in both rural and urban regions. These include specialist discussions on HIV/AIDS education, breast cancer awareness, anemia prevention, and menstrual hygiene. The University's belief that a healthy body and mind are intertwined is reflected in these programs, even if their primary purpose is public health. The University promotes empathy, social responsibility, and emotional intelligence—all essential elements of mental wellness—by immersing employees and students in community health initiatives.

Sessions on psychological support, emotional well-being, and mental resilience have been included in significant events including World AIDS Day, International Women's Day, and Breast Cancer Awareness Programs. These programs have been spearheaded by faculty members including Drs. Bhawana Pant, Pawan Parashar, and Varsha Chaudhary, who make sure that staff members learn about mental health self-care techniques in addition to medical material. These kinds of events help lessen the stigma associated with talking about mental health by promoting candid discussions about stress, gender equity, and emotional awareness.

The University also acknowledges the need of integrative and preventative health practices for mental health. University promotes meditation, a healthy diet, yoga, and naturopathy as preventative measures for preserving mental health through collaborations with departments including AYUSH, Community Medicine, and Pharmacy. These techniques give teachers and employees long-term methods to control their anxiety, sharpen their focus, and improve their work-life balance. Additionally, participants in experiential learning workshops led by wellness specialists from a variety of fields engage in mindfulness meditation, breathing exercises, and relaxation techniques.

The University has successfully established an all-encompassing mental health ecosystem by incorporating health promotion into its academic atmosphere. This includes stress management training,

faculty sensitization initiatives, on-campus wellness counseling, and access to mental health specialists.

The organization's proactive actions are in line with the UN's focus on promoting workplace settings that promote mental health and wellbeing. University’s efforts also support more general national objectives under India's Fit India Movement and National Mental Health Programme (NMHP), demonstrating the university's alignment with national and international wellness frameworks.

In addition, the University's inclusive approach to mental health is shown by its focus on gender-sensitive health education through women's empowerment initiatives and menstrual hygiene lectures. University guarantees that both male and female employees receive equal consideration in the creation of mental health policies and programs by addressing the emotional and social aspects of women's health. The sense of community well-being and belonging is strengthened when departments promote open communication, empathy, and psychological safety.

The leadership of the university believes that mental health is essential to both institutional performance and personal development. The University not only increases employee satisfaction and productivity by incorporating wellness into academic policy and practice, but it also sets an example of best practices for other educational establishments. Its regular planning of wellness seminars, health awareness events, and cooperative projects shows that SDG 3's mission to guarantee healthy lifestyles and promote well-being for everyone at all ages is a living example.

University's initiatives demonstrate a strong institutional model of promoting mental health by interdisciplinary cooperation, education, and community involvement. It also has holistic approach, which incorporates yoga, meditation, emotional intelligence, and preventative health, offering faculty and staff all-encompassing support, fostering their spiritual, emotional, and physical aspects. The objective is to establish a campus and community that are resilient, balanced, and healthy is reinforced by its continued advocacy for mental well-being through its Wellness Center and related departments. In addition to achieving the UN Sustainable Development Goals, the University's programs align with Swami Vivekanandji’s ideal of enlightened living by harmony of the body, mind, and soul.

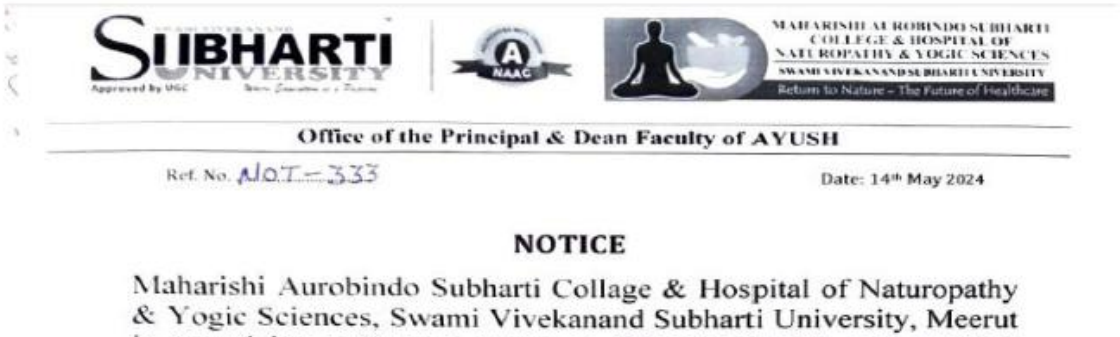
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Approved by UGC — Where Education is a Passion...

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature – The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Dated:17th May 2024

REPORT
ON
"Mental Health and suicidal prevention strategies"



SUBHARTI UNIVERSITY
Approved by UGC

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature – The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. AIOT-333

Date: 14th May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is organizing a Guest Lecture on **"Mental health and suicidal prevention strategies"**.

All faculty and M.D Students are cordially invited to attend the session.

Dr. Rahul Bansal professor from the Dept. of Community Medicine Subharti Medical College will be the Resource person.

Activity Coordinator: Dr. Adil (Asst. professor)

Date & Day: 16th May 2024 (Thursday)
Time: 12:00 PM to 1:00 PM
Venue: Conference Hall, Naturopathy & Yoga College (MASCHNYS)

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Extn: 3553 / 3554 /3588 | Cell: 9639010531, 9639015554, 9639011197 | E-mail :naturopathy@subharti.org | Website : www.naturopathy.subharti.org

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Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a Guest Lecture on **Mental Health and suicidal prevention strategies** for all Faculty and PGs students. This session was organized on 16 May 2024 from 12:00 PM TO 1:00 PM.
- **Venue**: LT-2 Naturopathy & yoga college (MASCHNYS)
- Total Number of student participants – 31
- The session started with the Omkara mediation and deep relaxation technique to relax the mind of students by Dr. Adil (Asst. professor).
- The resource person explained unique theories about Emotions and techniques for happiness in various situations.
- during the program he also explained five key elements of Emotion: self-awareness, self-regulation, motivation, empathy, and social skills, and motivated all the faculty and students.



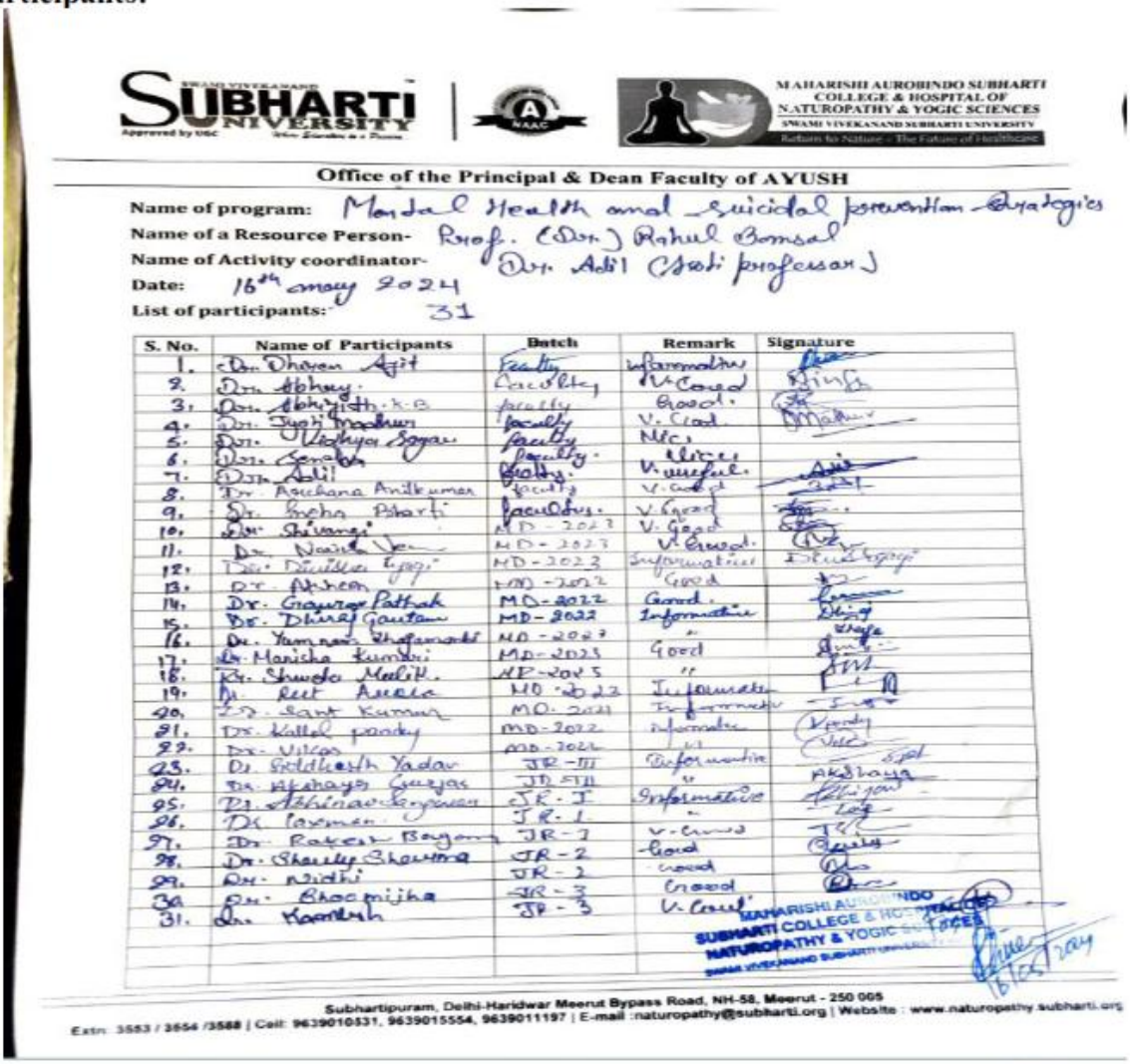
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Office of the Principal & Dean Faculty of AYUSH

List of Participants:



SUBHARTI UNIVERSITY | NAAC A | MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

Office of the Principal & Dean Faculty of AYUSH

Name of program: Mental Health and suicidal prevention - Etiologies
Name of a Resource Person- Prof. (Dr.) Rahul Bansal
Name of Activity coordinator- Dr. Adil (Asst. professor)
Date: 16th may 2024
List of participants: 31

S. No.	Name of Participants	Batch	Remark	Signature
1.	Dr. Dharan Ajit	Faculty	Informative	
2.	Dr. Abhay.	Faculty	V. Good	
3.	Dr. Abhijith. K.B	faculty	Good.	
4.	Dr. Jyoti Madhuri	faculty	V. Good	
5.	Dr. Vaishya Sagar	faculty	NICE	
6.	Dr. Gopal	faculty.	V. nice.	
7.	Dr. Adil	faculty.	V. useful.	
8.	Dr Archana Anilkumar	faculty	V. Good	
9.	Dr. Richa Bharti	faculties.	V. Good	
10.	Dr. Shivangi	MD - 2023	V. Good	
11.	Dr. Nazia Jan	MD - 2023	V. Good.	
12.	Dr. Pavitra Tyagi	MD - 2023	Informative	
13.	Dr. Afreen	MD - 2022	Good	
14.	Dr. Gaurav Pathak	MD - 2022	Good.	
15.	Dr. Dhiraj Gautam	MD - 2022	Informative	
16.	Dr. Yamnesh Bhojwani	MD - 2022	"	
17.	Dr. Harsha Kumari	MD - 2023	Good	
18.	Dr. Shweta Malik.	MD - 2015	"	
19.	Dr. Ruit Arora	MD - 2022	Informative	
20.	Dr. Sant Kumar	MD - 2021	Informative	
21.	Dr. Kallol pandey	MD - 2022	Informative	
22.	Dr. Vikas	MD - 2022	"	
23.	Dr. Siddharth Yadav	JR - III	Informative	
24.	Dr. Abhaya Gurjar	JR - III	"	
25.	Dr. Abhinav Tanjavan	JR - I	Informative	
26.	Dr. Laxmen	JR - I	"	
27.	Dr. Rakesh Bajgain	JR - 1	V. Good	
28.	Dr. Shailly Sharma	JR - 2	Good	
29.	Dr. Nidhi	JR - 2	Good	
30.	Dr. Bhoomija	JR - 3	Good	
31.	Dr. Kamlesh	JR - 3	V. Good	

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

Office of the Principal & Dean Faculty of AYUSH

Dated: 4TH May 2024

REPORT
ON
"Yoga for wellness"

SWAMI VIVEKANAND SUBHARTI UNIVERSITY
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SWAMI VIVEKANAND SUBHARTI UNIVERSITY
Return to Nature - The Future of Healthcare

Office of the Principal & Dean Faculty of AYUSH

Ref. No. NoT- 323

Date: 1st May 2024

NOTICE

Maharishi Aurobindo Subharti Collage & Hospital of Naturopathy & Yogic Sciences, Swami Vivekanand Subharti University, Meerut is Organizing a Guest Lecture on **"Yoga for wellness"**.

Date & Day: 2nd May 2024 (Thursday)
Time: 12:00 PM to 1:00 PM
Venue: Conference Hall, Naturopathy & Yoga College (MASCHNYS)

Dr. Rahul Bansal Professor from the Dept. of Community Medicine Subharti Medical College will be the Resource person.

Activity Coordinator: Dr. Adil (Asst. professor)

All PG Students are cordially invited to attend the Lecture.

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES
SWAMI VIVEKANAND SUBHARTI UNIVERSITY MEERUT

For
01/05/2024

Dr. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, Faculty of AYUSH, SVSU

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Extn: 3553 / 3554 /3588 | Cell: 9639010531, 9639015554, 9639011197 | E-mail :naturopathy@subharti.org | Website : www.naturopathy.subharti.org

Office of the Principal & Dean Faculty of AYUSH

REPORT:

- Maharishi Aurobindo Subharti College & Hospital of Naturopathy & Yogic Sciences, swami Vivenkanand Subharti University Meerut organized a guest lecture **"Yoga for Wellness"** on 2nd May 2024 from 12:00 PM – 1:00 PM at Naturopathy and yoga college (MASCHNYS).

- Guest lecture by Dr. Rahul Bansal professor from the Dept. of Community Medicine Subharti Medical College.
- All PG Students are cordially invited to attend the Lecture.
- Activity Coordinator: Dr. Adil (Asst. professor).
- In the Lecture the resource person shared the knowledge of yoga on the mode of health as an aspect of preventive & promotive and curative way of life by yoga.
- Also, there was an Interaction section at the end of the lecture.



