

Pulse



In this edition: September - October, 2020

INDEPENDENCE DAY OF **UNITED INDIA**

OCTOBER 21, 2020 - Annual Day Celebrations

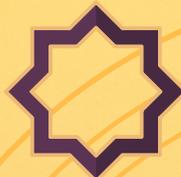
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We wish you

Love & Joy

this festive season



अखण्ड भारत का स्वतन्त्रता दिवस

स्वामी विवेकानन्द सुभारती विश्वविद्यालय
का वार्षिकोत्सव

INDEPENDENCE DAY OF UNITED INDIA

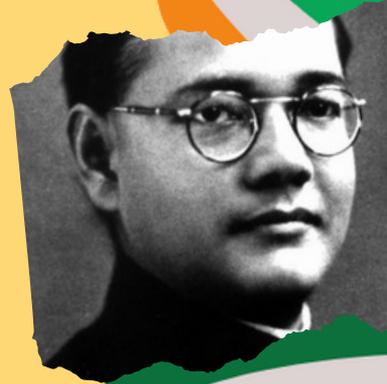
OCTOBER 21, 2020



शुभ सवेरे पंख पखेरे, तेरे ही गुण गाएँ,
बास भरी भरपूर हवाएँ, जीवन में रूत लाएँ,
सब मिल कर हिन्द पुकारे, जय आज़ाद हिन्द के नारे।
प्यारा देश हमारा।
सूरज बन कर जग पर चमके, भारत नाम सुभागा,
जए हो! जए हो! जए हो!
जए जए जए जए हो!!

Subh Sukh Chain was the national anthem of the
Provisional Government of Free India.

The song was based on a Bengali poem Bharoto Bhagyo Bidhata by Rabindranath Tagore. After Subhash Chandra Bose shifted to Southeast Asia from Germany in 1943, he with the help of Mumtaz Hussain, a writer with the Azad Hind Radio and Colonel Abid Hassan Saffrani of the INA, had rewritten Tagore's Jana Gana Mana into Hindustani Subh Sukh Chain for being used as the national anthem.



Independence Day of United India

[http://](#) [Read the extended article](#)

Swami Vivekanand Subharti University has had a long tradition of celebrating 21st October as the 'Independence Day of United India', to commemorate the declaration of independence by Netaji, in 1943. The day is also celebrated as our Annual Day.



The university stands strong on four pillars, Siksha, Seva, Sanskar, and Rashtriyata. Our Hon'ble founder Dr. Atul Krishna Bodh believes that the young generation needs to learn about and appreciate the sacrifices made by our forefathers.

He believes that **our glorious nation gained its independence under the able guidance of Netaji Subhash Chandra Bose**, a belief which was further strengthened by the whole nation as our Hon'ble Prime Minister Shri Narendra Modi gave a poignant speech and hoisted the Indian flag at the Red Fort, Delhi on 21st October 2018.

We believe Independence is gained through 'resolution' and not a grant. The British may have left India in 1947 but the Azad Hind Fauj declared independence not only through a speech given by Netaji but by its name itself.

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'AZAD HIND FAUJ' was the END of the RAJ.

The news clipping "Why in 1946 the British decided to leave India" was published in the Tribune in 2006.

Why in 1946 the British decided to leave India?

NAVAL REVOLT
19 FEB. 1946



Clement Attlee

Replies Lord Attlee, then Prime Minister of England: "It was because of wartime activities of the I.N.A., Naval Revolt, the widespread unrest in Indian Armed Forces and NOT IN THE LEAST because of 1942 Quit India Movement of Mahatma Gandhi."

..."[19th Feb. 1946 Morning the Revolt — in the same evening he states in House of Lords that a Cabinet Mission was to be sent instantly to India for settling terms of India's independence with her leaders]"...

