

Swami Vivekananda Subharti University, Meerut

Department of Physical Education

Even Semester Time - Table for U.G, PG & M.A.Yoga Classes (2025-2026) w.e.f. 02-01-2026

Time → Day ↓	Classes	Morning Session			9:30 am- 10:30am	Afternoon Session				1:20- 2:20	Evening Session	
		Period - I	Month-I	Month-II		Period-II	Period-III	Period-IV	Period-V		Period-VI	Period-VII
		7:25am - 8:00am	8:05 am - 8:45am	8:50 am - 9:30 am		10:30-11:10	11:10-11:50	11:50-12:30	12:30-1:10		2:20-3:00	3:15-4:00
MONDAY TO FRIDAY	BPES-II Sem	ASSEMBLY & CONDITIONING. BY ACTIVITY TEACHERS	T & F (BPPC-201) AT	TT (BPPC-202) M.A	Break	BPCC-201 ASJ	BPCC-202 PK	BPCC-203 AT	BPEC-201 M.S	Break	Dissertation/Project Viva	Remidial class All staff
	BPES-IV Sem		YOGA BPPC-401(NK)	JUDO BPPC-402(ASJ)	"	BPCC-401 AT	BPCC-402 NK	BPCC-403 MA	BPEC-401 - BS	"		
	BPES- VI Sem		GS /S.S (T.P.I & All Faculty)		"	BPCC-601 DR	BPCC-603 SR	BPEC-602 M.S	BPCC-602 ASJ	"		
	BPED-II Sem.	T&F PC -201 (M.S)	TT PC-203 (M.A)	YOGA PC-202(NK)	"	CC-201 N.K	CC-202 A.T	CC-203 A.SJ	EC-201 A.T	"		
	BPED-IV Sem.	ASSEMBLY & CONDITIONING BY ACTIVITY TEACHERS	(T&F) AT & (Yoga) NK	GS /S.S (T.P.I & All Faculty)	"	CC-401PK	CC-402M.S	CC-403 SR	EC-402 PK	"		
	MPED-II Sem.		T&F MPPC-201(SR)	VB MPPC-202(PK)&DR	"	MPCC-202 SR	MPCC-203 A.S.J	MPEC-202 PK	MPCC-201 SR	"		
	MPED-IV Sem.		T&F MPPC-401 (SK)&ASJ	GS /S.S (T.P.I & All Faculty)	"	MPEC-402 Concern Supervisor	MPCC-401 S.K	MPCC-402 DR	MPCC-403 M.A	"		
	MA IInd (Yoga) Sem.		Practical Yoga MA-Y-206 NK		"	MAY-201 NK	MPY-202 DR	MPY-203 M.S	MAY-204 NK	"		
MA (Yoga) IV Sem.	YOGA PRACTICUM MA-Y-406 NK		"	MA-Y-405 Concern Supervisor	MA-Y-401 NK	MA-Y-402 S.R	MA-Y-403 D.R	"				
SAT	Intramural/Seminar/ Conference/ Quiz/ Extension Activity/ Culture Activity etc. (Separate Calendar/Notice will be notified) Personality Development Class (PDC) of all final year students will be held on every 2nd & 4th Saturday of the Month (10:00 am to 11:00 am) under the supervision of Class Coordinators.											
Abbreviations.: SK-Dr.Sandeep Kumar, MA-Dr.Manju Adhikari, PK-Dr. Praveen Kumar,DR-Dr.Deepak Raghav, AT-Dr.Atul Tiwari, ASJ-Ankit Singh Jadon, ,BS-Dr. Bhuvnesh Sharma, NK-Dr. Nishant Singh, MS-Mr. Mohd. Srataj, SR-Mr. Shubham Rathi T& F- Track & Field, VB-Volleyball,TT-Table-Tennis,Y&A-Yoga Aerobics,GS-Game Specialization,GYM-Gymnastics, SS-Sports Specialization, Cond.- Conditioning T.P.I-Teaching Practice In charge & All Faculty.												

Manju

Dr.Manju Adhikari
Head - Physical Education

Deepak Raghav

Dr. Deepak Raghav
Academic Co-ordinator