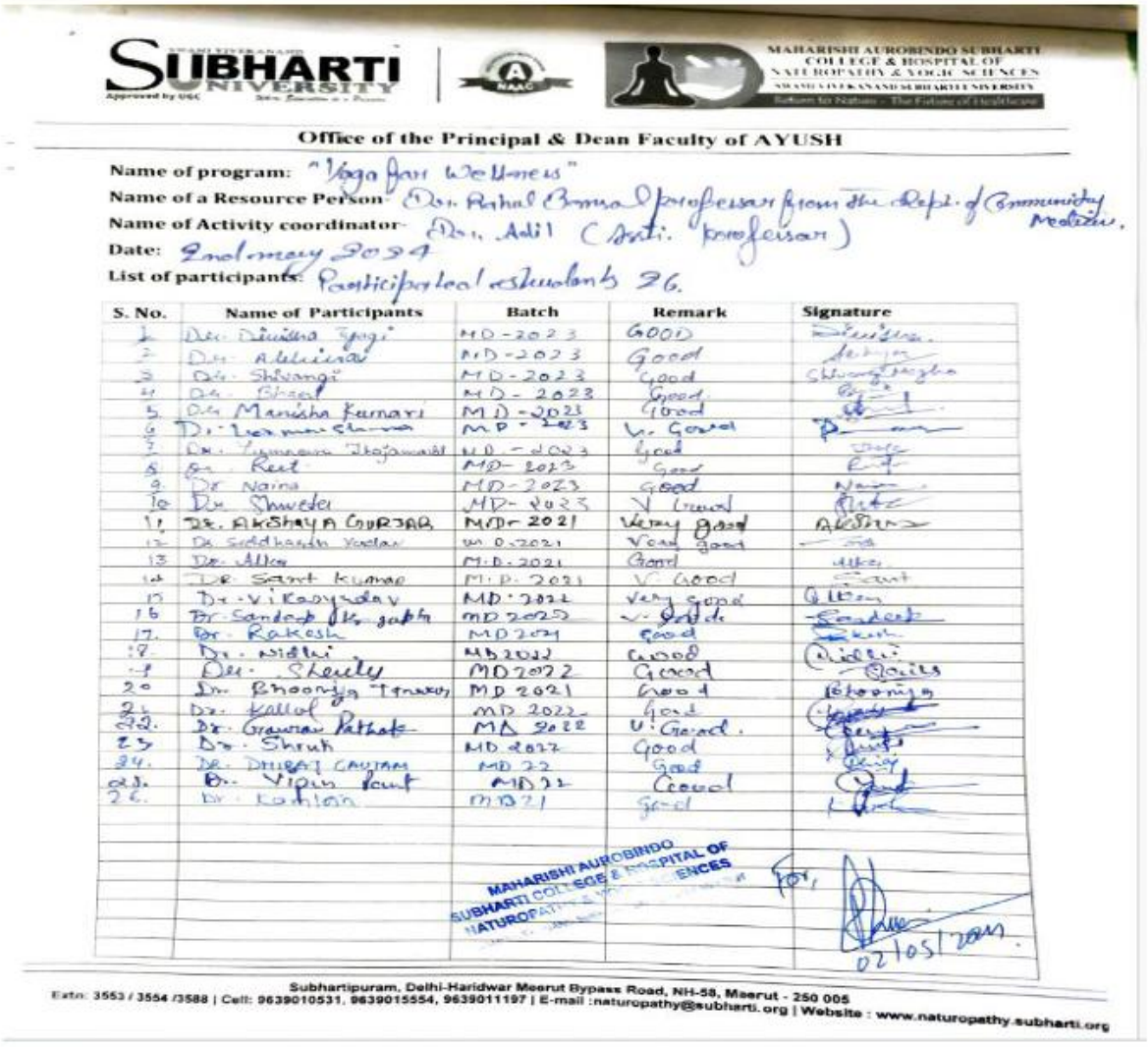
Office of the Principal & Dean Faculty of AYUSH





Office of the Principal & Dean Faculty of AYUSH

List of Participants:



Office of the Principal & Dean Faculty of AYUSH

Name of program: "Yoga for Wellness"
Name of a Resource Person: Dr. Rahul Barma (Professor from the Dept. of Community Medicine.
Name of Activity coordinator: Dr. Adil (Asst. Professor)
Date: 2nd May 2024
List of participants: Participated students 26.

S. No.	Name of Participants	Batch	Remark	Signature
1	Dr. Divisha Yogi	MD-2023	GOOD	
2	Dr. Akshita	MD-2023	Good	
3	Dr. Shivangi	MD-2023	Good	
4	Dr. Bhoot	MD-2023	Good	
5	Dr. Manisha Kumari	MD-2023	Good	
6	Dr. Laxmi Sharma	MD-2023	V. Good	
7	Dr. Tejaswini Thakurwal	MD-2023	Good	
8	Dr. Rest	MD-2023	Good	
9	Dr. Naina	MD-2023	Good	
10	Dr. Shweta	MD-2023	V. Good	
11	Dr. AKSHAYA GURJAR	MD-2021	Very Good	
12	Dr. Siddharth Yadav	MD-2021	Very good	
13	Dr. Alka	MD-2021	Good	
14	Dr. Sant Kumar	MD-2021	V. Good	
15	Dr. Vikas Yadav	MD-2022	Very Good	
16	Dr. Sandeep Kr. Gupta	MD 2025	V. Good	
17	Dr. Rakesh	MD 2021	Good	
18	Dr. Nidhi	MD 2022	Good	
19	Dr. Shelly	MD 2022	Good	
20	Dr. Bhoomija Tanwar	MD 2021	Good	
21	Dr. Kallol	MD 2022	Good	
22	Dr. Gaurav Pathak	MD 2022	V. Good	
23	Dr. Shruti	MD 2022	Good	
24	Dr. DHIRAJ GAUTAM	MD 22	Good	
25	Dr. Vipin Kaur	MD 22	Good	
26	Dr. Kanika	MD 21	Good	

MAHARISHI AUROBINDO SUBHARTI COLLEGE & HOSPITAL OF NATUROPATHY & YOGIC SCIENCES

02/05/2024

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DR. Abhay M. Shankaregowda
Principal, MASCHNYS
Dean, faculty of Ayush, SVSU

NOTICE

Subharti Dental College

Recognized by Govt. of India, Ministry of Health & Family Welfare, Govt. Letter No. V.12017/22/96-PMS(Pt.II)
Website: dental.subharti.org, e-mail: dental@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2012, 2003), Telefax: 0121-3058030, 2439067
A constituent college of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Office of the Principal & Dean

Ref. No. SDC/Misc./2024/
Dated: 04.04.2024

नोटिस

सुभारती डेन्टल कालेज में दिनांक 09.04.2024 से 10.04.2024 तक Wellness and Positive Mental Health [redacted] कार्यक्रम का आयोजन निम्नानुसार किया जा रहा है।

समय : 10 बजे से 11 बजे तक

स्थान : सुभारती डेन्टल कालेज (एल0टी0–ग्रथम)

मुख्य वक्ता : डा0 राहुल बंसल (चेयरमैन वेलनेस सेंट्रर)

सभी विभागाध्यक्षों से निवेदन है कि वे अपने–अपने विभागों से 50 प्रतिशत नॉन–टीचिंग स्टॉफ को उपरोक्त कार्यक्रम में अवश्य भेजें।

(डा. निखिल श्रीवास्तव)
प्रधानाचार्य एवं डीन

प्रतिलिपिः–
1. डा0 राहुल बंसल (चेयरमैन वेलनेस सेंट्रर)।
2. सभी विभागाध्यक्ष एस0डी0सी0।

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
E-mail : subharti@subharti.org, Website : www.subharti.org

Deptt. of Oral Medicine & Radiology
Subharti Dental College & Hospital
Recognized by Govt. of India, Ministry of Health & Family Welfare, Govt. Letter No. V.12017/22/96-PMS(Pt.II)
Website: dental.subharti.org, e-mail: dental@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2012, 2003), Telefax: 0121-3058030, 2439067
A constituent college of
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

REPORT :

Title of the Activity: Sensitization programme on "Wellness & Positive Mental Health" for Non- Teaching staff

Date of Activity: 09.04.2024 & 10.04.2024

Day: Tuesday and Wednesday

Time: 10:00 am to 11:00 am

Venue: Faculty of Dental Sciences

Resource person/ Guest Speaker: Dr. Rahul Bansal, Subharti Medical College

Objective of the Activity: To enhance emotional & mental wellbeing among non-teaching staff.

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Wellness and Positive Mental Health and its Role in personal and professional life" for non-teaching staff of SDC under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speaker was Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained the benefits of maintaining a positive approach towards life, how one should handle stress and understanding the value of having a high spiritual and emotional quotient. Also, apart from physical and mental health, spiritual wellbeing also plays a pivotal role in life and how it adds sense of purpose and meaning in life, including one's morals and ethics.

Outcome of the Activity: The staff found it an interesting interaction. They were motivated and inspired by the lecture. They agreed that further such session should be conducted and should include their family members.

Total Participants 89

Analysis of Participant's Feedback: The non-teaching staff members found it a very inspiring session. Their overall experience was good.

Deptt. of Oral Medicine & Radiology

Subharti Dental College & Hospital

Recognized by Govt. of India, Ministry of Health & Family Welfare, Govt. Letter No. V.12017/22/96-PMS(Pt.II)
Website: dental.subharti.org, e-mail: dental@subharti.org, Ph.: 0121-2439043 / 52 (Extn: 2012, 2003), Telefax: 0121-3058030, 2439067
A constituent college of

SWAMI VIVEKANAND SUBHARTI UNIVERSITY

Pictures of the Activities



(Dr. Rahul Bansal interacting with staff)



(Team of Wellness center)

Coordinator

[Dr. K. Nagaraju]
Professor & HOD

Deptt. of Oral Medicine & Radiology
Subharti Dental College & Hospital
SWAMI VIVEKANAND SUBHARTI UNIVERSITY

Ref. No.: SDC/OMR/2024/ Dated: January 16, 2024

To,

All HODs / In-charges,

Subharti Dental College & Hospital,

SVSU, Meerut.

THROUGH PROPER CHANNEL

Sir / Madam,

This is to inform that a Wellness session is being organized for **all faculty members and postgraduates** by the Department of Oral Medicine and Radiology during the integrated session scheduled on **17th January 2024.**

It is requested to all postgraduates and faculty to attend this session.

Topic:	*Wellness and spirituality*
Date :	17th January 2024
Time :	8:45 am
Venue :	LT-4 (SDC)
Speaker :	Dr. Rahul Bansal (Chairman, Wellness Centre, SVSU)

mail to all HODs.

16/1/24

For HOD

[Dr. K. Nagaraju]
Professor & Head

Deptt. of Oral Medicine & Radiology
Subharti Dental College & Hospital
Recognized by Govt. of India, Ministry of Health & Family Welfare, Govt. Letter No. V.12017/22/96-PMS(Pt.II)
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REPORT:

Sensitization programme on "Wellness & Spirituality"

Date of Activity: 17.01.2024

Day: Wednesday

Time: 8:30 to 9:30

Venue: Faculty of Dental Sciences

Objective of the Activity: To enhance spiritual wellbeing among faculty and post graduates

Description: Department of Oral Medicine & Radiology in collaboration with Wellness Centre, SVSU conducted a Guest lecture on the topic of "Wellness and Spirituality" for Dental faculty and post graduates under the able guidance of our dynamic Principal Dr. Nikhil Srivastava Sir and Dr. Nagaraju Kamarthi (Co-Chairman, Wellness Centre and Incharge, SDC). The Guest speaker was Dr. Rahul Bansal (Chairman, Wellness Center, SVSU). He explained how wellness and spirituality goes hand in hand. Also, apart from physical and mental health, spiritual wellness also plays a pivotal role in life and how it adds sense of purpose and meaning in life, including one's morals and ethics. He also exhibited various books written on spirituality by renowned authors around the world.

Total Participants 124

Students 91

Teachers 33

Outcome of the Activity: The faculty and post graduates showed full enthusiasm and participated whole heartedly. They were motivated and inspired by the lecture.

Analysis of Participant's Feedback: The faculty members along with post graduates find it a very insightful and motivational session. They agreed that the lecture enhanced positivity in their thoughts and suggested that similar type of lectures should be conducted in future. Their overall experience was good.

Pictures of the Activities (Geotagged):



(Dr. Nikhil Srivastava felicitating Dr. Rahu Bansal)



(Dr. Rahul Bansal interacting with students)



(Books displayed by Dr. Rahul Bansal)

Coordinator

[Dr. K. Nagaraju]
Professor & HOD

SWAMI VIVEKANAND SUBHARTI UNIVERSITY
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Where Education is a Passion

Faculty of Pharmacy
(Estd. 2009)

NAAC

Where Education is a Passion .....
Faculties of the University:

- Faculty of Dental Sciences (Estd. 1996)
- Faculty of Physiotherapy & Allied Health Sciences (Estd. 1999)
- Faculty of Medicine (Estd. 2000)
- Faculty of Nursing (Estd. 2000)
- Faculty of Law (Estd. 2002)
- Faculty of Engineering & Technology (Estd. 2005)
- Faculty of Management & Commerce (Estd. 2007)
- Faculty of Education (Estd. 2008)
- Faculty of Pharmacy (Estd. 2009)
- Faculty of Fine Arts (Estd. 2009)
- Faculty of Arts & Social Science (Estd. 2009)
- Subharti Polytechnic College (Estd. 2010)
- Faculty of AYUSH (Estd. 2011)
- Faculty of Science (Estd. 2013)

Office of the Principal & Dean

Ref. No: Pharmacy/Staff/10/23/2396
Date :- 06.10.2023

Notice

It is to inform to all that a guest lecture will be organized as per given details-

Topic/Title	A relaxing session with workshop on unique and universal methods of meditation
Date and Time	07 October, 2023; 11:00am
Resource Person	Mr. Pranay Kumar
Affiliation of Resource Person	Assistant Professor RamEesh Institute of Vacational & Technical Education, Greater Noida, U.P.
Coordinator/Convener	Dr. Garima Verma, Professor & Head, Department of Pharmaceutics
Venue	Seminar Hal
Participants	B.Pharm Ist year students Pharm.D Ist year students Faculty Members

Prof. (Dr.) Sokindra Kumar
Principal & Dean

PRINCIPAL & DEAN
Kharvel Subharti College of Pharmacy
Subharti Puram, Meerut (U.P.)

Report On A relaxing session with workshop on unique and universal method of meditation

Title of the Activity	A relaxing session with workshop on unique and universal method of meditation	Level of Program (State/National/International etc.)	Departmental
Focused Area	Meditation for students and professionals	Date of Activity (From-To) (DD/MM/YYYY)	7 October 2023
Activity Organized By	Department of Pharmaceutics	Day	Saturday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy, Kharvel Subharti College of Pharmacy	Time	11:00AM
Name and address of Guest Speaker	Mr. Pranay Kumar	Venue	Kharvel Subharti College Of Pharmacy
Total Attendees	72	Organizing Coordinator(s)	Dr. Garima Verma
Students	56	Report Prepared by	Mr Deepak Aswal
Teachers	16		
Non-Teaching Staff	-		
Others (Specify)	-		

Objective of the Activity:

To conduct a workshop on unique and universal method of meditation so that student can learn the need of hour for better, efficient, tension free, managed, happy, enjoy full and meaningful life

Description:

A relaxing session with workshop on meditation was organized with students and Faculty of Pharmacy in which 56 students and 20 faculties were participated. The workshop was very informative and participant also learned to practice the meditation.

Introduction:

Meditation has important role in holistic and complete development of human personality. Meditation is actually the part of yoga(Subtle from of yoga or Mansik yog) which is basically path to achieve self realization which is the ultimate aim of human life. Apart from this, by doing meditation practice, actually an individual can develop beautiful art of living.It can enables individual to live with efficient, tension free, managed and happy life style. India has profound legacy in field of yoga and meditation. As the practice of Yog is not bound by caste, creed, religion etc, it may be practiced by one and all which help to create social harmony and tension free happier family life. It further contributes to enhance skill, efficiency and creativity of practitioners that are very essential for students and professionals.

If students and professionals learn and follow the art of this unique method of concentration & meditation then they can also achieve more efficiency, happiness, ability to handle different problems with positive thoughts, managed and tension free life with human values.

Highlights of the Programme:

1. Introduction about meditation
2. Need of meditation for students and professionals.
3. Development of different Core skill of student and professional life through meditation.
4. Introduction and Methodology of unique and universal method of meditation the "AnandYog" A Divine Science.
5. Demonstration and workshop on AnandYog concentration & Meditation Practice.