An extract from a letter written by Mr. P. V. Chakraborty, former chief justice of Calcutta High Court on March 30, 1976 reads thus:

"When I was acting as Governor of Bengal in 1956. Lord Clement Attlee, who was the British Prime Minister in postwar years and who was responsible for India's freedom, visited India and stayed in Raj Bhawan, Calcutta for two days..." I put it straight to him like this: "The Quit India Movement of Gandhi practically died out long before 1947 and there was nothing in the Indian situation at that time, which made it necessary for the British to leave India in a hurry. Why then did they do so?"

In reply, Attlee cited several reasons, the most important of which were the I.N.A. activities of Netaji Subhas Chandra Bose, which weakened the very foundation of the British Empire in India and the RIN Mutiny which made the British realize that the Indian armed forces could no longer be trusted to prop up the British. When asked about the extent to which the British decision to quit India was influenced by Mahatma Gandhi's 1942 movement, Mr Attlee's lips widened in smile of disdain and he uttered slowly, "Minimal".

[The Tribune of Sunday, Feb. 12, 2006, 'Spectrum', p. 11.]

"We have to bring light to the true version of our nation's history by sharing the facts that led the British to flee from India. Our Independence was not given but gained".
- Dr. Atul Krishna Bodh



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Independence Day of United India

A glimpse of the past. (Continued from pg. 2)



[Watch 2020 celebrations on YouTube](#)



Awards & Recognitions



Patent "Twin Bicycle"

Dr. Krishna Murty



Patent "Fabric Folding Tool For Pleating a garment"

Dr. Rena Mehta



Copyright for SIMPLEST

University ERP "SIMPLEST" Mr. Vivek Tiwari (C.T.O) and Mr. Veenu Bhatnagar (HOD-ERP)



Guru Shreshtha Award

Dr. Sartaj Ahmed received an award by Mishika Educational and Welfare Society for his contribution as a teacher and social endeavours.



InSc Young Achiever Award 2020

Dr Shraddha Upadhyay was awarded the young achiever award 2020, by the Institute of Scholars



Subharti DDE

Subharti Department of Distance Education got the nod to run distance education courses under UGC regulations for the year 20-21.



ECHS Empanelment

Lokpriya Hospital - The Urban Health Centre of Swami Vivekanand Subharti University has been empaneled for Ex-servicemen contributory health scheme by the dept. of ESW, Ministry of Defence.

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Subharti News

<http://> [Click here to visit the Subharti University news portal](#)

Prof. (Dr.) V.P.Singh promoted to become the Vice-Chancellor

Prof. (Dr.) Vijendra Pal Singh commenced his duties as the Hon'ble Vice-Chancellor from the month of September 2020.



A graduate from LLRM Medical College, Meerut in 1975, he joined Army Medical Services. After 33 years of distinguished service, he retired from the Army as a Brigadier in 2010. During his tenure in service, he served at various tertiary care hospitals, viz Army Hospital (Research & Referral), New Delhi. Army Institute of Cardiothoracic Services, Pune. During service, he did his postgraduation in MD (Anaesthesiology) and Ph.D. in Anaesthesiology from AFMC Pune University and fellowship / post-doctoral certificate course (PDCC) in Cardiac Anaesthesiology from a premier institute, AIIMS, New Delhi.

Under his leadership and professional excellence, the Department of Anaesthesiology & Critical Care at Subharti Medical College, Meerut progressed leaps and bounds. The hospital got accreditation of NABH (Pre entry-level) and full NABH accreditation of nursing services during his tenure as Addl. Chief Medical Superintendent of C.S.S.H. He was appointed as a Pro-Vice-Chancellor with effect from 1st June 2020, till 31st Aug 2020.

Dr. Vijay Wadhvan promoted to become the Pro-VC

Dr Vijay Wadhwan did his BDS and MDS from K L E 's Institute of Dental Sciences, Belgaum. He has been a Prof. & Head, Department of Oral Pathology at Subharti Dental College. He has been actively teaching both graduates and post-graduates since 2003. Dr. Wadhwan has got a number of publications to his credit. He is actively involved in co-curricular activities and is involved in many committees of the University. Dr. Wadhwan will continue to head the Department of Oral Pathology along with his duties as the Pro-VC.

Doordarshan's Business Inside featured our top management.

Business Inside is a popular business series aired on the national TV channel Doordarshan. The series is hosted by business mentor Mr. Sunil Kumar Gupta and has aired over 50 episodes.

The show featured our CEO - Dr. Shalya Raj and our trustee and the Director of Lokpriya Hospital - Dr. Rohit Ravinder in two different episodes based on 'How to Become a Successful Entrepreneur'.



- [Watch Dr. Shalya Raj talk about her journey as a successful woman entrepreneur.](#)
- [Watch Dr. Rohit Ravinder talk about his journey as a successful medical entrepreneur.](#)

Women Empowerment Week - Protection of Women at Workplace.

Swami Vivekanand Subharti University's Women Empowerment Committee organised a four day Women Empowerment Program at the Mut Court Hall of Sardar Patel Subharti Institute of Law. The CEO - Dr. Shalya Raj spoke on the topic and said that during the festive time of Navratra, we get to see the different avatars of women. This helps to develop an understanding that a woman is be revered in all her roles. Women are Durga, women are Lakshmi, women are Parvati, women are Saraswati and each form is respectable.



The Hon'ble VC - Prof. (Dr.) V.P.Singh said that various programs are organized from time to time for encouraging women in Subharti University and the university is committed to empowering women and students.

Jan Andolan



All the Colleges/Institutes in the Subharti University took a pledge and participated in the ongoing Jan Andolan for appropriate behaviour during the upcoming festivities in our beautiful country.

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M.D in Naturopathy

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MD from Maharishi Aurobindo Subharti College And Hospital Of Naturopathy & Yogic Sciences.

Health care has shifted towards natural methods of treatments, the world over. It is now focusing on the holistic approach or mind-body medicine. New frontiers in Integrative medicine have proven beneficial to heal individuals more effectively & people are beginning to appreciate the benefits of using natural healing therapies. Students seeking Futuristic Programmes in the field of Integrative medicine, holistic health, yoga & naturopathy are now able to earn an MD through Bachelor of Naturopathy & Yogic Sciences.

Subharti College of Naturopathy & Yogic Sciences imparts training & skills for patient-centered care, knowledge of existing and evolving biomedical, clinical, epidemiological and social-behavioral sciences. Students are taught to develop the ability to improve patient care, ethically; based on self-evaluation and life-long learning through scientific evidence by providing a safe, functional, and comfortable environment. The faculty of Ayush has students from 22 states and 3 foreign countries with a 100% placement record.

HIGHLIGHTS & SUPPORT SERVICES

- Approved by University Grants Commission (UGC), CCRYN, Ministry of AYUSH, Govt. of India
- The successful students passing out from the college get their Central Degree Registration from CCRYN (Central Council for Research in Yoga & Naturopathy), Ministry of AYUSH, Govt. of India.
- Highly qualified & experienced faculty
- Regular Camps, Workshops, Seminars & Guest lectures are conducted for up-to-date information & exposure to students.
- The curriculum includes Natural holistic health approaches which are need of the hour.
- College Website with online resources for students – Learn 24x7 Anytime Anywhere approach.
- Departmental Library with more than 500 titles.
- Active MOU signed for student exchange & research with Balaji Nirogdham, Bhaktawarpur.

[Learn more about the courses offered by Subharti College of Naturopathy & Yogic Sciences by clicking here.](#)

Article by: *Dr. Abhay M. Shankaregowda*
Principal & Dean Faculty of AYUSH

Campus Snaps



Dr. Rohit Ravinder



Dr. Sunil Malhotra



Dr. Sunil Malhotra



Subharti Medical College



Dr. Ashish Shukla



Dr. Ashish Shukla



Dr. Neeraj Karan Singh



Solar Roof



Dr. DC Saxena



Subharti Law College



Maangalya Convention Center



Mr. Kushketu K Shrivastav



Subharti Wellness Center

The healthy practice of “Wellness Program” is followed rigorously and religiously in Swami Vivekanand Subharti University with the primary adage of “Health & Happiness is In Your Hands”.