Outcomes of the Activity:

After completion of programme, students learn-

1. The importance of meditation in student life.
2. Art of self motivation.
3. The art & techniques of an unique and universal method meditation.
4. How efficiency can be increased.
5. Capacity building and interest generation.
6. Time management & Life management.
7. How to live tension free life.
8. Art of living peacefully and happily.
9. Art of increasing thinking capacity and memory power.
10. Development of noble and positive thoughts with attitude of service and humanity necessary for professional life.

11. How to become mentally strong to cope up with any situation of life.

12. How to develop will power for success.

13. How to add good qualities in life.

14. Habit of sound sleep.

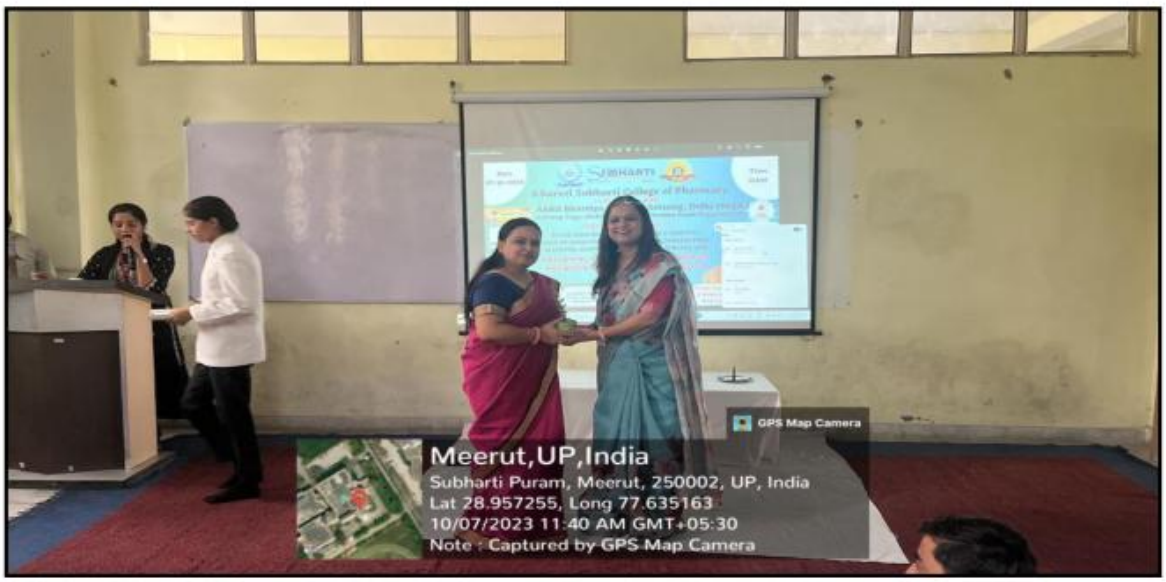
15. Success Mantra through Meditation

Analysis of Participant's Feedback:

The workshop was well defined with practical session. It was very helpful Session for Students and Faculty Members. Participants was able to understand the power of meditation.

Pictures of the Workshop:






GPS Map Camera
Meerut,UP,India
Subharti Puram, Meerut, 250002, UP, India
Lat 28.957079, Long 77.635091
10/07/2023 11:51 AM GMT+05:30
Note : Captured by GPS Map Camera


GPS Map Camera
Meerut,UP,India
Subharti Puram, Meerut, 250002, UP, India
Lat 28.957586, Long 77.635142
10/07/2023 01:18 PM GMT+05:30
Note : Captured by GPS Map Camera



SWAMI VIVEKANAND SUBHARTI UNIVERSITY™

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Certificate of Appreciation

Presented to

Pranay Kumar

for delivering a " Guest Lecture" on

"A relaxing session with workshop on unique and universal methods of meditation"

on 7th October, 2023

Organized by **Kharvel Subharti College of Pharmacy**, SVSU.

Dr. Garima Verma
HOD - Dept. of Pharmaceutics

Prof. (Dr.) Sokindra Kumar
Dean & Principal

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Faculties of the University:

- Faculty of Dental Sciences (Estd. 1996)
- Faculty of Physiotherapy & Allied Health Sciences (Estd. 1999)
- Faculty of Medicine (Estd. 2000)
- Faculty of Nursing (Estd. 2000)
- Faculty of Law (Estd. 2002)
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- Faculty of Pharmacy (Estd. 2009)
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- Faculty of Arts & Social Science (Estd. 2009)
- Subharti Polytechnic College (Estd. 2010)
- Faculty of AYUSH (Estd. 2011)
- Faculty of Science (Estd. 2013)

Office of the Principal & Dean

Ref. No: Pharmacy/staff/2024/
Dated: 20.06.2024

NOTICE

This is to inform all the faculty members, staff and students of KSCP, SVSU that we (Pharma Cultural & sports Club) are going to celebrate international yoga day 2024 by performing a yoga session on 21st June, 2024 on Lower ground floor at sharp 9:00 am. All are informed to participate.

Organizing Committee
Pharma Cultural & sports Club

Coordinators:
Dr. Prabhat Singh
Ms. Swati Wadhawan

Prof. (Dr.) Sokindra Kumar
Principal & Dean

PRINCIPAL & DEAN
Kharvel Subharti College of Pharmacy
Subharti Puram, Meerut (U.P.)

Report on International Day of Yoga

Title of the Activity	Yoga Practice on ' International Day of Yoga ' on the theme : "Yoga for Self and Society"	Level of Program (State/National/International etc.)	Departmental
Focused Area	Awareness and benefits of yoga on day today life.	Date of Activity (From-To) (DD/MM/YYYY)	21/06/2024
Activity Organized By	Ms. Swati Wadhawan	Day	Friday
Name of the Associated Faculty/College/Department/Outside Agency	Faculty of Pharmacy, Kharvel Subharti College of Pharmacy	Time	9:00-10:00 am
Name and address of Guest Speaker	-	Venue	Basement, Faculty of Pharmacy
Total Participants	35	Organizing Coordinator(s)	Dr. Prabhat Singh Ms. Swati Wadhawan
Students	-	Report Prepared by	Ms. Swati Wadhawan
Teachers	21		
Non-Teaching Staff	14		
Others (Specify)	-		

Objective of the Activity: To make this ancient practice popular among the present generation of people who are unaware of its benefits. Adopting this practice is believed to provide significant relief from physical ailments and mental tension which plagues our day to day life. World Yoga Day aims to educate people about the various means of overcoming stress naturally without resorting to any artificial medicine and develop the habit of meditation among youngsters so that they can enjoy more peace of mind and self-awareness, which is essential for a stress-free existence.

Description: An activity was conducted on date 21/06/2024 by the members of "Pharma Cultural and sports club" on the occasion of "International Day of Yoga", 2024 on the theme of "Yoga for Self and Society". The activity was organized by Dr. Prabhat Singh and Ms. Swati Wadhawan as Coordinator. Teaching and Non-Teaching members were participated in Yoga Practice conducted by Prof. (Dr.) Sokindra Kumar (Dean & Principal). Prof. (Dr.) Sokindra Kumar taught various asans to the staff of KSCP followed by Suryanamaskar, Tadasan, Katichakrasan etc. All the faculty and staff members learned the benefits of performing yoga and overcoming stress naturally without resorting to any artificial medicine in day today life

PICTURES OF YOGA PRACTICE ON INTERNATIONAL DAY OF YOGA



Padmasana



Sarvangasana



Bhujangasana



Ardha matsyendrasana

Attendance of Staff on 'INTERNATIONAL DAY OF YOGA, 2024

International Day of Yoga, 21st June 2024

Attendance

S.No	NAME	DESIGNATION	SIGNATURE
1.	Anil Vaidhya	Store Incharge	
2.	Mr. Abhishek Sagar	Jr. Clerk	
3.	Kushadra Kumar	Attendant Cum Clerk	
4.	Gyanendra		
5.	Prashant Kumar	Asst. Professor	
6.	Dr. Uttara Saxena	Associate Prof	
7.	Sandeep Kumar	Supervisor	
8.	Ashok Tyagi	Assistant professor	
9.	Lovedeep Singh	Assitant Professor	
10.	mr mukesh kumar	J. T. Clerk	
11.	Nishant Gaurav	Asst. Prof	
12.	Md Haider	Asst. Prof.	
13.	Vinod Kumar Biswakarma	Asst. Prof.	
14.	Dr. Prabhat Singh.	Associate Prof.	
15.	Beer Singh	Att.	
16.	Swati Wadhawan	Asst. Prof.	
17.	Shanky	Lab Technician	
18.	Amrita	S. K	
19.	Archana	S. K	
20.	Amit Kumar	Astt Professor	
21.	Rajkumari	HA	
22.	[illegible]	SK	
23.	Sanjeev	Att	
24.	[illegible]	[illegible]	[illegible]
25.	Kavita	Library Assist	
26.	Mr. Manish Rathaur	Asso Prof.	
27.	Dr. Rupesh Kumar Pandey	Associate prof.	
28.	Dr. Vaishali Raj	Associate Prof	
29.	Mukesh	Asst. Prof.	
30.	Priyadarshini Soni	Asst. Prof.	
31.	Dr. Amit kumar	Asso. Prof.	
32.	Dr. Vikrant Verma	Asso Prof	
33.	Swati Arora	Asst. Prof	
34.	Ms. Sumita Singh	Asst Prof	
35.	Ms. Dimple Singh Tomar	Asst. Prof.	
36.			

PRINCIPAL & DEAN
Kharvel Subharti College of Pharmacy
Subharti Puram, Meerut (U.P.)

Sardar Patel Subharti Institute of Law

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Website: law.subharti.org, e-mail: law@subharti.org, Ph.: 0121-2439043, 3055000 (Extn: 2851, 2855), Telefax: 0121-2439067

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SWAMI VIVEKANAND SUBHARTI UNIVERSITY

(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Date:-30.07.2024

Report - Wellness Session on "Positive Mental Health and Wellbeing"

Title of the Activity	:	Wellness Session on "Positive Mental Health and Wellbeing"
Focused Area	:	Positive Thinking and Theory of Karma
Activity organized by	:	Wellness Cell of Sardar Patel Subharti Institute of Law, S.V.S. University, Meerut
Name of the associate faculty	:	Faculty of Law, S.V.S. University, Meerut
Name & Address of the Speaker	:	Prof. (Dr.) Rahul Bansal, Chairman, Wellness Center, S.V.S. University, Meerut.
Total Participants	:	27
Students	:	11
Teachers	:	N.A.
Non-Teaching Staff	:	16
Others	:	N.A.
Level of Program	:	Institution Level
Date	:	25.07. 2024
Day	:	Thursday
Venue	:	LT-1, Faculty of Law, S.V.S. University, Meerut
Organizing Coordinator	:	Dr. Sarika Tyagi, Wellness Cell-Member, Faculty of Law, S.V.S. University, Meerut
Report prepared by	:	Dr. Sarika Tyagi, Wellness Cell-Member, Faculty of Law, S.V.S. University, Meerut

Objectives of the Activity:-

- To make aware about Positive Attitude and Mental Health
- To make aware about theory of Karma.

Description:-

Sardar Patel Subharti Law Institute, Swami Vivekananda Subharti University, Meerut Under the direction of Director of the Subharti Law College Mr. Rajesh Chandra (Former Justice, Prayagraj, High Court, Uttar Pradesh) and under the guidance of Prof. (Dr.) Vaibhav Goel Bhartiya, Dean, Subharti law college organized a Wellness Session on the topic "Positive Mental Health and Wellbeing.

Convener of the program Dr. Sarika Tyagi, requested Professor Dr. Reena Bishnoi to welcome the speaker of the program Dr. Rahul Bansal, Chairman wellness Center Swami Vivekananda Subharti Vishwavidyalaya, Meerut, further he was invited on the stage to address the Teachings and Non-Teaching Staff of the college. He said that Ability to Cope with Stress in Life is called as positive mental health. If you can maintain good mental health and well-being, you'll lead a life with less stress by adopting and following the tips, you'll be ready for any hard situation and though the situation is hard, you'll overcome it with ease. Mental and psychological well-being encompasses the way you feel about yourself, but also the way you deal with external situations and the quality of your relationships. It's important to remember that positive mental health is not simply the absence of mental health issues, such as depression or anxiety. Being mentally healthy is predominantly about the presence of positive characteristics such as a feeling of purpose, contentment, maintaining fulfilling relationships and participating in life to the fullest. After that he told that the law of karma holds that every action, physical or mental, has its own outcomes which must be faced either in this present life or in the lives to come. When we perform good deeds, it refers to good karmas and future happiness and bad karma results when we do bad actions or deeds. Why positive mental health is important? Positive mental health allows you to enjoy all the activities you want to participate in. Foster positive mental health and adopt a more positive mental attitude and take care of your physical needs, Make time for social connection, Exercise, physical activity and positive mental health, Use positive words to boost your mental health. At the end of the program vote of thanks was given by Dr. Sartaj Ahmad, Associate Professor Subharti Law College

The Outcome of the Activity:-

- Participants were become aware about Positive Attitude and Mental Health
- Participants become aware about theory of Karma.

Pictures of the Event





Sardar Patel Subharti Institute of Law

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Dr. Sarika Tyagi
Member Wellness Cell
Subharti Law College
SVS University, Meerut.

Prof. (Dr.) Vaibhav Goel Bhartiya
Dean, Faculty of Law
Subharti Law College
SVS University, Meerut

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
E-mail : subharti@subharti.org, Website : www.subharti.org

DEPARTMENT OF PARAMEDICAL SCIENCES
Subharti Medical College
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Website: medical.subharti.org, e-mail: medical@subharti.org, Ph: 0121-3055000 (Extn: 2118), Telefax: 0121-2439127, 2439067
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Ref. No./SVSU/PMS/2024 1696

Date: - 03/05/2024

SEMINAR ON ROLE OF POSITIVE MENTAL HEALTH AND WELLNESS

Title of the Activity	Wellness Session	**Level of Program (State/ National/ International etc.)**	NIL
Focused Area	To enhance the knowledge of faculty members and non-teaching staff about mental health and wellness	**Date of Activity (From-To) (DD/MM/YYYY)**	01/05/2024
Activity Organized By	Department of Paramedical Sciences	**Day**	Wednesday
Name of the Associated Faculty/ College/ Department/ Outside Agency	NIL	**Time**	11.00AM
Name and Address of Guest Speaker	Dr. Rahul Bansal Professor, Department of Community Medicine	**Venue**	LT-1 Department of Paramedical Sciences
Total No of Faculty Members	19	**Organizing Coordinator**	Ms. Shmriti
Reported By	Ms. Shmriti		
Non-Teaching Staff	09		
Others (Specify)	NIL		

DEPARTMENT OF PARAMEDICAL SCIENCES
Subharti Medical College
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Objective of the Activity: To enhance the knowledge of faculty members and non-teaching staff about mental health and wellness.

Description: The Departmentof Paramedical Sciences has organized a Wellness Secession entitled **"Role of Positive Mental Health and Wellness"** for all the Paramedical Sciences Faculty members and non-teaching staff on 1st May, 2024 at 11.00 AM onwards. The respected guest speaker Dr. Rahul Bansal, Professor, Department of Community Medicine had delivered very informative lectures to enhance the knowledge of faculty members and non-teaching staffs about Mental Health and Wellness. Prof (Dr) Pankaj Kishor Mishra (Head of Department), Dr. Umesh Kumar, Dr. Anshu Kumar Singh, Dr. Meenakshi Mishra, Dr. Ravindra Kumar Manik, Mr. Akash Kumar, Mr. Rahul, Mr. Pushpendra, Mr. VishwanathPratap Singh, Ms. Shmriti, Ms. YashikaBharadwaj, Ms. ZebaNaj, Ms. KhushiKansal, Mr. Sobit, Mr. Vishant Pal, Mrs. Shivani, Mr. SanyamThakur and in non-teaching staff there was Mr. Abhishek Gupta, Mr. Satyam, Mr. Ompal Singh, Mr. Roshan Chaudhary, Mrs. KavitaDhingya, Mr, Anuj Kumar, Mrs. Kavita Devi, Mrs. Santosh Devi, and Mrs. Rupa Devi have attended the program with active participation. About 19 faculty members and 09 non-teaching staff from Department of Paramedical Sciences have attended the program and praised the guest speaker for giving such wonderful talk. The secession was concluded by Dr. Umesh Kumar by giving vote of thanks.

Outcome of the Activity: All participants have gracefully benefitted by knowledge about mental health and wellness.

Analysis of Participant's Feedback: The Wellness Session entitled "Role of Positive Mental Health and Wellness" was conducted in the Department of Paramedical Sciences on 1st May 2024 at 11:00 AM onwards. The guest speakers Dr. Rahul Bansal, Professor, Department of Community Medicine delivered very informative lecture in the session to enhance the knowledge of faculty members and non-teaching staff about mental health and wellness.

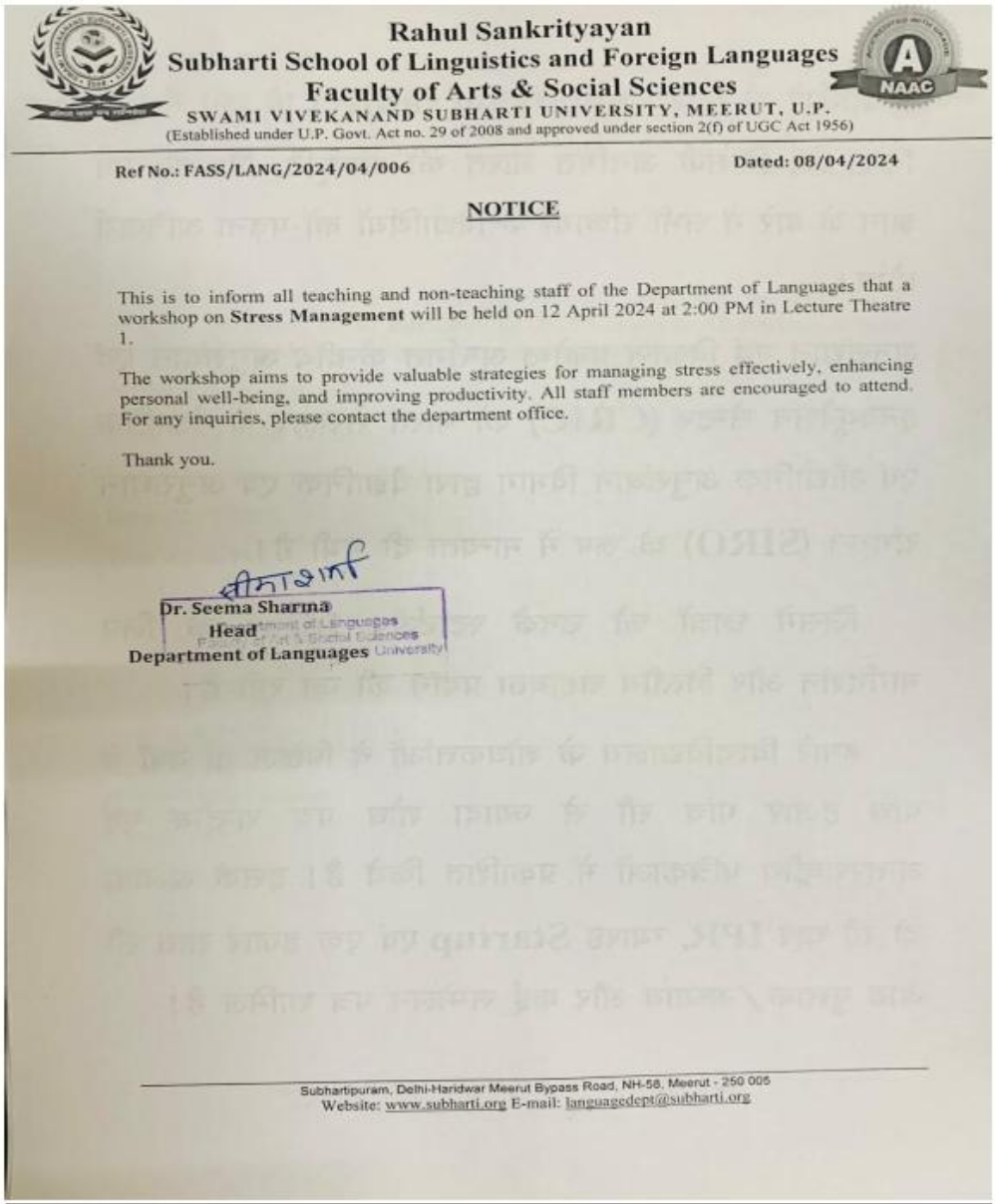
Ms. Shmriti
Assistant Professor
Activity Coordinator

Prof. (Dr.) Pankaj Kishor Mishra
Head of Department

Rahul Sankrityayan
Subharti School of Linguistics and Foreign Languages
Faculty of Arts & Social Sciences
SWAMI VIVEKANAND SUBHARTI UNIVERSITY, MEERUT, U.P.
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Ref No.: FASS/LANG/2024/04/006(A) **Dated: 13/04/2024**

NOTICE



Rahul Sankrityayan
Subharti School of Linguistics and Foreign Languages
Faculty of Arts & Social Sciences
SWAMI VIVEKANAND SUBHARTI UNIVERSITY, MEERUT, U.P.
(Established under U.P. Govt. Act no. 29 of 2008 and approved under section 2(f) of UGC Act 1956)

Ref No.: FASS/LANG/2024/04/006 Dated: 08/04/2024

NOTICE

This is to inform all teaching and non-teaching staff of the Department of Languages that a workshop on **Stress Management** will be held on 12 April 2024 at 2:00 PM in Lecture Theatre 1.

The workshop aims to provide valuable strategies for managing stress effectively, enhancing personal well-being, and improving productivity. All staff members are encouraged to attend. For any inquiries, please contact the department office.

Thank you.

Dr. Seema Sharma
Head
Department of Languages

Subhartipuram, Delhi-Haridwar Meerut Bypass Road, NH-58, Meerut - 250 005
Website: www.subharti.org E-mail: languagedept@subharti.org

Ref No.: FASS/LANG/2024/04/006(A) **Dated: 13/04/2024**

Detailed Report-

Workshop on "Stress Management"

The Department of Languages, Faculty of Arts and Social Sciences at Swami Vivekanand Subharti University, organized a workshop on "Stress Management" aimed at both teaching and non-teaching staff. The workshop took place on April 12, 2024 at 2:00 PM in Lecture Theatre-I and sought to address the growing concerns of stress in academic environments.

The session began with an introductory speech by **Dr. Seema Sharma**, Head of the Department who emphasized the importance of managing stress for maintaining both mental health and overall productivity in the workplace. She highlighted the various factors that contribute to stress in an educational setting and the necessity of equipping staff with effective coping strategies.

The workshop was facilitated by an expert in the field of psychology and wellness **Dr. Nishi Raghav, Assistant Professor, Dr. K.N.Modi University. Rajsthan** who guided participants through various techniques for stress management. **Dr. Nishi** covered several essential topics aimed at enhancing participants' understanding and management of stress.

First, it focused on understanding the causes and effects of stress, enabling attendees to recognize their personal stress triggers. Participants were introduced to various techniques for relaxation, including mindfulness and deep-breathing exercises, which are effective in alleviating stress.

Additionally, time management strategies were discussed to help reduce stress by prioritizing tasks and balancing responsibilities. The workshop also emphasized the importance of developing a positive mindset and resilience, equipping participants with the tools to face challenges more effectively and maintain their well-being.

Participants engaged in interactive discussions and practical exercises, allowing them to share their experiences and learn from one another. The facilitator encouraged staff to identify their own stressors and work collaboratively to develop actionable strategies to manage them effectively.

The workshop was well-attended, with significant participation from both teaching and non-teaching staff members. Feedback from attendees was overwhelmingly positive, with many expressing appreciation for the practical tips and strategies provided during the session. Participants reported feeling more equipped to handle stress and better prepared to create a supportive work environment.

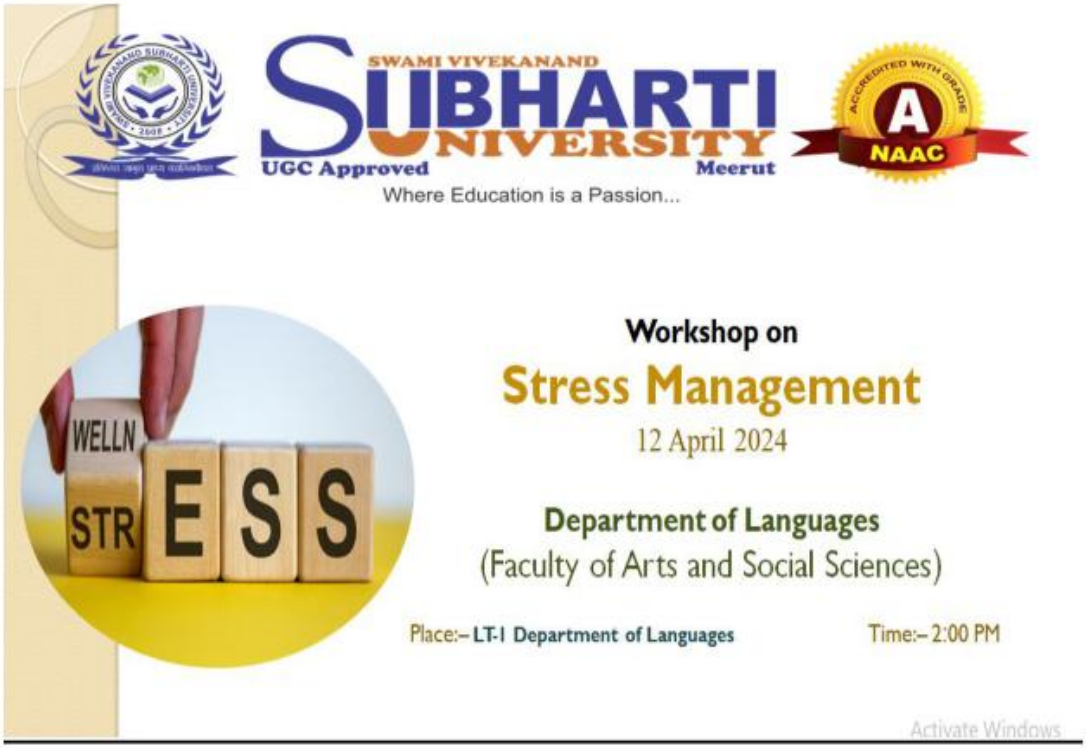
The workshop concluded with a closing note from **Dr. Seema Sharma**, who reiterated the department's commitment to fostering a healthy and balanced work atmosphere. She encouraged staff to practice the techniques learned and to support one another in managing stress effectively.

Overall, the workshop was a success, and it highlighted the importance of addressing mental health and well-being in academic settings. The department plans to continue offering such workshops in the future to promote staff wellness and professional development.

No. of Teaching staff - 10

No. of Non-teaching staff - 02

POSTER



PHOTOS


GPS Map Camera
Meerut,UP,India
Subharti Puram, Meerut, 250002, UP, India
Lat 28.957913, Long 77.635610
04/12/2024 02:49 PM GMT+05:30
Note : Captured by GPS Map Camera


GPS Map Camera
Meerut,UP,India
Subharti Puram, Meerut, 250002, UP, India
Lat 28.957922, Long 77.635655
04/12/2024 02:49 PM GMT+05:30
Note : Captured by GPS Map Camera

Office of the Community Medicine Dated 23/08/2024

Eye Camp

Venue-. Capt. Abdul Hameed Subharti Rural Health and Training Centre Khajurl.

Participants- Dr.Nandni PG Student, Mr. V.S.Panday Optometrist Department of Ophthalmology Subharti Hospital Meerut..

Volunteer Medical Students – Interns Dr. Rahul Sharma Dr. Vineet Kumar Singh.

An Eye Camp held at. Capt. Abdul Hameed Subharti Rural Health and Training Centre Khajuri. the patients were examined by Dr. Nandni, and Refraction by Mr. V.S.Panday Optometrist Department of Ophthalmology Subharti Hospital Meerut..

Patients – 40 Staff – 05







Dr. Bhawana Pant

Head of department

Office of the Community Medicine Dated 27/08/2024

A N C HEALTH CAMP

Venue-. Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri, Meerut.

Participants- Dr. Manju Malik LMO Rural health and Tranning Centre Khajuri, Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr. Ankita Harit, Dr. Apoorva Jain, Dr. Apoorv Mahehwery.

A antenatal health Camp was conducted on 27/08/2024 at our Rural health and training Centre Khajurl. The patient were examined and advised by Prof. Dr.Manju Malik LMO, and Health Education Given By Dr Ankita Harit Intern Department of Community Medicine Subharti Medical College, Meerut, Medicine distributed by Mr. Arjun Singh , Mrs. Renu Rani, Mr. Ramesh, Mr.Vinod were present there. Co coordinated by MSW Mr. Farhat Khan department of community medicine, Subharti Medical College, Meerut..

Patient – 27 Staff – 06







Dr. Bhawana Pant

Head of department

Subharti Medical College

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Office of the Community Medicine Dated 29/8/2024

TALK ON (Personal) Menstrual Hygiene

Venue-. Adarsh Nagric Inter College, Khajuri, Meerut.

Participants- Dr.Akshita Yadav JR Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Miss. Apoorva Singh, Miss. Ayushi Regal, Miss. Ruchi Singh,

Miss. Rushda, Miss. Sneha.

On 29 august 2024 a health awareness talk was organized on personal hygiene and menstrual hygiene

This event was organized by the girls of MBBS Students for 11th and 12th stander of Adarsh nagrik inter college Khajuri Dr. Akshita Rohit Yadav JR Department of Community Medicine, Subharti Medical College, Meerut emphasized on the impotence of maintaining personal hygiene of girls during period by bathing with hot water, using menstrual pads or cups, avoiding coffee and soft drink and heaving foods like fresh fruits and vegetables during menstrual periods. She also talked about proper disposal of sanitary menstrual pads in newspaper in the dustbin and not flushing them because it can clog the toilets and drains and can cause environmental pollution. She also consult the girls about providing emotional support by the family of the girls during periods and to perform some light exercises and walking during periods. The social stigma and taboo regarding periods should be removed from the society and periods should be normalized. The girl and women should not feel shameful during periods because it is normal process. if a girl is experiencing any menstrual period related problem, like increased or descries frequency of periods, light or heavy bidding or irregular bleeding, then she should consoled to the gynecologist as soon as possible.

Students: 50 Staff :- 04







Dr. Bhawana Pant

Head of department

Subharti Medical College

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Office of the Community Medicine Dated 23/09/2024

DENTAL AND ORAL HEALTH CAMP

Venue-. Capt Abdul Hameed Subharti Rural Health and Training Centre, Khajuri, Meerut.

Participants- Dr. Dharmendra Singh Dr. Sahil Khan, from Subharti Dental College Meerut..