The term Wellness means different things to different people, but at Subharti we firmly adhere to the wellness of mind, body and soul. The wellness centre offers health services for the ailments of the body as well as the troubled mind with the holistic and inclusive approach. It encompasses all the activities that render a complete balance of the physical, mental, emotional, social & spiritual as well as professional well being of an individual. The program is open to one and all irrespective of the hierarchy of the University. The beneficiaries include the students, faculty (Teaching as well as Non-Teaching), University administrative officials and even the general public visiting the University premises.

The program caters to the overall Wellness of the individual with a combination of body services, such as fitness services, personal training and nutrition consultancy along with alternate services such as chiropractic, acupuncture etc. A unique modality which is slowly and steadily becoming popular among the people visiting wellness center is healing through food therapy by modification as well as incorporation of the altered food habits in daily routine. The therapy aims at reducing the use of traditional medicines so as to strike a balance between different humors of the body through diet. Food therapy has helped people to stay healthy, prevent disease, and remove illness which in turn may help to slow the aging process.

The Wellness Centre is centrally located in the campus where team of experts is available everyday for free consultation and counseling. The team coordinates & conducts the program in all the constituent colleges of the University with appropriate resource persons. Individuals who need a one on one



interaction or who feel the need for undivided attention or who feel the need for help in solving their Physical/ Mental/ Emotional issues visit the centre are counseled accordingly by the experts.

Various experts empanelled with the wellness centre include Holistic Physicians, Consultant Psychiatrists & Psychologists, Naturopathy & Yoga Consultants, Preventive Health Care Experts, and Dentists etc. The individuals who require advanced care are also taken care of and are well referred to Secondary/ Tertiary care with appropriate guidance.



The wellness center is well on its way of strengthening the delivery of primary health care in accordance with the National Health Policy 2017.

Student Speak

“Education is the most influential means which can be used to revolutionize the world”.

It is a great opportunity for me to be an integral part of this reputed Swami Vivekanand Subharti University where I have not only learned but also have been groomed professionally and morally. Subharti University has always provided me with a vibrant atmosphere and spending my days here has been a dream run for me. The faculty here is willingly active to transform us into better skillful students in various fields. The various academic programs and courses conducted here in Subharti are very helpful for students for their professional betterment. The enthusiastic and motivational environment here always encourages students to participate in such programs.

The career guidance and motivation to be the best in our chosen field of study has been an outstanding part for me personally. Lush green surroundings, high-end infrastructure facilities are world-class and something that one can be envious of. Teachers are always ready to help us anytime and anywhere. Overall, it has been totally enriching experience academically and socially, and for a successful career and better future.

Just like every coin has two sides, there are some areas where little improvement can go a long way in making our stay more comfortable. The hostel facilities deserve a little looked into and more and more student exchange programs should be laid stress upon in various specialties.

All in all my personal experience in university academically and professionally has been very good and I am definitely a better person than I was when I first entered the campus. Keep Excelling.

Student Name –

Dr. Roli Singh BDS batch - 2011MDS Batch – 2018 (Department of Oral and Maxillofacial Pathology & Oral Microbiology)



INSPIRING personalities

Born: 15 Sep. 1860

SIR MOKSHAGUNDAM VISVESVARAYA (SIR MV)

Sir MV was a civil engineer and statesman. He received the highest honour, the Bharat Ratna, in 1955 and was knighted by King George V for his contribution to public good. Every 15th September is celebrated as engineer's day in India to mark his birth anniversary.