Volunteer Medical Students – Interns Dr. Poornima, Dr. Chelsi Dr. Swati

A Dental and oral health camp held at. Capt. Abdul Hameed Subharti Rural Health and Training Centre Khajuri. Under the Guidance of Dr. Chhavi KIran Gupta Associate Professor Department of Community Medicine, Subharti Medical College Meerut. A talk delivered by Dr. Dharmendera Singh Department of Community Medicine, Subharti Medical College Meerut and patients were examined by Dr. Sahil Khan, Dr. Chelsi, Oral health education given by Dr.Poornima from Subharti Dental College Meerut.

Patients – 41 Staff – 05







Dr. Bhawana Pant

Head of department

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***Office of the Community Medi*cine** Dated 16-10/2024

BREAST CANCER AWARENESS TALK

Venue- Kanya Gurukul Ashram, Narangpur, Parikshitgarh, Meerut.

Participants- Dr. Anurag Shrivastava, Director of Cancer Unit, Prof. Dr. Bhawana Pant Prof & Head, Department of Community Medicine, Subharti Medical College, Dr. Mohnish, Dentist Subharti Dental College, Meerut.

Volunteer Medical Students – Interns Tanu Yadav, Tarun Sharma, Shereya Rastogi, Satakshi Sharma.

A Special talk was organized by Caption Abdul Hameed Subharti Rural Health and Training Centre Khajuri under Department of Community Medicine, Subharti Medical College,Meerut.

A special awareness talk was given by Dr. Anurag Shrivastava, Director of subharti Cancer Unit and Dr. Bhawana Pant Prof & Head, Department of Community Medicine, Subharti Medical College on Breast cancer awareness, its sign, symptoms, and basic self examination techniques and hygiene. The patient was also examined for oral cavity by Dr. Mohnish Dentist and his team from Subharti Dental College, Meerut.

Later Mr. Farhat (MSW) of Caption Abdul Hameed Subharti Rural Health and Training Centre Khajuri under Subharti Medical College, Meerut. explained about various facilities provided at the Khajuri center.

Students and staff – 97 Staff – 04



Dr. Bhawana Pant

Head of department

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Office of the Community Medicine ***Dated 02/12/2024***

AIDS DAY

World AIDS Day Awareness Program Conducted at Kalavati School (conducted by UHTC Multanagar Department of Community Medicine Subharti Medical College)

On the occasion of World AIDS Day, an awareness program was organized by Urban Health and Training Center of department of community medicine at Kalavati School multanagar on 2/12/24 The programme was organised by Dr. Bhawana Pant (professor and Head of Department of community medicine) and Dr. Varsha Chaudhary (Professor, MOIC, UHTC), the session was taken by Dr. Rahul Bansal (professor , advisor department of community medicine). A gathering of 60-70 students, aged approximately 16 years were educated about HIV/AIDS prevention and healthy living.

Students were emphasized upon the importance of avoiding risky behaviors, such as unsafe sexual contact and the reuse of needles or blades. Additionally, Dr. Rahul Bansal advised students to adopt a balanced lifestyle, including consuming native fruits, maintaining a nutritious diet, getting adequate sleep, and avoiding excessive screen time, particularly scrolling through social media late at night.

Students eagerly participated, asking about HIV/AIDS prevention, signs and symptoms, diagnostic methods, and dietary recommendations. Dr. Rahul Bansal answered their questions with clarity, earning the trust and gratitude of the students. As a token of encouragement, Red Cross badges were awarded to students who actively participated. The program successfully raised awareness and motivated students to adopt healthier lifestyles, reflecting the commitment of the medical team to community health education.

Lady Medical Officer Dr. Usha Minhas, along with interns Dr. Achyut, Dr. Faizal, and Dr. Shreya, as well as naturopathy interns and staff, were present on stage to assist in addressing students' queries.

The program's success was also made possible by the effective contributions of Mr. Virender, Mrs. Kusum, and Mrs. Anju, who worked diligently to ensure the required arrangements were in place.

Dr. Bhawana Pant
Head of department

Subharti Medical College

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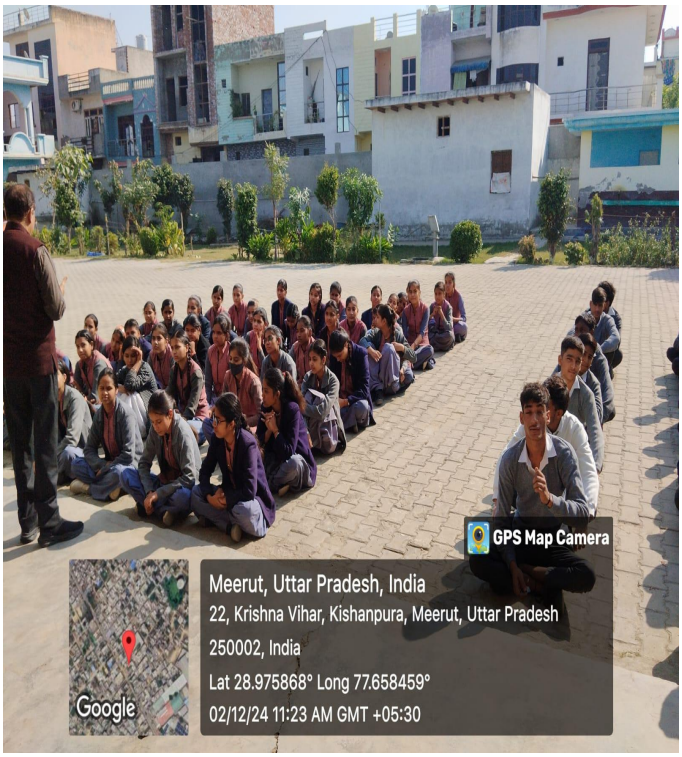
A constituent college of

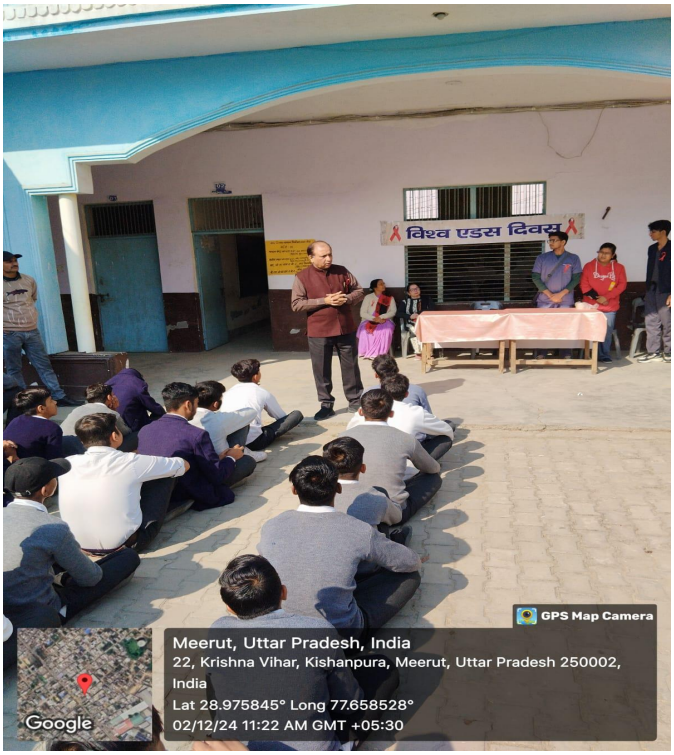
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Office of the Community Medicine ***Dated 02/12/2024***

AIDS DAY





Dr. Bhawana Pant
Head of department

Subharti Medical College

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***Office of the Community Medi*cine** Dated 02-12/2024

AIDS DAY

Venue- Shree Sanskrit Inter College Aitmadpur, Parikshit Garh, Meerut.

Participants- Dr. Chhavi Kiran Garg, Dr. Akshita Rohit Non P.G. J.R. Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns, Dr. Surya Chicora, Dr.Spreya Mishra.

Today Celebrated World AIDS Awareness Programme at Shree Sanskrit Inter College Aitmadpur, Parikshit Garh, Meerut. The talk was given by Prof. Dr. Chhavi Kiran Gupta, Department of Community Medicine, Subharti Medical College, Meerut.

Prof. Dr. Chhavi Kiran Gupta told about Symptoms, Precautions and Prevention regarding AIDS to the Students and Faculty Members.

The whole programme was coordinated by MSW Mr. Farhat Khan.

Students and staff – 197 Staff – 04







Dr. Bhawana Pant

Head of department

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Office of the Community Medicine Dated 06/01/2025

HEALTH CAMP

Venue-. Capt Abdul Hameed Subharti Rural Health and Training Centre Khajuri, Meerut.

Participants- DR. Chhavi Kiran Gupta, Interns Dr. Vanshika, RHTC Khajuri, Dr. Dharmendra Dentist Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr. Vanshika, Dr. Varsha, Dr. Abhinav Tomar, Dr. Neha.

A health Camp was conducted on 06/01/2025 at our Rural health and training Centre Khajurl. The patient were examined and advised regarding health by Prof. Dr. Chhavi Kiran Gupta, and health education geven by interns Dr. Vanshika and Oral hygiene advised by Dr. Dharmendra Singh Dentist, Department of Community Medicine Subharti Medical College, Meerut, Medicine distributed by Mr. Arjun Singh , Mrs. Renu Rani , Mrs. Suneeta, Ramesh, Vinod were present there.

Patient - 50 STAFF – 06





Dr. Bhawana Pant

Head of department

Subharti Medical College

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Office of the Community Medicine ***Dated 08/03/2025***

International Womens day

International Womens day awareness program held at Shaheed Bhagat Singh (Urban Health and Training Center, Multanagar), Department of Community Medicine, Subharti Medical College

On the occasion of world women Day, an awareness program was organized by subharti dental college and hospital, on 8th march 2025. The program was led by Dr.Suparna (Faculty of community Dentistry) which was supported by Dr.Pawanparasar (HOD- Commmunity medicine) and Dr. Varsha Chaudhary (Professor and MOIC) talk about Girl education is crucial for shaping and more equitable and progressive future, as it empowers women, enhances economic development, and fosters social change, making it a key driver for a better world in the coming scenario. Around 45 girls students, aged approximately 10-16 years, were educated on Menstrual health related issues and myths about it student wereaware about good touch and bad touch were addressed, and at the end, cookies and sanitary napkins were distributed.

The program was supported by Lady Medical Officer Dr. Usha Minhas, Dr. Babita, Dental interns, Subharti Medical College interns, PG and interns from the Naturopathy Department and staff. The successful execution of the event was made possible by Mr. Virender, and Mrs. Kusum, who ensured all arrangements were efficiently managed.





Dr. Pawan Parashar
Head of department

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Office of the Community Medicine Dated 25/03/2024

TALK ON ANEMIA

Venue-. Cept. Abdul Hameed Rural Health and Training Centre Khajuri, Parikshit Garh, Meetut,.

Participants- Dr. Manju Malik (LMO), Dr. Jitendra Chaudhary Non PG JR, Department of Community Medicine, Subharti Medical, College, Meerut.

Volunteer Medical Students – Interns Dr. Vanshika Agarwal, Dr.Vaishnavi Shrivastava.

A talk on Anemia was delivered by Dr. Manju Malik (LMO),and Dr. Jitendra Chaudhary Department of Community Medicine, Subharti Medical, College, Meerut. Dr. Manju Malik (LMO) talked about Anemia Symptoms, Prevention, and Protection. After talk, the patients were examined and advised to take healthy diet like Dark green vegetables, Gud (Jagree), Banana,and use Iron Kdhai. The talk was co coordinated by MSW Mr. Farhat Khan department of community medicine, Subharti Medical College, Meerut, Mrs. Renu Rani, Mr. Arjun Singh, Mrs. Sunita Devi, Mr. Ramesh, Mr. Vinod were presented there.

Doctor-02 Students – 02 Patient- 23 Staff- 06







Dr. Pawan Parashar
Head of department

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Office of the Community Medicine Dated 28/04/2025

SCHOOL HEALTH CAMP

Venue-. Prathmic Vidhalaya1ST Khajuri, Meerut.

Participants- DR. Kushagra JR 1st, Dr. Dharmendra Singh Dentist Mr. V.S Panday Optometrist Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr. Divyansh Vats, Dr. Dipjyoti Roy, Dr. Depanshu Goel, Dr.Danish Sajjad.

A health Camp was conducted on 28/04/2025 at Primary Pathshala 1st Khajurl. The Students were examined by Dr. Kushagra JR 1st and Dr. Dharmendra Singh Dentist, Department of Community Medicine Subharti Medical College, Meerut, and health education given by Interns, Vinod was present there. The Programme was Co coordinated by MSW Mr. Farhat Khan

Doctors- 02 Interns-04 Patient - 66 STAFF – 03








Dr. Pawan Parashar
Head of department

Office of the Community Medicine Dated27 /05/2025

HEALTH CAMP

Venue-. Cept. Abdul Hameed Rural Health and Training Centre Khajuri, Parikshit Garh, Meetut,.

Participants- DR. Chhavi Kiran Gupta Prof. Dr. Manju Malik LMO, Dr. Kushagra JR1st Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr. Khan Samreen, Lokesh Banik, Kirshan Kant Sharma, Keshav Agarwal.

A health Camp was conducted on 27/05/2025 at our Rural health and training Centre Khajurl. The patient were examined and advised regarding health by Prof. Dr. Chhavi Kiran Gupta,Dr. Manju Malik and health education geven by interns, Department of Community Medicine Subharti Medical College, Meerut, B.P,Hight, Weight Majored by Nursing Students from Panna dhay Subharti Nursing College Meerut. Medicine distributed by Mr. Arjun Singh Mrs. Renu Rani , Mrs. Suneeta, Ramesh, Vinod were present there. The Programme was Co coordinated by MSW Mr. Farhat Khan

Doctors- 02 Interns-04 Patient - 35 STAFF – 06







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Head of department

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Office of the Community Medicine Dated 18 /06/2025

SKIN HEALTH CAMP

Venue-. Cept. Abdul Hameed Rural Health and Training Centre Khajuri, Parikshit Garh, Meetut,.

Participants- Prof. DR. Pawan Parashar (HOD), Tejawani (Derma), Dr. Dharmendra Singh Dentist, Dr. Shalu Sharma JR1st Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – Interns Dr. Mahima Garg, Dr. Mansi Agarwal.

A health Camp was conducted on 18/06/2025 at our Rural health and training Centre Khajurl. The patient were examined and advised by Prof. Dr. Prof. Dr. Pawan Parashar (HOD), and skin patient wer Examined by Dr. Kirtika (Derma), Dr. Dharmendra Singh Dentist and health education geven by interns, Department of Community Medicine Subharti Medical College Meerut. Medicine distributed by Mr. Arjun Singh, Mrs. Suneeta, Ramesh, Vinod were present there. The Programme was Co coordinated by MSW Mr. Farhat Khan

Doctors- 04 Interns-02 Patient - 62 STAFF – 06







Dr. Pawan Parashar
Head of department

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Office of the Community Medicine Dated 19 /06/2025

HEALTH CAMP

Venue-. Mr Sompal Chaprana House, Village Panchali, Meetut,.

Participants- Dr. Manas department of Orthopedic, Dr. Parul Dermatology, Dr. Sagarika ophthalmology, Dr. Prabhat Kumar Medicine) Dr.Dharmendra Singh (Dentist), Dr.Gopi Raman JR-IInd, Dr. Kushagra JR Ist, Dr.Shalu Sharma JR. Ist, Dr.Priggya,JR Ist Department of Community Medicine, Subharti Medical College, Meerut.

Volunteer Medical Students – MBBS 2022 Family Adoption Students.

A health Camp was conducted on 19/06/2025 at .Family Adoption Area Mr Sompal Chaprana House, Village Panchali. T122 patient were examined with their weight,B.P.and random blood suger(who were diabetics) advised by **-** Dr. Manas (Aurtho), Dr. Parul (Derma), Dr. Sagarika (Pptha), Dr. Prabhat Kumar and health education geven by MBBS Students 2022 Subharti Medical College Meerut Medicine distributed free to patient who there commen illeness by Mr. Atar Singh. 20 patient has been referred to subharti hospital for further Investigations and specialist opinions. The Camp were visited by Prof. Dr. Pawan Parashar (HOD), Prof. Dr. Varsha Chaudhary, Prof. Dr. Chhavi Kiran Gupta Department of Community Medicine, Subharti Medical College Meerut. Mrs. Suneeta, Mr. Saimul Paul (PRO) were present there. The Programme was Co coordinated by MSW Mr. Farhat Khan.

Doctors- 08 Students-92 Patient - 122 STAFF – 03

















Dr. Pawan Parashar
Head of department

Self Defense

University organizes self-defense classes/ training camps for female students and employees on a regular basis.

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SUBHARTI UNIVERSITY
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OFFICE OF THE REGISTRAR
Syed Zafar Hussain
P.G.D.C.A. M.B.A.
ADDITIONAL REGISTRAR
adr@subharti.org

Ref. No.: U-163/SVSU/2023/[illegible] Dated: 13.09.2023

NOTIFICATION

Gender Sensitization Committee is collaboration with Department of Physical Education is organizing a training on Kavach Self-Defense (कवच आत्मरक्षा) on 26th September, 2023.

Venue : SCFF Auditorium
Time : 10:00 AM

All girl students including Ist year (2023-24 batch) must attend the program. While, other female faculty members & students are also welcome to join.

Gender Sensitization Committee along with Department of Physical Education is requested to make all necessary arrangements for the event.

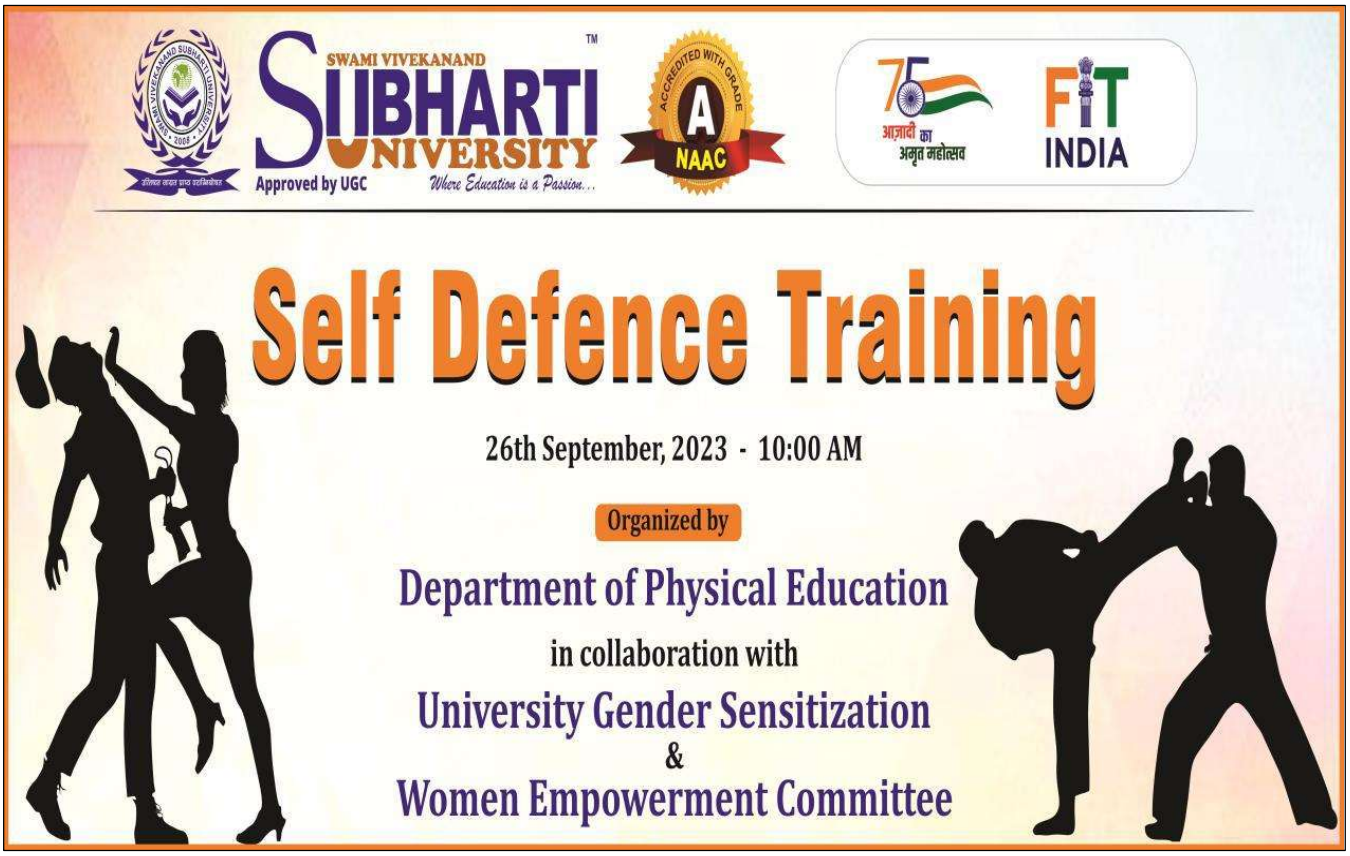
Officiating Registrar

Copy:

- Hon'ble Vice-Chancellor
- Chief Executive Officer
- Pro Vice-Chancellor
- Head of the Institutions- *(with a request to make this event a successful one)*
- IIOD *(Home Science/Lib. Science/Paro-Medical Sciences)*
- Finance Officer
- Additional Registrar (T &M)
- IT Department
- Administrative Officer

Officiating Registrar

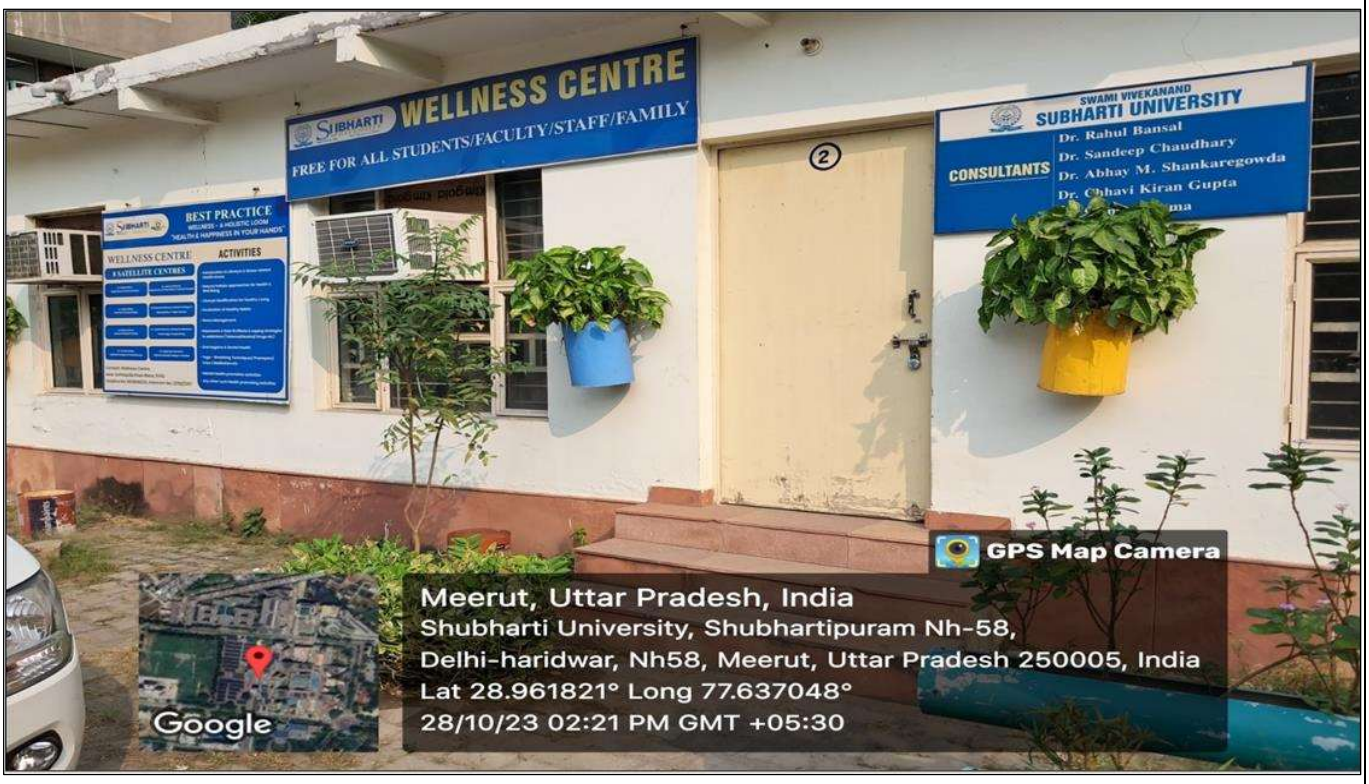
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आज़ादी का अमृत महोत्सव
FIT INDIA
Self Defence Training
26th September, 2023 - 10:00 AM
Organized by
Department of Physical Education
in collaboration with
University Gender Sensitization
&
Women Empowerment Committee


SUBHARTI UNIVERSITY
Approved by UGC
NAAC
FIT INDIA
Self Defence Training
26th September, 2023 - 10:00 AM
Organized by

Professional Counseling & Wellness Centre

Professional counseling services are available on campus to address the psychological and emotional concerns of the Students, Staff & Faculty through counseling centers and Wellness centers.



Wellness Centre



Counselling Centre



Counselling Session

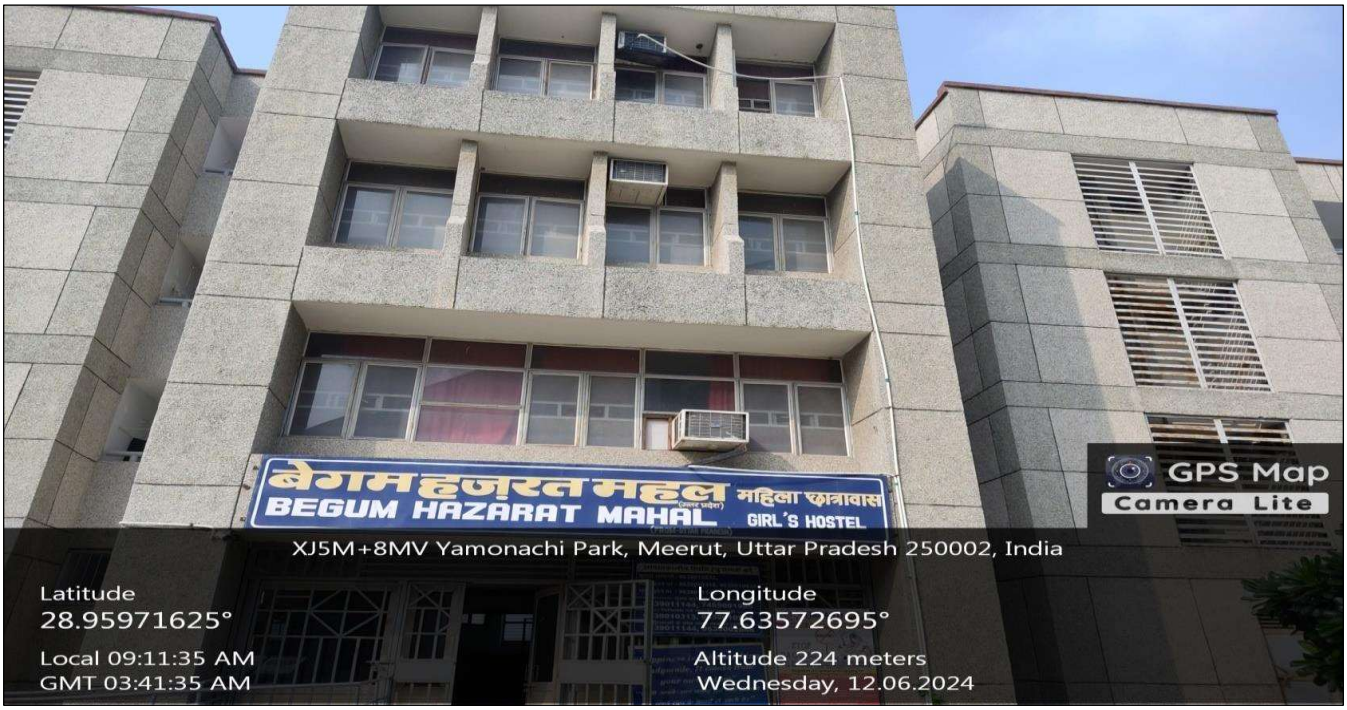
Infrastructural Development

The University considers the Safety of women is of paramount concern. All necessary Infrastructural improvement measures required are in place and maintained well.

Girls' Hostel



(Bhagini Nivedita Girls Hostel)



(Begum Hazrat Mahal Girls Hostel)

The University has a separate park only for Girls.





Health Care Centers

The campus has an adequate advanced health care center along with an ambulance facility to ensure women's safety for availing the primary and emergency health care services on a 24-hour basis within the campus.






NEW CHARAK MEDICAL STORE
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Internal Complaints Committee

The University has an Internal Complaints Committee (ICC) constituted as per the legal requirements in the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013. The ICC works towards prevention and grievance redressal and looks into all complaints of sexual harassment filed by women students and women staff members and adheres to all the rules and regulations stipulated in this Act.