Born: 02 October 1869

MOHANDAS KARAMCHAND GANDHI

A lawyer by profession, he was first referred to as 'honorific Mahatma' in 1914 for his fight against oppression in South Africa. Also, known as the 'father of the nation' for his contributions to the birth of modern India. Bapu is most notably known for his method of nonviolent resistance, throughout the world.

Born: 07 Oct. 1907

DURGAWATI DEVI

An active member of the Naujawan Bharat Sabha, Devi was instrumental in helping Bhagat Singh and Shivaram Rajguru escape after the killing of J. P. Saunders. She led the funeral procession of Jatindra Nath Das from Lahore to Calcutta after his death in a 63-day jail hunger strike. All along the way, huge crowds joined the funeral procession. She later opened a school for poor children in Lucknow, post independence.

Born: 28 Sep. 1907

BHAGAT SINGH

Bhagat Singh's name is taken with the same vehemence as that of Netaji.

"Bhagat Singh did not become popular because of his act of terrorism but because he seemed to vindicate, for the moment, the honour of Lala Lajpat Rai, and through him of the nation. He became a symbol, the act was forgotten, the symbol remained" - Jawaharlal Nehru

Born: 28 Sep. 1907

LAL BAHADUR SHASTRI

The second PM of India and the force behind the white and green revolutions in India, Shastri Ji was a great secular leader. He dropped his caste-derived surname of "Srivastava" as his thoughts were influenced by reading about Swami Vivekananda, Gandhi and Annie Besant. His slogan 'Jai Jawan Jai Kisan' is still remembered and was the driving force during the 1966 war against Pakistan.

Born: 22 Oct. 1900

ASHFAQULLAH KHAN

Khan was a freedom fighter who, along with Ram Prasad Bismil, was sentenced to death for the Kakori train robbery, commonly referred to as the Kakori conspiracy of 1925.

In the mid-1920s, Khan and Bismil went on to found the Hindustan Socialist Republican Association (HSRA), with the aim of winning freedom for the country through an armed revolution.



Subharti <http://>  Read on subharti news portal

An Environmental Exemplar

India is blessed with natural resources, freshwater being one such resource. Unfortunately, rapid urbanization and unmonitored industrialization have led to a rapid rate of depletion in the groundwater level of our country.

In a study done by The Time of India, It is estimated that Meerut with a population of more than 18 lakh, is about to become a second 'Latur' (a city in Maharashtra which is facing severe water shortage) "The main reason for this rapid fall in groundwater level is unrestricted extraction of water through submersible pumps installed at every home. "There is no government regulation on the extraction of groundwater. Wastage of freshwater occurs in mammoth proportions and unfortunately there is no recharging mechanism in place as heavy construction, accompanied by a rising population and expansion of the city is gobbling up land," said Navin Pradhan, director, Research and Relief Society, an NGO working among villagers here.

Just as our value system teaches us to respect elders and seek their blessings, we Indians have always been taught to respect our natural resources; mainly water. Our sanskaras and our beliefs have taught us all to begin our rituals and meals with paying tribute to water. We at Subharti take water conservation very seriously! A few days back we celebrated 'World Car Free Day' at Subharti University and our press releases along with our social media posts mentioned that our campus and we, Subhartians are an "environmental exemplar". This bold claim isn't baseless.

Swami Vivekanand Subharti University campus has 23 rainwater harvesting systems at different locations. These locations retain the rainwater by directing it from large surfaces such as roofs, fields and parking areas with the help of a channel drain to an underground holding tank. An intricate system of pipes carries the rainwater to manholes that further supply it to the boring pumps as per requirement.



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Rainwater harvesting has multiple benefits such as:

- Prevention of Floods
- Solution to Unreliable Monsoon and Drought
- Increases Groundwater Table
- Controls Soil Erosion
- Reduces water borne diseases

Facts by: Dr Mukesh Ruhela
Dept. Of Environmental Engineering



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