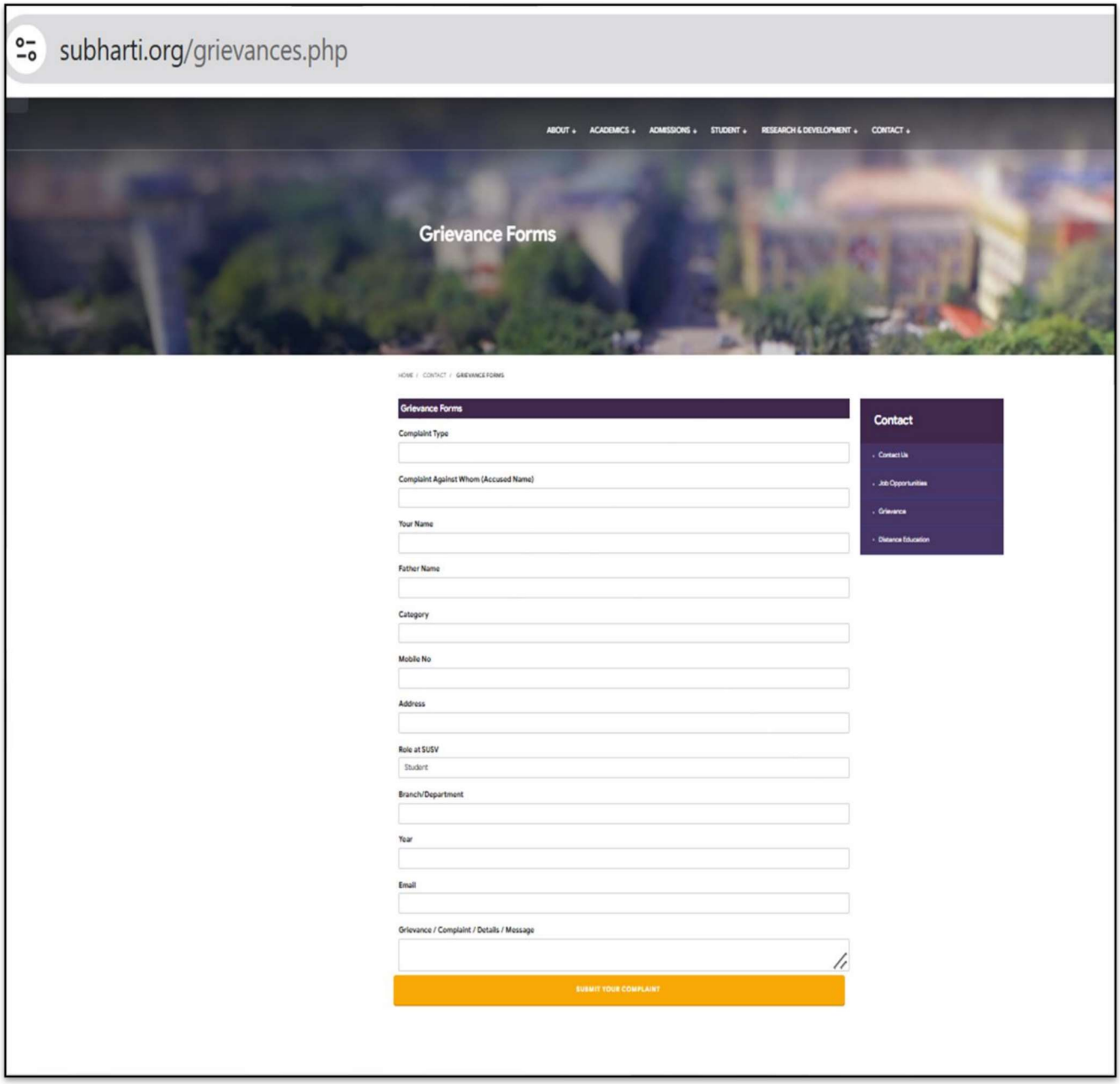
Information about the ICC, its members, their contact details via phone and email, and details about the role and responsibilities of the ICC are prominently uploaded on the website of the institution. It is also disseminated widely through posters or brochures put up at prominent places, on notice boards of all departments, offices, hostels, auditoriums and prominent places of the campus. A copy of the act is uploaded on the website of the University.

Link for University Internal Complaint Committee for Protection of Women Against Sexual Harassment at Work Place (https://subharti.org/walfare-mechanism-subharti-university-india.php)



Grievance Redressal

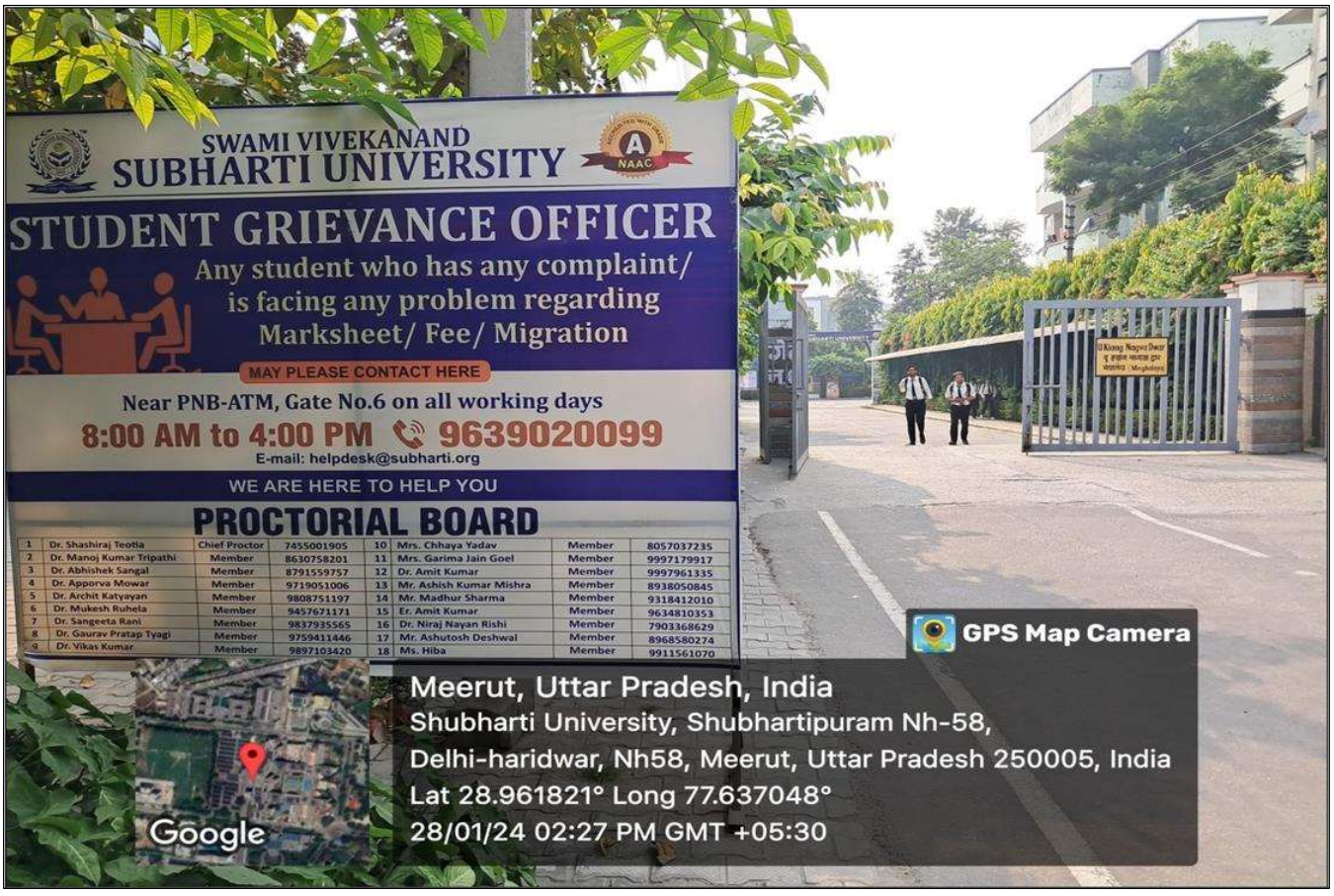
Complaint /grievance boxes are put up at discreet locations in all buildings of the institution. Anonymous complaints are also addressed. In addition, an online Grievance portal is also available.




SWAMI VIVEKANAND
SUBHARTI UNIVERSITY
NAAC
STUDENT GRIEVANCE OFFICER
Any student who has any complaint/
is facing any problem regarding
Marksheet/ Fee/ Migration
MAY PLEASE CONTACT HERE
Near PNB-ATM, Gate No.6 on all working days
8:00 AM to 4:00 PM 9639020099
E-mail: helpdesk@subharti.org
WE ARE HERE TO HELP YOU
PROCTORIAL BOARD
GPS Map Camera
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Delhi-haridwar, Nh58, Meerut, Uttar Pradesh 250005, India
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पेटिका
कुलपति महोदय
अध्यक्ष महोदय
गोपनीय पत्र पेटिका
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आपातकालीन स्थिति हेतु सम्पर्क करें
सुरक्षा सम्बन्धी - 9639010232,
आग लगने पर - 9639010318, 9639010934
रेगिंग होने पर - 9639011144,
मुख्य कुलानुशासक
9639011144, 7455001905
चिकित्सा एवं एम्बुलेंस सम्बन्धी
9639010313, 9639010237
महिलाओं के प्रति अभद्र व्यवहार होने पर
9639011144, 9639002866
GPS Map Camera
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Delhi-haridwar, Nh58, Meerut, Uttar Pradesh 250005, India
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SWAMI VIVEKANAND
SUBHARTI UNIVERSITY
NAAC
STUDENT GRIEVANCE OFFICER
Any student who has any complaint/
is facing any problem regarding
Marksheet/ Fee/ Migration
MAY PLEASE CONTACT HERE
Near PNB-ATM, Gate No.6 on all working days
8:00 AM to 4:00 PM 9639020099
E-mail: helpdesk@subharti.org
WE ARE HERE TO HELP YOU
PROCTORIAL BOARD
1 Dr. Shashiraj Teotia Chief Proctor 7455001905
2 Dr. Manoj Kumar Tripathi Member 8630758201
3 Dr. Abhishek Sangal Member 8791559757
4 Dr. Apporva Mowar Member 9719051006
5 Dr. Archit Katyayan Member 9808751197
6 Dr. Mukesh Ruhela Member 9457671171
7 Dr. Sangeeta Rani Member 9837935565
8 Dr. Gaurav Pratap Tyagi Member 9759411446
9 Dr. Vikas Kumar Member 9897103420
10 Mrs. Chhaya Yadav Member 8057037235
11 Mrs. Garima Jain Goel Member 9997179917
12 Dr. Amit Kumar Member 9997961335
13 Mr. Ashish Kumar Mishra Member 8938050845
14 Mr. Madhur Sharma Member 9318412010
15 Er. Amit Kumar Member 9634810353
16 Dr. Niraj Nayan Rishi Member 7903368629
17 Mr. Ashutosh Deshwal Member 8968580274
18 Ms. Hiba Member 9911561070
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Sexual Harassment & Gender-based Discrimination

The university advocates a zero-tolerance policy with respect to sexual harassment and gender-based discrimination on campus. All necessary actions are taken and norms followed as per the official gazette of India, University Grant Commission (Prevention, prohibition and redressal of sexual harassment of women employees and students in higher educational institutions) Regulation, 2015.




SUBHARTI UNIVERSITY
RAGGING
WHAT IS RAGGING?
Any Act Resulting in:
• Mental/Physical/Sexual Abuse
• Indecent Behaviour
• Use of Force
• Financial Exploitation/Extortion
• Verbal abuse
• Indecent Behaviour
• Undermining Human Dignity
RAGGING
IS A CRIMINAL OFFENCE
ANY DIRECT OR INDIRECT INVOLVEMENT IN RAGGING CAN RUIN YOUR CAREER
Register on www.antiragging.in
WHAT ARE THE PUNISHMENTS
• Withholding of Results.
• Cancellation of Admission.
• Prosecution for Criminal Action.
• Suspension/Expulsion from the hostel.
• Rustication for a period ranging from one to four Semesters.
• Suspension from attending classes & all academic privileges.
• Debarring from appearing in any Test/Examination or other evaluation process of the Institute/University.
• Expulsion from the institution and consequent debarring from admission to any other institution for a specified period.
• Debarring from representing the institution in any Regional, State, National or International Meet, Tournament, Youth Festival etc.
• Withholding/withdrawing of Scholarship, Fellowship & other Benefits.
STOP Ragging!
IN CASE OF RAGGING
IMMEDIATELY CALL ON OUR 24X7 HELPLINE NOS.
Chairperson Anti Ragging Squad : Prof. (Dr.) Vaibhav Goel Bhartiya - 9639011144
Dr. Sachin Gupta 9997175234
Mrs. Garima Jain 9997179917
Dr. Manoj Kumar Tripathi 9412208946
Dr. Surandar Kumar 8171973912
Mr. Prasanjit Paul 9897142042
Ms. Hiba 9911561070
Dr. Archita Bhatnagar 8171915877
Dr. Dheer Pal Singh 9927940100
Dr. Sangeeta Rani 9837935565
Dr. Vishal Kumar 9927248341
Mr. Madhur Sharma 9319412010
Ms. Virender Pal Kaur 7830620847
Dr. Niraj Nayan Rishi 7983360629
Mr. Mayank 9084105300
Dr. Alok Tripathi 7409468065
Ms. Renu Chaudhary 9810316223
Mr. Archit Katyayan 9808751197
Mr. Rajnesh Kumar 8303941703
Mr. Raja Sen 7428290895
Syed Laiq Hassan 9639617911
Dr. Pavanendra Kumar Tiwari 9457487896
आपातकालीन स्थिति हेतु सम्पर्क करें / FOR EMERGENCY PLEASE CONTACT
सुरक्षा सम्बन्धी/ FOR SECURITY: 9639010232, 9639010199
आग लगने पर/ FOR FIRE: 9639010318, 9639010934
रैगिंग होने पर/ FOR RAGGING: 9639011144, 9837935565
मुख्य कुलानुशासक/ CHIEF PROCTOR: 9639011144, 7455001905
चिकित्सा एवं एंबुलेंस सम्बन्धी/ FOR HOSPITAL & AMBULANCE
9639010313, 9639010237
महिलाओं के प्रति अभद्र व्यवहार होने पर/ FOR PROTECTION OF WOMEN
9639011144, 9639002866
INTERNAL COMPLAINT COMMITTEE FOR PROTECTION OF WOMEN AGAINST SEXUAL HARASSMENT AT WORK PLACE
S.No. NAME STATUS Contact No.
1 Dr. Reena Bishnoi, Presiding Officer 9897843764
2 Mr. Sayed Zafar Hussain, Member 9639011152
3 Dr. Shubhangi Gupta, Member 9359059295
4 Dr. Sangeeta Dayal, Member 9756077177
5 Ms. Sanju Solanki, Member 9458203656
6 Ms. Renu Chaudhary, Member 9810316223
7 Ms. Manpreet, Member 7302985904
8 Ms. Anita Rana, Member 9412706850
9 Ms. Nisha Singh, Member 8899404963
10 Dr. Priya Devi, Member 9639023543
11 Ms. Muskan Sharma, Member 9627438755
12 Mr. Harshvardhan Kaushik, Member 8057185347
13 Mr. Brahampal Singh, Member 9639018045
Sl. No. 8,9 & 10 will be the member of the Committee only when the matter is related with students. The above said Committee is effective with immediate effect.
The Coffee Heart
GPS Map Camera Lite
SHUBHARTI UNIVERSITY, SHUBHARTIPURAM NH-58, DELHI-HARIDWAR, NH58, Meerut, Uttar Pradesh 250005, India
Latitude
28.96250952°
Longitude
77.63731194°
Local 09:45:13 AM
GMT 04:15:13 AM
Altitude 228 meters
Tuesday, 10.02.2024

Gender Sensitization

Gender sensitization seminars, contests/exhibitions/debates/ and film screenings are organized regularly to sensitize the students, teachers, and other staff about the existing gender stereotypes that reinforce gender-based discrimination and violence. Women's Day is celebrated with grandeur to create awareness of gender equality through interactive sessions, performative arts, film discussions, essay and poetry writing, poster making, photography, and critical debates. The selected programs are published in the campus magazine NABZZ.

Self Defense





Health Check Up & Awareness

The University organizes health awareness and health check-up camps to spread awareness about issues such as breast cancer, menstrual hygiene, use of contraceptive pills, unwanted pregnancy, depression, anxiety, eating disorders, stress-induced disorders, hormonal imbalance, Polycystic Ovarian Disease (PCOD), etc.





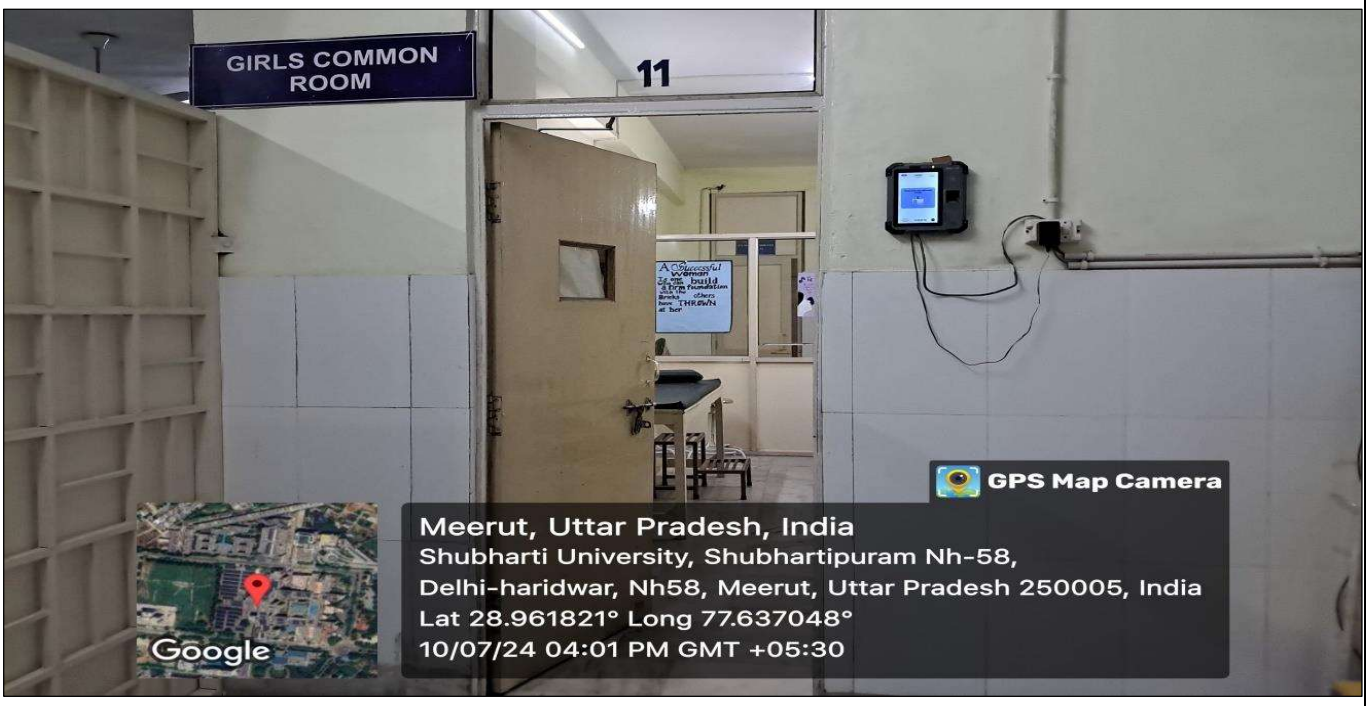



OBSTETRICS & GYNECOLOGY O.P.D.
प्रसूति एवं स्त्री रोग बाहय रोगी विभाग

Common Rooms

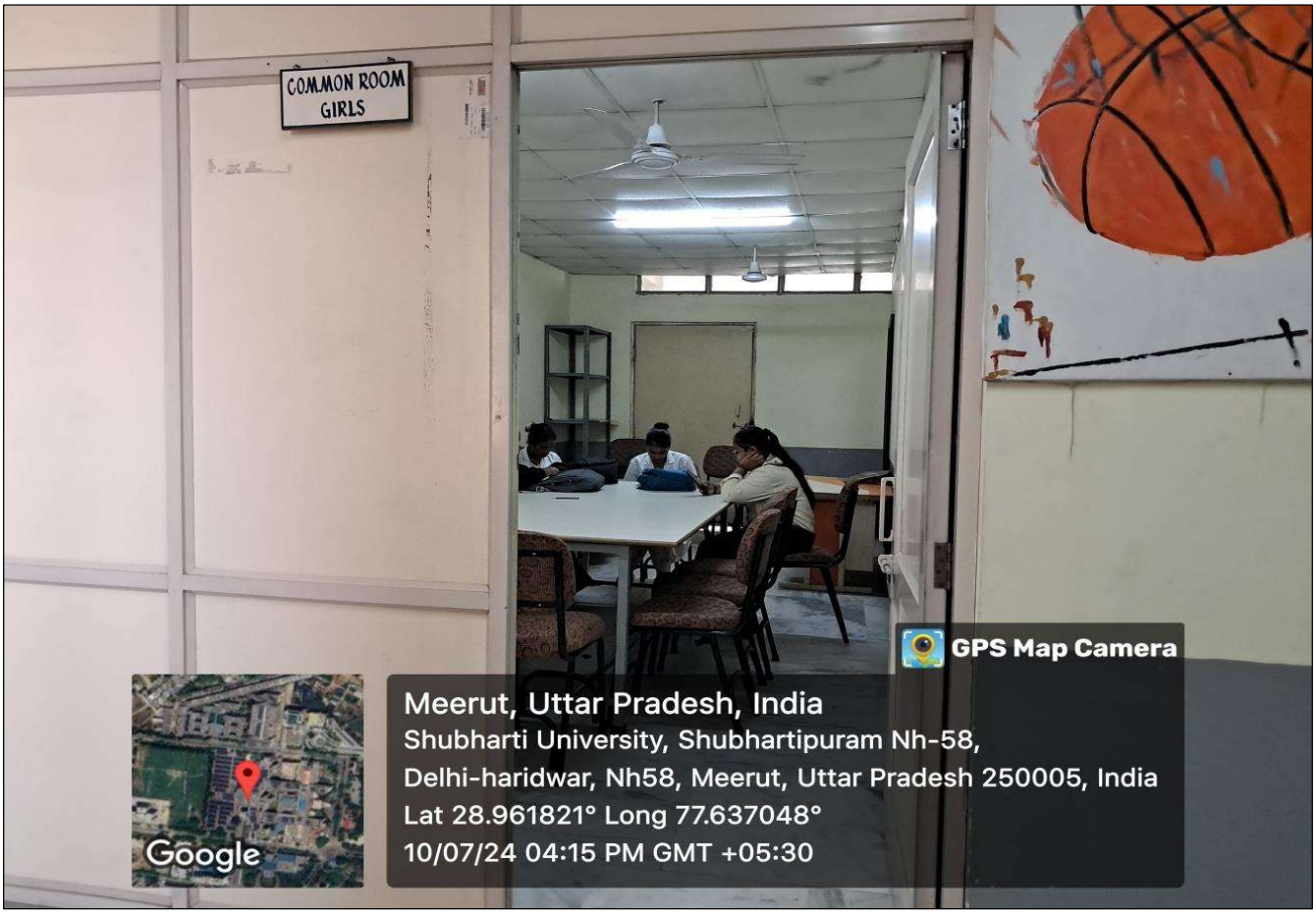
All the colleges have Common Rooms for women and girls students.

Many Common rooms are available at the University.






SUBHARTI COLLEGE OF FINE ARTS & FASHION DESIGN (SCFF)
FINE ART CLUB
Sr.No. NAME DESIGNATION
1. Prof. (Dr.) Pintu Mishra Chairman
2. Mr. Krishan Kumar Co-ordinator
3. Sudeep Sharma Faculty Member
4. Mr. Lucky Tyagi Faculty Member
5. Ms. Anisha Anand Faculty Member
6. Ms. Nishi Chauhan Faculty Member
7. Ms. Tamanna Faculty Member
8. Vidushi Sharma Student Member
9. Prakhar Patel Student Member
FINE ART CLUB
STUDENT COMMON ROOM
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Delhi-haridwar, Nh58, Meerut, Uttar Pradesh 250005, India
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COMMON ROOM
GIRLS
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Delhi-haridwar, Nh58, Meerut, Uttar Pradesh 250005, India
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A Successful Woman
Is one who can build a firm foundation with the Bricks others have THROWN at her
GPS Map Camera
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Shubharti University, Shubhartipuram Nh-58,
Delhi-haridwar, Nh58, Meerut, Uttar Pradesh 250005, India
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Only for Girls Park

The University has a Separate Park only for Girls.





EDUCATION AND SENSITIZATION PROGRAM

Swami Vivekanand Subharti University in collaboration with **Nine Foundation**, organized an **Education and Sensitization Program** combined with a **Sanitary Napkin Distribution Drive** as part of its ongoing commitment to promoting **women's health, hygiene, and gender equality**.





Basic Sanitation & Hygiene

Easy access to basic sanitation and hygiene facilities for women such as clean, well-maintained, and fully functioning separate restrooms equipped with 24-hour tap water supply, soap, covered dustbins, sanitary pad disposal bins, and vending machines in all its buildings are provided. Proper sanitary staff was deployed to keep the facilities clean and usable at all times.

Female Toilets







Sanitary Pad Vending & Disposal Machines



WOMEN'S ACCESS SCHEMES

Swami Vivekanand Subharti University has implemented a range of initiatives designed to enhance women's access to education, ensure their safety, and promote empowerment through academic, financial, and institutional support mechanisms.

1. Mentoring and Empowerment Initiatives

- **Women Empowerment and Gender Sensitization Programs:**
  Conducted through the University's *Women Empowerment Committee*, these programs raise awareness about women's rights, gender equality, and legal literacy under initiatives like *Mission Shakti*.
- **Shakti Kendra (Women's Centre / Grievance Cell):**
  A dedicated support centre providing counselling, guidance, and grievance redressal for female students, located in the Department of Languages.
- **Peer Support and Counselling:**
  The *Student Welfare Office* and *Shakti Kendra* coordinate confidential counselling services, mentoring, and peer support groups to promote academic and emotional well-being.

2. Scholarship and Financial Support

- **Additional Scholarship for Female Students:**
  All female students receive an additional **5% scholarship**, irrespective of their qualifying exam percentage, to encourage greater participation in higher education.
- **Meritorious Scholarships:**
  Awards based on academic excellence. If a female student qualifies for multiple categories, she receives the **highest applicable scholarship**.
- **Golden Card Scheme (Encouraging Girl Child):**
  A distinctive initiative aimed at encouraging the birth and education of girl children and discouraging female feticide through awareness and incentives.

3. Safety, Security, and Welfare Mechanisms

- **Internal Complaint Committee (ICC):**
  Established in compliance with UGC guidelines to address cases of sexual harassment and ensure a safe, inclusive campus.
- **Comprehensive Security Arrangements:**
  Includes 24×7 **CCTV surveillance**, **women security personnel**, **safe hostels**, and **sanitary napkin**

Vending machines across campus.

- **Welfare & Student Support Services:**
  The *Student Welfare Office* oversees counselling, grievance Redressal, and scholarship facilitation, with **special focus on women students' needs**.

In essence, these women's access schemes at Swami Vivekanand Subharti University combine academic incentives, financial aid, mentoring, and safety mechanisms to foster an inclusive, empowering, and equitable educational environment for all women students.

The objectives of Swami Vivekanand Subharti University, in alignment with the United Nations Sustainable Development Goals (UNSDGs), along with the University's contributions towards achieving these objectives, are outlined below:

UNSDGs and University's Objective	University's Contribution Towards Achieving its Objectives
SDG 3: Good Health and Well-being University's Objective : To leverage the university's Wellness Centre, Medical, Dental, Nursing, Ayush, Physiotherapy and Pharmacy colleges to provide affordable, accessible, and quality healthcare services to the surrounding community through the university hospital and medical camps.	**University's Wellness Centre –** • Promotes holistic health through awareness programs, and lifestyle management activities. • Provides mental health counseling, stress management, and emotional well-being support. • Extends wellness outreach to nearby communities through health camps and education initiatives. • Provides mental health counselling for students and staff. • Promotes mindfulness, meditation, and stress-relief sessions to enhance mental well-being. • Operates a confidential helpline for students and staff. **Faculty of Medical -** • Operates Subharti Medical College and the 1,000-bed Chhatrapati Shivaji Subharti Hospital, offering affordable or free healthcare services to the public. • Regularly organizes free medical and diagnostic camps in rural areas through collaborations with NSS and NCC. • Regularly conducts awareness programs on non-communicable diseases, maternal and child health, and preventive healthcare. • Implements vaccination drives (COVID-19, polio, hepatitis B, etc.) in coordination with district health authorities. • Provides emergency care, and health insurance support for students and staff. **Faculty of Dental -** • Offers low-cost or free dental treatment through its hospital and mobile dental vans. • Regularly organizes oral hygiene campaigns in schools and villages. • Regularly conducts tobacco cessation and oral cancer screening drives. **Faculty of Nursing –** • Regularly executes community health nursing programs in adopted villages focusing on maternal health, child immunization, and sanitation. • Regularly provides school health check-ups and first-aid training. • Leads health awareness rallies on adolescent health, hygiene, and nutrition. **Faculty of Allied Health Sciences -** • Regularly conducts rehabilitation camps for physically challenged individuals and accident victims. • Offers free physiotherapy sessions for underprivileged patients in collaboration with local NGOs. • Regularly organizes workshops on postural correction, ergonomics, and physical fitness.

	Faculty of AYUSH - • Promotes Ayurveda and Yoga-based preventive healthcare through daily sessions and community camps. • Regularly hosts workshops on immunity-boosting remedies. • Runs free Ayurvedic consultation camps with medicine distribution. **Faculty of Engineering and Technology -** • Develops low-cost health-monitoring and IoT-based health tracking devices through student innovation projects. • The Environment Department advocates green and pollution-free campus practices for a healthier environment. **Faculty of Pharmacy -** • Regularly conducts drug abuse prevention and safe medication awareness programs. • Engages in research on herbal and pharmaceutical formulations for improved health outcomes. • Regularly organizes community outreach sessions on proper dosage and medicine storage. **Faculty of Law -** • Operates Legal Aid Clinics addressing cases related to health rights and medical negligence. • Regularly holds seminars on Right to Health, patient rights, and bioethics. • Participates in awareness campaigns on women's and children's health laws (MTP, POCSO, etc.). **Faculty of Science -** • Regularly conducts research on pollution, water quality, and disease-causing microbes, promoting environmental health. • Regularly organizes science exhibitions demonstrating low-cost sanitation and clean-water technologies. **Faculty of Education -** • Integrates health education modules in the B.Ed. curriculum. • Engages in school outreach programs on hygiene, menstrual health, and mental well-being. **Faculty of Fine Arts -** • Designs posters, wall paintings, and exhibitions promoting hygiene, vaccination, and fitness. • Supports the university's wellness initiatives through creative visual campaigns. **Faculty of Management and Commerce -** • Regularly conducts stress and time management workshops and workplace well-being sessions. **College of Hotel Management -** • Trains students in food safety, hygiene, and balanced nutrition. • Hosts healthy-cooking demonstrations for the campus and local community. **Faculty of Arts and Social Sciences -** • Produces documentaries, short films, and radio programs on public health and lifestyle diseases.

	• Collaborates with local media to cover and promote health awareness campaigns. • Conducts community counselling and social work programs addressing addiction, domestic abuse, and mental well-being. • Leads surveys and outreach activities on public health behaviour and awareness. • Organizes nutrition, hygiene, and home-based healthcare workshops for women and students. • Develops low-cost nutritious meal plans and demonstrates them in rural health camps. • Collaborates with AYUSH and NSS to support value-based wellness and yoga programs. • Organizes seminars on health policy, governance, and public health rights. • Encourages student research on government health schemes such as Ayushman Bharat and the National Health Policy (NHP). • Uses Street plays, skits, and storytelling to raise awareness on hygiene and vaccination. **University-wide Initiatives -** • Offers low-cost diagnostic and laboratory services to surrounding communities. • Conducts blood donation, eye check-up, and anaemia detection camps. • Trains technicians and volunteers in first aid and emergency care. • Subharti Hospital Outreach: Continuous free or subsidized medical and dental services to nearby villages. • NSS/NCC Units: Active in blood donation drives, International Yoga Day celebrations, fitness campaigns, and hygiene awareness. • Campus Environment: Maintains smoke-free and plastic-free policies to ensure a clean and healthy lifestyle.